

Narrative Review Checklist

Section/Topic	Item No	Item	Reported on Page Number/Line Number	Reported on Section/Paragraph
TITLE				
Title	1	Identify the report as a Narrative Review of ...	P1, L2 & P2 L 11	Title & Abstract, para 7
ABSTRACT				
Unstructured summary	2	Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development.	P2	Section: abstract
INTRODUCTION				
Rationale/background	3	Describe the rationale for the review in the context of what is already known.	Page 3-4	Introduction, last 3 paras
Objectives	4	Specify the key question(s) identified for the review topic.	page 6. line 15-19	Eras I&C, last two
METHODS				
Research selection	5	Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage).	Page 4, l 12-13	Intro, last para
DISCUSSION/SUMMARY				
Narrative	6	Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research.	This is most of the paper, p4-16	this is the paper, as mentioned
Summary	7	Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research.	p16-20 Our exp and p20 conclusion	Para 1-4

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.