Pediatric mediastinal lymphoma

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Abstract: The mediastinum is the visceral compartment of thoracic cavity divided into the superior and inferior mediastinum, further inferior compartmentalize into anterior, middle, and posterior mediastinum. Lymphoma in the mediastinum may be primary or secondary to systemic disease. Lymphoma may arise from lymphoid organs-like thymus, mediastinal lymph nodes or other mediastinal organs like heart, lung, pleura, and pericardium. It comprises about 12% of all the mediastinal tumors in adults however, it constitutes 50% of the pediatric mediastinal mass. Anatomically lymphoma most commonly involves anterior mediastinum. Among the pediatric mediastinal lymphomas, lymphoblastic lymphoma (LBL) predominate followed by Hodgkin lymphoma (HL), primary mediastinal large B cell lymphoma (PMBCL) and very rarely Grey zone lymphoma. Other types of non-HLs (NHLs) are rare among pediatric population. Radiologically and clinically present as an anterior mediastinal mass with symptoms of dyspnea, cough, and superior vena cava syndrome. Also, clinically and radiologically all the pediatric mediastinal mass shares the overlapping features, hence, for treatment and prognostic points of view its essential to differentiate the three entities, i.e., LBL, HL and PMBCL. The pathological diagnosis of pediatric mediastinal lymphomas is quite challenging for general histopathologists. In this review, we describe the pathology, genetics, differential diagnosis, treatment, prognosis, and a simplified histopathological and immunophenotypical approach to differentiate the pediatric mediastinal lymphomas.

Keywords: Lymphoma; pediatric; mediastinum

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Introduction

Mediastinum, a visceral compartment of the thoracic cavity plays a niche in various organs of the human body. Based on the anatomy, the mediastinum is divided into superior and inferior mediastinum which is further subdivided into compartments. Anterior, middle, and posterior mediastinum from the inferior mediastinum. Anterior mediastinum mainly contains thymus and lymph nodes. The middle mediastinum contains heart, major vessels, and posterior mediastinum homes esophagus, and descending thoracic aorta (*Figure 1*). Lymph nodes are confined majorly to the anterior mediastinum; however, they can be found in any of the compartments. The intrathoracic lymph nodes are divided into fourteen sub-groups based upon their locations ascertained by mediastinoscopy. The 1–9 nodes correspond to mediastinal nodes, 10–14 are hilar and others include extra mediastinal like superior, inferior, and aortic nodes (1).

Thymus, one of the central lymphoid organs for the maturation of the T cells comprises the histological division of cortex and medulla. It predominantly comprises of immune cells, epithelial cells, and scant stromal cells. Epithelial cells form a complex network within which the T-cells, B-cells, histiocytes, and stromal cells are present (2). After traveling from the bone marrow, T-cells migrate to the



Figure 1 The art work shows mediastinum. The anterior mediastinum with thymus (green). Lymph nodes (violet) in all compartment and heart (blue) in middle mediastinum.

thymic cortex and become subcapsular cortical thymocyte (stage I thymocyte) having an immature T-cell phenotype. They express terminal deoxynucleotidyl transferase (TdT), CD1a, CD3, CD5, and CD7 (*Figure 2*). From the initial double-negative phenotype for CD4 and CD8, they progressively mature into double-positive type with coexpression of the antigens and become stage II thymocyte or double-positive T cells. With a series of maturation steps in the thymic cortex and medulla, naïve T cells are formed which are either positive for CD4 or CD8 and are known as medullary thymocyte (stage III thymocyte). Medullary thymocytes have a phenotype similar to that of mature T-cells in the peripheral lymphoid organs (3).

In comparison to T-cell numbers, fewer B-cells are present in the thymus. Hofmann *et al.* coined the term asteroid B cells for the thymic B cells due to their cytoplasmic process. These cells are abundant in the corticomedullary junctions and medulla (4). Two theories are postulated regarding the origin of thymic B-cell (5). These



Figure 2 Histopathology of normal thymus. (A) Microphotograph shows normal thymus with mediastinal lymph node. Thymic lobules separated by fibrofatty tissue and two reactive lymph node (arrow head) (H&E, ×10); (B) thymic lobules showing cortex and medulla (H&E, ×40); (C,D) IHC showing positivity for TdT in thymus while negative (arrow head) in lymph node. (C: IHC TdT, ×20; D: IHC CD3, ×20); (E) IHC CD20 showing positivity in thymic B cell in cortico-medullary junction (IHC CD20, ×100); (F) IHC cytokeratin epithelial meshwork (IHC AE1/AE3, ×100). IHC, immunohistochemistry; TdT, terminal deoxynucleotidyl transferase.



Figure 3 Classification of primary mediastinal lymphoma. DLCBL, diffuse large B-cell lymphoma.

cells appear early in embryonic life before the origin of hematopoietic progenitor cells; hence are thought to have a development independent of marrow development (6). Few other authors postulate that the circulating multipotent hematopoietic stem cells and early precursor cells home in the thymus and further develop into a mature B cell (5). However, irrespective of the origin, T-cells are involved in the regulation of B-cell development proven by the expanded B-cell population in the mice model with disrupted T-cell pathway NOTCH signaling, a major pathway for T cell development also influences the thymic B cell population (7). The clear nature of these cells is not known; however, these resemble post germinal center B cells and are immunopositive for CD20, CD23, IgM while are negative for other dendritic cell markers like CD21 and CD35 (8,9). Primary mediastinal lymphoma is the lymphoma involving thymus, mediastinal lymph nodes, and mediastinal organs like heart, lung, pleura, and pericardium without any evidence of involvement

of distant organs at the time of presentation (10). For all practical purposes, primary mediastinal lymphoma refers to the lymphoma arising from the central lymphoid organ, thymus. We will mainly focus on the lymphoma arising from the thymus and more common mediastinal lymphoma Hodgkin lymphoma.

The primary lymphomas of the mediastinum are: (*Figure 3*) (10).

Lymphomas comprise about 12% of all the mediastinal tumors and can be primary or part of systemic involvement (11). Few studies show lymphomas forming a huge burden (50%) of the pediatric mediastinal masses (12). Among the pediatric mediastinal lymphomas, lymphoblastic lymphoma (LBL) predominate followed by Hodgkin lymphoma (HL), primary mediastinal large B cell lymphoma (PMBCL) and very rarely Grey zone lymphoma. Tansel *et al.* reported an equal prevalence of Hodgkin and LBL among the pediatric population (13). Other types of aggressive and indolent non-HLs (NHLs) can occur in mediastinal lymph nodes and



Figure 4 Treatment protocols* for mediastinal lymphoma (14-16). *, Protocol may vary institution to institutions. PMBCL, primary mediastinal large B cell lymphoma; HL, Hodgkin lymphoma; ALL, acute lymphoblastic leukemia.

mediastinal organs (heart, lung, pleura, and pericardium) in adults; however, they are extremely rare in pediatric age group. Mediastinal lymphomas can be broadly divided based upon the cell of origin into the immature (blastic) type and mature. Though clinically and radiologically the anterior mediastinal mass has a similar presentation, accurate pathological diagnosis is essential for appropriate treatment (*Figure 4*). In this review, we will discuss the most common mediastinal lymphomas T-LBL, HL, PMBCL and their differential diagnosis (14-16).

Methods

This is a narrative review. A detail literature search was done for mediastinal lymphomas, pediatric mediastinal tumors published in PubMed and google scholar in English literature between 2000–2020. For thymic B cell characterization older literature published between 1990–2000 were also searched. We present this article in accordance with the Narrative Review reporting checklist (available at http://dx.doi.org/10.21037/med-20-37).

LBL

Introduction

LBLs are a group of aggressive neoplasms of the precursor immature cells of lymphoid lineage either committed to the T- or B-lineage. T-LBL manifests as nodal or extranodal masses with less than 25% blasts in the marrow; more than of which corresponds to leukemia. However, due to lack of consensus, WHO suggests the diagnosis of leukemia should be avoided if blast count <20% (17). As indicated by various studies, mediastinal involvement is a common occurrence in both the pediatric and adult populations. Thymus, the primary lymphoid organ for the maturation of T cells forms the maximally affected site for T-LBL. World health organization classification includes both T-LBL and acute lymphoblastic leukemia (ALL) under a common umbrella, precursor T-ALL/LBL, however, we will focus on T-LBL (17).

Incidence

LBL comprises approximately 2% of all the NHLs and constitutes 30% of Pediatric NHLs (18). T-LBLs predominate accounting for 85–90% of the LBLs whereas B-LBLs are a rare occurrence (18,19). However, B-cell ALL are commoner than their T-cell counterpart. T-ALL comprises 15% of ALL in pediatric population and 25% of adult cases. T-LBL commonly affects children and adolescents with a high male to female ratio; however, adults can be affected and offer a dismal outcome (17).

Subtypes

Traditionally T-LBL/ALL were classified into L1 to L3 subtypes based upon the nuclear size, nucleocytoplasmic ratio, and nucleoli. However, this classification is now obsolete due to lack of clinical correlation. Currently, the T-LBL/ALL are classified into four subgroups based upon their immunophenotype [European Group for the Immunologic Classification of Leukaemia (EGIL)

classification] (20). The common markers which are positive are TdT and cytoplasmic CD3 (CyCD3). The four groups include:

- (I) TI: pro-T-ALL, CD7+ (surface CD3–);
- (II) TII: pre-T-ALL, CD2+ (±CD5, CD8, surface CD3-);
- (III) TIII: cortical T-ALL, CD1a+ (±surface CD3);
- (IV) TIV: mature T-ALL, surface CD3+ (CD1a-).

Few studies combine pro- and pre-T-ALL to label as early T-ALL (CD8, surface CD3–, and CD1a–). Many cases from the TI and TII fit into early precursor T-ALL (EPT-ALL) those cases which express myeloid markers like CD13, CD33 with the absence of CD5, and MPO (17,21).

Clinical course

T-LBLs frequently present as mediastinal and nodal masses in the male pediatric population with a second peak in the older population. Bone marrow can get involved during disease but at presentation usually is unaffected or has a minimal blast population. Extranodal sites such as pleuropericardium, CNS, skin, and testes can be involved. Mediastinal involvement can present as a rapidly growing bulky anterior mediastinal mass (thymic) and lead to complications of pleural and pericardial effusions, superior vena cava syndrome and, tracheal obstruction. High leukocyte count accompanied with high LDH levels can be seen. Bone marrow involvement can manifest as anemia, thrombocytopenia, and recurrent infections. T-LBLs are usually more aggressive than B-LBLs and present at an advanced stage (22-24).

The patients are staged according to the Ann-Arbor staging or St. Jude Children's Research Hospital staging. Additional hematological, biochemical, CSF analysis, and radiological extent of disease are necessary for appropriate management and prognostication.

Pathophysiology

LBLs are postulated to originate from precursor cells at various stages of their differentiation. Various risk factors such as viruses, immune dysregulation, toxins, radiation have been studied but no definite correlation could be ascertained (25,26). However, certain cytogenetic and chromosomal aberrations have consistently pointed to a possible causative genetic landscape. Various T-cell receptor rearrangements and aberrant expression of transcription factors have been seen to cause T-LBLs.

Histopathology and cytochemistry

Both T-LBL and ALL have an identical histomorphology consisting of effacement of architecture by the monomorphic population of small to intermediate size cells with scant cytoplasm (blasts), finely dispersed to condensed chromatin and inconspicuous to small nucleoli. Frequent mitosis may be seen in T-LBLs and the surrounding tissue is often infiltrated. The cells show periodic acid-Schiff (PAS) positivity, variable nonspecific esterase (NSE) (multifocal, punctuate in golgi region), Sudan black B positivity, and MPO negativity on cytochemistry. T-LBL can show focal acid phosphatase positivity (17).

Immunophenotype and flowcytometry

For the confirmation of the diagnosis and lineage specification, immunophenotyping is essential. T-LBLs are TdT positive and show positivity for other lineagespecific markers. The earliest T marker to become positive is CD7, however, it is not lineage-specific. CvCD3 is the next to appear, followed by CD2, CD5, and surface CD3. Surface CD3 is the most specific lineage-specific marker (27) (Figure 5). The other immaturity markers which are positive in T-LBL/ALL are CD34, CD1a, and CD99. Initially, the cells are double-negative for CD4 and CD8 after which they become double-positive (pro, pre, T). CD79a, a B cell marker can be noted among some T-LBLs; however, CD3 positivity is definite for T-lineage (28). Aberrant expression of myeloid markers such as CD13 and CD33 can be seen. The common immaturity marker like CD34 which present in acute leukemias is absent in most of the cases of ALL (taking 10% cut off present in 40% cases). LIM domain only 2 (LMO2) expression has been identified as a differentiating marker for T-LBL/ALL. TAL1, a nuclear stain has been useful in some of the cases. Also, ALL and LBL of the same lineage exhibit the same immunophenotype with ALL comprising more of the immature cells (29).

Genetic profile

Among the T-LBL, clonal rearrangements of TCR in all cases along with IgH rearrangement in a fifth of cases have been observed with abnormal karyotype in most of the cases. Alpha and delta loci in chromosome 14, beta in chromosome 7, and gamma in chromosome 7 have been known to cause dysregulation of transcription factors. These rearrangements are associated with a poorer prognosis. BFM Group and



Figure 5 Lymphoblastic lymphoma. (A) Microphotograph shows diffuse sheets of intermediate size monomorphic immature lymphoid cells (A: H&E, ×200); IHC shows diffuse positivity for CD3 (B: ×100), TdT (C: ×200) while absence of AE1/AE3 (D: ×100). IHC, immunohistochemistry; TdT, terminal deoxynucleotidyl transferase..

French Study reported *NOTCH1* and *FBXW7* mutation in 50–60% cases followed by loss of heterozygosity (LOH) at 6q. The other notable abnormalities in T-LBL/ALL include phosphatase and tensin homolog (*PTEN*) deletion, *CALM-AF10* fusion, mutations of *IL-7R*, and *CASP8AP2* deletion. Feng *et al.* described overexpression of Bcl2 and MYC in T-LBL in comparison to ALL. Jeon *et al.* showed overexpression of promyelocytic leukemia zinc-finger (PLZF) related to bone marrow involvement (30-35). The T-ALL/ LBL have also been divided into mutually exclusive genetic subgroups based on the aberrant expression of *TAL1/LMO*, *TLX1/HOX11* which has a favorable prognosis, *TLX3/ HOX11L2*, and *HOXA* gene having poor prognosis (36).

Differential diagnosis

Based on clinical and radiological findings

The differential diagnosis of pediatric mediastinal mass

depends upon the anatomical site and age. Mass in the anterior compartment mainly includes (I) TLBL; (II) HL; (III) PMBCL; (III) germ cell tumor; (IV) primitive neuroectodermal tumor (PNET); (V) thymoma (rare in pediatric age group). Middle mediastinum lesions include mainly vascular anomalies and cysts (bronchogenic cyst, esophageal cyst). Anterior mediastinal lymphomas can also extend to the middle mediastinum (Figure 6). Posterior mediastinum masses include (I) neuroblastoma and its subtypes; (II) nerve sheath tumors (37). The differentials in the spectrum of lymphomas include mainly T-LBL, HL, and PMBCL, all of which have a similar radiological appearance. It is essential to differentiate between the above given optimal patient care and histopathology serves as the bridge. Morphologically, thymoma is the closest differential of T-LBL. Leukemic presentation and bone marrow involvement help in confirmation of T-LBL. As most of the tissues received are needle core biopsies, it is required to differentiate normal thymic tissue from thymoma (B1& B2)



Figure 6 Computerized tomography of showing mediastinal mass [(A) mediastinal window view and (C) axial view]; (B) PET scan metabolically active mass; (D) antero-posterior view of X-ray showing large mediastinal mass. PET, positron emission tomography.



Figure 7 Histopathology of thymoma. (A) Microphotograph shows sheets of intermediate size cells (H&E, ×200); (B,C) IHC showing interspersed TdT positive cells (B: ×200); AE1/AE3 positive in neoplastic epithelial cells (C: ×200). IHC, immunohistochemistry; TdT, terminal deoxynucleotidyl transferase.

and thymic hyperplasia. The age of presentation plays a role as thymomas are unusual in pediatric age group. As shown above, the normal thymus shows the presence of epithelial cells highlighted by cytokeratin stain. Thymoma also shows diffuse cytokeratin (AE1/AE3, Ck5/6) network. However, LBL shows the absence of epithelial meshwork (*Figure 7*). Immaturity markers (TdT, CD1a, CD99) will be positive in immature lymphocytes of all the cases. In addition

to immunohistochemistry (IHC), flowcytometric (FC) analysis will help in differentiation. FC shows a distinct pattern of maturation of thymocytes. There is a continuous maturation pattern showing CyCD3 and surface CD3 in thymoma. Similar pattern is seen in CD4-/CD8- to CD4+ or CD8+ cells. Presence of a clear discrete cluster of cells with dim CD45 and co-expression of CD10 and CD34 favors LBL. LBL also shows aberrant antigen expression like the presence of CD13, CD33 with an absence of T cell marker (CD2 or CD5) (38). LMO2, a transcription factor for hematopoiesis helps to differentiate normal precursor T cells from LBL T cells. LMO2 is weakly positive in thymic epithelial cells while shows strong positivity in B cells and immature T cells of LBL, thereby helps differentiate normal thymus and thymoma where it is negative from LBL which shows strong nuclear positivity (39). The other common differential diagnosis in this age group, the PNET presents radiologically as a mass arising from chest wall infiltrating into anterior mediastinum. CD99 (MIC2) will not help as is positive in both the conditions. PNET cells are immunopositive for FLI1, MIC2 while they are negative for TdT, LCA, and CD3. Neuroblastoma shows similar morphology but it arises in posterior mediastinum and LCA and CD3 negativity rules out T-LBL.

Treatment and prognosis

Detailed treatment is out of the scope of this article. Multidrug chemotherapy has proved to be of benefit to the patient including cyclophosphamide, methotrexate, prednisone, and vincristine. Intrathecal chemotherapy is of great benefit in the intrathecal spread and prevents relapse. With newer drugs targeted against the CD3 receptor, CD52 can help in a better outcome. Since mediastinum is the most frequent site of recurrence and treatment failure, intensive chemotherapy and local radiotherapy have proved to be beneficial. Complications of treatment include febrile neutropenia, tumor lysis syndrome, and infections. For better patient outcomes, rigorous monitoring with radiological, hematological, and FC investigations is necessary. Stem cell transplantation can improve long term survival. B-LBL tends to have a better prognosis than T-LBL.

Poor prognostic factors include adult, female patients presenting with high LDH levels, CNS involvement, and refractory cases. The clinical factors which are responsible for poor outcome include superior mediastinal syndrome (SMS), pleural infusions at initial presentation, SMS with baseline ECOG PS >2, high leucocyte count, low serum albumin, and duration of symptoms (23,24). The genetic abnormalities which are associated with good prognosis include chromosomal rearrangements involving TAL1 [t(1:14)], t(1:17), TALX1, HOXA (CALM-AF10), deletion CDKN2A/2B, mutation in NOTCH1 and those associated with poor prognosis include rearrangements of TLX3 and mutation involving EZH2 (27).

PMBCL

PMBCL is a subtype of large B-cell lymphoma which arises from thymic B cell and has a characteristic gene expression profile in comparison to other large B cell lymphomas (LBCLs) and distinct clinical features. Historically (pre-IHC era) these lymphomas were known as undifferentiated thymic carcinoma and were later coined as histiocytic lymphoma and clear cell lymphoma (10). It comes under the category of "other large B cell lymphoma" as per WHO 2017 classification of hematolymphoid neoplasm (40).

Clinical feature

PMBCL comprises 2–3% of all NHLs (40). It mostly affects the female population with a M:F ratio 1:2. However, Liu *et al.* reported M:F of 1:1 among the African American population (41). The age of presentation is a young adult with a median age of 35. It can be seen in the adolescent age group. It presents as an anterosuperior mediastinal mass with bulky disease (>10 cm). The clinical manifestation is due to mass effect causing superior vena cava syndrome seen in 25–30% cases as the initial presentation. The common presenting symptom is cough and dyspnea (10,40). The mass usually involves the adjacent organs—lung and pleura and may present as a pleural and pericardial effusion, which seen in 30% of cases.

Extra-mediastinal lymph node involvement is rare; however regional mediastinal node involvement can be seen. Few cases show supraclavicular and cervical lymph node involvement along with the anterior mediastinal mass. Leukemic presentation and bone marrow involvement usually not seen (40). In the advanced stage of the disease, distant organ involvement such as kidney, adrenal, brain, testes can be seen. Most of the patients present in earlystage (I or II) disease. Imaging shows a bulky anterior mediastinal mass with infiltration to adjacent organs.



Figure 8 Microphotograph shows sheets of inter mediate to large size cells arranged in vague nodular patten. The cells show cytoplasmic clearing (A: H&E, ×20; B: H&E, ×200).

Mediastinal lymphadenopathy may be seen.

Microscopy

Microscopy shows diffuse growth pattern with fibrosis. The fibrotic bands form vague nodules or may show an alveolar pattern. The nodular appearance resembles nodular sclerosis type HL. Focal areas show pericellular fibrosis. The tumor cells usually infiltrate the capsule involving the perithymic fat and fibro collagenous tissue. The cells are intermediate to large-sized with clear cytoplasm, some of which may show eosinophilic cytoplasm. The clear cells and eosinophilic cells are intermixed in most of the cases. Due to fibrosis and the presence of clear cytoplasm; historically these lymphomas were termed sclerotic lymphoma or clear cell lymphoma (Figure 8). The nucleus is vesicular with an irregular nuclear membrane. Multilobate cells resembling Reed-Sternberg (RS) cells may be seen. Unlike HL, there is a paucity of an inflammatory background of plasma cells and eosinophils. Areas of necrosis may be seen. Due to marked fibrosis, in some case needle core biopsies interpretation may be difficult and show only marked crushing artifact (10,40).

IHC and molecular profile

As the cell of origin is the thymic B-cell, PMBCL shows strong and diffuse immunopositive for all B cell markers CD20, CD19, CD79a, and PAX5. It also shows strong positivity for LCA. The B-cell transcription factors—OCT2 and BOB1 are retained. The positivity of other markers helpful in diagnosis is CD30 (weak and variable), CD23 (80% cases), CD200, MAL, TRAF, CREL, and PDL1 (8,42-45). As described earlier, thymic B-cells resemble post germinal center B-cells, hence most (75%) of PMBCL are MUM1 positive, and in few cases show CD10 and BCL6 positivity. CD15 is usually absent, however, an occasional case reported CD15 positivity (*Figure 9*). The cells are consistently negative for EBER-ISH and EBV-LMP (40).

PMBCL usually lacks immunoglobulin rearrangement which helps differentiate from other B cell lymphomas. The gold standard for diagnosis is the gene expression profile analysis which can diagnose PMBCL in 80% cases. Recently, Mottok *et al.* described a 58 gene panel that can be done with RNA extracted from formalin fix paraffin-embedded tissue based on NanoString technology. It can differentiate PMBCL and DLBCL with 92.9% accuracy (46,47). Other notable genomic profile includes amplification 9p24 (PDL1/PDL2) loci.

Though PMBCL resembles LBCL immunohistochemically and morphologically; however, the genetic profile resembles HL. There is an amplification of 9p24 which encodes for PDL1/PDL2 loci, CIITA alteration, and JAK2 alteration which also seen in HL (40).

Differential diagnosis

Radiologically, the differentials remain the same as discussed above in the T-LBL section. In pediatric age group, PMBCL is rare in comparison to LBL and HL. Histomorphology helps in differentiating immature lymphomas like LBL from lymphomas of mature origin like HL and PMBCL. Large cells with vesicular nuclei and abundant cytoplasm and the presence of fibrosis favors HL/PMBCL/DLBCL NOS. Diffuse CD20 positivity



Figure 9 IHC showing the cells are immunopositive for LCA (A: ×200), CD20 (B: ×200), CD30 (E: ×200), MUM1 (F: ×200) while negative for CD3 (C: ×200) and CD15 (D: ×200). IHC, immunohistochemistry.

favors PMBCL or LBCL of non-thymic origin over HL. However, 10% of HLs can show diffuse CD20 positivity. However, CD20 HL is weak and variable with dim PAX5. HL shows inflammatory background (eosinophil, plasma cells, and mature lymphocytes) which is absent in PMBCL. The RS cells are immunopositive for CD30 (strong), CD15 while they are negative for LCA. The background inflammatory cells comprise of CD3 positive small lymphocytes which are absent very sparse in PMBCL. Aladily et al. described a combination of three markers-CD83+, fascin+, and CD23- (HL) and CD83-, fascin-, and CD23+ (PMBCL) which is 100% specific in differentiating HL and PMBCL (Table 1) (48). As shown above, all the mediastinal compartments contain multiple lymph nodes. LBCLs can arise from lymph nodes other than Thymic B cell. The treatment modalities are different for LBCL [diffuse LBCL (DLCBL), NOS] of non-thymic origin and PMBCL, thereby necessitating their differentiation. The helpful markers include CD23, CD200, CREL, MAL which are positive in PMBCL in comparison to LBCL, non-thymic type. The most useful marker is the absence of immunoglobulin rearrangement which can be demonstrated by in-situ hybridization for Kappa and

lambda negativity (Table 2).

Among the T-cell lymphomas, ALK-positive anaplastic large cell lymphoma could be a possibility morphologically, however LCA and CD20 diffuse positivity rules out ALCL. The other close mimickers in pediatric age group are germ cell tumors which are LCA negative and SALL4 positive.

Treatment and prognosis

PMBCL responds well to chemo (DA-EPOCH) and radiotherapy. Prognosis is favorable in comparison to other LBCLs and grey zone lymphomas. Despite good response rates, 10–20% of PMBCL relapse or are refractory to standard therapy (49,50). Poor prognostic factors include an extension to other adjacent organs like lung, pleura, pericardium, high IPI, Ki-67 proliferative index \geq 70%, stage III, and stage IV disease (51).

HL

Introduction

HLs are the lymphomas characterized by clonal proliferation

Table 1 Immunohistochemical markers to differentiate between PMBCL and HL

Morphology& immunoprofile	HL	PMBCL
Morphology	RS cells in a background of an inflammatory cell (eosinophil, plasma cell, small lymphocyte)	Sheets of intermediate to large cells
	Fibrosis (+)	Fibrosis
CD 20	Weak variable	Strong
CD30	Strong	Weak variable
CD15	Positive	Rarely positive
EBV-LMP; EBER-ISH	+ in 30-40% cases	Negative
LCA	Negative	Strongly +
PAX5	Dim positive	Strong nuclear
OCT2; BOB1	One of the transcription factor absent	Both strong nuclear +
Marker panel (48)	CD83+, fascin+, and CD23-	CD83-, fascin-, and CD23+

PMBCL, primary mediastinal large B cell lymphoma; HL, Hodgkin lymphoma; RS, Reed-Sternberg.

Table 2 Immunohistochemical markers to differentiate between PMBCL (thymic) and DLBCL NOS

Morphology& immunoprofile	PMBCL (thymic)	DLBCL non thymic
Morphology	Sheets of intermediate to large cells	Sheets of large cells
	Fibrosis prominent	Fibrosis usually absent
CD 20	Strong	Strong
CD30	positive	Negative to focal positive
CD23 (8)	Positive (70%)	Positive (15%)
TRAF* (44)	Positive (62%)	Positive (18%)
CREL* (44)	Positive (65%)	Positive (18%)
CD200 (43)	Positive (94%)	Positive (7%)
MAL (43)	Positive (70%)	Positive (3%)
ISH Kappa & Lambda	Absent	Light chain restriction
		Either Kappa or lambda positive

*, Combined TRAF & CREL has specificity of 98% and sensitivity of 53% differentiating PMBCL from DLBCL. Alone TRAF has 88% and CREL has 82% specificity. PMBCL, primary mediastinal large B cell lymphoma; DLCBL, diffuse large B-cell lymphoma.

of germinal center B-cell in the form of Hodgkin/Reed-Sternberg (HRS) cells in an inflammatory milieu. HL primarily affects the lymph nodes; however, involvement of other sites has been noted (52). Among the extranodal sites, the mediastinum is most commonly involved. Hodgkin disease can affect the mediastinum as a primary disease or as part of systemic involvement. At the initial presentation, more than 80% of patients have intrathoracic involvement more than NHLs (53). Anterior mediastinum and paratracheal nodes are commonly affected in the thorax with spread to contiguous lymph nodes (54). Based upon immunophenotype, clinical feature, the morphology of neoplastic HRS cell, HL broadly classified classical HL and nodular lymphocyte-predominant HL (NLPHL). Classical HL is further subclassified into four subtypesmixed cellularity, nodular sclerosis, lymphocyte rich, and lymphocyte depleted. Though the immunophenotype of HRS cell remains the same in all the subtypes of classical



Figure 10 Classical Hodgkin lymphoma. (A) Microphotograph shows polymorphous population of cells comprising small lymphocyte, histiocyte and many large mononuclear cell (H&E, ×40); (B) microphotograph showing large mononuclear HRS cell with prominent eosinophilic nucleoli and cytoplasmic retraction (lacunar cell) (H&E, ×400); (C,D,E,F) IHC showing the HRS cell negative for CD20 (C: ×200), CD3 (D: ×200), EBV-LMP (E: ×200) while positive for CD15 (E: ×200), CD30 (F: ×200). IHC, immunohistochemistry; HRS, Hodgkin/Reed-Sternberg.

HL, the epidemiology, inflammatory milieu, prognosis, and histomorphology varies among the different subtypes. The mediastinum is the primary site of involvement is seen mostly in classical HL (mainly nodular sclerosis type); however, is a rare occurrence is seen in NLPHL (52,54). This review will focus more on the Nodular sclerosis subtype.

Incidence

Lymphomas form the major bulk of anterior mediastinal masses in children (37). Though HLs comprise less than 1% of the newly diagnosed cancer cases worldwide with a prevalence of 2–4 cases per 100,000 populations, it constitutes approximately 50% of mediastinal lymphomas (54-56). Thymic enlargement is found in 28–30% of pediatric population with HL. In contrast to PMBCL where thymus is the predominant site of disease, only thymic involvement in HL is rare (2.8%) (57). Of the HLs irrespective site of presentation, 90% are the classical, and rest represent NLPHL. Among the classical HL 70% are nodular sclerosis and 20–25% mixed cellularity. However, in mediastinum 95% comprises nodular sclerosis (NS-CHL)

and 5% mixed cellularity MC-CHL (52,54).

Clinical course

Though immunophenotypically and genetically all the classical HL share common features, the clinical features vary among subtypes. NS-CHL is more common among the urban population with good socioeconomic status in comparison to MC-CHL which is common in developing countries. NS-CHL present in adolescents and young adults with a peak between 15-34 years and has female predominance. MC-CHL has a bimodal age distribution with adults (40-50 years) and children being affected the most. With a predominant nodal involvement, patients present with peripheral lymphadenopathy and B-symptoms. Cervical lymphadenopathy is the most common site followed by abdominal lymph nodes. Nonaxial nodes like mesenteric and epitrochlear nodes are usually spared. Patients present usually with longer duration of symptoms in comparison to aggressive lymphomas. Most cases of mediastinal HL are asymptomatic and incidentally detected. Patients with large mass present with symptoms of dyspnea, dysphagia,

retrosternal chest pain, and cough. Bulky masses can cause SVC syndrome and effusions but less in comparison to aggressive lymphomas. Patients with deferred immunity as on immunosuppression (HIV) or with autoimmune diseases are prone to develop primary mediastinal HL (3). An elevated LDH and ESR levels correspond to the bulky disease. Radiological findings suggest nodal and visceral involvement. Patients staged according to the Ann Arbor staging. Bone marrow involvement upstages the disease to stage IV. An international prognostic index can be used for prognostication (52,54,58).

Histopathology

In the current era of practice, as reiterated above most of the mediastinal biopsies are needle core with no role of gross morphology. The excisional biopsies, if taken from peripheral lymph node show enlargement and are matted with a rubbery consistency. Cut surface shows multiple nodules surrounded by fibrous septa. Cystic changes may be seen in the thymus. MC-CHL lymph nodes show homogeneous pale yellow appearance. On microscopy, the nodes have effaced architecture and show the presence of RS cells which are large cells with abundant amphophilic to basophilic cytoplasm, prominent eosinophilic nucleoli, and perinucleolar clearing. The background consists of a mixed inflammatory cell population and is rich in eosinophils (Figure 10A,B). Fibrosis and the inflammatory milieu are the results of excessive cytokines release by the RS cells. Nodular sclerosis subtype is characterized by a nodular growth pattern surrounded by fibroblast poor collagen septa. The RS cells of NS-CHL show more nuclear location with small nucleoli, more abundant cytoplasm, and cytoplasmic retraction, giving the name of lacunar type RS cells. Areas of necrosis with an aggregation of histiocytes, mimicking a granuloma can be seen (52,54,58). Thymic involvement can particularly lead to cystic changes. Tumor burden, degree of sclerosis, and amount with atypical of RS cells are of surmounting importance; and has been correlated with prognosis (59). Based upon the presence of large pleomorphic cells, British National Lymphoma Investigation subtyped NS-CHL into two categories-BNLI grade 1 and grade 2. Grade 2 (higher grade) is defined by the presence of >25% nodule showing pleomorphic HRS cell without lymphocyte depletion or >25% of the cellular nodules showing pleomorphic or reticular lymphocyte depletion or >80% showing fibrohistiocytic variant. Mixed cellularity type shows a diffuse pattern of involvement with classical RS cells (binucleate cells

prominent large eosinophilic nucleoli with perinuclear halo). The inflammatory milieu may predominate by any one type of cell. Lymphocyte depleted and lymphocyte rich subtypes constitute <5% of total HL subtypes and extremely rare in the mediastinum, not discussed in this review (52).

Immunophenotype

The HRS cells of classical HL show membranous with golgi zone accentuation for CD30 (>90%) and CD15 (60-70%). Despite the cell of origin of HL from B cell, immunophenotypically B cell antigens are not fully expressed in HL. The HRS cells are negative or variable positive for CD20 (weak positive in 20-30%) and CD79a (<10% cases), however, PAX5 shows dim positivity in almost all cases. MUM1 positivity is seen in 90% of HRS cells (60) (Figure 10C,D,E,F). The B cell transcription factors, OCT2 and BOB1 can be negative or show positivity of anyone of the markers. CD45 and EMA are negative. In mixed cellularity type, the EBV association can be demonstrated by positivity for EBV-LMP and EBER-ISH positivity in 60% of cases. EBER is more sensitive than EBV-LMP (61). Few of the cases show aberrant or artefactual expression of T-cell markers (CD2 and CD7) in the RS cells (62).

NLPHL type characteristically retains expression of B-cell markers—CD20, CD79a, PAX5, OCT2, BOB1, and CD45. The RS cells are CD30 and CD15 negative and may show variable positivity for immunoglobulin chains. The follicular dendritic meshwork is highlighted by CD21/CD23. T-cell rosettes highlighted by PD1 positive T-follicular helper T-cells can aid the diagnosis (52).

Genetic profile

The neoplastic cells are derived from the germinal center B-cells and rearrangements in the immunoglobulin gene are common. A plausible role of Epstein Barr virus has been established in HL (particularly mixed cellularity and lymphocyte depleted type). EBV (LMP protein) infection upregulates the NF-kB pathway thereby leading to increased proliferation and decreased apoptosis of B-cells. Mutation in the immunoglobulin gene is acquired which causes the production of RS cell. A histopathological examination is required to differentiate it from infectious and other neoplastic causes (52,54).

HL has a varied mutational landscape and genetic profile. Primarily a disease of B-cells, mutations in signaling pathways like JAK/STAT, NF-kB, GM-CSF/IL-3, CBP/

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EP300 along with gene variants affecting the B-cell receptor (BCR) pathway, such as BTK, CARD11 have been detected (63). Clonal rearrangements of immunoglobulin heavy and light chains have been detected in both classical and NLPHL, thereby supporting their derivation from B-cell lineage. However, rarely rearrangements in T-cell receptor are also noted (64,65). Mutations in JAK/STAT regulation leading to blocked negative feedback causes nuclear accumulation of STAT5 like mediastinal large cell lymphoma (66,67). Overexpression of p53 protein is noted; however, mutation of TP53 is rare (68). PD1 ligand overexpression is also noted (69). Loss of MHC I is also noted (70). Gains of chromosomal arms of 2p, 12q, 9p, and loss of 6q, 13 q are seen. Aneuploidy and hypertetraploidy observed corroborate to the multinucleation (52).

Differential diagnosis

Clinically and radiologically the differential diagnosis is the same as discussed in PMBCL sections. In mediastinum, composite lymphoma (both HL and PMBCL) and Grey zone lymphoma (lymphoma with features intermediate between HL and PMBCL) is more common than lymphoma at other anatomical sites. Due to needle core nature of biopsies, regional variability is difficult to appreciate. Evidence of the sequential presence of HL followed by PMBCL and vise-versa has also been noted.

Treatment and prognosis

HL with the current therapeutics has a maximal 5-year survival with cure achieved in most of the patients. Polychemotherapy regimen including doxorubicin, bleomycin, vinblastine, and dacarbazine (ABVD regimen) and BEACOPP including bleomycin, etoposide, doxorubicin, cyclophosphamide, vincristine procarbazine and prednisolone along with radiotherapy have a great cure rate. However, higher stage, mediastinal involvement, high ESR, more than three groups of nodal involvement confers a higher risk of relapse and refractory disease. For the refractory cases, targeted therapy like brentuximab for CD30 is also available. PET scan for timely evaluation of response ensures early detection of relapse and better patient outcome.

Conclusions

Pediatric mediastinal lymphomas constitute significant proportion of pediatric mediastinal tumors. Clinically and radiologically the major mediastinal lymphomas TLBL, HL and PMBCL mimics closely. In the current era due to limited availability of tissue (core needle biopsy) care of handling of tissue sample is required for optimal utilization. Multidisciplinary approach including extended panel IHC, *in-situ* hybridization, flowcytometry and molecular profiling is required for proper diagnosis and treatment.

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