

CARE Checklist of information to include when writing a case report



Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words "case report"	1.1-2	1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	1,42	3
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	2,27-31	2
	3b	Main symptoms and/or important clinical findings	2,32-34	3
	3c	The main diagnoses, therapeutic interventions, and outcomes	2,34-40	2-3
	3d	Conclusion—What is the main "take-away" lesson(s) from this case?	2,37-40	3
Introduction	4	One or two paragraphs summarizing why this case is unique (may include references)	3, 48-53	4
Patient Information	5a	De-identified patient specific information	4,72	5
	5b	Primary concerns and symptoms of the patient	4,73-74	5
	5c	Medical, family, and psycho-social history including relevant genetic information	4,72	5
	5d	Relevant past interventions with outcomes	4,74-76	5
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	4,80-83	5
Timeline	7	Historical and current information from this episode of care organized as a timeline	4-5,72-107	5-6
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	4-5,83-99	5-6
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	None	None
	8c	Diagnosis (including other diagnoses considered)	4-5,91-99	5-6
	8d	Prognosis (such as staging in oncology) where applicable	None	None
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	5. 99-103	6
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	5, 99-103	6
	9c	Changes in therapeutic intervention (with rationale)	None	None

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	5, 101-105	6
	10b	Important follow-up diagnostic and other test results	5,101-105	6
	10c	Intervention adherence and tolerability (How was this assessed?)	5,101-103	6
	10d	Adverse and unanticipated events	None	None
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	6,120-130	7
	11b	Discussion of the relevant medical literature with references	6-7.120-142	7-9
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	6-7,132-142	8-9
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	7,144-150	9
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	7,152-163	10
Informed Consent	13	Did the patient give informed consent? Please provide if requested	Yes 🗸	No 🗌

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^{*}As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.