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Fragility fractures are a leading presentation to the emergency department requiring admission and a large illness burden in Ireland: an analysis of the hospital in-patient enquiry system

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Background: Osteoporosis results in millions of fragility fractures (FF) worldwide each year. The burden of illness is similar to or greater to other common diseases such as cancer, cardiovascular disease and diabetes mellitus. Recent data suggests public hospital fragility fracture bed days are increasing in the Republic of Ireland (RoI), despite an almost 30% reduction in capacity during the same time period.

Methods: Data on the seventeen most frequently coded diagnoses for emergency admissions to public hospitals in the RoI between 2010 and 2016 were extracted using The International Classification of Diseases (ICD)-10 coding from the H.I.P.E. portal. Extracted data include number of admissions, hospital bed days and mean length of stay. Data were summarised, grouped, and graphed to enable comparisons between diagnoses, admissions, length of stay and total annual bed days.

Results: A total of 946,217 admissions accounting for 6,044,055 bed days were recorded between 2010 and 2016. Femoral fractures accounted for 3.1% and forearm fractures

accounted for 3.6% of admissions. Fracture of the femur had the longest mean length of stay at 17.6 days, followed by stroke at 17.4 days, whilst fracture of the forearm was 2.7 days. Fracture of the femur and forearm together accounted for 10% of total bed days.

Conclusions: FF represent a very large and growing problem in older Irish adults and a significant burden on our healthcare system. Urgent action is needed to address this enormous public health problem, and the standard of care for those with fractures.

Keywords: Fragility fractures (FF); health economics; Ireland; length of stay; osteoporosis

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Footnote

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