

CARE Checklist of information to include when writing a case report



| Торіс                            | ltem<br>No | Checklist item description   | Reported on Page<br>Number/Line<br>Number | Reported on<br>Section/Paragraph |
|----------------------------------|------------|--|---|----------------------------------|
| Title                            | 1          | The diagnosis or intervention of primary focus followed by the words "case report"   |   |                                  |
| Key Words                        | 2          | 2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"   |   |                                  |
| Abstract<br>(Structured summary) | 3a         | Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.  |   |                                  |
|                                  | 3b         | Case Description: describe the patient's demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups. |   |                                  |
|                                  | 3c         | Conclusion: summarize the main take-away lesson, clinical impact and potential implications.   |   |                                  |
| Introduction                     | 4          | One or two paragraphs summarizing why this case is unique (may include references)   |   |                                  |
| Patient Information              | 5a         | De-identified patient specific information   |   |                                  |
|                                  | 5b         | Primary concerns and symptoms of the patient   |   |                                  |
|                                  | 5c         | Medical, family, and psycho-social history including relevant genetic information  |   |                                  |
|                                  | 5d         | Relevant past interventions with outcomes  |   |                                  |
| Clinical Findings                | 6          | Describe significant physical examination (PE) and important clinical findings   |   |                                  |
| Timeline                         | 7          | Historical and current information from this episode of care organized as a timeline   |   |                                  |
| Diagnostic<br>Assessment         | 8a         | Diagnostic testing (such as PE, laboratory testing, imaging, surveys).   |   |                                  |
|                                  | 8b         | Diagnostic challenges (such as access to testing, financial, or cultural)  |   |                                  |
|                                  | 8c         | Diagnosis (including other diagnoses considered)   |   |                                  |
|                                  | 8d         | Prognosis (such as staging in oncology) where applicable   |   |                                  |
| Therapeutic<br>Intervention      | 9a         | Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)   |   |                                  |
|                                  | 9b         | Administration of therapeutic intervention (such as dosage, strength, duration)  |   |                                  |
|                                  | 9c         | Changes in therapeutic intervention (with rationale)   |   |                                  |

| Follow-up and<br>Outcomes | 10a | Clinician and patient-assessed outcomes (if available)   |     |    |
|---------------------------|-----|--|-----|----|
|                           | 10b | Important follow-up diagnostic and other test results  |     |    |
|                           | 10c | Intervention adherence and tolerability (How was this assessed?)                                       |     |    |
|                           | 10d | Adverse and unanticipated events   |     |    |
| Discussion                | 11a | A scientific discussion of the strengths AND limitations associated with this case report              |     |    |
|                           | 11b | Discussion of the relevant medical literature with references  |     |    |
|                           | 11c | The scientific rationale for any conclusions (including assessment of possible causes)                 |     |    |
|                           | 11d | The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion |     |    |
| Patient Perspective       | 12  | The patient should share their perspective in one to two paragraphs on the treatment(s) they received  |     |    |
| Informed Consent          | 13  | Did the patient give informed consent? Please provide if requested                                     | Yes | No |