

# Pathologically documented brain necrosis: response to bevacizumab after irradiation for solitary fibrous tumour/ haemangiopericytoma: case report and literature review

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**Background:** Solitary fibrous tumours/haemangiopericytomas (SFT/HPC) are uncommon vascular mesenchymal tumours. Treatment usually involves surgical resection with or without preoperative embolization, followed by high dose radiotherapy. These tumours are prone to local, distant intracerebral and extracranial recurrences. Cerebral radionecrosis is a not uncommon complication of radiotherapy to the brain. Here we provide the first reported case of radionecrosis post radiotherapy for SFT/HPC, and its successful treatment with bevacizumab, and review the literature on the emerging role of bevacizumab in the treatment of radiation-induced cerebral necrosis.

**Case Description:** A 36-year-old female with a 75-mm maximal diameter left frontal lobe brain SFT/ HPC, which was completely resected and treated with postoperative radiotherapy with wide local fields, 60 Gy in 30 fractions of 2 Gy, over 6 weeks. After approximately 6 months post radiotherapy, she developed symptomatic radiation necrosis, with right facial droop, mild expressive dysphasia, and difficulty in concentration. Visual field (VF) assessment showed bilateral VF deficits (more prominent on the left side) and pallor of both optic discs. Brain biopsy demonstrated radiation necrosis. The patient was treated initially with steroids then with 10 cycles (20 weeks) of bevacizumab (8 mg/kg/dose; 560 mg/dose). At 3 months post-completion of treatment, there was almost complete resolution of radiological oedema (T2-weighted FLAIR) on magnetic resonance imaging (MRI), and our patient showed no clinical or radiological evidence of radionecrosis or relapse.

**Conclusions:** To our knowledge, this is the first reported case of radionecrosis post radiotherapy for SFT/HPC, and its successful treatment with bevicizumab. Interestingly, this is a unique situation when the angiogenic pathway underpins both the brain neoplasia and the pathophysiology of radionecrosis. We show that in brain radionecrosis, treatment with bevacizumab appears safe and effective.

**Keywords:** Solitary fibrous tumours/haemangiopericytomas (SFT/HPC); brain; radiotherapy; bevacizumab; case report

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#### Introduction

## Background

Cerebral radionecrosis occurs in up to 10–15% of cases where cerebral tumours are irradiated with curative intent (1). Its diagnosis is sometimes challenging, with differential diagnoses including tumour pseudoprogression and tumour progression. Management possibilities for radionecrosis are limited, but have primarily included steroids, with their wide-ranging long-term complications, and other therapies which are not often employed. More recently, bevacizumab has been used for radionecrosis (2). Here, we report a case of cerebral radionecrosis that responded to bevacizumab. To our knowledge, this is the first reported case of radionecrosis post radiotherapy for solitary fibrous tumours/haemangiopericytomas (SFT/ HPCs), and its successful treatment with bevicizumab.

SFT/HPCs are uncommon vascular mesenchymal tumours which, when they occur intracranially, can mimic angiomatous meningiomas. The incidence of SFT/HPC is around 0.06 per 100,000 individuals (3). They occur mainly in middle-aged individuals and with a similar sex distribution. To date, there are not clear guidelines for management of these tumours. Treatment usually involves surgical resection with or without preoperative embolization, followed by high dose radiotherapy. These tumours are prone to local, distant intracerebral and extracranial recurrences, most commonly to bone, lung and liver (4). As there are no guidelines for post treatment surveillance for patients with these tumours, most relapses present with symptomatic metastases (4).

#### Highlight box

#### Key findings

 First successful treatment of cerebral radionecrosis in solitary fibrous tumours/haemangiopericytomas (SFT/HPC) with bevacizumab

#### What is known and what is new?

- Bevacizumab has an emerging role in the treatment of cerebral radionecrosis.
- To our knowledge, this is the first reported case of radionecrosis post radiotherapy for SFT/HPC, and its successful treatment with bevacizumab.

#### What is the implication, and what should change now?

 Bevacizumab should be considered early in the course of cerebral radionecrosis. Although palliative chemotherapy shows modest antitumour efficacy (3), evidence suggests that targeted antiangiogenic agents, addressing the predominantly angiogenic hallmark of these cancers, are becoming rapidly the new standard of care in the setting of metastatic disease.

## Rationale and knowledge gap

Bevacizumab has an emerging role in the treatment of cerebral radionecrosis (2,5). Its efficacy is being established for cerebral radiation necrosis in general.

## Objective

To our knowledge, this case report is unique in that it is the first reported case of radionecrosis post radiotherapy for SFT/HPC, and its successful treatment with bevacizumab. We present this case in accordance with the CARE reporting checklist (available at https://pcm.amegroups. com/article/view/10.21037/pcm-22-47/rc).

#### **Case presentation**

A 36-year-old female was diagnosed with a left frontal SFT/ HPC. She complained of headaches and had been noted to have had personality changes over the preceding 8 weeks. Cranial computed tomography showed a 75mm maximal diameter left frontal tumour, confirmed on magnetic resonance imaging (MRI) (*Figure 1*), with focal skull invasion. In October 2019, she underwent a stereotactic craniotomy and excision of the left frontal brain lesion. The procedure was complicated by massive blood loss.

Histopathology from her initial craniotomy showed a mesenchymal tumour with a bland fibroblastic appearance, with many individual cells surrounded by a small amount of collagen or reticulin. Focally there were prominent dilated blood vessels and scattered regions of necrosis. Mitotic activity was apparent in many areas, but not >10 per high-powered field. There were no psammoma bodies or whorling configurations. The tumour was adjacent to dura mater and there was focal evidence of possible brain invasion. Excision appeared complete. The tumour showed strong diffuse expression of vimentin and STAT6, with focal expression of CD34, EMA and progesterone receptor. The findings, including the immunophenotype, were in keeping with SFT/ HPC, World Health Organization (WHO) Grade 2.

Due to the high risk of locoregional recurrence with SFT/HPC, the patient underwent postoperative



Figure 1 Cerebral imaging at the time of diagnosis. (A) Axial cranial CT showing on bone windows, erosion of both the inner and outer skull tables (arrowhead). (B) T1-weighted MRI image showing large antero-frontal mass lesion compressing the ventricular system and causing significant midline shift. The lesion enhances with contrast. (C) T2-weighted image demonstrating cortical and subcortical oedema posterior to the lesion. CT, computed tomography; MRI, magnetic resonance imaging.

radiotherapy to the tumour bed: 60 Gy in 30 fractions using volumetric modulated arc therapy (VMAT) (*Figure 2A-2C*), which was completed in January 2020.

One month later, she developed a subdural empyema at the operative site, which responded to craniectomy, washout and intravenous antibiotics. She completed the latter in mid-April 2020.

Approximately 6 months post radiotherapy, the patient developed symptomatic brain necrosis, with right facial droop, mild expressive dysphasia, and difficulty in concentration. Visual field (VF) assessment showed bilateral VF deficits (left more than right) with pallor of both optic nerves. Serial MRI scans showed (I) progression of enhancing margins along the medial frontal parafalcine resection cavity, with a solid component, crossing the corpus callosum and (II) a periventricular enhancing lesion around the frontal horn of the left lateral ventricle, with surrounding vasogenic oedema (Figure 2D-2F). It was unclear whether the radiological changes represented recurrent SFT/HPC, pseudo-progression or radiation necrosis. In June 2020, she underwent repeat craniotomy and biopsy of part of the MRI-enhancing solid region adjacent to the surgical cavity. Histopathological features included reactive gliosis, hypercellularity, chronic inflammation and neuronal cell loss, with vascular hyalinisation and reactive endothelial atypia, and other features in keeping with post-radiation necrosis. There was

no evidence of SFT/HPC.

A timeline for the patient's clinical course and radiology is presented in *Figure 3*.

The Neuro-oncology Multidisciplinary Team recommended treatment with 4 cycles of bevacizumab (Avastin), which, at the time of the recommendation, was not subsidized for this indication in the Australian Pharmaceutical benefits Scheme (PBS). With a diagnosis of post-radiation cerebral necrosis, the patient was commenced on treatment with dexamethasone at the dose of 4 mg/day, pending approval of application for compassionate access to bevacizumab. The patient was on dexamethasone for 16 weeks; the bevacizumab overlapped with dexamethasone for 8 weeks (it took approx. 8 weeks until bevacizumab became available). The neurological exam prior initiating dexamethasone was unremarkable, except for mild right facial droop. There were no other cranial nerve abnormalities. Subjectively, the patient complained of difficulties in concentration, but examination of higher centres was unremarkable. The Mini Mental State Examination was also normal. Tone, power, reflexes, coordination and sensation were unremarkable. Unfortunately, there was no MRI in March 2021 prior initiation of either steroids or later, to bevicuzumab.

The symptoms (mild right facial droop, morning headaches and difficulties with concentration) responded promptly to dexamethasone 4 mg/day. When the



**Figure 2** Radiotherapy dosewash plan showing the left anterofrontal area treated to high dose (hot colours—see dose scalebar in A). (A) Axial, (B) coronal and (C) sagittal views. Axial T1-weighted MRIs with gadolinium contrast. (D) Axial and (E) coronal images 3 months after completion of radiotherapy, at the time of maximum contrast enhancement (arrowheads) adjacent to the surgical resection cavity. (F) MRI perfusion image showing a paucity of perfusion around the tumour excision cavity. MRI, magnetic resonance imaging.

application for compassionate access was approved, treatment with bevacizumab was initiated. This allowed the dexamethasone to be tapered to 0.5 mg/day (halving the dose every 3 days), without any relapse of the symptoms on decreasing the dose. Eventually, the dexamethasone was ceased, 4 cycles after bevacizumab (8 weeks) was initiated. The further 6 cycles of bevacizumab were then delivered in the absence of steroids (Figure 3). Although the Neuro-oncology Multidisciplinary Team recommended 4 cycles of bevacizumab, as the drug subsequently became widely available as a biosimilar, and the patient tolerated the treatment and continued to improve, she received bevacizumab for another 6 cycles. Not only was her dexamethasone able to be tapered without symptoms reoccurring, but her most recent MRI brain (2/8/2021) showed a dramatic improvement compared with April 2020. There was no residual enhancement at the resection

site and no residual SFT/HPC was conspicuous (*Figure 4*). Interval MRI brain on 6/12/2021 and on 11/3/2022 documented stable appearances. However, there was some difficulty in attributing with certainty the clinical and radiological improvement fully to bevacizumab, since the patient had responded to steroids and there was a period during which the two drugs were being delivered simultaneously. Yet the overall picture favoured a bevacizumab response.

All procedures performed in this study were in accordance with the ethical standards of the institutional and/or national research committee(s) and with the Helsinki Declaration (as revised in 2013). Written informed consent was obtained from the patient for publication of this case report and accompanying images. A copy of the written consent is available for review by the editorial office of this journal.

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**Figure 3** Timeline. T1-weighted, gadolinium-enhanced MRI at diagnosis showing large enhancing right fronto-parietal tumour ("t=0"). The tumour was resected and this was followed 6 to 12 weeks later by radical radiotherapy (hot colours indicating higher doses). At 36 weeks after diagnosis, pathological documentation of cerebral necrosis was made, and the patient was started on dexamethasone ('Dex'), which was tapered off after 8 weeks. At the start of dexamethasone tapering, bevacizumab was commenced, for a total of 20 weeks. From 84 weeks onwards, there was no evidence of contrast enhancement on MRI. MRI, magnetic resonance imaging.



**Figure 4** Image 18 months after completion of radiotherapy showing lack of contrast enhancement, after 10 cycles of bevacizumab. Resolving, low-level adjacent vasogenic oedema was evident on T2-weighted images (not shown).

## Discussion

#### Key findings

Cerebral radionecrosis occurs in 10-15% of patients with intracranial tumours, post treatment with conventional or stereotactic radiotherapy (1,6,7). It typically occurs from 3 months to up to three years after irradiation, although later cases have been reported (1,7).

Risk factors for cerebral radionecrosis include total dose,

dose per fraction, treatment duration, volume of brain irradiated, concurrent chemotherapy, previous radiotherapy and male sex (1,7). Different brain regions may have different susceptibilities to radionecrosis; symptoms are dependent upon location of radionecrosis, with either focal deficits or more global evidence of increased intracranial pressure. Seizures can occur (1).

The pathophysiology of radionecrosis is not yet completely understood (7). It is hypothesized that high dose focused radiotherapy produces endothelial injury, which initiates the process of necrosis. Studies of histological samples of individuals with brain radionecrosis consistently found vascular changes, oedema, fibrinoid deposition and inflammatory infiltrates (8), as in our case. It is hypothesized that endothelial injury causes apoptosis of endothelial cells and triggers release of inflammatory mediators, chemotactic factors and overexpression of vascular endothelial growth factor (VEGF) (6). In addition, endothelial cell necrosis compromises the integrity of the blood brain barrier, increases vasogenic oedema, promotes release of proinflammatory agents, generates thrombi of platelets and fibrin, initiates proliferation of smooth muscle and accumulation of fibroblasts. Overall, these processes result in vascular occlusion, fibrinoid necrosis of the vascular walls, and vasogenic oedema (6,8). The vasogenic oedema leads to ischemia, which generates hypoxia. The latter initiates a cascade of production of hypoxia-inducible factor  $1\alpha$ (HIF1 $\alpha$ ), which, in turn, leads to overexpression of VEGF in peri-necrotic white matter (8,9). Pre-clinical data have shown upregulation of VEGF in astrocytes and endothelial

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cells surrounding the area of necrosis (6,8). VEGF increases vascular permeability, further aggravating the oedema (9).

The radiological appearance of radionecrosis is very similar to that of tumour progression and pseudoprogression. Surgical biopsy represents the gold standard to differentiate between these entities. However, the MRI apparent diffusion coefficient (ADC) and relative cerebral blood volume (rCBV) may assist with non-invasive differential diagnosis. The ADC is decreased in tumour progression, due to the high number of cells, limiting movement of water, as opposed to radionecrosis (10). Perfusion MRI applies contrast enhancement to assess the rCBV and analyse vascularization and blood flow. Thus, increased perfusion suggests tumour recurrence (rCBV >2.6) and decreased perfusion, as observed in our case (*Figure 2F*), strongly suggests radionecrosis (rCBV <0.6) (11).

Characteristic spatiotemporal patters of radionecrosis are described, with a predilection for periventricular locations (12). Such a periventricular location was observed in our case (see *Figure 2D,2E*).

Until recently, the main therapy for radionecrosis has been corticosteroids, which are able to repress the inflammatory response underlying radionecrosis and achieve relief of symptoms, by decreasing vasogenic oedema (5). However, steroid use in the long term has wellknown significant side effects and is not recommended. Another intervention for radionecrosis is surgery in selected cases (7). However, due to its invasive nature and related morbidity, it is not widely used. Hyperbaric oxygen in the treatment of radiation induced brain injury is underpinned by physiological changes induced by high oxygen concentrations, such as augmented angiogenesis and increased blood flow to injured areas, leading to accelerated healing (13), although it is not a widely used radionecrosis therapy.

Ours is an anecdotal case of successful radionecrosis treatment with bevacizumab over five months. There have been two controlled randomised trials of bevacizumab for the treatment of central nervous system (CNS) radiation necrosis. The first was after irradiation of head and neck or brain tumours, but the numbers were very small: n=14 (14). However, all 7 of the bevacizumab-treated patients responded in terms of improvements in CNS symptoms or signs, whereas none in the placebo group did. These investigators suggested that bevacizumab now has an established role for the treatment of cerebral radiation necrosis. In the second trial, bevacizumab responses were compared with responses to corticosteroids in 112 nasopharyngeal cancer patients treated with radiotherapy; patients in the bevacizumab arm showed enhanced symptomatic and radiological responses (15).

We believe that ours is likely a case of successful treatment of brain radiation necrosis with bevacizumab over a 5-month period. However, as for any brain resection/ biopsy of suspected radiation necrosis, we cannot exclude that the post-treatment biopsy was a false negative due to sampling error, or that the patient had at least a component of SFT/HPC recurrence, or that it represented pseudoprogression. The time-frame for occurrence was compatible with the latter, which is more commonly seen after radiotherapy for the treatment of high-grade glioma, most usually in conjunction with temozolomide chemotherapy. We cannot exclude that this was the situation for our patient. There is evidence suggesting that radionecrosis may occur as early 3 months post radiotherapy (16). In addition, the histology of the biopsy of the part of the MRI-enhancing solid region adjacent to the surgical cavity displayed hallmarks of radionecrosis, including vascular hyalinisation and reactive endothelial atypia, ischaemic injury and necrotic changes with foamy histiocytes. There are also reports of vascular SFT/HPC tumours responding to regimens including bevacizumab (17) but we consider this unlikely in our case given the absence of symptoms or imaging findings of relapse three months after finishing bevacizumab.

SFT/HPCs are uncommon vascular mesenchymal tumours, which may occur at any site in the body; they can occur intracranially (0.4% of intracranial tumours and less than 2.4% of meningeal neoplasms) (18). Almost two thirds (62%) of intracranial SFT/HPC are supratentorial. The pathological entity SFT/HPC was established in the 2016 WHO classification of CNS tumours (19). The molecular hallmark of these neoplasms is the gene fusion NAB2-STAT6 on chromosome 12 (20). The chimaeric protein product of this gene fusion has the early growth response (EGR) binding domain of NAB2 (a transcriptional inhibitor of factors promoting differentiation and proliferation) and the transactivation domain of STAT6 (a transcription factor involved in cytokine signalling) (20). As a result, this abnormal protein induces EGR signalling, which drives tumorigenesis in SFT/HPC (20).

According to the pathological features of SFT/HPC, such as cellularity, mitotic index, necrosis and nuclear atypia, the 2016 WHO Classification of CNS tumour distinguishes WHO grade I, grade II or grade III tumours (19). While SFT/HPC grade I are considered benign tumours, grade II and grade III lesions are malignant.

To date, the standard of care for SFT/HPC has been surgical resection (with or without preoperative embolization) followed by adjuvant radiotherapy (18). Gross total resection results in superior outcomes compared to subtotal resection (21). Grade II and grade III SFT/HPC are prone to relapse, either intracranially or extracranially (22). Therefore, in patients with grade II and grade III SFT/HPC, surgical resection is followed by adjuvant radiotherapy (18,20). Adjuvant radiotherapy yields considerably superior local control (22) and progression free survival (22) to surgery alone and, arguably, provides a survival benefit (23). However, these tumours carry a significant risk of extracranial metastasis, with rates ranging between 2.6% and 56% (4). As there are no clear guidelines for monitoring patients with these tumours post-surgical treatment + adjuvant radiotherapy, most relapses present with symptomatic metastases (4). Salvage chemotherapy provides a modest benefit in patients with recurrent SFT/ HPC (24).

The finding that STAT6 activation is involved in angiogenic signalling (25) opens an avenue for novel therapies for SFT/HPC, such as antiangiogenic agents (26). In addition, the NAB2-STAT6 fusion protein induces carcinogenesis in SFT/HPC by transforming the EGR inhibitor into an EGR activator, with activation of downstream signalling of the EGR pathway via fibroblast growth factor receptor 1 (FGFR1), neurotrophic receptor tyrosine kinase 1 (NTRK1) and insulin-like growth factor 2 (IGF2) providing a biological rationale for potential new therapies for SFT/HPC (20). Agents acting on EGR downstream targets, such as VEGF-A (bevacizumab-used in combination with temozolomide), PDGFRβ and VEGFR1-3 (sunitinib, sorafenib) or PDGFR and VEGFR1-3 (pazopanib) have shown activity in SFT/HPC (27).

#### Strengths and limitations of this study

Strengths include the well-documented clinical and radiological features of this case, the fact that it appears to be the first case of SFT/HPC reported who suffered cerebral radionecrosis, and that the cerebral necrosis was successfully treated with bevacizumab. Further, we provide substantial literature background on SFT/HPC and cerebral radionecrosis. Limitations of our study include the lack of serial MRIs on this case, especially around the time of bevacizumab use.

#### Comparison with similar research

Gonzales et al. [2007] (2) first demonstrated the efficacy of bevacizumab in the treatment of CNS radiation necrosis. VEGF signalling boosts permeability of blood vessels in the injured area, impairs the blood-brain barrier (BBB) and induces oedema of the brain (28). By inhibiting the VEGF pathway, bevacizumab decreases vascular permeability, restores the integrity of the BBB and reduces brain oedema (28,29). The crucial role of VEGF signalling in the development of radionecrosis provides a strong biological rationale for using bevacizumab for its treatment (7). There is increasing evidence that bevacizumab is beneficial in the treatment of cerebral radiation necrosis (5,18,28,30), but the length of time that bevacizumab therapy should be maintained in the treatment of cerebral radiation necrosis is yet to be defined. Available data indicate a mean duration of treatment with bevacizumab of around 3 months is optimal (5). It was suggested that, since the aim of treatment is symptomatic relief, therapy should continue until symptoms are relieved, but not necessarily until imaging improves (28). For patients with a recurrence of symptoms, bevacizumab should be reinitiated. On the other hand, recurrence of brain necrosis was reported after cessation of bevacizumab (3,14,31). There is some evidence that prolonged bevacizumab use is counter-productive: first, bevacizumab resistance can develop after long-term use (32,33) and second, protracted use may lead to an exacerbation of necrosis itself, hypothesized to act through bevacizumab-associated vessel over pruning, thereby exacerbating ischaemia and hypoxia in the necrotic area (28). Hence, it seems prudent to use bevacizumab only for as long as necessary to relieve symptoms, but to reinitiate it in cases of symptomatic recurrence. Asymptomatic cases should probably be monitored.

## **Explanation of findings**

Is provided in the previous section.

#### Implications and actions needed

It may be useful to consider a prospective trial to ascertain the optimal duration of bevacizumab treatment, as the biosimilar bevacizumab is now widely available on the PBS in Australia. In addition, more work needs to be done in prevention of radionecrosis. Radiomics in the era of artificial intelligence and a registry of Medicare data could be a way ahead. Similarly, improving the diagnostic criteria for differentiation between tumour recurrence,

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pseudprogression and radionecrosis remains an area of significant unmet need.

## Conclusions

To our knowledge, this is the first reported case of radionecrosis post radiotherapy for SFT/HPC, and its successful treatment with bevacizumab. Interestingly, this is a unique situation when the angiogenic pathway underpins both the brain neoplasia and the pathophysiology of radionecrosis. In brain radionecrosis, treatment with bevacizumab appears safe and effective. Our patient showed clinical and radiological improvement after completing five months of treatment with bevacizumab and has no evidence of radionecrosis at three months post completion of treatment.

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## Footnote

*Reporting Checklist:* The authors have completed the CARE reporting checklist. Available at https://pcm.amegroups.com/article/view/10.21037/pcm-22-47/rc

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*Conflicts of Interest:* All authors have completed the ICMJE uniform disclosure form (available at https://pcm. amegroups.com/article/view/10.21037/pcm-22-47/coif). The authors have no conflicts of interest to declare.

*Ethical Statement:* The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. All procedures performed in this study were in accordance with the ethical standards of the institutional and/or national research committee(s) and with the Helsinki Declaration (as revised in 2013). Written informed consent was obtained from the patient for publication of this case report and accompanying images. A copy of the written consent is available for review by the editorial office of this journal.

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