CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	P1L3	S1P1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	P2L47	S1P4
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	P2L30	S2P1
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	P2L36	S2P2
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	P2L44	S2P3
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	P3L51	S3P1
Patient Information	5a	De-identified patient specific information	P4L87	S4P2
	5b	Primary concerns and symptoms of the patient	P4L87	S4P2
	5c	Medical, family, and psycho-social history including relevant genetic information	P5L92	S4P3
	5d	Relevant past interventions with outcomes	P5L92	S4P3
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	P5L105	S4P5
Timeline	7	Historical and current information from this episode of care organized as a timeline	P6L144	S4P6
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	P5L107	S4P5
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	N/A	N/A
	8c	Diagnosis (including other diagnoses considered)	P5L107	S4P5
	8d	Prognosis (such as staging in oncology) where applicable	P5L107	S4P5
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	P5L98	S4P4
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	P5L117	S4P6
	9c	Changes in therapeutic intervention (with rationale)	N/A	N/A

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	P6L127	S4P7
	10b	Important follow-up diagnostic and other test results	P6L134	S4P7
	10c	Intervention adherence and tolerability (How was this assessed?)	P6L128	S4P7
	10d	Adverse and unanticipated events	P6L129	S4P7
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	P8L195	S5P7
	11b	Discussion of the relevant medical literature **with references**		S5P2
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	P8L209	S6P1
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	P7L162	S5P2
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N/A	N/A
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.