CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1/2	Firts page/1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 2/30-31	Abstract/4
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	Page 2/2-9	Abstract/1
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	Page 2/10-26	Abstract/2
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	Page 2/27-29	Abstract/3
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page 4/20-24	Introduction/3
Patient Information	5a	De-identified patient specific information	Page 4/27	Case Presentation/5
	5b	Primary concerns and symptoms of the patient	Page 4/28-31 to Page 5/1	Case Presentation/1
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 5/2-3	Case Presentation/1
	5d	Relevant past interventions with outcomes	Page 5/1-2	Case Presentation/1
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 5/8-13	Case Presentation/2
Timeline	7	Historical and current information from this episode of care organized as a timeline	N/A	N/A
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 5/3-7, 14-20, 26-32	Case Presentation/2-4
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	N/A	N/A
	8c	Diagnosis (including other diagnoses considered)	N/A	N/A
	8d	Prognosis (such as staging in oncology) where applicable	N/A	N/A
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 5/21-22 to Page 6/1-4	Case Presentation/3-1
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page 6/1-4	Case Presentation/1
	9c	Changes in therapeutic intervention (with rationale)	Page 6/1-4	Case Presentation/1

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page 6/4-6	Case Presentation/1
	10b	Important follow-up diagnostic and other test results	Page 5/23-32	Case Presentation/4
	10c	Intervention adherence and tolerability (How was this assessed?)	Page 6/4-6	Case Presentation/1
	10d	Adverse and unanticipated events	N/A	N/A
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page 8/17-21	Discussion/2
	11b	Discussion of the relevant medical literature **with references**	Page 6/13 to Page 8/21	Discussion/3 - 2
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 8/13-16	Discussion/1
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Page 8/23-29	Conclusion/3
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N/A	N/A
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.