CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1, Line 1	Title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 1, Line 3	Key words
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	Page 1 , Line 1-2	Abstract/Paragraph 1
	3b	Main symptoms and/or important clinical findings	Page 1, Line 8-9	Abstract/Paragraph 1
	3c	The main diagnoses, therapeutic interventions, and outcomes	Page 1 , Line 9-19	Abstract/Paragraph 1
	3d	Conclusion—What is the main “take-away” lesson(s) from this case?	Page 1, Line 20-23	Abstract/Paragraph 1
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page 2/Line 2-8	Introduction/Paragraph 1
Patient Information	5a	De-identified patient specific information	Page 2/Line 11	Case presentation/1
	5b	Primary concerns and symptoms of the patient	Page 2/ Line 11,12	Case presentation/1
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 2 / Line 12-15	Case presentation/1
	5d	Relevant past interventions with outcomes	NA: No past intervention	NA:No past intervention
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 2/ Line 17-20	Case presentation /2
Timeline	7	Historical and current information from this episode of care organized as a timeline	NA: No historical hx	NA;No historical hx
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 2/ Line 22-25	Case presentation/3
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Page 3 /Line 1-2	Case presentation/4
	8c	Diagnosis (including other diagnoses considered)	Page 3 /Line 3-9	Case presentation/4
	8d	Prognosis (such as staging in oncology) where applicable	Page 3 / /Line 18	Case presentation/6
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 2/ Line 30-33	Case presentation/ 4
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page 3 /Line 11-14	Case presentation/5
	9c	Changes in therapeutic intervention (with rationale)	NA:No changes done	Na:No changes done

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page 3/ Line 18-20	Case presentation /6
	10b	Important follow-up diagnostic and other test results	Page 3/Line 14-15	Case presentation/5
	10c	Intervention adherence and tolerability (How was this assessed?)	Page 3 /Line 20-23	Case presentation /6
	10d	Adverse and unanticipated events	NA:No f/up adverse event	NA:No f/up adverse event
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page 4/ /Line 27-32	Discussion /1
	11b	Discussion of the relevant medical literature **with references**	Page 5 /Line 1-34	Discussion/2-5
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 4 /Line 20-25	Discussion/ 4
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Page 5 /Line 2-6	Conclusion/ 1
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	Its mentioned in F/UP	Its mentioned in F/UP
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.