CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1/Lines 1 to 2	Title Page
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 2/Lines 47 to 48	Abstract
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	Page 2/Lines 28 to 32	Abstract
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	Page 2/Lines 33 to 39	Abstract
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	Page 2/Lines 40 to 45	Abstract
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page 3/Lines 50 to 62	Introduction/Paragraph 1
Patient Information	5a	De-identified patient specific information	Page 3/Line 65	CP/Paragraph 1
	5b	Primary concerns and symptoms of the patient	Page 3/Lines 65 to 66	CP/Paragraph 1
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 3/Line 67	CP/Paragraph 1
	5d	Relevant past interventions with outcomes	Page 3/Line 67	CP/Paragraph 1
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 4/Line 88	CP/Paragraph 4
Timeline	7	Historical and current information from this episode of care organized as a timeline	Page 3/Lines 65 to 68	CP/Paragraph 1
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 4/Lines 80 to 90	CP/Paragraphs 3 to 4
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Not applicable	Not applicable
	8c	Diagnosis (including other diagnoses considered)	Page 4/Lines 90 to 94	CP/Paragraph 4
	8d	Prognosis (such as staging in oncology) where applicable	Not applicable	Not applicable
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 4/Lines 91 to 104	CP/Paragraphs 4 to 5
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page 5/Lines 100 to 101	CP/Paragraph 5
	9c	Changes in therapeutic intervention (with rationale)	Page 5/Lines 106 to 109	CP/Paragraph 6

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page 5/Lines 109 to 115	CP/Paragraph 6
	10b	Important follow-up diagnostic and other test results	Page 5/Lines 111 to 115	CP/Paragraph 6
	10c	Intervention adherence and tolerability (How was this assessed?)	Page 5/Line 101	CP/Paragraph 5
	10d	Adverse and unanticipated events	Page 5/Line 101	CP/Paragraph 5
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page 7/Lines 146 to 151	Discussion/Paragraph 3
	11b	Discussion of the relevant medical literature **with references**	Page 5/Lines 118 to 144	Discussion/Paragraphs 1
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 6/Lines 121 to 124	Discussion/Paragraph 1
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Page 7/Lines 154 to 159	Conclusion/Paragraph 1
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	Not applicable	Not applicable
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.