CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1 / Line 2-3	Title Page / NA
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 1 / Line 24	Title Page / NA
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	Page 4 / Line 1 -6	Abstract / Para 1
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	Page 4 / Line 9 - 16	Abstract / Para 2
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	Page 4 / Line 19 - 22	Abstract / Para 3
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page 5 / Line 1 - 15	Introduction / Para 1
Patient Information	5a	De-identified patient specific information	Page 5 / Line 20 - 23	Case presentation / Para 1
	5b	Primary concerns and symptoms of the patient	Page 5 / Line 20 - 23	Case presentation / Para 1
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 5 / Line 20 - 23	Case presentation / Para 1
	5d	Relevant past interventions with outcomes	Not relvant to case	Not applicable
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 5 / Line 25 - 29	Case presentation / Para 2
Timeline	7	Historical and current information from this episode of care organized as a timeline	Page 5 ln 20- Page 7 ln 20	Case presentation / Para
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 5 ln 25- Page 6 ln 24	Case presentation / Para
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Not relevant to case	Not applicable
	8c	Diagnosis (including other diagnoses considered)	Page 6 / Line 12	Case presentation / Para 5
	8d	Prognosis (such as staging in oncology) where applicable	Not applicable	Not applicable
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 6 ln 25 - Page 7 ln 3	Case presentation / Para 7
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Not applicable	Not applicable
	9c	Changes in therapeutic intervention (with rationale)	Not applicable	Not applicable

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page 7 / Line 5-6, 19-20	Case presentation / Para 7
	10b	Important follow-up diagnostic and other test results	Not applicable	Not applicable
	10c	Intervention adherence and tolerability (How was this assessed?)	Not applicable	Not applicable
	10d	Adverse and unanticipated events	Page 7 / Line 6-13	Case presentation / Para 7
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page 8 / Line 30 - 32	Discussion / Para 2
	11b	Discussion of the relevant medical literature **with references**	Page 8- 9	Discussion / Para 1-3
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 8 / Line 18 - 23	Discussion / Para 2
	11d	The primary “take-away” lessons of this case report (without references) in a one paragraph conclusion	Page 9 / Line 14 - 18	Conclusion / Para 1
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	Not applicable	Not applicable
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.