CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1, Line 1	1
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 1, Line 24	4
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	Page 2 , Line 31-40	1
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	Page 2 , Line 42-48	2
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	Page 9, 10 , Line 226-34	2
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page 2 , Line 27-40	1
Patient Information	5a	De-identified patient specific information	No identifiable	No identifiable
	5b	Primary concerns and symptoms of the patient	Page 2,3, Line 42-54	2,3
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 4 , Line 87-90	1
	5d	Relevant past interventions with outcomes	No prior management	No identifiable
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 3 , Line 64-75	1
Timeline	7	Historical and current information from this episode of care organized as a timeline	Page 2, 3 , Line 42-48	2, 3
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 4, Line 81-90	1
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	No challenegs	No identifiable
	8c	Diagnosis (including other diagnoses considered)	Page 4 , Line 81-90	1
	8d	Prognosis (such as staging in oncology) where applicable	Page 4 , Line 89-90	1
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 4 , Line 81-90	1
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page 4 , Line 85-90	1
	9c	Changes in therapeutic intervention (with rationale)	No changes	No identifiable

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page 4 , Line 89-90	1
	10b	Important follow-up diagnostic and other test results	Page 4 , Line 89-90	1
	10c	Intervention adherence and tolerability (How was this assessed?)	Page 4 , Line 89-90	1
	10d	Adverse and unanticipated events	No adverse effects	No adverse effects
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page 9-10 , Line 226-34	2
	11b	Discussion of the relevant medical literature **with references**	Page 4-9 , Line 92- 224	2
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 8 , Line 201-215	3
	11d	The primary “take-away” lessons of this case report (without references) in a one paragraph conclusion	Page 9,10 , Line 226-34	2
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	N/A	N/A
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☐	**No** ☑

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.