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微创血肿清除术后IL-6、GFAP、S100A8/A9水平与自发性脑出血患者功能预后的关系及其预测价值

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[摘要] 目的: 分析白细胞介素-6(interleukin-6, IL-6)、胶质纤维酸性蛋白(glia fibrillary acidic protein, GFAP)、钙结合蛋白S100A8/A9与微创血肿清除术后自发性脑出血(spontaneous intracerebral hemorrhage, sICH)患者功能预后的关系及其预测价值。方法: 选取2016年1月至2018年12月杨凌示范区医院118例接受微创血肿清除术的基底节区sICH患者, 根据发病1个月后的改良Rankin指数(modified Rankin scale, mRS)评分情况分为预后良好组($n=66$)与预后不良组($n=52$)。微创血肿清除术前及次日, 检测患者血清中IL-6、GFAP、S100A8/A9水平。随后比较两组患者术前、术后IL-6、GFAP、S100A8/A9水平的差异, 采用二元logistic回归分析上述指标与患者功能预后的关系, 采用Spearman秩相关分析上述指标与mRS评分的相关性, 采用受试者工作特征曲线(ROC曲线)分析上述指标对sICH患者功能预后的预测价值并采用Hanley & McNei检验对各指标的AUC进行比较。结果: 预后不良组患者术前血清中IL-6、GFAP、S100A8/A9水平与预后良好组差异均无统计学意义($P>0.05$); 术后血清中IL-6、GFAP、S100A8/A9水平均显著高于预后良好组, 差异均有统计学意义($P<0.05$)。二元logistic回归分析显示: 术后IL-6、GFAP、S100A8/A9水平均为影响患者功能预后的独立因素($P<0.05$)。Spearman秩相关分析显示: 术后IL-6、GFAP、S100A8/A9水平均与mRS评分呈显著正相关($P<0.05$)。ROC曲线分析结果显示, 术后IL-6、GFAP、S100A8/A9水平及联合预测因子在预测微创血肿清除术后sICH患者功能预后中的AUC分别为0.817、0.770、0.819、0.928, 差异均有统计学意义($P<0.05$), 且采用联合预测因子进行预测的AUC及敏感度(80.8%)和特异度(92.4%)均最高。结论: 微创血肿清除术后sICH患者的IL-6、GFAP、S100A8/A9水平可能影响其功能预后; 联合应用术后IL-6、GFAP、S100A8/A9可用于该类患者功能预后的预测, 值得临床推荐使用。

[关键词] 自发性脑出血; 微创血肿清除术; 功能预后; 白细胞介素-6; 胶质纤维酸性蛋白; S100A8/A9

Relationship between IL-6, GFAP, S100A8/A9 levels and functional prognosis of patients with spontaneous intracerebral hemorrhage and their predictive value after minimally invasive evacuation of hematoma

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Abstract **Objective:** To analyze the relationship between interleukin-6 (IL-6), glial fibrillary acidic protein (GFAP), calcium binding protein S100A8/A9 and functional prognosis of patients with sICH after the minimally invasive evacuation of hematoma and their predictive value. **Methods:** One hundred and eighteen patients with sICH in basal ganglia who underwent the minimally invasive evacuation of hematoma and hospitalized in our hospital from January 2016 to December 2018 were selected. According to the modified Rankin scale (mRS) 1 month after the onset, they were divided into a good prognosis group and a poor prognosis group, including 66 cases and 52 cases respectively. The levels of IL-6, GFAP and S100A8/A9 in serum were detected before and the next day after the minimally invasive evacuation of hematoma. And then the preoperative and postoperative levels of IL-6, GFAP and S100A8/A9 were compared between the two groups; the relationship between the above indicators and functional prognosis of patients was analyzed by Binary logistic regression analysis; the correlation between the above indexes and mRS score was analyzed by Spearman rank correlation analysis; the predictive value of the above indicators for the functional prognosis of sICH patients was analyzed by Receiver operating characteristic curve (ROC), and the AUC of each indicator was compared by Hanley & McNei test. **Results:** The preoperative serum levels of IL-6, GFAP and S100A8/A9 in patients of poor prognosis group had no significantly differences with those of good prognosis group ($P>0.05$). The postoperative serum levels of IL-6, GFAP and S100A8/A9 in patients of poor prognosis group were significantly higher than those of good prognosis group ($P<0.05$). Binary logistic regression analysis showed that the postoperative levels of IL-6, GFAP, S100A8/A9 were independent factors of influencing functional prognosis for patients ($P<0.05$). Spearman rank correlation analysis showed that the postoperative levels of IL-6, GFAP, S100A8/A9 were significantly and positively correlated with mRS score ($P<0.05$). ROC curve analysis showed that the AUC of postoperative levels of IL-6, GFAP, S100A8/A9 and their combined predictors in predicting the functional prognosis of sICH patients after minimally invasive evacuation of hematoma were 0.817, 0.770, 0.819 and 0.928, respectively ($P<0.05$), and the AUC, sensitivity (80.8%) and specificity (92.4%) of combined predictors for prediction were the highest. **Conclusion:** The levels of IL-6, GFAP and S100A8/A9 after minimally invasive evacuation of hematoma may affect the functional prognosis of sICH patients. The combination of postoperative IL-6, GFAP and S100A8/A9 can be used to predict the functional prognosis of sICH patients, which is worthy of clinical recommendation.

Keywords spontaneous intracerebral hemorrhage; minimally invasive evacuation of hematoma; functional prognosis; interleukin-6; glial fibrillary acidic protein; S100A8/A9

脑出血(intracerebral hemorrhage, ICH)占急性脑卒中的10%~30%,其中自发性脑出血(spontaneous intracerebral hemorrhage, sICH)病情变化迅速,且部分患者病情隐匿加重,因此早期难以判断其预后^[1]。因此,对sICH预后进行预测是临床研究的热点,不仅有助于临床治疗方案的选择,也有助于康复方案的制订^[2-3]。

炎症反应所致脑组织损伤及微血管损伤是ICH后病情加重的主要原因之一^[4-5]。白细胞介素-6(interleukin-6, IL-6)与ICH后出血灶周围水肿带的严重程度相关,是预后不良的独立危险因素^[4,6]。星形胶质细胞在ICH的损伤过程中具有重要作用,胶质纤维酸性蛋白(glial fibrillary acidic

protein, GFAP)可反映星形胶质细胞的活化程度,并作为星形胶质细胞骨架蛋白,参与对损伤区范围的限制,抑制炎症反应,进而参与ICH的修复,但过度表达时可能加重脑组织损伤^[7-9]。钙结合蛋白S100A8/A9由激活的中性粒细胞或单核细胞分泌,可通过Toll样受体4(toll-like receptor 4, TLR4)激活其下游炎症信号通路,可能参与ICH后的炎症反应,并可用于预测预后^[10-11]。因此,IL-6、GFAP与S100A8/A9不仅可能对ICH的预后产生影响,也可用于ICH患者功能预后的预测。由于目前对接受微创血肿清除术的基底节区sICH患者预后进行预测的研究较少,因此,我们对上述术后指标进行观察,以探索其与患者预后的关系及预测价值。

1 对象与方法

1.1 对象

采用随机数字表法, 随机选取2016年1月至2018年12月杨凌示范区医院的118例sICH患者作为研究对象。入组对象均经头颅影像学检查确诊, 并符合2015版AHA/ASA《自发性脑出血处理指南》^[12]的sICH诊断标准。在118例患者中, 男68例, 女50例, 年龄40~75(中位数61)岁。

纳入标准: 1)首次发病; 2)发病时间<24 h; 3)年龄>18岁; 4)出血量 ≥ 30 mL且为基底节区出血; 5)均行微创血肿清除术; 6)临床资料及随访资料完整。

排除标准: 1)继发性脑出血如脑血管畸形、外伤等; 2)既往脑血管病、颅脑外伤、颅内感染、颅内肿瘤等病史, 以及颅脑手术病史者; 3)慢性感染性疾病, 或近期急性感染性疾病可能影响炎症反应指标者; 4)长期口服激素或免疫抑制剂; 5)严重脏器功能不全者; 6)凝血功能异常, 或使用抗血小板或抗凝药物者; 7)肿瘤患者; 8)微创血肿清除术手术禁忌证者; 9)术前脑疝、脑出血破入脑室或伴梗阻性脑积水者; 10)术中死亡或行心肺复苏者。

1.2 方法

1.2.1 分组

所有受试者发病1个月后进行改良Rankin指数(modified Ranking scale, mRS)^[13-14]评分, 该评分方法根据患者预后情况分为7个等级, 分别为0分、1分、2分、3分、4分、5分、6分, 其中0分为完全没有症状, 6分为死亡, 评分越高表明患者预后越差。将mRS评分 ≤ 2 的66例患者设为预后良好组, 3~6分的52例患者设为预后不良组。预后良好组: 男38例, 女28例; 年龄40~73(中位数60.5)岁; 发病至入院时间为(6.9 \pm 2.5) h; 出血量(65.8 \pm 15.5) mL。预后不良组: 男30例, 女22例; 年龄47~75(中位数62)岁; 发病至入院时间为(7.1 \pm 2.4) h; 出血量(64.1 \pm 15.1) mL。两组上述基线资料及其他资料如吸烟、饮酒、体重指数、既往病史(高血压、糖尿病、冠心病)等差异均无统计学意义($P>0.05$)。本研究获杨凌示范区医院医学伦理委员会批准, 并经患者家属知情同意。

1.2.2 检测指标

所有受试者术前及术后次日清晨空腹采集静脉血3 mL, 离心后采集血清, 于-80 °C冰箱保存待

测。采用化学发光法及配套试剂(Siemens, 德国)检测血清IL-6水平, 酶联免疫吸附试验双抗体夹心法及配套试剂盒(Rapidbio公司, 美国)检测血清GFAP水平, 酶联免疫吸附试验及配套试剂盒(南京森贝伽生物科技有限公司)检测血清S100A8/A9水平。操作均严格按照说明书中提供的步骤进行。

1.3 统计学处理

应用SPSS 21.0统计学软件进行数据分析。偏态分布资料用M(Q1, Q3)表示, 两样本比较采用Mann-Whitney U检验。正态分布的计量资料用($\bar{x}\pm s$)表示, 行方差齐性分析, 方差齐两样本均数比较采用独立样本 t 检验, 方差不齐则采用 t' 检验。计数资料用率表示, 组间比较采用 χ^2 检验。多因素分析采用逐步回归的方法进行二元logistic回归分析。采用Spearman秩相关分析分析术后IL-6、GFAP、S100A8/A9水平与mRS评分的相关性。采用受试者工作特征曲线(receiver operating characteristic curve, ROC曲线)分析术后IL-6、GFAP、S100A8/A9值对sICH功能预后的预测价值, 曲线下面积(area under curve, AUC)的比较采用Hanley & McNei检验(采用Medcalc软件分析)。 $P<0.05$ 为差异有统计学意义。

2 结果

2.1 两组患者术后IL-6、GFAP、S100A8/A9水平

预后不良组患者术前血清中IL-6、GFAP、S100A8/A9水平与预后良好组的差异均无统计学意义($P>0.05$); 预后不良组患者术后血清中IL-6、GFAP、S100A8/A9水平均显著高于预后良好组, 差异均有统计学意义($P<0.05$, 表1)。

2.2 sICH患者功能预后的logistic多因素分析

将术后IL-6、GFAP、S100A8/A9纳入sICH患者功能预后logistic多因素回归模型中(赋值: 预后良好=0, 预后不良=1), 结果显示: 术后IL-6、GFAP、S100A8/A9水平均为接受微创血肿清除术的基底节区sICH患者功能预后的独立危险因素(表2)。

2.3 术后IL-6、GFAP、S100A8/A9水平与mRS评分的相关性

由Spearman秩相关分析可见: 术后IL-6、GFAP、S100A8/A9水平与mRS评分均呈显著正相关($P<0.05$, 图1)。

表1 两组sICH患者术前及术后IL-6、GFAP、S100A8/A9水平比较

Table 1 Comparison of IL-6, GFAP and S100A8/A9 levels in two groups of sICH patients before and after operation

组别	n	IL-6/(ng·L ⁻¹)		GFAP/(ng·L ⁻¹)		S100A8/A9/(μg·L ⁻¹)	
		术前	术后	术前	术后	术前	术后
预后良好组	66	25.58 ± 8.74	45.38 ± 11.95	12.34 ± 2.55	8.17 ± 2.34	19.37 ± 2.43	16.15 ± 2.18
预后不良组	52	25.36 ± 8.59	64.50 ± 16.78	12.31 ± 2.48	10.80 ± 2.75	19.36 ± 2.39	19.09 ± 2.51
t		0.137	-6.754	0.082	-5.612	0.011	-6.795
P		0.891	<0.001	0.934	<0.001	0.991	<0.001

表2 sICH患者功能预后logistic多因素分析

Table 2 Logistic multivariate analysis of functional prognosis in patients with sICH

变量	B	S.E.	Wald	df	P	OR	95%CI
IL-6	0.101	0.024	18.115	1	<0.001	1.107	1.056~1.160
GFAP	0.299	0.117	6.497	1	0.11	1.349	1.072~1.698
S100A8/A9	0.539	0.130	17.182	1	<0.001	1.714	1.328~2.211
常量	-17.978	3.298	29.717	1	<0.001	0.000	

模型检验: $\chi^2=82.694$, $P<0.001$; 拟合优度检验: $\chi^2=4.909$, $P=0.767$ 。

Model test: $\chi^2=82.694$, $P<0.001$; Goodness of fit test: $\chi^2=4.909$, $P=0.767$ 。

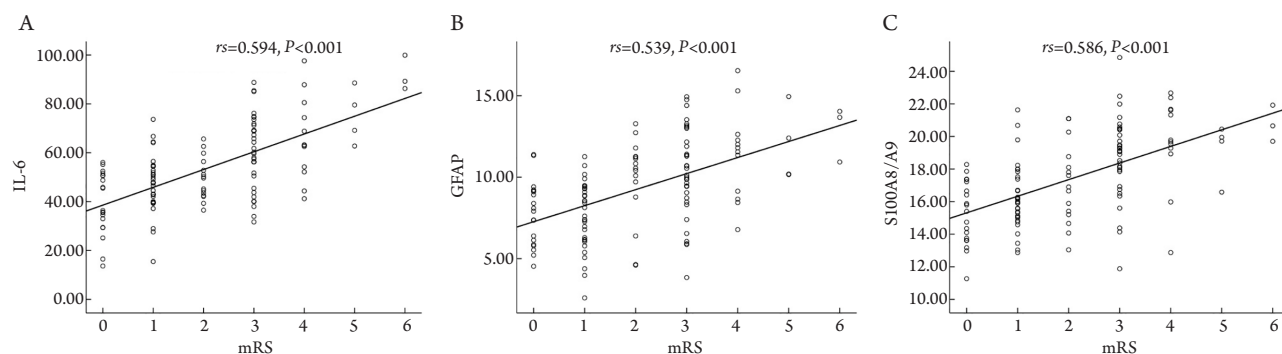


图1 术后IL-6、GFAP、S100A8/A9水平与mRS评分的相关性散点图

Figure 1 Scatter plot of correlation between the postoperative levels of IL-6, GFAP, S100A8/A9 and mRS score

(A) 术后IL-6水平与mRS评分的相关性散点图; (B) 术后GFAP水平与mRS评分的相关性散点图; (C) 术后S100A8/A9水平与mRS评分的相关性散点图。

(A) Scatter plot of correlation between postoperative IL-6 level and mRS score; (B) Scatter plot of correlation between postoperative GFAP level and mRS score; (C) Scatter plot of correlation between postoperative S100A8/A9 level and mRS score.

2.4 术后IL-6、GFAP、S100A8/A9水平对sICH患者功能预后的预测效能分析

将术后IL-6、GFAP、S100A8/A9及联合预测因子共同纳入sICH患者功能预后预测的ROC曲线

分析, 可见术后IL-6、GFAP、S100A8/A9及联合预测因子在预测脑出血患者功能预后中的AUC分别为0.817、0.770、0.819、0.928, 差异均有统计学意义($P<0.01$), 其中联合预测因子的AUC显著高

于IL-6、GFAP、S100A8/A9($Z=3.307$, $P<0.001$; $Z=4.055$, $P<0.001$; $Z=2.879$, $P=0.004$)。联合预测因子用于预测sICH患者功能预后的敏感度为

80.8%，特异度为92.4%。提示术后IL-6、GFAP、S100A8/A9联合用于微创血肿清除术后基底节区sICH患者功能预后的预测价值最高(图2, 表3、4)。

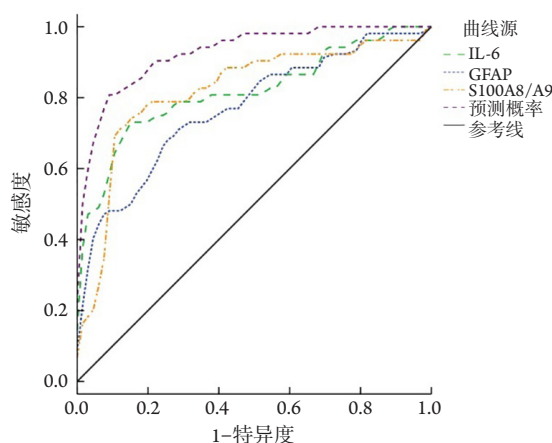


图2 术后IL-6、GFAP、S100A8/A9及联合预测因子用于功能预后预测的ROC曲线

Figure 2 ROC curves of postoperative IL-6, GFAP, S100A8/A9 and their combined predictors for predicting functional prognosis

表3 术后IL-6、GFAP、S100A8/A9及联合预测因子用于功能预后预测的ROC统计结果

Table 3 ROC statistical results of postoperative IL-6, GFAP, S100A8/A9 and their combined predictors in predicting functional prognosis

变量	AUC	标准误	P	渐近95%CI	最佳截断值
IL-6	0.817	0.041	<0.001	0.736~0.898	56.11
GFAP	0.770	0.044	<0.001	0.683~0.856	9.42
S100A8/A9	0.819	0.042	<0.001	0.738~0.901	18.32
联合预测因子	0.928	0.023	<0.001	0.883~0.973	0.57

表4 术后IL-6、GFAP、S100A8/A9单项及联合检测的诊断效能

Table 4 Diagnostic efficacy of single and combined detection of postoperative IL-6, GFAP and S100A8/A9

项目	敏感度/%	特异度/%
IL-6	73.1	86.4
GFAP	73.1	71.2
S100A8/A9	71.2	89.4
联合预测因子	80.8	92.4

3 讨论

sICH病情凶险, 70%的患者可因早期血肿快速扩大导致病情急剧恶化, 致使该病急性期病死

率可高达30%~40%^[15-16]。虽然针对基底节区超过30 mL的sICH患者, 微创血肿清除术疗效较为肯定, 但目前临床仍缺乏预测该类患者预后的有效方法。预判术后病情的进展情况, 进而及时调整监测及治疗方法, 可改善生存率及功能预后^[17-18]。因此, 研究术后功能预后的影响因素并探索其预测指标, 具有重要的临床意义。

IL-6等炎症因子与脑出血的预后密切相关。研究发现^[6,19-21]: IL-6与sICH患者的出血量及神经功能损伤相关, 是周围水肿体积和出血后14 d神经功能的独立危险因素, 且与高血压sICH患者的远期预后相关。但IL-6与微创血肿清除术后sICH患者预后的关系研究较少。GFAP在ICH后表达增加, 近年来被证实可通过介导炎症反应, 在ICH后的继发性损伤中发挥加重脑损害的作用, 不仅与sICH血肿体积、周围水肿体积及预后呈正相关, 且与

患者认知功能障碍有关,因此还可用于预测90 d神经功能预后,但其诊断敏感度并不理想^[8,16,22-25]。钙结合蛋白S100A8/A9与心血管疾病关系较为密切,与冠状动脉粥样硬化斑块的形成有关,是心绞痛早期敏感的血清标志物之一;不仅参与了脑缺血再灌注损伤的进程,且其水平在接受微创血肿清除术且治疗有效的sICH患者中降低,因此可反映手术治疗的效果^[26-28]。然而,GFAP及S100A8/A9与微创血肿清除术后sICH患者预后的关系及其预测价值尚不明确。

为研究IL-6、GFAP、S100A8/A9与微创血肿清除术后sICH患者功能预后的关系及其预测价值,本研究首先通过比较sICH不同预后情况术前、术后血清IL-6、GFAP、S100A8/A9水平,从单因素分析的角度探讨其对预后的影响。统计结果显示:预后不良组患者血清中术后IL-6、GFAP、S100A8/A9水平均显著高于预后良好组。随后通过Logistic回归分析发现术后IL-6、GFAP、S100A8/A9水平均为sICH患者功能预后的独立危险因素。

在IL-6在ICH中作用的研究中,李秋萌^[29]通过向ICH模型小鼠转输Treg细胞,发现IL-6及肿瘤坏死因子- α (tumor necrosis factor- α , TNF- α)减少,而具有抗炎作用的IL-10增加,继而改善ICH后脑水肿程度,减少血肿量、降低了神经功能缺损评分。孟召友^[30]研究发现:过表达A20基因可通过抑制E3泛素连接酶——肿瘤坏死因子受体相关蛋白6(TNF receptor associated factor 6, TRAF6)的表达,减少IL-1 β 、IL-6、TNF- α 表达,并减少小鼠血肿周围组织神经元凋亡,促进血肿吸收并改善功能预后。过表达miR-132可能通过乙酰胆碱酯酶(acetylcholinesterase, AChE)发挥抗炎作用,进而减少IL- β 、IL-6、TNF- α 表达,并改善ICH小鼠预后^[31]。在GFAP的相关研究中,钱红等^[32]通过沉默表皮生长因子受体(epidermal growth factor receptor, EGFR)表达后发现:ICH模型大鼠血肿周围脑组织GFAP表达下降,脑水肿程度减轻,神经功能评分改善。杨慧等^[33]通过过表达微小RNA let-7a后发现:ICH大鼠GFAP表达降低,神经元凋亡减少,病理损伤减轻,最终神经功能得以改善。针对S100A8/A9在ICH中的研究则较少,仅有少许研究^[11]发现S100A8/A9水平是ICH患者30 d预后的危险因素。以上研究结果均提示,针对IL-6、GFAP、S100A8/A9水平进行干预,可能是改善ICH患者功能预后的潜在方法。然而,针对IL-6、GFAP、S100A8/A9水平进行干预,是否可能通过

上述分子信号途径,改善微创血肿清除术后sICH患者的功能预后,仍有待进一步研究。

随后,本研究通过Spearman秩相关分析发现:sICH患者微创血肿清除术后的IL-6、GFAP、S100A8/A9水平均与mRS评分呈正相关;通过绘制ROC曲线发现:术后IL-6、GFAP、S100A8/A9水平及联合预测因子均可用于预测患者的功能预后,且联合预测的预测价值及敏感度、特异度均最优。以上结果提示:微创血肿清除术后,可联合应用术后IL-6、GFAP、S100A8/A9对sICH患者的预后进行预测,以帮助监测及治疗方案的制订、调整。

综上所述,微创血肿清除术后sICH患者的IL-6、GFAP、S100A8/A9水平可能影响其功能预后,对IL-6、GFAP、S100A8/A9进行干预有可能改善术后sICH患者的预后;联合应用术后IL-6、GFAP、S100A8/A9对患者的功能预后进行预测,可能有助于术后治疗方案的制订。然而,本研究的样本量相对不足,且未对IL-6、GFAP、S100A8/A9在手术前后的变化趋势进行观察,因此下一步将增加样本量并增加观察时点以深入研究。

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