CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1 / Line 1	Title Page
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 3 / Line 52	Abstract section
Abstract (no references)	3a	Introduction: What is unique about this case and what does it add to the scientific literature?	Page 2 / Line 24-27	Abstract / Para 1
	3b	Main symptoms and/or important clinical findings	Page 2 / Line 28-32	Abstract / Para 2
	3c	The main diagnoses, therapeutic interventions, and outcomes	Page 2 / Line 32-37	Abstract / Para 2
	3d	Conclusion—What is the main “take-away” lesson(s) from this case?	Page 3 / Line 48-51	Abstract / Para 4
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page 3 / Line 55-66	Introduction / Para 1
Patient Information	5a	De-identified patient specific information	Page 3-4 / Line 68-71	Case presentation / Para 1
	5b	Primary concerns and symptoms of the patient	Page 4 / Line 71-75	Case presentation / Para 1
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 4 / Line 75-79	Case presentation / Para 1
	5d	Relevant past interventions with outcomes	Page 4 / Line 75-79	Case presentation / Para 1
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 4 / Line 80-82	Case presentation / Para 2
Timeline	7	Historical and current information from this episode of care organized as a timeline	Page 3-4 / Line 68-71	Case presentation / Para 1
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 4 / Line 80-89	Case presentation/Para 2-4
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Page 4 / Line 80-89	Case presentation/Para 2-4
	8c	Diagnosis (including other diagnoses considered)	Page 4-5 / Line 96-108	Case presentation/Para 5-6
	8d	Prognosis (such as staging in oncology) where applicable	Page 5 / Line 106-111	Case presentation / Para 6
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 4-5 / Line 90-100	Case presentation/Para 4-5
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page 4-5 / Line 90-100	Case presentation/Para 4-5
	9c	Changes in therapeutic intervention (with rationale)	Page 4-5 / Line 90-100	Case presentation/Para 4-5

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page 5 / Line 109-111	Case presentation / Para 6
	10b	Important follow-up diagnostic and other test results	Page 5 / Line 109-111	Case presentation / Para 6
	10c	Intervention adherence and tolerability (How was this assessed?)	Page 5 / Line 109-111	Case presentation / Para 6
	10d	Adverse and unanticipated events	Page 5 / Line 109-111	Case presentation / Para 6
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Not applicable	Not applicable
	11b	Discussion of the relevant medical literature **with references**	Page 5-10 / Line 113-231	Discussion / Para 1-16
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 5-10 / Line 113-231	Discussion / Para 1-16
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Page 10 / Line 233-240	Conclusion / Para 1
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	Not applicable	Not applicable
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.