



# Adjuvant HIPEC for gastric cancer

Paul H. Sugarbaker<sup>1</sup>, Kurt Van der Speeten<sup>2</sup>

<sup>1</sup>MedStar Washington Hospital Center, Washington, DC, USA; <sup>2</sup>Department of Surgery, Hospital Oost-Limburg, Genk, Belgium

Correspondence to: Paul H. Sugarbaker, MD. MedStar Washington Hospital Center, Washington, DC, USA. Email: Paul.Sugarbaker@outlook.com; Kurt Van der Speeten. Department of Surgery, Hospital Oost-Limburg, Genk, Belgium. Email: Kurt.Vanderspeeten@zol.be.

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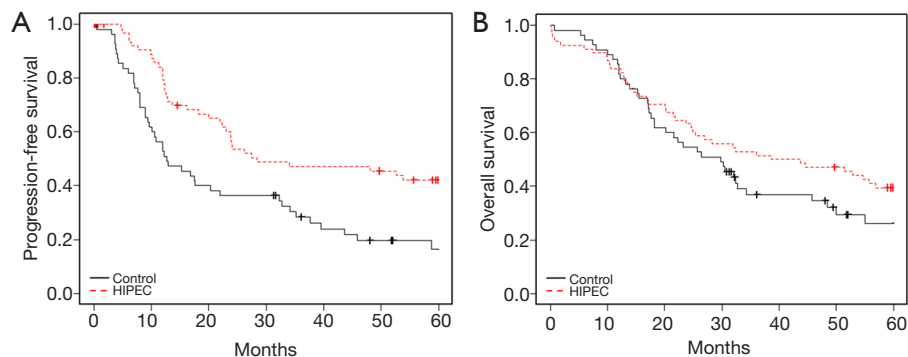
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The first section of our Focused Issue concerns peritoneal metastases (PM) from gastric cancer. Perhaps the most likely success from HIPEC or EPIC is adjuvant treatment of gastric cancer at high risk for subsequent surgical treatment failure at the resection site or on peritoneal surfaces (1). This attempt to eradicate single gastric cancer cells that enter the peritoneal space prior to or at the time of gastric cancer resection was initiated at Tottori University, Yonago, Japan as early as 1988 (2). Data on adjuvant HIPEC for resected gastric cancer from Belarus highlight the inevitable difficulty of treating a systemic disease with a regional chemotherapy. The RCT using HIPEC with cisplatin and doxorubicin did not show an overall survival benefit ( $P=0.2$ ). However, early occurrence of PM was reduced with a progression-free survival at 4 years in 19.6% of the control group as compared to 47.1% of the group treated with HIPEC ( $P<0.001$ ). Reutovich concludes by calling for studies that would

utilize HIPEC upfront in the timeline of the disease to prevent PM plus adjuvant systemic chemotherapy to treat systemic disease. As such the authors rightfully point out that the way forward is an intelligent combined locoregional and systemic treatment. Not surprisingly, the data from Belarus shows marked local-regional effects that translate into a small survival benefit. In a repeat study, quality of life parameters are necessary to show that prevention of PM results in fewer adverse events from loss of intestinal function. We asked Mihail Reutovich to send disease-free and overall survival curves for the 123 patients with gastric cancer randomized  $\pm$  HIPEC. Usually, the survival curves are most interesting and tell a story about regional chemotherapy. Delay in the recurrence of PM shows an impressive separation of the HIPEC and no HIPEC groups for disease-free survival (*Figure 1A*). Because PM are not often the only site of metastases, the overall survival is not significant (*Figure 1B*).



**Figure 1** Progression-free and overall survival for gastric cancer. (A) Progression-free survival in 123 gastric cancer patients in HIPEC and control groups ( $P<0.001$ ). (B) Overall survival in 123 gastric cancer patients in HIPEC and control groups ( $P=0.2$ ).

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appropriately investigated and resolved.

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