

Influence of first line chemotherapy strategy depending on primary tumor location in metastatic colorectal cancer

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Background: Primary tumor location (PTL) is a major prognostic factor in metastatic colorectal cancer (mCRC) with left side which present better prognosis than right sided. Uncertainty exists regarding comparative effectiveness of irinotecan or oxaliplatin doublet in mCRC in function of PTL.

Methods: We conducted a retrospective comparing clinical outcomes from both regimens in function of sidedness. Patients with newly diagnosed mCRC candidates to first-line chemotherapy were selected. Clinical outcomes were assessed and stratified by tumor location (left, right and rectal) and type of treatment. **Results:** Overall, 702 patients met the inclusion criteria. Primary colon cancer was right-sided in 248 (35.3%) patients, left-sided in 296 (42.2%) and rectal in 158 (22.5%) patients. Whatever PTL monochemotherapy give poor progression-free survival (PFS) and overall survival (OS). Triplet give better PFS and OS only for rectal cancer. When looking at doublet in first line. Folinic acid, 5FU, and irinotecan (FOLFIRI) give better PFS in rectal cancer [PFS of 21.2 (95% CI: 14.9–NR) versus 12.2 (95% CI: 10.1–13.4) months for the folinic acid, 5FU, and oxaliplatin (FOLFOX) group, P=0.009] and at trend for better PFS in right side tumor [14.9 (95% CI: 8.8–20.8) versus 11.3 (95% CI: 8.4–13.2) months for the FOLFOX group. P=0.0755]. No difference was observed in term of OS.

Conclusions: our results support that either FOLFIRI or FOLFOX regimens give similar efficacy in both left and right metastatic colic cancer. FOLFIRI and FOLFIRINOX regimens might be preferred for metastatic rectal carcinoma.

Keywords: Colorectal cancer (CRC); comparative effectiveness research; tumour sidedness; prognosis factor; sidedness

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Introduction

Colorectal cancer (CRC) is a major public health issue and stands as the third most frequent cancer throughout the world with 1.8 million new cases diagnosed every year. It is the second cause of cancer related death with, according to GLOBOCAN estimates, 880,000 deaths per year (1). Between 20% and 30% of patients have metastases at the time of diagnosis (2). For the patients with an initially localized CRC, 20–40% will secondarily develop metastases. For 75–90% of patients with metastatic CRC (mCRC), the cancer is unresectable and they will receive palliative chemotherapy. In the 1990's, the only available chemotherapy was 5-fluorouracil (5FU) with leucovorin (LV) and patients' overall survival (OS) was disappointing, ranging from 11 to 13 months (3). The prognosis of these patients has been profoundly changed by modern chemotherapy. In the early 2000s, large phase III trials validated the use of bichemotherapy regimens with either oxaliplatin or irinotecan associated to 5FU as the first line of treatment for mCRC. These drug combinations allowed higher OS rates, ranging from 17 to 23 months (4,5).

In 2004, a phase III study published by Tournigand *et al.* investigated two chemotherapy sequences: folinic acid, 5FU, and irinotecan (FOLFIRI) followed by folinic acid, 5FU, and oxaliplatin (FOLFOX) or FOLFOX followed by FOLFIRI. There was no difference in terms of OS between the 2 groups with respectively 21.5 and 20.6 months of OS, P=0.99 (6). In 2005, Colucci *et al.*'s team had the same findings in 2005 (7).

More recently, targeted therapies, such as epidermal growth factor receptor (EGFR) inhibitors and vascular endothelial growth factor (VEGF) inhibitors, have proved their efficiency. Firstly associated with bichemotherapy regimens and secondly with trichemotherapy (5FU, oxaliplatin and irinotecan) regimens, targeted therapies have shown to be superior in terms of PFS and OS for patients with unresectable mCRC (8-11). In 2020, the TRIBE 2 trial showed the superiority of the use of a trichemotherapy regimen associated to bevacizumab compared to a preplanned sequential strategy FOLFOX plus bevacizumab followed by FOLFIRI plus bevacizumab after disease progression (12). However, despite these new advances not all patients are fit to undergo a trichemotherapy regimen. The matter of the best chemotherapy sequence between the use of FOLFIRI or FOLFOX in combination with target therapies as first line of treatment stays of interest, especially for this population of patients and remain a matter of debate.

It is now well established that primary tumor location (PTL) is a major prognostic factor in mCRC, right-sided mCRC's having a poorer prognosis than left-sided mCRCs (13-15). The prognosis of rectal cancers, is similar to the prognosis of left-sided CRCs (16). To our knowledge, there is no data exploring the PFS rates according to the first line of chemotherapy and depending on PTL.

The aim of this retrospective study, carried out at the Centre Georges-François Leclerc Hospital in Dijon, was to evaluate the outcome, in terms of PFS and OS, depending on the use of either FOLFOX or FOLFIRI as first line of chemotherapy for mCRC.

We present the study in accordance with the STROBE

reporting checklist (available at http://dx.doi.org/10.21037/jgo-20-593).

Methods

Study population

Data was collected retrospectively from all consecutive patients treated at the Centre Georges-François Leclerc Hospital for mCRC between 31st of January 2000 and the 20th of December 2018. Patients with either synchronous, metachronous, resectable or non resectable metastases were included. Patients were excluded from this study if the tumor sidedness was not specified in the medical file, if the CRC was not the first or the only malignancy diagnosed, in case of appendicle cancer. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). Approval from the local ethics committee was not required, in accordance with French legislation governing strictly observational studies using medical files. Because of the retrospective nature of the study, the requirement for informed consent was waived.

Data collection

The following parameters were retrospectively collected in the patients' medical file: gender, age, performance status (PS), liver surgery or liver radiofrequency, lung surgery or lung radiofrequency, surgery of the primary tumor, tumor location (right colon cancer included right sided and transverse colon cancers; left colon cancers included left sided, sigmoid), synchronous or metachronous disease, number of metastatic sites, *RAS* and *BRAF* mutations, type of medical treatment, levels of lactate dehydrogenase, carcinoembryonic antigen.

Statistical analyses

The primary endpoint was to evaluate whether there was a benefit in favor of either FOLFIRI or FOLFOX plus target therapies as first line of metastatic in terms of PFS for patients depending PTL. Secondary endpoints were evaluating the OS, according to PTL, depending on the use of FOLFIRI or FOLFOX plus target therapies as the first line of metastatic treatment and PFS, according to PTL, depending on the use of mono, bi or trichemotherapy regimens as first line of metastatic treatment. All patients were followed until either their death or the date of last

follow-up prior to the 31st of March 2020. PFS was defined as the interval between the time of diagnosis of metastatic disease and the date of progression to the first line of chemotherapy reported on medical record. For the PFS evaluation, survivors were censored at 2 years, for the OS evaluation survivors were censored at last follow-up.

The median follow-up was estimated using the reverse Kaplan-Meier method. PFS and OS were estimated using the Kaplan-Meier method, described using median with its 95% confidence interval (95% CI), and compared using log-rank test.

Statistical analyses were performed using SAS[®] software version 9.4.

Results

Patients' characteristics

The data from 702 patients with mCRC was collected from the Centre Georges-Francois Leclerc Hospital database between January 31st 2000 and December 20th 2018. Median follow up was 8 years.

The male gender was slightly predominant (56.6%). The mean age was 65.7 years. PS was good for most patients with 86.3% of patients with 0 or 1 PS. The number of patients with right colic cancer, left colic cancer and rectal cancer was respectively 248 (35.3%), 296 (42.2%) and 158 (22.5%). The first line of chemotherapy was a bichemotherapy for 493 (71.8%) patients. One hundred and thirty-six patients received FOLFIRI, 357 patients received FOLFOX. For the remaining patients, 84 received a monochemotherapy, 110 received a trichemotherapy. The data was unknown for 15 patients. A high number of patients, 549, had undergone a primary tumor resection. A majority of patients received biotherapies with their chemotherapy (89%). Four hundred and fifty-five patients (65.1%) received at least antiangiogenic therapies and 279 patients (39.9%) received at least an anti-EGFR during follow-up. Only 8% of patients received anti EGFR in first line while 59% received bevacizumab in first line. Results shown in Table 1.

Association between PFS, PTL and efficacy 1st line of metastatic chemotherapy

The left-sided mCRC cohort who received either FOLFOX or FOLFIRI included 216 patients. Fifty-eight patients were treated with FOLFIRI, 158 patients were treated with Table 1 Patients' characteristics

Table 1 Patients' characteristics	
Characteristics	Value
Age	
Ν	702
Mean (SD)	65.7 (23.6)
Median (min-max)	66.0 (24.0–612.0)
Gender, n (%)	
Male	397 (56.6)
Female	305 (43.4)
Primary tumor location, n (%)	
Left colon + sigmoid	296 (42.2)
Right colon + transverse colon	248 (35.3)
Rectum	158 (22.5)
Performance status, n (%)	
0–1	459 (86.3)
2–4	73 (13.7)
Missing values	170
Time of metastatic disease, n (%)	
Synchronous	465 (66.2)
Metachronous	237 (33.8)
Number of metastatic sites, n (%)	
1	438 (62.4)
2	196 (27.9)
>2	68 (9.7)
KRAS mutation, n (%)	
No	276 (52.9)
Yes	246 (47.1)
Missing values	180
BRAF mutation, n (%)	
No	386 (89.8)
Yes	44 (10.2)
Missing values	272
Carcinoembryonic antigen, n (%)	
≤200	425 (77.1)
>200	126 (22.9)
Missing values	151
Lactate dehydrogenase, n (%)	296 (61.0)
>254 UI/mL	189 (39.0)

Table 1 (continued)

Table 1	(continued)
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Characteristics	Value
Primary tumor resection, n (%)	
No	153 (21.8)
Yes	549 (78.2)
5-fluorouracil or capecitabine, n (%)	
No	6 (0.9)
Yes	696 (99.1)
Bevacizumab, n (%)	
No	244 (34.9)
Yes	455 (65.1)
Missing values	3
EGFR inhibitors, n (%)	
No	421 (60.1)
Yes	279 (39.9)
Missing values	2
1st line chemotherapy, n (%)	
FOLFIRI	136 (27.6)
FOLFOX	357 (72.4)
Missing values	209
1st line drug combination, n (%)	
Monochemotherapy	84 (12.2)
Bichemotherapy	493 (71.8)
Trichemotherapy	110 (16.0)
Missing values	15
Lung or liver surgery or radiofrequency, n (%)	
No	479 (68.6)
Yes	219 (31.4)
Missing values	4

FOLFOX. No particular clinical differences were seen between the FOLFOX and the FOLFIRI group for classical prognostic factors (not shown).

For the FOLFIRI group, the PFS was of 12.0 (95% CI: 9.5–16.7) months. It was of 13.4 (95% CI: 11.0–15.6) months for the FOLFOX group. The difference observed was not statistically significant with P=0.252. The right sided mCRC cohort who received either FOLFOX or FOLFIRI included 176 patients. Fifty-four patients were treated with FOLFIRI, 122 patients were treated with FOLFOX.

For the FOLFIRI group, the PFS was of 14.9 (95% CI: 8.8–20.8) months. It was of 11.3 (95% CI: 8.4–13.2) months for the FOLFOX group. The difference observed of over 3 months of PFS was close to significance with P=0.0755. The rectal metastatic cancer cohort who received either FOLFOX or FOLFIRI included 101 patients. No particular differences were seen between rectal and colon cancer for classical prognostic factors (not shown).

Twenty-four patients were treated with FOLFIRI, 77 patients were treated with FOLFOX. There was a statistically significant difference in terms of PFS in favor of the FOLFIRI group with a PFS of 21.2 (95% CI: 14.9–not estimable) months versus 12.2 (95% CI: 10.1–13.4) months for the FOLFOX group, P=0.009. Results shown in *Figure 1*. No difference in term of OS was observed between patients treated in first line with bevacizumab and anti EGFR whatever the sideness (not shown). We did not confirm previously reported influence of sidedness on efficacy of anti EGFR vs. antiangiogenic in our cohort (17,18).

Association between PFS, PTL and efficacy of mono-, bior trichemotherapy

In either left, right or rectal tumor monochemotherapy as first line gives poor PFS and OS in comparison to doublet or triplet. No particular differences were seen between patients treated with monotherapy, doublet or triplet for classical prognostic factors (not shown). Surprisingly, there is only in the rectal metastatic cancer cohort for which we were able to show that trichemotherapy was more efficient than bichemotherapy and monochemotherapy with PFSs of respectively 23.9 (95% CI: 15.2–not estimable) months, 13.3 (95% CI: 11.9–16.0) months, 9.5 (95% CI: 5.2–23.2) months, P=0.0392. We failed to show that benefice in the left and right-sided mCRC cohorts. Results shown in *Figure 2*.

Association between OS, PTL and efficacy of 1st line of metastatic chemotherapy

In our 3 groups (left-sided mCRC, rights-sided mCRC and rectal metastatic cancer) there was no difference in terms of OS whether the chemotherapy sequence began with FOLFIRI or with FOLFOX. The OS rates were for left-sided mCRC 2.6 (95% CI: 2.1–3.3) years for the FOLFIRI group and 3.2 (95% CI: 2.5–3.7) years for the FOLFOX group, P=0.6276; for right-sided mCRC 2.2 (95% CI: 1.4–2.7) years for the FOLFIRI group and 1.9 (95% CI: 1.4–2.6) years for the FOLFOX group, P=0.7852; for

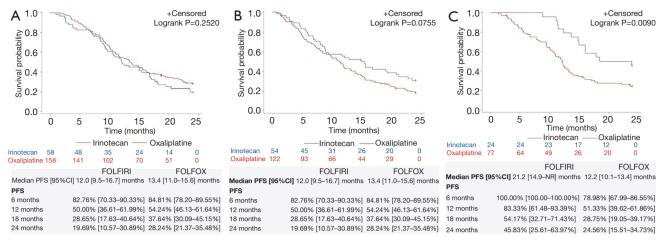


Figure 1 Association between PFS, PTL and 1st line of metastatic chemotherapy. (A) Left-sided mCRC; (B) right sided mCRC; (C) rectal metastatic cancer. PFS, progression-free survival; PTL, primary tumor location; mCRC, metastatic colorectal cancer.

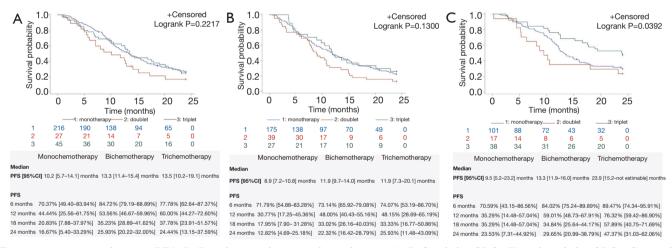


Figure 2 Association between PFS, PTL and mono, bi- or trichemotherapy. (A) Left-sided mCRC; (B) right sided mCRC; (C) rectal metastatic cancer. PFS, progression-free survival; PTL, primary tumor location; mCRC, metastatic colorectal cancer.

rectal metastatic cancer 3.6 (95% CI: 2.9–4.8) years for the FOLFIRI group and 2.9 (95% CI: 2.2–3.8) years for the FOLFOX group, P=0.1804. Results shown in *Figure 3*.

Discussion

Here, we report a large retrospective cohort of daily practice of chemotherapy prescription in patients treated for mCRC in a regional cancer center. This study is in favor of similar efficacy rates of either FOLFOX or FOLFIRI bichemotherapy regimens using in association with target therapies, as first line of treatment, in term of PFS and OS for both left and right colic tumors. Surprisingly, patients with rectal cancer seem to gain more benefit, in terms of PFS, when FOLFIRI is used first when compared to FOLFOX. However, this benefit is not significant when it terms of OS, despite a favorable trend for OS.

Before the development of biotherapies, Tournigand *et al.* demonstrated similar efficacy of the FOLFOX regimen followed by the FOLFIRI regimen or the reverse phase (6). However, the influence of PTL and chemotherapy efficacy was not address in this trial. In a retrospective study from SEER-Medicare similar OS were observed in patients treated with FOLFOX and not FOLFIRI in the era before target therapies. In this cohort sidedness did not impact the effect of chemotherapy

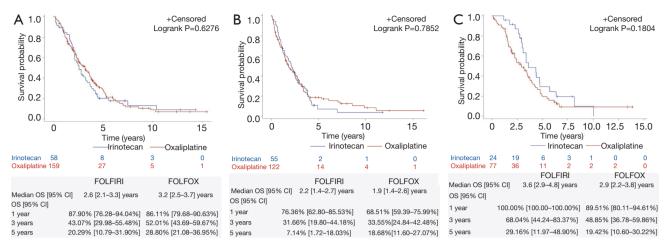


Figure 3 Association between OS, PTL and 1st line of metastatic chemotherapy. (A) Left-sided mCRC; (B) right sided mCRC; (C) rectal metastatic cancer. OS, overall survival; PTL, primary tumor location; mCRC, metastatic colorectal cancer.

doublet (19). Patients with right-sided tumors generally have a poorer prognosis than those with left-sided tumors (20-24). For RAS wildtype patients, treated with anti EGFR, a meta-analyze based on data from 7 randomized trials [CRYSTAL (25), PRIME (9), PEAK (26), FIRE-3 (27), CALGB 80405 (28) and TAILOR (29)] was performed. Subgroup analyses according to PTL ranked the efficacy of 7 different chemotherapy regimens (FOLFOX alone or with cetuximab, panitumumab, or bevacizumab and FOLFIRI alone or with cetuximab or bevacizumab). FOLFOX and FOLFIRI associated to cetuximab were more effective than the other drug combination in patients with RAS wildtype mCRC. For the patients with right-sided RAS wildtype mCRC, there was no significant difference amongst the seven regimens (30). Based on these results, it is thought that anti-EGFRs should be preferred as first line of treatment for left-sided RAS wildtype mCRCs, whereas bevacizumab should be preferred, in the same setting for right-sided mCRCs. The benefit in using bevacizumab combined to chemotherapy as first line of treatment for RAS wildtypes right-sided mCRCs was recently confirmed in another meta-analyze (31). However, these studies did not evaluate the impact, in terms of PFS and OS, of the chemotherapy doublet. Our results suggest, that in a population of patients treated with bichemotherapies regimens, with or without EGFR inhibitors or bevacizumab, similar efficacy is observed whether FOLFIRI or FOLFOX is used as first line of treatment and whether the primary tumor is left or right sided. However, this conclusion must be taken with caution for anti EGFR because few people

in this series were treated with anti EGFR in first line. A surprising issue is that FOLFIRI doublet is more effective in rectal tumors. This could be explained by a higher sensitivity of rectal cancers to irinotecan (32), rectal cancers being enriched in CMS2 tumors (33).

Another surprising result is that only rectal cancers seem to gain benefit from trichemotherapy regimens. Previous studies underline that trichemotherapy regimens are more effective than bichemotherapy regimens in terms of OS and PFS (12). A recent meta-analysis confirmed that FOLFOXIRI + bevacizumab significantly and meaningfully improves the survival of patients with mCRC when compared to bichemotherapy regimens + bevacizumab and allows higher PFS rates, ORRs, and R0 resection rates at the price of a moderate increase in toxicity (34). This treatment seems effective in either left or right-sided mCRC. However, in our cohort of real-life patients, this data was not confirmed with the exception of rectal cancer. Such differences could be explained by the fact that only patients with life threatening diseases and probably with worst intrinsic prognostic are selected for trichemotherapy regimens. For rectal cancers, our data confirms the recent data from FFCD1102 trial which proved higher response rates, PFS rates and OS rates with induction therapy with FOLFIRINOX (35).

The limits to our study are of course its retrospective and mono centric design. However, we studied a large cohort of unselected patients which represent real life data. Our results in terms of outcome and population are similar to the results observed in clinical trials (36,37) or

in studies evaluating survival in mCRC (38). However, we did not observe the expected benefit of trichemotherapy regimens probably because of patient selection biases. Other limitations to our study are that it compared a highly heterogeneous population of patients in terms of tumor burden and that the choice of the chemotherapy regimen was physician dependent and some differences in patients could have not been detected by our data collection.

Conclusions

Our results support that either FOLFIRI or FOLFOX regimens give similar efficacy in both left and right metastatic colic cancer. FOLFIRI and FOLFIRINOX regimens might be preferred for metastatic rectal carcinoma. Such data needs to be validated in prospective clinical trials.

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Footnote

Reporting Checklist: The authors have completed the STROBE reporting checklist. Available at http://dx.doi. org/10.21037/jgo-20-593

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Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). Approval from the local ethics committee was not required, in accordance with French legislation governing strictly observational studies using medical

files. Because of the retrospective nature of the study, the requirement for informed consent was waived.

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