

## Narrative Review Checklist

Section/Topic	Item No	Item	Reported on Page Number/Line Number	Reported on Section/Paragraph
<b>TITLE</b>				
Title	1	Identify the report as a Narrative Review of ...	Page 1, Lines 1-2	Title page
<b>ABSTRACT</b>				
Unstructured summary	2	Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development.	Page 1, Lines 9-18	Abstract
<b>INTRODUCTION</b>				
Rationale/background	3	Describe the rationale for the review in the context of what is already known.	Page 2, Lines 22-32	Introduction
Objectives	4	Specify the key question(s) identified for the review topic.	Page 2, Lines 33-34	Introduction
<b>METHODS</b>				
Research selection	5	Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage).	Page 2, Lines 37-39	Methods
<b>DISCUSSION/SUMMARY</b>				
Narrative	6	Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research.	Pages 2-12, Lines 41-245	Various subheadings
Summary	7	Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research.	Pages 12, Lines 249-259	Conclusion

Article Information: <https://dx.doi.org/10.21037/jgo-21-274>

\*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.