

## Narrative Review Checklist

Section/Topic	Item No	Item	Reported on Page Number/Line Number	Reported on Section/Paragraph
<b>TITLE</b>				
Title	1	Identify the report as a Narrative Review or Literature Review.	Page 1, Line 1	Title page
<b>ABSTRACT</b>				
Structured summary	2	Provide a structured summary with the subsections as: objective, background, methods, conclusion (1).	Page 2, Lines 67-62	Abstract, Para 1-4
<b>INTRODUCTION</b>				
Rationale/background	3	Describe the rationale for the review in the context of what is already known.	Page 2-3, Lines 67-90	Introduction, Para 1-3
Objectives	4	Specify the key question(s) identified for the review topic.	Page 3, Lines 91-112	Introduction, Para 4
<b>METHODS</b>				
Research selection	5	Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage).	Page 3, Lines 114-119	Methods, Para 1
<b>DISCUSSION/SUMMARY</b>				
Narrative	6	Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research.	Page 7, Lines 199-221	Discussion, Para 1-2
Summary	7	Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research.	Page 8, Lines 261-271	Conclusion, Para 1

### Reference

1. Green BN, Johnson CD, Adams A. Writing narrative literature reviews for peer-reviewed journals: secrets of the trade. *J Sports Chiropr Rehabil* 2001;15:5-19.

Article Information: <https://dx.doi.org/10.21037/jgo-21-470>  
 \*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.