



# Development and validation of a dual-energy CT-based model to estimate the malignant probability of distal gastric wall thickening

Qiu-Xia Feng, Lu-Lu Xu, Qiong Li, Xiao-Ting Jiang, Bo Tang, Na-Na Sun, Xi-Sheng Liu

Department of Radiology, the First Affiliated Hospital of Nanjing Medical University, Nanjing, China

**Contributions:** (I) Conception and design: XS Liu; (II) Administrative support: XS Liu; (III) Provision of study materials or patients: QX Feng, XT Jiang, B Tang; (IV) Collection and assembly of data: LL Xu, NN Sun, QX Feng, Q Li; (V) Data analysis and interpretation: QX Feng; (VI) Manuscript writing: All authors; (VII) Final approval of manuscript: All authors.

**Correspondence to:** Xi-Sheng Liu, MD. Department of Radiology, the First Affiliated Hospital of Nanjing Medical University, No. 300, Guangzhou Road, Nanjing, Jiangsu 210009, China. Email: njmu\_lxs@163.com.

**Background:** This study developed and validated a viable model for the preoperative diagnosis of malignant distal gastric wall thickening based on dual-energy spectral computed tomography (DEsCT).

**Methods:** The imaging data of 208 patients who were diagnosed with distal gastric wall thickening using DEsCT were retrospectively collected and divided into a training cohort (n=151) and a testing cohort (n=57). The patient's clinical data and pathological information were collated. The multivariable logistic regression model was built using 5 selected features, and subsequently, a 10-fold cross-validation was performed to identify the optimal model. A nomogram was established based on the training cohort. Finally, the diagnostic performance of the best model was compared to the existing conventional CT scheme through evaluating the discrimination ability in the testing cohort in terms of the receiver operating characteristic curve (ROC), calibration, and clinical usefulness.

**Results:** Stepwise regression analysis identified 5 candidate variables with the smallest Akaike information criteria (AIC), namely, the venous phase spectral curve [VP\_SC; odds ratio (OR) 8.419], focal enhancement (OR 3.741), arterial phase mixed (OR 1.030), tumor site (OR 0.573), and diphasic shape change (DP\_shape change; OR 2.746). The best regression model with 10-fold cross-validation consisting of VP\_SC and focal enhancement was built using the 5 candidate variables. The average area under the ROC curve (AUC) of the model from the 10-fold cross-validation was 0.803 (sensitivity of 69.2%, specificity of 94.1%, and accuracy of 74.8%). In the testing cohort, the DEsCT model identified using the regression model performed better (AUC 0.905, sensitivity 81.3%, specificity 85.4%, and accuracy 84.2%) than did the conventional CT scheme (AUC 0.852, sensitivity 80.0%, specificity 76.6%, and accuracy 77.2%). The nomogram based on the DEsCT model showed good calibration and provided a better net benefit for predicting malignancy of distal gastric wall thickening.

**Conclusions:** Comprehensive assessment with the DEsCT-based model can be used to facilitate the individualized diagnosis of malignancy risk in patients presenting with distal gastric wall thickening.

**Keywords:** Gastric wall; gastric cancer (GC); dual-energy CT; spectral CT

Submitted Sep 01, 2021. Accepted for publication Jan 30, 2022.

doi: 10.21037/jgo-21-552

**View this article at:** <https://dx.doi.org/10.21037/jgo-21-552>

## Introduction

Gastric cancer (GC) is the fourth most common malignancy and the third leading cause of cancer mortality worldwide (1). East Asian countries such as Japan, China,

and Korea, have a higher incidence of gastric cancer than do Western countries (2), with rates of 24 per 100,000 men and 9.8 per 100,000 women (3). With improved awareness of *Helicobacter pylori* infections, the mortality rate associated

with gastric cancer has reduced markedly in recent years through advanced treatments (4-6). Electronic gastroscopy and computed tomography (CT) play important roles in the diagnosis of gastric cancer. In Asian countries, the use of upper gastrointestinal endoscopy screening for gastric cancer has gradually increased and has evolved into a national screening program in some countries (3,7).

CT is widely used in patients admitted to hospital with various complaints, and the role of CT in the evaluation of abdominal pain is well established (8). Although increased gastric wall thickening on CT imaging is not uncommon, this is not always indicative of gastric cancer. Indeed, gastric wall thickening may be due to various reasons such as cancer, normal peristaltic contraction, gastritis, ulcers, or ischemia and other systemic diseases. Previously, the finding of a gastric wall thickness of 1 cm or greater raised suspicions of malignancy (9); however, it is difficult to ascertain the true pathological origins (10). Recently, dual energy spectral CT (DEsCT), composed of 2 X-ray tubes and 2 corresponding detectors, was introduced. The tube voltages are set at a high- and low-energy, allowing for mixed energy images. These different images, such as monoenergetic images at different energies, iodine maps, and virtual non-contrast images, generate large amounts of data which can be processed. Interestingly, DEsCT has been reported to have great potential in the detection of early gastric cancer and may improve the accuracy of TN staging in gastric cancer patients (11,12).

Although endoscopies and biopsies tend to be more accurate than CT scans for gastric cancer, subsequent endoscopic evaluations after the observation of distal gastric wall thickening on CT imaging will lead to increased costs, complications, patient panic, and unnecessary endoscopy appointments. This in turn, may delay the diagnosis and treatment of patients who seek urgent management (10). In addition, many patients have poor gastroscopy screening compliance. Therefore, the clinical use of a multivariable diagnostic model based on DEsCT may be a promising tool for the early screening of gastric cancer.

This study developed and validated a more practicable model based on DEsCT for the screening of early gastric cancer in patients with serendipitous gastric wall thickening. We present the following article in accordance with the TRIPOD reporting checklist (available at <https://jgo.amegroups.com/article/view/10.21037/jgo-21-552/rc>).

## Methods

The study was conducted in accordance with the

Declaration of Helsinki (as revised in 2013). The study was approved by the Independent Research Ethics Boards of the First Affiliated Hospital of Nanjing Medical University (No. 2018-SR-043) and informed consent was waived due to the retrospective nature of the study.

## Patients

The abdominal CT reports of patients who had undergone DEsCT scanning in the radiology department for any reason from May 2018 to December 2019 were searched using the keywords “distal gastric wall thickening” in the medical imaging database of the First Affiliated Hospital of Nanjing Medical University. The following inclusion criteria were applied: (I) CT report with distal gastric wall thickening and (II) contrast-enhanced DEsCT examination 1 month before endoscopy or surgery. The following exclusion criteria were applied: (I) patients without endoscopy or surgical pathology (n=77), (II) patients with insufficient stomach distension (n=23), and (III) patients with a history of stomach surgery (n=17). Finally, a total of 208 patients were retrospectively reviewed. Clinical information including age, gender, and pathological data were obtained by reviewing the medical records and by telephone inquiry. The assessment of the gastric adenocarcinoma by endoscopy or surgical pathology was confirmed by 2 independent experienced pathologists. Patients were allocated to the training (n=151) cohort or the testing (n=57) cohort by time according to a 7:3 ratio.

## CT image acquisition

After fasting for at least 8 hours, patients were required to drink 800–1,000 mL of tap water, which was followed by an intravenous infusion of scopolamine butylbromide (20 mg). All patients lay in the supine position on the scanning table. CT scans covering the entire abdomen, from the dome of the liver to the pelvic floor, were acquired during a breath-hold. All gastric CT studies were performed using a dual-source multi-detector CT (SOMATOM Force, Siemens Healthineers, Forchheim, Germany). This system consists of 2 X-ray tubes (tube A and tube B) and 2 corresponding 96-section detectors. The dual-energy scanning modes were as follows: tube A was operated at 220 mAs/rot at 100 kV, and tube B was operated at 110 mAs/rot at Sn150 kV. The image acquisition layer had a thickness of 1.5 mm and a helical pitch of 1.15, and the rotation time was 0.5 seconds. In each patient, nonionic contrast material (Visipaque; 320 mgI/mL, GE Healthcare, IDA Business Park,

Carrigtwohill, Ireland) was injected via the antecubital vein at a rate of 3.0 mL/sec. In total, 90–120 mL (1.5 mL/kg body weight) was injected using a CT-compatible power injector during the arterial and parenchymal phases. Arterial scanning started automatically 10.0 seconds after the trigger attenuation threshold (100 HU) was reached at the level of the supra celiac portion of the abdominal aorta. Parenchymal scanning commenced 40 seconds after completion of the arterial scanning. Two types of images were derived from the reconstruction of the DEsCT imaging for each patient: water- and iodine-based material decomposition images and a set of virtual monochromatic images at energies ranging from 40 to 140 keV.

### **Image postprocessing and parameter measurement**

For all individuals, the DEsCT data were transferred to a workstation (MMWP, Germany) for further analysis. The dual-energy datasets were postprocessed using clinically available dedicated software. Two abdominal radiologists (QXF and NNS, with 3 and 10 years of gastrointestinal imaging experience, respectively) who were blinded to the endoscopic and pathological results reviewed all CT scans in consensus to evaluate the following traits for each study: (I) tumor site (1, angular incisure; 2, antrum; 3, pylorus; 4, wide range), (II) thickness of the distal gastric wall (maximum thickness in dual phase), (III) diphasic shape change (1, no; 2, yes), and (IV) focal enhancement (1, no; 2, yes). The region of interest (ROI) with the same area of 0.2 mm<sup>2</sup> was measured 3 times to obtain the DEsCT parameters in each suspicious malignant thickened gastric wall. The DEsCT parameters included different CT attenuations measured by liver virtual noncontrasted (VNC) software (mixed: 60% from 80 kVp, 40% from 140 kVp), iodine concentration (IC) measured on iodine maps, and fat fraction (FF) on dual phase. The spectral curves on the arterial phase (AP\_SC) and the venous phase (VP\_SC) were assessed to determine whether they were different based on macroscopic changes compared to the normal gastric wall. To reduce individual differences, the IC was normalized (nIC) against that in the aorta according to the following formula: nIC = IC (in lesion)/IC (in aorta).

### **Statistical analysis**

This was a complete-case analysis. For basic imaging traits, categorical variables were compared by using the  $\chi^2$  test or Fisher's exact test. Continuous variables were compared by

using the Student's *t*-test. Variables with a P value <0.1 in a univariate analysis were candidates for the logistic regression model. Backward step-wise selection was applied by using the likelihood ratio test with Akaike's information criterion as the stopping rule to build the model with the training cohort. A 10-fold cross-validation was subsequently used to generate the best regression model. Statistical analysis was performed using SPSS, version 22.0 (IBM Corp., Armonk, NY, USA) and R software (version 4.0.0, R Project for Statistical Computing; www.r-project.org). A 2-sided P value <0.05 was considered statistically significant. These variables were then included in the logistic regression model.

The DEsCT model consisting of the significant variables was updated based on the cross-validation model. The discrimination performance of the established models was quantified by the receiver operating characteristic curve (ROC) and area under the curve (AUC) value. The Hosmer-Lemeshow and Akaike information criterion was applied for goodness-of-fit test. Diagnostic efficiency was compared between our DEsCT model and the conventional CT model which only consisted of the diphasic shape change and focal enhancement. A predictive nomogram was formulated based on the results of the logistic regression analysis, and the predicted probabilities (Pi) were obtained.

## **Results**

### **Clinical and radiological data**

Malignant distal gastric wall thickening was observed in 51.0% (106/208) of the patients. The median age of patients with distal gastric wall thickening on CT imaging was 58 years (range, 15–86 years). The results of the basic clinical and conventional CT characteristics and the interobserver reliabilities are summarized in *Table 1*. Males accounted for the majority (67 patients, 63.2%) of malignant conditions. There were significant differences in the thickening site, thickness, DP shape change, and focal enhancement between benign and malignant patients (P<0.001). *Table 2* lists the DEsCT characteristics and the interobserver reliabilities of benign and malignant patients. Univariate analysis showed differences in 10 DEsCT characteristics between benign and malignant distal gastric wall thickening (AP\_CM, AP\_mixed, AP\_IC, AP\_nIC, VP\_CM, VP\_mixed, VP\_IC, VP\_nIC, AP\_SC, and VP\_SC; P<0.05). The interreader agreement was moderate for focal enhancement, VP\_IC, and VP\_nIC with a coefficient of less than 0.600. The other radiology features were good, with the coefficient ranging from 0.608 to 0.935.

**Table 1** The basic clinical and conventional CT characteristics of benign and malignant distal gastric wall thickening and the inter-observer reliabilities

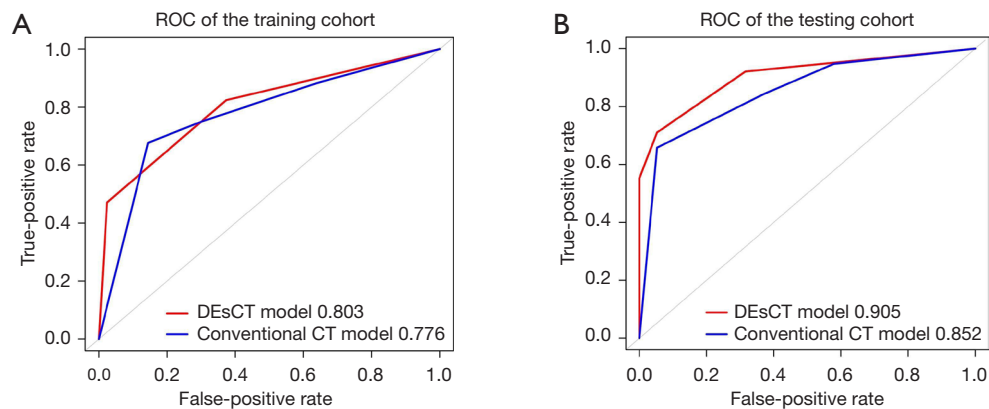
Characteristics	Benign group (n=102)		Malignant group (n=106)		Agreement <sup>†</sup>	P
	Rad 1	Rad 2	Rad 1	Rad 2		
Median age (years ± SD)	57.4 (13.3)		58.3 (12.0)			0.624
Gender						0.002
Female	60 (58.8)		39 (36.8)			
Male	42 (41.2)		67 (63.2)			
CT characteristics						
Site					0.902	<0.001
Angular incisure	10 (9.8)	10 (9.8)	30 (28.3)	31 (29.2)		
Antrum	74 (72.5)	76 (74.5)	59 (55.7)	58 (54.7)		
Pylorus	14 (13.7)	14 (13.7)	2 (1.9)	4 (3.8)		
Wide range	4 (3.9)	2 (2.0)	15 (14.2)	13 (12.3)		<0.001
Thickness (mm ± SD)	12.8 (2.9)	12.8 (3.6)	15.4 (4.9)	14.1 (4.1)	0.608	<0.001
DP_shape change	47 (46.1)	32 (31.4)	87 (82.1)	88 (83.0)	0.658	<0.001
Focal enhancement	30 (29.4)	7 (6.9)	80 (75.5)	96 (90.6)	0.548	<0.001

Values are number of findings and values in parentheses are percentages unless indicated otherwise. <sup>†</sup>, reports by Kappa or ICC test. Rad, radiologist; DP\_shape change, diphasic shape change.

**Table 2** The DEsCT characteristics of benign and malignant distal gastric wall thickening and the inter-observer reliabilities

DEsCT characteristics	Benign group (n=102)		Malignant group (n=106)		Agreement <sup>†</sup>	P
	Rad 1	Rad 2	Rad 1	Rad 2		
AP_VNC (HU)	22.0 (13.3)	22.5 (15.3)	20.0 (17.2)	20.4 (17.4)	0.920	0.354
AP_CM (HU)	34.2 (15.3)	34.1 (16.4)	43.2 (14.7)	42.8 (15.2)	0.926	<0.001
AP_Mixed (HU)	54.9 (11.2)	55.1 (12.9)	62.1 (17.8)	61.2 (20.0)	0.919	0.010
AP_IC (mg/mL)	1.8 (1.0)	1.7 (1.1)	2.2 (0.8)	2.1 (1.2)	0.654	0.001
AP_FF (%)	20.4 (14.5)	20.2 (15.6)	21.0 (14.1)	19.6 (13.1)	0.836	0.749
AP_nIC (%)	17.8 (11.4)	18.4 (13.6)	22.1 (8.9)	21.5 (11.6)	0.721	0.003
VP_VNC (HU)	24.2 (12.0)	23.7 (14.4)	21.9 (17.6)	21.4 (18.5)	0.903	0.256
VP_CM (HU)	44.7 (14.8)	45.0 (14.4)	58.1 (17.5)	56.9 (17.4)	0.935	<0.001
VP_Mixed (HU)	67.6 (11.7)	66.9 (13.1)	79.3 (27.7)	76.4 (24.4)	0.853	0.001
VP_IC (mg/mL)	2.5 (2.1)	2.3 (1.1)	3.2 (2.2)	2.9 (1.1)	0.456	0.019
VP_FF (%)	19.2 (14.4)	20.2 (14.9)	21.5 (16.4)	21.5 (16.8)	0.895	0.280
VP_nIC (%)	52.2 (39.1)	50.7 (24.5)	70.5 (63.7)	62.2 (26.1)	0.452	0.014
AP_SC	12 (11.8)	29 (28.4)	49 (46.2)	70 (66.0)	0.627	<0.001
VP_SC	9 (8.8)	19 (18.6)	64 (60.4)	85 (80.2)	0.720	<0.001

Values are average value of findings and values in parentheses are standard deviation, except for AP\_SC and VP\_SC, where values are number of findings and values in parentheses are percentages. <sup>†</sup>, reports by Kappa or ICC test. DEsCT, dual energy spectral CT. Rad, radiologist; AP, arterial phase; VP, venous phase; VNC, virtual non-contrasted; CM, net contrast material; IC, iodine concentration; nIC, normalized iodine concentration; FF, fat fraction; SC, spectral curve.



**Figure 1** The ability of the dual-energy spectral computed tomography (DEsCT) model and the computed tomography (CT) model to predict malignant distal gastric wall thickening in the training cohort (A) and the test cohort (B). The receiver operating characteristic (ROC) curve results of the 2 models are presented by the area under the curve (AUC) on the right bottom.

### *Predictive performance of the malignant distal gastric wall thickening risk nomogram*

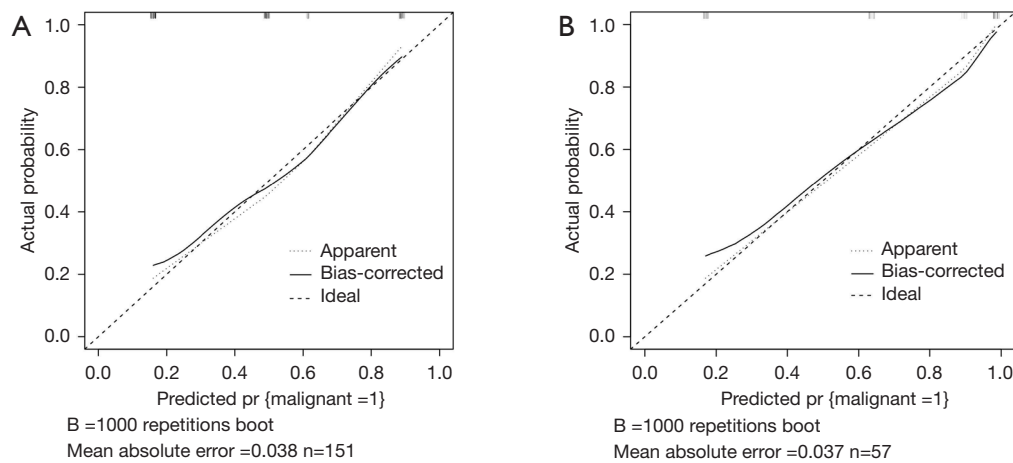
Logistic regression analysis was used to develop the diagnostic model for malignant distal gastric wall thickening using 151 patients in the training set. The probability model was established as follows:  $P_i = 1/(1 + \exp(-\sum \beta_i x_i))$ , where  $\beta_i$  is the coefficient of each variable  $x_i$  in the regression model. In the backward stepwise regression analysis, VP\_SC [odds ratio (OR): 8.419], focal enhancement (OR 3.741), arterial phase-mixed (OR 1.030), tumor site (OR 0.573), and DP\_shape change (OR 2.746) were identified as the 5 candidates for predicting the malignancy of distal gastric wall thickening. These 5 indicators were selected for further cross-validation to adjust the model parameters to obtain the best DEsCT model with only 2 “worrisome” features: focal enhancement (OR 8.291) and VP\_SC (OR 5.211). *Figure 1* shows the ROC analysis of the DEsCT model and the CT model for predicting the malignancy of distal gastric wall thickening. The AUC of the DEsCT model was 0.803 (95% CI: 0.731 to 0.875) for the training cohort and 0.905 (95% CI: 0.829 to 0.982) for the testing cohort. The AUC of the CT model was 0.776 (95% CI: 0.698 to 0.854) for the training cohort and 0.852 (95% CI: 0.750 to 0.955) for the testing cohort. *Figure 2* shows the calibration analysis of the DEsCT model for predicting malignant distal gastric wall thickening. The Hosmer-Lemeshow test yielded a P value of 0.258 for the training cohort of the DEsCT model, suggesting good concordance between the predicted probabilities and the actual class probabilities. A P value of 0.615 was found for the testing cohort of the CT model, suggesting no departure from good fit.

*Table 3* summarizes the details of the DEsCT model and the CT model for diagnostic performance. The DEsCT model was superior to the conventional CT model in terms of AUC. For easier clinical use in gastric wall malignancy diagnosis with DEsCT. A nomogram consisting of the 5 indicators of malignant distal gastric wall thickening, including the updated 2 “worrisome” features, was built (*Figure 3*). *Figure 4* presents a clinical case in which the nomogram was used to estimate the probability of distal gastric wall thickening in a patient with malignancy risk.

### **Discussion**

In this study, we developed and validated a DEsCT-based model for the noninvasive, individualized prediction of malignancy risk in patients with distal gastric wall thickening on abdominal CT screening. An easy-to-use nomogram was built to assist radiologists and clinicians assess the biological malignancy risk of distal gastric wall thickening in a noninvasive manner. The multivariate logistic regression analysis revealed that 1 conventional CT feature (focal enhancement) and 1 DEsCT feature (VP\_SC) were effective variables in distinguishing between benign and malignant biological behaviors. The DEsCT model, composed of the 2 CT features, produced a higher AUC than did the conventional CT scheme composed of only DP\_shape change and focal enhancement.

In this study cohort, gastric cancer was 1.8–2.2 times more prevalent in males than females, and this was consistent with our previous study on the distal stomach (13). Gastric cancer is often in an advanced stage at diagnosis and has poor prognosis and high mortality (14). The distal gastric region



**Figure 2** The calibration plots of the nomogram for predicting malignancy of distal gastric wall thickening in the training and testing cohorts. The rug plots across the top of the graph show the distribution and quantities of data used to fit the model. The dashed line represents the performance of an ideal nomogram where predicted probability perfectly corresponds with observed probability. The dotted line shows the apparent accuracy of our nomogram without correction for overfit. The solid line shows the bootstrap-corrected performance of our nomogram. There is good concordance between the predicted probabilities and the actual class probabilities in the training (A) and testing (B) cohorts of the dual-energy spectral computed tomography (DEsCT) model.

**Table 3** The diagnostic performance of different models

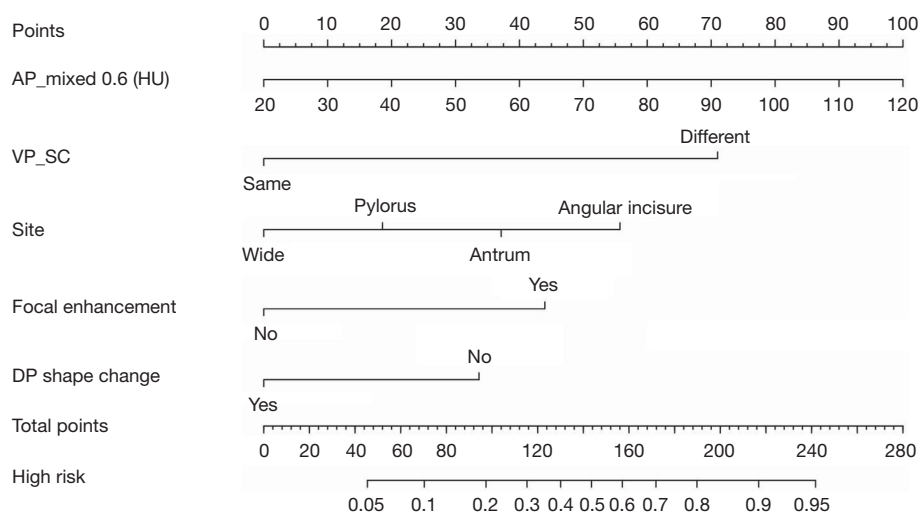
Cohort	SEN, %	SPE, %	PPV, %	NPV, %	ACC	AUC	AUC 95% CI
Training							
DEsCT model	69.2	94.1	97.6	47.1	0.748	0.803	0.731–0.875
CT model	76.3	79.3	85.5	67.7	0.775	0.776	0.698–0.854
Testing							
DEsCT model	81.3	85.4	68.4	92.1	0.842	0.905	0.829–0.982
CT model	80.0	76.6	42.1	94.7	0.772	0.852	0.750–0.955

SEN, sensitivity; SPE, specificity; PPV, positive predictive value; NPV, negative predictive value; ACC, accuracy; DEsCT, dual energy spectral CT.

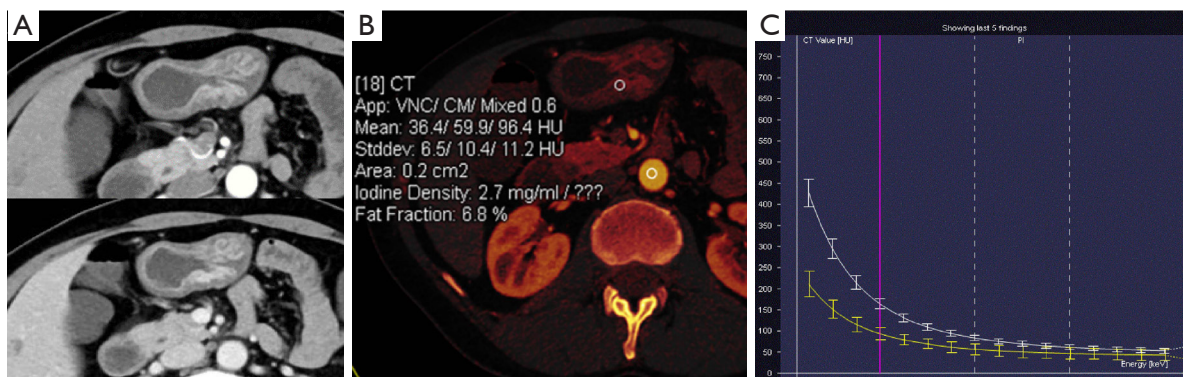
has the highest risk of malignancy, and most missed gastric cancers are poorly differentiated lesions located in the gastric antrum or lower body (15). Increased thickness in the distal gastric wall is commonly observed in CT scans due to poor image quality, insufficient stomach distention, and excessive peristaltic movements resulting in antral contractions (16). In addition, anatomic studies have shown that gastric smooth muscle, particularly the circular layer, is thicker and denser around the gastric antrum than around the rest of the stomach (16). Increased gastric wall thickness in CT scans was previously considered to indicate pathological gastric cancer, with the malignant thickness threshold ranging from 9.36 to 19 mm (17,18). However, there are several limitations

to endoscopies, including the possibility of self-selection bias, high costs, invasiveness, high complication risks, and length of time needed. These limitations of endoscopic examination are unavoidable as the occasional discovery of gastric wall thickening on CT scans followed by further endoscopy. Moreover, some patients with potential gastric cancer are not suited for endoscopy due to severe underlying diseases (19). Therefore, a more accurate evaluation of the distal gastric wall thickness via CT is needed for the early diagnosis and the prevention of unnecessary examinations.

The DEsCT model we built showed improvement in sensitivity and specificity for the diagnosis of malignant distal gastric wall thickness compared to the conventional



**Figure 3** Development of the predictive nomogram for assessing the malignancy of distal gastric wall thickening. To estimate the probability of malignant risk of a specific patient with distal gastric wall thickening, the 5 CT features listed in nomogram are reviewed and a vertical line is drawn through the feature status toward the Points axis to acquire the respective scores associated with each individual feature. The sum of the scores corresponds to a total score on the Total Points axis. A vertical line drawn from the Total points axis will intersect at the predicted probability of malignant risk of distal gastric wall thickening. AP, arterial phase; VP, venous phase; SC, spectral curve; DP, diphasic.



**Figure 4** The DEsCT image of a patient with abdominal pain. (A) The enhanced CT scan demonstrated angular incisure local enhancement and no diphasic shape change of the gastric antrum. (B) The AP\_Mixed 0.6 measured on the iodine maps was 96.4 HU. (C) The spectrum curves of interest and normal gastric wall differed. According to our nomogram, this patient has more than 95% probability of malignant thickening. Gastric adenocarcinoma was confirmed by surgical pathology. DEsCT, dual energy spectral CT.

CT model. Here, sensitivity refers to the model's ability to designate an individual with gastric cancer. Sensitivity is of important significance for early diagnosis and treatment of the patients with gastric cancer because gastric cancer is always detected in advanced stage. Inversely, specificity is the percentage of true negatives out of all patients with distal gastric wall thickening who do not have gastric cancer. Improved specificity can prevent unnecessary endoscopy in the patients without gastric cancer. During conventional

enhancement CT scans, an experienced abdominal radiologist can differentiate malignant distal gastric wall thickening by examining dynamic shape change and focal enhancement. The normal gastric contractions originate spontaneously at a certain frequency (20). However, the gastric wall becomes stiff and the peristaltic waves will disappear after the stomach gets cancerization. Therefore, dynamic shape changes may be a strong indicator of benign gastric wall thickening. The focal enhancement

of the gastric wall indicates that the focal area of iodine concentration may be undergoing vascular physiological changes often associated with cancer (21). Recent studies on DEsCT have revealed that the IC on iodine maps, the slope of the spectral curve may be good parameters for evaluating the expression of Ki-67 antigen and providing more accurate TN staging in gastric cancer (11,22,23). In accordance with the literature, the spectral curve in the venous phase is different between benign and malignant patients. Malignant distal gastric wall thickening tends to have a higher arterial phase CT value ( $62.1 \pm 17.8$  HU) compared to benign wall thickening ( $54.9 \pm 11.2$  HU), suggesting that IC may be indicative of the angiogenic physiology associated with gastric cancer (24,25). Spectral Hounsfield unit curves, obtained by plotting the CT attenuation values of a material for every monochromatic energy from 40 to 140 keV, can help characterize specific tissue types. Indeed, the curves represent the mean attenuation characteristics of the materials (26-28), and may thus explain the different slopes of the spectral curves between the benign and malignant distal gastric wall samples in our study.

In this study, we combined conventional CT features, which rely upon the experience of the radiologist, with the quantitative characteristics of DEsCT to build an easy-to-use nomogram to predict the malignancy risk in patients with distal gastric wall thickening. To estimate the probability of distal gastric wall thickening with malignancy risk for a specific patient via nomogram, we reviewed the 5 CT features, calculated the sum scores, and the found the vertical line which intersected with the predicted probability of malignancy risk.

There were some limitations to this study. First, the study included only patients with suspected distal gastric wall thickness on CT scans. Patients with normal gastric wall thickness, those with other gastric wall thickness in other regions, and those who were strongly suspected of gastric tumor without obvious gastric wall thickening were excluded. Second, the training sensitivity of DEsCT model is 7% lower than conventional CT model, but 1% higher in the testing data. As the testing set is independent and the data distribution is consistent with the training set, the diagnostic efficiency is possible to increase. But more numbers of patients are need to improve the outcomes in the following study.

## Conclusions

The nomogram, based on DP\_shape change, focal enhancement, AP\_nIC, and VP\_SC features, may provide an alternative to conventional radiological methods for the

assessment and management of patients with distal gastric wall thickening on DEsCT scans.

## Acknowledgments

*Funding:* This study was supported by a Key Social Development Program for the Ministry of Science and Technology of Jiangsu Province (BE2017772, XSL).

## Footnote

*Reporting Checklist:* The authors have completed the TRIPOD reporting checklist. Available at <https://jgo.amegroups.com/article/view/10.21037/jgo-21-552/rc>

*Data Sharing Statement:* Available at <https://jgo.amegroups.com/article/view/10.21037/jgo-21-552/dss>

*Conflicts of Interest:* All authors have completed the ICMJE uniform disclosure form (available at <https://jgo.amegroups.com/article/view/10.21037/jgo-21-552/coif>). The authors have no conflicts of interest to declare.

*Ethical Statement:* The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study was approved by the Independent Research Ethics Boards of the First Affiliated Hospital of Nanjing Medical University (No. 2018-SR-043) and informed consent was waived due to the retrospective nature of the study.

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**Cite this article as:** Feng QX, Xu LL, Li Q, Jiang XT, Tang B, Sun NN, Liu XS. Development and validation of a dual-energy CT-based model to estimate the malignant probability of distal gastric wall thickening. *J Gastrointest Oncol* 2022;13(2):539-547. doi: 10.21037/jgo-21-552