

# Circular RNA ZFR promotes cell cycle arrest and apoptosis of colorectal cancer cells via the miR-147a/CACUL1 axis

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**Background:** Colorectal cancer (CC) is one of the most prevalent malignancies worldwide. Nonetheless, its pathogenicity and molecular mechanisms have not been completely elucidated yet. The potential clinical value of circular RNAs (circRNAs) in tumor diagnosis, treatment, and prognosis has received considerable attention.

**Methods:** Here, reverse transcription-quantitative polymerase chain reaction (RT-qPCR) examined the levels of circular ZFR (circZFR) in CC cells. The expression of circZFR was knocked down in CC cells and cell viability was detected using Cell Counting Kit-8 (CCK-8) and colony formation assays. Cell cycle progression was assessed by flow cytometry and the expression levels of cyclin-associated proteins were detected by western blot analysis. The transferase dUTP nick end labeling (TUNEL) assay was used to detect apoptosis and western blot analysis was used to evaluate the expression levels of apoptosis-associated proteins. Subsequently, the interactions between circZFR and microRNA (miR)-147a and between miR-147a and CDK2 associated cullin domain 1 (CACUL1) were predicted by the Encyclopedia of RNA Interactomes database and verified by luciferase reporter assays. Finally, plasmid transfection, CCK-8, and flow cytometry assays were used to explore the associated mechanism of action.

**Results:** CircZFR was highly expressed in CC cell lines. Interference with its expression inhibited proliferation and induced G1/S cell cycle arrest and apoptosis in CC cells. The expression levels of miR-147a and CACUL1 were decreased and increased, respectively, in CC cells. These data demonstrated that circZFR could target miR-147a and CACUL1 to regulate the cell cycle and apoptosis of CC cells and, ultimately, promote the progression of CC.

**Conclusions:** Knockdown of the expression of circZFR upregulated miR-147a expression and reduced CACUL1 expression levels, thereby inhibiting the proliferation of CC cells and inducing cell cycle arrest and apoptosis.

**Keywords:** Colorectal cancer (CC); circular ZFR (circZFR); microRNA-147a (miR-147a); CDK2 associated cullin domain 1 (CACUL1); cell cycle

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#### Introduction

Colorectal cancer (CC) is one of the most common malignancies worldwide and its fatality rate ranks second among all cancers, accounting for 9.2% of all cancer deaths (1). The symptoms of CC are not obvious in the early stages of the disease and the majority of the CC cases are diagnosed at the middle and advanced stages. Patients with advanced CC have a poor prognosis, which seriously endangers their life and health. However, research on the pathogenicity of CC and the underlying molecular mechanisms is still concentrated on its early stages (2). Therefore, the current study focused on the molecular mechanisms underlying CC progression.

Currently, circular RNAs (circRNAs) that have been detected in human tissues have been shown to be involved in different cellular processes, including senescence, cell proliferation, and apoptosis (3,4). CircRNAs are stable, diverse, and conserved RNA molecules that play indispensable roles in RNA interaction networks (4). Their potential clinical value in tumor diagnosis, treatment, and prognosis has been examined in detail. However, in spite of great advances in the study of circRNAs, several aspects still demand elaboration before it can be put into clinical practice (5). For instance, the impacts of circRNAs on cancer etiology are still not fully distinct, particularly in terms of drug resistance (5). Also, the clinical use of exosomal circRNAs remains challenging (5). Circular ZFR (circZFR) is a newly discovered circRNA that has been substantiated to hinder gastric cancer cell proliferation and promote apoptosis by regulating the microRNA (miR)-130a/miR-107/PTEN axis (6). CircZFR promotes the progression of bladder cancer by upregulating Wnt family member 5A and sponging miR-545 and miR-1270 (7). These results show that circZFR plays an important role in the development of digestive tract tumors. However, the involvement of circZFR in cell cycle progression and apoptosis in CC has not been reported so far.

CircRNAs act as 'sponges' for miRs and competitively inhibit their biological effects on downstream mRNAs (8). The expression of miRs is widely distributed across living organisms, suggesting that miRs are ancient and important regulators of cell function (9). The binding of miR-147a to circZFR was predicted via ENCORI database. Previous studies have shown abnormal expression of miR-147a in a variety of malignant tumors, such as non-small cell lung cancer (NSCLC) (10), cervical cancer (11), and ovarian cancer (12), indicating that it may be involved in the process of tumor formation and development. The influence of miR-147a on CC has been unclear to date.

This study predicted that CDK2 associated cullin domain 1 (CACUL1) could bind to miR-147a using the ENCORI database. CACUL1 is a novel cell cycle-associated gene, which has been proposed to serve as a tumor promoter in CC as well as lung cancer. A previous study demonstrated that the expression levels of CACUL1 in CC tissues were significantly higher than those noted in normal tissues. Moreover, the expression levels of CACUL1 were found to be significantly higher in drug-resistant CC cells, whereas knockout of CACUL1 expression inhibited the progression of CC drug-resistant cells from the G1 to the S phase of the cell cycle and increased their drug sensitivity by inducing apoptosis (13). However, the specific mechanism of action of CACUL1 in CC has not been reported to date.

In the present study, the regulatory effects of the circZFR/miR-147a/CACUL1 axis on cell cycle progression and apoptosis of CC cells were investigated. The findings may provide a theoretical basis for the mechanism of action of circZFR in CC. Further, this molecular mechanism can be used as a therapeutic target to augment the treatment of CC and improve the prognosis of CC patients. We present the following article in accordance with the MDAR reporting checklist (available at https://jgo.amegroups.com/article/view/10.21037/jgo-22-672/rc).

#### **Methods**

#### Cell culture

The normal colonic epithelial cell line FHC and the CC cell lines Caco-2, HCT8, LoVo, HCT116, and SW480 were obtained from BeNa Culture Collection. The cells were cultured in Dulbecco's modified Eagle's medium (DMEM; Gibco, CA, USA) with 10% fetal bovine serum (FBS; Gibco) in a humidified incubator containing 5% CO<sub>2</sub> at 37 °C.

#### **Cell transfection**

SW480 cells were plated in 6-well plates (1×10<sup>6</sup> cell/well) and transfected with RNAs or plasmids using Lipofectamine<sup>®</sup> 3000 (Invitrogen; Thermo Fisher Scientific, Inc., Boston, MA, USA). CircZFR specific short hairpin RNAs (shRNAcircZFR#1/2) as well as control (shRNA-NC), miR-147a mimic and its matching control (NC mimic), miR-147a inhibitor and its matching control (NC inhibitor), and CACUL1 plasmid (pcDNA3.1-CACUL1) and its matching empty vector (pcDNA3.1-NC) were obtained from Shanghai GenePharma Co., Ltd. (Shanghai, China). The cells were grouped as follows: control, shRNA-NC, shRNAcircZFR, shRNA-circZFR + NC inhibitor, shRNA-circZFR + miR-147a inhibitor, shRNA-circZFR + pcDNA3.1-NC, and shRNA-circZFR + pcDNA3.1-CACUL1.

#### Reverse transcription-quantitative PCR (RT-qPCR)

Following extraction of RNA with TRIzol<sup>®</sup> reagent (Thermo Fisher Scientific, Inc.), the single-stranded cDNAs were synthesized from 1 µg of RNA. The expression levels of mRNAs and miRs were quantified by RT-qPCR with SYBR-

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Green I (Thermo Fisher Scientific, Inc.). The specific primer sequences used in the present study were as follows: circZFR (forward, 5'-TCACACAGTTACTGCTGCCT-3'; reverse, 5'-GGGGGTGGTGGTGGTGGTGC-3') (14), miR-147a (forward, 5'-CCCCTATCACGATTAGCATTAA-3'; reverse, 5'-CCCAAGCTTTTATGTGGTTGTT-3'), U6 (a housekeeping gene for miRs and circZFR; forward, 5'-AAAGCAAATCATCGGACGACC-3'; reverse, 5'-GTACAACACATTGTTTCCTCGGA-3') (14), CACUL1 (forward, 5'-TGGGTTCAGA TGGCTCCAAC TCTATTTTC-3'; reverse, 5'-GACTGGTCAC CCCTTG TAAA ACCATTCTG-3'), and GAPDH (a housekeeping gene for mRNAs; forward, 5'-TGTTCGTCATGGGT GTGAAC-3'; reverse, 5'-ATGGCATGGACTGTGGTC AT-3') (15). The quantification was performed using the  $2^{-\Delta\Delta Cq}$  method (16).

#### Cell Counting Kit-8 (CCK-8) assay

SW480 cells were plated in 96-well plates ( $8 \times 10^3$  cell/well). Following the corresponding treatment, the survival rate of the cells was detected with the CCK-8 kit (Beyotime Institute of Biotechnology, Shanghai, China). Subsequently, 10 µL CCK-8 solution was added to each well and incubated for 2 h according to the manufacturer's instructions. OD450 nm value was judged adopting a microplate reader (Omega Bio-Tek, Inc., Norcross, GA, USA).

#### Cell colony formation assay

SW480 cells were plated in 6-well plates ( $5 \times 10^3$  cell/well). The cells were treated accordingly, maintained in normal medium, and allowed to proliferate for 3 weeks. Subsequently, they were fixed with 4% paraformaldehyde and stained with 0.1% crystal violet solution. The colonies were observed and counted by light microscopy (SZX7; Olympus Corporation, Tokyo, Japan).

#### Flow cytometry assay

SW480 cells were plated in 6-well plates ( $1 \times 10^6$  cells/well). Following transfection, the cells were digested using 0.25% trypsin without EDTA and harvested by centrifugation at 300 ×g at 4 °C for 5 min following washing with cold phosphate-buffered saline (PBS). A total of 300 µL bovine serum albumin (BSA; 5%; ST025-5g, Beyotime Biological Technology Co., Ltd., Shanghai, China) and 700 µL precooled alcohol (70%) were stored at -20 °C overnight following washing twice with 5% BSA. The following day, the cells were extracted by centrifugation (300 ×g for 5 min at 4 °C) and resuspended in PBS. Finally, the cells were incubated with 1  $\mu$ L RNAse A (10 mg/ $\mu$ L) for 20 min and measured by a FACSCanto<sup>TM</sup> II flow cytometer (BD Biosciences, Franklin Lakes, NJ, USA).

#### Transferase dUTP nick end labeling (TUNEL) assay

SW480 cells were plated in 6-well plates (5×10<sup>5</sup> cells/well). Following transfection, 4% paraformaldehyde was used to fix the cells for 30 min at 37 °C. Subsequently, proteinase K was incubated with the cells for 30 min at 37 °C and 0.1% Triton X-100 was added for an additional incubation for 5 min. DAPI was used to stain the nuclei. Finally, the cells were observed using light microscopy (magnification 200×, Carl Zeiss AG, Berlin, Germany). ImageJ software (version 146, National Institutes of Health, Bethesda, MD, USA) was used to count the total number of cells and the number of TUNEL-positive cells.

#### Western blotting

RIPA lysis buffer (Beyotime, Shanghai, China) was used to lyse the cells on ice and extract the proteins. The BCA assay kit (Sigma-Aldrich; Merck KGaA, Darmstadt, Germany) was used to detect protein concentration. PVDF membranes (Thermo Fisher Scientific, Inc.) were to shift a total of 30 µg protein separated with 10–12% sodium dodecyl sulfate-polyacrylamide gels. Five percent skimmed milk powder was supplemented for non-specific binding. Primary antibodies and secondary antibodies (1:5,000; cat. no. ab181658; Abcam, Cambridge, UK) were added to the membranes overnight at 4 °C and for 2 h at room temperature separately in the light of the manufacturer's instructions. The protein bands were obtained using Super Signal ECL (Pierce; Thermo Fisher Scientific, Inc.).

#### Luciferase assay

SW480 cells were transfected with miR-147a mimics, circZFR mutant, and luciferase reporter constructs using Lipofectamine 2000 (Invitrogen, Thermo Fisher Scientific, Inc.). Prior to the measurement of the relative luciferase activity using a microplate reader (BD Biosciences) in the Dual Luciferase Reporter Gene Assay System (Promega Corporation, Madison, WI, USA) which was normalized to Renilla luciferase activity in compliance with the manufacturer's protocol, transfected cells were subjected to 48 h of culture.



**Figure 1** Interference with circZFR inhibited the proliferation of CC cells. (A) RT-qPCR detected the expression of circZFR. (B) RT-qPCR detected the expression of circZFR after cell transfection. (C) The CCK-8 assay detected cell viability. (D) The colony formation assay was used to assess cell proliferation. The colonies were stained with 0.1% crystal violet. Magnification: 10×. (E) Statistical analysis of cell proliferation. \*, P<0.05; \*\*, P<0.01; \*\*\*, P<0.001. circZFR, circular ZFR; shRNA, short hairpin RNA; NC, normal control; CC, colorectal cancer; RT-qPCR, reverse transcription-quantitative PCR.

#### Statistical analysis

The results are given based on mean  $\pm$  standard deviation. All experiments were independently conducted in triplicate and all experimental data were biologically repeated in triplicate. Statistical analysis was performed with one-way ANOVA followed by Tukey's post hoc test for multiple group comparisons and a paired independent *t*-test was used to compare the differences between 2 groups using SPSS 17.0 statistical software. It was denoted as statistical significance at P<0.05.

#### **Results**

### Knockdown of circZFR expression inhibits the proliferation of CC cells

RT-qPCR was to test circZFR expression levels. The results indicated that circZFR expression levels were fortified in CC cell lines relative to those in FHC cells (*Figure 1A*). The most prominent increase was noted in SW480 cells (*Figure 1A*). Therefore, SW480 cells were selected for subsequent experiments. CircZFR interference plasmids were constructed by cell transfection and the transduction

efficacy was examined with RT-qPCR. The expression levels of circZFR were significantly decreased in the shRNAcircZFR #2 group compared with those in the shRNA-NC group (*Figure 1B*). Therefore, shRNA-circZFR #2 was chosen for the ensuing experiments. The cells were grouped into control, shRNA-NC, and shRNA-circZFR groups. CCK-8 and colony formation assays indicated that cellular activity was remarkably reduced in the shRNA-circZFR group relative to that in the shRNA-NC group (*Figure 1C*). Cell proliferation was significantly reduced in the shRNAcircZFR group (*Figure 1D*,1*E*).

### Interference of circZFR expression stimulates CC cell G1/S cell cycle arrest and apoptosis

Flow cytometry and western blot analyses were used to detect the cell cycle profile and the expression levels of cell cycle-associated proteins. The results indicated that cell cycle arrest of CC cells was induced by inhibition of circZFR expression (*Figure 2A,2B*). This was accompanied by a significant decrease in the expression levels of the cyclin-dependent kinase (CDK) enzymes CDK4, CDK6, and CDK2 and the cyclin D1 protein (*Figure 2C*). Subsequently,

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**Figure 2** Interference with circZFR stimulated CC cell G1/S cycle arrest and apoptosis. (A) The cell cycle was measured by flow cytometry. (B) Statistical analysis of the cell cycle. (C) Western blot detected the expression of cyclin-associated proteins. (D) The TUNEL assay detected cell apoptosis. Magnification: 200×. (E) Statistical analysis of apoptosis. (F) Western blot tested the expression of apoptosis-associated proteins. \*\*, P<0.01; \*\*\*, P<0.001. circZFR, circular ZFR; shRNA, short hairpin RNA; NC, normal control; CC, colorectal cancer; TUNEL, transferase dUTP nick end labeling.



**Figure 3** Interference with circZFR upregulated the expression of miR-147a. (A) The ENCORI database predicted the binding sites of miR-147a and circZFR. (B) RT-qPCR detected the expression of miR-147a. (C) RT-qPCR detected the expression of miR-147a after cell transfection. (D) The relationship between circZFR and miR-147a was detected by the luciferase reporter gene assay. (E) RT-qPCR detected the expression of miR-147a after interference with circZFR. **\*\*\***, P<0.001. NC, normal control; miR-147a, microRNA-147a; circZFR, circular ZFR; WT, wide type; MUT, mutant; RT-qPCR, reverse transcription-quantitative PCR.

the TUNEL assay and western blot analysis were used to assess cell apoptosis. The percentage of apoptosis was prominently increased in the shRNA-circZFR group relative to that in the shRNA-NC group (*Figure 2D-2F*). This was accompanied by increased expression levels of Bax, c-poly (ADP-ribose) polymerase (PARP), and c-caspase 9 and decreased expression levels of Bcl-2 (*Figure 2D-2F*). The results indicated that interference with circZFR expression potentiated CC G1/S cell cycle arrest and apoptosis.

# Knockdown of circZFR expression downregulates the expression levels of CACUL1 by sponging miR-147a

The ENCORI database predicted the binding sites between circZFR and miR-147a (*Figure 3A*). Subsequently, the expression levels of miR-147a in SW480 cells were detected by RT-qPCR analysis and the results indicated that they were abnormally altered (*Figure 3B*). Transfection efficiency was determined by RT-qPCR analysis following construction and transfection of the miR-147a-overexpressing plasmid (Figure 3C). The binding affinity between circZFR and miR-147a was assessed by the luciferase reporter gene assay (Figure 3D). Moreover, the expression levels of miR-147a were significantly increased following inhibition of the expression of circZFR in cells (Figure 3E). In addition, the ENCORI database predicted potential binding of miR-147a with CACUL1 (Figure 4A). However, the expression levels of CACUL1 were abnormally elevated in SW480 cells (Figure 4B,4C). Luciferase reporter assay analysis confirmed that miR-147a and CACUL1 displayed specific binding sites (Figure 4D). Moreover, the expression levels of CACUL1 were significantly decreased in both miR-147a-overexpressing cells and circZFR-knockdown cells (Figure 4E-4H). These findings indicated that knockdown of circZFR expression might downregulate the expression levels of CACUL1 by sponging miR-147a.



**Figure 4** Interference with circZFR downregulated the expression of CACUL1. (A) The ENCORI database predicted the binding sites of miR-147a and CACUL1. (B) Western blot detected the expression of CACUL1. (C) RT-qPCR detected the expression of CACUL1. (D) The relationship between miR-147a and CACUL1 was detected by the luciferase reporter gene assay. (E) Western blot detected the expression of CACUL1 after the overexpression of miR-147a. (F) RT-qPCR detected the expression of CACUL1 after the overexpression of miR-147a. (G) Western blot detected the expression of CACUL1 after interference with circZFR. (H) RT-qPCR detected the expression of CACUL1 after interference with circZFR. (H) RT-qPCR detected the expression of CACUL1 after interference with circZFR. \*, P<0.05; \*\*, P<0.01; \*\*\*, P<0.001. CACUL1, CDK2 associated cullin domain 1; miR-147a, microRNA-147a; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; NC, normal control; shRNA, short hairpin RNA; circZFR, circular ZFR; RT-qPCR, reverse transcription-quantitative PCR.

# CircZFR/miR-147a/CACUL1 signaling regulates the cell cycle and apoptosis to promote the progression of CC

The miR-147a inhibitor and the CACUL1-overexpressing plasmid were constructed by cell transfection. These sequences were transfected into CC cells and the transfection efficiency was detected by RT-qPCR and western blot analyses (*Figure 5A-5C*). The shRNA-circZFR + miR-147a inhibitor group showed a significant increase in cell viability (*Figure 5D*) and cell proliferative ability compared with the shRNA-circZFR + NC inhibitor

group (*Figure 5E,5F*). The decrease in cell cycle arrest was accompanied by increased expression of cyclin-associated proteins (*Figure 6*), decreased apoptosis (*Figure 7A,7B*), increased Bcl-2 expression, and decreased apoptotic proteins Bax, c-PARP, and c-caspase 9 expression (*Figure 7C*). The trend in cell proliferation, cell cycle arrest, and apoptosis in the shRNA-circZFR + pcDNA3.1-CACUL1 group was consistent with the trend in the shRNAcircZFR + miR-147a inhibitor compared with that of the shRNA-circZFR + pcDNA3.1-NC group. These results



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**Figure 5** The circZFR/miR-147a/CACUL1 axis regulates cell viability to promote the progression of CC. (A) RT-qPCR detected the expression of miR-147a. (B) Western blot detected the expression of CACUL1. (C) RT-qPCR detected the expression of CACUL1. (D) The CCK-8 assay detected cell viability. (E) The colony formation assay was used to assess cell proliferation. The colonies were stained with 0.1% crystal violet. Magnification: 10×. (F) Statistical analysis of cell proliferation. \*\*, P<0.01, \*\*\*, P<0.001. miR-147a, microRNA-147a; \*\*\*, P<0.001 *vs.* shRNA-NC; <sup>##</sup>, P<0.01 *vs.* shRNA-circZFR + miR-147a inhibitor; <sup>Δ</sup>, P<0.05, <sup>ΔΔΔ</sup>, P<0.001 *vs.* shRNA-circZFR + pcDNA3.1-NC. NC, normal control; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; shRNA, short hairpin RNA; circZFR, circular ZFR; CC, colorectal cancer; RT-qPCR, reverse transcription-quantitative PCR.

indicated that circZFR downregulated the expression levels of CACUL1 by sponging miR-147a, thereby regulating cell cycle progression and apoptosis and promoting the progression of CC.

#### Discussion

The pathological mechanism of CC has not been thoroughly studied and effective therapeutic targets and biomarkers are not currently available. Therefore, it is crucial to further assess the pathogenesis of this disease and screen potential therapeutic targets and biomarkers. In our study, we examined the role of circZFR in cell cycle arrest and apoptosis in CC and explored the mechanisms involved. Our results showed that circZFR was highly expressed in CC cells, and downregulation of circZFR induced cycle arrest and apoptosis in CC cells, which was achieved through regulation of the miR-147a/CACUL1 axis. Therefore, circZFR might be a therapeutic target and biomarker for CC. Previous studies have shown that upregulation or downregulation of circRNA expression can be used as potential tumor promoters or suppressors. CircRNAs display abnormal expression in various digestive tract tumors, CC is also included. More importantly, circRNAs are closely related to the malignant progression of CC and may be used as



**Figure 6** The circZFR/miR-147a/CACUL1 axis regulates the cell cycle to promote the progression of CC. (A) The cell cycle was measured by flow cytometry. (B) Statistical analysis of the cell cycle. (C) Western blot tested the expression of cyclin-associated proteins. \*, P<0.05; \*\*, P<0.01; \*\*\*, P<0.001. shRNA, short hairpin RNA; NC, normal control; circZFR, circular ZFR; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; miR-147a, microRNA-147a; CC, colorectal cancer.

a molecular target for the treatment of CC. For instance, circRNA\_001569 modulates cell proliferation, and invasion in CC by sponging miR-145 (17). Circ3823 drives growth, metastasis and angiogenesis of CC via targeting miR-30c-5p/TCF7 axis (18). By acting as miR sponges, RNA-binding protein sponges, or even coding polypeptides or proteins, circRNAs participate in biological processes involved in tumor cell proliferation, invasion, metastasis, apoptosis, and epithelial-to-mesenchymal transition.

A previous study indicated that circRNA\_0000285 promoted the proliferation and metastasis of cervical cancer cells by upregulating FUS, which was considered as a potential therapeutic target for cervical cancer (19). CircRNA\_002178 can enhance programmed deathligand 1 expression by sponging miR-34 to induce T-cell failure in lung adenocarcinoma cells (20). In addition, circRNA\_002178 can be detected in plasma exosomes of patients with lung adenocarcinoma and can be used as a



Figure 7 The circZFR/miR-147a/CACUL1 axis regulates cell apoptosis to promote the progression of CC. (A) The TUNEL assay detected cell apoptosis. The cells were stained with the TUNEL kit. Magnification: 200x. (B) Statistical analysis of apoptosis. (C) Western blot detected the expression of apoptosis-associated proteins. \*\*, P<0.01; \*\*\*, P<0.001. shRNA, short hairpin RNA; NC, normal control; circZFR, circular ZFR; CACUL1, CDK2 associated cullin domain 1; PARP, poly(ADP-ribose) polymerase; GAPDH, glyceraldehyde-3-phosphate dehydrogenase; CC, colorectal cancer; TUNEL, transferase dUTP nick end labeling.

biomarker for early diagnosis of lung adenocarcinoma (20). CircZFR is a novel circRNA discovered in recent years, which is involved in the progression of various cancer types (21). In NSCLC, the expression of circZFR is significantly increased, and knockdown of circZFR can play a positive role in overcoming paclitaxel (PTX) resistance by regulating the miR-195-5p/KPNA4 axis (22). CircZFR expression was distinctly augmented in esophageal squamous cell carcinoma tissues and cells, and it promoted the proliferation, migration, and invasion of esophageal squamous cell carcinoma cells through the absorption of miR-377 (23). In the present study, the expression of

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circZFR was also found to be abnormally elevated in CC cell lines. Subsequently, its expression was knocked down in CC cells and the data indicated that inhibition of circZFR expression impeded CC cell proliferation and facilitated G1/S cell cycle arrest and apoptosis. These results suggested that downregulation of circZFR expression might serve as a potential tumor suppressor in CC cells. The potential role of circZFR as a marker in the diagnosis, treatment, and biological progression of CC has also been highlighted.

By using the ENCORI database, it was predicted that circZFR and miR-147a could bind to each other. This binding was confirmed by luciferase reporter gene assays and other experimental models. Moreover, miR-147a levels were significantly increased following inhibition of circZFR expression. It has also been shown that hnRNPKregulated LINC00263 plays an important role in the progression of tumor malignancy by acting as a miR-147a decoy in CC cells, which in turn causes upregulation of CAPN2 expression. These results indicated that miR-147a expression was significantly decreased in CC cell lines, which was consistent with the results of the present study.

Subsequently, the ENCORI database predicted that CACUL1 could bind to miR-147a. The regulatory association between these 2 molecules was confirmed by luciferase reporter assays. The expression levels of CACUL1 in CC tissues were significantly higher compared with those noted in normal tissues. In addition, miR-199a-5p has been shown to regulate CACUL1 expression and to act as a tumor suppressor in CC. In the present study, the results indicated that the expression levels of CACUL1 in CC cell lines were significantly increased. Knockdown of circZFR expression upregulated miR-147a and inhibited the expression of CACUL1, thereby inhibiting the proliferation of CC cells and inducing cell cycle arrest and apoptosis. Furthermore, the results demonstrated that CACUL1 might play a regulatory role as a tumor promoter in CC.

The present study has certain limitations. The experiments performed were based on *in vitro* experimental models and did not include analysis of circZFR and miR-147a expression levels in specimens of patients with CC. The expression levels of these 2 molecules in patients with CC will be assessed in subsequent experiments. Also, further functional research of circZFR/miR-147a/CACUL1 axis in CC needs to be supplemented. Whether signaling pathways are involved in the regulatory mechanism of circZFR in CC also demands exploration. In addition, the regulatory mechanism of circZFR will be examined in animal models in future studies. In conclusion, the present study demonstrated that circZFR promoted the progression of CC by arresting cell cycle progression, and inducing apoptosis. The ceRNA regulatory network of circZFR could target miR-147a and CACUL1, which indicated that they could serve as biomarkers for the targeted therapy and prognosis among CC patients. The findings of the present study may provide a theoretical basis for the involvement of circZFR in CC progression.

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*Ethical Statement:* The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved.

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