

# Drug-eluting bead transarterial chemoembolization could improve the hepatic hemodynamics of patients with unresectable hepatocellular carcinoma: a retrospective cohort study

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**Background:** Transarterial chemoembolization (TACE) is widely used for patients with unresectable hepatocellular carcinoma (HCC); however, previous studies have demonstrated that conventional TACE (cTACE) might affect hepatic hemodynamics, which both associate with liver cirrhosis and survival. Drugeluting bead TACE (DEB-TACE) improves treatment efficacy and safety, but its effects on the hepatic hemodynamics of HCC patients with cirrhosis remain unknown.

**Methods:** This retrospective cohort study included unresectable HCC patients treated with DEB-TACE from April 2018 to September 2020, who had limited tumor burden and liver function. The hepatic hemodynamics was measured by hepatic venous pressure gradient (HVPG) using occlusion balloon catheter before and after treatment. Baseline characteristics of demography, laboratory (tumoral and liver-function) and hepatic hemodynamics were compared between patients with and without clinically significant portal hypertension (CSPH). Laboratory examination and imaging assessments were performed 4–6 weeks; overall survival (OS) was defined as the time from DEB-TACE initiation until death or last follow-up.

**Results:** Twenty-four eligible consecutive HCC patients were included, with a median age of 58.0 years and 54.2% in Child-Pugh A class. During a median follow-up of 9.8 months, median OS for the whole cohort of patients reached 10.0 months. Kaplan-Meier survival curves and Cox regression analyses demonstrated that age >60 years, ascites, Eastern Cooperative Oncology Group (ECOG) score of 1, Child-Pugh B class, Model for End-Stage Liver Disease (MELD) score >10, and albumin (ALB) <35 g/L were prognostic factors for decreased OS (P<0.05). Importantly, hepatic hemodynamics were significantly improved in patients after treatment with DEB-TACE (7.5 vs. 5.3 mmHg of HVPG, P<0.001), especially for those with CSPH (13.6 vs. 10.2 mmHg of HVPG, P=0.014).

**Conclusions:** DEB-TACE can improve hepatic hemodynamics in HCC patients, especially those with CSPH. Combing these findings with its effects on tumor, DEB-TACE might be more suitable for HCC patients with cirrhosis.

**Keywords:** Clinically significant portal hypertension (CSPH); drug-eluting bead transarterial chemoembolization (DEB-TACE); hepatic hemodynamics; hepatic venous pressure gradient (HVPG); hepatocellular carcinoma (HCC)

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## Introduction

Primary liver cancer is currently the second leading cause of cancer-related death worldwide, among which hepatocellular carcinoma (HCC) accounts for >90% (1,2). The Barcelona Clinic Liver Cancer (BCLC) staging system is widely used for prognostic staging and treatment recommendations in HCC (3,4). According to this staging system, transarterial chemoembolization (TACE) is the first-line treatment option for patients with intermediate HCC (5). However, the use of TACE is often beyond this recommendation in current practice, and it might also benefit both early-stage patients unsuitable for curative treatments and advanced-stage patients with preserved liver function and limited tumor burden (6-10).

According to previous studies, conventional TACE (cTACE) treatment outcomes achieved a median survival of 19.4 months for general patients with unresectable HCC in clinical practice (11,12). Drug-eluting bead TACE (DEB-TACE) is a newly developed local regional therapy for improving the efficacy and safety of cTACE and is now universally used to treat patients with unresectable HCC (13,14). Diverse studies have shown DEB-TACE to be associated with favorable treatment responses, prolonged survival, and at least similar safety and less common adverse events than cTACE (15-17).

Different from other types of solid malignancies, the

#### Highlight box

#### Key findings

 DEB-TACE could improve the hepatic hemodynamics in HCC patients with liver cirrhosis, especially those with CSPH, which is an important prognostic factor for survival.

#### What is known and what is new?

- Conventional TACE is widely used for patients with unresectable HCC, which might influence the hepatic hemodynamics. As a newly developed local regional therapy, DEB-TACE showed superior treatment efficacy and safety to conventional TACE.
- DEB-TACE treatment could beneficially influence hepatic hemodynamics in HCC patients and decrease HVPG levels, especially for those with CSPH; moreover, CSPH is a negative prognostic factor for such patients.

#### What is the implication, and what should change now?

• Considering that DEB-TACE can control tumor progression but also decrease portal hypertension and relieve underlying liver disease, it might be more suitable for the treatment of HCC patients with CSPH than conventional TACE. prognosis of HCC patients is influenced not only by tumor itself but also by the underlying liver diseases; therefore, prognostic factors including tumor burden, liver function and performance status were closely correlated with the survival of HCC patients (18,19). Hepatic hemodynamics of patients with cirrhosis were usually characterized of portal hypertension, which was both relevant with the decompensated events and patient prognosis. Particularly, clinically significant portal hypertension (CSPH) is highly correlated with the long-term survival of HCC patients. Several studies have demonstrated that cTACE seems to have transient effects on hepatic hemodynamics, with a decrease in hepatic arterial blood flow, an increase in portal blood flow, and a long-term effect due to an increase in the hepatic venous pressure gradient (HVPG) (20-24). However, such relevant changes following DEB-TACE therapy for HCC patients have rarely been reported. Consequently, in the present study we aimed to investigate the effects of DEB-TACE on hepatic hemodynamics measured by HVPG, as well as its prognostic factors including CSPH in patients with unresectable HCC. We present the following article in accordance with the STROBE reporting checklist (available at https://jgo. amegroups.com/article/view/10.21037/jgo-23-76/rc).

#### **Methods**

From April 2018 to September 2020, consecutive patients with cirrhosis and HCC who were treated with DEB-TACE were recruited in this retrospective cohort study. The diagnosis of HCC was mainly based on typical imaging findings in computed tomography (CT) or magnetic resonance imaging assessment with arterial phase hyperenhancement and portal venous or delayed phase washout; when necessary, pathological examination was used for diagnostic confirmation (5). Patients meeting the following characteristics were excluded from this cohort: younger than 18 or older than 75 years, severely decompensated liver function (refractory ascites, jaundice or hepatic encephalopathy), huge tumor burden (maximum diameter of the largest tumor >10 cm, diffused tumor, main portal vein tumor thrombosis (PVTT) or extrahepatic spread), and poor performance status with Eastern Cooperative Oncology Group (ECOG) score >2. Eventually, a total of 24 eligible patients were included in this study. Laboratory examinations including routine blood test, liver and kidney function, and tumor markers were performed before 1-2 days of treatment; imaging assessments were judged by two different investigators, and the final decision was rendered based on discussions when disagreements arose.

DEB-TACE was performed in all cases. Briefly, the Seldinger technique was used to intubate the femoral artery via percutaneous puncture, and then the location, size, number and supply arteries of the tumors were identified by digital subtraction angiography. Next, a hybrid emulsion of CalliSpheres® microspheres (Jiangsu Hengrui Medicine Co., Ltd., Jiangsu Province, China) loaded with doxorubicin (60-80 mg) was infused into the supply arteries, and all distal branches were embolized as much as possible. During follow-up, laboratory examination and imaging assessment were performed 4-6 weeks after each procedure. For patients with preserved liver function, repeated TACE sessions were implemented upon confirmation of viable tumor or local and/or distant intrahepatic recurrences. During the study period, none participant was lost to follow-up. Overall survival (OS) was defined as the time from DEB-TACE treatment until death or last follow-up.

According to previously reported operating procedures, HVPG measurement was performed for every patient before or after TACE therapy. Briefly, a balloon occlusion catheter was introduced through the inferior vena cava into a large liver vein. Wedged hepatic vein pressure (WHVP) and free hepatic vein pressure (FHVP) were separately measured three times, and the difference in their mean values was defined as the HVPG. During the standardized determination of HVPG, contrast medium (5 mL) was injected before the WHPG measurement to exclude the selected hepatic vein without collateral branches. In addition, those with HVPG  $\geq 10$  mmHg were defined as patients with CSPH. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study protocol was approved by Institutional Ethics Board of The Affiliated Yantai Yuhuangding Hospital of Qingdao University (No. Yanyuyi 2018-312). Individual consent for this retrospective analysis was waived.

## Statistical analysis

Baseline categorical variables are described by frequencies and percentages and compared using the chi-square test or Fisher's precision probability test among patients with and without CSPH; continuous data are described as the median plus interquartile range (IQR) and compared by *t*-test or the Rand sum test. Changes of portal hemodynamics were indicated by the measurement of WHVP, FHVP and HVPG before and after DEB-TACE; through comparing means and medians of these values, the influence of DEB-TACE on portal hemodynamics was clearly illustrated. Survival analysis was carried out using the Kaplan-Meier method, and the differences between curves were assessed by the log-rank test. The Cox proportional hazard model was used to assess the prognostic value of the variables, especially for CSPH which represented the portal hemodynamics of patients. Considering that CSPH was closely correlated with liver-function which was also the significant prognostic factors, the prognostic abilities of CSPH were adjusted by liver function and other significant factors in multivariate analysis. Statistical analysis was performed using SPSS software, version 17.0 (SPSS, Inc., Chicago, IL, USA), and a two-sided P value <0.05 was considered significant.

## Results

The baseline demographic and clinical characteristics of the patient population are summarized in Table 1. Among the 24 patients with a median age of 58.0 (IQR 54.4-68.0) years, 16 patients (66.7%) were male; hepatitis B virus (HBV) was the most common underlying cause of liver disease (20, 83.3%). Altogether, 13 patients (54.2%) were in Child-Pugh A class, and 11 patients (45.8%) were in Child-Pugh B class; the median Model for End-Stage Liver Disease (MELD) score of the entire patient cohort was 9.5 (IQR 9-12) points. The included patients had no or mild cancerrelated symptoms, with ECOG performance status scores of 0 (18, 75.0%) or 1 (6, 25.0%). There were 10 patients with PVTT and 18 patients with  $\alpha$ -fetoprotein (AFP) levels >400 ng/mL. In addition, the median WHVP and FHVP were 15.7 (IQR 11.5-24.3) mmHg and 8.85 (IQR 7.78-10.7) mmHg, respectively; accordingly, the median HVPG level reached 6.15 (IQR 3.97-11.3) mmHg. Finally, 7 (29.2%) patients with HVPG  $\geq 10$  mmHg were defined as CSPH; otherwise, they were defined as non-CSPH (17, 70.8%). Comparing the baseline characteristics of the non-CSPH and CSPH patients revealed that the CSPH patients were older, had higher ECOG, Child-Pugh and MELD scores; higher levels of total bilirubin (TBIL), aspartate aminotransferase (AST) and serum creatinine (Cr), but lower body mass index (BMI), albumin (ALB) and platelets, as well as a greater frequency of non-HBV etiology, ascites and esophageal-gastro varices (EGV). Additionally, compared with the non-CSPH patients, those with CSPH had higher WHVP, FHVP and HVPG.

Table 1 Baseline characteristics of patients with and without CSPE	Ι
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Variable	Total	Non-CSPH	CSPH
Patients, n	24	17	7
Sex, male/female, n (%)	16 (66.7)/8 (33.3)	10 (58.8)/7 (41.2)	6 (85.7)/1 (14.3)
Age, years, median [IQR]*	58.0 [54.5, 68.0]	58.0 [52.5, 61.0]	69.0 [56.0, 72.0]
Etiology, HBV/other, n (%)*	20 (83.3)/4 (16.7)	16 (94.1)/1 (5.9)	4 (57.1)/3 (42.9)
Height, m, median [IQR]	1.71 [1.63, 1.77]	1.70 [1.63, 1.78]	1.71 [1.68, 1.72]
Weight, kg, median [IQR]	62 [56.8, 67.8]	62.0 [59.0, 74.0]	56.0 [55.0, 62.0]
BMI, kg/m², median [IQR]*	21.6 [20.2, 22.6]	22.5 [21.0, 23.1]	19.8 [18.9, 21.2]
PVTT, no/yes, n (%)	14 (58.3)/10 (41.7)	10 (58.8)/7 (41.2)	4 (57.1)/3 (42.9)
Ascites, no/yes, n (%)*	19 (79.2)/5 (20.8)	17 (100.0)/0 (0.0)	2 (28.6)/5 (71.4)
ECOG performance status, 0/1, n (%)*	18 (75.0)/6 (25.0)	16 (94.1)/1 (15.9)	2 (28.6)/5 (71.4)
EGV, no/yes, n (%)*	14 (58.3)/10 (41.7)	11 (64.7)/6 (35.3)	2 (28.6)/5 (71.4)
Child-Pugh class, A/B, n (%)*	13 (54.2)/11 (45.8)	13 (76.5)/4 (23.5)	0 (0.0)/7 (100.0)
Child-Pugh score, median [IQR]*	6 [5, 8]	5 [5, 7]	9 [7, 9]
MELD score, median [IQR]*	9.5 [9, 12]	9 [7, 11]	12 [11, 14]
ALT, U/L, median [IQR]	41.5 [35, 46.5]	41.0 [32.0, 49.5]	44.0 [35.0, 44.0]
AST, U/L, median [IQR]*	48 [24, 76]	28.0 [24.0, 50.0]	76.0 [76.0, 87.0]
ALB, g/L, median [IQR]*	35.2 [30.0, 40.2]	36.0 [34.9, 42.1]	27.2 [26.3, 27.2]
TBIL, μmol/L, median [IQR]*	20.9 [18.8, 26.8]	19.6 [18.8, 25.5]	28.6 [19.1, 29.3]
Cr, µmol/L, median [IQR]*	48 [43.8, 54.3]	44.0 [42.0, 50.0]	60.0 [51.0, 60.0]
BUN, mmol/L, median [IQR]	4.74 [3.68, 6.09]	3.8 [3.5, 6.0]	4.9 [4.6, 6.3]
INR, median [IQR]	1.11 [1.05, 1.30]	1.08 [1.03, 1.13]	1.32 [1.30, 1.41]
Platelets, ×10 <sup>9</sup> /L*	88.5 [67.8, 166.3]	132 [77, 182]	69 [45, 88]
AFP, ≤400/>400 ng/mL, n (%)	6 (25.0)/18 (75.0)	4 (23.5)/13 (76.5)	2 (28.6)/5 (71.4)
WHVP, mmHg, median [IQR]*	15.7 [11.5, 24.3]	14.0 [11.0, 15.8]	29.0 [24.3, 29.0]
FHVP, mmHg, median [IQR]*	8.85 [7.78, 10.7]	8.30 [7.50, 9.00]	13.0 [10.7, 16.3]
HVPG, mmHg, median [IQR]*	6.15 [3.97, 11.3]	6.00 [3.03, 6.50]	12.0 [11.3, 18.3]

\*, variables with significant difference between patients with and without CSPH. CSPH, clinically significant portal hypertension; IQR, interquartile range; HBV, hepatitis B virus; BMI, body mass index; PVTT, portal vein tumor thrombosis; ECOG, Eastern Cooperative Oncology Group; EGV, esophageal-gastro varices; MELD, Model for End-Stage Liver Disease; ALT, alanine aminotransferase; AST, aspartate aminotransferase; ALB, albumin; TBIL, total bilirubin; Cr, serum creatinine; BUN, blood urea nitrogen; INR, international normalized ratio; AFP, alpha-fetoprotein; WHVP, wedged hepatic vein pressure; FHVP, free hepatic vein pressure; HVPG, hepatic venous pressure gradient.

During a median follow-up of 9.8 months, 17 patients died, with a median OS of 10.0 months for the whole cohort. The prognostic abilities for baseline variables, including sex, age, etiology, PVTT, ascites, ECOG score, EGV, Child-Pugh class, MELD score, alanine aminotransferase (ALT), AST, ALB and AFP, were analyzed (*Table 2*). Kapan-Meier survival curve analysis demonstrated that age >60 years (log-rank P=0.023), ascites (log-rank P<0.001), ECOG score of 1 (log-rank P<0.001), Child-Pugh B class (log-rank P<0.001), MELD score >10 (log-

Veriable	Ka	plan-Meier curve analys	Cox regression analysis		
vanable	No. of patients	Median OS (months)	Log-rank P value	HR (95% CI)	P value
Sex, male/female	16/8	8/15	0.202	0.51 (0.17–1.58)	0.243
Age >60 years, no/yes	15/9	15/7	0.023	2.97 (1.05–8.38)	0.040
HBV infection, no/yes	4/20	6/10	0.315	1.74 (0.48–6.29)	0.396
PVTT, no/yes	14/10	15/9	0.261	0.60 (0.23–1.58)	0.301
Ascites, no/yes	19/5	15/6	<0.001	11.6 (2.73–49.8)	0.001
ECOG score, 0/1	18/6	15/6	<0.001	5.42 (1.77–16.6)	0.003
EGV, no/yes	11/10	11/8	0.905	0.94 (0.32–2.75)	0.910
Child-Pugh class, A/B	13/11	17/7	<0.001	6.22 (2.02–19.1)	0.001
MELD score >10, no/yes	12/12	17/7	<0.001	6.38 (1.95–20.8)	0.002
ALT >40 U/L, no/yes	9/15	10/15	0.098	0.43 (0.16–1.26)	0.126
AST >40 U/L, no/yes	9/15	11/7	0.996	1.00 (0.35–2.85)	0.996
ALB <35 g/L, no/yes	13/11	15/7	0.002	5.37 (1.57–18.3)	0.007
AFP >400 ng/mL, no/yes	6/8	7/15	0.522	0.73 (0.25–2.09)	0.555

Table 2 Prognostic factors for survival

OS, overall survival; HR, hazard ratio; CI, confidence interval; HBV, hepatitis B virus; PVTT, portal vein tumor thrombosis; ECOG, Eastern Cooperative Oncology Group; EGV, esophageal-gastro varices; MELD, Model for End-Stage Liver Disease; ALT, alanine aminotransferase; AST, aspartate aminotransferase; ALB, albumin; AFP, alpha-fetoprotein.

rank P<0.001), and ALB <35 g/L (log-rank P=0.002) were significant prognostic factors for decreased OS. Similarly, Cox regression analysis also revealed that age >60 years [hazard ratio (HR) 2.97, 95% confidence interval (CI): 1.05–8.38, P=0.040], ascites (HR 11.6, 95% CI: 2.73–49.8, P=0.001), ECOG score of 1 (HR 5.42, 95% CI: 1.77–16.6, P=0.003), Child-Pugh B class (HR 6.22, 95% CI: 2.02–19.1, P=0.001), MELD score >10 (HR 6.38, 95% CI: 1.95–20.8, P=0.002), and ALB <35 g/L (HR 5.37, 95% CI: 1.57–18.3, P=0.007) were statistically correlated with OS.

Figure 1 shows the changes in WHVP, FHVP and CSPH for every patient before and after TACE. *Table 3* shows, for the entire cohort, that both the median and mean values of WHVP, FHVP and HVPG decreased significantly after the TACE procedure (both P values <0.05, for comparing medians and means respectively). According to the HVPG values, patients were divided into two groups, namely, the non-CSPH group, which included 17 patients, and the remaining 7 patients with CSPH as the CSPH group. As expected, the values of WHVP, FHVP and CSPH before and after TACE for CSPH patients were significantly higher than those of the non-CSPH patients (P<0.05, *Table 1*). More interestingly, their absolute changes were more obvious for patients with CSPH than for the others; for example, the mean values of WHVP, FHVP and CSPH decreased by 5.5, 2.3 and 3.4 mmHg, respectively, for CSPH patients before and after TACE treatment, while the same mean values decreased by only 3.2, 1.5 and 1.7 mmHg, respectively, for non-CSPH patients. In addition, as HVPG decreased, the range of reduction in WHVP was more obvious than that of FHVP.

Table 1 and Figure 2 show that the HVPG varied with the patients' liver function. The median Child-Pugh score of patients with CSPH was higher than that of patients without CSPH (9 vs. 5, P<0.001), and the median MELD scores for patients with and without CSPH were also significantly different (12 vs. 9, P=0.006). According to Kapan–Meier survival analysis, the 17 patients without CSPH had a median OS of 15.0 months, which was significantly longer than that of the 7 patients with CSPH, who had a median OS of 7.0 months (log-rank P<0.001, Figure 3A). Similarly, Cox regression analysis demonstrated that CSPH correlated with OS (HR 1.15, 95% CI: 1.02–1.29, P=0.020), and after adjusting for patients' liver function (Child-Pugh score), CSPH could independently predict OS (adjusted HR 1.14, 95% CI: 1.01–1.29, P=0.033). After TACE therapy, HVPG



Figure 1 Changes in hepatic hemodynamics for patients treated with DEB-TACE. TACE, transarterial chemoembolization; WHVP, wedged hepatic vein pressure; CSPH, clinically significant portal hypertension; FHVP, free hepatic vein pressure; HVPG, hepatic venous pressure gradient; DEB-TACE, drug-eluting bead TACE.

Table 3 Ch	anges of he	patic hemod	lynamics for	patients r	eceiving Dl	EB-TACE t	herapy
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Variable -	Total			Non-CSPH			CSPH.		
	Pre-TACE	Post-TACE	Р	Pre-TACE	Post-TACE	Р	Pre-TACE	Post-TACE	Р
WHVP, mmHg	15.7 [11.5, 24.3]	11.0 [8.1, 21.1]	<0.001	14.0 [11.0, 15.8]	10.7 [7.9, 12.7]	0.001	29.0 [24.3, 29.0]	21.7 [21.3, 22.0]	0.017
	17.3±1.4	13.4±1.2	<0.001	13.3 ±0.6	10.1±0.8	0.002	27.1±0.9	21.6±0.2	<0.001
FHVP, mmHg	8.9 [7.8, 10.7]	8.7 [4.7, 10.3]	0.001	8.3 [7.5, 9.0]	6.7 [4.7, 9.5]	0.031	13.0 [10.7, 16.3]	10.7 [10.0, 13.0]	0.017
	9.81±0.6	8.1 ±0.7	0.001	8.3±0.3	6.8±0.7	0.016	13.6±0.9	11.3±0.7	0.018
HVPG, mmHg	6.2 [3.9, 11.3]	3.9 [2.7, 7.6]	<0.001	6.00 [3.03, 6.50]	3.0 [2.7, 4.0]	0.006	12.0 [11.3, 18.3]	10.6 [7.7, 12.0]	0.018
	7.5±0.9	5.3±0.7	<0.001	5.0±0.4	3.3±0.4	0.002	13.6±1.2	10.2±0.8	0.014

Data are in median [IQR] or mean ± S.E. DEB-TACE, drug-eluting bead TACE; CSPH, clinically significant portal hypertension; TACE, transarterial chemoembolization; WHVP, wedged hepatic vein pressure; FHVP, free hepatic vein pressure; HVPG, hepatic venous pressure gradient; IQR, interquartile range; S.E., standard error.

was also associated with the prognoses of patients; the median OS for the 19 patients without CSPH was longer than that for the 5 other patients (15.0 vs. 7.0 months, log-rank P<0.001, *Figure 3B*). In summary, liver function was not only correlated with portal hemodynamics but also the most important prognostic factors of survival. Therefore, the predictive values of CSPH were adjusted by Child-Pugh

score, age and ECOG in a multivariate Cox regression model, similar findings were demonstrated (adjusted HR 1.24, 95% CI: 1.04–1.48, P=0.017).

#### **Discussion**

In the present retrospective observational study, we



**Figure 2** Correlations between liver function and HVPG. CSPH, clinically significant portal hypertension; HVPG, hepatic venous pressure gradient; MELD, Model for End-Stage Liver Disease.



**Figure 3** Comparison of OS between patients with or without CSPH before (A) or after (B) TACE therapy. CSPH, clinically significant portal hypertension; OS, overall survival; TACE, transarterial chemoembolization.

#### Wang et al. DEB-TACE improves hepatic hemodynamics

found that hepatic hemodynamics significantly changed after DEB-TACE as treatment of unresectable HCC. Interestingly, different from the effects of cTACE, DEB-TACE seemed to decrease HVPG compared with baseline, especially for HCC patients with CSPH, for whom the changes in hepatic hemodynamics were more obvious than in those without CSPH. More importantly, the presence of CSPH significantly correlated with OS, not merely before but also after TACE. Compared with previous trials, the current study explored for the first time the correlations between the changes in HVPG and DEB-TACE therapy, and the prognostic value of HVPG before and after treatment.

The median OS of 10.0 months for all patients treated with TACE in our study was much shorter than the 19.8 months reported by a recent systematic review on TACE, which might be related to the disease conditions of the included patients (11). In our study, all patients had liver cirrhosis, and nearly 30% of them had CSPH; underlying diseases are an important prognostic factor for patients with HCC, especially those with CSPH (25,26). In addition, according to our study, the presence of CSPH increased the probability of death by 14% (adjusted HR 1.14, 95% CI: 1.01-1.29, P=0.033), and the patients with CSPH had a median OS of only 7.0 months, which was significantly shorter than the median OS of 15.0 months for the non-CSPH patients. Therefore, it could be concluded that CSPH is an important risk factor for patients with HCC, and including CSPH patients would explain the decreased survival of our study cohort.

Previous studies that investigated the changes in hepatic hemodynamics in HCC patients treated with cTACE found a transient increase in portal flow after the procedure due to the decrease in hepatic arterial blood flow, which peaked approximately 1 week after embolization and lasted for at least 2 weeks (23,24). In addition, another study reported that cTACE using lipiodol showed a marked increase in blood levels of vascular endothelial growth factor (VEGF), whereas DEB-TACE induced only a moderate VEGF response (27). However, according to a recent multicenter study comparing the imaging changes after the two types of TACE procedures for unresectable HCC, the percentage of portal vein narrowing was nearly 3-fold more common with DEB-TACE treatment than with cTACE therapy (28), which suggests that portal flow decreases after the TACE procedure, especially DEB-TACE, which was a different results from other previous studies. In the present study,

WHVP, FHVP and HVPG decreased significantly after the DEB-TACE procedure, and their absolute changes were more obvious for patients with CSPH. Compared with cTACE therapy in previous studies, our differing findings might result from the embolization material used, and patient selection should also be noted. TACE is commonly recommended for patients with BCLC-B stage HCC, although patients with advanced diseases also undergo TACE in clinical practice (6). In our study, >40% of patients had PVTT, and the treatment effects of DEB-TACE on PVTT might be more obvious than those of cTACE treatment (29,30). Therefore, DEB-TACE might decrease the obstruction of the portal vein by influencing PVTT and thus relieve the pressure of the portal vein.

The present study investigated for the first time the influence of DEB-TACE therapy on hepatic hemodynamics in HCC patients and drew different conclusions from previous studies concentrating on cTACE treatment. However, there were also several limitations to our study. First, the retrospective nature and small sample size of this study might lead to some bias in the findings; prospective studies with enough participants should be designed. Second, a single-armed design with DEB-TACE therapy alone might limit the persuasiveness of our study, and comparisons with cTACE treatment should be taken into consideration in future studies. Finally, the end-point of this study needs to be detailed despite the setting of OS, and a competing risk model with tumor progression and liver failure should be used in future studies.

## Conclusions

DEB-TACE treatment could influence hepatic hemodynamics in HCC patients and decrease HVPG levels, especially in patients with CSPH; in addition, the presence of CSPH was an important prognostic factor for survival. Considering that DEB-TACE could not only control tumor progression but also decrease portal hypertension and relieve underlying liver disease, future well-designed studies with large sample sizes are highly needed.

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*Conflicts of Interest:* All authors have completed the ICMJE uniform disclosure form (available at https://jgo.amegroups. com/article/view/10.21037/jgo-23-76/coif). The authors have no conflicts of interest to declare.

*Ethical Statement:* The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study protocol was approved by Institutional Ethics Board of The Affiliated Yantai Yuhuangding Hospital of Qingdao University (No. Yanyuyi 2018-312). Individual consent for this retrospective analysis was waived.

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