

Efficacy and safety of toripalimab with fruquintinib in the third-line treatment of refractory advanced metastatic colorectal cancer: results of a single-arm, single-center, prospective, phase II clinical study

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Background: The most effective treatment with immune checkpoint inhibitors (ICIs) is limited to the microsatellite instability high (MSI-H) subgroup of advanced colorectal cancer. ICIs are completely ineffective in microsatellite stabilized (MSS) patients with advanced colorectal cancer. Fruquintinib, a tyrosine kinase inhibitor (TKI) domestically made in China that specifically inhibits vascular endothelial growth factor receptors, is used to treat refractory metastatic colorectal cancer (mCRC). Researches showed that anti-angiogenic therapy combined with immunotherapy induces a long-lasting antitumor immune response. Here, we aimed to evaluate antitumor efficacy and safety of fruquintinib with anti-programmed death-1 (PD-1) antibody toripalimab in Chinese patients with non-MSI-H/mismatch repair proficient (pMMR) mCRC.

Methods: This was a single-arm, single-center, prospective, phase II clinical trial. A total of 19 MSS patients with refractory or advanced mCRC were enrolled They received fruquintinib (5 mg, orally, once daily for 3 weeks followed by 1 week off in 4-week cycles) and toripalimab (240 mg, intravenously administered on day 1 once every 3 weeks) until disease progression or unacceptable toxicity. The objective response rate (ORR), progression-free survival (PFS), overall survival (OS), 1-year PFS rate, disease control rate (DCR), and toxicity were reviewed and evaluated. The Cox regression model was used to analyze the influence on OS and PFS.

Results: Among the 19 patients, the median age was 52 years (range, 30–71 years); 4 patients (21.05%) achieved partial response, 10 patients (52.63%) experienced stable disease, and 4 patients (21.05%) experienced progressive disease. The ORR was 21.05%. The median PFS and OS were 5.98 months and 11.10 months, respectively. Patients with peritoneal metastasis received greater benefit from combination therapy, with a longer PFS (P=0.043) in the univariate analysis. The most common treatment-related adverse reactions were fatigue (57.89%), hepatic dysfunction (42.11%) and hypertension (36.84%). No serious adverse effects or adverse effect-related deaths were reported.

Conclusions: Our study provides evidence supporting fruquintinib combined with an anti-PD-1 monoclonal antibody have the better effect than fruquintinib alone in the third-line setting for Chinese patients with MSS advanced colorectal cancer. Primary lesion excision and peritoneal metastasis were independent prognostic factors of PFS. Further well-designed, prospective, large-scale studies are needed to validate this outcome.

Keywords: Fruquintinib; anti-programmed death-1 (PD-1) inhibitors; metastatic colorectal cancer (mCRC); nonmicrosatellite instability high/mismatch repair proficient (non-MSI-H/pMMR) Submitted Jan 03, 2023. Accepted for publication Apr 13, 2023. Published online Apr 25, 2023. doi: 10.21037/jgo-23-108 View this article at: https://dx.doi.org/10.21037/jgo-23-108

Introduction

As the third most common visceral malignancy in the world, colorectal cancer (CRC) continues to be one of the main causes of cancer-related death (1). For patients with advanced or metastatic CRC diseases who are either poor surgical candidates or refuse surgery, the current guideline states oxaliplatin or irinotecan-containing regimens combined with an anti-epidermal growth factor receptor (anti-EGFR) antibody (only in the first-line treatment of patients with RAS wild-type left sided tumors) or an angiogenesis inhibitor as the standard therapy (2). However, patients' prognosis with disease progression receiving second-line treatment is still poor. Regorafenib (3), fruquintinib, and trifluridine/tipiracil (TAS-102) are currently approved as the third-line treatments for metastatic CRC (mCRC) (2). The CORRECT study showed that patients who received regorafenib in addition to supportive care experienced longer progression-free survival (PFS: median of 2 vs. 1.7 months) and overall survival (OS: median of 6.4 vs. 5 months) than those who received placebo, despite an objective response rate

Highlight box

Key findings

 Fruquintinib, in combination with anti-PD-1 toripalimab, exerted a better antitumor activity and acceptable tolerance in refractory MSS and pMMR mCRC compared with the previous standard third-line therapy.

What is known and what is new?

- The use of fruquintinib combined with anti-PD-1 toripalimab therapy in patients with MSS mCRC is safe. Additionally, no significant toxicities of immunotherpy were observed. Responders to therapy demonstrated a survival benefit trend in this small and heterogeneous cohort.
- Cox regression analysis showed that primary lesion excision and peritoneal metastasis were predictive of benefit to the combination therapy for patients with mCRC and MSS or pMMR.

What is the implication, and what should change now?

 More in-depth research on this therapeutic combination is still required to evaluate its advantages in a larger group of patients and pinpoint independent the prognostic variables for MSS mCRC in more expansive populations. which was only 1% (4). The FRESCO study indicated that fruquintinib extended the median OS (9.3 vs. 6.6 months) and PFS (3.7 vs. 1.8 months) when compared to placebo (5). The TERRA (6) study also indicated limited benefit for third-line monotherapy of advanced CRC. Median OS (7.8 vs. 7.1 months) and PFS (2 vs. 1.8 months) were also longer in the trifluridine/tipiracil arm versus the placebo arm. These studies suggested modest clinical efficacy of third-line treatment for colorectal cancer and new treatment strategies are needed. Indeed, the immune checkpoint inhibitors have shown efficacy only in a subset of patients with mCRC who are mismatch repair-deficient or have a high level of microsatellite instability high (MSI-H), whose objective response rate (ORR) may reach 65% (7). Importantly, patients with CRC and MSI-H status generally show good response to immunotherapy due to the presence of high-density infiltrating CD8⁺ T cells in MSI-H cancer tissues, leading to the abundance of neoantigens caused by hypermutation and corresponding high immunogenicity. On the other hand, due to poor immune cell infiltration (8), single-agent anti-programmed cell death protein 1 (anti-PD-1) or anti-programmed cell death ligand 1 (anti-PD-L1) blockade has not shown meaningful effect in the microsatellite-stable (MSS) or MMR-proficient (pMMR) mCRC subgroup (ORR =0%), a population that constitutes the majority of the patients with mCRC (9). Therefore, the optimum third-line treatment for mCRC remains controversial.

Immune checkpoint inhibitor (ICI) blocks tumor derived negative regulator signals that inhibit immune responses, thus amplifying host's antitumor immunity. Nonetheless, a major and unsolved issue is the low response rate to immunotherapy, the selection of patients with advanced solid tumors who will benefit from ICI therapy represents a major challenge in clinical practice. Even though available predictive biomarkers such as PD-L1 expression, tumor mutation burden, mismatch-repair deficiency, and status of tumor-infiltrating lymphocytes are also useful factors for monitoring therapeutic effects and for prognostication in several malignancies, many questions remain unresolved about the frequent resistance to ICI monotherapy. However, accumulating evidence indicated that ICI resistance could be partially mitigated by combining antiangiogenesis treatment with immunotherapy. Angiogenesis,

mainly indicating the formation of new vasculature from preexisting vessels, take place in many adult physiological processes (such as wound healing) (10). At the same time, angiogenesis are often required for the growth and metastasis of solid tumor (11). Angiogenesis factors play immunosuppressive role through a variety of mechanisms, including directly suppressing the antigen-presenting cells as well as immune effector cells or enhancing the effect of regulatory T cells (Treg), myeloid-derived suppressor cells (MDSC), and tumor-associated macrophages (TAM) (12). Anti-angiogenesis therapy became an important treatment option for cancer treatment and received intensive attention earlier, yet, a considerable number of patients treated with anti-angiogenic drugs as single agents reap limited or no benefits at all.

Emerging evidence suggested that appropriate antiangiogenesis administration could switch tumor immune environment from immunosuppressive to immunosupportive status (13). It is known that hypoxia in the tumor microenvironment forms a barrier to T cell infiltration and fosters resistance to antitumor immunotherapy. Antiangiogenic therapy worked by trimming tumor blood vessels and normalizing those remaining and it was a process whereby the abnormal, inefficient tumor blood vessels are restored to a more efficient, normalized state resulting in the reversal of hypoxia. Subsequently, alleviated hypoxia preferentially induces TAM polarization towards more antitumor M1-like phenotype (14). Besides, vessel normalization reduces immunosuppressive Treg and MDSC populations in tumor bearing body (10,15). Targeting VEGF agents block the inhibitory signal transduction during dendritic cell (DC) differentiation and reduce overall pool of MDSC (16).

With reference to the above basic research findings, a number of animal studies have been carried out successively. As early as 2013, study of immunotherapy with antiangiogenic agents by Yasuda et al. observed the synergistic effect in mice bearing colon adenocarcinoma (17). The combination of fruquintinib plus PD-1 inhibitors was also shown, in mouse experiments, to increase antitumor activity and the ability to reprogram the immunosuppressive TME (18). Apart from findings in colorectal cancer, Wu et al. also identified that ICI plus anti-angiogenesis could significantly prolong OS of mice bearing kidney and mammary tumors (19). As mentioned above, it can be seen that the interaction between immunity and angiogenesis leads to tumor immune escape and treatment resistance. Owing to the encouraging early-phase pre-clinical results with this combination therapy, many clinical studies of ICI

combined with anti-angiogenesis therapies have been conducted or are ongoing to investigate the synergistic effect in cancer patients (20,21). Motzer et al. reported the results of phase III clinical study which aimed to investigate the efficacy of avelumab plus axitinib versus sunitinib for advanced renal-cell carcinoma patients (22). The results showed that median PFS was 13.8 months with avelumab plus axitinib, as compared with 7.2 months with sunitinib (HR, 0.61; P=0.0001). Among the patients with PD-L1positive tumors, the objective response rate was 55.2% with avelumab plus axitinib and 25.5% with sunitinib. Finn et al. has announced that the combination of atezolizumab and bevacizumab demonstrated superior OS (19.2 vs. 13.4 months, P=0.0009) and PFS (6.9 vs. 4.3 months, P<0.001) compared to sorafenib in the first-line treatment of advanced hepatocellular carcinoma (HCC) (23). Data from preclinical and clinical studies have suggested that ICIs in combination with antiangiogenic/vasculature-targeting agents mutually enhanced effect of antitumor. On the one hand, anti-angiogenesis enhances the anti-tumour activity of ICI by blocking tumour-induced immune-suppressive cells and increasing T-cell infiltration into tumours. On the other hand, ICI therapy could modulate the tumor immunosuppressive microenvironment and enhance the immune system's ability to block tumor angiogenesis. In 2022 Gou et al. (24) reported the efficacy of fruquintinib in combination with PD-1 inhibitors in patients with refractory non-MSI-H/pMMR metastatic colorectal cancer, the ORR was much higher than that of single-agent fruquintinib (11.1% vs. 4.9%), disease control rate (DCR) was 62.2% (28/45), median PFS equal 3.8 months, and median OS was 14.9 months.

In China, toripalimab (Tuoyi) a selective, recombinant, humanized immunoglobulin G4 (IgG4) monoclonal antibody against PD-1, was approved by the National Medical Product Administration (NMPA) in 2018 as a curative drug for unresectable or metastatic melanoma that has not responded to prior systemic therapy (25). Toripalimab has exhibited remarkable antitumoral activity in metastatic melanoma (26) and more recently in non-small cell lung cancer (27), digestive tract tumors (28-30), hepatobiliary (31), pancreatic tumors (32), neuroendocrine neoplasms (33), nasopharyngeal carcinoma (34), and urothelial carcinoma (35). Due to satisfactory antitumor effect and long-term survival benefits in China, the US Food and Drug Administration (FDA) designated toripalimab as an orphan drug for the treatment of refractory advanced solitary malignant tumors.

Toripalimab has also demonstrated a similar response

rate to pembrolizumab or nivolumab as a monotherapy in many preclinical studies and phase Ib/II clinical trials for several cancer types (36-39). Recent studies have identified that simultaneous inhibition of PD-1 and vascular endothelial growth factor receptors (VEGFRs) could have a synergistic antitumor effect that leads to highly durable clinical responses with acceptable toxicity profiles (40-42).

Fruquintinib is a new-generation small molecule VEGFR inhibitor with strong potency and high kinase selectivity targeting of VEGFR1/2/3. It can suppress tumor proliferation, metastasis, and angiogenesis because it strongly inhibits VEGFR family members while weakly inhibiting FGFR-1, RET, and c-kit kinases (43,44). More interestingly, selective VEGFR inhibition might enhance the efficacy of immunotherapy with immune checkpoint inhibitors. Mechanistically, administration of anti-angiogenesis molecules in combination with PD-1 inhibitors has been shown to reduce angiogenesis; alter the vascular structure; enhance T-cell priming and activation by promoting DC maturation; increase the infiltration of CD8⁺ T cells (P<0.05), CD8⁺TNF α ⁺ T cells (P<0.05), and CD8⁺IFN γ^+ T cells (P<0.05); and decrease the ratios of myeloid-derived suppressor cells and macrophages in mouse models (21,45,46).

Based on the above-mentioned results, we hypothesized that combining fruquintinib with anti-PD-1/anti-PD-L1 antibodies may yield a significant clinical benefit for patients with mCRC and MSS who have failed prior standard chemotherapy regimens. This paper reports the clinical outcomes of a phase II trial evaluating the combination of fruquintinib and toripalimab in third-line treatment and beyond for refractory advanced CRC. We present the following article in accordance with the TREND reporting checklist (available at https://jgo.amegroups.com/article/view/10.21037/jgo-23-108/rc).

Methods

The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). This study was approved by the Ethics Committee of the First Hospital of Lanzhou University (No. LDYYLL2019-248) and informed consent was taken from all the patients.

Study design and participants

This study was a single-arm, single-center, prospective,

phase II trial which patients were recruited from the First Hospital of Lanzhou University. The trial was registered at the Chinese Clinical Trial Registry (http://www.chictr.org/ cn/, identifier ChiCTR2000028965). Patient demographics, extent of disease at diagnosis, prior chemotherapy, prior radiotherapy, subsequent surgical therapy, and Eastern Cooperative Oncology Group (ECOG) performance status were collected at the time of enrollment. From December 2019 to August 2022, we assessed the outcomes of MSS patients with refractory advanced CRC who received fruquintinib in combination with toripalimab at the First Hospital of Lanzhou University. These patients had previously undergone at least second-line treatment. The regimens were based on oxaliplatin and irinotecan and/or combined with bevacizumab or cetuximab. The inclusion criteria for the research were as follows: (I) cases had pathologically confirmed CRC; (II) patients ranged in age from 18 to 75 years; (III) patients had recurrent/metastatic CRC and had previously undergone at least 2 lines of standard therapy that included oxaliplatin, irinotecan, and fluoropyrimidine or raltitrexed, with prior target treatment, such as bevacizumab or cetuximab, also being permitted; (IV) the physical status was 0 or 1 according to the ECOG; (V) all enrolled patients with liver metastases underwent a multi-disciplinary team (MDT) discussion, and liver metastases were considered unresectable; and (VI) informed consent has been signed. The exclusion criteria included the following: (I) a medication history of fruquintinib; (II) severe heart, brain, lung, liver, or kidney insufficiency or other serious underlying diseases; (III) a history of immunodeficiency or an active or documented history of chronic or recurrent autoimmune diseases; (IV) no measurable lesions at baseline according to the Response Evaluation Criteria in Solid Tumors (RECIST) version 1.1; and (V) no history of receiving previous immunotherapy before. Sample size estimation was based on ORR. According to the previous studies (5,47), the ORR of fruquintinib in the treatment of relapsed or metastatic advanced colorectal cancer is 5%, while the ORR of PD-1 monoclonal antibody combined with TKI in mCRC is 33%. Therefore, we assumed that the ORR is 25%, 24 cases were needed in this study with a two-side α of 0.05 and the power of 0.9. Considering the loss to follow-up rate of 20%, the total number was 30 cases.

Treatment

Patients received intravenous toripalimab 240 mg every

Table 1 Baseline characteristics

Characteristic (n=19)	Value
Age, years	
Median [range]	52 [30–71]
<60 years	16 (84.21)
Men	12 (63.16)
ECOG PS =0	8 (42.11)
Primary tumor location of left	14 (73.68)
Metastases	
Liver	13 (68.42)
Lung	13 (68.42)
Lymph node	2 (10.53)
Peritoneum	1 (5.26)
Primary lesion resected	15 (78.95)
RAS mutant (n=16)	8 (50.00)
BRAF ^{V600E} mutant (n=19)	0 (0.00)
Prior medication	
Fluorouracil	19 (100.00)
Oxaliplatin	19 (100.00)
Irinotecan	19 (100.00)
Raltitrexed	3 (15.79)
Bevacizumab	15 (78.95)
Cetuximab	6 (31.58)

Data are reported as number (percentage) unless otherwise indicated. ECOG PS, Eastern Cooperative Oncology Group performance status.

3 weeks in addition to oral fruquintinib 5 mg once daily on a 21-day on–7-day off schedule until disease progression or intolerance to adverse events (AEs).

Assessment

Until disease progression or before subsequent treatment, the patients underwent computed tomography scans every 2 treatment cycles. Antitumor efficacy was evaluated with RECIST v1.1. The ORR was defined as the percentage of patients with confirmed complete response (CR) or confirmed partial response (PR) as the best overall response during combination therapy. DCR was calculated as the proportion of patients with CR, PR, and stable disease (SD). The time between the start of treatment and the earliest date at which the disease progressed or death occurred due to any cause was considered to be the PFS. Various treatment responses were performed by independent evaluators at our center. AEs were evaluated according to the Common Terminology Criteria for Adverse Events 5.0 standard (CTCAE 5.0). All enrolled patients were followed up every 6 weeks from the end of treatment. During the follow up, patients' disease and survival status were examined and recorded.

Statistical analysis

Baseline characteristics of the enrolled patients, efficacy results, and AE data in categorical format are presented as numbers and percentages, and the 95% confidence interval (CI) was calculated as appropriate. The Kaplan-Meier method was used to evaluate the end point of event arrival time (including PFS, OS, and DOR). Univariate Cox regression was applied to estimate the significance of clinical factors on prognosis. Confounding factors were adjusted in multivariate Cox regression models by choosing the baseline covariates from univariate analysis covariates with a P value <0.1. Cox multiple regression analysis was used to perform multifactor analysis on the features that influenced OS and PFS. A 2-sided P value <0.05 was considered statistically significant. The statistical analyses were carried out using GraphPad Prism 8.0 (GraphPad Software) and R version 4.2.0 (The R Foundation for Statistical Computing).

Results

Patient characteristics

In total, 19 patients with refractory advanced CRC (12 male and 7 female) with MSS or pMMR were enrolled, with a median age was 52 years. The final outcome analysis was as follows: 14 patients with colorectal cancers were left sided and 5 patients were right sided; the majority of patients (78.9%) had the primary lesions resected; of the stage IV patients, 13/19 (68.4%) had lung metastases, 13/19 (68.4%) had liver metastases, 2/19 (10.5%) had lymph node metastases. All patients previously received irinotecan-, oxaliplatin- and fluorouracil-based chemotherapy before enrollment. Fifteen patients (78.9%) had been treated with bevacizumab, 6 (31.6%) with cetuximab and 3 (15.7%) with raltitrexed. Sixteen patients had gene mutation testing and 8 patients have mutations in RAS oncogene. The patient characteristics are detailed in *Table 1*.



Figure 1 The combined therapeutic response was measured by contrast-enhanced CT/MRI and was calculated according to tumor thickness diameter ratio before and after treatment. (A) A waterfall plot of tumor response in all 19 patients; (B) swimmer plot of tumor response in all 19 patients. BOR, best overall response; PR, partial response; SD, stable disease; PD, progressive disease; NE, not evaluated.

Table 2 Best overal	response assessed	by investigator
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Best overall response	No. (%)	
CR	0 (0)	
PR	4 (21.05)	
SD	10 (52.63)	
PD	4 (21.05)	
NE	1 (5.26)	
ORR	4 (21.05, 95% Cl: 6.05–45.57)	
DCR	14 (73.68, 95% Cl: 48.80–90.85)	

CR, complete response; PR, partial response; SD, stable disease; PD, progressive disease; NE, not evaluable; DCR, disease control rate; ORR, objective response rate.

Efficacy

The evaluations of therapeutic response was performed according to the RECIST v. 1.1. It was regarded as effective if the patients achieved CR, PR, or SD. Patients who were evaluated as progressive disease (PD) indicated an ineffective. Accordingly, 4 patients (21.05%) received PR, 10 patients (52.63%) experienced SD, and 4 patients (21.05%) experienced PD (*Figure 1*). The global ORR was 21.05%, and the DCR was 73.68% (*Table 2*). Median PFS (mPFS) was 5.98 months (95% CI: 2.79–10.10), the 1-year PFS rate was 26.95% (95% CI: 5.83–48.10%), and the median OS (mOS) was 11.10 months (95% CI: 7.66–NA). For the 4 patients who achieved objective response, the median duration of response (DOR) was 7.41 months

(95% CI: 2.17–NA). Notablely, in our study, there were 6 patients without liver metastasis, among which 3 patients had lung metastasis, 2 patients had pelvic metastasis, and 1 patient had retroperitoneal metastasis concurrently. After receiving combination therapy, 2 patients had PR, 1 patient had SD, and 3 patients had PD, the ORR of them was 33% and DCR was 50%. Additionally, 13 patients died, and 6 patients survived at the end of follow-up (*Figure 2*). Interestingly, patient no. 6 experienced PD on day 29, but she later received monotherapy with fruquintinib again and maintained SD until day 191.

Univariate analysis

In univariate analysis, patients who had previously received excision of the primary lesion received more benefit in PFS (P=0.029), while those who had peritoneal metastasis had a poorer PFS (P=0.043). There were no significant differences in effectiveness in age, ECOG status, tumor location, liver metastasis, lung metastasis, lymph node metastasis, previous cetuximab or bevacizumab medication, number of previous chemotherapy lines, or *RAS* gene status (P>0.05).

Multivariate analysis

The HR and P value were adjusted by multivariate Cox regression. The inclusion threshold was set as a P value <0.1 (in the univariate Cox regression result). The results showed that there was no clinical characteristics indicated statistical significance.

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Figure 2 PFS, OS and DOR curves of patients with advanced CRC treated with toripalimab and fruquintinib. (A) The mOS of the combined treatment, (B) the mPFS of the combined treatment, and (C) the mDOR in the combined treatment. OS, overall survival; mOS, median overall survival; CI, confidence interval; PFS, progression-free survival; mPFS, median progression free survival; DOR, duration of response; mDOR, median duration of response; NA, not arrived.

Safety

Overall, 19 patients were enrolled for safety analysis. The most frequent treatment-related adverse events (TRAEs) were fatigue (57.89%), hepatic dysfunction (42.11%), hypertension (36.84%), abdominal pain (26.32%), hand-foot syndrome (21.05%), diarrhea (15.79%), anorexia (10.53%),

Table 3 Summary of adverse event data

Adverse event	All grades, n (%)	Grade 3–4, n (%)		
Fatigue	11 (57.89)	0 (0)		
Hepatic dysfunction	8 (42.11)	3 (15.79)		
Hypertension	7 (36.84)	3 (15.79)		
Abdominal pain	5 (26.32)	0 (0)		
Hand-Foot syndrome	4 (21.05)	1 (5.26)		
Diarrhea	3 (15.79)	0 (0)		
Anorexia	2 (10.53)	0 (0)		
Fever	2 (10.53)	0 (0)		
Hoarseness	1 (5.26)	0 (0)		
Hypothyroidism	1 (5.26)	0 (0)		

fever (10.53%), hoarseness (5.26%), and hypothyroidism (5.26%). Moreover, 7 patients (36.84%) experienced grade 3–4 TRAEs (including hypertension, hepatic dysfunction, and hand-foot syndrome). No treatment-related deaths occurred. TRAEs leading to either fruquintinib or toripalimab discontinuation occurred in 3 (15.7%) patients for each drug. Most patients with mild adverse reactions could continue to receive combination therapy after symptomatic treatment. The results are shown in *Table 3*.

Discussion

Since being used in clinical practice, the strong antitumor effects of immune checkpoint inhibitors are likely to be broadly applicable to all the solid tumors, such as melanoma, renal clear cell carcinoma, and liver cancer (48). However, a subset of patients with mCRC low MSI (MSI-L)/MSS or pMMR have primary resistance to anti-PD-1 antibodies (49). To help MSS CRC transform from an immune-excluded to an immune-responsive malignancy, numerous combination immunotherapies have been thoroughly investigated. However, the inconsistencies in the results of these related studies have led to great challenges in the application of immune checkpoint inhibitors in "immune-excluded or immune-desert" tumors. In the clinical IMblaze 370 trial, the combined effect of atezolizumab (an anti-PD-L1 antibody) and cobimetinib (an MEK inhibitor) was found in only 3% of patients, and the primary end point of improving OS was not met (50). Dual checkpoint blockades of nivolumab plus ipilimumab led to a poor response of 0-10%. The efficacy of toripalimab

and fruquintinib in our study was superior to that reported for the combination of regorafenib plus avelumab in the REGOMUNE study (ORR =0%; mOS =10.8 months) (51). The results in our study were well supported by numerous clinical studies using other PD-1-PD-L1 axis blockade and VEGF-targeted therapy, reporting ORRs ranging from 5% to 11% (24,52,53). These studies included atezolizumab plus capecitabine and bevacizumab or pembrolizumab plus capecitabine and bevacizumab, as well as a retrospective study of combined PD-1 blockade and VEGF-tyrosine kinase inhibitor (TKI) therapy (sintilimab plus fruquintinib). According to the REGOTORI study from China, patients with resistant MSS CRC who received the combination of regorafenib and toripalimab had an OS of 15.5 months, indicating that the antitumor activity of this regimen was long-lasting, and the ORR was up to 30% in the participants without hepatic metastases (41). These results suggest that although a similar rationale applies to PD-L1 inhibitors, which work by targeting and blocking the PD-1-PD-L1 signaling pathway, their binding sites and antitumor mechanisms are different.

Notably, the ORR in our study outperformed that of patients who received fruguintinib alone (ORR =4.7%) (5) in the third-line setting for refractory mCRC, highlighting a possible synergic effect between antitumor angiogenesis therapy and immunotherapy. The therapeutic effects of combination methods were better than those of PD-1 blockade alone because the MSS/pMMR mCRC patients are highly unlikely to respond to anti-PD-1 antibodies (49) despite the fact that there are few related research data on the use of toripalimab in mCRC. In the present study, 4 patients (21.05%) achieved partial response, 10 patients (52.63%) experienced stable disease, and 4 patients (21.05%) experienced progressive disease. The ORR was 21.05%, and the DCR was 73.68%. In contrast, nivolumab plus regorafenib provided a robust clinical benefit in MSS patients with CRC in the REGONIVO study (47), with high ORRs in 8 out of 24 (33%; 8 patients had PR). The response rate in our study was not better than those of the REGONIVO trial. In contrast to the North American REGONIVO study (54), which has a response rate of only 7.1%, with 5 patients achieving PR and 22 experience SD, our study suggested that a combination regimen can also be effective in third-line therapy. The REGONIVO study was a phase Ib dose-escalation and dose-expansion trial that sought to determine the safety and recommended doses, and the enrolled participants were carefully chosen, which may account for the differences between the results of the

different studies. Only 50% of patients (n=12) had target lesions in the liver, which is a proportion significantly lower than that observed in routine practice and in our study. It is well known that the liver has an immune microenvironment that is permissive to tumor growth. Combination strategies with currently used targeting anti-angiogenesis and anti-PD-1/PD-L1 antibodies could convert the tumor immune-suppressive microenvironment into an immunepermissive one, which will in turn strengthen the antitumor effect of immune checkpoint inhibitors (55). Second, the effectiveness of the combination therapy might vary because of the different anti-PD-1 antibodies, their combined use with various angiogenesis agents, and the patient selection. Thus, future clinical studies with larger cohorts may be able to determine the actual response rates in a combination regimen.

Patient no. 6 presented with disease progression on day 29. However, the patient was treated with fruquintinib monotherapy at the recommendation of a local doctor after a short discontinuation of treatment. To our surprise, the patient sustained SD until day 191 from then on. We have no additional evidence to exclude the possibility that the initial PD was pseudoprogression. However, a more interesting hypothesis is that fruquintinib has efficacy in patients who fail in the first challenge. Nonetheless, further trials are required to validate this hypothesis.

In terms of PFS, it was reported that the median PFS in the REGONIVO (47), the FRESCO (5), and the TAS-102 (56) studies was 6.3, 3.7, and 2.0 months, respectively. The mPFS in patients in our study was 5.98 months (95% CI: 2.79–10.10), which was comparable to that of the REGONIVO study and better than that of other studies of third or subsequent line treatment in mCRC. Fruquintinib combined with toripalimab yielded an obvious antitumor effect, and patients had a longer PFS in this study; however, it should be noted that a number of factors that could have affected response to investigational drugs, whereas randomized controlled clinical trials were able to exclude potentially confounding conditions. Furthermore, despite the fact that both regorafenib and fruquintinib are potent orally administered inhibitors of angiogenesis, regorafenib is a multitargeted TKI, mainly targeting VEGFR2, PDGFR, and FGFR tyrosine kinase (3), while fruquintinib is a potent, highly selective and active inhibitor of VEGFR1/2/3 tyrosine kinases (43), implying that both TKIs' regulatory mechanisms for these active binding sites are distinct. In addition, our analyses highlighted the molecular properties of PD-1-targeted antibodies as another factor influencing the effects. These differences in PD-1 binding sites between nivolumab and pembrolizumab may account for the difference in efficacy observed in treatments for solid tumors (57). The median OS time in our study was 11.10 months, which is significantly longer than the 9.3 months of the FRESCO study, which was the longest OS ever reported in the third-line standard treatment. This result might be attributable to differences in baseline demographics compared to the FRESCO study. Moreover, our results may not be directly comparable to those of the FRESCO or REGONIVO studies because further validation of the variations in OS or PFS in a larger sample size is warranted.

Accordingly, we further assessed whether clinical characteristics were correlated with clinical outcomes. Univariate regression analysis showed that primary lesion excision and peritoneal metastasis were independent prognostic factors of PFS (P=0.029 and P=0.043). Patients with unresected primary lesions experience poor efficacy with combination therapy. There were no statistically significant differences in OS or PFS for sex, age, ECOG, liver metastasis, lung metastasis, lymph node metastasis, cetuximab medication, or other factors (P>0.05) by multivariate Cox regression. The REGONIVO study (47) found that all patients who responded were males with lung metastases and had a PS score of 0, which was incongruent with the results of our study. Thus, the data were insufficiently consistent to draw a firm inference concerning the clinical factors that influence outcomes. To elucidate the impact of these factors on combination therapy outcomes, additional analyses with larger sample sizes are necessary.

Overall, the results of this study showed that the safety profile of fruquintinib and toripalimab seemed to be manageable and acceptable. The combination's incidence and type of AEs and TRAEs seemed to be generally consistent with the safety profiles of the individual drugs. No other toxicities were identified compared with either treatment alone (58). Only 3 patients with hepatic dysfunction and hand-foot syndrome experienced the majority of grade 3 and 4 AEs, and they were treated for their symptoms and with systemic corticosteroids as necessary. Moreover, no grade-5 TRAEs or treatmentrelated deaths occurred. In summary, the combination of toripalimab and fruquintinib at 5 mg appeared to have a similar safety profile and was well-tolerated (46,59).

There are some limitations to our study. First, the sample size was small, and all the MSS patients were recruited from a single center. Second, although the enrolled patients were thoroughly screened, the subset of patients with lung- or liver-specific metastases was relatively small. Third, several studies suggested that tumor mutation burden (TMB), PD-L1 expression, circulating tumor DNA (ctDNA) levels, tumor-infiltrating lymphocytes (TILs), gene expression profiling (GEP) of an inflammatory microenvironment, and neoantigen prediction have become independent predictors of immunotherapy in multiple solid tumors (60-62); however, these were not evaluated in our study, and whether these biomarkers can be used as an independent predictor of response to combination therapy is unclear and requires additional study. Further research is needed to explore effective biomarkers on treatment outcomes with this combined therapy.

Conclusions

Our study demonstrated that fruquintinib, in combination with the anti-PD-1, toripalimab, exerted antitumor activity and acceptable tolerance in patients with refractory and MSS or pMMR mCRC compared with the previous standard third-line therapy. Nevertheless, numerous unevaluated clinical features could have affected the efficacy of antiangiogenic and anti-PD-L1 combination therapy. More extensive research on the combination is still required to evaluate its advantages and pinpoint independent prognostic variables for MSS patients with mCRC.

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Footnote

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Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). This study was approved by the Ethics Committee of the First Hospital of Lanzhou University (No. LDYYLL2019-248) and informed consent was taken from all the patients.

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