CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page1/Line1	Section Title page
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page1/Line19 to 20	Section Title page
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	Page2/Line49	Abstract
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	Page2/Line49 to 53	Abstract
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	Page2/Line53 to 55	Abstract
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page2/Line 59 to 68	Introduction
Patient Information	5a	De-identified patient specific information	Page2/Line70	CP/Paragraph1
	5b	Primary concerns and symptoms of the patient	Page2/Line71 to 76	CP/Paragraph1
	5c	Medical, family, and psycho-social history including relevant genetic information	Page2/Line 71 to 76	CP/Paragraph1
	5d	Relevant past interventions with outcomes	not applicable	not applicable
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	page2/line72 to 73	CP/Paragraph1
Timeline	7	Historical and current information from this episode of care organized as a timeline	page2/line 70 to 88	CP/paragraph2 to 3
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	page2/line78 to 88	paragraph 2 to 3
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	page3/line100	paragraph5
	8c	Diagnosis (including other diagnoses considered)	page3/line90 to 98	paragraph4
	8d	Prognosis (such as staging in oncology) where applicable	page3/line90 to 98	paragraph4
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	page3/line100 to 114	paragraph5 to 7
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	page3/line101 to 102	paragraph5
	9c	Changes in therapeutic intervention (with rationale)	page3/line109	paragraph7

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	page3/line109 to 114	paragraph7
	10b	Important follow-up diagnostic and other test results	page3/line 109 to 114	paragraph7
	10c	Intervention adherence and tolerability (How was this assessed?)	not applicable	not applicable
	10d	Adverse and unanticipated events	not applicable	not applicable
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Line117 to 120	Discussion
	11b	Discussion of the relevant medical literature **with references**	line121 to 145	discussion
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	line 121 to 126	discussion
	11d	The primary “take-away” lessons of this case report (without references) in a one paragraph conclusion	Line 177 to 186	conclusion
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	not applicable	not applicable
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.