

PD-1 inhibition combined with intensity-modulated radiotherapy, to better serve patients with retroperitoneal lymph node metastases from gastrointestinal cancer

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Background: Gastrointestinal (GI) cancer is the most frequent kind of cancer to involve the retroperitoneal lymph nodes (RPLNs). Radiotherapy (RT) is common treatment of RPLN metastases in patients with GI cancer, while RT is local. Meanwhile, most patients have extra-retroperitoneal metastases. Immunotherapy plus RT have showed effective in advanced non-small cell lung cancer. However, whether the combination therapy is effective on GI cancer with RPLN metastases. In our study, we would estimate the effect of programmed death-1 (PD-1) inhibition in association with intensity modulated radiation therapy (IMRT).

Methods: Metastatic GI cancer patients with RPLN who were treated at a single institution were retrospectively evaluated from October 2016 to April 2023, who all had measurable lesion and received any therapy of PD-1 inhibitors alone, IMRT alone or PD-1 inhibitors plus IMRT. The follow-ups were assessed by abdominal computed tomography (CT) every 2 or 3 months to progression, dose-limiting toxicity or death.

Results: Among the 98 patients, 46 were treated by PD-1 inhibitors combined with IMRT, 26 were by PD-1 inhibitors only and 26 were by IMRT only. Of those, the median age 62 years (range, 25–84 years). Median progression-free survival (PFS) was 7.5 months and median overall survival (OS) was 10.8 months across the 3 therapy groups. Univariate analysis (UVA) indicated that therapy method (P=0.032) and tumor response (P=0.035) were significantly related to PFS. In the PD-1 inhibitors plus IMRT group, 1 patient (2.2%) achieved complete response (CR), 30 (65.2%) had partial remission, and 14 (30.4%) had stable disease. There was no case with CR by IMRT or PD-1 inhibitors alone. Objective response rate (67.4%) and disease control rate (97.8%) were higher in the PD-1 inhibitors combined with IMRT group. In the PD-1 inhibitors plus IMRT and PD-1 inhibitors alone groups, hepatitis B virus (HBV)-positive patients had better OS (P=0.041) on UVA. Meanwhile, in the PD-1 inhibitors plus IMRT group, we observed superior PFS (P=0.041) and OS (P=0.049) in HBV-positive patients on UVA.

Conclusions: PD-1 inhibitors plus IMRT may be a better method for advanced GI cancer patients with RPLN metastases. HBV-positive patients can benefit from either PD-1 inhibitors alone or in combination with IMRT.

Keywords: Immunotherapy; radiotherapy (RT); intensity modulated radiation therapy (IMRT); gastrointestinal cancer (GI cancer); retroperitoneal lymph node metastases (RPLN metastases)

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Introduction

Retroperitoneal lymph nodes (RPLNs) are the most widespread site of metastasis for various cancers, including pancreatic, gastric, and hepatic tumors, among others. Metastases to the RPLN generally cause a number of serious clinical symptoms, including pain, abdominal distention, nausea and anorexia, which can affect patient quality of life (1). Traditional surgical resection is very difficult because of the deep location of the RPLN (2,3); maintaining the beneficial effects of chemotherapies in abdominal lymph nodes is also challenging (4-6). Local treatment strategies for RPLN metastasis contain surgical removal, radiofrequency ablation, and radiation treatment (7-9). In current literature, abdominal lymph node may be dissected in advanced esophagogastric junction adenocarcinoma; however, it's under argument because of different histologies (10). To RPLN metastases of patients with advanced gastric cancer, D2 lymphadenectomy may be sufficient but accompanied with higher morbidity and mortality (11-13). So the extent of lymphadenectomy is still disputed. The proportional gain of radiotherapy (RT) for patients with isolated RPLN metastasis is similar to that for patients with liver or lung metastases, and RT is reported to increase survival time for patients with RPLN metastasis (14). In colorectal cancer patients group with RPLN metastases only, the objective response rate (ORR) and disease control rate (DCR) were 62.5% and 85%, respectively. And in the extra-retroperitoneal metastases group, the ORR and DCR were just 17.9% and 75% (15). Moreover, in the study of locally advanced cervical cancer with RPLN metastases, programmed death-1 (PD-1)

Highlight box

Key findings

 The effect of programmed death-1 (PD-1) inhibitor combined intensity modulated radiation therapy in patients with retroperitoneal lymph node metastases from gastrointestinal cancer.

What is known and what is new?

- PD-1 inhibitor is useful in gastrointestinal cancer.
- The article suggests the new treatment method of advanced gastrointestinal cancer with retroperitoneal lymph node metastases, and the treatment is safe.

What is the implication, and what should change now?

• The paper supports a new treatment, which can improve patients' quality of life and be tolerated.

inhibitors plus chemoradiotherapy/RT showed effective and safe (16). However, most metastatic gastrointestinal (GI) patients with RPLN metastasis also have extraretroperitoneal metastases (17), and the data about the combination therapy of PD-1 and intensity-modulated radiation therapy (IMRT), which treated with GI patients with RPLN metastasis, is very rare.

Immunotherapy has recently become the focus of considerable research attention, building a good foundation for the development of GI cancer treatments (18,19). Nevertheless, the efficacy of immune checkpoint blockade therapy is greatly limited by the low immunogenicity and immunosuppressive microenvironment of GI cancer. Application of ionizing radiation to murine tumors has been observed to delay the growth of distant tumors, exhibiting an "abscopal effect", which can be potentiated by immunostimulatory drugs (20). Further, irradiation might alter the mutation burden and activate new antigen by cancer cells, probably supporting in situ vaccine development and tumor microenvironment reprogramming (21). This phenomenon has prompted oncologists to evaluate the influence of immunotherapy on radiation treatment effects (22); however, these clinical trials to research whether combining IMRT and immunotherapy on GI has meaningful clinical effects are infrequent.

The aim of our study is to assess effect of IMRT combined with PD-1 inhibitors for patients with RPLN metastases who maybe improve survival, control disease and alleviate the local symptoms. We present this article in accordance with the STROBE reporting checklist (available at https://jgo.amegroups.com/article/view/10.21037/jgo-23-1011/rc).

Methods

Patients

We performed a single-institution retrospective analysis of GI cancer patients with RPLN metastasis who received PD-1 inhibitors plus IMRT, PD-1 inhibitors alone, or IMRT alone at Ningbo Medical Center Lihuili Hospital between October 2016 and April 2023. The study was retrospective and different treatment methods were based on not only treating physician but also symptoms and disease status of patients. The follow-up time ranged between 4 and 63 months. Patients were followed up by telephone until August 2023. Our study was agreed by the Ethics Committee of Ningbo Medical Center Lihuili The inclusion criteria were as follows: (I) before IMRT or immunotherapy, Eastern Cooperative Oncology Group performance status (ECOG PS), 0–2; (II) pathological diagnosis of stage IV carcinoma except RPLN; (III) measurable RPLN metastasis; (IV) had previously received at least two standard systemic therapeutic regimens. The exclusion criteria were as follows: (I) absence of critical information required for study, such as computed tomography (CT), before and after medication; (II) primary retroperitoneal carcinoma; (III) have a good response to systemic treatment.

Clinical characteristics were from patients' medical documents, containing age, sex, ECOG PS, hepatitis B virus (HBV), primary tumor site, treatment methods, treatment response and so on.

Radiation technique and medication

In the supine position, patients were secured with abdominal body thermoplastic films. Every patient underwent helical CT (slice thickness, 3 mm) with intravenous contrast. On CT, all involved lymph nodes observed were defined as gross tumor volume (GTV). Clinical target volume (CTV) encompassed the GTV and the localized nodal area, involving 1 cm spreading from GTV in the superiorinferior direction and 0.3 cm spread in anterior-posterior and left-right direction. The scope of expanding the CTV by a margin of 0.7 cm was named the planning target volume (PTV). Radiation was administered to the PTV using IMRT at a dose of 36-60 Gy/8-30 fractions, whose biologically effective dose (BED) was between 96.0 and 43.2 Gy. Plans were considered receivable if the specified dose covered >95% of the PTV and no more than 1 cc received >107% of the prescribed dose. Important normal organs restraints were as follows: ≤50% of the liver received 20 Gy, D_{mean} ≤30 Gy; stomach D_{max} ≤54 Gy; 1 kidney D_{max} ≤ 20 Gy, D_{mean} ≤ 18 Gy; $\leq 10\%$ of the small intestine was to receive 50 Gy; and spinal cord $D_{max} \leq 45$ Gy.

PD-1 inhibition treatments were used combined with IMRT if they were initiated within 3–6 weeks after IMRT completion. Treatment was continued until clinical or radiographic disease progression, dose-limiting toxicity, or death (23).

Evaluation of treatment responses

Until disease progression, treatment responses were assessed by total abdominal CT every 2 or 3 months. Tumor response was assessed depending on the Response Evaluation Criteria in Solid Tumors (RECIST) version 1.1 (23), containing complete response (CR), partial response (PR), stable disease (SD), and progressive disease (PD) (23). The ORR was defined as the combination of CR and PR, and the DCR included CR, PR, and SD.

Evaluation of treatment toxicity

Based on the National Cancer Institute Common Terminology Criteria for Adverse Events (version 5.0) (24), treatment toxicity was followed up continued for 3 months after termination of therapy by the treating physician.

Statistical analysis

Survival curves were analyzed using the Kaplan-Meier method to assess the outcomes. By univariate analysis (UVA) with the log-rank test, the influence of variables potentially impacting progression-free survival (PFS) and overall survival (OS) was evaluated. PFS was defined as the time from starting PD-1 inhibitors or IMRT to occurrence of detectable PD. Systemic PD was defined as disease progression based on RECIST version 1.1. Treatment outcome was assessed as OS, defined as the time from starting IMRT or PD-1 inhibitors until death from final follow-up day or any cause. Cox regression analysis was used to discern the most vital independent prognostic factors and assess hazard ratio (HR) values. The following variables were involved: age, sex, ECOG PS, albumin (ALB), HBV, primary tumor site, treatment methods, and retroperitoneal local tumor response in multivariate analysis. All tests and confidence intervals (CIs) were two-sided, and the significance level of statistical analysis was set at P<0.05. All statistical data analyses were implemented using SPSS 20.0 (IBM Corp, Armonk, NY, USA).

Results

Patients baseline characteristics

Patients (n=98) with histologically confirmed GI cancer and radiographically diagnosed with RPLN metastases were included in the study. Moreover, all included patients

Table 1 Clinical characteristics of patients (n=98)

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Characteristic	Patients, n (%)
Median age, years [range]	62 [25–84]
Age, years, n (%)	
<65	62 (63.3)
≥65	36 (36.7)
Sex, n (%)	
Male	73 (74.5)
Female	25 (25.5)
ECOG PS	
0–1	83 (84.7)
2	15 (15.3)
Retroperitoneal local	
Yes	34 (34.7)
No	64 (65.3)
ALB (g/L)	
≤35	36 (36.7)
>35	62 (63.3)
HBV	
Positive	69 (70.4)
Negative	29 (29.6)
Primary tumor location	
Esophageal	11 (11.2)
Gastric	22 (22.4)
Colorectal	7 (7.1)
Hepatocellular	43 (43.9)
Pancreatic	15 (15.3)
Therapy	
IMRT + Im	46 (46.9)
IMRT	26 (26.5)
Im	26 (26.5)

ECOG PS, Eastern Cooperative Oncology Group performance status; ALB, albumin; HBV, hepatitis B virus; IMRT, intensity-modulated radiotherapy; Im, immunotherapy.

had advanced disease that had been previously treated with multiple methods. Patient clinical characteristics are listed in *Table 1*. The median (range) age of included patients was 62 years (25–84 years); 73 patients were male and 25 were female. A total of 83 patients had ECOG PS 0–1 and 15 had ECOG PS 2. Only local RPLN metastasis was present in 34 patients, whereas 64 patients had RPLN metastasis and distant metastatic. Further, 36 patients had ALB \leq 35 g/L and 62 had ALB >35 g/L. On testing for HBV, 69 patients were positive and 29 were negative. Cases included esophageal (n=11), gastric (n=22), colorectal (n=7), hepatocellular (n=43), and pancreatic (n=15) carcinomas.

Efficacy of treatment and patient survival

Survival analysis indicated that for PD-1 inhibitors plus IMRT team, median (95% CI) PFS was 10.8 months (8.22–13.38), whereas median (95% CI) OS was 12.0 months (10.34–13.66). RPLN variables were evaluated according to local and distant metastatic groups and we found no significant difference in PFS or OS between the two groups. Further, there were no significant differences among patients in the 5 groups classified based on primary tumor location.

UVA showed that therapy method (P=0.032) (*Figure 1A*) and tumor response (P=0.035) (*Figure 1B*) were significantly associated with PFS, but not with OS (*Table 2*). Multivariate analysis did not reveal any obvious correlation with PFS in these patients. At finial follow-up, 70 patients were dead and 28 were alive.

Treatment responses of RPLN lesions are presented in *Table 3*. In the PD-1 inhibitors plus IMRT group, 1 patient (2.2%) achieved CR, 30 (65.2%) had PR, and 14 (30.4%) had SD. In the IMRT only group, 12 (46.2%) and 13 (50.0%) of 26 patients had PR and SD, respectively; no patients achieved CR. Further, the PR (7.7%) and PD (61.5%) rates were inferior in the PD-1 inhibitors alone group. Moreover ORR (67.4%) and DCR (97.8%) were significantly higher in the PD-1 inhibitors plus IMRT group than those in the other two groups.

UVA of data from the PD-1 inhibitors combined with IMRT and PD-1 inhibitors only groups suggested that HBV status was clearly associated with OS (P=0.041) (*Figure 2*), but not with PFS; OS was not associated with HBV status in these groups on multivariate analysis. However, HBV status was associated with PFS (P=0.041) (*Figure 3A*) and OS (P=0.049) (*Figure 3B*) on UVA of the inhibitors plus IMRT group, but not with PFS or OS on multivariate analysis.

Toxicity and safety

PD-1 inhibitors were well withstood, with just 2 patients



Figure 1 Kaplan-Meier curve analyses of PFS of patients after different treatments. (A) Kaplan-Meier curves for patients stratified by therapy method (IMRT *vs.* Im *vs.* Im combined IMRT). (B) Kaplan-Meier curves for patients stratified by response after different treatments (DCR *vs.* PD). Im, immunotherapy; IMRT, intensity modulated radiotherapy; PFS, progression-free survival; DCR, disease control rate; PD, progressive disease.

		OS			PFS		
Clinical variable	Ν	Median (months)	95% CI	Log rank (P value)	Median (months)	95% CI	Log rank (P value)
Age, years, n (%)				0.248			0.225
<65	62	10.8	7.12–14.48		7.8	6.07–9.53	
≥65	36	10.8	6.68–14.92		7.0	4.69–10.31	
Sex, n (%)				0.863			0.561
Male	73	10.8	8.29–13.31		8.0	6.33–9.67	
Female	25	10.0	5.31-14.69		7.2	4.88-9.52	
ECOG PS				0.438			0.642
0–1	83	10.8	8.01-13.59		7.5	5.92-9.08	
2	15	10.0	0.79–19.21		8.9	0.00–19.02	
Retroperitoneal local				0.610			0.132
Yes	34	12.0	9.76–14.24		10.0	7.71–12.29	
No	64	9.3	6.68–11.92		6.8	5.40-8.20	
ALB (g)				0.518			0.681
≤35	70	9.8	6.68–12.92		7.1	5.18-9.03	
>35	28	10.8	7.95–13.66		10.8	4.99–16.61	

Table 2 Univariate analyses for overall survival and progression-free survival of all patients

Table 2 (continued)

Table 2 (continued)

		OS			PFS		
Clinical variable	Ν	Median (months)	95% CI	Log rank (P value)	Median (months)	95% CI	Log rank (P value)
HBV				0.316			0.908
Positive	69	11.1	8.93–13.27		7.1	4.56-9.65	
Negative	29	9.0	7.46–10.54		8.0	5.40-10.61	
Primary tumor location				0.822			0.397
Esophageal	11	9.5	1.43–17.57		7.0	0.81–13.19	
Gastric	22	11.5	7.42–15.58		10.0	6.35–13.65	
Colorectal	7	8.6	1.93–15.27		6.9	3.82-9.98	
Hepatocellular	43	10.8	7.24–14.36		8.7	6.39–11.01	
Pancreatic	15	6.0	0.00–15.71		4.2	0.13-8.27	
Therapy				0.158			0.032
IMRT + Im	46	12.0	10.34–13.66		10.8	8.22-13.38	
IMRT	26	8.1	3.98-12.22		5.7	2.62-8.78	
Im	26	8.0	3.63-12.37		4.3	0.70–7.90	
Response				0.471			0.035
DCR	80	10.8	8.61–12.99		8.5	6.66–10.34	
PD	18	3.3	1.22–5.38		2.7	2.15-3.25	

OS, overall survival; PFS, progression-free survival; CI, confidence interval; ECOG PS, Eastern Cooperative Oncology Group performance status; ALB, albumin; HBV, hepatitis B virus; IMRT, intensity-modulated radiotherapy; Im, immunotherapy; DCR, disease control rate; PD, progressive disease.

Table 3 Treatment response of the RPLN lesions (n=98)

Response	No. patients who received, n (%)						
	IMRT + Im (n=46)	IMRT (n=26)	lm (n=26)				
CR	1 (2.2)	0	0				
PR	30 (65.2)	12 (46.2)	2 (7.7)				
SD	14 (30.4)	13 (50.0)	8 (30.8)				
PD	1 (2.2)	1 (3.8)	16 (61.5)				
ORR	31 (67.4)	12 (46.2)	2 (7.7)				
DCR	45 (97.8)	25 (96.2)	10 (38.5)				

RPLN, retroperitoneal lymph nodes; IMRT, intensity-modulated radiotherapy; Im, immunotherapy; CR, complete remission; PR, partial remission; SD, stable disease; PD, progressive disease; ORR, objective response rate; DCR, disease control rate.

experiencing grade 3 hypothyroidism (2.8%). During RT, 6 patients (8.3%) developed acute GI adverse reactions such as bloating and nausea, including 2 patients with grade 3 toxicity. No cases of grade 4 and/or higher toxicity was detected in patients treated with IMRT or PD-1 inhibitors.

Discussion

Treatment of patients with RPLN metastasis of GI cancer is still an important clinical challenge. Treatment modalities to control RPLN generally include surgical resection, RT, and chemotherapy, yet the validity of these therapeutic modalities remains weak and the prognosis of patients with RPLN metastasis continues to be poor. There is no consensus on the appropriate treatment strategy. The goal



Figure 2 Kaplan-Meier curve analyses of OS of patients with different HBV status. Kaplan-Meier curves for patients stratified by HBV status after Im or Im combined IMRT (HBV negative *vs.* HBV positive). HBV, hepatitis B virus; OS, overall survival; Im, immunotherapy; IMRT, intensity modulated radiotherapy.

of our research was to explore the safeness and usefulness of PD-1 inhibitors plus IMRT for RPLN in patients with GI cancer.

The biological response of tumor cells to RT involves damage, repair, and apoptosis or necrosis, causing the activation or inhibition of signal transduction pathways involved in DNA repair, metabolism, and cell cycle arrest (25). RNA-seq analysis has shown that a few of the genes modulating cancer proliferation, invasion, and immune response may be up- or down-regulated in tumor tissues after RT. Further, the expression levels of numerous immune-related genes change in response to RT. The tumor immune microenvironment includes inflammatory factors, infiltrating immune cells, and stromal cells, and could be reprogrammed by radiation (26). Expression of CXXL10, CXCL16, interferons (IFNs), and IFN receptors can be affected by irradiation in an experimental animal prototype (27,28). Zhou et al. showed that the diversity of the T-cell receptor repertoire and programmed death ligand 1 (PD-L1) expression increased obviously in the microenvironment following stereotactic body radiotherapy (SBRT), with 'immune response gene' the richest terminology on Gene Ontology analysis (29). Increased PD-L1 expression can improve the function of



Figure 3 Kaplan-Meier curve analyses of PFS and OS of patients according to HBV status. (A) Kaplan-Meier curves of PFS of patients stratified by HBV status after Im combined IMRT (HBV negative *vs.* HBV positive). (B) Kaplan-Meier curve of OS of patients stratified by HBV status after Im combined IMRT (HBV negative *vs.* HBV positive). HBV, hepatitis B virus; PFS, progression-free survival; OS, overall survival; Im, immunotherapy; IMRT, intensity modulated radiotherapy.

PD-1 inhibitors. Furthermore, Theelen *et al.* demonstrated a positive effect of pembrolizumab after SBRT on tumor response in PD-L1-negative patients with advanced nonsmall cell lung cancer (NSCLC), who had significantly

improved PFS and OS. In that study, the ORR of the pembrolizumab combined SBRT arm was double that of the pembrolizumab alone arm. Further, SBRT prior to pembrolizumab was well-tolerated. The authors concluded that RT possibly activates non-inflamed NSCLC toward a more inflamed tumor microenvironment (30).

Immunotherapy has had profound effects on cancer treatments (31). A randomized phase III study showed that PD-1 inhibitors are useful following neoadjuvant chemoradiotherapy (CRT) and surgery in patients with esophageal/gastroesophageal junction cancers who had resected stage II or III cancer and were assigned in a 2:1 fashion to receive nivolumab or placebo with the primary finishing line being disease-free survival. Compared to the placebo team whose median disease-free survival was 11.0 months, nivolumab extended median disease-free survival to 22.4 months. Further, nivolumab was shown to reduce the risk of distant recurrence or death by 26% and increase median metastasis free survival time to 10.7 months compared to the placebo group; 71 patients experienced grade 3 or 4 adverse events related to the nivolumab (32). The phase 2 PACIFIC-6 trial showed that median PFS was 10.9 months, whereas 12-month PFS and OS rates were 49.6% and 84.1%, respectively. Only 5 of 117 (4.3%) patients had grade 3 or 4 possibly related adverse events within 6 months of starting treatment. It has previously been demonstrated that IMRT combined with immunotherapy was well-tolerated in a real-life environment, with safety observations aligned with the profile of durvalumab administered after CRT in patients with unresectable, stage III NSCLC (33-35). Furthermore, PACIFIC-R was an international, retrospective study, which reported median PFS of 21.7 months. In the real world, the PFS of patients received concurrent CRT was longer than that of those who were treated by sequential CRT (median, 23.7 vs. 19.3 months, P>0.05) and among patients with PD-L1 expression $\geq 1\%$ vs. <1% (22.4 vs. 15.6 months, P>0.05). These favorable real-world PFS outcomes were found in spite of PD-L1 expression and time of immunotherapy plus CRT (36). In our study, the median PFS of patients with RPLN metastases from GI cancer treated with IMRT plus PD-1 inhibitor reached 10.8 months (P=0.032), which was longer than that of other treatments.

Several retrospective studies have indicated the benefit of radiation treatment in patients with isolated RPLN in recent years (37,38). Shu *et al.* stated the results of 68 patients who were cured between 2009 and 2018 with IMRT (dose, 50–50.4 Gy/25–28 fractions) who had RPLN metastases. In the isolated RPLN metastases group, CR was detected in 5 patients (12.5%), PR was achieved in 20 patients (50%), and 9 patients (22.5%) had SD. The median OS values were 59.4 in the isolated RPLN metastases group and 19 months in the extra-retroperitoneal metastases group (15). Similarly, the ORR to PD-1 inhibitors plus IMRT, IMRT only, and PD-1 only reached 67.4%, 46.2%, and 7.7%, respectively, and the DCR values for the 3 groups were 97.8%, 96.2%, and 38.5%, respectively, in our current retrospective study.

The results of subgroup analyses of patients receiving IMRT plus PD-1 inhibitors and PD-1 inhibitor only were also consistent with those of previous studies (39,40). An OS benefit was observed in HBV-positive nivolumabtreated patients (HR =0.77) (39). A similar finding was observed in an HBV-positive hepatocellular carcinoma subgroup in the KEYNOTE-240 trial of pembrolizumab, with HR values for PFS of 0.70 (0.44-1.13) and for OS of 0.57 (0.36-0.94) (40). PD-1 inhibitors have significantly improved the survival of illnesses with advanced HBVpositive liver cancer, but the risk of HBV reactivation from these antitumor drugs remains unclear. Lei et al. found that the PD-1 inhibitor therapy group (HR =1.41, P=0.05) represented a separate risk factor for HBV reactivation. In the HBV non-reactivation group, patients' PFS and OS were significantly prolonged (P<0.001 and P=0.001) compared to the HBV reactivation group (41). Further studies are needed to refine the definition of HBV reactivation to discover risk factors, and to prevent and manage HBV reactivation in HBsAg-positive patients with hepatocellular carcinoma receiving immunotherapy.

Limitations

The current study has some limitations; for example, RPLN metastases were not confirmed pathologically. The effect of RT dose, fractionation, and different PD-1 inhibitors on antitumor immune responses is unknown. And needing more reliable diagnostic method to stratify RPLN patients can be helpful to choose more suitable treatment for every patient, such as dynamic contrast-enhanced magnetic resonance imaging parameters (42). Moreover, our study was retrospective in nature. Deviation of analysis results may have occurred due to the small sample size, variation in patient baseline characteristics, different treatment regimens, unknown microsatellite instability status, and unknown PD-L1 expression status. UVA on small samples incurs a great risk of type II errors. Further study is needed

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to determine whether the RT dose and time used in this clinical research were optimal, in regard to the immunemodulating potentiality of IMRT in combination with PD-1 inhibitions in patients with RPLN metastases from GI cancer.

Conclusions

The present retrospective study of PD-1 inhibitors combined with IMRT to treat RPLN metastases from GI cancer indicated that the combination was safe. Further, the efficacy of patients provided us with a feasible therapy option besides PD-1 inhibitors or IMRT alone. Large prospective randomized clinical studies are needed to determine the safety and efficacy of combining PD-1 inhibitors and IMRT.

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Footnote

Reporting Checklist: The authors have completed the STROBE reporting checklist. Available at https://jgo.amegroups.com/article/view/10.21037/jgo-23-1011/rc

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Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related

to the accuracy or integrity of any part of the work are appropriately investigated and resolved. Our study was agreed by the Ethics Committee of Ningbo Medical Center Lihuili Hospital (No. KY2023SL151-01) and all patients or guardians provided informed consent before participating in the study. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013).

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