



# Transmanubrial approach with thoracoscopic surgery for bilateral lung cancer: a case report

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**Abstract:** The transmanubrial approach (TMA) combined with video-assisted thoracoscopic surgery (VATS) is considered to be useful for the resection of anterior superior sulcus tumors (SST). Herein, we report the case of a 68-year-old asymptomatic male patient with a right anterior superior sulcus tumor adjacent to the right subclavian vessels and a left lung apex tumor on the bulla wall. We successfully performed complete resection of the bilateral lung apex high-grade tumors using the TMA combined with VATS with only one postural change. First, the surgery commenced with video-assisted thoracoscopic observation of the right tumor with the patient in the supine position, and the tumor was removed from the safety of major vessels using the TMA combined with VATS. Then, the operating table was tilted with the left side up and the ports were located in front of the normal position and we performed partial resection of the left upper portion of the lung using VATS. Finally, video-assisted thoracoscopic right upper lobectomy was performed with the patient in the left lateral position. Pathologically, the right lung tumor was a pleomorphic carcinoma, and the left lung tumor was a large cell carcinoma. Despite the high severity of the tumor (high-grade double primary lung carcinoma), the patient remains healthy without recurrence 7 years post-surgery and is able to work and independently manage everyday activities. This case shows that our surgical approach to bilateral apex tumors is a sufficiently effective and safe option for patients with bilateral lung cancer.

**Keywords:** Transmanubrial approach (TMA); video-assisted thoracoscopic surgery (VATS); bilateral lung apex tumor; superior sulcus tumors (SST); case report

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## Introduction

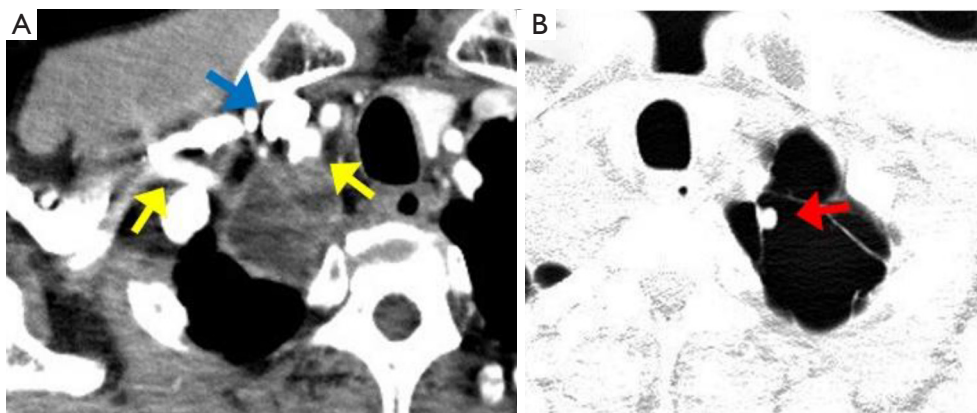
Selecting an appropriate surgical approach for superior sulcus tumors (SST) is sometimes difficult owing to the anatomy of the region where these tumors appear. The transmanubrial approach (TMA) is useful for anterior SST because it enables good visualization of the major cervicothoracic vessels such as the subclavian vein and artery.

Previous reports have described video-assisted one-sided pulmonary resection combined with TMA for minimally invasive resection (1,2). In this report, we discuss the case of a patient with bilateral lung apex high-grade tumors, which

were completely resected using video-assisted pulmonary right upper lobectomy combined with TMA. We also performed partial resection of the left upper portion of the lung using video-assisted thoracoscopic surgery (VATS) with only one postural change. This is the first report of video-assisted bilateral pulmonary resection combined with TMA. We present the following case in accordance with the CARE reporting checklist (available at <https://asci.amegroups.com/article/view/10.21037/asj-21-13/rc>).

## Case presentation

A 68-year-old man with bilateral lung apex tumors was

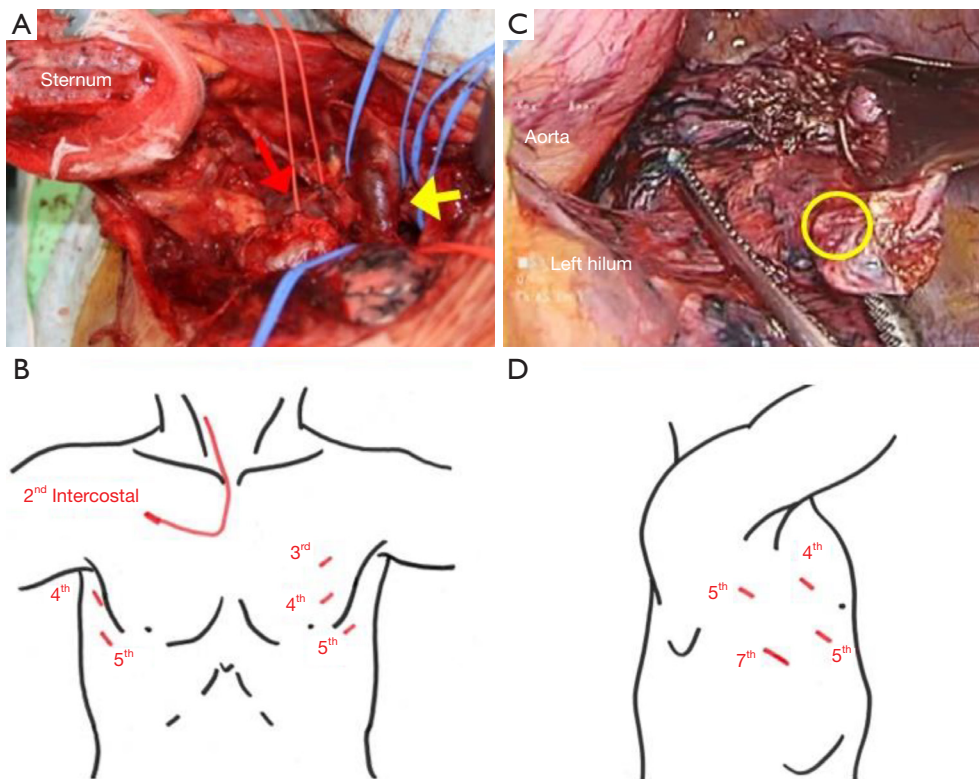


**Figure 1** Chest computed tomography shows the location of the tumors. (A) The tumor is located in the right lung apex thoracic inlet adjacent to the right subclavian artery (yellow arrows) and the subclavian vein (blue arrow). (B) The tumor in the left lung apex on the bulla wall (red arrow).

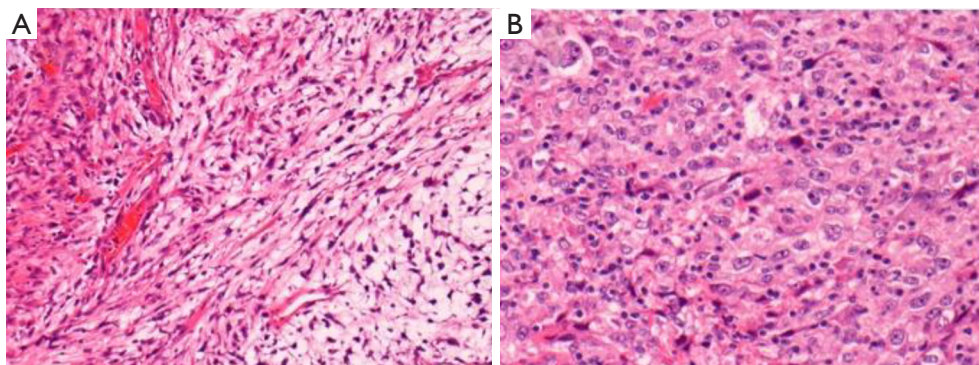
referred to Suwa Red Cross Hospital. The patient was asymptomatic and a chest computed tomography revealed a 40 mm×30 mm solid tumor located in the right lung apex and adjacent to the right subclavian vessels (*Figure 1A*) as well as a 10-mm solid tumor located in the left upper lobe of the lung, arising from the bulla wall (*Figure 1B*). Both tumors showed strong uptake of  $^{18}\text{F}$ -Fluorodeoxyglucose positron emission tomography. These tumors were suspected to be synchronous primary lung cancer (cT3N0M0 and cT1aN0M0). The possibility of metastasis of the right lung tumor could not be ruled out for the left lung tumor, therefore, we decided to perform left lung partial resection at the same time for diagnostic purposes.

Prior to the start of surgery, the patient was laid in the supine position. The surgery commenced with thoracoscopy to examine the right thoracic cavity and evaluate tumor resectability through 3 ports—one at the second intercostal space on the midclavicular line and two others at the fourth and fifth intercostal space on the anterior axillary line. Since it was judged that the right lung apex tumor could not be detached from the chest wall due to strong adhesion, we proceeded with the TMA. An incision was made along the anterior border of the right sternocleidomastoid muscle and extended parallel to the second intercostal space including the port that was just created. To preserve the sternoclavicular joint, an L-shaped sternal incision was made to reach the first intercostal space. The first costal cartilage was resected near the sternum, and the costoclavicular ligament was dissected behind the clavicle, and a good field of view could then be obtained by raising the clavicle using a traction device. The tumor

was located near the subclavian vein, and we were able to remove the tumor from the safety of these major vessels (*Figure 2A*). After that, partial resection—including that of the tumor on the right lung apex—was performed through a transmanubrial incision, and the tumor was diagnosed as a non-small cell carcinoma of the lung by intraoperative frozen section analysis. We decided to perform a right upper lobectomy. While waiting for the analysis of the frozen section of the right lung tumor, the left apex tumor was resected with VATS using 3 port incisions while in the supine position without postural change; only the operating table was tilted with the left side up. The ports were located in the third and fourth intercostal spaces on the midclavicular line and the fifth intercostal space on the anterior axillary line (*Figure 2B*). The left lung apex was extensively adhered to the parietal pleura but could be easily detached by VATS. The left lung tumor in the bulla was palpable, and partial resection was performed using an endostapler (*Figure 2C*). Then, the patient shifted to the left lateral position, 2 ports were added on the fifth and seventh intercostal spaces of the posterior axillary line, and we performed right upper lobectomy and lymphadenectomy through 4 ports using VATS (*Figure 2D*). Pathological findings revealed that the right lung tumor had epithelial and spindle cell components. The tumor was diagnosed as pleomorphic carcinoma (pT2bN0M0) and completely resected (*Figure 3A*). The tumor had no lymph node metastases but showed vascular invasion (V1) and pleural invasion (p1). The left lung tumor had large atypical cells without cell differentiation to adenocarcinoma or squamous cell carcinoma and was diagnosed as large cell carcinoma



**Figure 2** In the transmanubrial approach diagram, the transected sternum was pulled cranio-laterally. (A) The right subclavian artery (red arrow) and the right internal jugular vein (yellow arrow) were clearly visible and could be detached from the tumor. (C) In view from the precordium, the left lung apex tumor (yellow circle) was palpable with forceps and was partially resected by VATS. Surgical wounds in the supine position (B) and in the lateral position (D). VATS, video-assisted thoracoscopic surgery.



**Figure 3** Histopathological findings of the surgical specimens in HE staining. (A) The right lung tumor shows the spindle cell component and squamoid cell component in the resected mass, confirming the diagnosis of pleomorphic carcinoma (×100). (B) The left lung tumor tissues appear to have large atypical cells and the tumor was diagnosed as large cell carcinoma (×200). HE, Hematoxylin and Eosin.

**Table 1** Reported cases of TMA combined with VATS for lung cancer

First author	Age (years)/sex	Side	Pathology	C-stage	Approach	Patient position	Extended resection	P-stage	LOS (day)	complications	Outcome
Truin	60/F	R	NSCLC	cT3N0M0	Apex→VATS	Supine→lateral	1st rib + T1 root + subclavian vein	ypT0N0M0	7	Right arm mild edema	NA
Nakajima	59/M	L	NSCLC	cT3N0M0	Apex→VATS	Supine	1st rib + T1 root + anterior scalene muscle	ypT0N0M0	NA	Atelectasis phrenic nerve paralysis	NA
Shikuma	59/M	L	NSCLC	cT3N0M0	Apex→VATS	Supine→lateral	None	ypT3N0M0	NA	NA	24-month alive
Yokoyama	79/M	R	Pleo	cT3N0M0	VATS→Apex	Lateral→supine	1st +2nd ribs	pT3N0M0	18	NA	48-month alive
	51/M	L	NSCLC	cT4N0M0	VATS→Apex	Lateral→supine	1st rib+T1 root + subclavian vein	ypT3N0M0	17	NA	16-month alive
Rosso	50/F	R	Ad	cT3N0M0	VATS→Apex	Supine	1st +2nd ribs	ypT0N0M0	9	Hyperpyrexia	6-month alive
Oka	71/M	L	Sq	cT3N0M0	Apex→VATS	Supine→lateral	1st +2nd ribs	pT3N0M0	13	None	NA
Present case	68/M	R	Pleo	cT3N0M0	Apex→VATS	Supine→lateral	Left lung apex tumor	pT2bN0M0	12	None	84-month alive

NSCLC, non-small cell carcinoma; Pleo, pleomorphic carcinoma; Ad, adenocarcinoma; Sq, squamous cell carcinoma; LOS, length of stay; TMA, transmanubrial approach; VATS, video-assisted thoracoscopic surgery.

(pT1aNXM0) (Figure 3B). The left chest tube was removed on the first day after surgery and the right chest tube was removed on the second day after surgery. The patient continued rehabilitation and was discharged from our hospital 12 days after surgery with no major postoperative complications. After confirming the diagnosis, we suggested a left upper lung lobectomy and lymphadenectomy, but the patient declined. He remains healthy while continuing to work as a sushi chef and is recurrence-free 7 years after the surgery.

All procedures performed in this study were in accordance with the ethical standards of the institutional and national research committee(s) and with the Helsinki Declaration (as revised in 2013). Written informed consent was obtained from the patient for publication of this case report and accompanying images. A copy of the written consent is available for review by the editorial office of this journal.

### Discussion

Selecting an appropriate surgical approach for SST is difficult as surgery must be carefully performed to avoid damage to important adjacent anatomical structures, such as the subclavian and jugular vessels, phrenic nerve, and trunks of the brachial plexus (3). To resect anterior SST, we followed the TMA first described by Grunenwald and Spaggiari (4). It is a useful and safe approach because it enables good visualization of important structures without altering shoulder mobility. Even if the tumor cannot be detached from the major vessel, TMA can facilitate resection of the vessel and its replacement with an artificial blood vessel. In addition, a combined approach involving TMA and VATS is a useful and minimally invasive method for the resection of SST. Table 1 shows case reports of TMA combined with VATS for lung cancer, as searched from PubMed (1,5-9). Two patients underwent surgery only in the supine position. The mean length of hospital stay was 12.7 days and the mean disease-free interval was 35.6 months. Rosso *et al.* reported that performing a VATS observation before the anterior surgical approach would help exclude previously undetected pleural dissemination and precisely define the tumor location (1). Kayawake *et al.* reported that viewing not only from the neck side, but also from intrathoracic side, helps identify important anatomical structures (2).

In our case, the surgery commenced with VATS observation to locate the tumor and to exclude pleural

dissemination. First, we evaluated tumor resectability using 3 ports in VATS. If the tumor could be resected, TMA would not be required and conventional VATS lobectomy could be performed. In the supine position, we were able to remove the anterior SST from the subclavian vessels with TMA, and also resect the left upper tumor with VATS. Without changing the posture, we were able to avoid the time-consuming maneuvers required for patient repositioning and the risk of endotracheal tube displacement.

There are several technical tips regarding resection of the left upper tumor with VATS. The operating table was tilted upwards on the left side to make it more convenient for the surgeons to use the forceps. The ports were located in front of the normal position as the patient lay in the supine position. Opting for thoroscopic surgery ensured a good field of view up to the apex of the lungs even if the ports were located on the midclavicular line. Fortunately, we could locate the left lung tumor by VATS; however, if the location of the tumor is unclear, it may be possible to locate the tumor by inserting a port or hand from the wound of TMA, such as in hand-assisted thoroscopic surgery.

Pulmonary pleomorphic carcinoma is a rare malignant tumor. Previous reports noted that the overall median postoperative survival was 8–10 months for patients with pulmonary pleomorphic carcinoma (10,11). Despite developing high-grade double primary lung carcinoma, the patient in our case remains healthy and recurrence-free 7 years after the surgical treatment, indicating that our surgical approach to bilateral apex tumors is potentially effective and safe for the complete resection of bilateral lung tumors.

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### Footnote

*Reporting Checklist:* The authors have completed the CARE reporting checklist. Available at <https://asj.amegroups.com/article/view/10.21037/asj-21-13/rc>

*Peer Review File:* Available at <https://asj.amegroups.com/article/view/10.21037/asj-21-13/prf>

*Conflicts of Interest:* All authors have completed the ICMJE uniform disclosure form (available at <https://asj.amegroups.com/article/view/10.21037/asj-21-13/coif>). The authors have no conflicts of interest to declare.

*Ethical Statement:* The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. All procedures performed in this study were in accordance with the ethical standards of the institutional and/or national research committee(s) and with the Helsinki Declaration (as revised in 2013). Written informed consent was obtained from the patient for publication of this case report and accompanying images. A copy of the written consent is available for review by the editorial office of this journal.

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