CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1, Line 3	Title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 2, Lines 77 to 78	Key Words
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	Page 2, Lines 43 to 48	Abstract/Paragraph 1
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	Page 2, Lines 49 to 68	Abstract/Paragraph 2
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	Page 2, Lines 69 to 75	Abstract/Paragraph 3
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page 3, Lines 81 to 113	Introduction
Patient Information	5a	De-identified patient specific information	Page 3, Line 116	Case presentation/Para 1
	5b	Primary concerns and symptoms of the patient	Page 3, Lines 117 to 121	Case presentation/Para 1
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 3, Lines 121 to 123	Case presentation/Para 1
	5d	Relevant past interventions with outcomes	NA	NA
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 4, Lines 124 to 130	Case presentation/Para 1
Timeline	7	Historical and current information from this episode of care organized as a timeline	NA	NA
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 4, Lines 124 to 158	Case presentation/Para 1
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	NA	NA
	8c	Diagnosis (including other diagnoses considered)	Page 4, Lines 143 to 145	Case presentation/Para 1
	8d	Prognosis (such as staging in oncology) where applicable	Page 4, Lines 145 to 146	Case presentation/Para 1
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 4, Lines 161 to 165	Surgical technique/Para 1
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page 5-6, Lines 167 to 215	Surgical technique/Para
	9c	Changes in therapeutic intervention (with rationale)	NA	NA

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page 6, Lines 217 to 234	Outcomes/Para 1
	10b	Important follow-up diagnostic and other test results	Page 6, Lines 224 to 232	Outcomes/Para 1
	10c	Intervention adherence and tolerability (How was this assessed?)	Page 6, Lines 232 to 234	Outcomes/Para 1
	10d	Adverse and unanticipated events	NA	NA
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page 7-8, Lines 270 to 308	Discussion/Para 3-4
	11b	Discussion of the relevant medical literature **with references**	Page 6-7, Lines 244-268	Discussion/Para 1-2
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	NA	NA
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Page 8, Lines 310-317	Conclusion
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	NA	NA
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

Article information: https://dx.doi.org/10.21037/asj-21-92
*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.