CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1 / Line 1 to 2	Section Title Page
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 2 / Line 45 to 46	Section Title Page
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	Page 2 / Line 26 to 32	Section Abstract
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	Page 2 / Line 33 to 40	Section Abstract
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	Page 2 / Line 41 to 44	Section Abstract
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page 3 / Line 52 to 61	Section Introduction
Patient Information	5a	De-identified patient specific information	Page 3 / Line 64	Section Case Presentation
	5b	Primary concerns and symptoms of the patient	Page 3 / Line 66, 71 to 72	Section Case Presentation
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 3 / Line 64 to 66	Section Case Presentation
	5d	Relevant past interventions with outcomes	Page 3 / Line 65	Section Case Presentation
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 3 / Line 66 to 75	Section Case Presentation
Timeline	7	Historical and current information from this episode of care organized as a timeline	Page 3 / Line 66 to 75	Section Case Presentation
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 3 / Line 67 to 69, 72	Section Case Presentation
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Not applicable	Not applicable
	8c	Diagnosis (including other diagnoses considered)	Page 3 / Line 78 to 79	Section Case Presentation
	8d	Prognosis (such as staging in oncology) where applicable	Page 3 / Line 87 to 89	Section Case Presentation
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 3 / Line 80 to 83	Section Case Presentation
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page 4 / Line 86 to 87	Section Case Presentation
	9c	Changes in therapeutic intervention (with rationale)	Not applicable	Not applicable

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page 4 / Line 88 to 92	Section Case Presentation
	10b	Important follow-up diagnostic and other test results	Page 4 / Line 90 to 92	Section Case Presentation
	10c	Intervention adherence and tolerability (How was this assessed?)	Page 4 / Line 83 to 88	Section Case Presentation
	10d	Adverse and unanticipated events	Not applicabe	Not Applicable
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page 4 / Line 107 to 113 //	Section Discussions /
	11b	Discussion of the relevant medical literature **with references**	Page 4 and 5 / Line 95 to	Section Discussions
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 5 / Line 123 to 125	Section Conclusions
	11d	The primary “take-away” lessons of this case report (without references) in a one paragraph conclusion	Page 4 / Line 124 to 125	Section Conclusions
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	Not applicable	Not applicable
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

Article information: https://dx.doi.org/10.21037/asj-22-39
*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.