

## Totally thoracoscopic pulmonary anatomic segmentectomies: technical considerations

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### ABSTRACT

**Background:** While video-assisted thoracic surgery (VATS) lobectomies are being increasingly accepted, VATS segmentectomies are still considered as technically challenging. With the renewed interest for sublobar resection in the management of early stage lung carcinomas, the thoracoscopic approach may have a major role in a near future. We report our technique and results.

**Patients and methods:** Totally thoracoscopic anatomic segmentectomy, i.e., using only endoscopic instrumentation and video-display without utility incision, was attempted on 117 patients (51 males and 66 females), aged 18 to 81 years (mean: 62 years). The indication was a clinical N0 non-small cell lung carcinoma in 69 cases, a solitary metastasis in 17 cases and a benign lesion in 31 cases. The following segmentectomies were performed: right apicosuperior [26] right superior [10], right basilar [18], lingula sparing left upper lobectomy [15], left apicosuperior [11], lingula [7], left superior [14], left basilar [13] and subsegmental resection [3]. Segmentectomy was associated with a radical lymphadenectomy in 69 cases.

**Results:** There were 5 conversions to thoracotomy. The mean operative time was 181±52 minutes, the mean intraoperative blood loss was 77±81 cc. There were 12 postoperative complications (11.7%). The median postoperative stay was 5.5±2.2 days. Out of the 69 patients operated on for a cN0 lung carcinoma, 6 were finally upstaged.

**Conclusions:** Totally thoracoscopic anatomic pulmonary segmentectomies are feasible and have a low complication rate. Segmentectomy; thoracoscopy; video-assisted thoracic surgery (VATS)

### KEY WORDS

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Video-assisted thoracic surgery (VATS) and thoracoscopic major pulmonary resections are accepted as a valid alternative to open surgery as it is now evident that minimally invasive surgery is beneficial in terms of reduced postoperative pain, shorter hospital stay, shorter recovery and better compliance to adjuvant chemotherapy, without compromising oncological principles (1). However few series of video-assisted pulmonary segmentectomies have been published and totally endoscopic-so-called complete VATS-segmentectomies series are even more infrequently reported (2,3). Many different techniques of thoracoscopic major pulmonary resections have been described, depending on the use of an accessory mini-thoracotomy, endoscopic instrumentation, and, video display. In the totally endoscopic approach only endoscopic instruments and

monitor visualization are used. This is the technique that will be described in this article (4). By totally endoscopic we mean: (I) 100% video display; (II) no access incision and (III) only use of trocars and endoscopic instruments (5) (Figures 1,2). The aim of this article is not to discuss the oncologic validity of segmentectomies for early stage lung carcinomas but to describe and discuss some technical aspects and the results of totally thoracoscopic anatomic segmentectomies (TTAS).

### Patients and methods

From January 2008 to January 2013, TTAS was attempted in 117 patients (51 males and 66 females) ranging in age from 18 to 81 years (mean: 62 years). The indication was either a benign lesion (31 patients), a solitary metastasis (17 patients), or a suspicion of clinical stage I non-small-cell lung carcinoma (NSCLC) (69 Patients). The reason for performing a segmentectomy for an NSCLC was an impaired lung function and/or a previous history of pulmonary resection, clinical stage IA in fragile patients or carcinoid tumor.

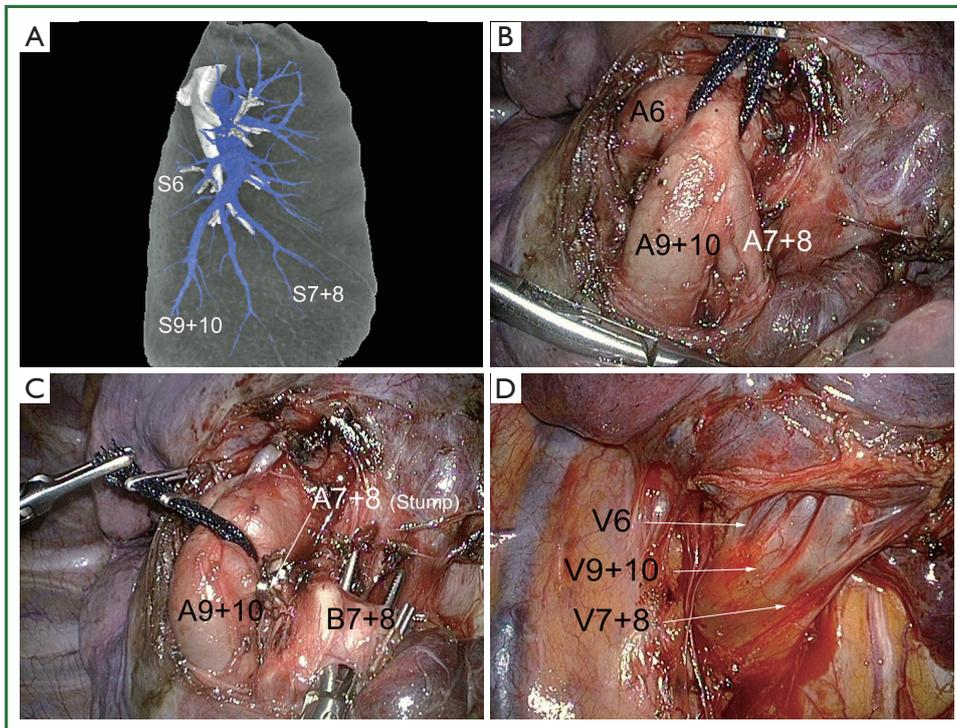
Patients' consent was routinely obtained. Intraoperative and postoperative data were recorded in a prospective manner into a

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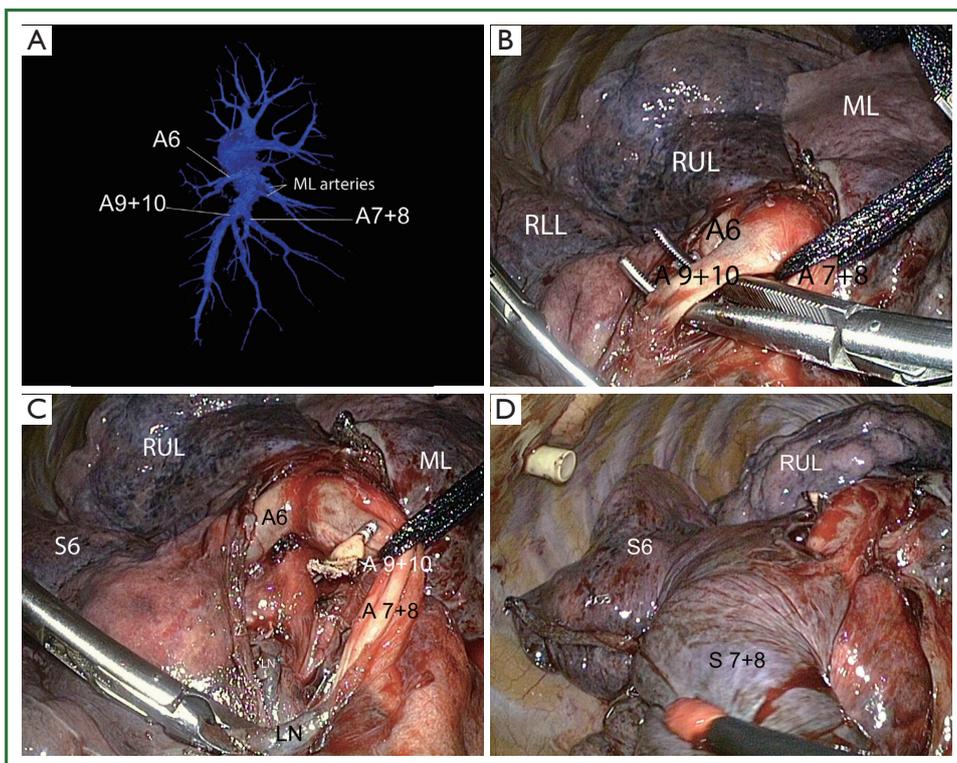
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**Figure 1.** Main steps of a right anterior basilar subsegmentectomy of segments 7+8. A. Three-dimensional reconstruction of arteries and bronchi; B. a loop is passed around the main basilar arterial trunk and helps exposure of the arterial branches; C. after division of the artery to the anterior segments, backward traction of the loop helps exposing the bronchus to segments 7+8; D. segmental distribution of the branches of the right lower pulmonary vein. (A, artery; B, bronchus; V, vein; S, segment).



**Figure 2.** Main steps of a posterior subsegmentectomy of segments 9+10. A. Three-dimensional reconstruction of arteries; B. Dissection of the artery to the posterior segments; C. after division of the artery to the posterior segments, forward traction of the loop helps exposing the bronchus to segments 9+10; D. final aspect before reventilation after removal of the posterior segments. (RUL, Right upper lobe; ML, middle lobe; A, artery; B, bronchus; V, vein; S, segment).

**Table 1.** Resected segments (112 patients).

Right	N	Left	N
Apicoposterior (S1 +2)	26	Upper division (S1 +2+S3)	15
Superior (S6)	10	Apicoposterior (S1 +2)	1
Basilar segments (S7-10)	18	Lingula (S4+5)	7
Posterior Basilar segments (S7-8)	1	Superior (S6)	14
Anterior Basilar segments (S9-10)	2	Basilar segments (S7-10)	13

database that was approved by our Institutional Review Board. The variables entered in the database were the following: need for conversion to thoracotomy, duration of the surgical procedure as noted on the operating room records, operative blood loss, intraoperative complications, number of collected lymph nodes and of dissected lymph node stations for patients operated on for NSCLC, duration of chest drainage, postoperative stay and postoperative complications. The types of segmentectomy are specified in Table 1.

### Technical aspects

We have previously described our technique in detail (Gossot, 2010#53). In brief, the procedure was performed under general anesthesia with split ventilation using a double-lumen endotracheal tube. Patients were positioned in lateral decubitus as for a thoracotomy. The surgeon stood anterior or posterior to the patient, depending on the segments to be resected. He usually stood posterior to the patient for right sided resections and anteriorly for left sided ones. Two monitors were used and the thoracoscope was placed on a mechanical scope holder. In a fashion similar to our technique of totally endoscopic lobectomies, we used a deflectable thoracoscope housing a distal CCD (LTF, Olympus, Tokyo, Japan) (6) connected to a high definition camera system (HDTV) (Exera II, Olympus, Tokyo, Japan). Only specifically designed endoscopic instruments for VATS major resections were used. As a rule, trocars with a diameter ranging between 3 mm (micro-instruments) and 15 mm (endostapler and retrieval bag were utilized). For lung cancer patients, intersegmental lymph nodes, when present, were analyzed by frozen section to confirm the indication for segmentectomy. Larger vessels were divided with endostaplers while haemostasis of small caliber vessels was performed with clips, with a bipolar vessel sealing device (LigaSure™, Valleylab, Boulder, CO, USA) or with a combination of both methods. The root of the intersegmental veins was preserved and used as landmark for identification of the intersegmental plane. Demarcation between the resected and preserved segments was usually made possible by gentle reventilation and adequate application of a long 5-mm lung forceps whose position was adapted according to the inflation-deflation line.

The intersegmental plane was divided by a combination of bipolar sealing device (for its peripheral and thin portion) and stapling (for its central and thick portion) using 4.8 mm staples (Endo-GIA II, Covidien Autosuture, Mansfield, MA). When the remaining segment was mobile and at risk of torsion, it was anchored to the adjacent lobe with a TA endostapler. An additional radical lymphadenectomy was performed for all patients operated on for a suspicion of lung carcinoma, according to a previously described technique (7). No utility incision was used. On completion of the pulmonary resection, the specimen was wrapped into an endobag and retrieved through one of the port sites that was enlarged to a length of 2 to 4 cm, depending on the specimen size. The use of a rib spreader was never required for specimen extraction. In most cases, only 1 chest tube was placed through one of the port site. Its removal was decided according to usual rules, i.e., no air leakage and output inferior to 200 cc per day.

### Results

There were 5 conversions to thoracotomy (4.2%) for a fused fissure (2 cases) and for non-controllable hemorrhage (3 cases). In 1 of these hemorrhagic complications, the planned right apicoposterior segmentectomy was finally converted into an upper lobectomy. All 5 patients had a simple postoperative course. In the 112 other patients who had a totally thoracoscopic procedure, there were 3 intraoperative complications, i.e., a partial disruption of the staple line during division of the intersegmental plane requiring endoscopic suturing. The postoperative course of these 3 patients was simple and they were discharged between postoperative day 4 and 5. Operative time ranged from 87 to 315 minutes (mean, 181±52 minutes). The estimated blood loss ranged from 0 cc (non-measurable) to 450 cc (mean, 77±81 cc). No patient needed blood transfusion. All but 12 patients had an uneventful postoperative course (90%). Complications are listed in Table 2. Out of the 12 complications, 10 were minor whereas 2 were major, i.e., requiring a reoperation. These 2 patients had an ischemia of the remaining lingula after a lingula sparing left upper lobectomy. They underwent a lingulectomy by thoracoscopy (1 patient) or by thoracotomy (1 patient), with a simple postoperative course. The drainage duration ranged from

**Table 2.** Postoperative complications (112 patients).

None	100
Segmental ischemia requiring reoperation	2
Prolonged air leak (>5 days)	3
Pneumothorax requiring chest drainage	1
Sputum retention requiring bronchoscopy	2
Neurologic disorder	1
Pulmonary embolism	1
Pulmonary oedema	1
Arythmia	1

**Table 3.** Final pathological diagnosis (112 patients).

Primary malignant	69
Adenocarcinoma	33
Squamous cell carcinoma	3
Carcinoid tumor	9
Metastasis	17
Benign	31
Bronchiectasia	3
Aspergillosis	2
Mucormycosis	1
Tuberculosis	1
Bronchial atresia	5
Bulla	1
Other benign conditions	6

1 to 7 days (mean,  $3.3 \pm 1.9$  days) and the hospital stay from 2 to 22 days (mean,  $5.5 \pm 2.2$  days). The final pathological results are listed in Table 3. For the 69 patients who were operated on for a suspicion of primary lung carcinoma and who had an additional lymphadenectomy, the mean number of removed hilar lymph nodes (station 10) ranged from 0 to 6 (mean,  $3 \pm 2$ ) and from station 11-12 ranged from 1 to 9 (mean,  $3 \pm 2$ ) was. The mean number of collected mediastinal lymph nodes was  $21 \pm 7$  and the mean number of dissected lymph node stations was  $3.5 \pm 1$ . For patients operated on for lung cancer, the tumors were staged pathological N0 in all but 2 cases which were upstaged N1 and 4 cases which were upstaged N2.

## Discussion

### Anatomical landmarks

Segmentectomy is considered a challenging procedure if done by thoracotomy and even more so if it is performed thoracoscopically (2). Not only the anatomical relationships are difficult to grasp, especially for the young and less

experienced surgeons, but the identification and division of the intersegmental plane is a concern. The issue is more relevant for upper segmentectomies. Not only the number of arteries arising from the pulmonary artery is variable but their distribution is sometimes difficult to appreciate because the vessels can usually not be dissected to a sufficient length. This is especially true for the ascending arteries to the right upper lobe. These arteries can supply only the posterior segment of the upper lobe or both the posterior and anterior segments. The study of preoperative computed tomography three-dimensional reconstruction helps assessing the number, size and direction of these arteries without doubt (8). Having the vascular pattern in mind helps the surgeon performing a safer dissection of the branches of the pulmonary artery, especially when the fissure is fused and/or when lymph nodes are present. In a series of 49 patients selected for VATS lobectomy, Fukuhara *et al.* found that preoperative three-dimensional computed pulmonary angiography was identifying the PA branches in 95% of the cases (9). In their series, only some small branches (less than 2 mm in diameter) were missed. In the beginning of our experience, most patients candidate to an upper segmentectomy had a multidetector row preoperative computed tomography (CT) angiography with three-dimensional volume-rendering reconstruction of arterial and venous anatomy. Nevertheless, CT reconstruction was not done for the lower segments since anatomical variations of the vascular supply to the lower lobes has less impact on the surgical technique and can be easily managed (8-10). As we felt more confident with the technique and the thoracoscopic vision of anatomical landmarks, the resort to preoperative CT reconstruction was progressively abandoned.

### Intersegmental plane

Another difficulty faced during thoracoscopic segmentectomy is the identification and division of the intersegmental plane. When performed through a thoracotomy, this step is facilitated by the use of manual palpation which is not possible via thoracoscopy. Several methods have been described. The most common is the creation of a ventilated-deflated line by reventilating the operated lung once the segmental bronchus has been stapled. This technique has drawbacks: (I) reventilation obscures the vision and this is a much more troublesome problem than during thoracotomy; (II) the segments to be resected can be partly reventilated through the collateral canals, leading to an unclear demarcation line. Therefore some authors have suggested acting reverse, i.e., reventilating the whole lung once the segmental bronchus has been divided and then collapsing it, so that only the diseased segments remain inflated (11). Others have suggested using selected jet ventilation in the segmental bronchi to be divided (12). In emphysematous patients we have used a similar method by injecting air through the channel of a

**Table 4.** Technical data available for published series of VATS or totally thoracoscopic segmentectomies.

First author	N	VATS/TT	Number of trocars	Utility incision (cm)	Optics	Op. Time* [min]	Op. Blood loss* [mL]	Division of intersegmental plane
Shiraishi 2004 (13)	34	TT	6	None	Rigid 30°	240±72	169±68	Ultrasonic shears
Okada (14)	102	VATS	2	4-8	NS	129 [60-275]	50 [10-350]	Electrocautery + fibrin sealant
Atkins (15)	48	VATS	1	4	NS	136±45	250±200	Stapling
Oizumi (16)	29	TT	4	None	Rigid 30°	216 [146-425]	100 [3-305]	Stapling
Schuchert (17)	104	VATS	3	4	Rigid 0°	136 [120-152]	171 [133-209]	Stapling
Watanabe (11)	41	VATS	2	4 (3.5-6)	NS	220 [100-306]	183 [30-770]	Electrocautery + Stapling + fibrin sealant
Shapiro (18)	31	VATS	2	NS	NS	NS	NS	Stapling
Leshnowar (19)	15	VATS	3	NS	Rigid 30°	145±55	NS	Stapling
Yamashita (20)	90	TT	4	None	Rigid 30°	257±91	132±181	Stapling
This series	117	TT	4-5	None	Deflectable			Stapling

N, number; VATS, video-assisted thoracic surgery; TT, totally thoracoscopic; cm, centimeter; min, minutes; mL, milliliter; NS, Not stated;

\*, expressed as mean and range or mean ± standard deviation.

bronchofiberscope, after selective endoscopy of the segmental bronchus.

Once the intersegmental plane has been determined, the last issue is the choice of the division method. Some authors have used a combination of blunt dissection, electrocautery and application of fibrin sealant (12). When air leaks were observed, some surgeons applied mattress suture with pledgets (12). These methods have the advantage of sparing parenchyma, but comprise a risk of postoperative air leak. Actually, most authors use staplers (Table 4). Stapling is however not that easy. First, it may require using many cartridges, up to 5 in the series of Watanabe (11). Second, the limited opening of the endostaplers and the thickness of the parenchyma expose to disruption of the staples line, an adverse event that occurred twice in our series. The consequences were not serious but led to troublesome blood loss and required hand suturing.

### Segmental ischemia

In our series, 2 patients had to be reoperated for an ischemia of the lingula after an upper division of the left upper lobe. In one case, it was unclear whether ischemia was related to the torsion of the remaining segment or to an injury of the lingular vein, while torsion was obvious in the second case. This complication has been reported by others (21).

Although the thoracoscopic approach offers a clear and magnified view, one of its limitations is the difficulty in obtaining a global vision of the operative field, especially as the lung is reinflated. Therefore, a wrong positioning of the remaining segment can be overlooked. In addition, securing the segment

to the adjacent lobe by thoracoscopy is not that easy. When performed by thoracotomy, it is usually done by applying anchoring stitches on a partially reventilated parenchyma. This is almost impossible to perform by thoracoscopy due to the lack of space caused by reinflation of the lung. We have overcome this difficulty by applying 1 or 2 cartridges of staples, using an endostapler with no knife (Endo-TA, Covidien). Thorough examination of the remaining segment is required to avoid mispositioning. Should a reoperation be necessary, it can be performed by re-thoracoscopy (22), as occurred in one of our patient.

### Lymph node dissection

Several works dealing with the issue of the validity of lymph node dissection during VATS lobectomy and segmentectomy have been recently published. Basing on a cohort of 14,473 patients, Whitson *et al.* have shown that survival was less after segmentectomy than after lobectomy, even for T1a tumors (23). This was confirmed by the work of Wolf *et al.* (23), but these authors demonstrated that survival was not statistically different between lobectomy and segmentectomy if a lymph node dissection was performed (24). Therefore, the quality of lymph node dissection during segmentectomy for lung cancer is most likely a crucial part of the procedure. Recently, Hattori *et al.* showed that the rate of positive lymph nodes was high for solid T1A tumors especially in case of high standardized uptake value ( $SUV_{max}$ ). They advocate for a thorough intraoperative evaluation of lymph nodes to prevent locoregional recurrence (25). However, it seems that lobar and segmental lymph node clearance is a weak point of

**Table 5.** Results for published series of VATS or totally thoracoscopic segmentectomies.

First author	N	VATS/TT	Conversion rate	Morbidity	Chest tube duration* [days]	Postoperative. stay* [days]
Shiraishi (13)	34	TT	0%	11.7%	4.5±3.2	12.7±3.6
Okada (14)	102	VATS	NS	9.8%	1	NS
Atkins (15)	48	VATS	0%	31.3%	3.5±4	4.3±3
Oizumi (16)	29	TT	0%	10%	1 [1-7]	NS
Schuchert (17)	104	VATS	NS	26%	NS	5
Watanabe (11)	41	VATS	0	10%	3 [1-9]	NS
Shapiro (18)	31	VATS	13%	26%	2 [1-33]	4 [1-98]
Leshnowar (19)	15	VATS	0%	0%	2.8±1.3	3.5±1.4
Yamashita (20)	90	TT	4.8%	19%	4.8±3.4	12.2±8.2
This series	117	TT	4.3%	11.7%	3.3±1.9	5.6±2.4

N, number; VATS, video-assisted thoracic surgery; TT, totally thoracoscopic; NS, Not stated; \*, expressed as mean and range or mean ± standard deviation.

the thoracoscopic approach for sublobar resection. Boffa *et al.* have demonstrated that nodal upstaging from cN0 to pN2 was no statistically different between the open and thoracoscopic approach but that upstaging from cN0 to pN1 was significantly higher when the patient was operated on via thoracotomy (9.3% versus 6.7%) (26). This difference tended to be minimized with experience of the surgeon (26). A satisfactory clearance of stations 11 and 12 can be achieved with the use of patience, appropriate dissection and hemostatic tools and frozen section if any suspicion of nodal metastasis (24).

### Tumor-free margins

In case of lung cancer, frozen section must also be used for examination of the margins after completion of segmentectomy. Indeed, local recurrence after limited resection is related not only to nodal involvement but also to the size of the lesion and to the width of the surgical margins (19). The majority of recurrences are seen when the ratio between the margin and the tumor size is less than (27). Accordingly, frozen section should be used if any doubt exists as to completeness of resection.

### Conclusions

Although a totally endoscopic approach to anatomic segmentectomies can seem challenging and difficult, the operation time in our series was acceptable and the morbidity rate was low (Table 5). Combining the advantages of an endoscopic approach and an anatomic limited resection could be highly beneficial for those of the patients who fulfill the criteria of a sublobar resection. With the renewed interest for sublobar resection in the management of early stage lung carcinomas, the thoracoscopic approach may have a major role in a near future (28,29), provided the following criteria are fulfilled: (I) true anatomic resection with hilar division of bronchovascular

elements; (II) adequate clearance of intersegmental lymph nodes and (III) tumor-free margins.

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