

Atypical histiocytosis in the lung

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ABSTRACT

Objective: To report a rare case of atypical histiocytic tumor of the lung with a review of literature.

Methods: The clinical materials were noted. Literature related to this condition from the past 50 years was reviewed from the group of histiocytic tumors.

Results and conclusions: Clinical manifestations were non-specific. The imaging characteristics of our case were infiltrative lesions with multiple cysts in both lungs. Pathology showed nodular proliferation of atypical cells. Immunohistochemistry suggested a histiocytic origin of the infiltrating atypical cells. Because the pathological findings did not fall into any particular category of typical histiocytic tumors, the final diagnosis was atypical histiocytic tumor. The presentation of atypical histiocytic tumor of the lungs, only, with infiltrative lesions and multiple air cysts seems very rare, with pathological examination being “gold standard” for the diagnosis.

KEY WORDS

Lung neoplasms; histiocytic sarcomas; dendritic cells

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Introduction

Histiocytic/dendritic cell tumors are rare and may involve multiple organs (1). In the past 50 years, only 10 cases of histiocytic tumors of the lung as the main organ involved have been reported (1-5). Indeed, only 4 cases of atypical histiocytic tumors, in total, have been reported, and have involved the nose, lymph nodes, and skin (1,6,7). This is the first case to report an atypical histiocytic pulmonary tumor, exhibiting infiltrative lesions and multiple air cysts in lungs as the primary findings.

Case report

A 47-year-old Chinese female, presenting with fever and cough of one month duration, was hospitalized on December 31st, 2010. She gave a one month history of fevers, without chills, of up to 38.5 °C, without an obvious source. The fever was mainly present at night, and was accompanied by mild cough and white

phlegm production.

She had been diagnosed with SLE (systemic lupus erythematosus, SLE) and lupus nephropathy for ten years and had been receiving prednisone since that time. For the prior 2 years the dose had been 20 mg daily, along with hydroxychloroquine, 400 mg daily. She had no history of hypertension, diabetes, coronary heart diseases, infectious diseases, surgery, trauma, or allergy to drug or food.

Prior to admission, a chest X-ray at another hospital suggested a lung infection. However, it was refractory to penicillin, cefuroxime, and azithromycin. On December 17th, 2010, chest CT showed multiple nodules and bullae in both lungs. She was then referred to our hospital.

Physical examination showed temperature of 36.2 °C, pulse 81/min, respiratory rate 22/min, and blood pressure of 113/75 mmHg. She was conscious and alert. Palpable superficial lymph nodes and thyroid swelling were absent. The trachea was in the midline and thorax and chest wall movement on breathing were symmetrical. On auscultation, rough breath sounds were heard bilaterally, but rales were absent. Cardiovascular, abdominal, and neurological examinations were within normal limits.

CBC (complete blood count, CBC) results: hemoglobin 104 g/L (normal: 110-150 g/L), white blood cell count of 4×10^9 [normal: $(4-10) \times 10^9$ /L]; monocytes 19.8% (normal: 3-8%). Liver function tests: r-glutamyl transferase 193 U/L (normal: 9-40 U/L), alkaline phosphatase 200 U/L (normal: 30-120 U/L), total protein 62 g/L (normal: 64-82 g/L), albumin 36 g/L (normal: 34-50 g/L), globulin 26 g/L (normal: 20-45 g/L). Blood gas

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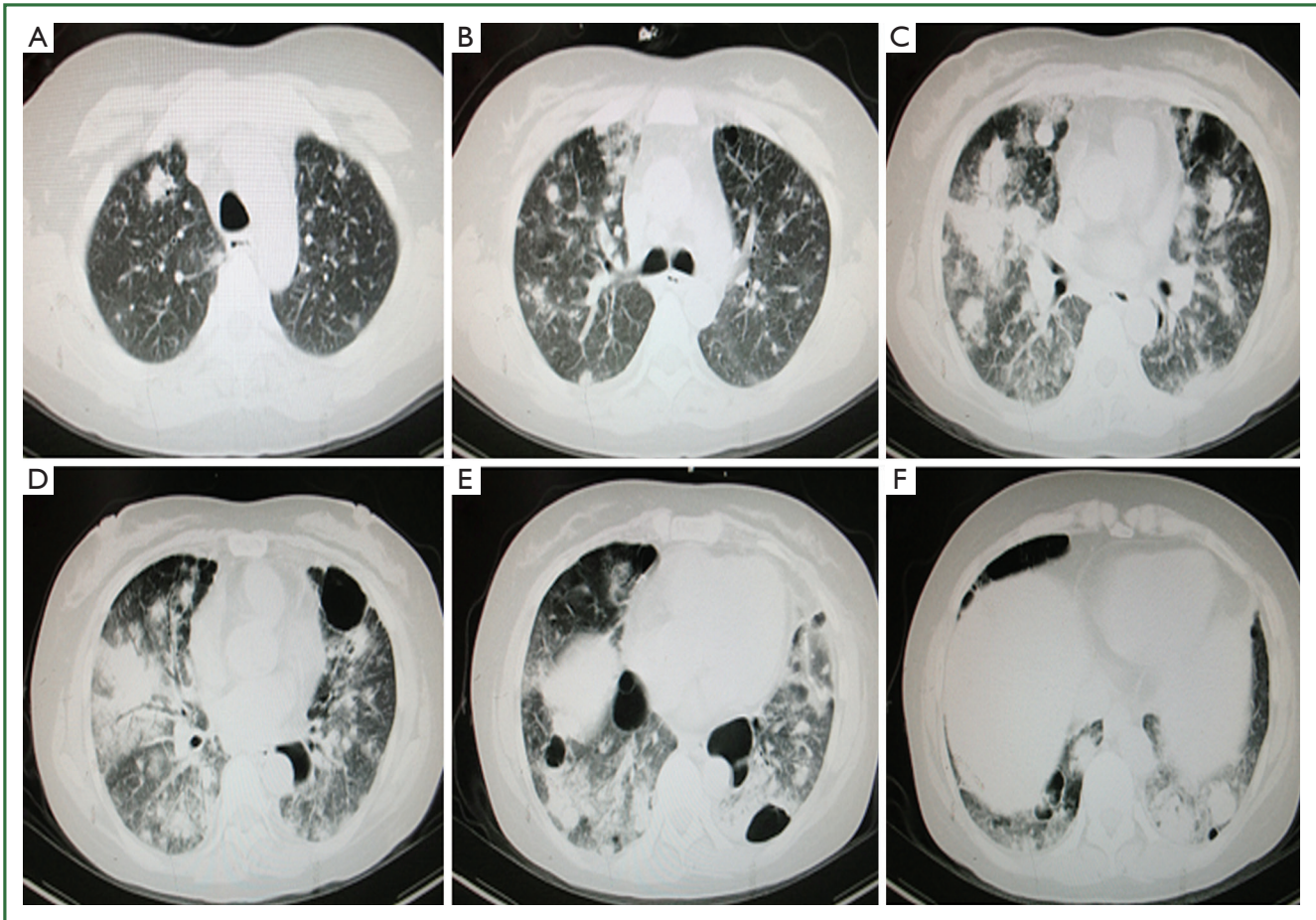


Figure 1. CT scan of the chest showing the infiltrative lesions with multiple cysts in both lungs.

analysis (nasal oxygen catheter at 2 L/min): pH 7.46 (normal: 7.35-7.45), carbon dioxide partial pressure 24 mmHg (normal: 35-45 mmHg), oxygen partial pressure 67 mmHg (normal: 80-100 mmHg), oxygen saturation 94.0% (normal: 96-100%). Serum protein electrophoresis: α 13.5% (normal range: 52-68%), β 14.7% (normal: 8.0-13.0%). Anti-SSA autoantibody test was positive, and dsDNA and anti-Sm test both negative.

Ultrasound showed a left pleural effusion. Cranial MRI shows minor ischemia and lacunar infarction lesions. Chest CT scan on December 17th, 2010 (Figure 1A-F) exhibited bilateral infiltrative lesions and multiple emphysematous bullae. Endoscopic bronchoscopy revealed patent bronchial lumen with intact mucosa bilaterally. Vegetations were not seen.

A provisional diagnosis of bilateral lung infection and hypoxemia in a patient with SLE was made. Biapenem, piperacillin-sulbactam, azithromycin, among others, as well as expectorant were given, along with oxygen and other symptomatic supportive treatments. Fevers improved but chest radiographics showed increasing lesions. To make a diagnosis, VATS (video-assisted thoracoscopic, VATS) biopsy was performed. Pathological IHC (immunohistochemistry, IHC) reported on January 26th, 2011 (Figure 2A-I): CD1 α (+), CD20

(+), CD3 (+), CD34CD68 (+), Ki-67 (+15%), P53 S-100 (+, but minor), VIM (+), reticulocyte staining (+), D240 (+), CK (board-spectrum) (-), SMA (-), Desmin (-), EMA (-), TTF-1 (-), HMB45 (-), CD207 (-) and CD21 (-), CD35(-), LYS(+). Pathologically, the lesions showed many atypical cells. These were described as mid- or mid-large sized cells in nodular, hyperplastic areas, with prominent nucleoli, loose chromatin, and many abnormal mitoses. Thus, this was considered to be an atypical histiocytic hyperplasia/neoplasm.

Discussion

Histiocytic/dendritic cell tumors are rare. Previously, T-cells or NK-cell lymphoma and some diffuse large B-cell lymphomas were misdiagnosed as histiocytic/dendritic cell tumors (8). Currently, histiocytic/dendritic cell tumors are considered to originate from immune helper cells-macrophages and dendritic cells (1). In addition, advanced techniques in IHC, molecular genetics, and electron microscopy have allowed identification and classification of the histiocytic tumors.

The most widely used classification system is the 2002 classification of the ILSG (International Lymphoma Study

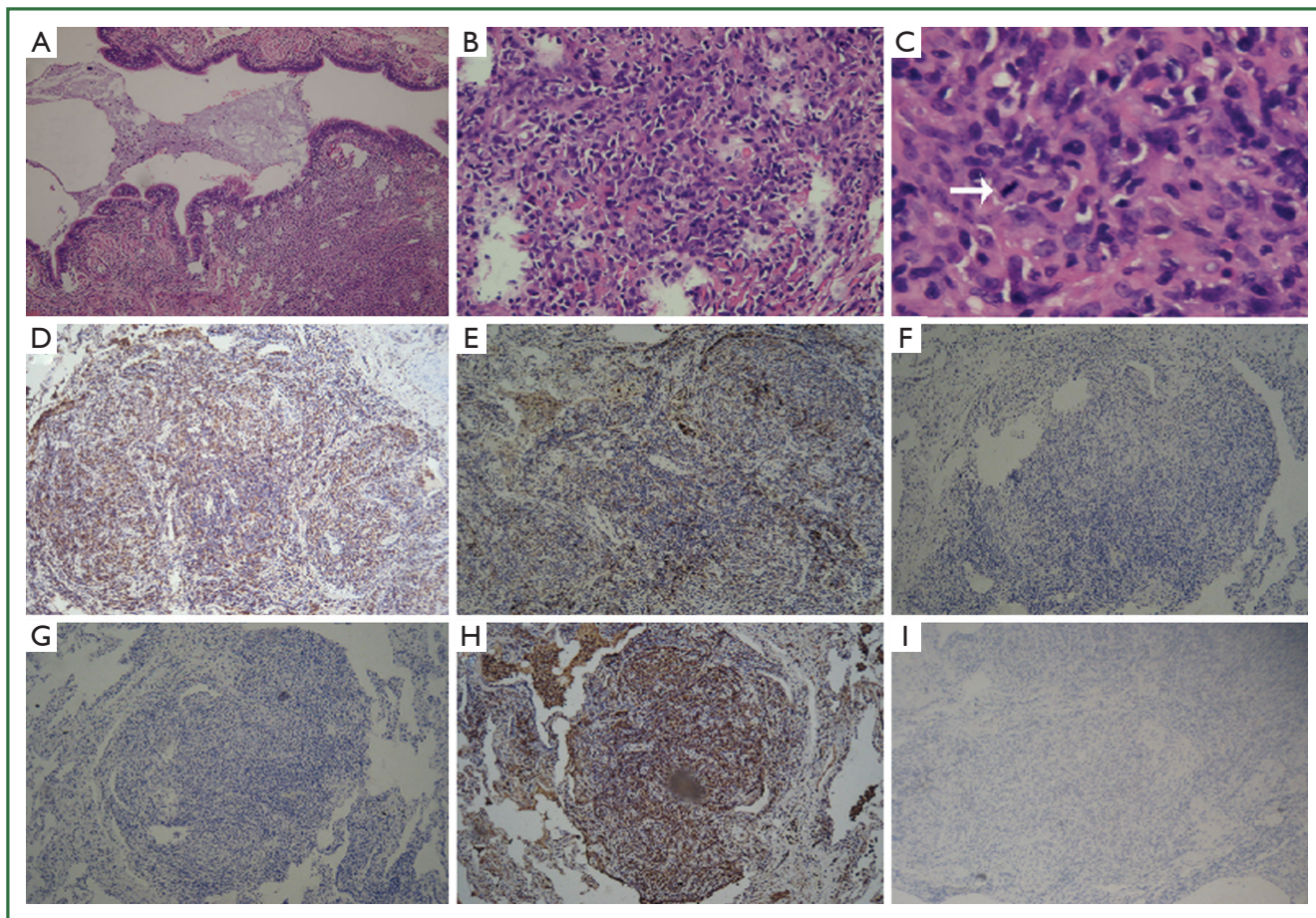


Figure 2. A. Abnormal histiocytes along the small airways and bronchioles. HE, 4×10; B. H & E staining, 10×10; C. Medium to large atypical cells, with clear nucleoli, loose chromatin and mitosis (arrow), HE, 10×40; D. CD68 is positive, 10×10; E. Several S-100-positive cells, 10×10; F. Negative expression of CD1α, 10×10; G. Negative langerin expression, 10×10; H. Positive LYS, lysosome, 10×10; I. Negative CD35, 10×10.

Group, ILSG) (1). This immune phenotype-based classification was based on a comprehensive analysis of clinical profiles, morphology, and immune phenotypes of 61 patients (Table 1) (1). This classification system has a diagnostic accuracy rate of up to 93%, with the remaining 7% being diagnosed by morphological and ultrastructural features. The histiocytic/dendritic cell tumor is classified into 4 types: Histiocytic sarcoma, Langerhans cell tumor/sarcoma, Follicular dendritic cell tumor/sarcoma, and Interdigitating cell tumor/sarcoma, with those not so identified being called atypical histiocytic tumor (1).

The final diagnosis for this patient of atypical histiocytic tumor was based on the following evidence: (I) histology showing a nodular distribution, dysplasia of medium-sized cells, and with a proportion of middle-large sized atypical cells. These cells had prominent nucleoli and loose chromatin, with mitoses and abnormal mitoses (Figure 2C, arrow), characteristic of malignancy. This description does not accord with the four types mentioned above, although CD68, S100 and LYS were expressed; (II) IHC: biomarkers for epithelium, including CK, EMA and TIF-1, were negative. However, the monocyte and

macrophage-related antigens, CD68 and CD163, were positive; (III) There were no cells with characteristic morphological features of Langerhans cells, such as membrane folds or Birbeck granules. In addition, negative CD1α (Figure 2F), CD21, langerin (Figure 2G), only minor S-100-positivity, and CD20-positivity did not support the diagnosis of LCH (Langerhans cell histiocytosis, LCH). The positive T-cell markers, CD3 and CD20, indicated a lymphocyte-related source instead of a typical histiocytic tumor (in which T-cell and B-cell markers should be negative). Because these findings did not fall into any category of a typical histiocytic tumor (in accord with Table 1), the diagnosis was made of an atypical histiocytic tumor.

Clinical manifestations, treatment, and prognosis of histiocytotic tumors

The clinical manifestations of histiocytic/dendritic cell tumors are protean. (I) It is common for each type of histiocytic tumor most frequently seen in lymph nodes, skin, and gastrointestinal tract, with associated hepatosplenomegaly, fever, and weight

Table 1. Categories of histiocytic and dendritic cell neoplasms and features by immunohistochemistry and electron microscopy (1).

Cancer types	Immunohistochemical positivity (%)						Electron microscopic findings
	CD68	LYS	CD1 α	CD21	CD35	S100	
Histiocytic sarcoma	100	94	0	0	0	33	Many lysosomes, no cellular processes, no intercellular junctions, no desmosomes with Birbeck granules
Langerhans cell tumor/sarcoma	96	42	100	0	0	100	Birbeck granules
Follicular dendritic cell tumor/sarcoma	54	8	0	100	100	16	Cellular processes, desmosomes
Interdigitating cell tumor/sarcoma	50	25	0	0	0	100	Cellular processes, desmosomes

Note: LYS-lysosome.

loss; (II) Multi-organ involvement usually predicts a poorer prognosis; (III) Primary follicular dendritic cell tumor/sarcomas may occur in lymph nodes or extranodal sites such as skin, spleen, and oral mucosa. A few patients show extensive lymph node involvement and splenomegaly. Although relapse after treatment occurs, the majority of patients have a good prognosis; (IV) Interdigitating dendritic cell sarcoma/tumors are rare. These lesions are not confined to lymph nodes, but can involve bone marrow, liver, spleen, skin, lungs and other organs. There are, of course, significant differences in prognoses between local and disseminated disease for all 4 categories.

The primary treatment strategy (7,8) should be to surgically remove the primary tumor, when possible, followed by radiation and chemotherapy. Patients with histiocytic/dendritic cell tumors usually have a poor outcome with a mortality rate of 50% to 60% (8). Treatment options depend on location and involved areas. Chemotherapy, surgery and radiation are potential options.

Our patient initially developed respiratory symptoms without evidence of disease elsewhere. Lesions seemed to be located only in the lungs, exhibiting infiltration and multiple cysts (Figure 1A-F), characteristic of LCH (9).

The patient had a 10-year history of SLE. Although the lung can be involved in SLE, reports are not consistent, but can be as high as 60 percent (10). Pulmonary SLE may involve pleura, lung parenchyma, or pulmonary interstitium, exhibiting dispersed patchy consolidation (11). Characteristic lesions include interstitial fibrosis, vasculitis, hematoxylin bodies, interstitial pneumonia, pleuritis, alveolar wall necrosis, pleural effusion, edema, and alveolar hemorrhage (12). Although there is one case report of a patient with SLE combined with lung histiocytosis (5), SLE combined with atypical histiocytic tumors has not been reported. In the present case, we could not exclude that the lung lesions were from SLE, or that SLE lesions coexisted with atypical histiocytic lesions. Certainly, SLE, with its abnormal immune status, compromised immune surveillance, and potential genetic mutations secondary to chemotherapy

might contribute to development of an atypical histiocytic tumor.

Upon discharge treatment was continued with low dose cyclophosphamide, VP16, and vincristine for 6 months through November 2011. With treatment, her symptoms somewhat improved but she continued to have recurrent fevers to 38 °C.

Conclusions

As mentioned above, histiocytic tumors are rare, atypical histiocytic tumors even more so, with pulmonary atypical histiocytic tumors, with infiltrative lesions and multiple cysts, not being previously reported. Our patient's disease was characterized by non-specific clinical manifestations and imaging findings. Differential diagnosis of similar conditions must be ruled out before reaching such a diagnosis. Pathological evidence is the "gold standard" for a final diagnosis, though immunohistochemistry can aid in its confirmation.

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