

Infections causing central airway obstruction: role of bronchoscopy in diagnosis and management

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Abstract: Central airway obstructive infections (CAOI) are challenging medical conditions that may represent an advanced and complicated process of ongoing infections. The epidemiology of CAOI is unknown as well as the pathophysiology and the mechanism of development. This is due to sparse data in the literature that consists mainly of case reports and retrospective case series. CAOI can be caused by fungal, bacterial, parasitic and viral infections. Most patients with CAOI can be diagnosed clinically and with chest imaging, which demonstrate obstruction of the central airways. However, bronchoscopy is commonly used to confirm and obtain a specific diagnosis to guide specific therapy. In recent years, interventional pulmonology (IP) is becoming widely available and offer a minimally invasive approach for the management of central airway diseases such as cancers, benign strictures, and other conditions. Various bronchoscopic modalities are used to treat central airway obstruction (CAO), such as mechanical debulking, endobronchial laser therapy, electrocautery, argon plasma coagulation, cryotherapy, and airway stenting. In patients with CAOI, the role of therapeutic bronchoscopy is not clearly defined, but many isolated reports in the literature described bronchoscopic intervention in combination with medical therapy as the initial management approach. In this paper, we present cases of CAOI that underwent bronchoscopic intervention as part of their management. We described the infectious etiology, locations, bronchoscopic findings and bronchoscopic modalities for airway management.

Keywords: Central airway obstruction (CAO); infection; bronchoscopy

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Introduction

Central airway obstructive infections (CAOI) are interesting and problematic illnesses that have unusual clinical, radiological, and morphological presentations. They may be caused by common or rare pathogens. Individual immune status and comorbid conditions may allow similar

infectious pathogens to cause disease states, which have a unique clinical presentation; unusual anatomic distributions, morphological appearances, and outcomes. To this date, there is no comprehensive review addressing this clinical entity, and the medical literature mainly consists of case reports and cases series, which prompted us to write this paper on CAOI. In this article, we focus on the central

airway infections causing obstruction and warranting bronchoscopic diagnosis and therapeutic intervention. The PubMed and Embase databases were searched from 1990 to 2016 to identify case reports and case series of central airway infections causing obstruction. We excluded cases of bronchitis or tracheitis caused by common viral or bacterial pathogens that are usually treated medically without any invasive intervention. We also excluded cases of endobronchial tuberculosis (EBTB), as this condition is not uncommon and is considered outside the scope of this paper. We also excluded pediatric cases under the age of 18. A total of 337 cases of central airway infections diagnosed with bronchoscopy were reported, of which 237 had individual case reports and 100 were in case series. We herein provided an overview of the microbiologic, pathologic, radiologic, and bronchoscopic characteristics of infections affecting central airways. We focused on the bronchoscopic modalities that were used to treat CAOIs, such as rigid bronchoscopy, balloon bronchoplasty, endobronchial laser therapy, cryotherapy, and airway stenting. Additionally, we reported on the immune status of patients and management outcomes.

Epidemiology

There is no epidemiological data that specifies the prevalence, racial or geographical distribution, and age or gender predominance of CAOI. Case reports and case series from reviews of specific pathogens, which causes CAOIs indicate that the immune status of the host plays a crucial role. In one review by Tasci *et al.* on aspergillosis causing central airway infections, 16 out of 20 reported patients were on immunosuppressive therapy (1). The prevalence of CAOI is expected to increase as the fields of transplant medicine and oncology evolve and particularly with the rapid growth of interventional pulmonology (IP). *Tables 1-3* outline case reports of CAOIs who have undergone bronchoscopic management in the last 26 years. Gender, age, immune status of hosts, the location of specific infection, bronchoscopic view, diagnostic and treatment modalities with outcomes are summarized.

Diagnosis

The diagnosis of CAOI can be challenging. An understanding of a patient's past medical history, clinical presentation, systemic signs of infection, radiologic and microbiologic evidence of infection, and bronchoscopy

based modalities must all be assimilated. Procedural skills may include bronchoalveolar lavage (BAL), bronchial washings, protected brush, endobronchial and transbronchial biopsy as well as macroscopic evaluation of lesions. Some cases of CAOI develop at the site of previous disease, anastomosis sites or places where previously inhaled foreign bodies were located. Dicipinigaitis *et al.* described actinomycosis in a patient with a history of possible chicken bone aspiration. Poor dental hygiene associated with a bony foreign body in the right bronchus intermedius (RBI) caused 90% obstruction (43). In another case, Pornsuriyasak *et al.* described pseudomembranous tracheobronchitis caused by *Aspergillus* species (spp.) at the site of previous tracheal stenosis, which had been caused by previous tuberculosis (TB) (4). CAOI can also mimic endobronchial malignancy. In these cases, bronchoscopy with biopsy is indicated for differentiation (44,45).

Clinical presentation

There are no unique clinical symptoms that can distinguish CAOI from other respiratory infections or airway obstruction secondary to other etiology such as malignancy. Dyspnea, cough, fever, and hemoptysis are almost universal presenting signs. Hoarseness and wheezing may indicate large airway involvement with possible obstruction. Suresh *et al.* reported a case of endobronchial mucormycosis in the left mainstem bronchus (LMB) causing left vocal cord paresis by affecting the left recurrent laryngeal nerve (46). Postobstructive pneumonia is not an uncommon presentation. Rare presentations can be challenging to diagnose, and therefore a high clinical suspicion is required. A cough with expectoration of fungal casts taking the form of the bronchial tree has been observed in fungal obstructing diseases (47). Hemoptysis, although a common presenting symptom of CAOIs, could be a result of broncholiths in the tracheobronchial tree (48), or vascular invasion (47).

In patients with acquired immune deficiency syndrome (AIDS), the respiratory symptoms may appear after antiretroviral therapy (ART) as a result of immune reconstitution syndrome. Kim *et al.* described a case of an endobronchial polypoid mass caused by *Mycobacterium avium* complex (MAC) and occluding the lingular bronchus lumen (49).

Microbiology

CAOIs can be caused by the full spectrum of bacterial,

Table 1 Cases of central airway infection caused by fungal pathogens with respective bronchoscopic findings, intervention, and outcomes

Author/year	Sex/age	Infection type	Location of infection	Bronchoscopic findings	Degree of obstruction	Bronchoscopic treatment	Medical treatment	Immune status	Outcomes
Rojas-Tula et al./2013 (2)	M/50	Fusarium spp. (mycetoma)	LUL apical segmental bronchus	Large rounded whitish cauliflower type necrotic lesion	N/A	Removal of mycetoma with cryotherapy probe	Itraconazole	Non comp.	Clinical improvement, discharged home
McGuire et al./2007 (3)	F/Middle age	Rhizomucor	Right bronchial anastomosis	Darkly pigmented pseudo—membrane and hypertrophic tissue	90% narrowing	Debridement, balloon dilation, later SEMS placement	Amph. B	Comp. (BLT)	Clinical improvement
Pornsuriyasak et al./2009 (4)	F/55	Aspergillus spp.	Entire trachea, posterior LMB	Yellow-white pseudo—membranes, old tracheal stenosis due to TB infection	Mid tracheal 7 mm narrowing	Rigid bronch. for dilation, silicone stent placement	Oral voriconazole, nebulized Amph. B	Non comp.	Clinical improvement
Gonzalez et al./2013 (5)	M/17	Aspergillus flavus	Distal trachea right lateral wall	15 mm x 15 mm defect on membranous part of right distal tracheal wall communicating with RPC	N/A	Surgical repair then Y shaped silicone stent placement, rigid bronch	Voriconazole	Comp. (ALL)	Clinical and bronchoscopic improvement
Bentley et al./2016 (6)	F/65	Cryptococcus neoformans	Bronchi, subglottic area	Extensive polypoid lesions in the subglottic space	>50% airway occlusion	Endobronchial argon plasma coagulation	Amphotericin B Fluconazole	Comp. (non-Hodgkin lymphoma)	No further respiratory complaints, decannulated
Paul et al./2015 (7)	F/23	Mucormycosis	Distal trachea, RMB, LMB	White soft tissue mass, Ball—valve effect	Complete RMB occ.	Rigid bronch. Unsuccessful, right pneumonectomy	Amph. B, posaconazole	Comp. (DM)	Discharge to rehab
Kim et al./2000 (8)	M/33	Aspergillus spp.	LLL bronchus	Irregularly shaped yellowish movable mass 1 cm in size	Complete occ.	Basket removal of mass	N/A	Non comp.	Clinical improvement
Jung et al./2013 (9)	M/59	Aspergillus spp.	LLL superior segmental bronchus	Irregular mass—like brownish material and foreign body	Total obstruction	Unsuccessful attempt to remove foreign body by snare	No treatment	Non comp.	N/A
Yeo et al./2012 (10)	F/75	Aspergillus spp.	LLB	Broncholith—like calcified endobronchial lesion with irregular yellow and black surface and post obstructive pneumopathy	N/A	Obstructing mass was removed using grasping forceps	Antibiotics NOS	Non comp.	Symptomatic and radiologic improvement
Zhou et al./2015 (11)	M/58	Aspergillus flavus	RMB	Thick yellowish mucous plugs	Partial obstruction of the truncus intermedius and complete obstruction of RLL bronchus	Electrocautery, cryotherapy, and mechanical removal	Voriconazole local Amph. B intraluminal instillation	Non comp.	Partial recovery of the occlusion

Table 1 (continued)

Table 1 (continued)

Author/year	Sex/age	Infection type	Location of infection	Bronchoscopic findings	Degree of obstruction	Bronchoscopic treatment	Medical treatment	Immune status	Outcomes
Alrailyes et al./2014 (12)	M/43	Mucormycosis	LMB	Occlusion of LMB	100% LMB occlusion with pinhole opening	Bronchography, fluoroscopic guided balloon dilations	N/A	Comp. (IVIg)	Symptoms improved post intervention
Pendurthi et al./2016 (13)	M/27	Zygomycetes spp.	LLL bronchus	Endobronchial mass occluding the posterior subsegment of LLL bronchus	N/A	Endoluminal mass was removed using cryotherapy	LAmph. B	Comp. (hematological malignancy)	N/A
Shameem et al./2010 (14)	M/24	Aspergillus precipitin	RUL posterior segmental bronchus	Ball—like region, with hyperemia movable	Partial occ.	Biopsy, forceps and basket removal of ball	N/A	Non comp.	N/A
Ibrahim et al./2013 (15)	F/65	Aspergillus spp.	Main carina LLL	Well-formed white gelatinous obstructing mass	Left bronchial tree obstruction	Cryoablation	Voriconazole LAmph. B Posaconazole	Comp. (chemotherapy, steroids)	Clinical improvement
Artinian et al./2010 (16)	M/46	Cryptococcus neoformans	RUL bronchus and RMB	Large glistening, smooth surface mass emanating from RUL into RMB	Almost complete occ. of RMB	Rigid bronch. With electrocautery and snare resection, RMB Durmon stent placement	Fluconazole	Non comp.	Clinical and bronchoscopic resolution
Husari et al./1994 (17)	M/56	Mucormycosis	LMB	Endobronchial mass, firm, well circumscribed with smooth erythematous mucosa	LMB obstruction	Nd-YAG laser endobronchial therapy	IV Amph. B	Comp. (DM)	Clinical and radiographic improvement
al-Majed et al./1992 (18)	M/44	Mucormycosis (Rhizopus)	RLL bronchus distal to the origin of superior segment	White cheese like mass	Occlusion of RLL bronchus	Rigid bronchoscopy and removal of mass	IV Amph. B	Comp. (DM)	Clinical and bronchoscopic resolution
Zhou et al./2013 (19)	M/44	Cryptococcus neoformans	RMB	Mass over RMB orifice	Occlusion of RMB orifice	Tracheal endoscopic mass ablation, tracheal stent	Itraconazole Voriconazole LAmph. B.	Non comp.	Radiologic and bronchoscopic resolution of the mass
Radunz et al./2013 (20)	F/47	Aspergillus fumigatus	Mid trachea	Thick white mucous coverings	Tracheal stenosis subtotal	Stent placement	Voriconazole	Comp. (OLT)	Clinical improvement
Fabbri et al./2013 (21)	M/49	Cryptococcus	Proximal trachea	Exophytic mass arising from posterior tracheal wall	Subtotal obstruction of trachea	Nd-YAG laser resection	Fluconazole	Comp. (RTP)	Clinical and bronchoscopic resolution
Zuil et al./2001 (22)	M/46	Mucormycosis	RBI	Whitish yellow mass	Complete obstruction of RBI	Rigid bronchoscopy, cryotherapy	IV Amph. B, LAmph. B, then right pneumonectomy	Comp. (DM)	Expired due to pulmonary edema

Table 1 (continued)

Table 1 (continued)

Author/year	Sex/age	Infection type	Location of infection	Bronchoscopic findings	Degree of obstruction	Bronchoscopic treatment	Medical treatment	Immune status	Outcomes
Rachel et al./2002 (23)	F/33	Mucormycosis	Carina, LMB	LMB occluded by a gelatinous adherent material, purulent pseudo-membranes entire length of LMB	Near complete occlusion of LMB	Stent placement, APC	IV and nebulized Amph. B, endobronchial instillation of Amph. B	Comp. (RTP)	Clinical improvement
Nathan et al./2000 (24)									
Case 1	M/F 49.9+/-9.9	Aspergillus fumigatus	RMB	Exuberant granulation tissue Pseudomembranes	Endobronchial narrowing	Endobronchial Laser therapy	Itraconazole/Amph. B	Comp. (lung transplant)	Improvement in FEV ₁
Case 2	-	Aspergillus fumigatus	LMB	Exuberant granulation tissue Pseudomembranes	Endobronchial narrowing	Stent placement	Itraconazole/Amph. B	Comp. (lung transplant)	Improvement in FEV ₁
Case 3	-	Aspergillus fumigatus	LMB	Exuberant granulation tissue	Endobronchial narrowing	Stent placement	Itraconazole/Amph. B	Comp. (lung transplant)	Improvement in FEV ₁
Case 4	-	Aspergillus fumigatus	LMB	Exuberant granulation tissue	Endobronchial narrowing	Stent placement	Itraconazole/Amph. B	Comp. (lung transplant)	Improvement in FEV ₁
Case 5	-	Aspergillus fumigatus	Right middle lobe bronchus	Stricture Pseudomembranes	Endobronchial narrowing	Balloon dilation	Itraconazole/Amph. B	Comp. (lung transplant)	Improvement in FEV ₁
Case 6	-	Aspergillus fumigatus	LMB	Exuberant granulation tissue	Endobronchial narrowing	Stent placement	Itraconazole/Amph. B	Comp. (lung transplant)	Improvement in FEV ₁
Argento et al./2015 (25)									
Case 1	M/68	Aspergillus fumigatus	Trachea RMB	Endobronchial mass with extrinsic compression	Significant obstruction	Debridement by rigid bronchoscopy	Voriconazole micafungin Amph. B	Comp. (Heart transplant)	Development of tracheal fistula Alive after 11 months
Case 2	M/62	Aspergillus fumigatus	Main carina RMB, RBI	Necrotic mass Pseudomembranes	Progressive stenosis of bronchus intermedium	Debridement by rigid bronchoscopy balloon dilations stent placement	Voriconazole micafungin	Comp. (AIDS)	Alive after 30 months

RUL, right upper lobe; LUL, left upper lobe; RBI, right bronchus intermedium; RMB, right main stem bronchus; LLL, left lower lobe; occ., occlusion; DM, diabetes mellitus; RTP, renal transplant patient; BLT, bilateral lung transplant; Lamph. B, Liposomal amphotericin B; Amph. B, Amphotericin B; NOS, not otherwise specified; N/A, not applicable; Comp., compromised; SEMS, self-expandable metallic stent; bronch., bronchoscopy; BLT, bilateral lung transplant; OLT, orthotopic liver transplant; BMT, bone marrow transplant; ALL, acute lymphoblastic leukemia; IVIG, intravenous immunoglobulin; RPC, right pleural cavity; TB, tuberculosis; FEV₁, forced expiratory volume in 1 second; APC, argon plasma coagulation; Nd:YAG laser, neodymium-doped yttrium aluminum garnet laser; spp., species; M, male; F, female; AIDS, acquired immune deficiency syndrome.

Table 2 Cases of central airway infection caused by bacterial pathogens with respective bronchoscopic findings, intervention, and outcomes

Author/year	Sex/age	Infection type	Location of infection	Bronchoscopic findings	Degree of obstruction	Bronchoscopic treatment	Medical treatment	Immune status	Outcomes
Folliet et al./2015 (26)*	N/A	Actinomyces meyeri	RMB	Endobronchial tumor	Complete occ. RMB	Rigid bronchoscopic debridement, Y shaped stent placement	Antibiotic therapy NOS	Non comp.	Complete regression of obstruction expired after stent removal due to massive hemoptysis
Kebbe et al./2016 (27)	F/57	Finegoldia magna (formerly Peptostreptococcus magnus)	RUL Trachea RMB LMB	Dynamic airway collapse and significant tracheal edema	Narrowing of b/l proximal mainstem bronchi	Deploying a silicon Y-stent in the distal trachea and b/l proximal mainstem bronchi	N/A	Comp. (chemotherapy)	Asymptomatic the stent was removed 5 weeks after using rigid bronchoscopy
Guerrero et al./2014 (28)	F/39	Corynebacterium spp.	Proximal trachea	Pseudomembranes, severe tracheal inflammation with multiple mucosal, plaque-like lesions	95% obstruction of proximal trachea obstruction recurred with complete obstruction	Mechanical debridement recurrence: rigid bronchoscopy, dilatation with percutaneous dilation tracheostomy	Clindamycin for recurrence imipenem and vancomycin	Non comp.	Surgical tracheal resection
Colt et al./1991 (29)	M/54	Corynebacterium pseudodiphtheriticum	Trachea	Circumferential inflammatory process, with ulcerations, thin membranes and necrosis	Partial occlusion of trachea	Rigid bronch and Mechanical debulking	IV penicillin	None comp.	Resolution of inflammatory process
Patel et al./2010 (30)	M/39	Rhodococcus equi	RUL	Broad based, lobulated endobronchial lesion. Purulent secretions.	Partial occlusion of RUL bronchus	Electrocautery snare	TMP/SMX Azithromycin Vancomycin	Comp. (AIDS)	Complete resolution of RUL consolidation and cavitation
Manali et al./2005 (31)	M/58	Mycobacterium kansasii	Carina, LMB and RMB	Fungating mass, ulcerated carina and narrowing of mainstem bronchi	Partial occ. LMB and RMB	Laser resection and balloon bronchoplasty b/l mainstem bronchi	INH, rifampin, EB	Non comp.	Clinical improvement
Henderson et al./2009 (32)	M/48	Streptococcus pyogenes	Trachea RMB LMB	Diffuse pseudomembranes	Near complete obliteration of LMB	Cryo-adhesion therapy to remove pseudo-membranes	NOS	Non comp.	Recovery Discharge
Gorbett et al./2013 (33)	F/52	MAC	RBI	Endobronchial mass	Near complete occ. RBI	Biopsy, debulking bronchoscopy with cryotherapy	MAC therapy	Comp. (CLL)	Clinical improvement

Table 2 (continued)

Table 2 (continued)

Author/year	Sex/age	Infection type	Location of infection	Bronchoscopic findings	Degree of obstruction	Bronchoscopic treatment	Medical treatment	Immune status	Outcomes
Shih <i>et al.</i> /1997 (34)	F/34	MAI	RMB, LMB, RBI	Multiple polypoid tumors	Near complete occlusion of RMB,	Nd, YAG laser therapy	Ofloxacin, clarithromycin, rifampin	Non comp.	Clinical improvement Almost complete resolution of bronchoscopic findings
Ling <i>et al.</i> /2011 (35)	F/60	Pseudomonas aeruginosa staphylococcus aureus	Trachea RMB LMB	Multiple pink lobulated polypoid bronchial lesions (fibroepithelial polyps), some of which were up to 10 mm in diameter	Partial obstruction of segmental bronchi	Argon plasma coagulation biopsy	Ciprofloxacin Azithromycin	Non comp.	Resolution of symptoms and polyps
Verma <i>et al.</i> /2005 (36)	M/56	Klebsiella rhinoscleromatis	Glottis Subglottis	Findings suggestive proximal tracheal tumor. Laryngoscopy: with evidence of cartilaginous destruction	50-60% endoluminal narrowing	Endoscopic resection	Ciprofloxacin	Non comp.	Bronchoscopic: no recurrence
Bigi <i>et al.</i> /2016 (37)	F/46	Klebsiella rhinoscleromatis	Proximal trachea, Subglottic	Subglottic mucosal hypertrophy arising in the cricoid	Tracheal stenosis to 7 mm in diameter	Endobronchial CO ₂ laser therapy	Ofloxacin	Non comp.	Clinical improvement
Buls <i>et al.</i> /2011 (38)									
Case 1	F/71	MRSA	Trachea	Mass of granulation tissue	Tracheal obstruction	Rigid bronchoscopy, mechanical debulking and placement silicone stent	Antibiotics NOS	Non comp.	Stent removal in 2 months. No stenosis in 2 years
Case 2	F/76	Pseudomonas aeruginosa	Trachea	Mass of granulation tissue	Tracheal obstruction	Rigid bronchoscopy, mechanical debulking, argon plasma coagulation	Antibiotics NOS	Non comp.	Procedure repeated in 3 weeks. No recurrence afterwards

*, foreign language article. RUL, right upper lobe; LUL, left upper lobe; RBI, bronchus intermedius; RMB, right main stem bronchus; LMB, left main stem bronchus; RBI, bronchus intermedius; MAC, Mycobacterium avium complex; MAI, Mycobacterium avium intracellulare; INH, isoniazid; TMP, trimethoprim; SMX, sulfamethoxazole; EB, ethambutol; Comp., compromised; occ., occlusion; NOS, not otherwise specified; N/A, not applicable; bronch., bronchoscopy; MRSA, methicillin-resistant Staphylococcus aureus; b/l, bilateral; Nd:YAG laser, neodymium-doped yttrium aluminum garnet laser; M, male; F, female; spp., species.

Table 3 Cases of central airway infection caused by viruses and parasites with respective bronchoscopic findings, intervention, and outcomes

Author/year	Sex/age	Infection type	Location of infection	Bronchoscopic findings	Degree of obstruction	Bronchoscopic treatment	Medical treatment	Immune status	Outcomes
Aventura et al./2011 (39)	M/55	CMV	LMB stent site	Granulation tissue proximal and distal to stent	N/A	Rigid bronchoscopy placement of new stent	IV ganciclovir, IV CMV immune globulin	Comp. (BLT)	Improvement in FEV ₁
Naber et al./2005 (40)	M/57	CMV	RBI	Polyp 1.5 cm	NOS	Bronchoscopic polyp removal	Ganciclovir Valganciclovir IV CMV IG	Comp. (lung transplant)	Reactivation expired
Chaaban et al./2015 (41)									
Case 1	M/69	HSV	LLL lateral segment	Narrowing of bronchus	80 % narrowing	Balloon dilation	Valacyclovir	Comp. (lung transplant)	Improvement of lumen narrowing to 100%
Case 2	M/67	HSV	LUL bronchus	Stenotic lesion, pinpoint	Almost complete collapse on exhalation	Bare metal stent	Valacyclovir	Comp. (lung transplant)	Oxygen requirements returned to baseline
Zhang et al./2014 (42)	F/40	Leech infestation	Upper trachea	Brown worm-like moving foreign body 2 cm below the glottis surrounded with granulation tissue	N/A	Rigid bronch. and forceps extraction	N/A	Non comp.	Clinical improvement

LUL, left upper lobe; RBI, bronchus intermedius; LMB, left main stem bronchus; LLL, left lower lobe; bronch., bronchoscopy; BLT, bilateral lung transplant; Comp., compromised; NOS, not otherwise specified; occ., occlusion; N/A, not applicable; FEV₁, forced expiratory volume in 1 second; CMV, cytomegalovirus; HSV, herpes simplex virus; IV, intravenous; IG, immunoglobulin; M, male; F, female.

viral, fungal and parasitic pathogens. In contrast to other common respiratory tract infections with highly virulent pathogens causes bronchitis or pneumonia, the host immune status in CAOIs is usually compromised, and even common respiratory tract colonizers or saprophytes can cause serious illness. Microbiological tests differ for each group of pathogens. In all cases, routine blood work, human immunodeficiency virus (HIV) status, blood and sputum cultures require examination. Bronchoscopic specimen including biopsy should be sent for histopathological analysis, cytology, histochemical staining and fungal/mycobacterial stains. BAL and bronchial wash for fungal, bacterial, mycobacterial and viral cultures should also be obtained. Specific testing, which may include polymerase chain reaction (PCR) for viral or mycobacterial pathogens, may be needed if the clinical suspicion is high.

Radiology

Chest radiography (CXR) is universal for patients presenting with most respiratory symptoms and is the first step in the radiologic workup. CXR findings are not specific and may be helpful if lobar atelectasis or unilateral lung collapses are seen and indicate main stem bronchial, lobar or segmental bronchi obstruction. Pulmonary infiltrates may be suggestive of major airway involvement depending on suspected pathology. Lee *et al.* showed that in 121 patients with EBTB, the CXR showed parenchymal infiltration in 58.7% and loss of volume in 34.8% (50). In another study by Qingliang *et al.*, only one out of 22 patients diagnosed with EBTB had a normal chest radiograph (51).

Chest computed tomography (CT) is more informative to localize the abnormality and to assess the severity of obstruction. Chest CT findings of “tree in bud,” focal consolidation with “halo sign,” and many centrilobular small nodules may all be indirect signs of tracheobronchial involvement with infection. The chest CT may show endobronchial or tracheal mass with luminal narrowing, mural thickening, intramural air, and even fistula formation (52). Airway obstruction caused by broncholithiasis or a foreign body with surrounding granulation tissue, due to superimposed infection can be visible on chest CT imaging. Chest CT is more specific for endobronchial actinomycosis as it can show proximal obstructive calcified endobronchial lesions caused by actinomycosis associated with broncholithiasis (43,53,54). Chest CT can be a useful tool prior to bronchoscopic intervention as it can delineate the extent of disease in central airways, give information

about the degree of obstruction, and show the presence or absence of fistulae (55).

Pathology

Many patients with CAOI present with the same clinical, radiologic and bronchoscopic findings and tissue sampling is routinely needed to confirm the specific diagnosis. In this paper, we present the CAOI cases by infectious etiology, and we grouped them into fungal, bacterial, viral and parasitic infections. Fungal infections are usually diagnosed using various techniques such as histopathological examination, silver stains, tissue cultures, Periodic Acid-Schiff (PAS), or mucus carmin (56-59). Bacterial and viral CAOI are usually diagnosed using real-time PCR, monoclonal antibodies, immunohistochemical staining, gram stain, Ziehl-Neelsen stain and other available tests (40,60).

Bronchoscopy

The role of bronchoscopy is invaluable for the diagnosis of CAOI, however its role in CAOI management and post-treatment surveillance is not well defined. Clinical presentation and imaging are essential for the diagnosis of airway obstruction but bronchoscopy is frequently required to obtain specific diagnosis through direct airway inspection, and tissue sampling using endobronchial biopsy, brush, fine needle aspiration and bronchial washing (51,61). Immunocompromised patients may present with nonspecific respiratory symptoms, and routine bronchoscopy of these patients may help in the diagnosis of endobronchial disease. In the study by Calpe *et al.*, seventy bronchoscopies were performed on 59 HIV patients with respiratory symptoms. Pulmonary TB was diagnosed in 25 patients, six of whom were found to have EBTB (62). Other bronchoscopic techniques such as balloon radial endobronchial ultrasound (R-EBUS) can help to identify the extent of the endobronchial lesions, the invasion depth and the involvement of surrounding structures such as mediastinal vasculature. Using advanced diagnostic bronchoscopy techniques can help the proceduralist in planning the diagnostic as well as the therapeutic procedure and prevent serious complications such as airway perforation or life-threatening bleeding (57,63). In the case described by Handa *et al.* utilizing bronchoscopy with narrow band imaging (NBI) showed opaque vessels in bronchial subepithelium in the ulcerative lesion. The biopsy of that area revealed *Cryptococcus neoformans* (64).

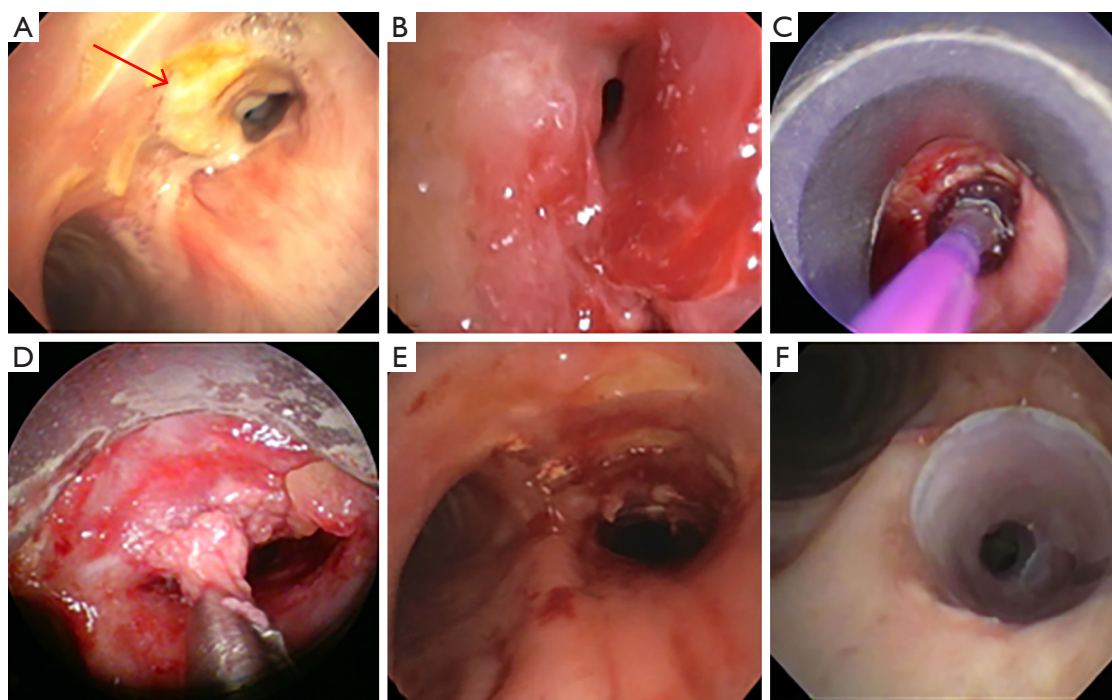


Figure 1 Flexible and rigid bronchoscopy. (A) Arrow showing the *Aspergillus* pseudomembranous tracheobronchitis involving the distal trachea and causing severe obstruction of the right main stem (arrow); (B) severely obstructed right upper lobe; (C) balloon dilation of right main stem; (D) mechanical Debulking of the right main stem obstructive lesion; (E) patent right main stem at the end of the initial bronchoscopic intervention; (F) the right secondary silicone Y stent is shown in place. Courtesy of Dr. Harris.

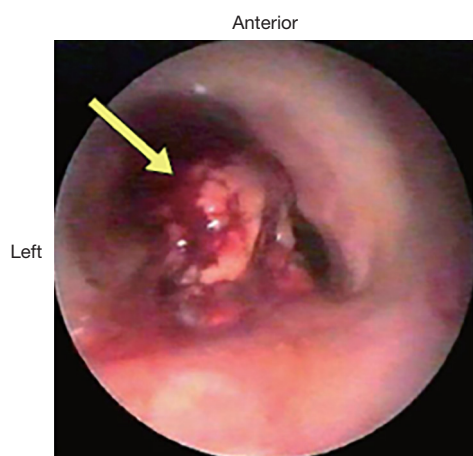


Figure 2 Cryptococcal infection. Bronchoscopy showed an exophytic mass arising from the posterior tracheal wall just beneath the vocal cords (21).

Bronchoscopic findings in fungal CAOI

Denning *et al.* classified airway aspergillosis into four distinct types: pseudomembranous aspergillus tracheobronchitis (ATB), ulcerative ATB, obstructing

and invasive ATB (65). The endobronchial appearance of infection can present with by wall edema, pseudomembranes, necrotizing pseudomembranous lesions, ulcerative lesions, whitish or yellowish plaques, endoluminal masses and vegetations (*Figure 1*) (57,58,66-73). *Mucor* and *Rhizopus* are the most commonly reported pathogens of mucormycosis. The endoscopic appearance most commonly seen are mucoid plugs, yellowish or whitish in color, endobronchial mass or polypoid lesions, white cheese like masses, plaques, and areas of necrosis (18,46,59,74-78). In patients with airway cryptococcal infections, the bronchoscopic appearance has been reported as whitish or yellowish masses, mucous plugs, red or white thrush-like plaques, mucosal granularity, white granulation tissue, elevated ulcerated lesions, and polypoid masses (*Figure 2*) (6,44,64,79-81). Endobronchial histoplasmosis disease is rare but submucosal grayish nodules, ulcers, vesicular lesions as well as masses have been described (82-85). Endobronchial disease with stenosis due to fibrosing mediastinitis has also been reported (86). *Coccidioides immitis* usually presents as a pulmonary disease, and endobronchial disease is rare. Two mechanisms of endotracheal and endobronchial disease described by Polesky

include direct invasion of airways and erosion into the airways from lymph nodes, but the latter is less common (87). Endobronchial involvement can be seen as an obstructing mass, sessile nodular lesions, granular lesions, hyperemic patches and as cobblestoned mucosal involvement (87-89). Other fungal infections such *Penicillium marneffei* and *Fusarium* can cause endobronchial disease that may appear as whitish endobronchial masses, large whitish cauliflower necrotic lesion, large polypoid lesions, and granulomatous nodules (2,90-93).

Bronchoscopic findings in bacterial CAOI

Mycobacterium TB is well known to cause endobronchial diseases. The incidence of EBTB has been reported to be from 4.1% to as high as 20% of TB patients (50,94).

In contrast to EBTB, endobronchial disease caused by non-tuberculous mycobacteria (NTM) is rare. Awareness and early diagnosis using bronchoscopic techniques are important.

Most endobronchial NTM infections have been reported to be caused by MAC and *Mycobacterium kansasii*. In cases of MAC, the bronchoscopic appearance varies and can present as polypoid lesions (34,95-100), endobronchial masses, multiple nodular lesions (101), ulcerative lesions with bronchial strictures (102,103), caseating endobronchial lesions (104) and as white-yellow irregular mucosal lesions. *Mycobacterium kansasii* has been reported as endobronchial masses, sessile polypoid lesions, mass with ulcerations and nodular lesions (31,105-109). Actinomycosis has been reported in the central airways and can be associated with foreign body and broncholiths. The endobronchial appearance has been described as white and yellow exophytic masses, large broncholith conglomerates and even circumferential ulcerative lesions (43,48,110,111). Other bacterial infections, such as *Nocardia* can present with endobronchial disease and may present as obstructing tumor-like masses, polypoid lesions, white friable lesions, white ulcerative lesions and necrotic endobronchial masses (112-116).

Klebsiella rhinoscleromatis has also been reported to cause tracheobronchial disease and were previously described as diffuse polypoid lesions, subglottic tracheal tumor—like mass, or mucosal hypertrophy depending on the stage of granulomatous inflammation (36,37,117,118).

Staphylococcus aureus and *epidermidis* have rarely been reported to cause isolated central airway obstruction (CAO) (119-121). *Corynebacterium* central airway infection has rarely been reported. Only three cases of major airway

infection caused by *Corynebacterium* spp. were described in the literature. They presented as mild airway erythema, circumferential ulcerations, pseudomembranous plaque-like lesions, and severe obstruction of the trachea (28,29,122).

Bronchoscopic findings in viral CAOI

Cytomegalovirus (CMV) has been reported to cause CAO. Naber *et al.* reported a case series of three patients with CMV central airway disease. All presented as endobronchial polypoid lesions (40). Imoto *et al.* reported CMV tracheal disease presenting as an exophytic mass with almost complete obstruction of the distal trachea (123). CMV bronchitis can also be seen as mucosal edema and ulcerations (124). Aventura reported a case of CMV endobronchial infection in a bilateral lung transplant patient presenting as granulation tissue at the site of the left main bronchus stent (39). Herpes simplex virus (HSV) infection localized to the respiratory tract and especially tracheobronchial tree is also not common. Both HSV I and HSV II have been reported to cause central airway disease. It is usually discovered during bronchoscopic examination done for evaluation of respiratory symptoms in immunocompromised patients. In one study by Ben-Izhak, herpetic tracheitis was found in three out of 56 patients who underwent tracheostomy after prolonged intubation (125). Endobronchial findings of central airway disease caused by HSV include fungating and endobronchial masses, polypoid lesions, mucosal irregularities, and ulcerations causing airway stenosis. Necrotic and vesicular blistering lesions have also been identified (60,126-132). The clinical significance of herpetic tracheobronchial disease is unknown as these patients tend to be critically ill with a high overall morbidity and mortality. Similar to HSV, central airway disease caused by varicella zoster virus (VZV) can occur in immunocompromised and in immunocompetent patients and is usually seen with varicella pneumonia. A report of 24 patients with varicella central airway infection by Inokuchi *et al.* showed a male predominance (19 males and 5 females), and age range of 24 to 60 years. Two patients were immunocompromised and only one patient died (133).

Bronchoscopic findings in parasitic CAOI

Parasitic CAOIs are extremely rare, and there are a few isolated case reports. There is a lack of experience with parasitic CAOIs. Findings are usually incidental during bronchoscopy. Zhang *et al.* described a case of tracheal leech

infection. The patient underwent an evaluation for long-standing dyspnea and hemoptysis. A 5-cm living leech was removed by rigid bronchoscopy. The leech was surrounded by granulation tissue (42). Visceral leishmaniasis with pulmonary involvement and endobronchial disease was described by Kotsifas *et al.* in immunocompetent patient who presented with a cough and hemoptysis. Bronchoscopy showed mucosal polypoid lesions and biopsy was consistent with leishmania infection (134). A case report of *Strongyloides stercoralis* causing CAO resulted in death from hemoptysis. Bronchoscopy described yellowish mucosa with multiple nodules with partial obstruction of the airway (135). *Lophomonas blattarum* is a protozoan that causes infection mainly in immunocompromised hosts (136). Zeng *et al.* reported a case of *Lophomonas blattarum* in a patient with chronic obstructive pulmonary disease (COPD) who presented with frequent exacerbations without response to treatment. *Lophomonas blattarum* was diagnosed by bronchoscopy. Macroscopic diffuse swelling, congestion of bronchial mucosa, and purulent secretions were seen (137). These case reports suggest that bronchoscopy may be a useful diagnostic modality for the treatment of resistant respiratory symptoms when parasitic infection is in the differential diagnosis.

Management

Medical management

The treatment of CAOI depends on bronchoscopic findings, laboratory results, and the disease severity. Central airway infections have a propensity to affect the immunocompromised hosts. Broad-spectrum antibiotic coverage is usually required with antibacterial, and sometimes antifungal or antiviral agents. In addition to establishing a specific diagnosis, bronchoscopic interventions may be indicated to relieve airway obstructive symptoms. Treatment of tracheobronchial fungal diseases with long term antifungals (Amphotericin B and its lipid formulations) is most commonly used in critically ill patients (1). Voriconazole, posaconazole, and itraconazole are used when oral therapy is appropriate for long-term treatment. Fluconazole can be used as maintenance therapy for cryptococcal disease and coccidioidomycosis.

CAOI caused by NTM is usually treated with a macrolide, ethambutol, and rifampicin or rifabutin. Some case reports describe quadruple therapy with the addition of amikacin (100,138,139). Actinomycosis usually responds

to penicillin therapy. The most commonly used antibiotics for central airway actinomycosis are intravenous (IV) or oral penicillin, amoxicillin/clavulanic acid, or amoxicillin (43,48,54,140,141).

The treatment of choice for nocardial disease is trimethoprim-sulfamethoxazole (TMP-SMX), but minocycline and imipenem have also been successful (142). HSV and VZV tracheitis and endobronchial diseases have been conventionally treated with acyclovir and valacyclovir (60,127,128,130). Endobronchial CMV infection is usually treated with ganciclovir (39,123,124).

Surgical management

Surgical treatment has been commonly pursued in patients with mucormycosis, actinomycosis, endobronchial aspergillosis, and nocardial infection. Indications for surgical management include failed medical and bronchoscopic treatment, massive hemoptysis or the concern of massive hemoptysis after bronchoscopic intervention due to the angioinvasive nature of some infections, tracheal obstructions due to mass lesions and inability to ventilate the patient (7,75,110,115,129,143-149). In these latter cases, tracheal resection with removal of the mass and tracheostomy placement was necessary (150).

Timely surgical management may be curative and should be considered in patients with delayed or partial response to medical treatment, or in patients with a high risk of life-threatening hemoptysis.

Bronchoscopic management

Therapeutic bronchoscopy for CAOI is not clearly delineated in the literature, and it is mainly found as scattered case reports and series. The airway management of CAOI is essentially similar to cases of malignant airway obstructions and consist of endobronchial debulking, balloon bronchoplasty, endobronchial laser therapy, argon plasma coagulation, cryotherapy and airway stent placement (151-153). Both flexible and rigid bronchoscopies can be used to treat CAOI. Other techniques such as removing endobronchial lesions using the grasping forceps, baskets and snares have been reported.

In *Tables 1-3*, we present cases of CAOI that were treated bronchoscopically, and we described the types of infection, locations, bronchoscopic findings and reported outcomes of these patients.

Outcomes

The outcomes of patients who have undergone bronchoscopic intervention to treat CAOIs depend on multiple factors. These include the overall condition of patient, severity of symptoms, immune status, specific infection type and location of infection, degree of airway obstruction, and the response to medical treatment. Whether the type of bronchoscopy procedure affects outcome remains to be determined. Most reported deaths were in the immunocompromised patients with aspergillosis. Favorable outcomes were observed in patients with clinical and radiological improvement on follow-up visits, improvement or resolution of bronchoscopic findings during follow-up repeat bronchoscopies, and improvement of obstruction as measured by spirometry. *Tables 1-3* detail reported outcomes in patients who underwent bronchoscopic intervention for CAOI.

Conclusions

Central airway infections causing obstruction are probably rare. Awareness of their existence and the possibility of bronchoscopic intervention for rapid relief of obstructive symptoms or treatment of persistent airway obstruction are important. This article supports the notion that bronchoscopic intervention for CAOI is feasible and similar to interventions for CAO related to other etiologies such as malignant and benign diseases. The literature lacks data about the safety, effectiveness, and outcomes of CAOI treated by bronchoscopic intervention compared to medical therapy alone or with surgical management. Given the unknown epidemiology of CAOI, conducting prospective studies is challenging, and it is currently reasonable to extrapolate data from managing CAO caused by noninfectious etiology to treat patients with CAOI.

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Footnote

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