# Robot-assisted thoracic surgery for complex procedures

# Shuenn-Wen Kuo, Pei-Ming Huang, Mong-Wei Lin, Ke-Cheng Chen, Jang-Ming Lee

Department of Surgery, National Taiwan University Hospital and National Taiwan University College of Medicine, Taipei, Taiwan *Contributions:* (I) Conception and design: SW Kuo, JM Lee; (II) Administrative support: SW Kuo, JM Lee; (III) Provision of study materials or patients: All authors; (IV) Collection and assembly of data: SW Kuo, JM Lee; (V) Data analysis and interpretation: SW Kuo, JM Lee; (VI) Manuscript writing: All authors; (VII) Final approval of manuscript: All authors.

Correspondence to: Jang-Ming Lee, MD, PhD. Department of Surgery, National Taiwan University Hospital, 7 Chung-San South Road, Taipei 100, Taiwan. Email: jmlee@ntu.edu.tw.

**Background:** As an option for minimally invasive thoracic surgery, robot-assisted thoracic surgery (RATS) has shown comparable perioperative outcomes to those achieved by traditional video-assisted thoracic surgery (VATS). It is unknown whether RATS might have any potential benefits in more complex thoracic surgical procedures, which usually require open surgery instead of VATS. The current study presents a preliminary result regarding the use of RATS in complex thoracic operations in an attempt to address this unresolved question.

**Methods:** Data from a prospectively collected and maintained surgical database were collected on patients who underwent RATS between February 2012 and August 2014. We defined complex RATS as those operations involving difficult dissections, complex sutures or excision of very large tumors (>8 cm) which would have required open surgery in our hospital before the introduction of RATS. The characteristics and peri-operative outcomes of patients receiving complex RATS were reviewed.

**Results:** Of the 120 patients undergoing RATS, 30 of them were classified as having undergone complex RATS, 21 to remove lung tumors and 9 to remove mediastinal tumors. The indications for complex RATS included 21 difficult dissections, 10 complex sutures, and 7 very large tumors (8 patients had two indications). There are three conversions to thoracotomy for pulmonary arterial bleeding. There was one mortality resulted from post-pneumonectomy pulmonary hypertension and sepsis. Patients with difficult dissection had longer operative time and hospital stay, and more bleeding and postoperative morbidity.

**Conclusions:** RATS for complex thoracic procedures is feasible, especially for complex suturing and excision of very large mediastinal tumors, but more attention is needed for patients needing difficult dissections. Advanced preparation for conversion is necessary during this difficult operation.

Keywords: Thoracic surgery; robot-assisted surgery

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## Introduction

In the early 1990s, the introduction of video-assisted thoracic surgery (VATS) opened the first page of minimal invasive surgery for thoracic diseases. VATS has since proved to be a feasible and safe alternative to open surgery with additional benefits that include shorter hospital stay, decreased acute postoperative pain, reduced inflammation, enhanced recovery, and better tolerance of adjuvant therapy (1-3). However, VATS still has limitations in performing complex procedures such as sleeve lobectomy or dealing with dense hilar structure.

Robot-assisted thoracic surgery (RATS) has recently come to the forefront as a new platform for minimally invasive thoracic surgery. Initial results of robotic lobectomy have shown the same advantages achieved by VATS compared with open thoracotomy are maintained (4-6). With more expensive and advanced technology, RATS is expected to provide additional benefits to VATS, but the



**Figure 1** Indication of difficult dissection: a 31-year-old male (patient No. 1) with pleomorphic carcinoma underwent neoadjuvant CCRT, followed by robotic LUL lobectomy and lymph node dissection. (A) The primary tumor; (B) the arrows indicate N2 lymph nodes encasing pulmonary artery. CCRT, concurrent chemoradiation therapy; LUL, left upper lobe.

evidence so far is not supportive enough for VATS surgeons to change their practice (7,8). We have tried to use RATS not only in routine operations but also in more complex thoracic procedures, which formerly required open surgery, since the robot is an ideal tool to perform delicate surgical maneuvers in vulnerable and difficult to reach anatomical areas. In this report we share our initial experience using RATS for complex thoracic procedures.

## Methodd

## Patients

This study was approved by the Research Ethics Committee of National Taiwan University Hospital/Taipei/Taiwan (201609048RINC). It presents the review of a prospectively collected and maintained surgical database of patients receiving RATS. From February 2012 to August 2014, 120 patients underwent RATS in National Taiwan University Hospital. Among them, we enrolled in the study 30 patients in need of complex procedures, who we hoped could avoid open surgery by undergoing RATS. We defined complex RATS as those operations requiring difficult dissections (*Figure 1*), complex sutures (*Figure 2*) or excisions of very large tumors (>8 cm) (*Figure 3*). These complex procedures had been routinely performed with traditional open surgery (thoracotomy or sternotomy) in our department before the introduction of RATS. Information regarding preoperative characteristics, operative details, and postoperative course were recorded prospectively.

## Surgery

We performed a variety of thoracoscopic operations using the 4-arm da Vinci Surgical Robotic System (Intuitive Surgical, Sunnyvale, CA, USA). All procedures were performed under general anesthesia. One-lung ventilation was achieved by use of a double-lumen endotracheal tube. A master–slave surgical cart was placed behind the patient's head. The surgical instruments were controlled by the right and left arms while the endoscope (high-resolution 30- or 0-degree) was attached to the center arm. Trocars were positioned in a triangulation pattern being at least 8 cm apart to allow adequate range of motion of the external arms. Minor modifications were otherwise necessary depending on the procedures performed. Standard stapling devices were used.

## Results

Demographic data, diagnosis, complications, duration of drain use and hospital stay are shown in detail in *Tables 1* and 2. The study population consisted of 30 elective patients, 19 males and 11 females with ages ranging from



**Figure 2** Indication of difficult dissection and complex suture: a 69-year-old male (patient No. 22) with pleomorphic carcinoma underwent neoadjuvant CCRT, followed by robotic RUL sleeve lobectomy and lymph node dissection. (A) The primary tumor encases RUL bronchus. The arrow indicates the orifice of RUL bronchus; (B) the arrow indicates the primary tumor invading pulmonary artery. CCRT, concurrent chemoradiation therapy; RUL, right upper lobe.



**Figure 3** Indication of very large tumor: a 24-year-old female (patient No. 25) with Castleman's disease underwent robotic tumor excision through right pleural cavity. The CT images of axial (A) and coronal (B) views show a 9.4×4.5×4.3 cm tumor at middle mediastinum.

24 to 85 years (median 60 years). Among the 19 primary lung cancer patients (3 stage-II and 16 stage-III), 7 patients received neoadjuvant therapy (4 chemotherapy and 3 concurrent chemoradiation therapy). The surgical treatments consisted of one pneumonectomy, 16 lobectomies (including 5 sleeve lobectomy and 2 bronchoplasty), and two wedge resections for Pancoast tumor. There were three conversions to thoracotomy for major pulmonary arterial bleeding. Numerous metastases (>20) from colon cancer and thyroid cancer were resected via small wedge resection and tumor enucleation, followed by delicate suture by robotic arm to preserve lung function as much as possible. There were 5 anterior mediastinal tumor resections, 4 thymomas and 1 carcinoid; 3 middle mediastinal tumor resections, 2 liposarcomas and 1 case of Castleman's disease; and one posterior mediastinal tumor resection (esophageal leiomyoma). The indications for using RATS included 21 difficult dissections, 10 complex sutures, and 7 very large tumors. Eight of the patients had two indications. There was one death resulting from postpneumonectomy pulmonary hypertension and sepsis. There were six postoperative morbidities, which were related to the underlying disease rather than the operation itself.

In the follow-up of lung cancer patients (median 30 months, range 18–42 months), there were 4 recurrences with two distant recurrences and two intrathoracic recurrences (one contralateral lymph node and one malignant pleural effusion). There was no cancer-related mortality. The two

Table 1 Patier	nts underwent RATS for complex procedure							
Patient No./ gender/age	Diagnosis	Reason to use RATS	Operative method	*Console time	Operative time	Drain tube duration (d)	Hospital stay (d)	Morbidity/ mortality
1/M/31	Lung pleomorphic carcinoma s/p CCRT	Difficult dissection	LUL lobectomy	327	387	4	9	No
2/M/75	Lung adenocarcinoma, bronchiectasis	Difficult dissection	RLL lobectomy	280	340	8	25	Pneumonia
3/M/44	Lung SCC pericardium invasion s/p CCRT	Difficult dissection	LUL lobectomy, partial pericardiectomy	480	600	9	œ	No
4/M/74	Lung adenocarcinoma, old TB	Difficult dissection	RUL lobectomy	480	540	8	10	No
5/F/65	Lung adenocarcinoma s/p chemotherapy	Difficult dissection	RUL lobectomy	240	300	4	7	No
6/M/67	Thymic carcinoma, 8.0×5.5×2.8 cm	Huge tumor	Thymothymectomy	110	220	5	7	No
7/F/61	Lung adenocarcinoma, locally advanced	Difficult dissection, complex suture	RUL sleeve lobectomy	480	540	9	œ	No
8/M/72	Lung adenocarcinoma, locally advanced	Difficult dissection	LLL lobectomy	Conversion	300	14	17	Prolonged air leak
9/M/58	Liposarcoma, pericardium invasion, 9×8×6 cm	Difficult dissection, huge tumor	Tumor excision with pericardiectomy	200	418	5	12	No
10/F/72	Lung adenocarcinoma, locally advanced	Difficult dissection	Left pneumonectomy	145	200	15	33	Mortality
11/F/60	Thyroid papillary carcinoma with lung and mediastinum metastases	Difficult dissection, complex suture	RLL B6 segmentectomy, multiple wedge/tumor enucleation	420	480	4	10	oZ
12/M/75	Lung adenocarcinoma, locally advanced	Difficult dissection	LUL lobectomy	Conversion	540	17	20	Arrhythmia, persistent effusion
13/M/85	Pancoast tumor, locally advanced	Difficult dissection	Tumor excision with RUL wedge resection	112	184	7	Ħ	No
14/M/58	Liposarcoma upper mediastinum and thoracic inlet	Difficult dissection	Tumor excision	300	600	7	o	No
15/M/67	Lung cancer, right upper lobe extending to RML	Difficult dissection	RUL sleeve lobectomy	Conversion	476	16	23	Pneumonia
16/F/47	Colon cancer metastasis	Complex suture	Multiple wedge/tumor enucleation	284	360	5	9	No
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Lable 1 (continued)

Table 1 (contin	(pen							
Patient No./ gender/age	Diagnosis	Reason to use RATS	Operative method	*Console time	Operative time	Drain tube duration (d)	Hospital stay (d)	Morbidity/ mortality
17/M/62	Thymoma, type AB 8.3×7.6×3.4 cm	Huge tumor	Thymothymectomy	180	274	3	5	No
18/F/63	Lung adenocarcinoma, N2	Difficult dissection, complex suture	RUL sleeve lobectomy with B6 segmentectomy	660	758	7	თ	No
19/M/74	Lung adenocarcinoma, invasion of aorta adventitia	Difficult dissection	LUL lobectomy	265	300	7	თ	No
20/M/43	Lung SCC	Complex suture	RUL lobectomy with bronchoplasty	200	289	ი	4	No
21/M/62	Thymic cancer s/p chemotherapy	Difficult dissection	Tumor and LN excision	230	274	3	5	No
22/M/69	Pleomorphic carcinoma s/p neoadjuvant chemotherapy	Difficult dissection, complex suture	RUL sleeve lobectomy	510	598	7	12	No
23/M/35	Esophageal leiomyoma 5.8×4.4×3.9 cm	Complex suture	Tumor excision, repair esophageal laceration	120	186	Q	ω	No
24/F/60	Lung adenocarcinoma s/p chemotherapy N2	Difficult dissection	LUL lobectomy	400	540	12	34	Pulmonary embolism
25/F/24	Castleman's disease, 9.4×4.5×4.3 cm	Huge tumor	Tumor excision	85	180	З	4	No
26/M/32	Pancoast tumor s/p CCRT 8.5×5.5×4.0 cm	Difficult dissection, huge tumor	Tumor excision with RUL wedge resection	660	768	20	24	Hemothorax
27/F/42	Lung adenocarcinoma	Complex suture	RUL lobectomy with bronchoplasty	178	227	ი	Ŋ	No
28/F/36	Invasive thymoma, type B1 11.5×8.5×2.6 cm	Huge tumor	Thymothymectomy	156	204	7	თ	No
29/F/55	Lung carcinoid	Difficult dissection, complex suture	LUL sleeve lobectomy	510	600	4	7	No
30/M/45	Mediastinal atypical carcinoid	Huge tumor, complex suture	Tumor excision with thymectomy	224	284	4	Ŋ	No
*, Console tim rent chemorac LLL, left lower	ie is the overall duration of time the surgeor diation therapy; LUL, left upper lobe; RUL, lobe.	r spent using the robot right upper lobe; SCC	ic system during the operal , squamous cell carcinoma	ion. RATS, rot ; TB, tuberculd	oot-assisted th osis; RML, rig	horacoscopic ; ht middle lobe	surgery; C e; RLL, rig	CRT, Concur- ht lower lobe;

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Table 2 Disease category

8.7		
Tumor type	Ν	
Lung tumor (N=21)		
Stage for primary lung cancer		
Ш	3	
Ш	16	
Histology		
Non-small cell primary		
Adenocarcinoma	14	
SCC	2	
Pleomorphic carcinoma	2	
Carcinoid	1	
Metastasis		
Colon	1	
Thyroid	1	
Mediastinal tumor (N=9)		
Masaoka stage for thymic tumor		
Ш	1	
111	3	
Histology		
Thymoma	4	
Liposarcoma	2	
Castleman's disease	1	
Carcinoid	1	
Leiomyoma	1	

SCC, squamous cell carcinoma.

patients with distant metastasis continued their systemic therapy after their operation, and no intrathoracic recurrence was detected. One (liposarcoma) of the 9 patients with mediastinal tumor had local recurrence 6 months after resection, and the other 8 patients remained disease free (median 19 months, range 12–31 months).

In the analysis of indications for complex RATS, patients with difficult dissection had longer operative time and hospital stay, and more bleeding and postoperative morbidity (*Table 3*).

#### Discussion

While robotic systems have been widely used in

urological and gynecological operations, their application is thoracic surgery is relatively uncommon despite reports in the literature demonstrating their safety and feasibility in performing lobectomies, thymectomies, and esophagectomies (9-12). We started using RATS with the same indication protocol as for VATS, which has been performed more than 10,000 times in our institute. We did not find that RATS showed significant advantages over VATS, while some reports have indicated that RATS requires a longer operative time and costs more money than VATS, but only provides a similar perioperative outcome (7,8,13,14). In other words, the data discourages a proficient VATS surgeon from investing the time and resources necessary to develop RATS if it is only used to perform similar procedures to VATS. Therefore, we tried to extend the indication for RATS by taken into consideration its advantages. In the present study, we have demonstrated the feasibility of RATS to do difficult dissections, complex sutures and excisions of very large tumors, which often require open surgery if RATS is not used. RATS required smaller incisions compared to open surgery and resulted in lower morbidity and mortality, improved mental health, and shorter hospital stay (6). However, the long term outcomes need to be evaluated in future studies.

For difficult dissections in thoracic surgery, such as dense hilar structures caused by malignant or inflammatory lymphadenopathy, open surgery is frequently indicated to manage possible injury of major vessels. Instead of open surgery, we used RATS to dissect lymph nodes anatomically off adherent vessels, making good use of its dexterous arms and tremor filtering with optional motion downscaling, which translates large hand movements into precise surgical maneuvers. The radical dissection of mediastinal and hilar lymph nodes increases the number of excised lymph nodes and contributes to accurate cancer staging (15-17), especially when surgery follows chemotherapy or radiation therapy. Despite this advantage, we still experienced a number of vascular injuries during these challenging procedures, most of which could be managed by compression or direct suturing repair, since the robotic arms also allow for steady compression and delicate suturing. There were three conversions out of 21 difficult dissection cases due to loss of camera vision by blood, from which we discovered that an experienced tableside assistant and ready-for-conversion preparation are both mandatory safety precautions for such difficult operations.

There was one case of mortality in a patient who had a difficult hilum dissection. The cause of mortality was

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Perioperative outcomes	Not difficult dissection (n=9)	Difficult dissection (n=21)	P value	
Console time (min)	170.8±61.7	372.2±163.7	0.002	
Operative time (min)	247.1±59.0	464.0±167.9	0.001	
Major vessel bleeding	0/9	11/21	0.006	
Blood loss (mL)	84.4±80.4	681.2±242.7	0.024	
Conversion	0/9	3/21	0.232	
Drain tube duration (d)	4.3±1.5	8.6±5.0	0.018	
Hospital stay (d)	5.8±1.8	14.2±8.8	0.008	
Morbidity	0/9	7/21	0.048	
Mortality	0/9	1/21	0.506	

Table 3 Perioperative outcomes of patients with or without indication of difficult dissection

sepsis combined with post-pneumonectomy pulmonary hypertension, which was not directly related to the robotic surgery. Nevertheless, cases of difficult dissection did result in significantly prolonged operative time and hospital stay as well as more postoperative morbidities when compared to cases that did not involve difficult dissection. From our initial experience, we would not regard "difficult dissection" as an ideal indication for RATS, although we would not rule out its potential advantage even in cases of difficult dissection.

In contrast, we would encourage the use of RATS to perform complex sutures, such as sleeve lobectomies. Some experienced experts are capable of using traditional VATS to do this complex procedure, but it is still not commonly attempted after a decade long development of VATS. The dexterous robotic arms with 7 degrees of freedom provide hand-like articulation and allow for more controlled and precise handling and suturing, which makes bronchial anastomosis an ideal application. Moreover, the console system provides surgeons an ergonomically comfortable position with minimum fatigue during this relatively long operation. Prior to our study, there has been only one bronchoplastic lobectomy and one sleeve lobectomy performed by RATS reported in the literature (18,19). We performed two bronchoplastic lobectomies and five sleeve lobectomies with one conversion to open thoracotomy. The key for success of this procedure is getting accustomed to the robotic suturing technique because of the absence of tactile feedback, which may result in breaking the suture during knot tying.

While open surgery is still the standard approach for

resection of malignant mediastinal tumors, the minimally invasive approach has gained popularity due its desirable outcomes of less trauma, morbidity, and hospital stay, in addition to its better cosmetic results. However, VATS is not suitable for diseases arising in the deep mediastinal area, such as the thoracic inlet, which is a delicate and difficult-to-reach anatomic region with vulnerable structures (especially large vessels and nerves). The characteristics of robotic systems, however, facilitate delicate dissection in these narrow regions and results in better short- and long-term clinical outcomes compared to open surgery (20-23). However, these reports have been limited to early-stage and relatively small tumors. We went further by using RATS for larger tumors in the mediastinum and found it unexpectedly easy to manipulate very large tumors by using the powerful robotic arms to lift the tumor and create a dissection plane. When repair of a pericardial or esophageal defect following tumor excision is needed, RATS provided additional benefits in the suturing. Although his application of RATS may cause a great debate, we made sure the integrity of the tumor was maintained to avoid any dissemination in the pleural cavity. Another limitation of both VATS and RATS has been the difficulty encountered in extruding very large tumors, which can be overcome by the technique of tumor axis rotation. The utility wound needed to squeeze the tumor out is then just slightly larger than its short axis and is usually much shorter than in traditional sternotomy or thoracotomy.

In conclusion, RATS can be a feasible and safe alternative to open surgery for complex procedures, and maintain the additional benefits of minimal invasive surgery.

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# Footnote

*Conflicts of Interest*: The authors have no conflicts of interest to declare.

*Ethical Statement*: This study was approved by the Research Ethics Committee of National Taiwan University Hospital/ Taipei/Taiwan (201609048RINC).

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