Reoperation for hemostasis within 24 hours can get a better short-term outcome when indicated after lung cancer surgery

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Background: Postoperative hemorrhage after lung cancer surgery is a potentially fatal complication. This study aimed to investigate the indications and timing of reoperation for postoperative hemorrhage after lung cancer surgery.

Methods: We identified all patients who underwent lung resection and mediastinal lymph node dissection for lung cancer between October 2001 and September 2015 at Sichuan Cancer Hospital, identifying 57 who had undergone reoperation for hemostasis. The records of these 57 patients were reviewed and analyzed.

Results: The most common postoperative hemorrhage site was the separation surface of the original pleural adhesions (29.8%). The median time interval between the initial operation and reoperation was 12 hours (range, 2–432 hours), and most patients (77.2%) underwent reoperation within 24 hours. The overall morbidity and mortality rates of reoperation were 50.9% and 5.3%, respectively. The morbidity rates of the early reoperation group (\leq 24 hours) and the late reoperation group were 43.2% and 77.0%, respectively, which were significantly different (P=0.033). The mortality rates of the early reoperation group were 0 and 23.1%, respectively, which were also significantly different (P=0.010).

Conclusions: Once indications of reoperation for postoperative hemorrhage after lung cancer surgery are identified, reoperation within 24 hours after the initial operation can get a better short-term outcome.

Keywords: Lung cancer surgery; postoperative complications; postoperative hemorrhage; hemothorax; reoperation

Submitted Dec 19, 2016. Accepted for publication May 14, 2017. doi: 10.21037/jtd.2017.09.85 View this article at: http://dx.doi.org/10.21037/jtd.2017.09.85

Introduction

Complications following lung resection occur in approximately 24.1-53% of patients (1-5). Most complications are respiratory, including atelectasis and lung infection, and usually can be managed with conservative treatment (6). More severe complications requiring reoperation, such as postoperative hemorrhage, chylothorax, and bronchopleural fistula, are infrequent, occurring in approximately 3-4.6% of patients (5,7-9), but the mortality from these events is very high (approximately 5.1-17.8%) (7,9,10).

Postoperative hemorrhage requiring reoperation after lung resection occurs in approximately 2.6% of patients (11), and it is the most common indication for reoperation after lung resection, accounting for approximately 26.6–73.3% of cases (7,9,10,12). There have been few published studies on this topic, and most studies on this subject were published in *German or Russian* (8,12-14). In addition, most of these studies were outdated and had very small sample sizes (7-9,11-14). To the best of our knowledge, the indications and timing of reoperation for this complication, especially after lung cancer surgery, are not well elucidated in the literature. In the present study, we analyzed the clinical data of 57 patients to investigate the indications and timing of reoperation for postoperative hemorrhage after lung cancer surgery.

Methods

The study was approved by the Ethics Committee of Sichuan Cancer Hospital. Informed consent was also obtained from the patients before surgery.

Patient selection

We searched the database of the Department of Thoracic Surgery at Sichuan Cancer Hospital, identifying 3,910 patients who underwent lung resection and mediastinal lymph node dissection for lung cancer between October 2001 and September 2015. There were 2,750 patients operated upon by open surgery and 1,160 patients by videoassisted thoracoscopic surgery (VATS). Fifty-seven (1.5%) patients requiring reoperation for postoperative hemorrhage were eligible for this study. Exclusion criteria included exploratory thoracotomy, biopsy, incomplete resection and those with incomplete data. The medical records of all 57 patients were retrospectively reviewed, with emphasis on extracting information on the causes, indications, timing, and short-term outcomes of reoperation.

Treatment and evaluation

All patients underwent inhalation anesthesia and intravenous anesthesia through a double-lumen endotracheal tube. Standard posterolateral thoracotomy was employed for open surgery and three-port or four-port technique was used for VATS. After surgery, two chest tubes were used for upper lobectomy and one chest tube for the rest lung resections. Generally, the chest tubes were removed when the residual lungs were re-expanded adequately and the chest drainage was less than 200 mL per day. Caprini risk assessment model was used to identify venous thromboembolism high-risk patients, and low-molecular-weight heparin was selectively applied in these patients after making a comprehensive assessment of bleeding and thrombosis risk.

The pathologic stages of the patients were based on the seventh edition of the TNM classification for lung cancer, and patients diagnosed and treated before 2009 were re-staged according to the revised TNM staging system (15). Tumors were typed according to the World Health Organization histologic typing of lung tumors (16). Early reoperation was defined as any chest reoperation performed to control postoperative bleeding within 24 hours after the initial operation. Late reoperation was defined as a reoperation performed more than 24 hours after the initial operation. Among the 57 patients, 44 were classified to the early reoperation group, while 13 were the late reoperation group. Mortality was defined as the number of deaths occurring within 30 days of surgery or within the initial postoperative hospitalization if this exceeded 30 days. Overall mortality rates were defined as the cumulative percentage of deaths with the change of time to reoperation. Overall morbidity rates were defined as the cumulative percentage of patients who have complications with the change of time to reoperation.

Statistical analysis

Statistical analysis was performed by the SPSS software (version 17.0). Continuous variables are presented as mean \pm standard deviation (SD) and the comparisons between groups use the Student's *t*-test. Categorical variables are presented as proportions and the comparisons between groups use chi-square test. A two-sided P value of <0.05 was considered to be statistically significant.

Results

Preoperative characteristics

The preoperative characteristics of these 57 patients classified to the early reoperation group and the late reoperation group are presented in *Table 1*. There were 47 males (82.5%) and 10 females. The average age of the patients was 60.3 ± 8.9 years (range, 38-77 years). Thirty-seven patients (64.9%) had a history of smoking and 2 patients (3.5%) had a history of pulmonary tuberculosis. In addition, 2 patients (3.5%) underwent induction therapy, 2 patients (3.5%) received preoperative anticoagulant therapy, and no patients underwent previous thoracic surgery. There were no statistically significant differences (P>0.05) between the early reoperative characteristics as shown in *Table 1*.

Operative characteristics

The operative characteristics of the 57 patients are shown in *Table 2*. The average operative time was 149.7 ± 44.7 minutes

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Table 1 Preoperative characteristic	s of all	57 t	patients
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Variables	Early reoperation group (n=44)	Late reoperation group (n=13)	P value
Age (years, mean ± SD)	59.8±8.9	61.9±9.0	0.475 ^ª
Male, n (%)	34 (77.3)	13 (100.0)	0.139 ^b
Smoking history, n (%)	27 (61.4)	10 (76.9)	0.483 ^b
Induction therapy, n (%)	1 (2.3)	1 (7.7)	0.407 ^b
Pulmonary tuberculosis history, n (%)	2 (4.5)	0 (0)	1.000 ^b
Preoperative anticoagulant therapy, n (%)	2 (4.5)	0 (0)	1.000 ^b
а	b		

^a, by student's *t*-test; ^b, by chi-square test.

(range, 60–250 minutes). Most patients (84.2%) had pleural adhesions. Upper lobe resection was the most common type of lung resections (61.4%). The surgical approaches were VATS in 11 cases and open surgery in 46 cases (80.7%). Adenocarcinoma was the most common histologic type (54.4%). Stage I lung cancer accounted for 42.1% of cases. There were no statistically significant differences (P>0.05) between the early reoperation group and the late reoperation group regarding operative characteristics as shown in *Table 2*.

Postoperative characteristics

A detailed list of all 57 patients' postoperative characteristics after the initial operation is presented in *Table 3*. Most patients (66.7%) had clinical manifestations of shock, such as hypotension, tachycardia and low or no urine output. Postoperative chest radiographs or chest computed tomography (CT) scans were obtained of 53 patients, and the vast majority (84.9%) had opacity on chest radiographs or heterogeneous high-attenuation pleural fluid on chest CT scans. The median rate of postoperative chest bloody fluid drainage (CBFD) was 94 mL/h (range, 0–600 mL/h). Fourteen cases (24.6%) had CBFD exceeding 200 mL/h persisting for 3 hours. The median time interval between the initial operation and reoperation was 12 hours (range, 2–432 hours), and most patients (77.2%) underwent reoperation within 24 hours after the initial operation.

Origin of postoperative bleeding

A detailed list of all the origins of postoperative bleeding is presented in *Table 4*. The most frequent origin of postoperative bleeding was the area where pleural adhesions were separated (29.8%), followed by the region of lymph node dissection (19.3%) and hemothorax with an unknown origin (19.3%). Other sites of postoperative bleeding included bronchial artery (10.5%), intercostal blood vessel (7.0%), chest wall invasion resection surface (7.0%), pulmonary artery branch (3.5%), pulmonary artery trunk (1.8%) and pulmonary resection surface (1.8%).

Short-term outcomes after reoperation

After reoperation, bleeding ceased in 56 patients. One patient underwent a third operation for bleeding 30 days after the second operation. The overall morbidity and mortality rates of reoperation were 50.9% and 5.3%, respectively, as shown in *Figure 1*. The morbidities of the early reoperation group and the late reoperation group were 43.2% and 77.0%, respectively, and the difference was significant (P=0.033). The mortalities of the early reoperation group and the late reoperation group were 0 and 23.1%, respectively, and the difference was also significant (P=0.010).

Discussion

Hemorrhage after lung cancer surgery is a relatively rare but serious postoperative complication. In our study, the rate of reoperation for hemorrhage was 1.5%, and the mortality of reoperation was 5.3%, which was consistent with the previous reports (7,10). It was reported that postoperative hemorrhage after lung resection was the most common indication for reoperation (9,10,13).

Lung cancer surgery involves both lung resection and mediastinal lymph node dissection, creating more potential hemorrhage sites when compared with other types of lung surgery. In our study, most patients (84.2%) had pleural adhesions, and the most common site of postoperative hemorrhage was the area where pleural adhesions were separated, followed by small vessels in the wound surface after mediastinal lymph node dissection. Intraoperative temporary electrocoagulation hemostasis of the above two sites was often associated with exposure difficulty; however,

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Table 2 Operative characteristics of all 57 patients

Variables	Early reoperation group (n=44)	Late reoperation group (n=13)	P value
Operative time (min, mean ± SD)	148.0±43.7	155.8±49.3	0.584 ^ª
Pleural adhesions, n (%)	36 (81.8)	12 (92.3)	0.632 ^b
Chest wall invasion, n (%)	3 (6.8)	4 (30.8)	0.067 ^b
Great vessels invasion, n (%)	3 (6.8)	1 (7.7)	1.000 ^b
Fumor location	0 (0.0)	. ()	0.508 ^b
Left upper lobe, n (%)	16 (36.4)	7 (53.8)	0.000
Left lower lobe, n (%)	10 (22.7)	2 (15.4)	
Right upper lobe, n (%)	11 (25.0)	1 (7.7)	
Right middle lobe, n (%)	1 (2.3)	1 (7.7)	
Right lower lobe, n (%)	6 (13.6)	2 (15.4)	
Surgical approach	0 (10.0)	2 (10.4)	1.000 ^b
VATS, n (%)	8 (18.2)	3 (23.1)	1.000
Open surgery, n (%)	36 (81.8)	10 (76.9)	
ype of resection	30 (81.0)	10 (70.3)	0.281 ^b
Wedge, n (%)	1 (2.3)	0 (0)	0.201
Segmentectomy, n (%)	0 (0)		
		1 (7.7)	
Lobectomy, n (%)	32 (72.7)	6 (46.2)	
Bilobectomy, n (%)	2 (4.5)	1 (7.7)	
Pneumonectomy, n (%)	2 (4.5)	1 (7.7)	
Extended [°] , n (%)	7 (15.9)	4 (30.8)	0.001 ^b
umor histologic type	05 (50.0)	0 (40.0)	0.661 ^b
Adenocarcinoma, n (%)	25 (56.8)	6 (46.2)	
Squamous cell carcinoma, n (%)	15 (34.1)	7 (53.8)	
Adenosquamous carcinoma, n (%)	1 (2.3)	0 (0)	
Small cell carcinoma, n(%)	2 (4.5)	0 (0)	
Carcinoid, n (%)	1 (2.3)	0 (0)	h
Pathologic stage			0.127 ^b
l, n (%)	19 (43.2)	5 (38.5)	
ll, n (%)	13 (29.5)	1 (7.7)	
III, n (%)	12 (27.3)	7 (53.8)	

^a, by student's *t*-test; ^b, by chi-square test; ^c, lobectomy plus wedge resection, chest wall resection, major vascular resection or bronchoplasty. VATS, video-assisted thoracoscopic surgery.

shedding of the eschar due to postoperative intrathoracic negative pressure formed again may cause re-hemorrhage or wound errhysis. This may be one of the reasons. Other bleeding sites of reoperation, such as bronchial artery, intercostal blood vessel, pulmonary artery branch and pulmonary artery trunk, were mainly considered to result from technical issues during surgery, including single electrocoagulation hemostasis, simple hemostasis by

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	Table 3 Postoperative	characteristics after	the initial	operation
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Characteristic	Number of patients	Percentage
Shock signs and symptoms	38	66.7 (38/57)
Blood hemoglobin ≤90 g/L	22	40.7 (22/54)
Opacity on chest radiograph or heterogeneous high-attenuation pleural fluid on chest CT scan	45	84.9 (45/53)
CBFD >500 mL/h for 1 hour	3	5.3 (3/57)
CBFD >200 mL/h for 3 hours	14	24.6 (14/57)
CBFD >1,000 mL within 12 hours	16	28.1 (16/57)
CBFD >2,000 mL within 24 hours	4	7.0 (4/57)
Time to reoperation, in hours		
≤12	29	50.9 (29/57)
≤24	44	77.2 (44/57)
≤72	54	94.7 (54/57)

Table 4 Origin of postoperative bleeding for reoperation

Origin of bleeding	Number of patients (n=57)	Percentage
Pulmonary resection surface	1	1.8
Pulmonary artery trunk	1	1.8
Pulmonary artery branch	2	3.5
Chest wall invasion resection surface	4	7.0
Intercostal blood vessel	4	7.0
Bronchial artery	6	10.5
Hemothorax-unknown origin	11	19.3
Lymph node dissection surface	11	19.3
Pleural adhesion separation surface	17	29.8

compression, or insecure vessel ligation. In recent years, due to the progress of modern surgical instruments, such as the linear cut stapler, reports of great vessel bleeding or lung resection surface bleeding had gradually declined (7,9,10). In our group, there were only 2 cases of great vessel bleeding and lung resection surface bleeding.

Reoperation after lung cancer surgery brings greater trauma to patients and increases the risk of severe 3681

complications. Therefore, it is very important to decide correctly whether and when to carry out reoperation. If the indications and timing of reoperation for hemostasis are not well controlled, the optimal time to handle the problem may be missed, threatening the patient's life. The diagnosis of postoperative intrathoracic hemorrhage is usually based on the patient's clinical manifestations, chest drainage, and related auxiliary examinations, such as blood tests, chest radiographs or CT scans (7,9,14). However, the indications of reoperation for hemostasis after lung surgery are controversial, and have not been systematically summarized. Traditional indications of reoperation for hemostasis may overemphasize the significance of postoperative chest drainage. The common indication is having bloody fluid drainage from the chest exceeding 200 mL/h persisting for 3 hours in some areas and for 4 to 6 hours in other areas (17). However, in our study, few patients (24.6%) met the above criteria, and most patients presented as chronic bleeding, with CBFD less than 200 mL/h, persisting for longer than 3 hours. Compared with chest drainage, we think that imaging examinations, i.e., chest radiographs or chest CT scans, may be more exact and important in judging postoperative bleeding, especially in chronic bleeding, because they are less affected by other factors. In our study, 84.9% of patients had opacities of the operated hemithorax on chest radiographs or had heterogeneous high-attenuation pleural fluid on chest CT scans. Based on our study and a review of the literature, the indications of reoperation for hemostasis after lung cancer surgery are recommended as follows: (I) the patient has clinical manifestations of hemorrhagic shock failing conservative management, such as blood transfusion; (II) the patient experiences CBFD exceeding 500 mL/h for 1 hour, exceeding 200 mL/h for 3 hours, exceeding 1,000 mL within 12 hours, or exceeding 2,000 mL within 24 hours (14,17); (III) the chest radiograph shows an opacity of more than 20% of the operated hemithorax volume, or chest CT scan shows heterogeneous highattenuation pleural fluid, which may finally form a pseudotumor (18-20).

It is a clinical consensus that the earlier the reoperation is carried out when indicated, the better the outcomes can get. The question is when is the optimal timing of reoperation. The definition of early reoperation has not been well established. Sirbu *et al.* (9) defined early reoperation as chest re-exploration performed within 72 hours after the initial operation, and Foroulis *et al.* (7) defined it to be within 4 weeks. However, we think these times may be too long

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Figure 1 Number of patients, overall morbidity rates and overall mortality rates based on time to reoperation. The left part of this chart was a frequency distribution histogram, showing the number of patients on the left y-axis and time to reoperation on the x-axis. The right y-axis represented a cumulative percentage with the change of time to reoperation on the x-axis. The time to reoperation of 24 hours on the x-axis was an obvious inflection point where the morbidity and mortality rates both increased.

for postoperative bleeding, which is usually an emergency and early complication. According to our study, 77.2% of patients underwent reoperation within 24 hours after the initial operation and the risk of morbidity and mortality after reoperation significantly increased when the time to reoperation exceeded 24 hours as shown in *Figure 1*. Therefore, we define early reoperation for postoperative bleeding performed within 24 hours after the initial operation, as defined in the study of Yang *et al.* (10). In our study, both the morbidity rates and mortality rates of the early reoperation group were lower than those of the late reoperation group, and the differences were statistically significant (P<0.05). Therefore, we conclude that the optimal timing of reoperation for hemostasis is within 24 hours when indicated.

The main limitations of this study are its retrospective nature, single-center design, and the small number of included patients. The main strength of this study is that it is a special study of postoperative hemorrhage after lung cancer surgery, with emphasis on investigating the indications and timing of reoperation for hemostasis, which has not been well elucidated in the literature as far as we are aware. Future prospective studies are required to further confirm our results.

In conclusion, postoperative hemorrhage after lung cancer surgery requiring reoperation is an infrequent but potentially fatal complication. Once indications are identified, reoperation for hemostasis after lung cancer surgery would preferably be carried out within 24 hours to avoid serious consequences.

Acknowledgements

Funding: This work was supported by a grant from the Key Research Project of Science and Technology Department of Sichuan Province (2017SZ0013 to Qiang Li).

Footnote

Conflicts of Interest: The authors have no conflicts of interest to declare.

Ethical Statement: All patients gave informed consent. The Ethics Committee of Sichuan Cancer Hospital approved this study.

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Cite this article as: Dai W, Yang XJ, Zhuang X, Xie TP, Xiao P, Hu B, Wang X, Li Q. Reoperation for hemostasis within 24 hours can get a better short-term outcome when indicated after lung cancer surgery. J Thorac Dis 2017;9(10):3677-3683. doi:10.21037/jtd.2017.09.85

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