Immune checkpoint inhibitors in small cell lung cancer

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Contributions: (I) Conception and design: All authors; (II) Administrative support: None; (III) Provision of study materials or patients: None; (IV) Collection and assembly of data: All authors; (V) Data analysis and interpretation: All authors; (VI) Manuscript writing: All authors; (VII) Final approval of manuscript: All authors.

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Abstract: Small cell lung cancer (SCLC) is a rapidly progressive cancer that often debilitates patients within months of detection and quickly becomes refractory to the limited options of therapy. While SCLC is not generally considered an immunogenic tumor, clinical experience suggests that patients with robust immune response manifesting as paraneoplastic syndrome are more likely to present with limited stage of the disease and tend to have a better prognosis. Monoclonal antibodies targeting critical negative regulators of immune response, so called immune checkpoints, such as cytotoxic T-lymphocyte-associated protein 4 (CTLA-4) and programmed death 1 (PD-1) have expanded the application of immune-based therapies to increasing number of advanced stage cancers. These agents overcome the inhibitory immune signals leading to a heightened immune response against cancer cells. These immune checkpoint inhibitors have established efficacy leading to regulatory approval for their use in many cancer types including non-small cell lung cancer (NSCLC). Evaluation of the CTLA-4 inhibitor, ipilimumab and PD-1 inhibitors, nivolumab and pembrolizumab in SCLC have shown encouraging signal but definitive studies are still ongoing. In this review, we discuss the rationale behind the use of checkpoint inhibitors in SCLC, contextualize the results of early trials of immunotherapy agents in SCLC and project the future evolution of this strategy.

Keywords: Small cell lung cancer (SCLC); immunotherapy; immune checkpoint; programmed cell death protein 1 (PD-1); programmed death-ligand 1 (PD-L1)

Submitted Sep 26, 2017. Accepted for publication Dec 04, 2017. doi: 10.21037/jtd.2017.12.51 View this article at: http://dx.doi.org/10.21037/jtd.2017.12.51

Introduction

Patients with small cell lung cancer (SCLC) have a dismal prognosis. The majority of SCLC patients (~60%) are diagnosed with the extensive stage (ES) of the disease and have a median overall survival (OS) of approximately 10 months when treated with standard frontline platinumbased doublet chemotherapy (1-4). In patients with a partial response, consolidative thoracic radiation may improve survival, but 2 year survival for these patients remains poor at ~10% (5,6). Additionally, more than a third of all newly diagnosed SCLC patients in the US are never treated, often times because of significant debilitation that preclude them from undergoing active treatment (7,8). The outcome for patients diagnosed with limited-stage disease (LD) is only marginally better with a median OS of approximately 2 years when treated with platinum-based chemotherapy and concurrent radiation (9-11). Treatment options for patients with progressive disease beyond the frontline are generally ineffective and associated with significant toxicities. While prophylactic cranial irradiation (PCI) further improves survival for limited stage (LS)-SCLC by 5.4% at 3 years especially in patients who achieve objective response to concurrent therapy, only 20% of patients are alive at 3 years (12). Survival benefit of PCI in patients with extensive stage disease is unclear despite clear reduction in the incidence of brain metastasis in two prospective randomized studies in

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this population (13,14). Patients with small primary tumors (T1 or T2) without nodal involvement do particularly well with complete surgical resection followed by adjuvant chemotherapy with a 5-year survival of only about 50% (15). However, this is a very rare subset of SCLC patients. Therefore, systemic therapy still remains the bedrock of treatment for the vast majority of SCLC patients.

Due to the highly proliferative nature of SCLC, there is a robust response of the disease to the initial chemotherapy. However, there is a near complete resistance to subsequent chemotherapy following disease progression (16). Response rates to second-line topotecan are 20–25% with 1-year survivals of 10–30% (16-18). Ultimately, treatment toxicity coupled with the underlying disease itself can whittle away at a patient's remaining life. A multitude of clinical trials conducted over the past 2 decades have failed to establish new treatment options. A review of patient outcomes over a 2-decade time span showed only modest survival impact of systemic chemotherapy in the real-world management of SCLC patients (8).

Immunotherapy offers a new hope to patients with SCLC. While cancer directed therapies have tried to target mechanisms of growth exploited by these cells, it often impacts normal cells resulting in significant and often intolerable toxicities. Eventually, cancer cells adapt using alternative pathways to develop resistance to those therapies. Additionally, pre-existing heterogeneity within a tumor may mean that only cancer cells susceptible to those therapies respond leaving the resistant cells behind to proliferate. Hence, the interest in harnessing the body's defense system to regulate its own aberrant growth.

Immune surveillance and tumor development

Physiologic and pathologic cellular changes leading to altered self is recognized by the body's immune mechanism. As a consequence of neoplastic transformation, tumor associated antigens can be displayed via major histocompatibility complex (MHC) I on antigen presenting cells (APCs) to the T cell receptor (TCR) on CD8 cytotoxic T cells. While all cells express MHC I, T cell activation following antigen recognition in the context of MHC I antigen requires a secondary co-stimulatory signal that occurs with the binding of APC B7 to CD28 on cytotoxic T cells, leading to immunological elimination of such altered cells. Contrarily, increased expression of cytotoxic T-lymphocyte-associated protein 4 (CTLA-4) is a negative inhibitory feedback on activated T cells following the binding of B7 with a higher affinity than CD28 (19). Regulatory T cells (Tregs) constitutively express CTLA-4 and further restrain the activated immune response ultimately suppressing auto-reactivity. Similar to CTLA-4, programmed cell death protein 1 (PD-1) expression on activated T cells, peripheral B cells, and myeloid cells also act as inhibitory immune checkpoints. However, in contrast to CTLA-4, binding to its ligand (PD-L1) on tissue or hematopoietic cells is a late phase effect that suppresses activated T cells mainly in the peripheral immune effector sites rather than in the central lymphoid organ sites (20,21).

The expression of tumor specific antigens on cancer cells facilitates recognition by host immune T-cells. Tumor establishment and progression therefore requires evasion of the body's immune surveillance mechanism (22). CTLA-4 and PD-1 are well-established and characterized inhibitory pathways that contribute to a cancer's ability to evade immune surveillance. Checkpoint inhibition of CTLA-4 and PD-1 has proven successful in controlling cancer progression as evidenced by controlled studies in various tumor types leading to regulatory approval of immune checkpoint inhibitors for the treatment of melanoma, NSCLC, head and neck cancers, renal cell cancer, bladder cancers, and microsatellite instability high advanced solid tumors. Post hoc correlative analysis showed that objective tumor responses to immune checkpoint inhibitors occur in cancers with a high mutational burden and antigen load. SCLC has one of the highest rates of mutation burden suggesting that this disease will be particularly susceptible to immune-based therapeutic approaches (23-28). Further support for this therapeutic strategy came from prior findings of the association between heightened immune response and improved SCLC outcomes. Also, high levels of tumor infiltrating immune cells are associated with improved overall survival irrespective of tumor stage, patient performance status, or type of treatment received (29). More specifically, a high ratio of T effector (Teff) to Tregs, known to inhibit anti-tumor responses in SCLC, has been associated with better survival while those with recurrent disease have a low ratio (30,31). Additionally, the development of immune mediated paraneoplastic syndromes such as Lambert-Eaton myasthenia syndrome (LEMS) as a result of cross reactivity of antibodies against tumor specific antigens on SCLC with neuronal tissue appears to be associated with a favorable outcome compared to those without paraneoplastic syndrome (32,33). Moreover, SCLC patients with LEMS showed a reduced level of suppressive Treg lymphocyte subset in the peripheral lymphocyte compartment supporting the notion that paraneoplastic syndrome will be accompanied

Phase	Treatment arms	Ν	PFS (months)	OS (months)
First line				
II	lpilimumab+ carboplatin/paclitaxel vs. ipilimumab + carboplatin/ paclitaxel (cycle 3) vs. carboplatin/paclitaxel	130	5.7 <i>vs.</i> 6.4 <i>vs.</i> 5.3 (HR, 0.75, 0.64)*	9.1 <i>vs.</i> 12.5 <i>vs.</i> 10.5 (HR, 0.89, 0.76)
III	lpilimumab +platinum/VP16 (cycle 3) vs. placebo+ platinum/VP16	1132	4.6 vs. 4.4 (HR, 0.85)	11 <i>vs.</i> 10.9 (HR, 0.94)
Maintena	ance			
П	Pembrolizumab	45	4.7*	9.4
Relapsed	d SCLC			
1/11	Nivolumab vs. nivolumab 1 mg/kg/ipilimumab 3 mg/kg vs. nivolumab 3 mg/kg /ipilimumab 1 mg/kg	216	1.4 vs. 2.6 vs. 1.4	4.4 vs. 7.7 vs. 6
IB	Pembrolizumab	20	1.9	9.7

Table 1 Completed immunotherapy trials in ES-SCLC

*, irPFS. ES-SCLC, extensive stage small cell lung cancer; PFS, progression free survival; OS, overall survival; N, number; VP16, etoposide; HR, hazard ratio.

by potent antitumor immunity (34). Therefore, therapeutic enhancement of immunotherapy is a reasonable approach and is currently an active area of clinical research to establish novel treatment options for SCLC patients.

CTLA-4 inhibition

Ipilimumab, an anti-CTLA-4 monoclonal antibody was the first immune checkpoint agent prospectively studied in SCLC where it was combined with chemotherapy in ES-SCLC. A 3-arm phase 2 trial in treatment naïve ES-SCLC patients compared carboplatin/paclitaxel doublet alone with ipilimumab administered concurrently with carboplatin/paclitaxel for 2 cycles followed by chemotherapy and phased combination of ipilimumab starting with cycle 3 of chemotherapy. The immune related PFS (irPFS) was significantly prolonged for the phased ipilimumab arm (5.7 vs. 6.4 vs. 5.3 months; HR: 0.75, P=0.11 for concurrent and HR: 0.64, P=0.03 for phased compared to control) (Table 1) (35). There was also a non-significant trend in OS (10.5 vs. 9.1 vs. 12.5 months; HR, 0.89; CI, 0.57-1.39; 0.76, CI, 0.48-1.19 compared to control) that favored the phased ipilimumab arm. The efficacy signal was also accompanied by increased toxicity whereby grade 3/4 toxicities were more common in the ipilimumab arms (30% control vs. 43% concurrent vs. 50% phased). However, the rates of treatment discontinuation due to toxicity were similar. A confirmatory phase III evaluation of ipilimumab in combination with chemotherapy starting with cycle 3 of platinum/etoposide

with maintenance ipilimumab given every 12 weeks failed to improve OS over chemotherapy alone with median OS of 11 vs. 10.9 months; HR, 0.94; CI, 0.81-1.09) (36). There was also no significant improvement in median progression free survival (4.6 vs. 4.4 months; HR, 0.85; CI, 0.75-0.97). Overall response rate (ORR) was identical at 62% in each arm and the duration of response was also comparable at 4.01 vs. 3.45 months for the ipilimumab and chemotherapy alone arms, respectively. Immune-related toxicities including diarrhea, rash and colitis lead to higher rates of treatment discontinuation (18% vs. 2%), and deaths (5% vs. 2%). The reason for the failure of the confirmatory phase III trial to replicate the signal observed in the initial phase II trial of chemotherapy plus ipilimumab is not clear. However, various factors have been suggested including the different chemotherapy backbone employed in the phase II trial (carboplatin/paclitaxel) and the phase III trial (carboplatin/ etoposide). Potential differences in the patient population enrolled could have also contributed since both trials did not employ any predictive biomarker to enrich for patients likely to benefit from chemoimmunotherapy. In addition, the initial signal of efficacy in the phase II study was based on a novel endpoint of irPFS, which had not been validated as a reliable surrogate for OS in this patient population. Most importantly, ipilimumab has limited tumor specific immune modulatory effect since CTLA4 signaling is more relevant in the relatively nonspecific activation phase of the immune response (37). Perhaps, chemoimmunotherapy combination targeting the immune effector phase with anti-PD-1 antibodies would be expected to yield better result.

Targeting PD-1

Relapsed SCLC: The initial evaluation of immune checkpoint inhibition strategy in SCLC using ipilimumab, in combination with chemotherapy was ineffective in the frontline setting. However, the strategy targeting PD-1 pathway alone or in combination with anti-CTLA4 agents has met with better success in previously treated patients. The phase I/II CheckMate 032 trial (Table 1) explored the efficacy of nivolumab alone or in combination with ipilimumab in patients who have progressed following prior systemic chemotherapy (38). Eligible patients were required to have failed at least one line of a platinum-containing systemic therapy were assigned to nivolumab monotherapy (3 mg/kg) or nivolumab plus ipilimumab (1 mg/kg plus 1 mg/kg; 1 mg/kg plus 3 mg/kg or 3 mg/kg plus 1 mg/kg) followed by nivolumab maintenance therapy. Ten of the 98 patients in the monotherapy arm responded (10% ORR) while the combination doses appeared to have a higher ORRs at 33% (1 of 3 patients), 23% (14 of 61 patients), and 19% (10 of 54 patients), respectively. Responses were seen regardless of the number of prior therapy and platinum sensitivity. One-year OS for this patient population in whom the majority had 2 or more lines of therapy was 33% for nivolumab, 43% with the 1 mg/kg plus 3 mg/kg dose, and 35% with the 3mg/kg plus 1mg/kg dose. The most common severe side effects observed with these regimens were elevated lipase and diarrhea, but treatment discontinuation was less than 12% and comparable among the arms. However, the combination arms with higher doses of ipilimumab had a higher frequency of grade 3 or 4 adverse events at 30% and 19%, respectively vs. 13% with nivolumab alone. An updated result of the Checkmate 032 study was presented at the 2017 ASCO annual meeting including data from the randomized cohorts added to the initial non-randomized cohorts (39). The more robust data from approximately 400 patients enrolled on the study confirmed the initial efficacy signal with a doubling of the response rate in patients treated with the combination versus nivolumab alone (22% vs. 9%). Three treatment related deaths occurred in the higher dose combination arms and were due to myasthenia gravis, acute renal failure, and pneumonitis. The overall positive benefit risk balance of this treatment strategy especially, the durable response and OS signal informed the adoption of this regimen by the NCCN guideline committee as a reasonable option in previously treated SCLC patients. A definitive randomized phase III trial, Checkmate

331 comparing topotecan to nivolumab as second line treatment for SCLC has completed enrolment and results are awaited. Pembrolizumab, another monoclonal antibody against PD-1 was tested in the phase I KEYNOTE 028 study. This PD-1 antibody similarly demonstrated a promising response rate of 33% (8/24 patients) with median duration of response of 19.4 months and 1-year survival of 37.7% in previously treated PD-L1 positive (\geq 1% staining) ES-SCLC patients (40). The vast majority (87.5%) of the patients were previously treated with 2 or more lines of therapy. Sixty-seven percent of patients had an AE with the most common being fatigue, rash, diarrhea, and arthralgia. However, only 8.3% had a grade 3 or higher event while 12.5% had an immune mediated AE such as thyroiditis or colitis.

Maintenance immunotherapy: There is no established agent employed as maintenance therapy following frontline chemotherapy for SCLC. However, temsirolimus and sunitinib both showed signal of benefit in small phase II studies (41,42). Immune checkpoint inhibitors are also being evaluated as maintenance therapy in SCLC. A multicenter phase II trial of maintenance pembrolizumab in 45 patients showed no improvement in PFS (1.4, CI, 1.3-4) months when patients received pembrolizumab after completing 4-6 cycles of platinum/etoposide (43). Exploratory analysis showed a promising signal in terms of irPFS with a median of 4.7 (CI, 1.8-6.7) months and especially in patients with PD-L1 positive tumors compared to PD-L1 negative patients (5.5 vs. 1.3 months). The median OS was 9.4 months (CI, 6.1–15.2) and 30% at 1 year. Common AEs were as fatigue, nausea, and dyspnea. Nivolumab and the combination of nivolumab and ipilimumab are currently being evaluated as maintenance therapy after standard therapy in limited stage SCLC (STIMULI trial) and extensive stage SCLC (CheckMate 451 trial).

Immunotherapy in the frontline: PD-1 antibodies are under active investigation as part of the frontline regimen for extensive stage SCLC trials (*Table 2*). REACTION is a phase II trial evaluating platinum/etoposide in treatment naïve patients with or without pembrolizumab while KEYNOTE 604 is a definitive phase III trial of the same chemoimmunotherapy regimen in comparison to standard chemotherapy. Ongoing studies in previously treated ES-SCLC patients include: pembrolizumab vs. topotecan (AFT-17) and nivolumab vs. topotecan or amrubicin (CheckMate 331). PD-L1 binds B71 with

Name	Study arms	Phase
LS-SCLC		
STIMULI	Nivolumab+ ipilimumab maintenance vs. observation	П
NCT02402920	Platinum/etoposide + radiation +/- pembrolizumab	I
ES-SCLC Treatment na	aïve	
REACTION	Platinum/etoposide +/- pembrolizumab	П
KEYNOTE 604	Platinum/etoposide +/- pembrolizumab	III
IMpower133	Carboplatin/etoposide +/- atezolizumab	III
Caspian	Platinum/etoposide+ durvalumab +/- tremelimumab vs. chemotherapy alone	III
MCC-18914	Platinum/etoposide followed by thoracic radiation +/- nivolumab +ipilimumab	1/11
NCT02402920	Platinum/etoposide followed by thoracic radiation +/- pembrolizumab	I
ES-SCLC Maintenance		
Checkmate 451	Nivolumab, nivolumab + ipilimumab, placebo	Ш
ES-SCLC Subsequent	lines	
AFT17	Pembrolizumab vs. topotecan	Ш
Checkmate 331	Nivolumab vs. topotecan or amrubicin	Ш
IFCT-1603	Atezolizumab vs. topotecan or carboplatin/etoposide	Ш
MISP-MK3475	Pembrolizumab + paclitaxel	П
PembroPlus	Pembrolizumab + irinotecan	1/11
CA001-030	BMS-986012 +/- nivolumab	1/11
KEYNOTE 158	Pembrolizumab	П
NCT02937818	Durvalumab + tremelimumab vs. AZD1775+carboplatin	II
Winship 3112-15	Tremelimumab + durvalumab +/- radiation	II
M16-300	Nivolumab + rovalpituzumab +/- ipilimumab	I
AAAQ8257	SGI-110 followed by durvalumab + tremelimumab	I

Table 2 Ongoing immunotherapy studies in SCLC

ES-SCLC, extensive stage small cell lung cancer; LS, limited stage.

greater affinity than CD28 and may therefore inactivate T-cells through a PD-1 independent mechanism. Thus, ligand targeting PD-L1 inhibitors such as atezolizumab and durvalumab may have efficacy advantage over inhibitors that bind to PD-1 receptors such as nivolumab and pembrolizumab at least theoretically in the absence of clinical comparison (44). Hence, atezolizumab is being studied in combination with platinum/etoposide and compared to second line chemotherapy while durvalumab is being evaluated in combination with another CTLA-4 inhibitor, tremelimumab with first line chemotherapy and in refractory SCLC.

Future approaches

Another avenue of incorporating immunotherapy is by combining it with radiation. Radiation has shown to be immunogenic and can theoretically prime the cancer to immunotherapy. Radiation causes cellular apoptosis and exposes the immune system to additional antigens (45). MHC I protein which is poorly expressed in SCLC can be induced along with other neoantigens following ionizing radiation treatment (46,47). Radiation can also remodel the tumor microenvironment in part by reducing the amount of mesenchymal-derived suppressor cells so that the tumor

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stroma becomes more conducive for CD8 cytotoxic T cell activation and increased presence of immune effector cells (48-50). In addition to direct local immune promoting effect, radiation can also induce systemic immune response leading to tumor control at sites beyond the immediate radiation field, so called abscopal effect (51). Ionizing radiation is an established component of treatment for limited stage SCLC and new data suggests potential benefit of consolidation radiation therapy in extensive stage SCLC. Therefore, the combination of immunotherapy and radiation is a rational progression of therapeutic strategy for this disease. Indeed, this concept is under exploration in three prospective clinical trials in limited and extensive stage disease: (I) the STIMULI trial of ipilimumab and nivolumab after standard concurrent chemoradiation in LS-SCLC; (II) dose escalated pembrolizumab concurrent with chemoradiation in LS-SCLC or with consolidative thoracic radiation in ES-SCLC followed pembrolizumab maintenance; and (III) Tremelimumab and durvalumab with or without preceding SBRT to assess for the abscopal effect (Table 2).

In addition to attempts to enhance the effects of immunotherapy, there are also efforts underway to better identify those who are likely to respond to therapy. Currently, there is no perfect biomarker that can accurately predict clinical response to immunotherapy. Although a higher proportion of PD-L1 positive NSCLC patients responded to anti-PD-1 therapy and with higher response rates than PD-L1 negative patients, durable responses seen in up to 20% of patients with <1% PD-L1 expression (52-55). A pre-planned analysis of PD-L1 status and clinical outcome in the CheckMate 032 study in SCLC patients revealed that responses occurred irrespective of PD-L1 expression (38). Contrarily, exploratory analysis from the maintenance pembrolizumab study showed the pattern of PD-L1 expression at the tumor-stroma interface rather than the degree of expression to be associated with clinical benefit (43). Therefore, the role of PD-L1 expression in SCLC will have to be further defined in ongoing studies along with other biomarkers such as tumor infiltrating immune cells, mutational burden and immune gene signatures currently being investigated to guide immunotherapy.

Conclusions

Initial checkpoint inhibition trials have demonstrated encouraging results with favorable responses and generally manageable toxicities in SCLC patients with otherwise limited treatment options. While the addition of ipilimumab to chemotherapy yielded some disappointing results in the first line setting, the durable response and prolonged survival observed with nivolumab/ipilimumab or single agent pembrolizumab for refractory SCLC patients is promising. Additional strategies to incorporate immune targeted agents to the management of SCLC range from maintenance therapy with single or double immune checkpoint agents to combination with chemotherapy and radiation. Unlike the failed attempts to date to establish a role for biologically targeted agents in the treatment of SCLC, early results indicate that immunotherapy will have a role in the management of this difficult disease.

Acknowledgements

None.

Footnote

Conflicts of Interest: The authors have no conflicts of interest to declare.

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Cite this article as: Pakkala S, Owonikoko TK. Immune checkpoint inhibitors in small cell lung cancer. J Thorac Dis 2018;10(Suppl 3):S460-S467. doi: 10.21037/jtd.2017.12.51

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