Next generation sequencing-based molecular profiling of lung adenocarcinoma using pleural effusion specimens

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Background: Molecular profiling of non-small cell lung cancer (NSCLC) is essential for therapeutic decision-making. Pleural effusion obtained by a non-invasive, repeatable procedure may provide an opportunity for molecular profiling and thereby possibly provide information enabling targeted therapy. In this study, we aimed to evaluate the diagnostic performance of pleural effusion as a specimen for molecular analysis.

Methods: Thirty patients with paired malignant pleural effusion and thoracic biopsy specimens were included. Clinically actionable mutations were assessed using a validated targeted next generation sequencing assay. *EGFR/KRAS/ALK* mutation status in thoracic biopsy specimens was tested using ARMS PCR.

Results: The concordance rate between gene status identified by ARMS and next-generation sequencing (NGS) analysis in the thoracic biopsy and pleural effusion samples was 86.7% (26/30). Compared with the thoracic biopsy specimens, the diagnostic performance of pleural effusion showed a sensitivity of 92.3%, a specificity of 50.0%, and a positive predictive value of 92.3%. Therefore, cases with a low percentage of tumor cells (<5%) can successfully be used to detect actionable mutations in pleural effusion specimens.

Conclusions: These results suggest that pleural effusions are suitable specimens for oncogene mutation analysis and enable targeted therapy for patients with advanced NSCLC.

Keywords: Pleural effusion; lung adenocarcinoma; actionable genomic alteration; next generation sequencing

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Introduction

Lung cancer is the leading cause of cancer death in China, accounting for 1/4 of all cancer-related mortality in the country (1). The introduction of targeted therapy for *EGFR* and *ALK* has dramatically changed the therapeutic strategy for advanced lung adenocarcinoma (2-4). However, the treatment effect of tyrosine kinase inhibitors (TKIs) is largely

associated with the mutation status of *EGFR* and *ALK*. *EGFR*-activating mutations are predominantly observed in adenocarcinomas and are more common in tumors from never-smokers, women, and in East Asians (5-7). Thus, molecular profiling of lung adenocarcinoma has become increasingly crucial in predicting the response to *EGFR*- and *ALK TKI*-targeted therapy.

Surgical tumor tissue has been considered the preferred sample type for EGFR and ALK mutation screening. However, only early lung adenocarcinoma patients are suitable for surgical resection, contrasting patients with advanced non-small cell lung cancer (NSCLC) (70%) for which only cytology materials were obtained using non-surgical sampling techniques will be available for analysis severely limiting opportunity to perform mutation screening (8). Pleural effusion may be an alternative material for analysis when tumor tissues are not available or adequate for mutation analysis. Pleural effusion is a common complication of lung cancer, especially adenocarcinoma, and indicates an advanced stage of disease (9,10). Given that sampling of pleural effusion fluid is usually easy, non-invasive, and repeatable, and previous studies have demonstrated the benefits of using body fluids for detecting EGFR/KRAS mutations (11-16). Targeted next-generation sequencing (NGS) allows to rapid detection of a variety of cancer-related genes on a single platform (such as Ion Torrent Proton and MiSeq) (17-19). This novel approach may overcome the limitations in the detection of somatic mutations from small amounts of DNA.

In the present study, we attempt to detect actionable mutations in matched tumor tissues and pleural effusion samples, using both ARMS PCR and targeted NGS. To our knowledge, this is the first study to use an ion torrent sequencing platform to detect gene mutations in pleural effusion samples.

Methods

Patients and samples

We selected NSCLC patients with malignant pleural effusion at the time of diagnosis and who underwent biopsy at the First Affiliated Hospital of Guangzhou Medical University between December 2016 and March 2017. The pleural effusion samples were centrifugated, then cell pellets were collected and prepared into cell blocks. The cell block sections were stained with hematoxylin and eosin. Malignant pleural effusion was confirmed by demonstration of malignant cells on cytology examination and tumor cell percentage for each sample were estimated by pathologists. A total of 30 malignant pleural effusion and matched-biopsy specimens with a documented *EGFR/KRAS/ALK* mutation were available for testing. Relevant clinical and pathological information on the subject, including age, sex, smoking history, histological type, and cancer cell content, were

obtained from the electronic health record. All subjects provided written informed consent, and the study protocol was approved by the Institutional Review Board of the First Affiliated Hospital of Guangzhou Medical University. All the molecular tests were conducted in accredited clinical genetics laboratories.

NGS-based genotyping

The pleural effusion specimens were reviewed to assess tissue adequacy before testing. DNA was extracted from unstained FFPE resections, using the QIAamp DNA FFPE Tissue Kit (Qiagen, Hilden, Germany). A well validated targeted NGS assay was used to identify the clinically relevant mutation (20). Briefly, barcoded genomic DNA libraries were constructed for massively parallel sequencing. DNA libraries were pooled by mixing 200 ng DNA from each library. Solution-phase hybrid capture for 145 clinically relevant genes associated with lung cancer was performed. Multiplexed hybrid capture libraries were pooled proportionally and were then sequenced to >200× average unique coverage, using Ion Proton Sequencers (Thermo Fisher, Waltham, MA, USA). A clinically validated bioinformatics pipeline named "Otype" was used to detect clinically relevant genomic alterations in 9 genes (EGFR, KRAS, PIK3CA, BRAF, MET, ERBB2, ALK, ROS1, and RET). This NGS assay showed a concordance rate of 100% between results obtained by NGS and conventional test platforms in a validation study using 61 previously profiled clinical tumor samples (20).

ARMS PCR

Genomic DNA in thoracic biopsy samples were extracted using QIAamp DNA FFPE tissue kits (Qiagen, Hilden, Germany). Mutations of *EML4-ALK*, *EGFR*, and *KRAS* were analyzed using commercially available kits from Amoy Diagnostics (Xiamen, China), based on the ARMS real time PCR technology. The *EGFR* kit detects 29 mutations in exons 18-21, including T790M, L858R, L861Q, S768I, G719S, G719A, G719C; three insertions in exon 20; and 19 deletions in exon 19. The *KRAS* kit detects seven mutations, namely, G12D, G12A, G12V, G12S, G12R, G12C, and G13D. The *EML4-ALK* kit detects nine fusions. The detection limit for mutations in EGFR and KRAS ranges from 1% to 2.5%. The ALK gene fusion detection kit allows detection of 25 copies/µL ALK gene fusions plasmid DNA.

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Table	1	Patient	characteristics
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Characteristic	N=30	%
Gender		
Male	17	56.7
Female	13	43.3
Age		
Median	60	
Range	37–84	
Smoker		
Never	18	60
Ever	12	40
Histology		
Adenocarcinoma	30	100
Tumor cell % (pleura effusion specimen)		
1–5	7	23.3
6–10	10	33.3
11–15	5	16.7
16–20	8	26.7

Statistical analysis

Statistical analysis was performed using R studio 19.0 (RStudio, Inc., Boston, MA, USA). Concordance of results between thoracic biopsy and pleural effusion specimens was determined using Cohen's statistic. A two-tailed P value of less than 0.05 was considered statistically significant. Concordance rate, sensitivity, specificity, and positive predictive value were calculated for mutations in pleural effusion specimens and compared with those in thoracic biopsy specimens (regarded as the reference standard).

Results

Patients and specimens

With the aims to evaluate the diagnostic performance of pleural effusion as a specimen for molecular analysis, we selected patients who were highly suspected to have genetic alternations based on the clinical and histological features. *Table 1* shows the demographic characteristics of the enrolled patients. The mean age of the patients was 60 years, and 17 patients were male. All 30 patients were diagnosed as having advanced lung adenocarcinoma based on biopsy specimens. For each patient, the *EGFR/ KRAS/ALK* mutation status assessed by ARMS PCR of the thoracic biopsy specimen was considered as a reference to determine the accuracy of molecular tests conducted on pleural effusions. Twenty-two (73.3%) of the 30 thoracic biopsy specimens harbored *EGFR* mutations. The most frequent mutations were the point mutation (L858R) in exon 21 (11/22, 50.0%) and the deletion mutation in exon19 (9/22, 40.9%). Aside from the *EGFR* mutation, 2 cases exhibited *KRAS* mutations (G12V), 1 case harbored *ALK* fusions, and 5 cases were wild type. Of these paired pleural effusions, neoplastic cell content ranged from 1% to 20%, 17 specimens had less than 10% neoplastic cells (*Figure S1*). DNA was extracted from all 30 pleural effusions in amounts ranging from 53 ng to 2.9 µg (*Table S2*).

Genotyping by NGS in pleural effusions

Mutation status was tested in all 30 pleural effusion specimens using targeted NGS. Hybrid captured libraries were sequenced to a mean of 2.4 million sequencing reads per sample with high uniform depth (an average of 359× coverage by unique reads, with >98% of target region at coverage >100x) (Figure S2). Detailed comparisons of gene mutation analyses of thoracic biopsy and pleural effusion specimens by ARMS PCR and targeted NGS are listed in Table 2. Of the 30 paired samples, 20 presented the same EGFR mutations [10 L858R mutations, 8 exon 19 deletions (Figure 1), 1 G719S, and 1 exon 20 insertion] in both the thoracic biopsy specimens and the corresponding pleural effusion sample (Table 2). The same KRAS mutations (2 G12V) were found in both types of specimens in 2 cases. EML4-ALK fusion was identified by both methods in both specimen types of one patient. No mutation was found in the other 6 genes (PIK3CA, BRAF, MET, ERBB2, ROS1, and RET). Two EGFR mutations (L858R mutation and exon 19 deletion) detected by ARMS PCR were identified as wild type by NGS in pleural effusion specimens, and two EGFR mutations (L858R and G719S) detected by NGS were identified as wild type by ARMS PCR.

Diagnostic performance of pleural effusion

The concordance rate between gene status identified by ARMS analysis and NGS in thoracic biopsy and pleural effusion samples was 86.7% (26/30), indicating that pleural effusions could be an alternative material for molecular analyses. Compared with the thoracic biopsy specimens,

		Pleura effusion specimen			
Sample ID	i noracic biopsy specimen (ARMS PCR)	NGS	Allele fraction (%)	ARMS PCR	
#1	EGFR L858R	EGFR L858R	10.5	EGFR L858R	
#2	EGFR exon 20 insertion	EGFR exon 20 insertion	5.5	EGFR exon 20 insertion	
#3	Wild type	EGFR L858R	6.1	EGFR L858R	
#4	EGFR exon 19 deletion	EGFR exon 19 deletion	13.2	EGFR exon 19 deletion	
#5	Wild type	Wild type	_	Wild type	
#6	EGFR L858R	EGFR L858R	4.8	EGFR L858R	
#7	EGFR G719S	EGFR G719S	3.2	EGFR G719S	
#8	EGFR exon 19 deletion	EGFR exon 19 deletion	5.0	EGFR exon 19 deletion	
#9	EGFR L858R	EGFR L858R	5.6	EGFR L858R	
#10	EGFR L858R	EGFR L858R	6.5	EGFR L858R	
#11	Wild type	EGFR G719S	7.2	EGFR G719S	
#12	EGFR exon 19 deletion	EGFR exon 19 deletion	11.0	EGFR exon 19 deletion	
#13	EGFR L858R	EGFR L858R	16.9	EGFR L858R	
#14	EGFR exon 19 deletion	EGFR exon 19 deletion	13.0	EGFR exon 19 deletion	
#15	EGFR exon 19 deletion	EGFR exon 19 deletion	15.1	EGFR exon 19 deletion	
#16	EGFR exon 19 deletion	EGFR exon 19 deletion	11.1	EGFR exon 19 deletion	
#17	EGFR L858R	EGFR L858R	16.9	EGFR L858R	
#18	EGFR L858R	EGFR L858R	11.4	EGFR L858R	
#19	KRAS G12V	KRAS G12V	6.7	KRAS G12V	
#20	Wild type	Wild type	12.1	Wild type	
#21	EGFR exon 19 deletion	EGFR exon 19 deletion	4.1	EGFR exon 19 deletion	
#22	EGFR L858R	EGFR L858R	7.1	EGFR L858R	
#23	ALK-EML4 fusion	ALK-EML4 fusion	-	ALK-EML4 fusion	
#24	KRAS G12V	KRAS G12V	2.0	KRAS G12V	
#25	EGFR L858R	EGFR L858R	11.1	EGFR L858R	
#26	EGFR L858R	Wild type	-	Wild type	
#27	Wild type	Wild type	-	Wild type	
#28	EGFR L858R	EGFR L858R	6.9	EGFR L858R	
#29	EGFR exon 19 deletion	EGFR exon 19 deletion	11.4	EGFR exon 19 deletion	
#30	EGFR exon 19 deletion	Wild type	-	Wild type	

Table 2 Gene mutation analysis of paired thoracic biopsy specimens and pleura effusion specimens using ARMS and NG
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NGS, next-generation sequencing.



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Figure 1 An examples of an *EGFR* exon 19 deletion detected by both ARMS PCR and targeted NGS in paired thoracic biopsy and pleura effusion samples. (A) The sequence alignment graph depicts an *EGFR* exon 19 deletion p.L747_P753delinsS (c.2240_2257del) in pleura effusion of case #15, only 26 reads were shown. Reads were aligned to the forward stand (=) or reverse strand (1); (B) the amplification graph corresponds to thoracic biopsy sample of the same case analyzed with the Amoy EGFR mutation test kit.

the diagnostic performance of pleural effusion specimens showed a sensitivity of 92.3%, a specificity of 50.0%, and a positive predictive value of 92.3% (*Table 3*). The Kappa value indicating the detection efficiency of gene mutation between thoracic biopsy and pleural effusion specimens was 0.42, and the P value was 0.102.

Discussion

Sampling of pleural effusion is a non-invasive, repeatable procedure that may provide an opportunity for targeted therapy in these patients. The purpose of this study was to evaluate the diagnostic performance of pleural effusion as a specimen for molecular analysis. We compared *EGFR*,

 Table 3 Comparison of EGFR/KRAS/ALK mutations between 30

 thoracic biopsy specimens detected by ARMS and matched pleural

 effusion specimens detected by NGS

Pleural effusion	Thoracic biopsy specimen (ARMS)				
specimen (NGS)	+	_	Total		
+	24	2	26		
_	2	2	4		
Total	26	4	30		

+, *EGFR/KRAS/ALK* positive mutation; –, *EGFR/KRAS/ALK* negative mutation. NGS, next-generation sequencing.

KRAS, and ALK mutation results obtained from 30 thoracic biopsy samples and matched pleural effusion samples, using ARMS PCR and NGS. All of the 30 NSCLC cases had no histological sections available because of the poor physical performance and advanced stage of the disease, and instead, had to undergo another procedure (thoracic biopsy) to obtain materials. We observed high concordance (86.7%) between the pleural effusion and thoracic biopsy specimens. The NGS assay of pleural effusions showed good diagnostic performance. Only four cases of mutation were detected only in pleural effusion or thoracic biopsy specimens. For these four pleural effusion samples, mutations detected by ARMS PCR and NGS were concordant, so the discrepancies might be ascribed to tumor heterogeneity between the materials. Our findings indicate that pleural effusion is a feasible source of tumor DNA for identifying patients who can benefit from the targeted therapy.

So far, only few studies have demonstrated the feasibility of oncogene analysis in pleural effusions from patients with advanced lung cancer (11,13-16). In these studies, allelespecific PCR-based platforms (such as ARMS PCR, Sanger sequencing) were often used for somatic mutation profiling. However, these techniques require an amount of gDNA when testing multiple genes (loci); therefore, only EGFR mutations can be assessed because of the small amount of DNA from pleural effusion samples. Targeted NGS testing, which provides a unifying approach for the detection of multiple categories of genetic alterations, uncovered more actionable options for patients than allele-specific approaches did. The targeted NGS sequencing approach used in this study has been clinically validated in a previous cell line dilution study and reach a mutation detection limit of 5% for base substitutions and 1% for InDels (20). In this study, we used this NGS assay to detect clinically relevant

genomic alterations in 9 genes (EGFR, KRAS, PIK3CA, BRAF, MET, ERBB2, ALK, ROS1, and RET). However, no mutation was found in 6 genes (PIK3CA, BRAF, MET, ERBB2, ROS1, and RET). The NGS assay only detected 2 more mutations than ARMS PCR. Beside the mutations in EGFR, one KRAS mutation predicting non-responsiveness to EGFR TKI inhibitors and one ALK rearrangement suggesting eligibility for treatment with the ALK inhibitor crizotinib were detected using pleural effusions. Cases with a low percentage of tumor cells (<5%) can successfully be used to detect actionable mutations in pleural effusion specimens.

The present study has several limitations: (I) it's a single-center retrospective analysis with a relatively small number of cases; (II) the number of patients whose therapy was changed on the basis of the genomic profiling results is unknown; (III) a prospective study of a large number of patients with pleural effusion is warranted to reveal a correlation between mutation status in pleural effusion fluids and clinical responsiveness to targeted therapies.

In conclusion, we have compared the mutation statuses in pleural effusions and their paired thoracic biopsy specimens from patients with advanced lung adenocarcinoma and demonstrated high concordance rates of *EGFR*, *KRAS*, and *ALK* mutations between the two materials, as detected by ARMS PCR and targeted NGS. Our findings demonstrate that pleural effusions are suitable specimens for oncogene mutation analysis. NGS allows the assessment of more genes than conventional methods with limited amount of DNA from pleural effusions and provides options of personalized therapy for cancer patients at an advanced stage.

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Footnote

Conflicts of Interest: The authors have no conflicts of interest

to declare.

Ethical Statement: The study protocol was reviewed and approved by the Institutional Review Board of the First Affiliated Hospital of Guangzhou Medical University (#2016-07). A written informed consent form, describing the purpose of the study, was signed by all of the participants.

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Figure S1 Representative images of pleural effusion specimens. (A) Tumor cell percentage 1–5%; (B) tumor cell percentage 6–10%; (C) tumor cell percentage 11–15%; (D) tumor cell percentage 16–20%. Hematoxylin and eosin. Scale bars, 20 µm.



Figure S2 Capture and sequencing performance of 30 pleural effusion specimens.

Sample ID		Thoracic biopsy spec	imen	Pleural effusion specimen			
	Tumor cell %	DNA amount (ng)	RNA amount (ng)	Tumor cell %	DNA amount (ng)	RNA amount (ng)	
#1	25	378	825	11–15	540	980	
#2	20	240	600	1–5	56	116	
#3	20	160	465	6–10	65	145	
#4	30	460	960	11–15	78	136	
#5	25	420	1,110	15–20	1,510	2,978	
#6	25	200	540	6–10	75	132	
#7	25	330	712	1–5	81	178	
#8	20	290	645	6–10	68	149	
#9	50	630	1,222	1–5	53	140	
#10	45	540	1,177	1–5	98	194	
#11	35	380	900	6–10	228	479	
#12	30	250	585	11–15	1,830	3,240	
#13	20	230	525	16–20	1,000	1,680	
#14	30	420	945	6–10	160	397	
#15	25	350	750	16–20	720	1,875	
#16	25	270	510	11–15	635	1,770	
#17	40	460	930	16–20	144	254	
#18	30	340	705	16–20	164	259	
#19	35	490	1,005	6–10	2,960	4,730	
#20	40	560	1,260	16–20	725	1,828	
#21	35	390	795	1–5	360	950	
#22	30	270	615	6–10	60	240	
#23	40	460	1,035	11–15	194	350	
#24	35	420	795	1–5	165	430	
#25	25	380	780	16–20	740	1,380	
#26	35	420	945	1–5	143	320	
#27	30	360	885	6–10	115	278	
#28	20	220	510	6–10	62	153	
#29	25	330	750	16–20	1,000	2,312	
#30	40	530	1,140	6–10	248	560	

Table S1 Tumor cells percentage and DNA/RNA amount extracted from the thoracic biopsy specimens and pleural effusion specimen