



Decision-making at initial surgery for type A aortic dissection in patients with Marfan syndrome: proximal or extensive repair

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Background: Data on outcome of Stanford type A aortic dissection (TAAD) in Marfan syndrome (MFS) patients are limited. We investigated the full spectrum of reoperation and survival after initial surgery in MFS patients who suffered TAAD.

Methods: Retrospective analysis of 85 consecutive MFS patients in one-single center during the past 15 years.

Results: Overall, 85 MFS patients with TAAD underwent surgical repair [74% acute dissections; 80% DeBakey type I; 91% composite valved graft; 70% total arch replacement (TAR); 68% frozen elephant trunk (FET); 7% in-hospital mortality] at Changhai hospital affiliated to the Second Military Medical University over the past 15 years. Five (20.8%) patients in non-TAR group need aortic arch reintervention with re-sternotomy during follow-up, which is significantly higher than that in TAR group ($P=0.001$). Freedom from aortic arch reoperation in non-TAR group was all $78.7\% \pm 8.5\%$ at 5, 10, and 15 years. No patient required aortic arch reoperation in TAR group ($P=0.001$). On the other hand, the FET was inserted into false lumen intentionally at initial surgery in 2 cases of chronic TAAD with narrowed true lumen. Scheduled thoracoabdominal aortic replacement was performed 6 months later. Both 2 patients are with well clinical outcomes. At last, we found that DeBakey type and TAR at initial surgery were irrelevant to survival and reoperation for descending aorta.

Conclusions: TAR combined with FET is recommended in MFS patients when the aortic arch is dissected or enlarged. The FET could be inserted into the false lumen intentionally in selective case for scheduled 2-staged descending aortic repair.

Keywords: Marfan syndrome (MFS); type A aortic dissection (TAAD); aortic root surgery; total arch replacement (TAR); frozen elephant trunk (FET)

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Introduction

Marfan syndrome (MFS), which is an autosomal-dominant disorder with fibrillin-1 gene mutation, can lead to catastrophic outcome in younger patients (1). Stanford type

A aortic dissection (TAAD) and aneurysm are common pathological manifestations of aorta in these patients. Hence, elective aortic root surgery was used to prevent TAAD and its sequelae. Additionally, prophylactic aortic root procedure made it possible for these patients to achieve

normal life expectancy.

Limiting surgery to proximal aorta has been proven to be with low mortality in MFS patients with TAAD, while left distal segments untreated (2,3). Consequently, reinterventions for distal aorta, including aortic arch and descending aorta, were necessary in some patients during follow-up. The extent of initial surgery for TAAD in MFS patients was proved to be a determinative factor for reoperation and long-term clinical outcome. Meanwhile, the dissection itself could be a main risk for reintervention (2,4). Hence, some groups advocated that total arch replacement (TAR) combined with frozen elephant trunk (FET) technique was feasible and satisfactory for TAAD in MFS patients, especially in chronic cases (5-8).

This study aimed to present the full spectrum of distal aortic reoperations after initial surgery in MFS patients who suffered TAAD by analyzing a single-center series of 85 patients retrospectively, and to address the controversy that whether distal repair by TAR + FET at initial surgery is feasible and associated with better long-term clinical outcome.

Methods

Patients and follow-up

This retrospective analysis was approved by the institutional review board (Project Number: 20180630). The diagnosis of MFS is consistent with the revised Ghent criteria (9). A total of 85 consecutive patients diagnosed with TAAD by contrast-enhanced CT for entire aorta in Changhai hospital between June 2003 and May 2018 were enrolled in this study. The final decision for initial procedure was made by surgeon intraoperatively depending on exploration. Bentall or valve-sparing root replacement (VSRR) technique was alternative for aortic root repair, hemi-arch replacement or TAR was performed for distal repair. FET (MicroPort[®], Shanghai) was considered when necessary. The indication of TAR + FET for TAAD in MFS patients was DeBakey type I dissection, as well as DeBakey type II dissection with an enlarged arch or proximal descending aorta. The surgical technique of TAR + FET has been depicted in detail previously (6,10,11).

In our center, operative survivors with MFS are routinely followed up at outpatient clinic 3, 6 and 12 months after discharging. After 1 year, the follow-up was performed depending on clinical situation but at least once per year. Transthoracic echocardiography was evaluated

annually and contrast-enhanced CT for entire aorta was performed when necessary.

Secondary procedures and definitions

Late procedures included prosthetic vascular and valvular replacement. In most cases, the indication for prosthetic vascular replacement was residual dissection. Thoracic endovascular aortic repair (TEVAR), open thoracoabdominal aortic replacement, and TAR + FET were performed in subsequent reintervention for diseased aortic segment. The procedure for severe aortic insufficiency was based on recent guidelines and clinical situation.

Statistical analysis

Continuous variables are presented as mean \pm standard deviation or median (range). Categorical variables are stated as absolute numbers and proportions. Kaplan-Meier analysis was used for evaluation of survival and freedom from reinterventions, and the log-rank test was used to test for differences. The multivariable analysis was performed to determine independent significant prognostic factors. Significant variables associated with reoperation and survival after initial surgery by univariable analysis were included in the multivariable analysis. The statistical analysis was performed by SPSS-V21.0 Software. In all analysis, $P < 0.05$ was considered statistically significant.

Results

Overall outcomes of initial surgery

A total of 85 patients were included. The preoperative clinical data at initial surgery are shown in *Table 1*. The mean age was 38 years (range, 27–47 years). Fifty-two (61%) patients were male. Sixty-three (74%) cases were acute TAAD and 22 (26%) cases were chronic one. The preoperative aortic regurgitation grade was severe in 56 (66%) cases, moderate in 6 (7%) cases, none and mild in 23 (27%) cases. The entry tear was located in the ascending aorta in 63 (74%) cases, aortic arch in 13 (15%) cases and proximal descending aorta in 9 (11%) cases. It worth mentioning that 8 patients underwent prior Bentall procedure on account of aortic root aneurysm in other hospitals, another 4 cases underwent TEVAR procedure for abdominal aortic aneurysm.

The operative data are shown in *Table 2*. The times

Table 1 Preoperative clinical profile

Variables	N=85
Age, y	38 [27–47]
Male, n [%]	52 [61]
Years of follow-up, y	5 [3–8]
Height, cm	177.3±9.5
Weight, kg	65 [59–76]
Aortic dissection, n [%]	
Acute	63 [74]
Chronic	22 [26]
DeBakey classification, n [%]	
Type I	68 [80]
Type II	17 [20]
BAV, n [%]	3 [4]
Hypertension, n [%]	20 [24]
Diabetes mellitus, n [%]	1 [1]
EF, %	59±7
Aortic regurgitation, n [%]	
Severe	56 [66]
Moderate	6 [7]
None and mild	23 [27]
Annulus diameter, cm	2.5 [2.3–2.7]
Ascending aorta diameter, cm	5.2±1.4
Entry tear, n [%]	
Ascending aorta	63 [74]
Aortic arch	13 [15]
Proximal descending aorta	9 [11]
Coronary artery involvement, n [%]	
Right coronary artery	10 [12]
Left coronary artery	3 [4]
History of aortic surgery, n [%]	
Bentall	8 [9]
TEVAR	4 [5]

BAV, bicuspid aortic valve; EF, ejection fraction; TEVAR, thoracic endovascular aortic repair.

Table 2 Operative data of initial surgery

Variables	N=85
Operative data, min	
Cardiopulmonary bypass time	164.6±45.5
Cross-clamp time	98.9±28.7
Cerebral perfusion time	26.5 [22.0–36.5]
Proximal repair, n [%]	
Bentall	77 [91]
VSRR	8 [9]
Distal repair, n [%]	
TAR + FET	58 [68]
TAR	2 [2]
Non-TAR	25 [30]
Concomitant procedures, n [%]	
MVP + TVP	3 [4]
CABG	14 [16]
Diameter of FET, mm	24.9±1.5
Operative outcomes, n [%]	
Operative mortality	6 [7]
Spinal cord injury	0 [0]
Reexploration for bleeding	7 [8]
Mechanical ventilation time >72 h	12 [14]
Stroke and cerebral hemorrhage	1 [1]
Renal failure	5 [6]

V-SARR, valve-sparing aortic root replacement; TAR, total arch replacement; FET, Frozen elephant trunk; MVP, mitral valvuloplasty; TVP, tricuspid valvuloplasty; CABG, coronary artery bypass graft.

of cardiopulmonary bypass, cross-clamp and cerebral perfusion were 164.6±45.5, 98.9±28.7, 26.5 (first and third quartiles, 22.0 and 36.5) minutes, respectively. Patients who received Bentall procedure for aortic root repair were in predominant position (77 in 85 patients, 91%). TAR + FET was performed in 58 patients (68%), during which FET was inserted into false lumen intentionally in 2 cases since the true lumen was narrowed (as shown in *Figure 1*). In

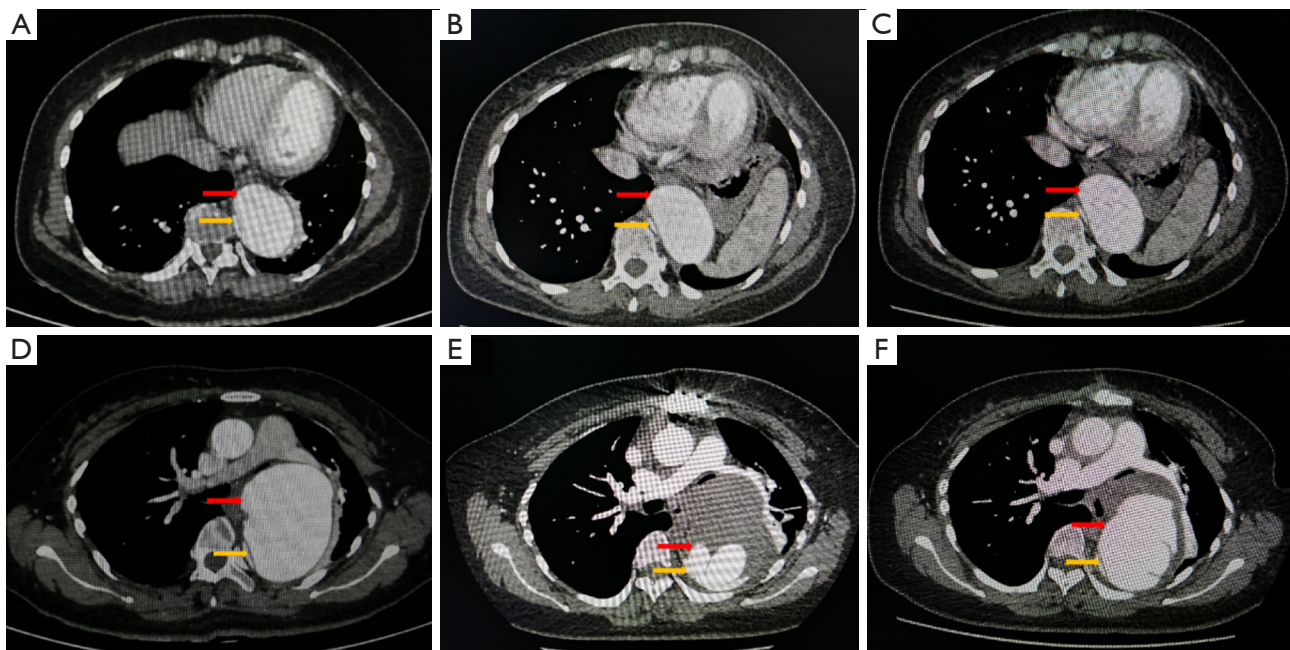


Figure 1 Computed tomography scans of a Marfan syndrome patients with chronic type A aortic dissection before surgery (A,D), 2 weeks after surgery (B,E), and 6 months (C,F). The frozen elephant trunk was inserted into false lumen of descending aorta. The upper panel represents the graphs at the diaphragmatic level, the lower panel represents the graphs at the pulmonary artery level. Red arrow represents false lumen; yellow arrow represents narrowed true lumen. The false lumen at the pulmonary artery level narrowed 2 weeks later after surgery (E versus D) and expanded again after 6 months (F versus E).

addition, the aortic diameter at diaphragmatic level in these 2 patients was measured to be >50 mm, which indicates subsequent procedures were needed during follow-up. Then, scheduled thoracoabdominal aortic replacement was performed 6 months later. Both of these 2 patients are with well clinical outcomes. 2 (2%) patients in TAR group failed to receive FET implantation because of the distorted morphology of true lumen in descending aorta.

Concomitant procedures included mitral valve surgery in 3 (4%) patients, tricuspid valve surgery in 3 (4%) patients, and coronary artery bypass graft (CABG) in 14 (16%) patients, respectively. Of 14 patients who underwent CABG at initial surgery, 12 patients suffered myocardial ischemia since the coronary artery was involved by TAAD, another 2 patients suffered right ventricular dysfunction when they were off pump. Overall, the operative mortality rate was 7% (6 of 85 patients). The causes of death were multiorgan failure and sepsis in 4 cases, low cardiac output in 2 cases. Complications included reexploration for bleeding in 7 patients, prolonged ventilation time in 12 patients, renal failure in 5 patients, and cerebral hemorrhage in 1 patient. No spinal cord injury occurred.

Of note, hemodialysis was required in 5 patients who suffered acute renal failure after surgery, of them with poor prognosis. Of 8 patients who had a tracheal intubation time for more than 72 hours, 4 patients died perioperatively. The result of multivariate analysis showed that concomitant CABG and renal failure were independent risk factors for perioperative death (*Table S1*).

Reinterventions with secondary sternotomy

Six patients underwent 6 re-sternotomies for prosthetic vascular or valvular replacement. Five patients underwent secondary TAR + FET after proximal repair at initial surgery. One patient died perioperatively on account of multiorgan failure, and another 1 died of distal aortic rupture before discharging. The in-hospital mortality rate for secondary TAR was 40% (2 of 5 patients). Additionally, 1 patient underwent re-sternotomy for mitral valve replacement 14 years after initial surgery. No aortic valve reintervention procedure was needed in both VSRR and Bentall group.

Secondary TAR + FET became necessary in 5 of

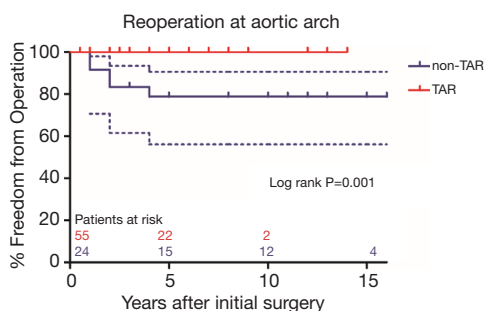


Figure 2 Freedom from reintervention in aortic arch in Marfan syndrome patients with TAAD who underwent TAR versus non-TAR at initial surgery. TAAD, type A aortic dissection; TAR, total arch replacement.

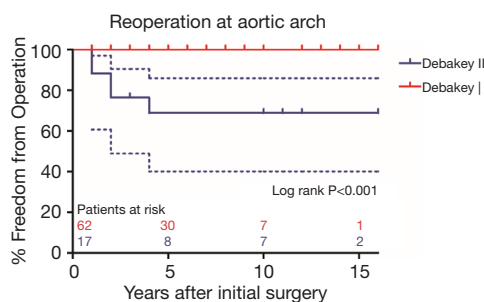


Figure 3 Freedom from reintervention in aortic arch stratified by DeBakey classification.

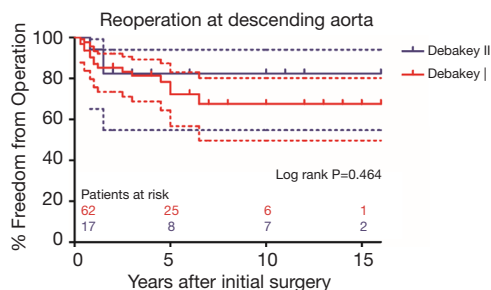


Figure 4 Freedom from reintervention in descending aorta in Marfan syndrome patients with TAAD stratified by DeBakey classification. TAAD, type A aortic dissection.

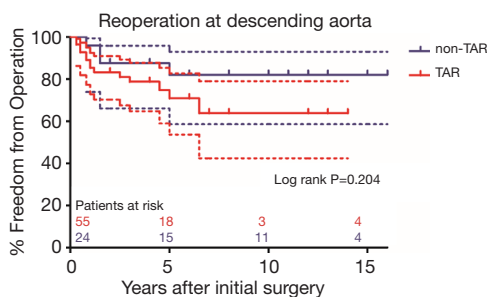


Figure 5 Freedom from reintervention in descending aorta in Marfan syndrome patients with TAAD who underwent TAR versus non-TAR at initial surgery. TAR, total arch replacement; TAAD, type A aortic dissection.

24 patients (20.8%) in non-TAR group, while no patient required secondary distal repair in TAR group ($P=0.001$). Freedom from aortic arch reoperation in non-TAR group were all $78.7\% \pm 8.5\%$ at 5, 10, and 15 years (Figure 2). Of note, 10 cases classified into DeBakey I group failed to undergo TAR procedure at initial surgery due to their poor general condition, while 2 cases classified into DeBakey II group underwent TAR + FET for the enlarged aortic arch. Similarly, no patient required secondary aortic arch surgery in DeBakey I group, and secondary TAR + FET was necessary in 5 of 17 patients (29.4%) in DeBakey II group. As shown in Figure 3, freedom from aortic arch reoperation in DeBakey II group were all $68.8\% \pm 11.8\%$ at 5, 10, and 15 years ($P<0.001$).

Reinterventions for descending aorta

Eighteen patients underwent 24 procedures on downstream aortic segments during follow-up, including 21 cases

of TEVAR and 3 cases of thoracoabdominal aortic replacement. Of these 18 patients, 4 patients underwent more than 1 operation. The most common indication for reintervention was residual dissection. Aortic aneurysm was another indication in 5 patients. No patient died perioperatively in secondary operation for descending aorta. One patient underwent TEVAR died of massive hemorrhage for aortic esophageal fistula 6 years later, and a second patient received thoracoabdominal aortic replacement died of stent infection 19 months after discharging.

As shown in Figure 4, freedom from descending aortic reoperation in patients with DeBakey type I dissection were $78.3\% \pm 5.7\%$, $67.4\% \pm 7.8\%$, and $67.4\% \pm 7.8\%$ and in patients with DeBakey type II dissection were all $82.4\% \pm 9.2\%$ at 5, 10, and 15 years, respectively ($P=0.464$). Freedom from descending aortic reoperation in non-TAR group were all $82.0\% \pm 8.3\%$ and in TAR group were $70.9\% \pm 7.4\%$, $63.8\% \pm 9.5\%$, $63.8\% \pm 9.5\%$

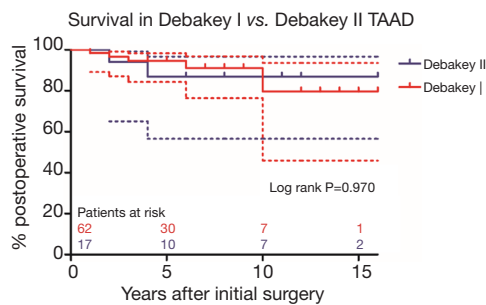


Figure 6 Survival of Marfan syndrome patients with DeBakey I and DeBakey II TAAD. TAAD, type A aortic dissection.

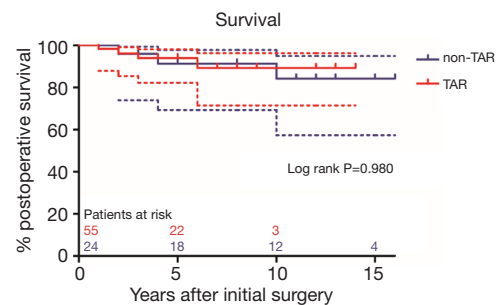


Figure 7 Survival of Marfan syndrome patients with TAR and non-TAR at initial surgery. TAR, total arch replacement.

at 5, 10, and 15 years, respectively as shown in *Figure 5* ($P=0.204$).

Survival

During follow-up, cerebral hemorrhage with poor outcome occurred in 1 patient half year after discharging. 1 patient died of respiratory failure 13 years later. Two patients died perioperatively at secondary aortic arch operation as mentioned before. Two patients died after reintervention for descending aorta. Another 3 patients died for unknown reason.

Survival in patients with DeBakey type I dissection were $94.7\% \pm 3.0\%$, $79.6\% \pm 11.4\%$, and in patients with DeBakey type II dissection were $86.9\% \pm 8.7\%$, $86.9\% \pm 8.7\%$ at 5, 10 years, respectively (*Figure 6*, $P=0.970$). Survival in non-TAR group were $91.3\% \pm 5.9\%$, $84.2\% \pm 8.7\%$, and in TAR group were $93.9\% \pm 3.4\%$, $89.2\% \pm 5.6\%$ at 5, 10 years, respectively (*Figure 7*, $P=0.980$).

Discussion

The indications for subsequent procedure in MFS patients after initial surgery are mainly the pathological changes in remaining native aorta, followed by the changes in aortic and mitral valve (12). Hence, the extent of initial surgery, which keep controversy, may determine the long-term outcome of MFS patients presenting with TAAD. Some groups have reported that a more aggressive surgical strategy seems to be superior to proximal repair at initial surgery for TAAD in MFS patients (4,6,7), so as to reduce the risk of subsequent reintervention. TAR combined with FET technique may facilitate stabilizing and remodelling distal aorta, then was verified to be satisfactory in MFS patients with TAAD (6,7). In this paper, we report the

results of our series of MFS patients presenting with TAAD.

As for aortic root repair, patients who received Bentall procedure were in predominant position in our study. None of these patients needs reintervention for aortic root during follow-up. Meanwhile, thromboembolism and endocarditis events related to mechanical valve were absent, except for 1 patient suffered from cerebral bleeding. Bentall procedure has been verified to be a reliable and durable solution for MFS patients presenting with TAAD. Nicolo *et al.* suggested that Bentall procedure would continue to be a standard treatment for elective aortic root replacement in MFS patients (13). In contrast, other groups advocated the notion that VSRR is a feasible alternative for Bentall by balancing the risk of root reoperation and the benefit of exemption for complications related to mechanical valves, and comparing the late survival (14-19). VSRR has certainly become the first choice for MFS patients presenting with aneurysm in our center over the past decade. Meanwhile, VSRR was also used for aortic root repair in MFS patients with TAAD recently. However, we still keep a conservative attitude toward VSRR when referred to the MFS patients with TAAD for our limited experience.

Whether TAR should be performed at initial surgery in MFS patients is controversial. Some groups advocated the notion that the extent of surgery for TAAD should be limited into ascending aortic replacement or proximal aortic arch for its low perioperative mortality, the aortic arch repair can be performed electively afterwards with low mortality (20). On the contrary, Bachet *et al.* reported that secondary TAR was required in 73% MFS patients with TAAD after Bentall procedure, then proposed a more aggressive approach toward the aortic arch at initial surgery (21). Sun *et al.* reported that TAR + FET was in superior position for TAAD (6,10). Subsequently, such technique was confirmed to be suitable for patients with

MFS with chronic aortic dissection (5).

In our series, distal repair by TAR + FET is utilized for TAAD in MFS patients whose aortic arch is dissected or enlarged, especially in patients with DeBakey type I TAAD. Low perioperative mortality, satisfactory long-term survival, and free from reoperation in aortic arch were achieved in TAR group, which is consistent with the result in Ma's work (6). In addition, the physical condition of MFS patients allows for a longer operative time since aortic dissection occurs on average 20 years earlier in these patients compared with peers without MFS. Most importantly, secondary TAR + FET may have a higher in-hospital mortality rate, which is similar to the previous work (4). Therefore, we believe that a more radical approach may be justified in MFS patients presenting with TAAD when the aortic arch is dissected or enlarged. Proximal repair could be reasonable for MFS patients with DeBakey type II TAAD, while regular imaging surveillance should be indispensable during follow-up.

Aortic dissection extended beyond the aortic arch at the time of initial surgery was associated with higher reoperation rates on descending aorta (4). Sun *et al.* observed that FET + TAR group required less reintervention and had a higher rate of false lumen thrombosis (10). Hence, FET + TAR may provide an alternative way for DeBakey type I dissection, and reduce the risk of reoperation for descending aorta. Of note, FET can reduce the complexity in late descending aortic operation by clamping of the elephant trunk without deep hypothermia (22). In our series, 2 cases of chronic TAAD have developed thoracoabdominal aneurysm, both of them with narrowed true lumen. The FET was inserted into false lumen intentionally at initial surgery, then scheduled thoracoabdominal aortic replacement was performed 6 months later. Both of these 2 patients are with well clinical outcomes.

Previous studies have reported excellent short-term and long-term effects of 2-staged thoracoabdominal aortic replacement in patients with or without MFS (23,24). Roselli *et al.* found that staged repair strategies, including open thoracoabdominal aortic replacement and TEVAR, are feasible and benefit outweigh risks (25). Marcheix observed that TEVAR is feasible in selected MFS patients with low mortality and morbidity rates. However, lifelong imaging surveillance is crucial since the rate of endoleak is high (26). Based on our experience and that of others, we believe distal repair at initial surgery and selective 2-staged descending aortic repair may be feasible for MFS patients with TAAD.

Limitation

This was a retrospective study conducted in a small number of patients, and all operations were performed in a single institute. Patients selected for analysis were operated on within the past 15 years. During that time period, therapeutic regimens were likely to have changed, potentially influencing the results.

Conclusions

Bentall procedure was feasible for its low rate of valve prosthesis-related complications and satisfactory long-term results in MFS with TAAD. TAR combined with FET is recommended in MFS patients when the aortic arch is dissected or enlarged since the risk of secondary TAR can be avoided. The FET could be inserted into the false lumen intentionally in selective patients for facilitating scheduled 2-stage thoracoabdominal aortic replacement. The TEVAR and thoracoabdominal aortic replacement could be recommended for descending aortic repair in selected MFS patients.

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Footnote

Conflicts of Interest: The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. This retrospective analysis was approved by the institutional review board (Project Number: 20180630).

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Supplementary

Table S1 Multivariate analysis for evaluating predictors of survival

Variable	OR	P value
Acute TAAD	0.941	0.166
Debaquey type II	0.969	0.242
Concomitant CABG	0.054	0.017
Cross-clamp time	4.564	0.179
Mechanical ventilation time >72 h	0.958	0.188
Renal failure	0.009	<0.001

TAAD, type A aortic dissection; CABG, coronary artery bypass graft.