

Implications of pneumonitis after chemoradiation and durvalumab for locally advanced non-small cell lung cancer

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Background: Consolidation durvalumab improved overall survival (OS) in locally advanced non-small cell lung cancer (LA-NSCLC) treated with chemoradiotherapy (CRT) in the PACIFIC trial; however, pneumonitis was increased with durvalumab. We sought to examine real-world outcomes with the PACIFIC paradigm, especially factors associated with pneumonitis, using a multi-institutional review.

Methods: Patients with LA-NSCLC treated with CRT followed by durvalumab from January 2017– February 2019 were identified at 2 institutions. We characterized demographics, tumor factors, radiotherapy, and duration of durvalumab. We examined pneumonitis outcomes including re-challenge success, with secondary endpoints of progression-free survival (PFS) and OS.

Results: Thirty-four patients were included with median follow-up of 12 months (range, 3 to 20 months); 94% had stage III disease. The cumulative grade >2 pneumonitis rate was 26.5% with 2 patients developing grade 3 pneumonitis and no grade 4/5 events. Median time to pneumonitis after RT was 2.4 months (range, 0 to 4.9 months). Pneumonitis management included median prednisone dose of 60 mg for median taper of 6 weeks with durvalumab held for median of 4.5 weeks (range, 2 to 8 weeks); 70% of pneumonitis patients received durvalumab re-challenge, with pneumonitis recurring in 14% of patients. 3-month and 6-month pneumonitis-free-survival were 76.9% and 73.6%, respectively; 9- and 12-month OS were 96% (75.1–99.8%), 86.6% (63.5–95.5%), respectively; 9- and 12-month PFS were 68% (47.5–82.5%), 48.7% (25.3–68.3%). Pneumonitis development did not significantly impact PFS or OS (P>0.05).

Conclusions: Among LA-NSCLC patients treated with CRT followed by consolidation durvalumab, more than 25% developed symptomatic pneumonitis. In this small case series, pneumonitis did not appear to negatively impact survival, and durvalumab re-challenge appeared feasible after pneumonitis treatment with steroids.

Keywords: Non-small cell lung cancer (NSCLC); durvalumab; chemoradiotherapy (CRT); pneumonitis; immune-related adverse events (irAE)

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Introduction

Non-small cell lung cancer (NSCLC) remains the leading cause of cancer-related mortality in the US with more than 30% of patients diagnosed with locally advanced disease (1-3). The current standard of care for patients with inoperable stage III NSCLC and a good performance status is concurrent chemoradiotherapy (CRT) using platinum-based doublet chemotherapy with the recent addition of consolidation immunotherapy with the immune checkpoint inhibitor (ICI) durvalumab (4-7). The addition of consolidation immunotherapy is due to the recent results of PACIFIC, a phase 3 randomized trial comparing consolidation durvalumab versus placebo in patients with unresectable stage III NSCLC who had not progressed after definitive concurrent chemoradiation and demonstrated significantly improved progression-free (PFS) and overall survival (OS) (4).

While ICIs have prolonged survival for patients with locally advanced NSCLC (LA-NSCLC), oncologists must be aware of the potential for severe or life-threatening immune-mediated adverse events, especially pneumonitis (8). PACIFIC reported rates of pneumonitis of any grade for durvalumab and placebo of 33.9% and 24.8%, respectively, and grade 3 and 4 pneumonitis rates of 3.4% and 2.6%, respectively. Pneumonitis was the most frequent adverse event leading to the discontinuation of durvalumab and led to discontinued treatment in 6.3% of patients (4). In addition, pneumonitis can limit quality of life, lead to oxygen dependence, and limit future therapeutic interventions (9,10).

Radiation pneumonitis is among the most clinically challenging toxicities following lung radiation and may be exacerbated by consolidation immunotherapy. This potential intensification of toxicity was highlighted in the KEYNOTE-001 trial which used the checkpoint inhibitor pembrolizumab for advanced NSCLC and observed pulmonary toxicity of any grade in 63% of patients with prior thoracic radiation versus 40% of patients without thoracic radiation (11).

Our goals were to perform an analysis of real-world rates of radiation pneumonitis in patients receiving definitive chemoradiation and consolidation durvalumab for the treatment of LA-NSCLC. Furthermore, we sought to describe the impact of pneumonitis on durvalumab dose intensity, and the safety of durvalumab re-challenge after pneumonitis in the setting of definitive chemoradiation. We present the following article in accordance with the STROBE reporting checklist (available at http://dx.doi. org/10.21037/jtd-20-1792).

Methods

Study population

The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013).

After institutional review board of Washington University in St. Louis HRPO# 201902048 and legal approval, a multi-institution collaboration was established. Individual consent for this retrospective analysis was waived. Data was hosted and analyzed using a central repository maintained with REDCap Software V7.3.5 (Vanderbilt University, Nashville, Tennessee) (12).

Between January 2017 to February 2019, 84 patients with LA-NSCLC treated with concurrent chemoradiation were identified from both institutions. Patients were queried from January 2017 as this was near the time of the adoption of consolidation durvalumab in clinical practice. Patients with stage IIB-IIIC NSCLC were included. Patients were excluded if they received consolidative chemotherapy in lieu of durvalumab, progressed during RT or soon after RT, did not complete the full CRT course, had a pre-existing autoimmune disorder that did not allow for durvalumab administration, underwent prior thoracic RT, or underwent neoadjuvant immunotherapy. The remaining cohort of patients received consolidative durvalumab after definitive CRT for LA-NSCLC. Ultimately, 50 patients were excluded from the analysis (*Figure 1*).

Radiotherapy

RT was delivered using intensity modulated RT (IMRT) technique for a planned course of 6–7 weeks of RT. All patients were staged with computerized tomography (CT) of the chest, positron emission tomography (PET), and/or mediastinal staging with endobronchial ultrasound (EBUS) or mediastinoscopy for equivocal PET findings. Patients were followed with serial CT imaging at 6 weeks post-RT, then typically every 3 months for 2 years, and every 6 months for an additional 3 years.

RT was delivered using IMRT technique for a planned course of six to seven weeks of RT. Radiation simulation and planning were performed using free-breathing and fourdimensional CT to assess tumor respiratory motion. Gross tumor volumes (GTV) were contoured according to PET/

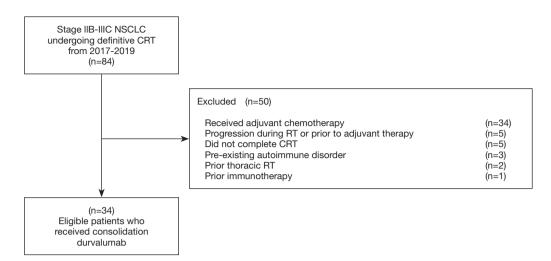


Figure 1 CONSORT diagram of study population. NSCLC, non-small cell lung cancer; CRT, concurrent chemoradiation; RT, radiotherapy.

CT avid primary tumor and nodal involvement. Internal target volumes (ITV) were contoured accounting for respiratory motion of GTV with a 5 to 7 mm expansion to clinical target volume (CTV) followed by 5 mm expansion to planning target volume (PTV). Dose constraints to organs-at-risk (OARs) included spinal cord maximum dose of less than 45 Gy, total lung mean dose less than 20 Gy, and heart V30 less than 50% and heart V50 less than 25%, brachial plexus maximum dose less than 66 Gy, and esophagus mean dose less than 34 Gy. Lung dose-volume histogram parameters were calculated as total lung volumes subtracted from CTV (total lung-CTV) volumes, and are referred to as lung V5, lung V20 with the utilization of dose constraints including lung V20 less than 37% and V5 less than 60%.

Clinical endpoints

Patient, tumor, and treatment factors were investigated and compiled into a de-identified database. The following data was collected: age at diagnosis, cancer diagnosis and staging, smoking status, patient demographics, concurrent chemotherapy, concurrent radiation modality, details of concurrent radiation including dose and fractionation, durvalumab course including number of treatments, and radiation dose parameters to the OARs. Patient comorbidities were assessed using the Charlson comorbidity index, adapted by Deyo *et al.* (13). Physician-reported acute and late toxicity was queried and classified using the Common Terminology Criteria for Adverse Events (CTCAE) scoring system, version 5.0, using the following: patient follow-up notes; CT, PET/CT, or magnetic resonance imaging (MRI); endoscopy; echocardiography; and cardiac catheterization.

Specifically, pneumonitis was determined using documented clinical data regarding patient status, available CT chest imaging, and physician assessment of pneumonitis development given the constellation of findings. Physician reporting of immune-related adverse events (irAE) were also documented according to chart review. These irAE's were attributed to durvalumab when all other probable causes were excluded.

Statistical analysis

Follow-up time was calculated from the end of radiation therapy (RT). The primary endpoint of the study was pneumonitis development and pneumonitis free survival (time from the end of RT until pneumonitis development, death or censoring at the date of last clinical followup). Pneumonitis that occurred during RT was coded as 0 months or considered to have occurred at the 0-time point. Secondary endpoints were OS, PFS, and distant metastasis free survival (DMFS). OS was determined as the time from end of RT until death or date of last followup. PFS was determined as the time from end of RT until first progression, death or date of last follow up. DMFS was determined as the time from end of RT until first

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Table 1 Baseline characteristics

Characteristics	All potiente (NL 24)
Characteristics	All patients (N=34)
Follow-up, median [range], months	12 [3–20]
Age, year	00 [07 04]
Median [range]	68 [37–84]
Sex, No. (%)	
Male	21 (53.8)
Female	13 (33.3)
Race, No. (%)	
White	24 (61.5)
Black or African-American	8 (20.5)
Asian	1 (2.6)
Unknown	1 (2.6)
Stage, No. (%)	
IIIA	20 (51.3)
IIIB	11 (28.2)
IIIC	1 (2.6)
Other [†]	2 (5.1)
ECOG Performance Status Score (%)	
0	10 (25.6)
1	19 (48.7)
2	5 (12.8)
Histology, No. (%)	
Adenocarcinoma	15 (38.5)
Squamous	12 (30.8)
Non-small cell, NOS	7 (17.9)
Smoking status, No. (%)	
Current smoker	7 (17.9)
Former smoker	25 (64.1)
Never smoker	2 (5.1)
Charlson/Deyo comorbidity score (%)	
0	7 (20.6%)
1	9 (26.5%)
2	6 (17.6%)
≥3	12 (35.3%)
Concurrent chemotherapy, No. (%)	
Carboplatin/paclitaxel	30 (76.9)
Table 1 (continued)	

Table 1 (continued)
Characteristics
Cisplatin/etoposide

Other [‡]	1 (2.6)
Radiation dose/fractionation, Gy/fractions	3
Median (range)	60 [60–70]/30 [30–35]
Radiation modality, No. (%)	
IMRT	30 (76.9%)
Protons	4 (10.3%)

[†], 'other' stage included 1 patient with stage IIB and 1 patient with recurrent stage IIIB; [‡], 'other' concurrent chemotherapy included 1 patient receiving carboplatin/etoposide, percentages may not total 100 because of rounding. ECOG, Eastern Cooperative Oncology Group; NOS, not otherwise specified.

distant metastasis, death, or date of last follow up. Kaplan-Meier method was used for these endpoints. Potential factors associated with development of pneumonitis were investigated with univariate Cox proportional hazards modeling. Subsequently, all variables with a P value less than 0.05 or less were entered into the multivariable analysis. All statistical tests were two-sided. A P value less than 0.05 was considered statistically significant. All analysis was completed using SPSS software, version 22.

Results

Patient outcomes

A total of 34 patients treated from 2017 to 2019 for clinical stage IIB to IIIC NSCLC treated with definitive chemoradiation followed by consolidation durvalumab were identified using the aforementioned selection criteria (Table 1). Median follow up was 12 months (range, 3-20 months). Median age was 68 (range, 37 to 84 years) with 21 males (61.7%) with 10 patients (29.4%) with ECOG 0 performance status, 19 patients (55.8%) with ECOG 1, and the remaining 5 patients (14.7%) with ECOG 2.

The clinical staging for the patient cohort was 59% with stage IIIA, 32% with stage IIIB, 1 patient with stage IIIC, 1 patient with recurrent stage IIIA disease, and 1 patient with stage IIB. The median radiation dose and fractionation was 60 Gy (range, 60-70 Gy) in 30 fractions (range, 30-35 fractions) and was delivered over a median of 43 days (range,

All patients (N=34) 3 (7.7)

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38-51 days).

The median lung V5 and V20 were 48.5% (range, 19.3–65.0%) and 19.4% (range, 6.7–38.1%) and the median lung mean dose was 11.6 Gy (range, 4.4–19.1 Gy). The median esophagus mean dose was 22.9 Gy (range, 5.5–40.7 Gy) and median esophagus V60 was 4.8% (range, 0–45.4%). Median heart mean dose was 10.1 Gy (range, 0.4–43.0 Gy) and median heart V50 was 41.8% (range, 12.8–53.2%).

Chemotherapy and immunotherapy

Definitive chemotherapy regimens included carboplatin/ paclitaxel (88.2%), cisplatin/etoposide (8.8%) and carboplatin/etoposide (3%). One patient received neoadjuvant chemotherapy with cisplatin/permetrexed. A median number of 6 doses of chemotherapy were administered during RT. Durvalumab dose was administered at a standard dose of 10 mg/kg intravenously with no dose reductions for up to 12 months as tolerated. Median number of durvalumab doses administered were 8.5 (range, 1–26 doses). The median time between completion of radiation and start of durvalumab was 29 days (range, 18–128 days).

Impact and management of pneumonitis and irAE

Median time to pneumonitis from the end of RT was 2.4 months (range, 0–4.9 months). There were 9 patients (26.5%) with grade >2 pneumonitis among the entire cohort. Seven patients (20.6%) developed grade 2 pneumonitis and 2 patients (5.9%) developed grade 3 pneumonitis. No patients developed grade 4 or 5 pneumonitis. Pneumonitis-free survival for 3- and 6-month timepoints was 76.9% and 73.6%. Pneumonitis development did not significantly impact PFS (70% with pneumonitis vs. 49.2% without pneumonitis at 12 months, P=0.91) or OS (100% vs. 82.4% at 12 months, P=0.31).

All patients who developed pneumonitis were prescribed prednisone for symptom management at a median initial dose of 60 mg (range, 40–60 mg) for a median taper length of 6 weeks (range, 2–19 weeks). Initial prednisone dosing was prescribed by medical oncologists in 89% of patients with pneumonitis, and by the inpatient medical team in 11% of patients. Durvalumab was held during the initial steroid course for a median of 4.5 weeks (range, 2–8 weeks). After the initial steroid taper, 7 out of the 9 patients (77.87%) with pneumonitis were re-challenged with durvalumab with 1 out of the 7 patients (14.3%)

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developing pneumonitis recurrence after durvalumab rechallenge.

Other physician-reported irAEs during patient's durvalumab course were noted in 7 patients (20.6%) including autoimmune thyroiditis in 2 patients (5.9%), immune-related diarrhea requiring prednisone taper in 1 patient (3%), vitiligo development requiring discontinuation of durvalumab in 1 patient (3%), perforated duodenal ulcer requiring surgical repair in 1 patient (3%) and immunerelated transaminitis requiring prednisone taper in 1 patient (3%). Overall, 9 patients (26.5%) required discontinuation of durvalumab due to any toxicity. Among these 9 patients, 6 patients discontinued for pneumonitis, 1 patient for immune-related transaminitis, 1 patient for immune-related diarrhea, and 1 patient for vitiligo development.

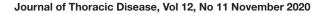
Survival outcomes

Median OS was not reached, while 9-, 12- and 18-month OS rates were 96% (75.1–99.8%), 86.6% (63.5–95.5%) and 74.6% (48.5–88.8%), respectively. Median PFS was 11.8 months (95% CI, 7.2–16.4 months), while 9-, 12-, and 18-month PFS were 68% (47.5–82.5%), 48.7% (25.3–68.3%), and 38.9% (15.5–61.3%), respectively. Median DMFS was 11.9 months (95% CI, 11.1–16.7 months), while 9- and 12-month DMFS were 72% (51–85%) and 46.7% (23.7–66.7%), respectively.

On univariate analysis for OS, there was no association between age, race, smoking status, stage, histology, number of durvalumab cycles administered, and comorbidity score (P>0.05). On univariate analysis for PFS, patient age (P=0.01), number of durvalumab cycles administered (P=0.002) and the Charlson/Deyo comorbidity score (P=0.006) were associated with worse PFS. Durvalumab cycles administered (P=0.003) and comorbidity score (P=0.008) were also significantly associated with PFS on multivariate analysis. On univariate analysis for pneumonitis free survival, only lung V5 (P=0.03) was significantly associated with pneumonitis free survival (*Figures 2,3, Table 2*).

Discussion

Using a multi-institutional review of patients with LA-NSCLC, we investigated the real-world management of patients receiving consolidative durvalumab in a curative setting and reported the success of durvalumab re-challenge after pneumonitis development. The PACIFIC trial provides little clarity in real-time management of treatment-



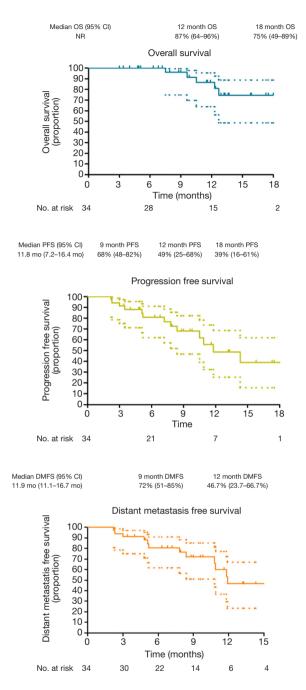


Figure 2 Overall survival, progression-free survival, and distant metastasis-free survival. Shown as Kaplan-Meier curves. Tick marks indicate censored observations. OS, overall survival; PFS, progression-free survival; DMFS, distant metastasis-free survival; CI, confidence interval; NR, not reached.

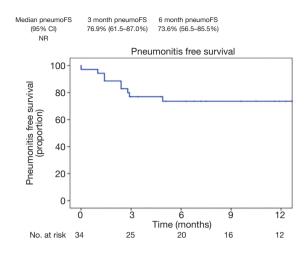


Figure 3 Pneumonitis-free survival. Shown as Kaplan-Meier curves. Tick marks indicate censored observations. PneumoFS, pneumonitis-free survival; CI, confidence interval; NR, not reached.

related pneumonitis and our findings provide insight into overseeing these challenging clinical dilemmas outside of a clinical trial setting (4). Our results demonstrated more than one-quarter of patients developed radiation pneumonitis after definitive CRT and consolidation durvalumab. Pneumonitis development did not appear to be associated with survival outcomes and only 2 patients (5.9%) developed grade 3 pneumonitis, with no patients developing severe grade 4/5 pneumonitis. In those patients who developed pneumonitis, re-challenge with durvalumab was well tolerated after resolution of symptoms in appropriately selected patients.

Our cumulative rate of grades 2–4 pneumonitis was 26.5% which is slightly higher than the previously published incidence of pneumonitis with durvalumab consolidation. However, this comparison to the randomized data is limited due to the smaller cohort in our study population. In the PACIFIC study, rates of grades 2–4 pneumonitis were 19% in the durvalumab arm versus 12% in the placebo arm (4). PACIFIC reported both pneumonitis and radiation pneumonitis together since these entities are hard to differentiate, with a combined pneumonitis (grades 1–5) rate of 33.9% in the durvalumab arm compared to 24.8% in the placebo arm. This is in contrast to the most recent

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Me debter	UVA		MVA	
Variables	HR (95% CI)	P value	HR (95% CI)	P value
Overall survival and factors associated				
Age, years	0.963 (0.89–1.04)	0.34		
Race				
White	Ref			
Black or African-American	2.44 (0.27–22.2)	0.43		
Other	0	0.99		
Smoking status				
Current smoker	Ref			
Former smoker	0.61 (0.07–5.61)	0.663		
Never smoker	0	0.989		
Stage				
IIIA	Ref			
IIIB	0.92 (0.15–5.63)	0.93		
Other	0	0.99		
Histology				
Adenocarcinoma	Ref			
Squamous	2.04 (0.13–32.9)	0.62		
Non-small cell, NOS	4.45 (0.46–42.9)	0.2		
Total lung-PTV V5	0.98 (0.92–1.04)	0.52		
Total lung-PTV V20	0.95 (0.85–1.06)	0.36		
Total lung mean	0.89 (0.72–1.1)	0.29		
Heart V50	0.96 (0.82–1.13)	0.65		
Number of durvalumab cycles delivered	0.88 (0.77–1.01)	0.64		
Charlson/Deyo Comorbidity Score	0.88 (0.58–1.33)	0.54		
Progression-free survival and factors associated				
Age, years	0.932 (0.88–0.98)	0.011**	NS	
Race				
White	Ref			
Black or African-American	0.49 (0.06–4.00)	0.51		
Other	0.98 (0.12–7.78)	0.98		
Smoking status				
Current smoker	Ref			
Former smoker	0.34 (0.07–1.70)	0.19		
Never smoker	0.54 (0.07–4.08)	0.55		

Table 2 Univariate and multivariate analyses of factors associated with overall survival, progression-free survival, and pneumonitis-free survival

Table 2 (continued)

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Table 2 (continued)

Variables	UVA	UVA		MVA	
	HR (95% CI)	P value	HR (95% CI)	P value	
Stage					
IIIA	Ref				
IIIB	0.51 (0.14–1.90)	0.32			
Other	0	0.98			
Histology					
Adenocarcinoma	Ref				
Squamous	1.44 (0.29–7.3)	0.66			
Non-small cell, NOS	3.83 (0.91–16.1)	0.07			
Number of durvalumab cycles delivered	0.89 (0.82–0.96)	0.002**	0.89 (0.82–0.96)	0.003**	
Charlson/Deyo comorbidity score	0.58 (0.39–0.86)	0.006**	0.55 (0.36–0.86)	0.01**	
Pneumonitis-free survival and factors associated					
Age, years	1.05 (0.98–1.13)	0.16			
Smoking status					
Current smoker	Ref				
Former smoker	0.61 (0.08–4.94)	0.65			
Never smoker	0.39 (0.02–4.66)	0.38			
Stage					
IIIA	Ref				
IIIB	0.46 (0.09–2.17)	0.33			
Other	0	0.98			
Histology					
Adenocarcinoma	Ref				
Squamous	0.92 (0.26–3.25)	0.89			
Non-small cell, NOS	0	0.98			
Total lung-PTV V5	0.95 (0.90–0.99)	0.03**			
Total lung-PTV V20	0.96 (0.88–1.05)	0.39			
Total lung mean	0.90 (0.76–1.06)	0.21			
Number of durvalumab cycles delivered	0.92 (0.82–1.03)	0.14			
Charlson/Deyo comorbidity score	1.08 (0.86–1.37)	0.51			

No factors were associated with overall survival. The number of durvalumab cycles delivered and comorbidity score were significantly associated with progression free survival on multivariate analysis. Lung V5 was significantly associated with pneumonitis on univariate. ** denotes statistical significance. UVA, univariate; MVA, multivariate; OS, overall survival; PFS, progression free survival; NOS, not otherwise specified; NS, not significant; HR, hazard ratio; CI, confidence interval.

pre-durvalumab era randomized clinical trial, RTOG 0617 where the rate of acute grades 2–4 pneumonitis was 9–10% and the rate of late grades 2–4 pneumonitis was 9% in the standard dose arm (14). In addition to the synergy between immunotherapy and radiation leading to pneumonitis, chemotherapy may further potentiate this effect. In our data set, 88% of patients received carboplatin/ paclitaxel chemoradiation. Carboplatin with taxane-based chemotherapy has been identified as a risk factor for pneumonitis development in patients receiving definitive CRT for LA-NSCLC (9,15). However, there was no association identified between chemotherapy choice and pneumonitis development in our cohort.

Current guidelines regarding the safety of re-challenging with ICIs after pneumonitis are sparse and usually favor holding or discontinuing immunotherapy in lieu of rechallenging after resolution of symptoms (16-18). However, this approach may unnecessarily restrict patient access to therapy that may provide life-prolonging benefit. In our cohort, re-challenge with durvalumab in patients who previously discontinued durvalumab due to pneumonitis was well tolerated with only 1 out of 7 patients developing pneumonitis recurrence. While this is a small number to draw strong conclusions from, our results appear to contrast previously reported rates of pneumonitis and irAE recurrence after re-challenge where 26% of patients had recurrence of the initial irAE and 26% developed a new irAE after re-challenge (19). Overall, the rate of high dose glucocorticoid usage for our patient set was 26.5%, while PACIFIC reported high dose glucocorticoid use of 8.8% (4). The median time durvalumab was held was 4.5 weeks with a median initial prednisone dose of 60 mg for a median taper length of 6 weeks. This suggests that durvalumab may not need to be held indefinitely in the event of pneumonitis. Clinical practice guidelines for management of irAEs from ICIs suggest re-challenging patients after proper management of their irAE while cautioning of the risk of irAE recurrence (20).

Our observed survival outcomes are comparable with that of PACIFIC. Our 12-month OS rate was 86.6% while PACIFIC demonstrated a 12-month OS of 83.1%. Our median PFS was 11.8 months while PACIFIC had a median PFS from randomization of 17.2 months. However, our median DMFS rate of 11.9 months was shorter than the reported median time to death or distant metastasis of 28.3 months in PACIFIC (21). This difference in DMFS could be explained by differences in patient clinical factors between our two cohorts and our smaller study cohort.

In this current data set we reviewed the impact of multiple variables on PFS, OS and pneumonitis free survival. Interestingly, the development of pneumonitis did not appear to be negatively associated with worse PFS or OS outcomes. This is in contrast to a study by Suresh et al which found an increased risk of death in patients with NSCLC who developed checkpoint inhibitor associated pneumonitis (22). The number of durvalumab cycles administered and the pre-existing comorbidity score of patients were associated with PFS on multivariate analyses. While the number of durvalumab cycles and development of pneumonitis did not appear to be associated with OS in this series, given the association with PFS of durvalumab and the potential for false negative findings in this small series with limited power to detect survival impacts, these results warrant confirmation in larger examinations. Pneumonitis free survival was associated with lung V5 while lung V20 and lung mean dose were not significantly associated with pneumonitis. In addition, although V20 and mean lung dose are frequently used in clinical practice as dose-volume parameters to reduce the risk of pneumonitis, other dosimetric variables including V5 have also been shown to be predictive as was shown in our study (10). Low dose radiation exposure as represented by V5 may be more important in pneumonitis risk when consolidation immune checkpoint inhibitors (ICIs) are administered (23). Additional investigation into dosimetric parameters and their association with pneumonitis using a larger patient dataset is necessary, especially when considering the synergistic effects of radiation and ICIs contributing to pneumonitis.

The limitations of this study include its retrospective nature, and its small sample size. The conclusions drawn from association of factors and outcomes with pneumonitis may be limited due to this sample size. In addition, adequate data was not available for some variables of interest including number of pack-year smoking history, baseline pulmonary function, and dosimetric data beyond previously reported dose-volume lung parameters for pneumonitis. However, the median follow-up time of our data set was 11 months, whereas the median time to pneumonitis was nearly 2 months, with all pneumonitis events occurring by 6 months. A larger body of retrospective data pooled from multiple institutions in the future will be essential to further understand the impact of durvalumab and other immunotherapy on the development of pneumonitis after CRT.

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Footnote

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are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study was approved by institutional review board of Washington University in St. Louis HRPO# 201902048 and individual consent for this retrospective analysis was waived.

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