

Prompt surgery is effective for acute type A aortic dissection with cerebral ischemia

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Background: Acute type A aortic dissection (aTAAD) with preoperative cerebral ischemia (CI) is common and lethal, but the timing and treatment method remain uncertain. We retrospectively reviewed our aTAAD patients with CI and analyzed the outcomes and related risk factors.

Methods: From January 2011 to December 2019, 1,173 patients diagnosed with a TAAD from Nanjing Drum Tower Hospital were enrolled. Among them, 131 patients had CI preoperatively (CI group), and 1,042 patients were in the non-CI group. One hundred eight in the CI group and 984 in the non-CI group received central repair surgery. Fifteen patients had postoperative cerebral complications (CC) and 93 had non-CCs. ROC curves were used to identify the safe duration of preoperative CI.

Results: The CI group was older (56.3 vs. 53.2 years, P=0.013) and had lower rates of pain, chest pain and back pain (77.9% vs. 94.4%, 75.4% vs. 87.5% and 30.8% vs. 42.3%, respectively) than the non-CI group. The CI group had a higher rate of preoperative hypotension and tamponade (13.7% vs. 6.0%, 26.9% vs. 10.4%, respectively; P=0.000). More patients in the CI group did not receive central repair surgery, and the CI had higher mortality (28.2% vs. 15.9%). CI without central repair surgery was a strong risk factor for mortality. CI patients with CC after central repair had a higher mortality, and preoperative coma was the strongest risk factor for postoperative CC.A duration between CI symptoms and central repair surgery of less than 12.75 hours is recommended.

Conclusions: Prompt surgery is effective for aTAAD with CI, and preoperative coma and a safe duration longer than 12.75 hours would predict worse outcomes.

Keywords: Aortic dissection; cerebral ischemia (CI); surgery

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Introduction

Cerebral ischemia (CI) is a common comorbidity in aTAAD patients. The prevalence rate is 15.1% according to newly reported data from the International Registry of Acute Aortic Dissection (IRAD) (1), which is higher than the previously reported rate of 6% (2,3). Thus, patients with CI have a significantly higher mortality rate of 25.7–40.2% than the cohort without CI at 12.0–22.7%. Additionally, patients with preoperative CI had a lower rate of central repair, and more postoperative complications. Although central repair surgery can be performed in patients with CI with acceptable

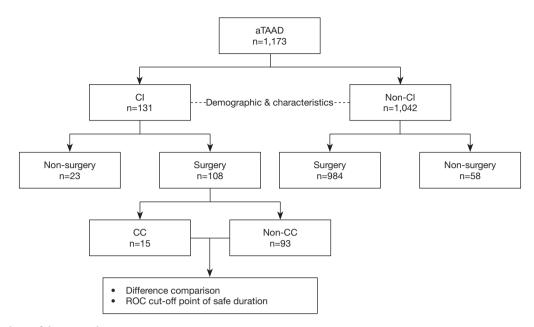


Figure 1 Flowchart of the research.

mortality, the increased mortality and incomplete recovery of brain injuries make the timing and method of surgery a huge challenge. We analyzed the characteristics of CI patients, effective role of central repair surgery and safe duration from CI symptoms onset to surgery. We aimed to propose a strategy for treating aTAAD patients with concomitant CI based on our single-center results.

We present the following article in accordance with the STROBE reporting checklist (available at http://dx.doi. org/10.21037/jtd-20-2349).

Methods

Patients

A retrospective cohort analysis was performed on patients presenting with aTAAD at Nanjing Drum Tower Hospital in China between January 2011 and December 2019. The institutional review board and ethics committees of hospital reviewed and approved the study. In total, 1,173 patients were divided into the CI (n=131) and non-CI groups (n=1,042). CI referred to neurological deficits confirmed by physical examination and radiological findings when patients visited our center. The symptoms of CI recovered before surgery were transient, and others were persistent. The CI and non-CI groups comprised 108 and 984 patients, respectively, who received open central repair surgery. Fifteen of the 108 CI patients with surgery had postoperative cerebral complications (CC), and 93 had non-CC. CC were indicated as positive results from cranial CT or MRI, or global neurological deficits without awareness following discharge or death after surgery (*Figure 1*).

Treatment strategy

All the patients diagnosed with aTAAD were confirmed by computed tomography angiography (CTA) and transferred to the cardiovascular surgery intensive care unit. CI history and neurological physical examination were recorded by physicians. Patients with preoperative CI were advised to receive cranial CT or CTA checks. Central repair surgery was necessary and recommended for all the patients with CI. The reasons for not receiving open surgery were preoperative rupture, family refusal and comorbid diseases, such as CI. Three patients received intracranial angiography accompanied by basilar artery stent implantation first, one patient's consciousness recovered after the first stage and had undergone open central repair, and two others had no change in consciousness and had not received secondstage central repair. Central repair surgery involved proximal primary intimal tear resection and dissected aorta replacement; in some cases, we also inserted a stent in the aortic arch and descending aorta (4,5). The root procedure included the Bentall procedure, root reconstruction and valve-sparing root replacement (6).

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The right axillary artery and femoral artery were the first choices for arterial cannulation. Based on the intended surgical procedure and cannulation sites, we used the cerebral perfusion approach. Intraoperative cerebral oxygen testing was used to assess the effectiveness of intraoperative cerebral perfusion. When the value was less than 20% of the baseline, we believed that cerebral perfusion was not sufficient, and additional measures were added for proper cerebral perfusion.

All the patients were sent for recovery in the intensive care unit postoperatively. Physicians assessed the patients' consciousness status every four hours, and emergency cranial CT was necessary if they did not wake after 12 hours.

The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The current study was approved by the institutional review board of Nanjing Drum Tower Hospital (2020-185-01) and patient consent was waived due to the retrospective nature of this study.

Statistical analysis

All the data were presented as n (%) for categorical variables and means ± standard deviation for normally distributed continuous variables. Between-group differences were analyzed using t-test for continuous variables and a chi-squared or Fisher's exact test for categorical variables. Multivariate analysis was performed using a binary logistic regression model to discriminate independent risk factors for the 30-day mortality in the separated groups: whole group, CI group and surgical group. ROC curves were used to identify the safe duration of preoperative CI in the CI group. Data analysis was performed using SPSS 23 (IBM, Herrenberg, Germany). A P value of less than 0.05 was considered statistically significant.

Results

Characteristics of patients in the CI group: compared with the non-CI group

Compared with the non-CI group, the CI group was older (56.3±13.4 vs. 53.2±13.5 years; P=0.013) and had fewer male patients (69.5% vs. 75.4%; P=0.139). Patients in the CI group were transferred to the hospital more quickly from symptom onset (8.4±6.0 vs. 18.9±30.0 hours; P=0.000). The CI group had a lower rate of pain symptoms (77.9% vs. 94.4%; P=0.000), particularly in the chest (75.4% vs. 87.5%; P=0.000) and back (30.8% vs. 42.3%; P=0.012), but no differences in the abdominal and leg positions. The rates of hypertension (already diagnosed) and Marfan syndrome were similar between the two groups. The medical histories were also similar. Fewer patients had a smoking history (14.5% vs. 23.4%; P=0.021) in the CI group and nearly the same trend for alcohol use (9.2% vs. 15.4%; P=0.059). Preoperative organ ischemia of the limb, mesenteric and myocardial were nearly similar, but more patients in the CI group had preoperative hypotension (13.7% vs. 6.0%; P=0.000) and tamponade (26.9% vs. 10.4%; P=0.000). Fewer patients in the CI group had finally received open surgery finally (82.4% vs. 94.4%; P=0.000), and the mortality was significantly higher than that in the non-CI group (28.2% vs. 15.9%; P=0.000) (Table 1). No differences were found in either method regarding the root procedure or total arch replacement (44.4% vs. 47.5%; P=0.551). The methods for cerebral perfusion in the two groups were the same distribution, and most of patients received antegrade cerebral perfusion (79.7% vs. 82.0%; P=0.540).

Risk factors for death in the whole group, CI group and surgical group

Preoperative CI was not a risk factor for death in either the whole group (OR: 1.273; 95% CI: 0.742-2.184; P=0.381) or surgical group (OR: 0.794; 95% CI: 0.462-1.364; P=0.403). Older age was a risk factor for death in the three groups, particularly in individuals older than 70 years. Tamponade was a risk factor in the whole group (OR: 2.799; 95% CI: 1.785-4.391; P=0.000) and surgical group (OR: 2.853; 95% CI: 1.837-4.431; P=0.000) but not in the CI group (OR: 0.509; 95% CI: 0.175-1.481; P=0.215). Preoperative leg ischemia was a risk factor in the three groups, similar to preoperative myocardial ischemia, but not mesenteric ischemia. In the whole group and CI group, no open surgery was a strong risk factor for death (OR: 9.899, 95% CI: 6.128-15.990; P=0.000; OR 7.330, 95% CI: 2.758-19.481, P=0.000) (Figures 2,3,4).

Characteristics of patients in the CC group and safe duration for CI patients

Compared with the non-CC group, no differences were found in age, male sex, or BMI in the CC group. More patients had persistent CI in the CC group (40% vs. 17.2%; P=0.043), and coma patients accounted for a larger ratio in the CC group (40% vs. 7.5%; P=0.001). The time from symptom onset to hospital stay was significantly longer

Table 1 Demographic and characteristics between CI and non-CI

| Characteristics | Cl (n=131) | non-Cl (n=1,042) | P value |
|------------------------------|---------------|---------------------|---------|
| Age, years | 56.3±13.4 | 53.2±13.5 | 0.013 |
| Gender (male) | 91 (69.5%) | 786 (75.4%) | 0.139 |
| BMI (kg/m²) | 24.8±4.4 | 25.7±4.7 | 0.033 |
| Hours from onset to hospital | 8.4±6.0 | 18.9±30.0 | 0.000 |
| Pain | 102 (77.9%) | 983 (94.4%) | 0.000 |
| Chest pain | 98 (75.4%) | 912 (87.5%) | 0.000 |
| Back pain | 40 (30.8%) | 441 (42.3%) | 0.012 |
| Abdominal pain | 4 (3.1%) | 63 (6.0%) | 0.169 |
| Leg pain | 3 (2.3%) | 32 (3.1%) | 0.630 |
| Hypertension | 93 (71.0%) | 774 (74.3%) | 0.419 |
| Marfan syndrome | 1 (0.8%) | 26 (2.5%) | 0.213 |
| DM | 3 (2.3%) | 38 (3.6%) | 0.426 |
| Aortic aneurysm history | 3 (2.3%) | 14 (1.3%) | 0.393 |
| Aortic dissection history | 3 (2.3%) | 24 (2.3%) | 0.992 |
| CABG history | 1 (0.8%) | 0 (0%) | 0.005 |
| TEVAR history | 3 (2.3%) | 25 (2.4%) | 0.937 |
| AVR history | 0 (0%) | 8 (0.8%) | 0.314 |
| Stroke history | 5 (3.8%) | 35 (3.5%) | 0.786 |
| CAD history | 6 (4.6%) | 24 (2.3%) | 0.120 |
| COPD history | 2 (1.5%) | 13 (1.2%) | 0.789 |
| AF history | 2 (1.5%) | 10 (1.0%) | 0.544 |
| ESKD history | 2 (1.5%) | 22 (2.1%) | 0.656 |
| Smoke | 19 (14.5%) | 244 (23.4%) | 0.021 |
| Alcohol | 12 (9.2%) | 160 (15.4%) | 0.059 |
| Limb ischemia | 22 (16.8%) | 157 (15.1%) | 0.605 |
| Mesenteric ischemia | 10 (7.6%) | 41 (3.9%) | 0.051 |
| Myocardial ischemia | 8 (6.1%) | 44 (4.2%) | 0.324 |
| Hypotension | 18 (13.7%) | 62 (6.0%) | 0.000 |
| Tamponade | 29 (26.9%) | 102 (10.4%) | 0.000 |
| Type of CI | | | - |
| Transient | 103 (78.6%) | - | |
| Persistent | 22 (21.4%) | - | |
| Coma | 30 (22.9%) | - | - |
| Open surgery | 108 (82.4%) | 984 (94.4%) | 0.000 |
| Table 1 (continued) | | | |

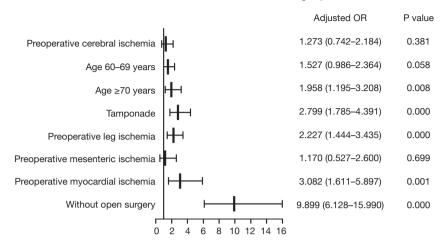
Table 1 (continued)

| Xue | et a | I. Su | rgery | for | aTAAD | with | CI |
|-----|------|-------|-------|-----|-------|------|----|
|-----|------|-------|-------|-----|-------|------|----|

| Table 1 (continued) | | | |
|-----------------------------|---------------|---------------------|---------|
| Characteristics | CI (n=131) | non-Cl (n=1,042) | P value |
| Root procedure | | | |
| Bentall | 20 (18.5%) | 209 (21.2%) | 0.510 |
| Root reconstruction | 86 (79.6%) | 741 (75.3%) | 0.320 |
| VSRR | 1 (0.9%) | 18 (1.8%) | 0.496 |
| Total arch replacement | 48 (44.4%) | 467 (47.5%) | 0.551 |
| Cerebral perfusion | | | 0.540 |
| No perfusion | 17 (15.7%) | 125 (12.8%) | |
| ACP | 86 (79.7%) | 804 (82.0%) | |
| RCP | 5 (4.6%) | 51 (5.2%) | |
| СРВ | 250.0±98.0 | 239.0±73.4 | 0.159 |
| Clamp | 172.4±99.0 | 166.2±55.5 | 0.529 |
| HCA | 28.8±8.9 | 30.5±11.3 | 0.073 |
| Lowest temperature | 20.4±2.5 | 20.8±2.4 | 0.167 |
| Postoperative complications | | | |
| Cerebral complications | 8 (7.4%) | 51 (5.2%) | 0.333 |
| Paraplegia | 5 (4.6%) | 18 (1.8%) | 0.055 |
| ARF | 32 (29.6%) | 307 (31.2%) | 0.733 |
| CRRT | 16 (14.8%) | 111 (11.3%) | 0.279 |
| Re-exploration | 9 (8.3%) | 54 (5.5%) | 0.230 |
| Mortality | 37 (28.2%) | 166 (15.9%) | 0.000 |

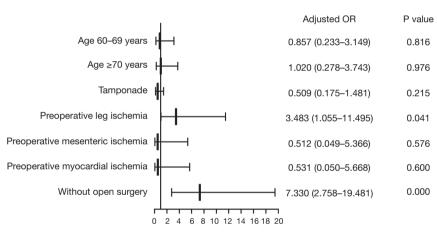
CI, cerebral ischemia; BMI, body mass index; DM, diabetes mellitus; CABG, coronary artery bypass graft; TEVAR, thoracic endovascular aortic repair; AVR, aortic valve replacement; CAD, coronary artery disease; COPD, chronic obstructive pulmonary disease; AF, atrial fibrillation; ESKD, end stage kidney disease; VSRR, valve sparing root replacement; ACP, antegrade cerebral perfusion; RCP, retrograde cerebral perfusion; CPB, cardiopulmonary bypass; HCA, hypothermic circulation arrest; ARF, acute renal failure; CRRT, continuously renal replacement therapy.

in the CC group $(13.6\pm9.8 vs. 7.5\pm4.6 \text{ hours}; P=0.033)$, but more quickly from hospital to surgery $(2.1\pm1.1 vs. 3.2\pm2.3; P=0.020)$. The strategies of artery cannulation, root procedures and cerebral perfusion were all similar. The ratios of conservative arch replacement (CAR) and total arch replacement (TAR) were the same, but the stent was more popular in the CC group (60% vs. 32.3%; P=0.03). Patients in the CC group had a similar operation time,



Factors associated with death in the whole group

Figure 2 Multivariate analysis results to identify factors associated with death in the whole group.



Factors associated with death in the CI group

Figure 3 Multivariate analysis results to identify factors associated with death in the CI group.

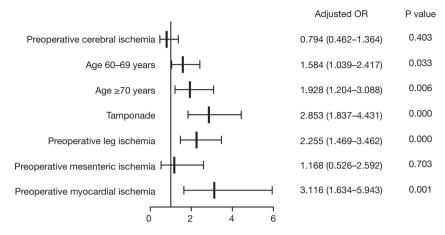
CPB time, HCA time and mechanical ventilation time, as well as similar rates of complications of ARF, CRRT and re-exploration. The average time of ICU days and hospital days were also approximately the same. The 30-day mortality was higher in the CC group (46.7% *vs.* 16.1%; P=0.007) (*Table 2*).

ROC curves were used to identify the cut-off point of the safe duration for preoperative CI patients receiving surgery without recovery from CC after central repair. The area under the curve was 0.55 for death as the end point (P=0.466) and 0.71 for a worse neurological outcome (P=0.011). The cut-off point for consistent CC was 12.75 hours, but the results were non-significant (sensitivity 73.3%;

specificity 31.2%) (Figure 5).

Discussion

Although retrospective reviews from registered databases and single-center experiences have revealed the characteristics and outcomes of aTAAD patients with concomitant CI, we summarized and reported four important points from our center's results: (I) The baseline demographics and onset symptoms were different in the CI cohort; (II) central repair surgery is still effective; (III) the preoperative type of CI, coma status and the duration from CI onset to surgery were indicators for patients who did not recover after surgery; (IV)



Factors associated with death in the surgical group



| Table 2 Comparison between CC and non-CC i | ı C | I surgical gro | oup |
|--|-----|----------------|-----|
|--|-----|----------------|-----|

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|--------------------------------|--------------|------------------|---------|
| Characteristics | CC (n=15) | Non-CC (n=93) | P value |
| Age, years | 57.8±10.5 | 56.1±13.0 | 0.637 |
| Gender (male) | 91 (69.5%) | 786 (75.4%) | 0.277 |
| BMI (kg/m²) | 23.6±3.6 | 25.1±3.7 | 0.140 |
| Type of CI | | | 0.043 |
| Transient | 9 (60%) | 77 (82.8%) | |
| Persistent | 6 (40%) | 16 (17.2%) | |
| Coma status | 6 (40%) | 7 (7.5%) | 0.001 |
| Hours from onset to hospital | 13.6±9.8 | 7.5±4.6 | 0.033 |
| Hours from hospital to surgery | 2.1±1.1 | 3.2±2.3 | 0.020 |
| Hours from onset to surgery | 15.9±10.2 | 10.7±4.9 | 0.073 |
| Cannulation | | | |
| Axillary artery | 2 (13.3%) | 19 (20.4%) | 0.521 |
| Femoral artery | 5 (33.3%) | 23 (24.7%) | 0.483 |
| Axillary + femoral artery | 8 (53.3%) | 51 (54.8%) | 0.914 |
| Root procedure | | | |
| Bentall | 1 (6.7%) | 19 (20.4%) | 0.205 |
| Root reconstruction | 14 (93.3%) | 72 (77.4%) | 0.158 |
| Arch procedure | | | |
| CAR | 2 (13.3%) | 18 (19.4%) | 0.579 |
| TAR | 4 (26.7%) | 44 (47.3%) | 0.137 |
| T 11 2 (;) | | | |

| Table 2 (continued) | | | |
|------------------------|--------------|------------------|---------|
| Characteristics | CC (n=15) | Non-CC (n=93) | P value |
| Stent | 9 (60%) | 30 (32.3%) | 0.039 |
| Cerebral perfusion | | | 0.141 |
| Without perfusion | 4 (26.7%) | 13 (14.0%) | |
| ACP | 11 (73.3%) | 75 (80.6%) | |
| RCP | 0 (0%) | 5 (5.4%) | |
| Operation time (hours) | 8.3±3.4 | 8.1±1.7 | 0.892 |
| CPB (min) | 222.6±51.0 | 254.1±102.8 | 0.263 |
| Clamp | 152.1±58.0 | 175.4±103.7 | 0.413 |
| HCA | 27.7±10.3 | 29.0±8.7 | 0.605 |
| MV | 82.3±69.0 | 61.4±70.0 | 0.374 |
| ARF | 3 (20%) | 29 (31.2%) | 0.381 |
| CRRT | 3 (20%) | 13 (14%) | 0.544 |
| Re-exploration | 0 (0%) | 9 (9.7%) | 0.210 |
| ICU days | 9.3±8.3 | 7.7±7.2 | 0.470 |
| Hospital days | 19.8±19.3 | 20.9±10.9 | 0.772 |
| 30-day mortality | 7 (46.7%) | 15 (16.1%) | 0.007 |

CC, cerebral complication; CI, cerebral ischemia; BMI, body mass index; CAR, conservative arch replacement; TAR, total arch replacement; ACP, antegrade cerebral perfusion; RCP, retrograde cerebral perfusion; CPB, cardiopulmonary bypass; HCA, hypothermic circulation arrest; MV, mechanical ventilation; ARF, acute renal failure; CRRT, continuously renal replacement therapy; ICU, intensive care unit.

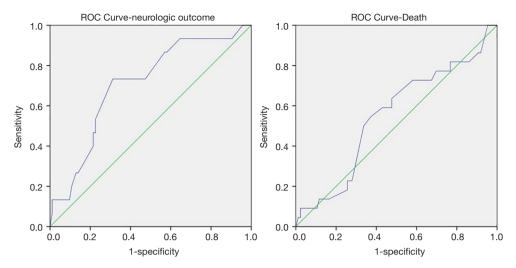


Figure 5 ROC curve to identify correlation of time-operation and outcomes of neurologic status and death.

12.75 hours seemed to be the safe duration for patients with aTAAD concomitant with CI.

Prevalence, characteristics, and outcomes

The latest series report from IRAD introduced by Sultan *et al.* had revealed that nearly 15% of patients with aTAAD present with CI. The definition of CI in this article was that 'clinical presentation at the time of aTAAD with clear evidence of neurologic deficit on physical exam' (1). The prevalence rate was higher than that in two previous reports from IRAD in 2013, and the rate of stroke in one series was 6.0%, which was defined as cerebrovascular accidents representing a loss of neurological function and confirmed by CT or MRI (2). Another report found that the rate of cerebrovascular accidents was 4.7%, and the rate of coma was 2.9% (3). Given the limited number of single-center experiences, the results were all consistent depending on the definition of CI, the prevalence of CI was 10.6–25.3%, and the mortality for CI patients was 18.8–43.7% (7-9).

Patients with CI had obviously different at baseline characteristics and manifestations. In our study, patients with CI were older (average age: 56.3 years), but still much younger than those reported in other studies (average age: 62.1–65.0 years). Younger age at presentation with aTAAD is a remarkable phenomenon from a database research from China and was 51.8 years from Sino-RAD (10). The pain symptoms were common in patients with CI, with 75.4% chest pain and 30.8% back pain in our series, compared with 66.0% chest pain and 35.9% back pain in another

report. A lower ratio of pain symptoms leads to a higher rate of misdiagnosis and delayed diagnosis, which would aggravate CI because of untimely diagnosis and treatment. Simultaneously, CI is often associated with the malperfusion of other organs, the most important cause of death (11-13). An insufficient intracranial blood supply due to carotid dissection may be the cause of CI and includes blockage of the endometrial membranes, and intracranial arterial thrombosis caused by blood stasis (14). Part of the former may be relieved by CI symptoms because of blood flow perfusion, and the latter is more likely to form persistent stroke. These events will lead to atypical symptoms of aTAAD that cannot be distinguished from stroke. Therefore, the initial diagnosis of patients with symptoms of CI is particularly important. At our hospital, the current practice is to perform cerebral CTA including aortic arch levels at the same time in patients with CI symptoms, particularly those without chest and back pain.

Strategy for aTAAD patients with CI

Based on IRAD results, 24% of patients with CVA and 33% of patients with coma had not received surgery, compared with 11% of patients without CI (3). In our series, 17.6% from the CI group and 5.6% from the non-CI group had not received surgery. For 81 patients without surgery, accounting for 6.9% (81/1,173) of all patients, CI was one of the main reasons (28.4%). Unfortunately, medical therapy for CI patients had worse outcomes than surgery therapy; the mortality was 100% for coma patients and 76.2% for

stroke patients, and surgery was found to be a protective factor (OR: 0.058; P<0.001) (3). The analysis results from our series also confirmed that not receiving surgery was a strong risk factor for death in both the whole group (OR: 9.899; P=0.000) and CI group (OR: 7.330; P=0.000). In the surgical group, CI was not a risk factor for death, revealing that central repair surgery is still effective for CI patients.

Because surgery is effective for CI patients, a strategy including indicators for surgery and the timing and methods for surgery is necessary. In our series, 103 patients had transient CI, indicating that the symptoms and signs of CI had recovered before surgery, and the other 22 patients presented with persistent CI symptoms. The transient type is a sign of recovery from perfusing cerebral blood flow, and the underlying mechanism is that the vessel dissection involvement opens again. Blockage due to the intimal membrane is dynamic, and the time prolonged is not so long to induce irreversible cerebral damage. According to Orihashi et al., which described perfusion patterns, the transient type may correspond to type B (15). Among surgical patients, the CI type predicts cerebral function recovery after surgery. A total of 10.5% of the transient type and 27.3% of the persistent type had postoperative CC, and the results from IRAD were 18.2% of the transient ischemic attack cohort and 50% of the stroke type (2). Hence, transient-type patients could receive immediate central repair surgery with similar cerebral outcomes as those without CI (16,17).

Additionally, preoperative coma, which is induced by local CI with persistent vessel obstruction (excluding cases with global ischemia due to preoperative hypotension, shock and/ or tamponade), is a predictor for adverse outcomes (9,18-20). Hiroshi Tanaka et al. suggested that coma in patients for more than 3 hours after onset was a contraindication for central repair surgery, and revascularization of the dissected vessels by carotid stenting or other methods was recommended (9). Another small sample group with five comatose and hemodynamically stable patients had undergone central repair surgery for less than 12 hours and had satisfactory outcomes (no death and stroke) (21). Based on the medical level and referral system in China, it is difficult to achieve emergency surgery within 3 hours. In particular, in our group of CI patients, the duration was 15 hours from onset to admission. Therefore, our recommendation is to adopt a reperfusion-first strategy for all patients with coma. This strategy has been implemented since 2019. Cerebral angiography and stent implantation were performed on 3 preoperative coma patients. One patient recovered and received central repair surgery and recovered well; and the other two patients remained unconscious and no further surgery was performed.

According to the above, the duration from CI onset to surgery can affect the outcomes. The operation time indirectly represents the time to restore cerebral blood flow perfusion, and it still depends on the time from the start of the surgery to the restoration of cerebral blood flow. Regardless of how it defined, the safe time duration reported by different centers ranges from 3 to 9 hours (7-9). Another study by Peter Chiu et al. found no correlation between the operation time and outcomes, as reflected by the a poor values of both neurologic outcomes (area under the curve, 0.40) and death (area under the curve, 0.49) (8). We also checked the correlation of the time-operation and the outcomes of neurologic status and death, and the results showed that the areas under the curve was 0.72 and 0.55, respectively. The cut-off point for neurologic outcome was 12.75 hours. Based on clinical experience in neurology, 3 hours was used as the time treatment window for thrombolysis (22). With the progression of the endovascular treatment of cerebral vessel occlusion, the windows now extend to 6 hours, and recent trials also suggest that this could increase further to 24 hours (23,24). Thus, we chose 12.75 hours as a time point for CI patients. CI patients with a time duration longer than 12.75 hours should receive reperfusion-first therapy. Thrombolysis using intravenous tissue plasminogen activator is a traditional method, but the safety and effectiveness of endovascular treatment promote the strategy for CI.

Limitations

Our study has several limitations. First, it was a retrospective analysis at a single center. Second, cranial CT was not available for every aTAAD patient with CI, likely resulting in the loss of some patients with CI but no manifestation. Finally, the included time span is large, and we have different changes in the surgical method and intraoperative treatment of aTAAD. It is difficult to separate them to analyze the impact on the outcomes of CI patients.

Conclusions

Prompt surgery is still effective for aTAAD with CI. For patients with the transient type, immediate surgery is recommended regardless of the length of duration. For comatose patients and persistent type patients with

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a duration longer than 12.75 hours, the application of a reperfusion-first strategy with endovascular treatment could reduce the worse neurologic outcomes.

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Footnote

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Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The current study was approved by the institutional review board of Nanjing Drum Tower Hospital (2020-185-01) and patient consent was waived due to the retrospective nature of this study.

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