# AME College: a Clinical Research Training Program

# **Editorial Office**

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Scientific research brings the perspective of a third eye to clinicians. For each young doctor who is aspiring to become an excellent clinician, it is a must. However, the promotion and conduct of clinical research in China is far from satisfactory due to various reasons. While many Chinese clinicians have accumulated rich clinical data, they are technically not able to design good clinical studies; meanwhile, they face many challenges to publish their findings in high-profile SCI journals. The vast majority of clinical evidences currently are based on foreign clinical trials. Thus, we initiated this "AME College: Clinical Research Training Program" with a focus to promote the clinical research-related knowledge. Our training courses will include, but not limited to, the following topics:

- Course 1: clinical research design and registration of research protocols (including writing of trial protocols, collection of trial data, and management and statistical analysis of research data);
- Course 2: applied statistics in medical research (including the selection of feasible statistical methods and its realization in statistical software);
- Course 3: skills for writing and publishing an article in a SCI-indexed journal (including manuscript writing, table making, image processing, manuscript submission, and communication with editors/peerreviewers);
- Course 4: access to evidence-based medicine (EBM) resources and critical reading of evidences (including clinical evidence retrieval and a thorough understanding of the results of various clinical studies);
- Course 5: methodologies of systematic review/ meta-analysis (methodological training sessions for beginners and intermediates);
- Course 6: advanced methodologies of systematic

review/meta-analysis (methodological training sessions for advanced trainees).

The delicately designed "AME College: Clinical Research Training Program" will be officially launched in August 2015. With strong supports from the AME lecturer panel both at home and abroad, our training program is dedicated to bringing the most practical clinical research skills and know-hows to our trainees and helping them to avoid any unnecessary mistake or error. We hope our efforts will help most Chinese clinicians to master the methodologies in clinical research, design more highquality clinical trials, and make more voices from China be heard in top medical journals. Fighting!

# **Course planning and description**

# Clinical study design/applied medical statistics/tips for writing a scientific article

Scientific research is just like another eye, leg, or arm for a clinician. For each young doctor who is aspiring to become an excellent clinician, it is a must. However, in the real world, a large proportion of Chinese clinicians still conduct clinical research in an inappropriate or even wrong way of thinking. For example, the common mistakes or errors during clinical trial design include ambiguous inclusion criteria, inappropriate case selection, confusion between univariate and multivariate analysis, and inaccurate estimation of sample size. Also, in some studies, the recruited groups are imbalanced at baseline; the authors may arbitrarily set control group, regarding "arbitrariness" as "randomization". Furthermore, the blinding is lack or inappropriate, the description of data collection is not appropriate, and, the statistical analytic method is misused... All these problems not only hinder a clinician's career development but also do harm to the development

of medical sciences in China. In addition, some studies also have found that up to one third of research findings published in top medical journals including *N Engl J Med*, *JAMA*, and *Lancet* failed to stand the test of time. Due to the lack of knowledge and skills in writing scientific articles, many clinicians failed to publish their important clinical findings; as a result, their academic achievements cannot be recognized by international colleagues and many valuable clinical data become useless. It's like we caught good cards, but lost the game for not playing well. Therefore, it is particularly important to constantly carry out training on scientific research for clinicians.

Clinicians are always busy. How to help them to quickly identify a research topic, reasonably carry out research design, and properly select statistical analysis methods, and finally successfully publish their findings in a high-profile SCI journal has become an urgent and realistic task. Thus, AME launched this AME College with a target to carrying out training courses on clinical research design/applied medical statistics/scientific writing skills in major cities and collaborating hospitals across China. Compared with other training courses, the AME College has many features: all the courses are specifically designed for clinicians; statistics will be a training priority since it remains a challenge for most clinicians; and tailored training will be performed on the common mistakes/errors found in scientific articles written by Chinese doctors. The college will be launched by AME Publishing Company. Experts with rich "real world" experiences in clinical research design/applied medical statistics/scientific writing skills from China and abroad will be invited to teach in the training courses. Based on detailed true cases, they will share their own experiences through interactive learning modes including lectures, discussions, and exercises. Teaching assistants (TAs) will be also available to help the trainees to complete their exercises. All the courses are designed to be practical and simple. Furthermore, efforts have been made to ensure the curriculum design and teaching methods meet the thinking patterns of Chinese clinicians; in other words, the training content must be understandable, acceptable, and repeatable. The ultimate mission of AME College is to serve Chinese clinicians and promote the development of medical sciences in China.

# Evidence-based medicine (EBM) and systematic review/ meta-analysis training courses

EBM is an interdisciplinary approach emerging from

1980s that integrates clinical medicine, epidemiology, and statistics. As an applied discipline with a mission to address the challenges in health care, it remains one of the most important and active disciplines in medical sciences. Systematic review/meta-analysis is one of the key EBM methodologies that produce high-quality evidences. A solid understanding and proper application of systematic review/ meta-analysis will help clinicians to deeply understand clinical epidemiology and statistics, enable them to correctly interpret the results of clinical studies published in medical journals, and facilitate the clinicians to improve their capabilities in clinical research design and in writing and publishing high-profile scientific articles. In return, it is also an integral part of clinical competence for clinicians.

The value of systematic review/meta-analysis has increasingly been recognized by Chinese clinicians in the past decade. The number of systematic review/meta-analysis written by Chinese authors has increased annually in the SCI database. Today, the number of systematic review/ meta-analysis authored by Chinese scholars ranked fourth worldwide, surpassed only by the United States, the United Kingdom, and Canada. Although the number of Meta analyses has been large, their quality remains suboptimal. Few meta-analysis authored by Chinese scholars have high impacts. In addition, these articles often have much room to improve in terms of methodologies, reporting standards, and writing skills. Therefore, we invited top Chinese scholars with rich experiences in systematic review/ meta-analysis to thoroughly explain the methodologies of systematic review/meta-analysis and share their skills and experiences in writing and publishing these articles. It is expected that this course will help to improve Chinese clinicians' capabilities in systematic review/meta-analysis and help Chinese authors to publish scientific articles with higher impacts, so to as to promote the development and application of EBM in China.

Focusing on the preparation of systematic review, this course will include: an overview of EMB and systematic review; proposing a clinical research topic; statistical issues in meta-analysis; strategies and methods for searching EBM literature; quality evaluation for common clinical reports; systematic review/meta-analysis on interventions, diagnosis, etiologies, and prognostic factors; application of software such as Revman (version 5.3) and Stata (version 13.0) in meta-analysis.

Features: this course is designed to improve the trainees' actual capabilities in systematic review/ meta-analysis by focusing on the following issues: what is systematic

review/meta-analysis? How to choose a topic? How to search related literature? How to conduct literature quality evaluation? How to retrieve data from the yielded literature? How to analyze and interpret data using software? What is the core process for writing a systematic review? Without any didactic and pedantic talks, the course is highly practical and will be given in case-based teaching workshop, whenever possible.

#### Advanced methodologies of systematic review/meta-analysis

Along with the wide spread of the knowledge of systematic review/meta-analysis, a growing number of clinicians have become interested in the advanced methodologies of systematic review/meta-analysis. In fact, the methodologies of meta-analysis have rapidly developed in recent years, as the traditional meta-analysis methods have shown many limitations when addressing some clinical issues. For instance, in the randomized controlled trials (RCTs), it is difficult to directly compare multiple different interventions targeting the same clinical condition. However, the users of the evidences are often eager to distinguish these interventions; then, how can such indirect comparisons be achieved by using a proper meta-analysis method? Also, for data describing dose-response relationships in etiological studies, can we merge them? These issues need to be addressed using non-classical meta-analysis methods. According to our tracing of systematic reviews/Meta analyses published in top medical journals, the acceptance of these articles is not only because the research topics are important but also because the authors had adopted more sophisticated meta-analysis methodologies such as metaanalysis based on individual patient data (IPD) or network meta-analysis. Therefore, in our training course on the advanced methodologies of systematic review/meta-analysis, we will provide a good platform for trainees interested in systematic review/meta-analysis to share their knowledge and skills, so as to standardize and promote the application and development of advanced methodologies of systematic review/meta-analysis in China.

Again, this training course is designed to meet the real needs of trainees. The 3-day training course will cover topics including network meta-analysis methodologies, meta-analysis of rate, meta-analysis of count data, metaanalysis of dose-response relationships, meta-analysis of IPD, and meta-analysis of survival data. Again, with an attempt to increase the trainees' capability in conducting systematic review/meta-analysis, a case-based teaching mode will be adopted, along with the personal experiences shared by the lecturers. An open teaching mode integrating lectures, demonstrations, exercises, and discussions will be applied. Also, the trainees will be arranged to receive computer-based training and user data communication sessions, focusing on the usage of Stata, WinBUGS, R language, and ADDIS software, which main involves data processing, interpretation of program codes, drawing of network maps, and presentation of analysis results. Again, efforts will be made to ensure the training content is understandable, acceptable, and repeatable.

# **Course schedule**

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Course 1: clinical	research design	and registration	of research	protocols
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Date	Time	Topics	Details
Day 1: morning	8:30 AM - 10:20 AM	An introduction to scientific thinking and methods in clinical research	Overview of clinical research; importance of clinical research; where does a clinical research idea come from; categories of clinical research; principles of clinical trial design; general process of a clinical study
	Tea break		
	10:30 AM - 12:10 PM	Statistical issues in clinical research; estimation of a reasonable sample size	Statistical issues in clinical research: concept of sampling distribution; type I and type II errors; case-based; estimation of various sample sizes using the PASS software; calculating the power of a test
Lunch break			
Day 1: afternoon	2:00 PM - 3:50 PM	Design and application of randomized controlled trials	Case-based introduction to parallel group design, crossover design, and N of 1 trial; methodological advances in real world research, empirical study, and other RCTs
	Tea break		
	4:00 PM - 5:50 PM	Randomization and blinding for RCTs	Case-based introduction to the production of random sequences (completely randomized design, stratified randomization, block randomization, and group randomization; allocation concealment; proper implementation and supervision of blinding
Day 1: evening	7:00 PM - 8:00 PM	Practice and exercises	Operation exercises according to the corresponding cases
Day 2: morning	8:30 AM - 10:20 AM	Collection, management, and statistical analysis of data obtained from RCTs	Case-based introduction to CRF form design, data collection, and data management; case-based introduction to statistical analysis of RCT data and realization in statistical software
	Tea break		
	10:30 AM - 12:10 AM	Principles for designing diagnostic accuracy studies and screening tests	Overview of the classification and proper application of diagnostic tests; principles for designing screening tests; case-based introduction to the key points and challenges in designing studies on diagnostic tests
Lunch break			
Day 2: afternoon	2:00 PM - 3:50 PM	Data collection, management, and analysis for diagnostic accuracy studies	Case-based introduction to the collection and management of data obtained from diagnostic accuracy studies: based on Med-Calc and SPSS
	Tea break		Software-based data analysis, including the drawing of ROC curves and the calculation of sensitivity, specificity, and odds ratio
	4:00 PM - 5:50 PM	Principles for designing clinical studies on etiologies and prognostic factors	Case-based introduction to: design of a cohort study; design of a case-control study; protocol of a prognostic study; key points and challenges in study design

Course 1 (continued)

STROBE Statement, and STARD Statement; introduction

to the proper application of various report styles

Course I (ton	unueu)		
Date	Time	Topics	Details
Day 2: evening	7:00 PM - 8:00 PM	Practice and exercises	Operation exercises according to the corresponding cases
Day 3: morning	8:30 AM - 10:20 AM	Data collection, management, and analysis for etiological and prognostic studies	Data management and analysis for cohort studies and case-control studies, including the preparation of CRF table; data management using Epidata; data analysis based on appropriate statistical software
	Tea break		
	10:30 AM - 12:10 PM	Writing and registration of clinical research protocol	Case-based introduction to the development and writing of clinical research protocol; case-based introduction to the registration of clinical research protocol in ClinicalTrials. gov website
Lunch break			
Day 3: afternoon	2:00 PM - 3:50 PM	Data mining and analysis for clinical findings	Case-based introduction to multivariate analysis, multi- level analysis, and analysis of relationships among complex independent variables
	Tea break		Selection of appropriate analytic methods for data mining and analysis
	4:00 PM -	How to write a clinical research report	Interpretation of the key points of CONSORT Statement,

Course 1 (continued)

Note, please bring your own laptop (An operating system of Windows XP or newer is preferred).

5:50 PM

Course 2	applied	medical	statistics
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Date	Time	Topics	Details
Day 1:	8:30 AM -	How can a clinician master statistics?	An inspiring and motivating talk is given to encourage the
morning	9:10 AM		clinicians to try their best to learn statistics
	9:10 AM -	Data types, descriptive statistics, and	Case-based introduction to data types and descriptions
	10:10 AM	inference and hypothesis testing	and definitions of statistical data. Case-based introduction
			to the essential concepts of statistical interence and
	Tea break		hypothesis testing
	10.20 AM -	Establishment of a statistical	Case-based introduction to the operation and setup for
	10:50 AM	information database	database development (based on SPSS or other statistical
			software)
	10:50 AM -	Management of the statistical	Case-based introduction to the management of statistical
	11:20 AM	information database	data (based on SPSS or other statistical software)
	11:20 AM -	Practice and exercises (based on	Computer-based exercises according to the
	11:40 AM	SPSS software)	corresponding cases
	11:40 AM -	General principles for selecting a	Introduction to the methods for selecting statistical tests
	12:10 PM	proper statistical method	based on data types (based on SPSS software)
Lunch break			
Day 1:	2:00 PM -	Description of the counting statistics	Measures of central tendency and dispersion; rate and
atternoon	3:00 PM	of measurement data	proportion; judging a normal distribution; determination of
	2.10 DM	Desis severate of thest and their	outliers (abnormal values)
	3:10 PIVI -	realization in software	Case-based introduction to the essential concepts of t
	4.50 F W	realization in software	Realization of <i>t</i> test for paired samples and two independent
			samples in statistical software (mainly in SPSS)
	Tea break		
	4:40 PM -	Basic concepts of analysis of variance	Case-based introduction to the essential concepts of F test
	6:10 PM	(ANOVA) and their realization in	and their realization in software; realization of five common
		software	ANOVA methods in statistical software (mainly in SPSS):
			complete randomization, random block, factorial design,
			repeated measurements, and analysis of covariance
Day 1:	7:00 PM -	Practice and exercises (based on	Computer-based exercises according to the
evening	8:00 PIVI	SPSS sollware)	Corresponding cases
Day 2: morning	8:30 AM	basic concepts of chi-square test and	Case-based introduction to grouped fourfold table,
morning	3.30 AM		Chi-square test (mainly in SPSS): application of Chi-
			square test in clinical case-control study, cohort study.
			and RCTs; calculation of OR and RR and the inferences of
			these two parameters
	Tea break		
	10:00 AM -	Basic concepts of non-parametric test	Case-based introduction to the difference between
	11:30 AM	and their realization in software	parametric and non-parametric tests and the selection
			criteria; five types of nonparametric statistical analysis
			methods: one-sample, two independent samples,
			n independent sample, two dependent samples, K
	11.20 \\	Practice and exercises (based on	Computer based exercises according to the
	12.00 PM	SPSS software)	corresponding cases
	12.00 FIVI		conceptioning cases

Course 2 (continued)

Course 2 (continued)

Date	Time	Topics	Details
Lunch break			
Day 2: afternoon	2:00 PM - 3:20 PM	Basic concepts of correlation analysis and their realization in software	Case-based introduction to: two correlation analysis methods: linear correlation and partial correlation. Basic concepts of correlation and their realization in software (mainly in SPSS)
	3:30 PM - 5:15 PM	Basic concepts of linear regression model and their realization in software	Case-based introduction to: principles, procedures, operation, and result interpretation of simple linear regression and multiple linear regression models; relationship and difference between correlation analysis and regression models
	Tea break		
	5:25 PM - 6:00 PM	Practice and exercises (based on SPSS software)	Computer-based exercises according to the corresponding cases
Day 2: evening	7:00 PM - 8:00 PM	Practice and exercises (based on SPSS software)	Computer-based exercises according to the corresponding cases
Day 3: morning	8:30 AM - 10:00 AM	Basic concepts of Logistic regression models and their realization in software	Case-based introduction to: various Logistic regression model analyses: binomial (or binary), multinomial, and ordinal Logistic regression models and their realization in SPSS software as well as the result interpretation
	Tea break		
	10:10 AM - 11:30 AM	Basic concepts of survival analysis and their realization in software	Case-based introduction to: statistical descriptions of survival data: K-M methods life table method; hypothesis test in univariate survival analysis: log-rank test (mainly in SPSS)
	11:30 AM -	Practice and exercises (based on	Computer-based exercises according to the
	12:00 PM	SPSS software)	corresponding cases
Lunch break			
Day 3: afternoon	2:00 PM - 3:20 PM 3:30 PM - 4:30 PM	Basic concepts of Cox regression model and their realization in software Principal component analysis and factor analysis; cluster and discriminant analysis basic concepts and their realization in software	Case-based introduction to: various Cox regression models: analysis and result interpretation Case-based introduction to: two dimension reduction methods in principal component analysis and factor analysis: operation on two main different cluster analyses methods. The trainees are required to be able to categorize the samples and interpret the results, especially the interpretation of the results of icicles and tree diagrams (mainly in SPSS)
	Tea break		
	4:40 PM - 5:40 PM	Overview of linear models and generalized linear models	General, mixed, and generalized linear models and their methods; applicable conditions of different linear models and their realization in software
	5:40 PM - 6:00 PM	Practice and exercises (based on SPSS software)	Computer-based exercises according to the corresponding cases

Note, please bring your own laptop (An operating system of Windows XP or newer is preferred).

Date	Time	Topics	Details
Day 1:	8:30 AM -	How can young scientists quickly	Inspiring and motivating talk: thinking in a Western way;
morning	10:00 AM	publish their articles in an SCI-index journal?	be more confident; key to publishing scientific articles; some success stories that are so easy and "without any technical content". The trainees will find out that it is not so difficult for a clinician to publish his/her scientific article in an SCI-indexed journal!
	Tea break		
	10:15 AM - 12:00 PM	Tips and precautions of scientific writing and submission;	Idea and framework of a scientific article; topic, abstract, methods, results and discussion of a scientific article; how to select the journal that suits your research best; instructions to Authors and other submission considerations; practical submission skills from the perspective of peer review
Lunch break			
Day 1: afternoon	2:00 PM - 3:50 PM	How to improve the skills of reading medical literature?	Introduction to full-text quick search and literature reading based on cases and lecturers' own experiences; how to maximize information from specific literature; how to find good idea from literature; how to quickly improve yourself by maximizing the value of high-quality literature
	Tea break		
	4:10 PM - 6:00 PM	How to rapidly improve the scientific writing skills?	Case-based introduction & lecturer's personal experiences, including: the common grammar mistakes made by Chinese authors; however to effectively overcome Language barriers; how to polish the language; and ways to improve English writing ability
Day 2: morning	8:30 AM - 10:20 AM	How to rapidly publish a scientific article in SCI-indexed journal using the currently available clinical data?	Case-based introduction & lecturer's personal experiences. It is possible to publish a scientific article in SCI-index journal without conducting an experiment or clinical study!
	Tea break		
	10:40 AM - 12:00 PM	Statistical principles in scientific writing	Data types; statistical description; statistical inference; general principles for selecting a proper statistical method; common statistical errors in a scientific article and their causes; brief introduction to the common statistical methods in a scientific article and their realization in software
Lunch break			
Day 2: afternoon	2:00 PM - 3:00 PM	How to properly cite references in a scientific article?	Case-based introduction to the use of EndNote software, literature management, reference citation, revision of references, and quick revision of references when changing the target journal
	Tea break		
	3:10 PM - 4:20 PM	How to select a proper SCI-indexed journal and then submit your manuscript?	Case-based introduction & lecturer's personal experiences. Templates to be used during submission process (e.g., submission, revision, and rejection) and tips
	4:30 PM - 6:00 PM	How to effectively communicate with the editors and peer reviewers?	However to communicate with the editors? How to respond to the reviewers' comments? Precautions and tips of communication during submission

**Course 3:** how to write and publish a scientific article

Course 3 (continued)

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Course 3 (continued)

Date	Time	Topics	Details
Day 3:	8:30 AM -	Common problems during the writing	The common mistakes made by Chinese authors during
morning	10:10 AM	and publishing of scientific articles by	scientific writing will be presented in cases; meanwhile,
		Chinese authors	lecturers will give their solutions based on their rich experiences
	Tea break		
	10:20 AM -	How to publish a scientific article in a	Case-based introduction & lecturer's personal experiences
	12:00 PM	high-profile SCI journal?	
Lunch break			
Day 3:	1:40 PM -	Application of common office software	Introduction to the skills of using Microsoft Office software
afternoon	2:30 PM	in scientific writing	package (Word, Excel, and PowerPoint) in scientific
			writing; case-based demonstration of the approach
			to preparing simple and elegant tables that meet the requirements of the target journal
	Tea break		
	2:50 PM -	Application of common CAD software	Teaching and demonstration of the use of common CAD
	4:50 PM	in scientific writing	software including GraphPad, Original, Photoshop, Adobe
			Illustrator, and PPT in scientific writing
	5:00 PM -	Demonstration of the figure cropping	Introduction to the use of PowerPoint and Adobe
	6:00 PM	skills	Illustrator in figure cropping

Note, please bring your own laptop (An operating system of Windows XP or newer is preferred).

Date	Time	Topics	Details
Day 1:	8:30 AM -	Overview of evidence-based medicine	The concept of EBM; mission of EBM; evidence grading;
morning	9:10 AM	(EBM)	misconceptions about EBM
	9:20 AM -	4S pyramid of evidence resources	Aim of medical search; case-based demonstration of
	10:40 AM		the principles for access to evidence-based medicine evidences
	10:50 AM -	Critical reading of RCT reports	The trainees are required to master the principles for
	12:00 PM		the critical reading of RCT reports and understand the
			message transferred by a report
Lunch break			
Day 1:	2:00 PM -	Critical reading of observational study	The trainees are required to master the principles for
afternoon	3:10 PM	reports	the critical reading of observational study reports and understand the message transferred by a report
	3:20 PM -	Critical reading of diagnostic accuracy	The trainees are required to master the principles for the
	4:30 PM	study reports	critical reading of diagnostic accuracy study reports and
			understand the message transferred by a report
	4:40 PM -	Critical reading of systematic review/	The trainees are required to master the principles for the
	6:00 PM	meta-analysis	critical reading of systematic review/meta-analysis and
			understand the message transferred by the article

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Date	i ime	iopics		
Day 1:	8:30 AM -	Overview of evidence-based medicine	The concept of EBM; The concept of EBM; evidence	
morning	9:20 AM	and systematic review/meta-analysis	grading; misconceptions about EBM. The concept of	
			systematic review/meta-analysis; misconceptions about	
	Taa braak		meta-analysis	
		A detained introduction to the	Duran sustain of existence tic version (mathematic	
	9:20 AM -	A detailed introduction to the	Preparation of systematic review/meta-analysis	
	10.20 Alvi	meta-analysis		
	10·35 ΔM -	Reasonable construction of a clinical	How to formulate a clinical question based on the PICOS	
	12:00 PM	issue (based on PICOS principle)	principle (case-based introduction)	
Lunch break	12.0011			
Day 1:	1:30 PM -	Brief introduction to medical literature	Basics of the literature search: general search syntax: key	
afternoon	2:00 PM	search	word-based search principles	
	2:00 PM -	Evidence-based search based on	Precautions of search for preparing systematic review;	
	4:00 PM	PICOS principle/ demonstration of	cased-based introduction & case demonstration.	
		searching in Chinese and English	Searching in the mainstream databases	
		databases		
	Tea break			
	4:15 PM -	Reference management software: How	Demonstration of the use of EndNote: Use of EndNote,	
	4:45 PM	to use Endnote X7	literature management, and importing/exporting literature,	
			screening literature, and citation of references	
	4:45 PM -	Common statistical indicators in	Introduction to the statistical methods and principles	
	5:40 PM	systematic review/meta-analysis	of meta-analysis; Case-based introduction to statistical	
			indicators in meta-analysis; and principles for data	
			collection in meta-analysis	
Day 1:	7:00 PM -	Practice and exercises	Computer-based exercises according to the	
evening	8:00 PM		corresponding cases	
Day 2:	8:30 AM -	Demonstration of the basic principles	Case-based demonstration of data extraction for binary	
morning	9:20 AM	and application of data extraction	and constant variables	
	9:30 AM -	Demonstrating the use of RevMan 5.3	Case-based demonstration of the Meta merging of binary	
	11:30 AM	software	and constant variables in the software; merging of the	
			special data forms (known effect size, confidence interval,	
	Taa braak		etc. <i>j</i>	
		Practice and everyises	Computer based eversions according to the	
	12:00 DM	Fractice and exercises		
	12.00 PIVI		corresponding cases	

**Course 5:** systematic review/meta-analysis (for beginners and intermediates)

Course 5 (continued)

#### E272

# Course 5 (continued)

#### Editorial Office. AME College

Date	Time	Topics	Details
Lunch break			
Day 2: afternoon	1:30 PM - 3:50 PM	Quality evaluation of clinical studies	Principles of the quality evaluation of various clinical studies (interventional, diagnostic, etiological, and prognostic studies) and the application of quality evaluation tools
	Tea break		
	4:00 PM - 6:00 PM	Use of Stata software in meta- analysis1	Realization of the Meta merging of various types of data (from interventional, diagnostic, etiological, and prognostic studies) in the software. Mainly case-based demonstrations, along with exercises
Day 2: evening	7:00 PM - 8:00 PM	Use of Stata software in meta- analysis1	Case-based demonstrations of Stara software, along with exercises
Day 3: morning	8:30 AM - 9:50 AM	Heterogeneity analysis in meta- analysis	Heterogeneity analysis based on the Stata software, including subgroup analysis and Meta regression (mainly based on case demonstration)
	Tea break		
	10:00 AM - 11:00 AM	Sensitivity analysis in meta-analysis	Sensitivity analysis based on the Stata software (mainly based on case demonstration)
	11:10 AM - 12:00 PM	Detection of publication bias in meta- analysis	Drawing of funnel plots using the Stata software; assessment of a funnel plot symmetry; etc.
Lunch break			
Day 3: afternoon	1:30 PM - 2:30 PM	Analysis of sample systematic reviews on intervention studies	Using systematic reviews published in top medical journals as the sample articles, the lecturers will reconstruct their production processes
	2:40 PM - 3:40 PM	Analysis of sample systematic reviews on etiological studies	Using systematic reviews published in top medical journals as the sample articles, the lecturers will reconstruct their production processes
	3:50 PM - 4:50 PM	Analysis of sample systematic reviews on diagnostic studies	Using systematic reviews published in top medical journals as the sample articles, the lecturers will reconstruct their production processes
	5:00 PM - 5:30 PM	Q&A	Any question about clinical epidemiology, statistics, and systematic review

Note, please bring your own laptop (An operating system of Windows XP or newer is preferred).

Date	Time	Topics	Details
Day 1:	8:30 AM -	Traditional meta-analysis methods: an	Introduction to meta-analysis and development of meta-
morning	5:30 PM	overview	analysis methods
	9:30 AM -	Network meta-analysis (NMA):	Development of NMA and its principles and future
	10:30 AM	overview and development	directions
	10:45 AM -	Proposing an NMA question;	Proposing a clinical question for NMA; construction of
	12:00 PM	construction of network chart; and literature search	network relations; literature search for NMA
Lunch break			
Day 1:	1:30 PM -	Bayesian meta-analysis: basic	Case-based introduction to the basic principles of
afternoon	2:50 PM	principles and application	Bayesian meta-analysis
	2:50 PM -	Data structure and applicable models	Case-based introduction to the data structure of NMA
	4:00 PM	or methods of NMA	
	4:10 PM -	Testing and treatment of heterogeneity	Case-based introduction to the heterogeneity and/or
	6:00 PM	and/or inconsistency	inconsistency of NMA. Testing and treatment methods
Day 1:	7:00 PM -	Practice and exercises	Demonstration of the use of software including ADDIS,
evening	9:00 PM		Gemtc, WinBUGS, Stata, and R for indirect comparison
			meta-analysis and drawing of network charts
Day 2: morning	8:30 AM - 9:30 AM	Evaluation of NMA publication bias and operation in software	Case-based introduction to the evaluation of NMA publication bias
	9:40 AM -	Model-based diagnosis and selection	Case-based introduction to model-based diagnosis and
	10:50 AM	of the best model	selection of the best model
	11:00 AM - 12:00 PM	Exploring the sources of NMA heterogeneity	Mainly case-based introduction (R/Stata/WinBUGS)
Lunch break			
Day 2:	1:30 PM -	Exploring the sources of NMA	Mainly case-based introduction (R/Stata/WinBUGS)
afternoon	2:40 PM	inconsistency	
	2:50 PM -	NMA power testing and sample size	Case-based introduction to power testing and sample size
	4:00 PM	calculation	calculation
	4:10 PM - 6:00 PM	Experience sharing and demonstration	Mainly case-based introduction (R/Stata/WinBUGS) for restoring the production process
Day 2:	7:00 PM -	Practice and exercises	Mainly case-based introduction (R/Stata/WinBUGS for
evening	9:00 PM		NMA)
Day 3:	8:30 AM -	Reporting criteria and evidence levels	Case-based introduction to the reporting criteria and
morning	9:30 AM	of NMA findings (e.g., GRADE)	evidence levels of NMA findings. Critical reading of NMA literature
	9:40 AM -	Demonstration of the meta-analysis of	Mainly case-based introduction (Stata/R)
	10:50 AM	single rate	
	11:00 AM -	Demonstration of the meta-analysis of	Mainly case-based introduction (Stata/R)
	12:10 PM	count data	

**Course 6:** advanced methodologies of systematic evaluation/meta-analysis

**Course 6** (*continued*)

# Course 6 (continued)

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Date	Time	Topics	Details
Lunch break			
Day 3:	1:30 PM -	Demonstration of the meta-analysis on	Mainly case-based introduction (Stata/R)
afternoon	2:50 PM	dose-response relationship	
	3:00 PM -	Demonstration of the meta-analysis of	Mainly case-based introduction (Stata/R)
	4:20 PM	IPD	
	4:30 PM -	Demonstration of the meta-analysis of	Mainly case-based introduction (Stata/R)
	5:45 PM	survival data	

Note, please bring your own laptop (An operating system of Windows XP or newer is preferred).

# Acknowledgements

None.

# Footnote

*Conflicts of Interest:* The authors have no conflicts of interest to declare.

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