

# Living-donor lobar lung transplantation

## Daisuke Nakajima, Hiroshi Date

Department of Thoracic Surgery, Kyoto University Graduate School of Medicine, Kyoto, Japan

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*Correspondence to*: Hiroshi Date. Department of Thoracic Surgery, Kyoto University Graduate School of Medicine, 54 Shogoin-kawahara-cho, Sakyo-ku, Kyoto 606-8507, Japan. Email: hdate@kuhp.kyoto-u.ac.jp.

Abstract: Living-donor lobar lung transplantation (LDLLT) has become an important life-saving option for patients with severe respiratory disorders, since it was developed by a group in the University of Southern California in 1993 and introduced in Japan in 1998 in order to address the current severe shortage of brain-dead donor organs. Although LDLLT candidates were basically limited to critically ill patients who would require hospitalization, the long-term use of steroids, and/or mechanical respiratory support prior to transplantation, LDLLT provided good post-transplant outcomes, comparable to braindead donor lung transplantation in the early and late phases. In Kyoto University, the 5- and 10-year survival rates after LDLLT were reported to be 79.0% and 64.6%, respectively. LDLLT should be performed under appropriate circumstances, considering the inherent risk to the living donor. In our transplant program, all living donors returned to their previous social lives without any major complications, and living-donor surgery was associated with a morbidity rate of <15%. Both functional and anatomical size matching were preoperatively performed between the living-donor lobar grafts and recipients. Precise size matching before surgery could provide a favorable pulmonary function and exercise capacity after LDLLT. Various transplant procedures have recently been developed in LDLLT in order to deal with the issue of graft size mismatching in recipients, and favorable post-transplant outcomes have been observed. Native upper lobesparing and/or right-to-left inverted transplantation have been performed for undersized grafts, while singlelobe transplantation has been employed with or without contralateral pneumonectomy and/or delayed chest closure for oversized grafts.

**Keywords:** Living donor; lobar lung transplantation; size matching; brain-dead donor; cadaveric lung transplantation

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# Introduction

The Japanese organ transplant law was amended in July 2010 so that families could consent to organ donation, which gradually increased the number of organ donations from brain-dead donors. However, the number of lung transplant candidates newly registered in the Japan Organ Transplantation Network has nearly doubled, which has resulted in a severe donor organ shortage (*Figure 1*). Thus, the average wait time for brain-dead donor lungs still

exceeds 800 days in Japan, indicating that many patients on the waiting list die without the opportunity to receive lung transplantation (1).

Living-donor lobar lung transplantation (LDLLT) was developed by a group in the University of Southern California in 1993 and was introduced in Japan in 1998 in order to resolve a serious donor organ shortage (2,3). By the end of 2019, a total of 760 lung transplant procedures had been performed in Japan, and LDLLT accounted for 30.8% of these procedures, suggesting that LDLLT has become



**Figure 1** The numbers of lung transplantation performed in Japan and newly registered patients in the Japan Organ Transplantation Network have been increasing since the Japanese organ transplant law was revised in July 2010.



**Figure 2** By the end of 2019, lung transplantation had been performed in 760 patients and LDLLT had been performed in 234 patients (30.8%). CLT, cadaveric lung transplantation; LDLLT, living-donor lung transplantation.

an important life-saving option for patients with severe respiratory disorders in Japan (*Figure 2*).

In standard LDLLT, the right and left lower lobes are retrieved from two healthy donors and are implanted in a single recipient. There are some advantages and disadvantages of LDLLT in comparison to cadaveric lung transplantation (CLT), as shown in *Table 1* (4). Given that lobectomy through posterolateral thoracotomy is required for healthy living donors, LDLLT candidates are basically limited to critically ill patients who are not expected to survive the long waiting period for brain-dead donor lungs. Furthermore, LDLLT can only be justified when it can provide acceptable post-transplant outcomes equivalent to CLT (5). There are also concerns about graft size mismatch due to the use of small lobar grafts for LDLLT patients. This chapter will update the post-transplant outcomes of patients who underwent LDLLT under critical and serious conditions and focus on enhanced lobar lung transplant techniques and strategies using native upper lobe-sparing, right-to-left inverted, and single-lobe transplantation.

## **Inclusion criteria for LDLLT recipient**

In Kyoto University, LDLLT candidates should be less

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Table	1 Advantage	es and	disadvantages	of living-donor	lobar lung
transpl	antation				

Advantages				
Short waiting time				
Short ischemic time				
Perfect graft with less injury and infection				
Scheduled operation				
Similar HLA				
Disadvantages				
Lobectomy in healthy donor(s)				
Difficult size matching				
Three operating rooms for three teams (recipient and two donors)				

HLA, human leukocyte antigen.

than 65 years of age and meet the criteria for conventional CLT (4). Importantly, LDLLT is only indicated for critically ill patients and/or pediatric patients who are unlikely to survive the long waiting time for brain-dead donor lungs. In our experience, pediatric recipients (age <15 years) accounted for 24% of the patients who underwent LDLLT. Approximately 60% of the LDLLT patients were significantly underweight [body mass index (BMI) <18.5], were hospitalized at the time of transplantation, and required the long-term steroid use prior to transplantation. Recipient illness of increased severity, including progressive or severe malnutrition, hospitalization at the time of transplantation, and the longterm use of steroids before surgery, have been listed as risk factors for post-transplant mortality according to a report from the registry of the International Society for Heart and Lung Transplantation (ISHLT) (6,7). Moreover, 10% of the LDLLT patients required mechanical respiratory support when they underwent transplantation. Among them, half of the patients were intubated after LDLLT was scheduled, and thus the preoperative period for which they were on mechanical ventilation was significantly short, ranging from 4 to 41 days, which suggested that the patients might have good potential for rehabilitation after transplantation. Moreover, all intubated LDLLT candidates were young, ranging in age from 6 to 24 years. In a consensus document for the selection of lung transplant candidates from the ISHLT, although mechanical ventilation and/ or extracorporeal life support have basically been listed



Figure 3 Indications for CLT and LDLLT. CLT, cadaveric lung transplantation; LDLLT, living-donor lung transplantation; ILD, interstitial lung disease; PAH, pulmonary arterial hypertension; LAM, lymphangioleiomyomatosis; HSCT, hematopoietic stem cell transplantation; COPD, chronic obstructive pulmonary disease; BE, bronchiectasis; DPB, diffuse panbronchiolitis; CLAD, chronic lung allograft dysfunction; BO, bronchiolitis obliterans; LCH, Langerhans cell histiocytosis; CF, cystic fibrosis.

as relative contraindications for lung transplantation, mechanical support has been recommended for young patients with good rehabilitation potential (8,9).

The primary indications for brain-dead donor and livingdonor lung transplantation in Japan are presented in Figure 3. LDLLT was indicated for various types of lung diseases, including restrictive, obstructive, infectious, and vascular lung diseases (3). Of these, three major indications included interstitial lung disease (32.1%), pulmonary complications after hematopoietic stem cell transplantation (HSCT) (28.6%), and pulmonary arterial hypertension (19.7%). According to the data collected from 6 transplant centers in Japan, patients with pulmonary complications after HSCT were generally considered high-risk candidates for lung transplantation, because the median BMI of the patients was 15.0 (range, 10.2-24.3), 21% of the patents required mechanical respiratory support, and 84% of the patients suffered from hypercapnia with a median CO<sub>2</sub> level of 61.0 Torr at the time of transplantation (10).

#### **Operative characteristics of LDLLT**

Lobar graft(s) are implanted as a whole lung in LDLLT, and thus cardiopulmonary support is definitely required during the transplant procedure. Extracorporeal membrane oxygenation (ECMO) is basically utilized for cardiopulmonary support, whereas conventional Journal of Thoracic Disease, Vol 13, No 11 November 2021



**Figure 4** The 5- and 10-year survival rates after LDLLT and CLT in Kyoto University. LDLLT, living-donor lobar lung transplantation; CLT, cadaveric lung transplantation.

cardiopulmonary bypass is employed for pediatric patients and/or transplant cases that require concurrent cardiac repair, such as closure of atrial septal defect (11-13).

A standard LDLLT procedure requires three surgical teams and a back-table team (*Table 1*). We communicate each other closely to identify the appropriate timing of retrieval of the living-donor lobar graft to minimize the graft ischemic time, and thus, according to our data, the median total ischemic time of the living-donor graft was 150 minutes (range, 80–301 minutes), which was significantly shorter in comparison to procedures performed using brain dead-donor grafts (median: 459 minutes; range, 242–742 minutes) (5).

#### The post-LDLLT outcomes

Living-donor lobar grafts are less injured than brain-dead donor lungs that are frequently subjected to intensive care unit (ICU)-related complications and injuries acquired during brain death (14). Furthermore, the graft ischemic time in LDLLT is significantly shorter in comparison to CLT, as described before. Thus, the living-donor lobar graft is "small but perfect", which possibly results in significantly better pulmonary oxygenation after transplantation (5,15).

According to our data, ECMO support was required after surgery by 11% of the patients, the 30-day mortality rate was 2%, and the in-hospital mortality rate was 7%; these outcomes were equivalent to the post-CLT outcomes (5). The causes of in-hospital death in the acute phase included primary graft dysfunction (PGD), disseminated intravascular coagulation (DIC), aspiration pneumonitis, and sepsis.

Most LDLLT patients developed unilateral chronic

lung allograft dysfunction (CLAD), which suggests that implanting two lobes obtained from different donors is of great benefit to the patient because the contralateral unaffected lung graft may function as a reservoir when CLAD occurs unilaterally (16). In our experience, the incidence of CLAD per donor in the LDLLT patients (14%) was actually slightly lower than that in CLT patients (22%).

According to our data in Kyoto University, we had 92 LDLLT and 135 CLT between 2008 and 2019. The 5- and 10-year survival rates were 79.0% and 64.6% after LDLLT and 65.7% and 60.3% after CLT, respectively (*Figure 4*). The causes of late death included CLAD, infection, and malignancy (breast cancer, bladder cancer, gastric cancer, and post-transplant lymphoproliferative disorders), in descending order.

#### Living-donor selection and outcome

The eligibility criteria for living donation in Kyoto University are summarized as follows: (I) the age of the living donor should be between 20 and 60 years of age; (II) the ABO blood type should be compatible with recipient; (III) donor candidates should be relatives within the third degree or a spouse; (VI) arterial oxygen tension should be  $\geq$ 80 Torr on room air; and (V) forced vital capacity (FVC) and forced expiratory volume in one second (FEV1) should be  $\geq$ 85% of the predicted values (4).

It is no exaggeration to say that the donor postoperative outcome is one of the most important things in LDLLT. We performed lobectomy in 151 live donors for 69 bilateral and 13 single lung transplantation between June 2008 and May 2018. Post-operative complications were observed in 22 donors (14.6%), including pneumothorax (n=8), pleural effusion (n=7), pleuritis (n=3), chylothorax (n=2), hemothorax (n=1), and empyema (n=1). Importantly, all donors survived and returned to their previous lifestyle (17,18).

# Size matching between the living-donor lobar graft and recipient

In LDLLT, only lobe(s) are implanted in a recipient as a whole lung, and thus size matching between the donor lobe and the recipient is sometimes difficult. The use of oversized grafts could increase airway resistance with atelectasis and also elevate pulmonary vascular resistance with hemodynamic instability, especially at the time of chest closure. Conversely, the use of grafts that are too small



Figure 5 Date's formula for functional size matching between a living-donor lobar graft and a recipient. FVC, forced vital capacity; PAH, pulmonary arterial hypertension.

could increase pulmonary arterial pressure and easily result in pulmonary edema after implantation.

The pulmonary function can be directly assessed in living donors but not in brain-dead donors, which enables us to perform more precise functional size matching in LDLLT. For functional size matching, we estimate the graft forced vital capacity (FVC) based on the measured donor FVC and the number of resected pulmonary segments, using Date's previously reported formula (3). A calculated graft FVC of >45% or 50% (for pulmonary arterial hypertension) of the recipient predicted FVC is considered to indicate acceptable size matching of the graft to the LDLLT recipient (Figure 5). We previously reported that if graft size matching is performed precisely, LDLLT can provide a good long-term pulmonary function and exercise capacity similar to CLT. The post-transplant lung function of LDLLT and CLT patients showed a steady improvement over the first 2 years after transplantation and reached approximately 70% of the recipient predicted value (19).

For anatomical size matching, 3-dimensional computed tomography (3D-CT) volumetry is performed for both the donor and recipient, as reported previously (20). The 3D-CT volumetry is especially useful when we evaluate the oversized graft volume. Based on our experience, the upper limit of the ratio of the graft volume to the recipient's chest cavity volume appears to be 200%.

#### New strategies for size mismatch

Only two lower lobes may be too small for big male adults. We have developed two transplant procedures for undersized graft; native upper lobe-sparing transplantation and right-to-left inverted transplantation (21-27). When an adult lower lobe may be too big for a small child, we employ a downsizing technique and single-lobe transplantation for oversized graft (11-13,28-30).

#### Native upper lobe-sparing transplantation

The indication for using the native upper lobe-sparing technique is as follows: the native upper lobes are less injured on high-resolution CT and are better perfused on perfusion scintigraphy in comparison to other lobes. Importantly, the native lungs should not be infected and the interlobar fissure should be well developed (21,24,26,27). The surgical procedure is similar to standard LDLLT, except that the graft bronchus is anastomosed distally to the second carina, the graft pulmonary artery is anastomosed to the interlobar artery, and the graft pulmonary vein is anastomosed to the lower pulmonary vein.

The spared upper lobes can reduce intrathoracic dead space after implantation and can provide an adequate chest cavity for the graft so that the small lobar graft can work more efficiently. Actually we previously reported that before surgery, the mean graft FVC/recipient predicted FVC (FVC size matching) was 45.2%, whereas it significantly increased to 76.9% and 69.4% at 1 year and 2 years after sparing transplantation, respectively (27).

#### Right-to-left inverted transplantation

The indication for right-to-left inverted transplantation is a

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graft FVC of <60% of the recipient predicted FVC or that the left lower lobectomy would be technically difficult in the donor due to the anatomy of the interlobar pulmonary artery (22,23). The right lower lobe and left lower lobe consist of 5 segments and 4 segments, respectively, which theoretically indicates that the right lower lobe volume is 25% larger than the left lower lobe volume. Therefore, if we implant the larger right lower lobe instead of the left lower lobe into the recipient left chest cavity, we can resolve a size mismatch issue. We previously reported that the mean preoperative FVC size matching was significantly increased from 52.4% in a non-inverted setting to 57.6% in an inverted setting (22).

The donor right lower lobe is inverted and implanted into the recipient left chest cavity, and thus the surgical procedure is more complicated in comparison to the standard LDLLT technique. First, the graft bronchus is anastomosed to the recipient left upper lobe bronchus, leaving the recipient left lower bronchial stump closed. Therefore, the recipient left bronchus is carefully dissected and the bronchial stump is reinforced with the pericardial fat pad in order to prevent the postoperative bronchopleural fistula (23,31). Then pulmonary artery anastomosis is performed without twisting behind the bronchus. Finally, the graft pulmonary vein is anastomosed to the recipient left upper pulmonary vein or left appendage. As of 2019, we had experienced 15 inverted transplant cases and no complications were observed in bronchial or vascular anastomoses in the early and late phases after transplantation (22).

#### Single-lobe transplantation

Functional and anatomical size matching between the oversized graft and a small patient is very important for single-lobe transplantation. We previously reported that patients who received grafts with an FVC of <60% and a CT volume of >170% developed severe primary graft dysfunction after single-lobe transplantation (29). Furthermore, when the graft volume is <200% of the recipient chest cavity volume, the graft can be finally fitted into the small chest cavity of the recipient with or without contralateral pneumonectomy and/or delayed chest closure.

Single-lobe transplantation has been employed for various types of lung disease that mainly affect children (29). Single-lobe LDLLT was successfully performed even for patients with severe pulmonary arterial hypertension (11,12,30). Although single-lobe transplantation has provided acceptable post-transplant outcomes, bilateral LDLLT seems to be a better option.

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