

Minimally invasive aortic valve surgery

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Abstract: Since their introduction, it has been demonstrated that minimally invasive aortic valve replacement (MIAVR) approaches are safe and effective for the treatment of aortic valve diseases. To date, the main advantage of these approaches is represented by the reduced surgical trauma, with a subsequent reduced complication rate and faster recovery. This makes such approaches an appealing choice also for frail patients [obese, aged, chronic obstructive pulmonary disease (COPD)]. The standardization of the minimally invasive techniques, together with the implementation of preoperative workup and anesthesiological intraand post-operative care, led to an amelioration of surgical results and reduction of surgical times. Moreover, the improvement of surgical technology and the introduction of new devices such as sutureless and rapid deployment (SURD) valves, has helped the achievement of comparable results to traditional surgery. However, transcatheter technologies are nowadays more and more important in the treatment of aortic valve disease, also in low risk patients. For this reason surgeons should put new efforts for further reducing the surgical trauma in the future, even taking inspiration from other disciplines. In this review, we aim to present a review of literature evidences regarding minimally invasive treatment of aortic diseases, also reflecting our personal experience with MIAVR techniques. This review could represent a tool for a well-structured patient assessment and preoperative planning, in order to safely carrying out an MIAVR procedure with satisfactory outcomes.

Keywords: Minimally invasive; minimally invasive cardiac surgery aortic valve replacement (MICS AVR); aortic valve surgery; right anterior thoracotomy (RAT); ministernotomy (MS)

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Introduction

In developed countries, thanks to the increase in life expectancy, degenerative aortic valve disorders are the most common cardiovascular diseases and their incidence increase with population's age (1). Nowadays full-sternotomy aortic valve replacement (AVR) is still considered the gold standard therapy (1), however, in the era of Transcatheter AVR, cardiac surgery has to catch up on the challenge of minimizing surgical trauma, promoting minimally invasive surgical accesses.

Since its introduction in the 90's minimally invasive cardiac surgery (MICS) has generated great interest (2), but

during the following decades it hasn't reach the expected adoption, despite several studies have reported safety and reliability of these procedures (3).

In the last decade, the technological improvement in anesthesia, surgical techniques, myocardial protection strategies and postoperative practice allowed to treat also aged patients and at increased surgical risk, with excellent morbidity and mortality rates. To date many centers are adopting minimally invasive strategies to achieve AVR as an alternative to full sternotomy, maintaining or improving quality and results of conventional approaches. However, more efforts should be put in supporting a wider spread of these strategies. In this paper, we explore preoperative patient work-up and technical details of minimally invasive procedures and future perspectives in minimally invasive aortic valve replacement (MIAVR).

Rational and definition

The rational of minimally invasive aortic surgery is not only the performance of a small skin incision with good cosmetic results, but also to reduce the surgical trauma, lowering complications rate and blood loss, as well as shortening recovery time, even in fragile and older patients.

The Society of Thoracic Surgeons (STS) defines MICS as "any procedure not performed with a full sternotomy and cardiopulmonary (CPB) support" (4,5). However, in 2008 the American Heart Association (AHA) defined in a scientific statement MICS as "a small chest wall incision that does not include the conventional full sternotomy". We do believe that AHA definition better describe the "concept and philosophy" of "minimally invasive cardiac surgery" which goal is to reduce the degree of surgical invasivenesss without being procedure-specific (6).

Nowadays ministernotomy (MS) and right anterior thoracotomy (RAT) are the preferred approaches for MIAVR. Other minimally invasive surgical approaches are transverse sternotomy and right parasternal access from the second to the fourth costal cartilages.

Preoperative work-up and technical consideration

Minimally invasive approach needs a precise preoperative work-up because the key factor during the planning of these operations still remains safety and excellent outcome when compared to a traditional AVR (7).

A careful preoperative patient's assessment is mandatory, because some pre-existing conditions such as chest deformities, severe aortic calcifications, peripheral- and cerebrovascular disease, obstructive lung disease, previous cardiac or thoracic surgery and chest wall irradiation must be taken into account when planning MIAVR. These conditions may represent technical criticism in MICS.

In addition to routine preoperative tests, basal chest CT scan is particularly useful in planning MIAVR, as through this exam we can collect more information about chest wall, lung and airways anatomy as well as mediastinum and great vessel position (8). The presence of diaphragm supra-elevation, extreme pectus excavatum [Haller index >3.2, that is the ratio from maximal transverse diameter

and narrowest anteroposterior diameter (9)] or carenatum and pleural adhesions may suggest an alternative approach, in particular if RAT was planned. In patients with previous cardiac surgery or chest irradiation, a thorax CT-scan allows to determine the distance between the posterior sternal table and the right ventricle. In case of previous coronary surgery [coronary artery bypass surgery (CABG)] the use of contrast media is recommended to study the position of patent left internal mammary artery and to asses if the graft crosses the midline, as in this case partial sternotomy could be technically demanding.

For the MS approach, CT scan is useful to decide the extension of sternal incision. In case of RAT the CT scan gives important information regarding the aorta and its relationship with the sternum; moreover CT helps to identify the closest intercostal space to the tip of the right atrial appendage, which is the preferred space for the right anterior minithoracotomy approach (8). RAT is more favorable if:

- More than one-half of ascending aorta is on the right-side of right parasternal line in the axial CT view (*Figure 1A*);
- The distance from the skin to the ascending aorta in correspondence of pulmonary artery bifurcation is inferior to 10 cm;
- The angle between the midline and ascending aorta axis is >45° (*Figure 1B*).

Another issue in MICS is the arterial cannulation site. Direct ascending aorta cannulation is possible both in RAT and MS, assuring anterograde blood flow, which is better for brain perfusion; however, chest CT may give information about the presence of important anterior aortic wall calcifications that may discourage direct aortic cannulation. Aortic cannulation should also be avoided in case of aortic ectasia, especially in presence of bicuspid valve and bicuspid aortopathy that may determine problems of cannulation site management in minimally invasive set-up.

Peripheral arteriovenous cannulation is a viable alternative strategy to set up cardiopulmonary bypass (CPB). However, some concerns arise about retrograde arterial blood flow, suggesting a potential risk of cerebral embolism (10,11). Although the relationship between retrograde flow and strokes has not been clearly demonstrated, some precautions should be adopted to reduce this risk: Doppler sonography of femoral vessels helps in measuring vessels dimension in order to establish the smallest size of the cannula that assures a correct flow; on the other hand, the cannula must not be too small, because a pressure over



Figure 1 Chest CT-scan preoperative evaluation. (A) In the axial view of thorax CT-scans the ideal exposure of the ascending aorta is more than half of its circumference right sided respect to parasternal line (yellow scatted line), (B) in the coronal view of thorax CT-scans the ideal angle between midline (vertical yellow scatted line) and ascending aorta (obliquus yellow scatted line) is 45° (α angle).

300 mmHg may produce hemolysis or dissection. Moreover, the sonography can show the presence of vascular calcifications or stenosis, which could lead to retrograde dissection or calcium retrograde embolism. Right axillary artery is a viable alternative if both femoral arteries and ascending aorta are not suitable for cannulation due to heavy calcifications, but it is not routinely used in MIAVR (*Table 1*).

Anesthesiological consideration

MIAVR requires cooperation between all the staff that will take care of the patients, both physicians and nurses to reach the best result.

Anesthesiological support in MIAVR is essential to carry out the procedure with the lowest risk for the patient and to assure fast-track intensive care unit management. Moreover, to facilitate a rapid extubation, short-acting drug-based anesthesia should be considered. External defibrillator pads are required in MIAVR procedures, due to the limited working space for internal defibrillation. In addition to central venous catheter, a venous introducer should be placed in the right jugular vein to allow the placement of a temporary endovascular pacemaker catheter, in case epicardial wires can't be placed during surgery.

Intraoperative transesophageal echocardiography (TEE) is routinely used during femoral vessel cannulation with Seldinger technique. A TEE bi-caval view is showed during femoral vein cannulation to monitor the route of the guidewire in the superior vena cava, allowing correct positioning of the cannula and avoiding right atrium injuries or cannula malpositioning through the tricuspid valve. Moreover, during femoral artery cannulation, TEE should show the correct wire position in the thoracic aorta, avoiding the creation of a false lumen or retrograde dissection once CPB is started (8).

A pulmonary artery catheter can be placed, especially in high-risk patients to monitor the pulmonary pressure during and after surgery. For both MS and RAT, a doublelumen endotracheal tube or bronchial blocker could be employed, if they are tolerated by the patient, in order to allow selective pulmonary ventilation, improving exposure (8,12). Nevertheless, in RAT setting the right lung can be displaced posteriorly by mechanical compression at low ventilation volumes without using selective lung ventilation (8,12). However, right lung exclusion can be useful during surgeons learning curve and technically demanding operations.

In order to ameliorate venous drainage and prevent heart filling during CPB, vacuum-assisted or kinetic venous drainage are commonly employed.

Intraoperative TEE is crucial for de-airing process in any MIAVR procedure. Once this maneuver is completed, the heart weaning from CPB will be allowed with minimal micro-embolization risk.

Ministernotomy

Ministernotomy is the most commonly adopted technique for MIAVR. A 6–8 cm vertical skin incision is performed on the midline. According to surgeon preference partial

Table 1 Technical features of	the different surgical approaches		
Features	Right anterior thoracotomy	Upper J shaped ministernotomy	Transcervical
Inclusion	Aorta must should be more than half on the right side of parasternal line	Aorta on the midline or central aorta close to sternum	Vertical aorta on the midline
Exclusion	Ascending aorta aneurysm, associated CABG	CABG, mitral/tricuspid valve repair replacement	Other cardiac procedures, no viable femoral access
Incision	Second intercostal space 5–6 cm: sternal sparing approach	Midline sternal incision up to third or fourth intercostal space	Incision at base of neck-sternal sparing approach
Exposure	Surgical field exposure could be ameliorated using soft tissue retractor and rib retractor, seldom rib disarticulation is necessary	Pericardial stay suture could be pulled towards skin incision and loaded behind sternal retractor blade to better expose surgical field	After neck tissues dissection CoreVista retractor with illuminating system is placed behind sternum body to expose surgical field, mobilization of thymic remnants can help to improve exposure
Arterial cannulation site	Ascending aorta or femoral artery (groin surgical approach)	Ascending aorta or femoral artery (groin surgical approach)	Femoral artery (groin surgical approach)
	Avoid aorta cannulation in case of bicuspid valve with thin aorta wall and in case of short ascending aorta	Avoid aorta cannulation in case of bicuspid valve with thin aorta wall and in case of short ascending aorta	Aortic arch could be a viable alternative if peripheral vessels are heavily calcified
Venous cannulation site	Femoral vein (Seldinger technique percutaneous strategy or surgical isolation – mandatory ECOTEE guided procedure)	Right atrium or femoral vein (Seldinger percutaneous technique or surgical isolation — mandatory ECOTEE guided procedure)	Femoral vein (Seldinger technique percutaneous strategy or surgical isolation – mandatory ECOTEE guided procedure)
Pericardiotomy	Transverse antephrenic pericardiotomy	Midline longitudinal pericardiotomy	Longitudinal pericardiotomy
Venting strategy	Right superior pulmonary vein	Right superior pulmonary vein, pulmonary artery	Direct aortic venting
Cardioplegia	Aortic root, coronary ostia	Aortic root, coronary ostia	Aortic root
Aortic cross clamp	Direct cross clamp with detachable clamp or transthoracic Chitwood clamp	Direct cross clamp	Direct cross clamp with detachable clamp or transthoracic Chitwood clamp
Aortotomy	Transverse aortotomy (sutureless valves); oblique hockey stick (sutured valve)	Transverse aortotomy (sutureless valves); oblique hockey stick (sutured valve)	Transverse aortotomy (sutureless valves)
Additional features	CO ₂ pericardial inflation,	CO ₂ pericardial inflation	CO ₂ pericardial inflation, retrosternal retractor blade
Chest tube	intercostal chest tube in a separate intercostal space (4th intercostal space anterior axillary line)	Subxiphoid chest tube, parasternal or intercostal chest tube	Subxiphoid chest tube, parasternal or intercostal chest tube
CABG, coronary artery byp	tss grafting; ECOTEE, transesophageal echocard	diography.	

J-shaped sternotomy could be extended to the second, third or fourth intercostal space; an inverted T or V-shaped MS at the level of the second or third intercostal space can be chosen as an alternative (4,13) (*Figures 2,3*).

A sternal saw is used to divide sternum from intercostal space to midline transversally and then the vertical part of partial sternotomy is performed. In MS approach, the right internal thoracic artery is routinely spared (8). In this operative setting, central aortic cannulation is usually adopted, but cannulation site should be aimed as distal as possible to provide a wide working space. Venous drainage can be achieved either through peripheral vein cannulation, surgical or percutaneous, or through a central cannulation with a cannula in the right atrium.

Cardioplegia could be delivered through aortic root or



Figure 2 Upper right sided J-shaped ministernotomy.

directly through the coronary ostia if more than moderate aortic regurgitation is present or when additional doses are required (*Figure 4*).

If necessary, retrograde cardioplegia could be delivered either into coronary sinus or through a peripheral approach via internal jugular vein. Venting of the left ventricle can be achieved directly through the aortic valve or with a vent placed through the right superior pulmonary vein. Another viable strategy for left ventricle venting is to put a vent catheter in the pulmonary artery trunk. In order to obtain an easier closure of aortotomy at the end of surgery, this should be performed as high as possible, thus helping its visualization during hemostasis (7,8).

Retraction sutures, if required, are placed on the edges of the aortotomy, and/or at the commissures to elevate the aortic valve into the center of the operative field improving valve exposure. Valve implantation is carried out similarly to a conventional approach and the procedure can be simplified using endoscopic instruments with long shafts or knotting devices, such as CoreKnot[®]. This reduces valve implantation time, assuring a homogenous distribution of tension between the native annulus and the sewing ring, and avoids suture breaking, that can be challenging to replace in limited access space.

Right anterior minithoracotomy

Right anterior minithoracotomy approach allows AVR through a 4–6 cm skin incision at the second or third intercostal space, as close as possible to the parasternal line (*Figure 5*). Up on entering the pleural space, the right internal thoracic artery and veins are usually isolated, ligated with hemoclips and cut. Right internal thoracic artery could



Figure 3 Exposure during aortic valve replacement in inverted V ministernotomy. (A) Skin drawing, (B) surgical exposure.

1950

be spared in younger patients, but attention should be paid to avoid tension when soft tissue retractor or rib retractor is placed, due to the risk of intimal lesion or vessel abruption and bleeding.

According to surgeon preference, the third or fourth rib could be displaced from the sternum to obtain an unencumbered working space and visualize the tip of the right atrial appendage. A soft tissue retractor is inserted into the wound and if it is necessary a rib retractor with narrow blades can be used. Transverse pericardial opening is performed 2–3 cm anteriorly from the phrenic nerve to avoid nerve palsy and diaphragm paralysis. Pericardial opening should be performed on the aorta, in order to have the best exposure of surgical field, especially if a central cannulation is chosen. Exposure through a small surgical field can be difficult and it can be enhanced by placing pericardial stay sutures.



Figure 4 Cardioplegia delivery through the coronary ostia in ministernotomy.

Di Bacco et al. MICS AVR

Cannulation for CPB can be performed directly in the ascending aorta (*Figure 6A,B*), requiring advanced technical skills to place the purse-string in the distal ascending aorta and using a low profile arterial cannulas. Alternatively, peripheral cannulation is the preferred choice in case of difficult exposure and thin or short aorta. If central cannulation results in a limitation of surgical field exposure, peripheral cannulation for CPB should be chosen.

Venous cannulation can be performed either surgically or through a percutaneous puncture. The cross clamp can be applied through an alternative port if a Chitwood clamp is used (14). Alternatively, if a detachable clamp is used, aortic cross clamp could be performed directly from skin incision. Detachable clamps have different tip shapes, and in case of a short aorta, straight tips are preferred, allowing to clamp the proximal arch and have more space for the aortotomy (*Figure 7*).

Cardioplegia delivery can be administered through the root or directly into the coronary ostia. In MIAVR, and particularly in RAT setting, a bloodless surgical field is crucial. As a matter of fact, heart drainage can be enhanced by venting the left ventricle through the superior right pulmonary vein or with a catheter through the aortic valve.

Technical details of aortotomy, prosthetic valve implantation and aortotomy closure are similar to MS approach. A transverse aortotomy is preferred if a sutureless valve is chosen, while in case of conventional sutured prosthesis, a hockey stick aortotomy extended toward the non-coronary sinus should be performed in order to better expose the annulus. The aortic valve leaflets are cut off as usual; however, valve excision and decalcification must be carefully carried out, because the repair of an aortic annulus



Figure 5 Right anterior minithoracotomy at second intercostal space. (A) RAT 3D animation rendering, (B) RAT surgical skin incision. RAT, right anterior thoracotomy.



Figure 6 Direct aortic cannulation in right anterior minithoracotomy. (A) Purse-strings on ascending aorta for direct aorta cannulation in RAT. (B) Direct aorta cannulation in RAT. RAT, right anterior thoracotomy.



Figure 7 Aortic cross-clamp in RAT with detachable clamp. RAT, right anterior thoracotomy.

injury can be technically demanding in the RAT set-up.

Epicardial pacemaker wires should be placed before removing the aortic clamp. If a central cannulation strategy is chosen, the aortic cannula has to be removed before the venous one, with low arterial pressure; then the residual blood from the reservoir can be returned to the patient from the femoral venous line. If femoral vein has been cannulated with a percutaneous Seldinger strategy, the spindle can be reintroduced into the cannula during heparin reversal and removed once the patient is stable with groin compression.

At the end of the procedure, a chest drainage tube is inserted in the right pleural cavity through a separate intercostal space. Pericardium can be partially closed on the aorta or it can be left open. The disarticulated rib is reattached to the sternum using a non-absorbable, braided suture. To avoid lung herniation, the ribs are then reapproximated, using additional non-absorbable braided sutures (Table 1).

In 2009 we reported our first experience with MIAVR using RAT approach, showing excellent results in terms of mortality, morbidity, and patient recovery and quality of life (13). As above stated, if RAT AVR is planned, all patients should undergo thorax CT-scan to assess the anatomic relationship between the intercostal spaces, aorta and the aortic valve.

Major exclusion criteria for RAT approach are ascending aorta and/or root dilatation requiring surgery, while minor exclusion criteria are REDO surgery and previous right-sided pleuritic or major right chest trauma (13,14). Moreover, in patients with severe lung emphysema this procedure should be avoided.

A new challenge: transcervical AVR

In the latest years a technique to achieve MIAVR through a transcervical access has been proposed. Cardiac surgery has taken inspiration from the transcervical thymectomy (TCT) described from Cooper in 1988, "borrowing" this technique from thoracic surgery to develop a new surgical approach (15).

TCT is performed through a transverse skin incision above sternal manubrium and once tissue dissection is completed a simple retractor is used to create the working space. Evidence that TCT can be performed with relatively low risk of non-serious adverse events has been demonstrated in several large series (16,17).

Existing devices for TCT are unsuitable to perform AVR through this access. Therefore, an innovative surgical system has been introduced to address the lack of illumination inside mediastinal cavity and test MIAVR



Figure 8 CoreVista; Cardio-Precision System. (A) CoreVista; Cardio-Precision System animation. (B) CoreVista aortic valve surgical view cadaver lab.

procedure (CoreVista; Cardio-Precision Ltd., Glasgow, UK) (*Figure 8A,B*). The device is comprehensive of a robust lifting blade fixed to both table side; the retractor is equipped with a light set delivered through an optical switch, which is mounted on inferior surface of the retractor to give illumination to all the surgical field. A high-resolution monitor covered with a transparent sterile towel is positioned above the retracting blade in the natural line of sight of the surgeon.

Also in this case, preoperative CT scan is essential in order to better assess spatial relationship between anatomical structures. Theoretically, this approach is feasible if measured distance from neck skin incision and aortic valve is between 12 and 15 cm.

Surgery is performed through a skin crease incision in the neck. Initial dissection is directed under the sternum, anterior to the left brachiocephalic (innominate) vein, and a longitudinal pericardiotomy is performed to expose the ascending aorta.

CPB is established by femoro-femoral cannulation and usually a direct cross-clamp such as transthoracic (Chitwood) clamp is inserted percutaneously at the third intercostal space or directly through surgical incision. The clamping maneuver is performed under vision, and cardioplegia is delivered through the aortic root. The aorta is transversely opened and native valve excised. In this approach, a sutureless valve prostheses implant is necessary. After valve deployment, the aorta will be closed, the heart de-aired and the procedure completed (18).

This approach, designed to reduce surgical trauma and avoid pleural cavity entering directly in the mediastinum, requires advanced surgical skills in minimally invasive approaches. Only few cases have currently been performed with this approach and the results should be confirmed in larger trials. However, the encouraging feasibility study results allow suggesting that this surgical technique might represent a viable surgical strategy (*Table 1*).

Comment

Over the past two decades MIAVR has been gradually introduced into clinical practice. The increasing popularity of less invasive procedures allows surgeons to perform complex cardiac interventions with the same quality, even through small incisions.

Despite the improvement in surgical techniques, technologies and anesthesiological management, the debate about benefits of MICS is still open.

Several retrospective studies have tried to demonstrate whether minimally invasive aortic replacement can improve patients' outcomes, and reported data have showed safety and feasibility of minimally invasive approaches for AVR (3,19-22). Moreover, mortality rates are comparable between conventional and MICS, both in upper "J" shaped MS and in right minithoracotomy, when compared to mortality rates for isolate AVR in the STS Registry (3,23).

Main findings of this studies are represented by lower rates of transfusions in patients undergoing MIAVR, as well as shorter ICU stay and hospital length of stay, if compared to conventional surgery, without prolonged surgical time, CPB and cross-clamp time (3,24-28). Furthermore, these studies report a reduced rate of pulmonary complications in patients treated with minimally invasive approaches (24-28).

Minimally invasive surgery for AVR is proven to be safe and to provide some advantages also in specific subset of patients such as elderly, obese and high risk patients. Lamelas

et al. reported in 2012 that elderly patients undergoing AVR with Upper MS had shorter assisted ventilation time and faster recovery and hospital discharge (29), with a lower rate of prolonged hospitalization (29). Gilmanov *et al.* in 2013 reported same results in the same subset of patients undergoing AVR through RAT (30). Mortality remains lower and favorably compares to STS data, ranging from 0.0% to 1.7% (29-31).

Obesity is generally reported as a relative contraindication to MICS. However, data from Santana *et al.* and Welp and colleagues showed that minimally invasive approaches might have potential advantages on conventional surgery (25,32). In this subset of patients MIAVR has a significantly lower rate of wound complications if compared to median sternotomy (31-32). Moreover, Welp and colleagues report a reduced rate of pulmonary complications between MS and sternotomy (ST) such as reintubation (MS: 0% *vs.* ST: 7.7%, P=0.002) and tracheostomy (MS: 0% *vs.* ST: 4.4%, P=0.030). Additionally, this study reports that also the need of blood products is reduced in MIAVR when compared to median sternotomy (25).

Although these experiences show several advantages of MIAVR in terms of low pulmonary complication rates, faster recovery time and shorter hospitalization duration, the surgical community still perceives that the major advantage of MICS is the cosmetic surgical results.

Several randomized controlled trials (RCTs) have assessed the efficacy and risks of MIAVR compared with conventional AVR (33-37). However, the small sample sizes and insufficient reporting of postoperative outcomes have left these studies underpowered. Furthermore, recently Phan and colleagues published a large meta-analysis involving 50 studies with 12.786 patients, pointing out that minimally invasive AVR is associated with low transfusion rates, intensive care and hospital length of stay, renal failure, with a mortality rate comparable to conventional AVR, even though the evidence quality was mostly very low (3).

One of the major criticisms that have limited the adoption of MIAVR techniques is the perception that these techniques are not "surgeon friendly", as they are more complex and technically demanding. However, in a previous experience we find out that, even though this procedure can be more complex if compared to a conventional approach, an expert tutor facilitates adaption to new instruments and surgical set-up, and reduces the rates of failure during the learning curve, with low risk for the patients (38).

Moreover, an adequate preoperative work-up may help in MIAVR planning and execution, in particular for RAT To date it is not clear if the best minimally invasive approach for AVR is MS or RAT. Some retrospective studies have been published trying to answer this question. In our previous experience, we reported in 2014 a direct comparison of RT and MS for MIAVR. A non-randomized comparison of 406 consecutive patients with baseline characteristics was performed. Both approaches utilized central arterial and peripheral venous cannulation. We found that, although there was no difference in in-hospital mortality between the 2 approaches (RT =1.2%, MS =1.3%; P=1), RAT was associated with reduced postoperative morbidity in terms of reduced ventilation times, reduced ICU and hospital length of stay and reduced incidence of postoperative atrial fibrillation (AF) (39).

Fattouch *et al.* in 2016 compared outcomes of RAT and MS using conventional sutured valves: the study reports comparable outcomes in terms of mortality (MS: 3.3% *vs.* RAT: 1.1%, P=0.28), stroke (MS: 0.4% *vs.* RAT: 0.0%, P=0.32) and need for transfusions (MS: 41.2% *vs.* RAT: 40.6%, P=0.87). Higher bleeding though, requiring surgical revision, is reported (MS: 3.8% *vs.* RAT: 8.0%, P=0.006), with similar ICU stay and hospital length of stay (40).

Similarly, Semsroth *et al.* reported in the *Annals of Thoracic Surgery* a retrospective propensity matched study comparing RAT and MS (41). In this study mortality was higher in the RAT group (3.8%) than the MS (1.3%), but it did not reach significant relevance. In the matched samples, no differences are reported for major outcomes (revision for bleeding, acute renal failure, wound infection and ICU duration). CPB duration and cross-clamp time were longer in RAT, respectively 137 vs. 113 min (P<0.001) and 93 vs. 75 min (P<0.001). Furthermore, in the RAT group a surprisingly higher rate of conversion was reported (RAT 13.1% vs. MS 4.4%, P=0.004). As a matter of facts, RAT procedure may therefore have been affected more by the learning curve. Conversion rate for RAT ranges from 1.0% to 3.8% (24,26,30,42) (*Table 2*).

Despite the technological improvement of the latest years, cardiac surgery is still losing the challenge with TAVI in the treatment of aortic valve stenosis, which application is increasingly used also in patients with low surgical risk (43,44). The new challenge is to make surgery appealing again.

In the last decade, the introduction of SURD valves has given a new incentive to the research on MICS. As

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Variables	Glauber <i>et al.</i> , (<i>J Thorac</i> Cardiovasc Surg 2013;145:1222-6) (26)	Bowdish et al., (Eur J Cardiothorac Surg 2016;49:456-63) (24)	Nguyen et al., [Innovations (Phila) 2017;12:33-40] (27)	Welp <i>et al.</i> , (Interact <i>Cardiovasc Thorac Surg</i> 2018;27:481-6) (25)	Olds et al., (<i>J Cardiothorac Surg</i> 2019;14:91-8) (42)
Study type	Retrospective, propensity match study	Retrospective, propensity match study	Retrospective propensity match study patients with reduced ejection fraction	Retrospective review, obese patients (BMI >30 kg/m ²)	Retrospective study
Patients groups	RAT (n=192) vs. full sternotomy (n=336) post- match 138 vs. 138	RAT (n=294) v.s. full sternotomy (n=198) outcomes adjusted on PSM quintiles	EF <40%: FS (n=120) vs. MIAVR (n=58); post-match EF <40% 35 vs. 35; EF ≥40%: FS (n=695) vs. MIAVR (n=635); post-match EF ≥40% 377 vs. 377	FS (n=91) vs. upper MS (n=126)	RAT (n=267) vs. MS (n=120) vs. FS (n=116)
Key results	Mortality 0.7% vs. 0.7% (P=1.000); postoperative AF 18.1% vs. 27.9% (P=0.030); transfusions 18.8% vs. 34.1% (P=0.004); ventilation time (minutes) 6 [5-9] vs. 8 [6-11] (P=0.006)	Mortality 0.63 (0.14, 2.97) (P=0.560); wound infections 0.15 (0.04, 0.57) (P=0.005); transfusions 0.61 (0.41, 0.90) (P=0.013); ICU stay -0.07 (-0.13, -0.01) (P=0.016); in-hospital stay -0.07 (-0.12, -0.02) (P=0.011)	ICU stay MIAVR =56.8 \pm 82.2 vs. SAVR =84.6 \pm 138.7, P<0.001; bleeding MIAVR =0.8% vs. SAVR =3.2%, P=0.040; postoperative atrial fibrillation MIAVR =18.8% vs. SAVR =38.7%, P<0.001; length of stay (days) MIAVR =7.1 \pm 5.3 vs. SAVR =7.9 \pm 5.6 days, P=0.040	Reintubation rate 7.7% vs. 0% (P=0.002); tracheotomy 4.4% vs. 0.0% (P=0.030); no transfusion 44.4% vs. 63.5% (P=0.004); ICU stay (days) 4 [1–35] vs. 2 [1–25] (P=0.031)	CPB time (min), median (IQR) 82 [67–113], 117 [94–140], 103 [86–133] P=0.001; aortic X-clamp (min), median (IQR) 58 [48–85], 91 [69–108], 71 [57–100] (P=0.001); ICU LOS (hours), median (IQR) 22 [17–31], 25 [18–49], 31 [22–68] (P<0.050); prolonged vent time, n (%): 10 (3.8) 11 (9.2) 15 (12.9) (P<0.010)
Comments	RAT is associated to lower rate of postoperative complications, ventilation time and length in hospital stay	RAT has similar morbidity and mortality rates to sternotomy with lower blood product use and ICU and hospital stay	MIAVR is associated to improved short term outcome compared to FS in patient with preserved EF, in patients with reduced EF outcomes are comparable	Significant benefits in terms of decreased transfusion requirements, ventilator times and ICU times were found in the mini-AVR group	The mini-thoracotomy approach showed decreased operative times, decreased lengths of stay, decreased incidence of prolonged ventilator time
MI-AVR, mi deterioration	nimally invasive aortic valve at follow-up; FS, full sternot	replacement; MS, ministern omy; CPB, cardiopulmonary	otomy; RAT, right anterior thoracot bypass; PSM, Propensity Score Mat	omy; MICS, minimally inva ching.	sive cardiac surgery; structural valve

Table 3 Results of AVR with sutureless valves in MIAVR pati	ients
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Variables	Berretta <i>et al.</i> , (<i>EJCTS</i> 2019;56:793-799) (50)	Santarpino <i>et al.</i> , (<i>Ann Thorac Surg</i> 2020;110:553-557) (51)	Glauber et al., (Innovations 2020;15:120-130) (52)	Borger <i>et al.</i> , (<i>Eur J Cardiothorac Surg</i> 2016;50:713-20) (49)	Pfeiffer et al., (<i>J Cardiovasc Surg</i> 2017;58:731-738) (48)
Study type	Prospective registry (SURD-IR)	Prospective registry (SURD)	Prospective international registry (SURE-AVR)	Prospective randomized trial	Retrospective comparative study
Patients groups	1,418 pts underwent isolated MI-AVR (56.4% MS, 43.6% RAT) using Perceval S sutureless valve (1,011 pts) or Intuity (407 pts). mean EuroSCORE 8.6%±6.2%	63 reoperative aortic valve replacement patients treated with sutureless and rapid deployment valve, 68% MS and 32% RAT	480 MICS patients underwent AVR though RAT (266 pts) or MS (214 pts), 5% of patients received an associated cardiac procedure	100 patients with isolated aortic stenosis randomized to MI AVR through MS with Intuity valve or conventional AVR in FS	206 pts MS with sutureless valves (G1), 247 pts MS with stented valves (G2), 174 pts FS with stented valves (G3)
Key results	Mean cross clamp time 53 min, mean CPB time 83 min hospital death 1.7%, stroke rate 2%, PPM rate 9%, moderate aortic valve regurgitation 1%	No intra or perioperative deaths, TIA/stroke 3 pts (4.8%), permanent PM; 2 pts (3.6%), bleeding requiring reoperation; 5 pts (8.9%), dialysis 1 pts (1.6%)	Implant success 97.9%, mean cross clamp time 51 min, mean CPB time 81 min, 30 days mortality 0.4%, stroke/TIA rate 0.4%, PPM rate 3.3%, SVD 0.3%	Cross clamp time 41 min (MIAVR) versus 53 min (FS), mortality 4% in MIAVR versus 2% in FS, PVL moderate to severe at 1 year 11% in MIAVR <i>vs.</i> 0% in FS	Cross clamp was significantly lower in MS with sutureless 36 min (G1) <i>vs.</i> 60 min (G2) <i>vs.</i> 54 min (G3), hospital mortality G1 1.5% <i>vs.</i> G2 1.6% <i>vs.</i> G3 2.5%
Comments	Minimally invasive SURD-AVR using both Perceval and Intuity valves appeared a safe and reproducible procedure associated with promising early results	Minimally invasive reoperative AVR with a sutureless or rapid-deployment prosthesis is a safe and feasible, with fast recovery and improved postoperative outcome with no mortality and an acceptable complication rate	MI-AVR with Perceval valve confirmed to be safe, reproducible, and effective in an intermediate-risk population, providing excellent clinical recovery both in early and mid-term follow- up	MIS-RDAVR is associated with a significantly reduced cross-clamp time and better valvular haemodynamic function than FS. However, PVL are higher in MIAVR	The minimally invasive approach confers a protective effect against bleeding complications, but it is time-consuming. The use of sutureless valve is associated with significantly shorter surgical times compared with stented valves

MI-AVR, minimally invasive aortic valve replacement; MS, ministernotomy; RAT, right anterior thoracotomy; PPM, permanent pacemaker; MICS, minimally invasive cardiac surgery, structural valve deterioration at follow-up; FS, full sternotomy; CPB, cardiopulmonary bypass.

a matter of fact, these devices, that can be implanted without anchoring sutures, can significantly reduce CPB and ACC times (8), which are identified as determinant for postoperative complications (19). Safety and effectiveness of SURD valves has been demonstrated in several studies (45-49) (*Table 3*). Moreover, the possibility to implant these valves without placing anchoring sutures makes these devices the ideal choice in minimally invasive set up.

To date, few studies report the outcomes of SURD valve used in MICS. In the SURE registry, an international registry reporting the results of 480 MIAVR (MS and RAT) patients treated with sutureless valves (*Figure 9*) with a mean

preoperative EuroSCORE I of 7.9% (52), no conversions to median sternotomy are reported and mortality at 30 days was 0.4%. A sutureless valve was implanted successfully in 98% of patients and at five years mean survival rate was 91.5% and freedom from valve related reoperation was 96.2%.

In 2019, data from SURD registry on 1,935 patients treated with minimally invasive surgery and SURD valves were reported: conversion rate was 1% and failure implant rate was 1.4% (50). A low mortality rate of 1.7% was reported, that favorably compares to STS mortality rate for AVR.

Results of SURE and SURD registry in terms of CPB and ACC compare favorably with those reported in other



Figure 9 Sutureless Perceval S (LivaNova, UK) bioprosthesis implantation in right anterior minithoracotomy setting.

conventional AVR registries, such as the GARY (CPB time 84 min, XC time 60 min) and the STS database (CPB time 104.9 min, XC time 77 min) (53,54).

Recently, Santarpino *et al.* have published on the use of SURD valves in minimally invasive set-up in REDO patients. Surgeries were carried out both by RAT and MS. No conversion was required as well as no mortality were reported in this study (51). Even if MIAVR was performed in REDO patients, CPB and ACC were not different from reported data from STS and GARY.

Some centers have already reported a totally endoscopic AVR replacement using SURD valves with only 0.8% of mortality (55).

Conclusions

Nowadays, minimally invasive aortic valve surgery is a safe and reproducible procedure. Technology improvements and adequate patient selection through a tailored preoperative work-out have reduced procedure related complications and therefore have made minimally invasive approaches as reliable as conventional surgery. Long CPB and in particular cross-clamp time, in patients undergoing AVR through RAT, remain the major drawback of this approach. The combination of MIAVR and SURD valves may represent the future of cardiac surgery, minimizing the surgical trauma and pump time, giving to patients the best possible treatment option with all the advantages of surgical AVR and short operative and recovery time. While this is important in low surgical risk patients, it could be important also for high risk "operable patients".

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