

COVID-19 epidemic in a Respiratory Diseases Unit: predictor ranking and mining

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Novel coronavirus related disease (COVID-19) has profoundly influenced hospital organization and structures worldwide. In Italy, the Lombardy Region, with almost 17% of the Italian population (2019 data) (1), rapidly became the most severely affected area, and till now the region comprises the 48% of all COVID-19 related deaths in Italy and 40% of the confirmed cases (data from Protezione Civile at 1st, June 2020, http://www. protezionecivile.gov.it/). In the province of Pavia 5293 COVID-19 diagnosis have been reported, with more than 1000 deaths. The manifestations of SARS-CoV-2 infection in humans range from mild respiratory symptoms to severe acute respiratory syndrome (2,3). Moreover, a variety of general symptoms can occur concomitantly. Among them, cardio-vascular disease, mainly represented by pulmonary thromboembolism is a major cause of death in infected patients (4-6). Starting from the end of February 2020, the Pneumology Unit at San Matteo Hospital Foundation received more 150 COVID-19 positive patients. The present study evaluates the demographic and clinical features of the patient population that came to our observation with the aim of ranking the many risks factors and identifying outcome predictive markers. From the 1st of March until the 1st of May 2020, 133 patients were hospitalized, 85 men and 48 women. The main age at diagnosis of COVID-19 was 74 years; most patients [98] lived in the province of Pavia, 24 come from the red zone

in province of Lodi, the remaining from other Lombardy provinces. In 35 out of the 133 cases analysed, the nasal swab was negative for real time (RT) PCR detection of SARS-CoV-2 RNA but clinical, laboratory and imaging features were highly coherent to the diagnostic suspect of viral infection. In only three cases, patient respiratory conditions and performance status allowed the execution of bronchoscopy and RT-PCR test performed on the obtained broncho-alveolar fluid identified novel coronavirus.

It should be noted that the diagnostic imaging approach to COVID patients is very complex. Some guidance is provided by guidelines and statement. Taking into account Fleishner society (7) and similar recommendation CT can be considered a powerful aid in diagnosis of COVID-19 but it is not necessary nor the solely imaging modality adequate to this task.

A database with exhaustive data of the patient population in study has been constructed. The statistical analysis of all the data has been conducted by using the JMP partition algorithm (JMP-Statistical Discoveries. From SAS, website at www.jmp.com) which is able to search all possible splits of best response predictors. These splits (or partitions) of the data are done recursively to form a tree of decision rules. The partition algorithm chooses optimum splits from many possible trees, making it a powerful modelling, and data discovery tool. The technique is often considered as a data mining approach since it can explore relationships

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in absence of a good prior model. Moreover, it is able to reduce big problems to easier interpretable results. A useful application of partitioning is to create a diagnostic heuristic for a disease. Given symptoms and outcomes for a population, partitioning can be used to generate a hierarchy of questions to help diagnose new patients. Predictors can be either continuous or categorical (nominal or ordinal). If a predictor is continuous, then the splits are created by a cutting value. The sample is divided into values below and above the cutting one. If a predictor is categorical, then the sample is divided into two groups of levels. The response can also be either continuous or categorical (nominal or ordinal). If the response is continuous, then the platform fits the means of the response values. If the response is categorical, then the fitted value is a probability for the levels of the response. To properly estimate the residual uncertainty of classification, several numerical indexes are used. Among them the Gini heterogeneity index (I_G) which is calculable from relative frequencies (p_i) of each of the M total classes (8). Another one is entropy (H) which is associated to the concept of quantity of uncertainty (9). By using one of the above-mentioned indexes, the algorithm is able to take a decision on which partition make at each step of tree construction. Data regarding the analysed cohort were processed according to the above-described approach. Respiratory failure affected most of the analysed patients and more than 66% of them required ventilatory support with either high-flow nasal cannula (HFNC) or non-invasive ventilation with continuous positive airway pressure (C-PAP) with a fraction of inspired oxygen (FiO₂) included between 60% and 100%. Therapeutic schedules included the antiviral combination lopinavir/ritonavir 42.10% patients (10), hydroxychloroquine (45.11% of cases) (11); steroids were added in about 20% of patients. In 81 (60.9%) out of the 133 patients, antibiotic treatment was introduced, mainly in case of lung consolidation patterns, fever recurrence, and increased levels of reactive C-protein and procalcitonin. Overall 16 (12.1%) out of 133 patients met the criteria to be enrolled in clinical trials with experimental therapies: 7 patients were treated with the antiviral remdesivir, which acts by blocking the coronavirus's RNA polymerase (12), 7 with the anti-IL-6 tocilizumab (13), and the remaining 3 with plasma obtained by convalescent donors (14). Within respect to the thromboembolic risk management (median D dimer value 4,573.6 ng/L at hospital admission vs. normal range <500 ng/L, and higher median value at 4,864.8 ng/L), treatment with low molecular weight heparin was started in 55 patients (41.3%); 37 of them

received prophylactic doses, whereas in the remaining cases a full dosage was started after diagnosis of venous thrombosis and/or pulmonary embolism (18 cases). The mean duration of hospitalization was 16.3 days. Overall mortality rate reached 21.8%, significantly higher in males (17.2%) vs. females (9.02%). The most relevant predictor of survival in men was the age, being only one event (death) occurred in a male younger than 66 years (39 subjects) vs. 22 events in older patients. Among male patients older than 66 years, antibiotic treatment seemed to be associated to positive outcome. Interestingly among females, survival was significantly associated to treatment with hydroxychloroquine and steroids and all treated patients are alive. In the subgroup of patients not treated with hydroxychloroquine, the age higher than 78 years significantly affects mortality irrespective of smoking habit. Results are shown in Figure 1. To deeper query the database and detect strongest predictors, we moved to apply partition analysis approach to the ranking of main predictive parameters: WBC, ANC, ALC, LDH, RCP and a panel of cytokines (IL-6, IL-8, IL-10), which can be used to predict progression of COVID-19 (15). Overall, none of the reported parameters emerged per se as relevant predictors in the partition analysis. Interestingly, some differences emerged based on patient gender (Figure 2). In females, better survival was associated to lower LDH levels, and when LDH was higher than 486 mU/mL, leucocytosis was associated to worst prognosis and patient death. In males, the level of leukocytes was highly predictive of outcome, and in case of moderate leucocytosis (>9.2×10³/uL), patient age is confirmed to significantly affect outcome. These quite unexpected results confirmed the peculiarity of COVID-19 infection and pointed out that immune/inflammatory markers might play a role in predict outcome only in context-specific setting and not as single variable.

Taken together these findings, although limited to the population studied, allow some considerations. Firstly, it should be underlined that treatment guidelines evolved during the study interval and this fact is reflected in some temporal heterogeneity in therapeutic approach to COVID-19. Therefore, only 26 out of the 133 patients studied underwent steroid treatment and corresponded to those hospitalized later, whereas 60, mainly among the earlier hospitalized patients, assumed hydroxychloroquine. A second observation regards the role played by comorbidities, since the partition algorithm found that none of them (neoplastic, diabetes, cardio-pulmonary, rheumatic) impact on outcome. However, the concomitant increase of

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Figure 1 Patient characteristic and data mining analysis. (A) Demographic and clinical features of the cohort evaluated. (B) Partition analysis in male and female patients. Lower values indicate better fit. O₂, oxygen; TEP, pulmonary thrombo-embolism; CPE, cardio-pulmonary oedema; CRP, C reactive protein; Count, number of training observation; G2, Gini index.

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Rank

Rank



Figure 2 Main predictors with their value and rank. Predictors with higher contribution are likely to impact on patient outcome. (A) Partition analysis applied to predictor ranking in females; (B) Partition analysis applied to predictor ranking in males.

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leukocytes, as in bacterial infection/inflammatory reaction, significantly impacts on patient outcome. Interestingly, the smoking history did not correlate with prognosis. Although the role of smoking in onset and progression of COVID-19 is not fully clarified (16,17), in the analysed population, the occurrence of the viral infection in current smokers was considerably lower (12.7%) than that among previous and never smokers subjects (87%).

It should be noted that this is a preliminary report and that the limited population included could impact on significant differences. Overall, based on predictor ranking analysis, differences emerged based on patient gender. Combination of age and bacterial co-infection and the consequent antibiotic treatment could define the most powerful prognostic model in men; whereas treatment whit hydroxychloroquine should be preferred in those younger women carrying lower LDH, namely those who would present better outcomes.

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