

Which are the limiting factors in lung tissue sampling and diagnostic accuracy for a new Interventional Pulmonology Unit? From expert consensus-based evidence to results of a new-born Unit

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Background: There is a gap of knowledge about the factors that may determine the quality and the accuracy of diagnostic bronchoscopic procedures when setting up a new Interventional Pulmonology Unit. As little evidence-based medicine is available on this matter, an online consensus opinion of experts was gathered and compared with real-life data coming from a new Interventional Pulmonology (IP) Unit.

Methods: A survey was emailed to the heads of all Italian IP Units to investigate the factors influencing the success of the diagnostic yield of a new IP Unit. The survey consisted of 24 items grouped by topic; the level of agreement ranged from 1 (no influence) to 7 (strong influence). After responses were collected, we submitted the data on the accuracy of the endoscopic procedures performed during the first two years of our new IP Unit to the attention of the participants for a second round of survey; the level of consistency between the first and second round of responses was assessed.

Results: After having been shown the results of the first two years of activity of our Unit, in the second round of the survey the responders indicated the personal skills of the Interventional Pulmonologist, the availability of echoendoscopic technology and the expertise in evaluating cytological samples as the factors able to positively influence the performance of a newly established IP Unit. Neither the role of dedicated nursing assistance, the availability of a rapid on-site evaluation, nor the presence of anesthesiology assistance were considered to be limiting factors for the final accuracy results.

Conclusions: A consensus of opinion of a group of expert interventional pulmonologists highlighted the factors that may be responsible for the diagnostic success of a newly established Italian IP Unit. These factors are mainly three: personal skills of the interventional pulmonologist, the availability of echoendoscopic technology, and the expertise in reading cytological samples.

Keywords: Decision analysis; diagnostic bronchoscopy; echo-endoscopy; organization implementation; quality management; survey

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Submitted Oct 12, 2020. Accepted for publication Feb 06, 2021. doi: 10.21037/jtd-20-2990

View this article at: http://dx.doi.org/10.21037/jtd-20-2990

Introduction

Transbronchial biopsy (TBB) and transbronchial needle aspiration (TBNA) are well-established but still underutilized techniques (1). With the advent of the endobronchial ultrasound-guided transbronchial needle aspiration (EBUS-TBNA), ultrasound became widely used by the interventional community (2). Today, the bronchoscopic mediastinal sampling should be the initial approach to achieve a diagnosis and to stage lung cancer patients as it requires fewer invasive tests and has fewer complications compared to traditional transthoracic or surgical sampling techniques (3). A survival benefit in patients who received EBUS-TBNA in their diagnostic and staging management has also been demonstrated (4). However, an epidemiological study showed that the diagnostic evaluation was consistent with the applicable guidelines for only 21% of patients, and mediastinal sampling was performed before treatment only on 56% of patients with NSCLC (5).

The starting point for a correct diagnosis is the adequacy of the bronchoscopic sample. However, the quality and the results of diagnostic bronchoscopic procedures may be affected by other potentially critical factors, such as interprofessional and multidisciplinary organizational factors. This is risk is particularly important to consider when establishing a new Interventional Pulmonology (IP) Unit in a hospital not providing such techniques.

What are the factors determining the success of an IP Unit? The ability of professionals to perform endoscopy; the experience of pathologists in reading cytological or histological samples; the interprofessional elements, such as the competence and the expertise of the nursing team; or the availability of anesthetic assistance or specific endoscopic instrumentation?

With the aim to contribute to this debate, since no evidence was available on this topic in the literature, we designed a Delphi-based analysis to obtain the best expert opinion available within the Italian IP community.

The first phase of the analysis consisted in sending out to all the heads of the Italian IP Units an invitation to take part in a survey designed to inquire their opinion on a set of factors commonly considered crucial in determining the possibility of success for a new IP Unit. After obtaining the first round of answers, we showed the participants the real-life data obtained from the study of the accuracy of the endoscopic procedures performed during the first two years of activity of our new IP Unit.

Then we invited the participants to revise their previous answers in light of the real-life data. On the basis of the degree of agreement in this second round, we draw some conclusions on the factors that may be responsible for the success of diagnostic procedures in a new IP Unit. We present the following article in accordance with the SURGE reporting checklist (available at http://dx.doi.org/10.21037/jtd-20-2990).

Methods

We invited the heads of all Italian IP Units to complete a survey distributed via email. The survey consisted of 24 questions related to the possible factors that are considered to be more frequently linked to the outcome results of new IP Units. The responders could indicate the level of importance of each factor by using a modified likelihood scale ranging from 1 (no influence) to 7 (strong influence). The survey was subdivided into 6 groups of questions, each related to a specific topic: (I) factors related to interventional pulmonologists (7 items); (II) factors related to the nursing component (3 items); (III) factors related to pathological assistance (7 items); (IV) factors related to anesthesiology assistance (2 items); (V) factors related to technology availability (4 items); (VI) factors related to the presentation of the disease (1 item). The anonymous experts' responses were shared with the participants and discussed with them. Then we showed the respondents the organizational methods and the performance outcome data of our Unit during the first two years of activity. On the basis of this real-life data, the respondents were given the opportunity to re-evaluate and change their responses to the survey. The level of consistency between the first and second round of responses was assessed. The study protocol, relating to the retrospective measurement of the performance of diagnostic procedures and the identification of predictive biomarkers of response to chemotherapy, was approved by Ethics Committee of the Casa Sollievo della Sofferenza Research Hospital in San Giovanni Rotondo, Italy (No.: ICF/IP

V1.0_03 Oct 19). Written informed consent was obtained from all participants.

Statistical analysis

Categorical variables were reported as frequency and percentage. Adequacy and diagnosis were reported as percentage, overall and by subgroups. Adequacy and diagnosis were compared among groups using the Fisher exact test. A P value <0.05 was considered statistically significant. The K statistic was computed to measure the agreement between the raters. All statistical analyses were performed using SAS (version 9.4).

Results

From March to May 2018, 158 invitation emails were sent out to all of the heads of the Italian IP Units. A total of 56 surveys were collected. The results of the two rounds of responses are shown in *Table 1*.

Factors related to interventional pulmonologists showed a median value of 5.30 ("high impact"). In particular, a high level of importance was given to the expertise of the first operator with a median value of 6.46 and also to the presence of a multidisciplinary discussion of cases (median score of 6.16), while the scientific production of professionals was considered the least significant factor (median value of 4.48).

Factors related to the nursing component showed the best median value of 6.1 between the groups included in the survey. In this group, the availability of dedicated nursing assistance was the most important factor (value 6.43) in the respondents' opinion. Factors related to the anatomopathological assistance scored 5.83. In this group, the following items obtained the higher scores: "Availability of a Rapid On Site Evaluation (ROSE)" scored a value of 5.80; the type of materials provided to the pathologists scored a value of 6.21, and personal experience in reading cytological samples scored a value of 6.20; while the lowest score in this group was given to the personal experience in reading surgical samples (value 5.04).

The median value of the survey for factors related to the anesthesiology assistance was 5.55, without significant differences between dedicated anesthesiology assistance (value 5.57) or anesthesia administered directly by the pulmonologists (value 5.54).

Factors related to technological availability showed a median value of 6.02. In detail, the availability of linear and

radial EBUS was the most important factor of the explored ones (value 6.64).

Factors related to the presentation of the disease (size and location of lesion sites) for diagnosis and staging showed a median value of 6.07.

Overall, 17.8% of the invited colleagues participated in the second round of our Delphi analysis.

After having been shown the results of the first two years of activity of our Unit, the respondents were given the possibility to revise their previous responses. The result of this second round was that only some factors were indicated as capable of positively influence the performance of a newly established IP Unit.

The importance of the operator's expertise passed from a score of 6.36 to a score of 6.90; that of the "Personal experience in reading cytological samples" passed from 6.20 to 7, and that of the "Availability of linear and radial EBUS" passed from 6.64 to 7. All the other factors indicated in the survey received lower scores. In particular, the "Availability of a discussion in the Lung Unit" of the cases dropped from 6.16 to 3.20; the "Availability of dedicated nursing assistance", from 6.43 to 3.20; the "Availability of a ROSE", from 5.80 to 2.80; the "Personal experience in reading surgical samples", from 5.04 to 2.80. Even the value of factors related to anesthesiology assistance fell to 3.80, in the grey area, which suggests that these factors do not represent a non-negotiable condition for obtaining the best chances of success in the establishment of a new IP Unit.

The level of agreement between the first and the second round of survey responses was calculated. In the first round, the K of agreement was 0.03 (95% CI, 0.01–0.04); in the second round, it was 0.57 (95% CI, 0.50–0.65). These two Ks are statistically different with a P value <0.001.

Demographic and clinical patients' characteristics in the first two years of activity in our new Unit are reported in *Table 2. Table 3* shows the diagnostic performance of interventional procedures in our Unit, which started its activity on January 2017 and collected 331 consecutive patients who received interventional bronchoscopic procedures: 217 EBUS TBNA, 25 conventional TBNA and 89 TBB.

Discussion

The purpose of the study was to identify the non-negotiable factors responsible for diagnostic and tissue sampling accuracy in a newly established IP Unit.

As little evidence was available in the literature on this

Table 1 Survey results

				Ñ	Survey 1° round	° roun	ס						S	Survey 2° round	i° roun	q		
	-	2	3	4	2	9	4 2	Answers V n.	Answers Weighted n. mean	-	2	က	4	5	9	7 Ar	ıswers \	Answers Weighted n. mean
Factors related to Interventional Pulmonologists	ogists																	
Number of transbronchial biopsy procedures. transbronchial mediastinal or parenchymal needle aspiration. EBUS performed in the	0	0	0	ო	Ω	-	37	56	6.46	0	0	0	0	0	2	ω	10	6.80
last 3 years																		
Scientific publications	4	2	7	15	7	2	13	26	4.48	0	0	0	80	2	0	0	10	4.20
Participation in courses with simulators	2	-	4	∞	17	œ	16	26	5.23	0	0	-	6	0	0	0	10	3.90
Procedure performed exclusively by the first operator	0	9	4	_	13	13	13	99	5.11	0	0	0	0	က	7	0	10	5.70
Procedure performed by the second operator with tutorship	-	4	2	4	10	2	17	99	4.98	0	0	0	œ	2	0	0	10	4.20
Number of Pulmonologists in the operating room	2	6	_	2	Ξ	œ	4	99	4.68	0	0	0	œ	2	0	0	10	4.20
Availability of a discussion in the Lung Unit of the cases	-	0	0	4	7	4	30	99	6.18	0	0	œ	7	0	0	0	10	3.20
Subtotal	1.43	3.57	3.86	8.00	10.00	9.14	20.00	99	5.30	00.00	0.00	1.29	5.00	1.29	1.29	1.14	10	4.60
Factors related to the nursing component																		
Availability of dedicated nursing assistance	0	0	-	-	9	5	35	99	6.43	0	0	∞	8	0	0	0	10	3.20
Number of nurses dedicated to endoscopic maneuvers with surgical DRG	0	0	-	∞	_	4	20	26	5.68	0	0	0	œ	0	0	0	10	3.80
Level of experience of the nursing pool	0	0	-	4	7	16	28	26	6.18	0	0	2	œ	0	0	0	10	3.80
Subtotal	00.00	0.67	1.00	4.33	8.00	14.33	27.67	99	6.10	00.00	0.00	4.00	00.9	0.00	0.00	00.00	10	3.60
Factors related to anatomopathological assistand	sistano	e																
Experience for organization that favors specialization and clinical	-	0	0	2	-	19	23	56	6.05	0	0	0	0	ω	N	0	10	5.20
competence pathways for pulmonary pathology																		
Personal experience in reading surgical samples	က	4	2	œ	10	8	18	56	5.04	0	2	œ	0	0	0	0	10	2.80

able 1 (continued)

 Fable 1 (continued)

				Ŋ	Survey 1° round	° roun	ס						S	Survey 2° round	2° roui	pu		
	-	2	က	4	2	9	7 F	Answers \	Answers Weighted n. mean	-	2	က	4	5	9	7 P	nswers n.	Answers Weighted n. mean
Personal experience in reading cytological samples	0	-	0	4		4	30	56	6.20	0	0	0	0	0	0	10	10	7.00
Availability of a ROSE	2	_	2	4	6	12	26	26	5.80	0	2	œ	0	0	0	0	10	2.80
Availability of a cyto-assistance service in the operating room. to	-	ო	4	2	15	42	16	56	5.32	0	8	œ	0	0	0	0	10	2.80
manage the withdrawal																		
Type of material supplied to the pathological anatomy	-	0	-	က	2	15	31	26	6.21	0	0	0	0	ω	8	0	10	5.20
Availability of a shared management path of the biopsy sample, from the clinical question to the cytohistological conclusions	0	0	-	4	10	£	30	56	6.16	0	0	0	2	2	0	0	10	4.50
Subtotal	1.14	1.29	1.86	4.29	9.57	13.00 24.86	24.86	26	5.83	0.00	0.86	3.43	0.71	3.00	0.57	1.43	10	4.33
Factors related to anesthesiology assistance	ce																	
Availability of dedicated anesthetic assistance	-	-	2	∞	-	15	18	56	5.57	0	0	2	∞	0	0	0	10	3.80
Type of sedation analgesia practiced independently by the pulmonologists	-	0	က	_	4	15	16	26	5.54	0	0	2	œ	0	0	0	10	3.80
Subtotal	1.00	0.50	2.50	7.50	12.50	12.50 15.00 17.00	17.00	99	5.55	00.00	0.00	2.00	8.00	0.00	0.00	0.00	10	3.80
Factors related to technology availability																		
Availability of linear and radial EBUS	0	0	0	0	4	13	39	99	6.63	0	0	0	0	0	0	10	10	7.00
Availability of guidance systems (Rx scans or navigation systems)	-	0	0	2	7	8	25	26	6.05	0	0	0	0	7	œ	0	10	5.80
Availability of specific TBB sampling clamps	-	ო	Ø	ω	10	10	22	26	5.52	0	7	œ	0	0	0	0	10	2.80
Availability of specific TBNA/EBUS sampling needles	0	7	က	-	12	5	25	26	5.89	0	7	œ	0	0	0	0	10	2.80
Subtotal	0.50	1.25	1.25	3.50	8.25	13.50 27.75	27.75	99	6.02	00.00	1.00	4.00	0.00	0.50	2.00	2.50	10	4.60
Factors related to the presentation of the disease	disease																	
Size and location of lesion sites (for diagnosis and staging)	0	0	0	4	12	16	24	26	6.07	0	0	0	0	7	œ	0	10	5.80
Subtotal	0.00	0.00	0.00	4.00	4.00 12.00 16.00 24.00	16.00	24.00	26	6.07	0.00	0.00	0.00	0.00	2.00	8.00	0.00	10	5.80

EBUS, endobronchial ultrasound; ROSE, rapid on site evaluation; TBNA, transbronchial needle aspiration.

Table 2 Demographical and clinical patients' characteristics

Variables	Data
Number of patients	331
Median age (range), years	66.71±13.68
Sex	
Male (%)	226 (68.3)
Female (%)	105 (31.7)
Smoking habit yes (%)	48%
Hospital Unit requesting (%)	
Department of Medical Sciences	129 (39.2)
Unit of Thoracic Surgery	110 (33.2)
Unit of Oncology	58 (17.2)
Unit of Geriatrics	11 (3.3)
Other Hospitals	6 (1.8)
Unit of Gastroenterology	5 (1.5)
Unit of Neurosurgery	3 (0.9)
Unit of Hematology	3 (0.9)
Unit of Orthopedic	3 (0.9)
Others	3 (0.9)
Clinical motivation (%)	
Diagnosis	279 (84.3)
Staging	33 (10.0)
Re-biopsy	10 (3.0)
Re-staging	9 (2.7)
Iconography (%)	
Lung opacification	47 (14.2)
Lung opacification + adenopathies	29 (8.8)
Adenopathies	120 (36.3)
Interstitial lung diseases	16 (4.8)
Multiple nodules	3 (0.9)
Nodule <2 cm	14 (4.4)
Nodule <2 cm + adenopathies	24 (7.3)
Nodule >2 cm	18 (5.4)
Nodule >2 cm + adenopathies	60 (18.1)

Table 2 (continued)

Variables	Data
Procedures (%)	
EBUS	217 (65.6
TBB	51 (15.4)
TBB + assisted by guidance systems (virtual bronchoscopy, radioscopy or echoendoscopy)	38 (11.5)
TBNA	25 (7.6)
Number of physicians	
1	125 (38.0
2	206 (62.0
First operator	
Expert	231 (69.8
Less expert	100 (30.2
Anesthesiology assistance (%)	
No	316 (95.5
Yes	15 (4.5)
Diagnosis	
ADK	111 (33.4
Squamous carcinoma	25 (7.5)
CA NOS	1 (0.3)
Poorly differentiated NSCLC	2 (0.6)
Metastasis	23 (6.9)
Small cell lung cancer	22 (6.6)
Organizing pneumonia	10 (3.0)
Sarcoid	20 (6.0)
Lymphatic tissue	63 (19.0)
IgG4 related disease	1 (0.3)
Tuberculosis	5 (1.5)
Carcinoid	1 (0.3)
Smoking related lung diseases	5 (1.5)
Pneumocyte hyperplasia	1 (0.3)
IPF	1 (0.3)
Mesothelioma	1 (0.3)
Lymphoma	5 (1.5)
LIP	1 (0.3)
Lung inflammation	16 (4.8)
Alveolar haemorrhage	4 (1.2)
Inadequate	13 (3.9)

Table 3 Adequacy and diagnosis according to procedures, overall and by subgroups

	Procedures	EBUS	TBB	TBB "assisted" by localization techniques	TBNA
Overall	N	217	51	38	25
	Adequacy = yes (%)	211 (97.2)	51 (100.0)	34 (89.5)	22 (88.0)
	Diagnosis = yes (%)	204 (94.0)	44 (86.3)	34 (89.5)	22 (88.0)
Diagnosis	N	170	48	38	23
	Adequacy = SI (%)	164 (96.5)	48 (100.0)	34 (89.5)	20 (87.0)
	Diagnosis = SI (%)	157 (92.4)	42 (87.5)	34 (89.5)	20 (87.0)
Re-biopsy	N	7	3		
	Adequacy = yes (%)	7 (100.0)	3 (100.0)		
	Diagnosis = yes (%)	7 (100.0)	2 (66.7)		
Staging	N	31			2
	Adequacy = yes (%)	31 (100.0)			2 (100.0)
	Diagnosis = yes (%)	31 (100.0)			2 (100.0)
Re-staging	N	9			
	Adequacy = yes (%)	9 (100.0)			
	Diagnosis = yes (%)	9 (100.0)			
Non neoplastic diseases	N	82	31	14	5
	Adequacy = yes (%)	80 (97.6)	31 (100.0)	13 (92.9)	3 (60.0)
	Diagnosis = yes (%)	74 (90.2)	24 (77.4)	13 (92.9)	3 (60.0)
One operator	N	82	23	14	7
	Adequacy = yes (%)	80 (97.6)	23 (100.0)	14 (100.0)	5 (71.4)
	Diagnosis = yes (%)	79 (96.3)	21 (91.3)	14 (100.0)	5 (71.4)
Two operators	N	135	28	24	18
	Adequacy = yes (%)	131 (97.0)	28 (100.0)	20 (83.3)	17 (94.4)
	Diagnosis = yes (%)	125 (92.6)	23 (82.1)	20 (83.3)	17 (94.4)
First operator less experienced in team	N	66	12	13	9
	Adequacy = yes (%)	64 (97.0)	12 (100.0)	13 (100.0)	8 (88.9)
	Diagnosis = yes (%)	60 (90.9)	12 (100.0)	13 (100.0)	8 (88.9)
Molecular analysis and PDL1 IHC definition	N	84			20
	Adequacy = yes (%)	95.2*			30*
Reason for repeated examination, N=20	Anaesthesiologist request, n=1	Non-diagnostic outcome, n=8	EBUS required for molecular analysis, n=8	Staging, n=3	

 $^{^{\}star}\text{P}<0.0001$. EBUS, endobronchial ultrasound; TBB, transbronchial biopsy; TBNA, transbronchial needle aspiration.

matter, we used the Delphi method to obtain the most reliable consensus of opinion by surveying a group of Italian IP experts. The participants were sent out a questionnaire in two rounds interspersed with controlled opinion feedback, which in this case was represented by the presentation of real-life data. A limitation of our study is the low rate of responses to the second round of the survey, probably due to the fact that in Italy there is little interest in participating in this kind of surveys.

The results of the study show that there is a wide consensus among the experts that technology (especially linear and radial EBUS) may influence the accuracy of endoscopic procedures.

There is a certain body of evidence suggesting that the availability of advanced EBUS technology improves diagnostic adequacy and the achievement of molecular profiling (6). In our experience, the availability of radioscopy and EBUS, both radial and linear, improved the diagnostic yield, especially regarding the results of the molecular characterization of pulmonary neoplasms.

Factors relating to dedicated nursing assistance were given high importance during the first round of survey, even though there is no scientific literature supporting this result. In our practice, for example, our operating room nursing staff had no previous experience in thoracic endoscopy and, when in 2017, the endoscopic activity was also assigned to the operating room of our Unit, the nursing staff continued to rotate daily to perform other low intensity activities relating to thoracic, abdominal and dermatologic surgery, without any loss in quality when performing the endoscopy-related activities.

The training provided to the nurses was both on the phases of endoscopic assistance and the reprocessing of the instruments. It was conducted by medical operators, biomedical technicians of the hospital and endoscopic instruments manufacturers.

About the anatomopathological assistance, the results of the survey revealed that the respondents placed great importance on the following factors: the type of biological material supplied to the pathologists and the operator's expertise in reading cytological samples. At present, there is no consensus among pathologists on whether cell block should be preferred over smears (7,8). The current guidelines do not recognize a diagnostic superiority of the cell block over smears, nor they recommend rapid on site evaluation (ROSE) for every procedure; on the contrary, they suggest leaving this decision to the operator's discretion (9,10).

In our hospital, neither cytology assistance nor ROSE were available, and smears were not provided to the pathologists. As a consequence, in order to achieve the best diagnostic accuracy possible, a shared management of the histologic and cytological sampling was agreed, and cell blocks were always provided when a TBNA or an EBUS procedure were performed.

The second round of survey revealed that, according to the respondents, the experience gained by the operator in reading cytological samples is a key factor. The literature confirms that some improvements are achieved in the pathologists' learning curve once they become more familiar with reading cytological EBUS or EUS (endoscopic ultrasound) specimens (11,12). In our hospital, the negative effects of a physiological inter-professional learning curve for reading the anatomopathological samples were minimized thanks to a continuous quality control of the anatomopathological reading of the sample along with a shared management path of the biopsy sample, from the clinical question to the cyto-histological conclusions.

The request for cytohistological analysis was therefore sent to the pathology service and included the clinical information requested by the pathologists in order to be able to automatically proceed to the first immunohistochemical analysis to establish the target therapies in cases of squamous cell disease and adenocarcinoma. If necessary, further molecular analysis was started. The information requested by the pathology service were the following: a patient's tobacco history; clinical suspicion of primitiveness; and the disease stage.

About the factor related to interventional pulmonologists, the literature suggests that there is a lack of specific training in using mediastinal transbronchial sampling techniques (5). High volume hospitals have better diagnostic yields and lower complication rates for EBUS-TBNA (13) than hospitals doing less regular examinations.

The learning curves of physicians for the execution of the abovementioned procedures improves as specific training through the traditional patient-based apprenticeship model and simulation based educational programs is done (14,15).

In our Unit, the procedures were performed by one senior interventional pulmonologist, one trainee doctor, and two nurses. The presence of the second medical operator, who had previously attended specific post-graduate or simulation-based courses, was requested by the training program. In our Lung Unit, multidisciplinary team meetings to discuss patient cases were regularly organized to decide upon the appropriate treatment but

rarely upon the appropriate diagnostic procedure to apply. Our experience confirms the opinion of the majority of the colleagues involved in the survey. Our acceptable diagnostic results were due almost exclusively to the presence of the expert operator (95%) in the operating room but not to his/her performing of the test, given that the trainee doctor was the first operator in 30% of cases.

There is no evidence to recommend any type of anesthesia (16), and the available guidelines do not report better performances in the presence of anesthesiological assistance.

When the results of clinical trials describing the clinical outcomes of systematic mediastinal staging are available (17), it will be necessary to assess whether to make greater use of the anesthesiological assistance.

In our experience, complex endoscopic activity was performed in a general operating room. Patients received a conscious sedation protocol with intravenous midazolam and fentanyl. Only occasionally the procedures were performed with anesthesia care and laryngeal mask.

Conclusions

A consensus of opinion of a group of expert interventional pulmonologists highlighted the factors that may be responsible for the diagnostic success of a newly established Italian IP Unit. These factors are mainly three: personal skills of the interventional pulmonologist, the availability of echoendoscopic technology, and the expertise in reading cytological samples. All of the other factors included in the survey, such as dedicated nursing assistance, the availability of a rapid on-site evaluation, and the presence of anesthesiology assistance, resulted to be almost uninfluential.

Although the results of this opinion-based study should be validated by evidence-based medicine to gain scientific validity, its ultimate objective was to pave the way for further research in a field which has never been explored so far and that may shed light on possible useful implications, such as a better allocation of economical and human resources when the factors responsible for the operational success of a new IP Units are well defined.

Acknowledgments

To Mrs. Chiara Di Giorgio for linguistic editing and to the nursing team: Mrs. Emanuela Coco, Mr. Michele Carriera, Mrs. Costantina Di Lella, Mrs. Anna Vittoria Impagliatelli, Mrs. Anna Maria Maiolino, Mrs. Concetta Merla, Mrs. Oriana Minchillo, Mrs. Maria Olivieri, Mr. Matteo Tavaglione, Mr. Nicola Tancredi, Mrs. Rosa Merla, Mrs. Arcangela Cappelli, Mrs. Incoronata Occhiochiuso, Mrs. Luigia Russo, Mrs. Lucia Baorda, Mrs. Lucia Dragano, and Mrs. Consiglia Merlino.

Funding: None.

Footnote

Reporting Checklist: The authors have completed the SURGE reporting checklist. Available at http://dx.doi.org/10.21037/jtd-20-2990

Data Sharing Statement: Available at http://dx.doi.org/10.21037/jtd-20-2990

Peer Review File: Available at http://dx.doi.org/10.21037/jtd-20-2990

Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at http://dx.doi. org/10.21037/jtd-20-2990). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study protocol, relating to the retrospective measurement of the performance of diagnostic procedures and the identification of predictive biomarkers of response to chemotherapy, was approved by Ethics Committee of the Casa Sollievo della Sofferenza Research Hospital in San Giovanni Rotondo, Italy (No.: ICF/IP V1.0_03 Oct 19). Written informed consent was obtained from all participants.

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Cite this article as: Carbonelli C, Rossi A, Ciliberti G, Grimaldi MA, Notarangelo S, Parente P, Copetti M, Zanforlin A, Lococo F, Taurchini M, Maiello E, De Cosmo S, Graziano P. Which are the limiting factors in lung tissue sampling and diagnostic accuracy for a new Interventional Pulmonology Unit? From expert consensus-based evidence to results of a new-born Unit. J Thorac Dis 2021;13(5):2942-2951. doi: 10.21037/jtd-20-2990