

# Serum $\beta$ -klotho is a potential biomarker in the prediction of clinical outcomes among patients with NSCLC

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**Background:** We aimed to investigate the  $\beta$ -klotho (KLB) expression in non-small cell lung cancer (NSCLC) and to determine its value as a novel molecular target for survival prognosis in patients with NSCLC.

**Methods:** The serum KLB concentrations in 50 patients with NSCLC and the 20 healthy persons were measured by enzyme-linked immunosorbent assay (ELISA) methods. The relationship between serum KLB level, including the level change after therapy, and the progression-free survival (PFS) and overall survival (OS) were analyzed. The KLB expression in A549 cells was measured by real-time polymerase chain reaction (RT-PCR) and western blotting. The function of cells was revealed by *in vitro* studies.

**Results:** The concentrations of serum KLB in patients with NSCLC were obviously lower than those in healthy subjects. KLB expression was significantly increased in patients after chemotherapy and epidermal growth factor receptor tyrosine kinase inhibitor (EGFR-TKI) targeted therapy. In addition, expression of KLB was positively related with PFS and OS. Compared with 16-human bronchial epithelial (HBE) cells, the expression level of KLB was significantly decreased in A549 cells. Overexpression of KLB suppressed the proliferation of A549 cells, along with G1-to-S phase arrest and apoptosis induction.

**Conclusions:** KLB plays an anti-tumorigenic role in NSCLC. KLB may be a candidate target for the diagnosis and treatment of NSCLC and may serve a potentially significant role in future clinical applications.

**Keywords:** Non-small cell lung cancer (NSCLC); β-klotho (KLB); survival prognosis; progression-free survival (PFS); overall survival (OS)

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### Introduction

Lung cancer is the most common cancer, and leads to about 25% of cancer deaths. Of these lung cancer-related deaths, non-small cell lung cancer (NSCLC) accounts for about 85%. Despite there being numerous methods used for the earlier diagnosis of NSCLC, such as low-dose spiral computed tomography (CT), the 5-year survival rate of this disease is still less than 20% after administration of antitumor therapies, including chemotherapy, targeted therapy, and even immunotherapy.

One major reason for this unsatisfactory outcome is that most lung cancer cases are diagnosed at an advanced stage, as the means for a more effective early diagnosis is lacking (1).

Klotho was originally recognized to be a powerful ageing-suppressor gene (2). In animal studies, Klotho deficiency has been observed to result in the onset of numerous aging phenotypes, including severe growth retardation, premature organ degeneration, arteriosclerosis, and a subsequently shortened lifespan (3). In contrast, overexpression of Klotho in mice using viral delivery or genetic manipulation has been shown to extend life by 20–30% (4-6).

The Klotho family consists of three members,  $\alpha$ -klotho (KLA),  $\beta$ -klotho (KLB), and  $\gamma$ -klotho. In addition to being closely associated with ageing-related diseases, such as chronic obstructive pulmonary disease and idiopathic pulmonary fibrosis, Klotho has been also shown to be related with the prognosis of variety types of cancers (7-10), with its expression potentially decreasing in cancer due to histone deacetylation and hypermethylation in the promoter region. This phenomenon has been observed in many types of tumors, including those of hepatocellular carcinoma (11), gastric carcinoma (12), and esophageal squamous cell carcinoma (13).

As one of the Klotho family members, KLB is a singlepass transmembrane protein composed of 1,043 amino acids. It was found to mainly express in liver (14,15), pancreas and adipose tissues, and has been shown to have more complex role in studies of various cancers. Ye and Lee (16,17) demonstrated KLB level to be significantly reduced in liver tissue fibrosis and to suppress tumor growth in hepatocellular carcinoma. Meanwhile, Liu (18) reported that KLB promoted the inhibitory function of metformin in endometrial adenocarcinoma, while it was further discovered that KLB suppresses the capacity of migration and invasion in cervical cancer cells (19). KLB has been studied to identify as a FGFR4 co-receptor, which is required for high affinity binding and activity of FGF19 in specific liver functions (20). FGF19 forms the FGF19-FGFR4-KLB complex to activate multiple downstream signaling pathways to exert its function dependent of KLB (21). Motylewska et al. (22) reported for the first time that KLB level was decreased in the thyroid cancer, but with the elevation of two other components of the FGF19/FGFR4/ KLB signaling pathway in these patients. The finding indicated that KLB may through dysfunction of FGF19/ FGFR4/KLB signaling pathway playing a role in thyroid cancer development. In contrast, Poh et al. (23) reported that KLB plays a tumorigenic role in hepatocellular carcinoma. Thus, KLB may be tumor suppressive or tumorigenic, depending on the cancer type. Regardless, the degree to which KLB plays a role in NSCLC has not been extensively investigated.

In this study, we observed the expression levels of KLB in the serum of NSCLC patients and A549, explored its clinical association with progression-free survival (PFS) and overall survival (OS), and evaluated its effects on cell function. Univariate and multivariate analyses were performed to evaluate prognostic values of this biomarker for patient survival.

Based on our findings, we posit that KLB may serve as a potential diagnostic biomarker for NSCLC.

We present the following article in accordance with the REMARK reporting checklist (available at http://dx.doi. org/10.21037/jtd-21-798).

### **Methods**

### Clinical data

A total of 50 NSCLC patients were pathologically or cytologically confirmed as IIIb or IV stages according to the eighth American Joint Committee on Cancer staging system and the Union for International Cancer Control tumor-node-metastasis (TNM) classification system. A total of 70 serum samples, including 50 from NSCLC patients and 20 from healthy individuals, were taken from the Affiliated Hospital of Nantong University between January 2019 and June 2020 prospectively. The 20 healthy individuals were aged 40–75 years and were recruited from the physical examination center, and were screened to exclude hypertension, diabetes, kidney disease, coronary heart disease, and other diseases. All procedures performed in this study involving human participants were in accordance with the Declaration of Helsinki (as revised

Table 1 The specific sequences of primers for K1-PCK			
Primer	Sequence (5' to 3')		
Human GAPDH	Forward primer: 5'-GGAGCTGACTTCGGAACTAAAGG-3'		
	Reverse primer: 5'-TGTGGTTTTCAGGGAGGCC-3'		
Human KLB	Forward primer: 5'-GCCATCATCGCACAAGAATCC-3'		
	Reverse primer: 5'-CTTACCTGTTTGCTCCTTTCAAGAG-3'		

Table 1 The specific sequences of primers for RT-PCR

RT-PCR, real-time polymerase chain reaction; KLB,  $\beta$ -klotho.

in 2013). All participants gave informed consent and agreed to participate in the study. The study was approved by the Institute Research Ethics Committee of Affiliated Hospital of Nantong University (No. 2018-L100).

### Treatment evaluations

Evaluation of the efficacy of treatment began at two cycles for chemotherapy or at 2 months after the initiation of drug administration for epidermal growth factor receptor tyrosine kinase inhibitors (EGFR-TKIs). Complete response (CR), partial response (PR), stable disease (SD), and progressive disease (PD), PFS, and OS were used for efficacy evaluation and as survival analysis indicators.

### Serum KLB measurement

The serum specimens were obtained from patients before and after treatment (two cycles for chemotherapy or 2 months of EGFR-TKI administration). After at least 8–10 hours of fasting, blood samples were collected within 24 hours. All serum samples were immediately frozen at -80 °C before laboratory testing. KLB levels were measured with a commercially available enzyme-linked immunosorbent assay (ELISA) kit (R&D Systems China, DY5889-05), according to the manufacturer's protocol.

### Cell culture

A549 cells and 16-human bronchial epithelial (HBE) cells (ScienCell Research Laboratories, Carlsbad, CA, USA) were cultured at 37 °C in a 95% air and 5%  $CO_2$  incubator in RPMI 1640 medium supplemented with 10% fetal bovine serum (FBS) and 1% penicillin/streptomycin.

### KLB plasmid overexpression

A549 were plated in 10% FBS without antibiotics. The

human KLB overexpression plasmid pcDNA3.1-3xflag-c (KLB-OE) was purchased from Talen-bio (Wuxi, China), and empty plasmid (KLB-EV) was used as the control. According to the manufacturer's instructions, the plasmids were transfected into cells using Lipofectamine<sup>TM</sup> 2000 (Invitrogen, USA) the next day to produce cells which had a higher KLB expression. The expression of KLB protein was measured by western blotting after 72 hours.

# *RNA extraction and quantitative real-time polymerase chain reaction (qRT-PCR)*

RNA was isolated from cultured cells using Trizol reagent (Invitrogen, Carlsbad, CA, USA) according to the manufacturer's protocol. Total RNA (1 µg) was used as a template for reverse transcription to complement DNA (cDNA) with PrimeScript Reverse Transcriptase (Takara, Kyoto, Japan). qRT-PCR was carried out by using SYBR qRCR premix (Takara, Kyoto, Japan). The primers (Invitrogen) used are presented in *Table 1*. The cycling parameters were as follows: predenaturation at 94 °C for 5 minutes, 30 cycles of denaturation at 94 °C for 30 seconds, annealing at 60 °C for 30 seconds, extension at 72 °C for 30 seconds, and a final extension at 72 °C for 10 minutes.

### Western blotting

Total proteins were extracted from cells by using RIPA lysis buffer containing protease inhibitors (Beyotime, China). Then, 20 g of protein was loaded onto 10% SDS-PAGE and transferred to polyvinylidene fluoride (PVDF) membranes (Millipore, Bedford, MA, USA). Anti-KLB antibodies (1:1,000; AF5889; R&D) and anti-GAPDH (1:1,000; 5174; Cell Signaling Technology, Danvers, MA, USA) were used as the primary antibodies. Incubation was conducted with the secondary horseradish peroxidase (HRP)-linked anti-Rabbit immunoglobin G (IgG) antibody (1:5,000; Bioworld, Shanghai, China) for 1 hour at 20 °C. After being rinsed with Tris-buffered saline with 0.1% Tween20, the blots were detected by an enhanced chemiluminescence (ECL) kit plus reagent (ECL, Thermo Fisher Scientific, Waltham, USA). GAPDH was used as the housekeeping gene for normalization.

### Cell proliferation analysis

Cell counting kit-8 (CCK-8 kit; Tongren, Shanghai, China) was used to assess cell viability. The KLB-EV and KLB-OE A549 cells were seeded on 96-well plates at a density of  $5 \times 10^3$  cells/well. The medium without cells containing CCK8 was the blank control. Each well was incubated with 10 µL of CCK-8 reagent for 2 hours at 37 °C. Absorbance was then measured at 450 nm with a microplate reader (Thermo Fisher Scientific).

### Cell cycle analysis

A single-cell suspension of  $2 \times 10^6$  cells/ml placed in ice-cold phosphate-buffered saline (PBS) was prepared from both KLB-EV and KLB-OE A549 cells, and then 70% ethanol were used for fixing at 4 °C for 12 hours. Subsequently, 500 µL PI/Triton X-100 solution was added into the cell suspensions for 15 minutes at 37 °C. Cell clumps were removed through a cell strainer (BD BioSciences, CA, USA) and the number of stained cells were assessed by BD Accuri Cytometry (BD BioSciences, Franklin Lakes, NJ, USA).

### Flow cytometry-based Annexin V/PI assay

The levels of cells apoptosis were measured by Annexin V/ PI double-staining in both KLB-EV and KLB-OE A549 cells. The cells were digested with 0.25% trypsin-EDTA and resuspended to a concentration of  $1\times10^6$  cells/mL in PBS. Next, 10 µL of Annexin V-FITC was added into suspended cells at room temperature for 15 minutes in the dark, after which 5 µL of propidium iodide solution was added into the cell suspensions. Cell analysis was measured by BD Accuri Cytometry (BD Biosciences).

### Statistical analysis

We divided participants into different groups according to the median value of baseline KLB levels, posttherapy KLB levels and difference KLB values in pre- and posttreatment, and evaluated the difference between pre- and posttreatment levels. Baseline information was compared using  $\chi^2$  tests. Cumulative rates of progression and death were calculated for different groups using the Kaplan-Meier method and were compared using the log-rank test. Unadjusted and adjusted hazards ratios (HRs) with 95% confidence intervals (CIs) were used for the association of baseline KLB levels, posttherapy KLB levels, their differences, and other confounding factors for progression and death were assessed by univariate and multivariate Cox proportional hazards models. Statistical analysis was conducted using GraphPad Prism software v.5.0 (GraphPad Software, Inc., San Diego, CA, USA). All statistical tests were two-tailed, and a P value <0.05 was considered statistically significant.

### Results

### Serum KLB levels were decreased in NSCLC

The serum levels of KLB in lung cancer patients and healthy individuals were analyzed. KLB serum levels in NSCLC patients were 324 (278.25–380) ng/ $\mu$ L, which was significantly lower than the 707.5 (689.75–805.25) ng/ $\mu$ L found in the control group.

# Correlation of serum KLB expression with clinicopathologic features by chi-square test

The median level of KLB, including baseline KLB, posttherapy KLB, and difference KLB values in pre- and posttreatment, was set as a cutoff point to divide cases into two groups: a high-level group and a low-level group (*Tables 2-4*). The correlation of serum KLB expression with clinicopathologic features was determined by chi-square test.

Those cases with *EGFR* mutations and treated with EGFR-TKIs had a high baseline serum KLB level (KLB >324 pg/mL; *Table 2*). A higher correlation was also observed between patients with EGFR mutations treated with EGFR-TKI and those with a high posttherapy KLB level (KLB >391 pg/mL; *Table 3*). In addition, Patient with high posttherapy KLB levels tended to be the male and the younger (<65 years) (*Table 3*).

The median level of KLB difference was 55 pg/mL (*Table 4*). A significant increase in KLB difference level was found in male patients after treatment (*Table 4*); however, age, pathology, TNM stage, smoking status, Eastern Cooperative Oncology Group performance status (ECOG PS), treatment, and *EFGR* mutation type were not significantly associated with a difference in KLB level.

The pathologies of adenocarcinoma and squamous types

Table 2 Correlation of baseline	e KLB expression	with clinicopath	ologic features
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Variables	Baseline KBL ≤324 pg/mL	Baseline KLB >324 pg/mL	P value	
Numbers	25	25		
Gender, n (%)			0.39	
Male	13 (52.0)	16 (64.0)		
Female	12 (48.0)	9 (36.0)		
Age (year), n (%)			0.56	
<65	16 (64.0)	14 (56.0)		
≥65	9 (36.0)	11 (44.0)		
Pathology, n (%)			0.16	
Adenocarcinoma	18 (72.0)	22 (88.0)		
Squamous	7 (28.0)	3 (12.0)		
TNM, n (%)			0.51	
IIIb	7 (28.0)	5 (20.0)		
IV	18 (72.0)	20 (80.0)		
Smoking, n (%)			0.57	
Nonsmoker	12 (48.0)	14 (56.0)		
Smoker	13 (52.0)	11 (44.0)		
ECOG PS, n (%)			0.73	
0	22 (88.0)	20 (80.0)		
1	2 (8.0)	3 (12.0)		
2	1 (4.0)	2 (8.0)		
Treatment, n (%)			<0.0001	
Chemotherapy	21 (84.0)	6 (24.0)		
EGFR-TKI	4 (16.0)	19 (76.0)		
EFGR type, n (%)			<0.0001	
Unmeasured	9 (36.0)	3 (12.0)		
Wild-type	12 (48.0)	3 (12.0)		
Mutation	4 (16.0)	19 (76.0)		

KLB, β-klotho; TNM, tumor-node-metastasis; ECOG PS, Eastern Cooperative Oncology Group performance status; EGFR-TKI, epidermal growth factor receptor tyrosine kinase inhibitor.

were found to not be significantly associated with any of baseline KLB, posttherapy KLB, and difference KLB levels (*Tables 2-4*).

# Characterization of serum KLB expression and its relevance with survival prognosis of NSCLC

To assess the value of KLB for prognosis in NSCLC, we analyzed the relationship between serum KLB expression

and survival outcomes. The median PFS and OS of the 50 patients were 9 (range, 6–13) and 16.5 (range, 12–20) months, respectively. As shown in *Table 5*, higher KLB levels at baseline, posttherapy, and their difference were significantly and negatively associated with shorter PFS and OS.

Moreover, those patients with adenocarcinoma, *EGFR* mutations and treated with EGFR-TKIs had better survival outcomes.

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Table 3 Correlation of posttherapy KLB expression with clinicopathologic features

Variables	Posttherapy KBL ≤391 pg/mL	Posttherapy KLB >391 pg/mL	P value	
Numbers	26	24		
Gender, n (%)			0.019	
Male	11 (42.3)	18 (75.0)		
Female	15 (57.7)	6 (25.0)		
Age (year), n (%)			0.0495	
<65	19 (73.1)	11 (45.8)		
≥65	7 (26.9)	13 (54.2)		
Pathology, n (%)			0.2	
Adenocarcinoma	19 (73.1)	21 (87.5)		
Squamous	7 (26.9)	3 (12.5)		
TNM, n (%)			0.24	
lllb	8 (30.8)	4 (16.7)		
IV	18 (69.2)	20 (83.3)		
Smoking, n (%)			0.16	
Nonsmoker	16 (61.5)	10 (41.7)		
Smoker	10 (38.5)	14 (58.3)		
ECOG PS, n (%)			0.76	
0	22 (84.6)	20 (83.3)		
1	2 (7.7)	3 (12.5)		
2	2 (7.7)	1 (4.2)		
Treatment, n (%)			0.0048	
Chemotherapy	19 (73.1)	8 (33.3)		
EGFR-TKI	7 (26.9)	16 (66.7)		
EFGR type, n (%)			0.0178	
Unmeasured	8 (30.8)	4 (16.7)		
Wild-type	11 (42.3)	4 (16.7)		
Mutation	7 (26.9)	16 (66.6)		

KLB, β-klotho; TNM, tumor-node-metastasis; ECOG PS, Eastern Cooperative Oncology Group performance status; EGFR-TKI, epidermal growth factor receptor tyrosine kinase inhibitor.

# Kaplan-Meier analysis of the association of serum KLB expression level with PFS and OS in NSCLC

Results of the Kaplan-Meier analysis of serum expression level of KLB in relation to the PFS and OS of NSCLC patients is shown in *Figure 1*.

We found that higher KLB levels at baseline, post therapy, and a larger differential value correlated with longer PFS and OS compared with lower KLB levels in NSCLC.

### Multivariate analysis of prognostic factors with PFS and OS

The prognostic capacity of serum KLB expression on survival was evaluated with multivariate analysis. As summarized in *Table 6*, the multivariate analysis revealed

Table 4 Correlation of difference in KLB expression	on with clinicopathologic features
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Variables	KLB difference ≤55 pg/mL	KLB difference >55 pg/mL	P value	
Numbers	27	23		
Gender, n (%)			0.035	
Male	12 (44.4)	17 (73.9)		
Female	15 (55.6)	6 (26.1)		
Age (year), n (%)			0.1	
<65	19 (70.4)	11 (47.8)		
≥65	8 (29.6)	12 (52.2)		
Pathology, n (%)			0.25	
Adenocarcinoma	20 (74.1)	20 (87.0)		
Squamous	7 (25.9)	3 (13.0)		
TNM, n (%)			0.75	
IIIb	6 (22.2)	6 (26.1)		
IV	21 (77.8)	17 (73.9)		
Smoking, n (%)			0.093	
Nonsmoker	17 (63.0)	9 (39.1)		
Smoker	10 (37.0)	14 (60.9)		
ECOG PS, n (%)			0.85	
0	22 (81.5)	20 (87.0)		
1	3 (11.1)	2 (8.7)		
2	2 (7.4)	1 (4.3)		
Treatment, n (%)			0.17	
Chemotherapy	17 (63.0)	10 (43.5)		
EGFR-TKI	10 (37.0)	13 (56.5)		
EFGR type, n (%)			0.19	
Unmeasured	6 (22.2)	6 (26.1)		
Wild-type	11 (40.8)	4 (17.4)		
Mutation	10 (37.0)	13 (56.5)		

KLB, β-klotho; TNM, tumor-node-metastasis; ECOG PS, Eastern Cooperative Oncology Group performance status; EGFR-TKI, epidermal growth factor receptor tyrosine kinase inhibitor.

that baseline and posttherapy KLB expression levels were independent prognostic factors for both PFS and OS. Those patients with a higher differential value of KLB before and after treatment exhibited a significantly longer PFS, but this showed no association with OS.

## KLB was decreased in A549 cells compared with 16HBE cells, and overexpression KLB by plasmid transfection led to increased KLB expression in A549 cells

KLB expression in NSCLC cells was assessed. Compared with 16HBE cells, expression levels of KLB were decreased

Verielelee	PFS			OS		
Variables –	P value	HR	95% CI	P value	HR	95% CI
Age (>65 <i>vs.</i> ≤65)	0.6732	0.875	0.470-1.629	0.5427	0.780	0.351–1.734
Sex (male vs. female)	0.7429	1.109	0.598–2.054	0.3962	1.419	0.632–3.188
Pathology (adenocarcinoma <i>vs.</i> squamous)	0.0044	3.443	1.471-8.059	0.0402	2.660	1.045–6.777
TNM	0.8318	1.081	0.5274-2.219	0.4295	1.489	0.555–3.999
Smoking	0.2516	1.441	0.772–2.689	0.4772	1.331	0.605–2.926
ECOG	0.2618	0.702	0.379–1.302	0.9954	0.998	0.499–1.994
Treatment (TKI vs. chemotherapy)	<0.0001	0.064	0.020-0.201	0.0002	0.151	0.055-0.410
EGFR (+)	<0.0001	0.070	0.021-0.238	0.0005	0.153	0.053–0.439
KLB baseline	<0.0001	0.079	0.028-0.222	< 0.0001	0.160	0.064-0.401
KLB posttherapy	0.0010	0.303	0.149–0.617	0.0304	0.403	0.177-0.917
KLB difference	<0.0001	0.070	0.021-0.238	0.0005	0.153	0.053-0.439

Table 5 Univariate analyses of factors associated with survival outcomes

PFS, progression-free survival; OS, overall survival; HR, hazards ratio; Cl, confidence interval; TNM, tumor-node-metastasis; ECOG, Eastern Cooperative Oncology Group; TKI, tyrosine kinase inhibitor; EGFR, epidermal growth factor receptor; KLB, β-klotho.

### in A549 cells (Figure 2A,B).

Since KLB expression was inversely correlated with NSCLC progression, we further examined the function of KLB in NSCLC cells. After KLB-OE was transfected into A549, KLB expression levels were determined by western blotting. The KLB protein level was significantly higher in the KLB-OE group than in the KLB-EV control group (*Figure 2C*).

### Overexpression of KLB induced G1-to-S phase arrest and led to the apoptosis and weakened viability of A549 cells

The proliferative effect of KLB was then evaluated. Overexpression of KLB in A549 cells was accompanied by an increase in the proportion of cells in G0/G1 stage and a decrease in the proportion of cells in S stage (*Figure 3A*). This indicated that the higher expression level of KLB induced G1-to-S phase arrest of NSCLC cells. Flow cytometry assay was then conducted to evaluate whether KLB could induce apoptosis in A549 cells. Overexpression of KLB in A549 cells markedly increased the levels of apoptosis in both the early and late stages (*Figure 3B*). These results demonstrated that KLB inhibition of cell proliferation was associated with G1-to-S phase arrest and an induction of apoptosis. Moreover, KLB overexpression resulted in a significant inhibition of cell viability (*Figure 3C*).

### Discussion

In China, the mortality and morbidity of lung cancer ranks top among all cancer types in both males and females (24). The incidence of lung cancer has gradually risen in China with the rapid intensification of industrialization and environmental pollution (25,26).

Therefore, it has become necessary to clarify the molecular mechanism underlying the occurrence of NSCLC and to identify markers for NSCLC and gene therapy. We thus aimed to investigate the functional role of KLB in NSCLC, and assess the value of KLB in acting as a new target for diagnosis and treatment.

In this study, we found that KLB serum levels were significantly lower in NSCLC patients than in healthy controls. Consistent with our clinical findings, decreased KLB expression levels were also detected in the A549 human lung cancer cell line compared with 16HBE cells *in vitro*. These data demonstrate that KLB expression level is decreased in NSCLC.

We then analyzed the correlation of baseline serum KLB expression with clinicopathologic features and its prognostic value for NSCLC survival. Higher KLB serum levels were observed in those who had *EGFR* mutations and who were treated with EGFR-TKIs, while lower levels of baseline KLB were associated with shorter PFS and OS. Multivariate



Figure 1 Kaplan-Meier analysis of serum expression level of KLB on PFS and OS in NSCLC patients. (A) KLB level at baseline was associated with PFS and OS; (B) difference in KLB level was correlated with PFS and OS; (C) posttherapy KLB level was associated with PFS and OS. KLB,  $\beta$ -klotho; PFS, progression-free survival; OS, overall survival; NSCLC, non-small cell lung cancer.

0.146-1.234

0.424

Table 6 Multivariate analyse	es of the association be	tween KLB and	PFS and OS				
KLB level		PFS			OS		
	P value	HR	95% CI	P value	HR	95% CI	
KLB baseline	0.0051	0.151	0.040-0.567	0.0045	0.106	0.022-0.505	
KLB post therapy	0.0003	0.131	0.044-0.390	0.0033	0.135	0.035-0.514	

0.076-0.536

0.1154

0.0013

KLB, β-klotho; PFS, progression-free survival; OS, overall survival; HR, hazards ratio; CI, confidence interval.

0.202



Figure 2 KLB was decreased in A549 cells compared with 16HBE cells, and overexpression of KLB by plasmid transfection led to an increase in KLB expression in A549 cells. (A) KLB protein levels were decreased in A549 compared with 16HBE cells; (B) KLB mRNA expression was decreased in A549 compared with 16HBE cells; (C) transfection with KLB-OE or KLB-EV in A549 cells. Overexpression of KLB protein in A549 cells was revealed by western blotting. \*, P<0.05; \*\*, P<0.01; \*\*\*, P<0.001. KLB, β-klotho; HBE, human bronchial epithelial.

analysis also identified baseline KLB expression as an independent prognostic factor for both PFS and OS. These results are consistent with other recent studies (27,28). Therefore, it is highly likely that KLB contributes to tumor inhibition in NSCLC.

As KLB expression was found to be inversely associated with NSCLC progression, we then investigated the functional effects of KLB on NSCLC cells. Luo found that KLB could induce apoptosis in prostate cancer cells (29).

The overexpression of KLB by plasmid transfection in A549 cells further demonstrated an antitumor effect. Overexpression of KLB induced the G1-to-S phase arrest of NSCLC cells and promoted apoptosis in both the early and late stages, which is in line with the findings of Luo et al. (29,30). Moreover, KLB overexpression led to a significant inhibition of cell viability.

However, no studies have yet examined the effect of cancer treatment on KLB expression level and its relevance

**KLB** difference



Figure 3 KLB overexpression induced G1-to-S phase arrest, and led to the apoptosis and weakened viability of A549 cells. (A) Representative histograms of cell cycle of A549 transfected with KLB-OE or KLB-EV; (B) in A549, Annexin V/PI assays were performed to assess apoptosis; (C) CCK-8 assay to detect the effect of KLB overexpression on cell viability in A549. Data were collected from three independent experiments. \*, P<0.05; \*\*\*, P<0.001. KLB,  $\beta$ -klotho; CCK-8, cell counting kit-8.

to prognosis. We thus further observed the changes in KLB levels after treatment with EGFR-TKI or two cycles of chemotherapy. We showed for the first time that the higher correlation were observed between EGFR mutations, treated with EGFR-TKI and post-treatment KLB level. Univariate analyses indicated that a higher posttreatment KLB level after successful treatment of NSCLC may lead to better survival outcome. The posttherapy KLB level may also be an independent prediction factor for better PFS and OS: the higher the difference between pre- and post-KLB level, the better the survival prognosis. Those patients with a higher differential KLB value exhibited a significantly longer PFS. Therefore, higher posttreatment KLB, and higher differential KLB levels were associated with better NSCLC survival prognosis as well as higher baseline KLB. These findings are in accordance with the view that KLB serves as a tumor suppressor (31).

The mechanism of KLB tumor suppressive effect seems to be complicated. The FGF19/FGFR4/KLB axis presents a key role in the progression of many cancer types. The inhibition of KLB-mediated FGF19 signaling leads to a cell proliferation reduction in colorectal carcinoma through the ERK and  $\beta$ -catenin pathways inhibition (32). It was also reported that KLB in partnership with FGFR4 inhibited tumor cell proliferation and induced apoptosis in liver cancer, which was related with suppression of the AKT and mTOR pathways (33). Thus, more experiments should be pursued to assess the role of KLB and FGF19/FGFR4 activation in cancer development.

This current study has several limitations. The underlying molecular mechanism of the tumor-suppressing effect of KLB is not well understood. KLB may inhibit cancer via the AKT and mTOR pathways (29), FGFR signaling (34), or via IGF1 signaling pathway (35), but this should be more intensively examined in future research. In the over-expression of KLB, a normal control group should be added. And a KLB knockdown group also needed to observe KLB function. It will be more convincing to test the function of KLB in NSCLC cells by using animal xenograft. We will do more work about it next. Furthermore, whether KLB can serve as an index for survival in NSCLC patients needs to be verified in future studies with a greater sample size.

In conclusion, KLB plays a tumor suppressive role in NSCLC. The KLB expression levels, including those after treatment, may help determine the outcome of patient survival. KLB may potentially serve as a valuable diagnostic and prognostic role in NSCLC care.

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### Footnote

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*Ethical Statement:* The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. All procedures performed in this study involving human participants were in accordance with the Declaration of Helsinki (as revised in 2013). All participants gave informed consent and agreed to participate in the study. The study was approved by the Institute Research Ethics Committee of Affiliated Hospital of Nantong University (No. 2018-L100).

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