

## Narrative Review Checklist

Section/Topic	Item No	Item	Reported on Page Number/Line Number	Reported on Section/Paragraph
<b>TITLE</b>				
Title	1	Identify the report as a Narrative Review of ...	1 / 1,2	Title / 1
<b>ABSTRACT</b>				
Unstructured summary	2	Provide an unstructured summary including, as applicable: background, objective, brief summary of narrative review and implications for future research, and clinical practice or policy development.	1 / 6-23	Abstract / 1
<b>INTRODUCTION</b>				
Rationale/background	3	Describe the rationale for the review in the context of what is already known.	2 / 30-62	Introduction / 2,3
Objectives	4	Specify the key question(s) identified for the review topic.	3 / 63-70	Introduction / 4
<b>METHODS</b>				
Research selection	5	Specify the process for identifying the literature search (eg, years considered, language, publication status, study design, and databases of coverage).	3 / 73-78	Methods / 5
<b>DISCUSSION/SUMMARY</b>				
Narrative	6	Discuss: 1) research reviewed including fundamental or key findings, 2) limitations and/or quality of research reviewed, and 3) need for future research.	3-12 / 82-374	Discussion / 6-32
Summary	7	Provide an overall interpretation of the narrative review in the context of clinical practice and/or the Nutrition Care Process for registered dietitian nutritionists, clinical practice for other health professionals, policy development and implementation, or future research.	12,13 / 377-388	Summary / 33

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\*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.