

# Main pulmonary artery enlargement predicts 90-day readmissions in Chinese COPD patients

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**Background:** Numerous studies have shown pulmonary artery enlargement when measured by chest computed tomography (CT) could predict a worse outcome in chronic obstructive pulmonary disease (COPD) patients. Herein, we studied the prognostic implication of main pulmonary artery diameter (MPAD) in Chinese COPD patients.

**Methods:** This is an observational case-control study. Patients with 90-day readmissions are case group and those without 90-day readmission are control group. The study comprised of 417 COPD patients who underwent chest CT in their initial admission due to acute exacerbation of COPD (AECOPD). We analyzed their clinical characteristics such as MPAD, arterial blood gas (ABG) results, other chest CT findings and comorbidities to identify the cause of readmission within 90 days.

**Results:** Median age of our study population is 75 years old, and 79.6% of them are male. The median MPAD is 2.8 cm and 80.6% were also diagnosed with community acquired pneumonia (CAP) in their first admission. The median MPAD in patients with 90-day readmission was 3.1 cm while patients without 90-day readmission had median MPAD of 2.8 cm. Through multivariate logistic regression analysis CAP (P=0.019, OR: 3.105, 95% CI: 1.203–8.019) and MPAD (P<0.001, OR: 2.898, 95% CI: 1.824–4.605) were statistically significant. In the second stage of analysis, subgroup of patients diagnosed with CAP and AECOPD (pAECOPD) were analyzed, MPAD remained statistically significant (P<0.001, OR: 3.490, 95% CI: 1.929–6.316) and receiver operative characteristic (ROC) curve for pAECOPD patients; area under the curve (AUC) was 0.704 (95% CI: 0.631–0.778) with a MPAD cut off value of 2.9 cm (sensitivity 72%, specificity 53%).

**Conclusions:** Enlarged MPAD and pAECOPD in initial admission are independent risk factors for 90-day readmission. In our pAECOPD patient population, MPAD >2.9 cm are at increased risk of 90-day readmission.

**Keywords:** Chronic obstructive pulmonary disease (COPD); pneumonia; main pulmonary artery diameter (MPAD); main pulmonary artery enlargement

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### Introduction

Chronic obstructive pulmonary disease (COPD) is a common, preventable, and treatable disease characterized by persistent respiratory symptoms and airflow limitations (1). It is very frequently complicated by pulmonary hypertension (PHT). Although hypoxia plays a pivotal role, other mechanisms such as acidemia, dynamic pulmonary hyperinflation, parenchymal destruction, pulmonary vascular remodeling, endothelial dysfunction and inflammation also contribute in the pathogenesis of PHT in COPD patients (2-4). These factors are believed to be interdependent and are modulated by genetic factors and maybe confounded by left heart failure, sleep disordered breathing and pulmonary thromboembolism (4). Prevalence of PHT in COPD ranges from 23–90%, depending on the selection of patients and diagnostic criteria (5-8).

PHT must be diagnosed and managed in a timely manner as it can accelerate loss of lung function, increase the risk of exacerbations and death (9-11). The gold standard diagnostic test for PHT is right heart catheterization (RHC), mean pulmonary artery pressure (mPAP) of  $\geq$ 20 mmHg at rest as per the Sixth World Symposium on Pulmonary Hypertension in 2018 (12). Considering the invasive nature of RHC and the complications related to it (hematoma and pneumothorax related to venous access, arrhythmias and episodes of hypotension due to vagal reaction and pulmonary vasoreactivity testing) (2), currently most hospitals and patients in our province resort to other noninvasive means, mainly Doppler echocardiography, to aid in the diagnosis and in the follow up thereafter.

In the past decade, other non-invasive modalities such as chest CT have been extensively studied around the world. Main pulmonary artery diameter (MPAD) enlargement has been proven to correlate with invasive measurements of mPAP obtained by RHC (13-31). Moreover, pulmonary artery enlargement is associated with increased risk of exacerbations of COPD (17,30,32,33) and this particular phenomenon has not been studied thoroughly.

The aim of our study is to find the cut-off point above which risk of exacerbations is markedly increased in our COPD patients diagnosed MPAD through CT measurements. We hope this study will serve as a useful tool for physicians to lower the threshold for conducting further related tests in aiding the early diagnosis, and encourage early management of PHT in our COPD patients, which in turn will drastically change the course of the disease.

We present the following article in accordance with the

STROBE reporting checklist (available at https://dx.doi. org/10.21037/jtd-21-344).

#### Methods

This is a retrospective observational case-control study. We analyzed the data of 417 COPD patients from their first hospitalization in the Department of Pulmonary and Critical Care Medicine, The Third Affiliated Hospital of Sun Yat-sen University during the period of January 2007 to July 2015. The case group consist of the COPD patients who were readmitted in our department for the treatment of acute exacerbation of COPD (AECOPD) within 90 days from their discharge day of the first admission and the control group were those who were not readmitted within 90 days from their discharge day of the first admission. Inclusion criteria are as follows: a resident of Guangdong Province, Han Chinese, age above 40, previously diagnosed as COPD through spirometry: post bronchodilator ratio of forced expiratory volume in 1 second to forced vital capacity (FEV<sub>1</sub>/FVC) <0.7, first admission and the readmission in 90 days (if applicable) must be for management of the AECOPD, availability of Chest CT data from their first admission, arterial blood gas (ABG) data from the first day of their first admission and data regarding comorbidities such as hypertension, congestive heart failure and interstitial pneumonia.

Community acquired pneumonia (CAP) was diagnosed according to clinical practice guidelines by the Chinese Thoracic Society, Chinese Medical Association. The diagnostic criteria are as follows: (I) onset in community. (II) Relevant clinical manifestations of pneumonia: (i) new onset of cough or expectoration, or aggravation of existing symptoms of respiratory tract diseases, with or without purulent sputum, chest pain, dyspnea, or hemoptysis; (ii) fever; (iii) signs of pulmonary consolidation and/or moist rales; (iv) peripheral white blood cell count (WBC)  $>10\times10^{\circ}$  /L or  $<4\times10^{\circ}$ /L, with or without a left shift. (III) Chest radiograph showing new patchy infiltrates, lobar or segmental consolidation, ground-glass opacities, or interstitial changes, with or without pleural effusion. Clinical diagnosis can be established if a patient satisfies Criterion I, Criterion III and any one condition of Criterion II and meanwhile, tuberculosis, pulmonary tumor, noninfectious interstitial lung disease, pulmonary edema, atelectasis, pulmonary embolism, pulmonary eosinophilia and pulmonary vasculitis are all excluded. Although the criteria quoted by the Chinese medical association quoted

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Figure 1 The MPAD was measured on axial plane at the tubular site, widest diameter perpendicular to the short axis of pulmonary artery. MPAD, main pulmonary artery diameter.

chest radiograph abnormalities, in this study chest CT was used to aid in the diagnosis.

Patients' demographic data, number of hospitalization days, ABG analysis results from the first day of first admission in our hospital, presence of comorbidities such as hypertension, congestive heart failure, interstitial pneumonia and data from the contrast or non-contrast chest CT such as pulmonary artery diameter, interstitial pneumonic changes and characteristic pneumonic changes from the first hospitalization were analyzed to predict worse prognosis, i.e., a particular patient being readmitted within 90 days. Exacerbation was defined as aggravation of at least one-third respiratory symptoms (dyspnea, cough, or sputum purulence) that require hospitalization and 90-day readmission defined as rehospitalization within 90-day from the day of discharge of the first admission (both admissions must be for the management of AECOPD).

Chest CT in our study was performed on patients during their first admissions within the first three days, patient in supine position and images taken in inspiration were used in this study. Two pulmonologists independently measured the MPAD and average of it was used in this study. The MPAD was measured on axial plane at the tubular site, widest diameter perpendicular to the short axis of pulmonary artery (*Figure 1*). Moreover, the interobserver reliability was assessed by calculating intraclass correlation coefficients (ICCs). Other data of significant pneumonic changes and interstitial pneumonic changes were also noted down. We were only able to retrieve height and weight of 96 patients from our records and mean and standard deviation of body mass index (BMI) and body surface area (BSA) were calculated from these data. All data stated above was retrieved from medical case record database software (His software) in our hospital. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study was reviewed and approved by the Medical Ethics Committee of the Third Affiliated Hospital of Sun Yat-sen University {[2020]-02-186-01}. The need for patient consent was waived as the study was retrospective in nature and no invasive procedures were conducted as part of this study.

The statistical analysis was done in IBM SPSS ver25.0 software. We began analyzing our baseline data and clinical characteristics with Mann Whitney U test for continuous variables (as they did not follow normal distribution, median and interquartile range were used to describe them) and chisquare test for categorical variables(percentages were used for description), then proceeding onto univariate logistic regression, those variables with P value of less than 0.25 was further analyzed using the multivariate logistic regression technique with backward logistic regression option. In all analysis, P value of less than 0.05 is considered to be statistically significant. Our first stage of analysis included all AECOPD patients (who were also diagnosed with or without CAP). Second stage of analysis only included AECOPD patients who were also diagnosed with CAP (pAECOPD) and our third stage of analysis only included AECOPD patients without CAP (npAECOPD). Finally, a receiver operative characteristic (ROC) curve was plotted in order to declare the cutoff point of MPAD above which our patients are at increased risk of 90-day readmissions with AECOPD.

#### Results

The median age of our study population is 75 years old, and 79.6% of them are male. The median MPAD is 2.8 cm and 80.6% were also diagnosed with CAP in their first admission. *Table 1* shows baseline characteristics of all AECOPD patients in our study. The median MPAD in patients with 90-day readmission was 3.1 cm while patients without 90-day readmission had median MPAD of 2.8 cm. Among the 62 patients with readmissions, 57 (92.0%) of them had also been diagnosed with CAP. *Table 2* presents baseline characteristics when pAECOPD and npAECOPD patients were separately analyzed to assess the bivariate association with 90-day readmission. The median MPAD among the pAECOPD patients 2.9 cm while it was 2.7 cm in npAECOPD group. For all the MPAD measurements performed by both pulmonologists, inter-rater reliability

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Variables	Total (n=417)	90-day readmission (n=62)	Non-90-day readmission (n=355)	P value
Sex, n (%)				0.902
Male	332 (79.6)	49 (79.0)	283 (79.7)	
Female	85 (20.4)	13 (21.0)	72 (20.3)	
Age	75 [12]	75 [8]	75 [12]	0.192
No. of hospitalization days	11 [8]	12 [11]	11 [8]	0.062
Hypertension, n (%)	185 (44.4)	29 (46.8)	156 (43.9)	0.679
Interstitial pneumonia, n (%)	10 (2.4)	2 (3.2)	8 (2.3)	0.649
CAP, n (%)	336 (80.6)	57 (91.9)	279 (78.6)	0.014
Congestive heart failure, n (%)	64 (15.3)	14 (22.6)	50 (14.1)	0.087
PaCO <sub>2</sub>	45.0 [13.8]	44.8 [15]	45.1 [13.5]	0.952
рН	7.415 [0.063]	7.417 [0.067]	7.414 [0.061]	0.847
MPAD	2.8 [0.7]	3.1 [0.75]	2.8 [0.6]	<0.001

Table 1 Baseline data and clinical characteristics

CAP, community acquired pneumonia; MPAD, main pulmonary artery diameter.

Table 2 Baseline data and clinical characteristics of pAECOPD and npAECOPD patients

Variables	pAECOPD		npAECOPD	
variables	N=336	P value	N=81	P value
Sex, n (%)		0.987		0.871
Male	265 (78.9)		67 (82.7)	
Female	71 (21.1)		14 (17.3)	
Age	75.5 [12]	0.331	73 [12]	0.543
No. of hospitalization days	11 [8]	0.147	10 [7]	0.608
Hypertension, n (%)	146 (43.5)	0.513	39 (48.1)	0.705
Interstitial pneumonia, n (%)	5 (1.5)	0.859	5 (6.2)	0.275
Congestive heart failure, n (%)	51 (15.2)	0.078	13 (16.0)	0.869
PaCO <sub>2</sub>	45.0 [13.9]	0.820	44.6 [13.6]	0.326
рН	7.413 [0.063]	0.575	7.421 [0.058]	0.556
MPAD	2.9 [0.7]	<0.001	2.7 [0.65]	0.798

pAECOPD, diagnosed CAP and AECOPD; npAECOPD, diagnosed only AECOPD; MPAD, main pulmonary artery diameter; CAP, community acquired pneumonia; AECOPD, acute exacerbation of chronic obstructive pulmonary disease.

was assessed by calculating ICCs which suggested very strong correlation with an ICCs of 0.99. In regard to height and weight of the study population, only records of 96 out of the 417 patients included in our study were retrievable from our database. Mean BMI and BSA of our study group are  $20.10\pm3.19 \text{ kg/m}^2$  and  $1.54\pm0.17 \text{ m}^2$ .

Univariate and multivariate logistic regression analysis were done thrice in this study to identify the independent risk factors for 90-day readmission in different subgroup of population in our study. First stage analysis, all AECOPD patients (*Tables 3,4*), second stage analysis, only pAECOPD patients (*Tables 5,6*) and third stage analysis, npAECOPD

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Variables	P value	OR	95% CI
Sex	0.902	0.959	0.494–1.863
Age	0.091	1.027	0.996-1.060
No. of hospitalization days	0.596	1.005	0.987-1.024
Hypertension	0.679	1.121	0.653-1.926
Interstitial pneumonia	0.646	1.446	0.300-6.974
САР	0.019	3.105	1.203-8.019
Congestive heart failure	0.090	1.779	0.914–3.464
PaCO <sub>2</sub>	0.153	1.015	0.995–1.035
рН	0.265	0.095	0.002–5.945
MPAD	<0.001	2.898	1.824–4.605

AECOPD, acute exacerbation of chronic obstructive pulmonary disease; CAP, community acquired pneumonia; MPAD, main pulmonary artery diameter.

Table 4 Multivariate regression analysis of all AECOPD patients

Variables	P value	OR	95% CI
MPAD	<0.001	2.945	1.808–4.798
CAP	0.037	2.819	1.063–7.474
Congestive heart failure	0.179	1.617	0.802–3.261
Age	0.208	1.022	0.988-1.057
PaCO <sub>2</sub>	0.206	1.013	0.993–1.034

AECOPD, acute exacerbation of chronic obstructive pulmonary disease; MPAD, main pulmonary artery diameter; CAP, community acquired pneumonia.

Table 5 Univariate logistic regression of pAECOPD patients

Variables	P value	OR	95% CI
Sex	0.987	1.006	0.500-2.022
Age	0.150	1.024	0.991-1.059
No. of hospitalization days	0.764	1.003	0.984-1.022
Hypertension	0.513	1.210	0.683–2.143
Interstitial pneumonia	0.856	1.228	0.135–11.192
Congestive heart failure	0.082	0.082	0.924–3.800
PaCO <sub>2</sub>	0.315	1.011	0.990-1.032
рН	0.585	0.294	0.004-23.680
MPAD	<0.001	3.498	1.939–6.311

pAECOPD, diagnosed CAP and AECOPD; MPAD, main pulmonary artery diameter; CAP, community acquired pneumonia; AECOPD, acute exacerbation of chronic obstructive pulmonary disease.

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Variables	P value	OR	95% CI	
MPAD	<0.001	3.490	1.939–6.316	
Age	0.197	1.024	0.988–1.06	
Congestive heart failure	0.179	1.664	0.792–3.494	

Table 6 Multivariate logistic regression of pAECOPD patients

pAECOPD, diagnosed CAP and AECOPD; MPAD, main pulmonary artery diameter; CAP, community acquired pneumonia; AECOPD, acute exacerbation of chronic obstructive pulmonary disease.

Table 7 Univariate regression of nPAECOPD patients

Variables	P value	OR	95% CI
Sex	0.868	0.825	0.085–7.999
Age	0.654	1.025	0.921-1.140
No. of hospitalization days	0.998	1.000	0.889–1.126
Hypertension	0.708	0.703	0.111-4.446
Interstitial pneumonia	0.222	4.500	0.404–50.180
Congestive heart failure	0.804	1.333	0.137-12.989
PaCO <sub>2</sub>	0.156	1.050	0.981-1.123
рН	0.148	<0.001	0.001–35.623
MPAD	0.973	0.972	0.193–4.899

npAECOPD, diagnosed only AECOPD; MPAD, main pulmonary artery diameter; CAP, community acquired pneumonia; AECOPD, acute exacerbation of chronic obstructive pulmonary disease.

#### Table 8 Multiple regression of nPAECOPD patients

Variables	P value	OR	95% CI
PaCO <sub>2</sub>	0.458	1.030	0.953–1.112
Interstitial pneumonia	0.092	10.025	0.685–146.630
рН	0.074	<0.001	0.001–3.513

npAECOPD, diagnosed only AECOPD; CAP, community acquired pneumonia; AECOPD, acute exacerbation of chronic obstructive pulmonary disease.

patients (*Tables 7,8*). During the first stage analysis, through multiple regression analysis, we were able to establish that CAP (P=0.019, OR: 3.105, 95% CI: 1.203–8.019) and MPAD (P<0.001, OR: 2.898, 95% CI: 1.824–4.605) are independent risk factors for 90-day readmission. In the second stage of analysis, multivariate logistic regression showed MPAD (P<0.001, OR: 3.490, 95% CI: 1.929–6.316) was statistically significant. In the third stage of analysis, univariate logistic regression results were PaCO<sub>2</sub>, interstitial pneumonia and pH had P<0.25 but when multivariate regression was done none of the variables were statistically

significant. We plotted a ROC curve for pAECOPD patients; area under the curve (AUC) was 0.704 (95% CI: 0.631–0.778) with a MPAD cut off value of 2.9 cm (sensitivity 72%, specificity 53%).

#### **Discussion**

Through our study we were able to establish that existence of concomitant diagnosis of CAP and main pulmonary artery enlargement in initial admission are independent risk factors for readmission within 90 days among our AECOPD patients. Among our pAECOPD patients, MPAD >2.9 cm can predict a 90-day readmission with a sensitivity of 72% and a specificity of 53%.

Three hundred and thirty-six out of 417 (80.6%) of our overall study population and 57 out of 62 (91.9%) cases who had 90-day readmission were diagnosed with CAP in their initial hospitalization. This is one of the reasons why we designed our study to analyze pAECOPD (stage 2 analysis) and npAECOPD (stage 3 analysis) patient subgroups separately to avoid bias in our study. We believe the high rate of CAP among our AECOPD patients is mainly due the following reasons. Firstly, Guangdong Province is an industrial area with tens of thousands of factories and this has led to air pollution which is far more severe than the developed countries. A study by Steer et al. in the United Kingdom showed that among his AECOPD patients, only 32.5% had a concomitant diagnosis of CAP by chest radiograph (34). Moreover, in a study by Claessens et al., 33% of their patients who did not have parenchymal infiltrates in chest radiograph, had chest CT parenchymal infiltrates (35). In our study, all our patients had undergone chest CT which is more sensitive and specific in identifying pneumonic infiltrates which also explains for the higher proportion of pAECOPD patients.

There have been contradictory study results regarding readmission rates of pAECOPD and npAECOPD subgroups. Some researchers have concluded that pAECOPD cause less readmissions (36) while others have concluded there is no difference in readmission rates between pAECOPD and npAECOPD patients (37). Meanwhile, in our study population, evidence suggests that patients diagnosed pAECOPD in initial admission is an important risk factor for 90-day readmission (P=0.019, OR: 3.105, 95% CI: 1.203–8.019).

Apart from hypoxic vasoconstriction, studies have shown that multiple pathways of inflammation also contribute to the development of pulmonary vascular disease and PHT in COPD. C-reactive protein (CRP), tumor necrosis factoralpha (TNF- $\alpha$ ), monocyte chemoattractant protein-1, soluble intercellular adhesion molecule-1, platelet-derived growth factor and interleukin-6 (IL-6) are among the inflammatory markers which have been believed to be involved in pathophysiology of PHT in COPD patients. Furthermore, circulating IL-6 level correlates with pulmonary artery pressures (38,39). COPD patients in general have higher IL-6 levels and those with COPD and PHT have even more higher circulating IL-6 levels (39).

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among pAECOPD and npAECOPD patients and found that pAECOPD patients had more powerful biologic signaling, mediated by several biomarkers [CRP, procalcitonin (PCT), TNF- $\alpha$ , and IL-6] (36). This is the second reason we chose to further analyze pAECOPD (stage 2 analysis) and npAECOPD subgroups separately in an attempt to control any possible bias, further improving the accuracy and strength of our meticulously designed study, Other researches which aimed to study relation between pulmonary artery diameter and PHT (13-31) and those researches which studied pulmonary artery enlargement and acute exacerbations of COPD (30,32,33) failed to address and take the pathobiologic difference between pAECOPD and npAECOPD as explained above. We encourage future researchers to consider this aspect and strongly believe this approach will produce a more reliable result.

Many researchers have measured the widest MPAD diameter on the axial image at the bifurcation site [method 2 mentioned in Mahammedi et al. (15)] while MPAD diameter at the tubular site have been only considered by few researchers (21,32). It is difficult to determine the bifurcation site due to the morphologically complex shape and axis of the MPAD and its branches. CT MPAD measurement at the tubular site will minimize the intra observer and interobserver variability. We chose to include only MPAD in our study instead of prioritizing MPAD: ascending aorta (AA) diameter for the following reasons; firstly, our study consisted of both contrast and non-contrast chest CT, thickness of the aortic wall will be significantly thicker in comparison to pulmonary arterial wall and aortic wall thickness may vary among individuals leading to overestimated readings especially in the non-contrast chest CT, according to the meta-analysis study published by Shen et al., MPAD had higher sensitivity and specificity for the diagnosis of PHT (14), and finally, after the age of 50, diameter of aorta often dilates rendering MPAD: AA ratio a less reliable tool (19).

de-Torres *et al.* conducted an observational study (consisted of 188 COPD patients) concluded that having a MPAD >30 mm on chest CT as a powerful and independent predictor of survival among their patient population (40). This was contradictory as most related MPAD related researches suggested that the pulmonary artery enlargement correlates with mPAP and it aids with the diagnosis of PHT, exacerbations and worse outcomes. In another prospective observational study, Boerrigter *et al.* followed up 51 patients diagnosed with pulmonary arterial hypertension and found that in all the patients in whom the pressure was higher than initial measurements, the pulmonary artery diameter had increased. However, if the pressure was lower than initial measurements, the majority of this group's pulmonary artery diameters still increased (41). Another prospective study conducted by Akagi *et al.* also concluded that pulmonary artery dilatation progressed in patients with a pulmonary artery aneurysm (MPAD >4 cm) despite treatment of PHT and the progression of pulmonary artery dilatation is independent of reduction of pulmonary artery pressure by PHT treatment (42).

From careful consideration of the three studies mentioned above, it is safe to conclude that CT measurements of MPAD is only reliable in the early stage of the disease where it can be used as diagnostic tool. Therefore, our study only included the data of patients from the very first admission (for AECOPD management) in our department.

Our study was designed carefully taking into account many of the factors as discussed above which we believe have greatly improved the precision of our results. To the best of our knowledge, our study is the first to have found cut off point of MPAD (short axis widest diameter at the tubular site) which can differentiate those with higher risk for 90-day readmission among our pAECOPD patients in our province. This will definitely be a useful and readily available tool for physicians in detecting high risk patients and further gives a chance to incorporate more active management approach for these patients. Chest CT is available in most tertiary hospitals in our province and MPAD readings at tubular site is very easy to learn and can easily be reproduced.

Although our study has a monocentric design, our sample size is comparatively large and our COPD patients are from all around Guangdong Province as our hospital is a tertiary hospital which is renowned for its COPD care in Guangdong Province. Monocentric studies do come with its own advantages; we had the same clinical approach from our team, same team of pulmonologists and radiologists provided the services, we also limited the duration of our study (8.5 years) to prevent fluctuations in care provided due to differences in technology or the team of doctors.

Hypoxia is one of the important factors which independently affects the pulmonary vasoconstriction (4) which in turn may cause fluctuations in the pulmonary artery diameter, we were not able to include this important variable to our analysis as most patients were on supplemental oxygen whilst the ABG arterial blood samples were taken. Our study being a retrospective in nature, some factors like that discussed above could not be controlled. A significant amount of our patient population had hypertension (44.4%) and among them some may have been on angiotensin receptor blockers, angiotensin converting enzyme inhibitors, other vasodilator treatments, or if our patients had been prescribed azithromycin in the outpatient setting for its immunomodulatory effects and reducing the risk of exacerbations. This may have affected the precision of our results.

#### Conclusions

Enlarged MPAD and pAECOPD in initial admission are independent risk factors for 90-day readmission. In our pAECOPD patient population, MPAD >2.9 cm are at increased risk of 90-day readmission. Nevertheless, a multicenter study with large patient population and similar study design is needed to establish an even more accurate cut off value.

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#### Footnote

*Reporting Checklist:* The authors have completed the STROBE reporting checklist. Available at https://dx.doi. org/10.21037/jtd-21-344

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*Ethical Statement:* The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013). The study was reviewed and approved by The Medical Ethics Committee of the Third Affiliated

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