

# A guide for managing patients with stage I NSCLC: deciding between lobectomy, segmentectomy, wedge, SBRT and ablation – part 4: systematic review of evidence involving SBRT and ablation

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**Background:** Clinical decision-making for patients with stage I lung cancer is complex. It involves multiple options [lobectomy, segmentectomy, wedge, stereotactic body radiotherapy (SBRT), thermal ablation], weighing multiple outcomes (e.g., short-, intermediate-, long-term) and multiple aspects of each (e.g., magnitude of a difference, the degree of confidence in the evidence, and the applicability to the patient and setting at hand). A structure is needed to summarize the relevant evidence for an individual patient and to identify which outcomes have the greatest impact on the decision-making.

**Methods:** A PubMed systematic review from 2000–2021 of outcomes after SBRT or thermal ablation *vs.* resection is the focus of this paper. Evidence was abstracted from randomized trials and non-randomized comparisons with at least some adjustment for confounders. The analysis involved careful assessment, including characteristics of patients, settings, residual confounding etc. to expose degrees of uncertainty and applicability to individual patients. Evidence is summarized that provides an at-a-glance overall impression as well as the ability to delve into layers of details of the patients, settings and treatments involved.

**Results:** Short-term outcomes are meaningfully better after SBRT than resection. SBRT doesn't affect quality-of-life (QOL), on average pulmonary function is not altered, but a minority of patients may experience gradual late toxicity. Adjusted non-randomized comparisons demonstrate a clinically relevant detriment in long-term outcomes after SBRT *vs.* surgery. The short-term benefits of SBRT over surgery are accentuated with increasing age and compromised patients, but the long-term detriment remains. Ablation is associated with a higher rate of complications than SBRT, but there is little intermediate-term impact on quality-of-life or pulmonary function tests. Adjusted comparisons show a meaningful detriment in long-term outcomes after ablation *vs.* surgery; there is less difference between ablation and SBRT.

**Conclusions:** A systematic, comprehensive summary of evidence regarding Stereotactic Body Radiotherapy or thermal ablation *vs.* resection with attention to aspects of applicability, uncertainty and effect modifiers provides a foundation for a framework for individualized decision-making.

Keywords: Lung cancer; surgery; radiotherapy; ablation; quality-of-life (QOL)

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## Introduction

Treatment options for stage cI non-small cell lung cancer (NSCLC) have evolved. Detected tumors are smaller and biologically less aggressive. Patients are older and comorbidities more frequent. Choosing the best treatment is complex; multiple short- and long-term outcomes are relevant. The available evidence is suboptimal, confusing, with many confounders—factors that affect both treatment selection and outcome. We need a better understanding of the evidence, sources of uncertainty, and nuances of patients, tumors and settings that affect the applicability thereof.

This project strives to comprehensively evaluate the evidence regarding stage cI NSCLC, critically addressing confounders and limitations. Furthermore, we sought to assemble this in a concise format that enhances clinical decision-making for individual patients. The project consists of 4 publications: Part 1 summarizes the evidence and provides a framework to guide clinical decision-making (1), Part 2 reviews evidence regarding surgery in generally healthy patients (2), Part 3 addresses specific patients and tumors (3), and Part 4 (this paper) focuses on evidence regarding SBRT and ablation.

#### Methods

#### General approach

Details of the general approach are provided elsewhere (Methods section of Part 1) (1). Briefly, the focus is patients with stage cIA NSCLC (using the 8th edition nomenclature throughout). Interventions include lobectomy, segmentectomy, wedge resection, SBRT and ablation. Relevant outcomes were chosen a priori: treatment-related mortality, toxicity/morbidity, pain, functional capacity, quality-of-life (QOL), overall survival (OS), lung cancer specific survival (LCSS), and freedom-from-recurrence (FFR).

Because few randomized controlled trials (RCTs) are available for this topic, we relied heavily on non-randomized comparisons (NRCs) that adjusted for confounders. How well confounders were addressed was critically evaluated to judge the confidence that observations could be attributed to the intervention in question. Furthermore, we explored sources of ambiguity to understand uncertainties and limitations of applicability.

#### Literature search, study selection and evidence assessment

We performed a systematic literature search in PubMed from 2000–2021. Details of the search strategy, selection and review process are provided elsewhere (see *App. 1-2* of Part 1) (1). Each table lists specific inclusion and exclusion criteria.

Study quality was assessed using a general tool (4) and an adaption thereof specific to stage I NSCLC (described in *App.* 2-1 of Part 2) (2). Residual confounding in seven a priori defined domains is shown in the evidence tables along with the confidence that observed results reflect the treatment intervention. The domains include non-medical and medical patient-related factors, discrepancies in stage classification, time period, facility factors, treatment quality and favorable tumor selection.

#### Aggregation of evidence

A quantitative meta-analysis was deemed inappropriate due to the degree and variability of residual confounding. Instead, thoughtfully structured tables reflecting nuances of the patients, treatments and tumors provide an aggregate impression of the strengths, weaknesses and applicability of the data. We have used color coding, essentially layering a heat map onto the tables to facilitate gaining an overview without getting lost in details. This presents the data in a manner that provides an aggregate view of an outcome at-aglance as well as nuances and uncertainties of the data. The table structure is noted as a subtitle. We aim to enhance individualized decision-making through this comprehensive yet nuanced presentation.

#### Results

General results of SBRT vs. surgery

#### Short-term outcomes

Treatment-related morbidity and mortality

Treatment-related mortality is meaningfully lower for



### Closed randomized studies of SBRT vs. surgery

Figure 1 Closed randomized studies of SBRT vs. surgery.

Closed RCTs of SBRT *vs.* surgery showing the resection extent, tumor size and the type of patients involved, as well as the final accrual. Lobe, lobectomy; Periph, peripheral; SBRT, Stereotactic body radiation therapy.

SBRT than surgery (90-day mortality ~1% vs. ~3%, respectively, Table S4-1) (5-14). The difference is more pronounced in adjusted NRCs and slightly diminished with VATS surgery.

Short-term toxicity/morbidity appears lower after SBRT vs. surgery, although direct comparison is hampered by the different nature and timing of complications. Grade  $\geq$ 3 toxicity within 6–12 months of SBRT is reported in 2-5% (Table S4-2) (15-34). The rate is similar for central vs. peripheral tumors (using appropriate dosefractionation adjustments). Central tumors (1-2 cm from the proximal tracheobronchial tree) tend to be associated with hemoptysis, pericardial effusion, and esophagitis and peripheral tumors with dermatitis, rib fractures, and chest wall pain. SBRT toxicity accumulates over time; ~10-20% of patients experience grade  $\geq 3$  toxicity by ~2 years. The rate of grade  $\geq$ 3 toxicity appears slightly higher in prospective controlled trials than prospective databases, and in inoperable vs. operable patients. Similar toxicity (and survival/control) rates are seen among generally accepted dose/fractionation schemes (e.g., 1× 30-34 Gy, 3× 18-20 Gy, 5× 10-11 Gy, 8× 7.5 Gy; selected based on tumor location and adjacent tissues at risk) (23,26,35).

## Short-term QOL

Approximately 25–30% of patients reported meaningful worsening of QOL at 3 months after SBRT and an equal proportion a meaningful improvement in a large study (34).

Similar results were noted at 1 and 4 months in another smaller study (36). QOL averaged across the entire cohort, however, is unchanged after SBRT in multiple studies (see subsequent QOL section).

# Long-term outcomes

## Survival

Several RCTs comparing SBRT to resection in healthy patients closed after accruing only a few patients (*Figure 1*). The STARS and ROSEL RCTs compared SBRT and lobectomy in lobectomy-eligible patients with cI-IIA NSCLC ( $\leq$ 4 cm). Both were closed due to poor accrual (STARS after 4 years, ROSEL after 2 years). Pooled results (58 patients, median follow-up 35–40 months) demonstrated better OS after SBRT [hazard ratio (HR) 0.14, P=0.037]; there was no difference in recurrence-free survival (RFS, HR 0.69, P=0.53) or local, regional and distant failure rates (37). There were no apparent imbalances among the patient cohorts [mean age 67, 98% performance status (PS) 0–1, 87% cIA]. The results are provocative; however, the limited accrual limits having confidence in the findings.

Several RCTs in good-risk patients are ongoing (*Figure 2*). The VALOR study (38) compares SBRT to lobectomy or segmentectomy (target accrual 670, results anticipated in 2027). A randomized phase II study of SBRT *vs.* surgical resection in cIA in China (POSTILV) (39) remains active, seeking to enroll 76 patients from 2012–2021. The prolonged



Ongoing randomized studies of SBRT vs. surgery

Figure 2 Ongoing RCTs of SBRT vs. surgery for lung cancer.

Ongoing RCTs of SBRT *vs.* surgery showing the resection extent, tumor size and the type of patients involved, with accrual targets and anticipated timeline. Lobe, lobectomy; SBRT, Stereotactic body radiation therapy; Seg, segmentectomy; VA, US Veterans Administration Healthcare System.

period and limited size of this study raises concerns.

Table 1 (7,9,10,13,40-57), Table 2 (8,9,40,42,49,58-63), and Figure S4-1A,S4-1B summarizes adjusted NRCs of SBRT vs. surgery. Surgery involved lobectomy in most studies. OS favors surgery in almost all studies, especially those that adjusted extensively for confounders. This is less true in studies with short follow-up, consistent with the observation that downsides manifest early after surgery and later for SBRT (7). It is unclear if T-stage has an impact; however, most patients had small tumors.

The difference in OS is clinically relevant (20–30% 5-year absolute difference). *Figure 3* depicts extensively adjusted OS of patients with a comorbidity score of 0 and eligible for surgery (41). The results were confirmed in patients recommended to have surgery but refused. Worse 5-year OS after SBRT than resection (42% vs. 64%) was similarly found after extensive propensity-matching of patients in whom surgery was recommended but who declined for non-medical reasons in another study (40).

However, addressing confounding is inherently difficult when one treatment is typically selected for robust and another for compromised patients. Better outcomes are consistently reported in operable *vs.* inoperable patients (24,64-66). Among matched patients in studies reporting this, the proportion of patients with PS  $\geq 2$  was 2–59% for SBRT and 0–17% for surgery

(44,45,51,54,56,57). The proportion with a Charlson-Deyo score of  $\geq 2$  was 14–55% for surgery and 13–61% for SBRT (7-10,40,42,49,51,54,56,58-60,62). Unsuspected node involvement occurred in 14% (range 3–21%) of surgical patients (unknown among SBRT patients) (6,41,44,45,47,49-52,54,56-58,62,67). Furthermore, 0–70%, of the "matched" SBRT patients were designated as "medically inoperable" (44,47,50-52,54,56). Thus, concern of residual confounding remains (e.g., severity of comorbidities, frailty), despite attempts to account for comorbidities. Of note, while LCSS consistently favors surgery, this is less frequently statistically significant.

## Recurrence

We think the best measure of recurrence is FFR and locoregional FFR (LR-FFR). Locoregional recurrence is most easily defined similarly for SBRT and surgery (an issue with inherently different treatments). DFS/RFS mixes recurrence and unrelated deaths. Recurrence is affected by the follow-up duration and protocol.

NRCs of recurrence after SBRT vs. resection (*Table 3*) have generally involved only limited adjustment for confounders (43,44,47,48,50-57,60,61,68-72). Generally, more recurrences are reported after SBRT, but one study found the opposite (despite short follow-up in surgical patients) (51). The number of studies, limited adjustment for confounders and ambiguities of outcome assessment

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of trend is clear but HR not reported; <sup>1</sup>, unmatched cohort; <sup>9</sup>, all VATS resections; <sup>h</sup>, 3-year survival (in brackets because not comparable to 5-year OS); <sup>1</sup>, cancer specific survival (not specifically lung cancer); <sup>1</sup>, "best stage," i.e., mixture of clinical (nonsurgical patients) and pathologic stage (surgical patients); <sup>k</sup>, ≥3; <sup>m</sup>, included 10–20% pneumonectomy and bilobectomy, <sup>n</sup>, 20% sublobar; <sup>o</sup>, ≥80%; <sup>b</sup>, P=0.056. 8<sup>th</sup> edition stage classification; <sup>b</sup>, for surgery/SBRT cohort; <sup>c</sup>, propensity matched pairs (total); <sup>d</sup>, % among entire study cohort, not reported by subgroup; <sup>a</sup> direction ര

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Lobectomy vs. SBRT in patients without comorbidities

Figure 3 SBRT vs. lobectomy in patients without comorbidities.

Overall survival in patients with stage cI NSCLC and without comorbidities treated by full-dose SBRT (biologically effective dose of  $\geq 100$  Gy) *vs.* lobectomy. All were surgery-eligible and had a Charlson-Deyo score of 0 (NCDB, 2008-12). (A) Propensity-matched patients and (B) propensity-matched subset who were recommended to have surgery but refused. Reproduced with permission from Rosen *et al.* (41). SBRT, stereotactic body radiation therapy.

hamper confidently drawing conclusions about recurrence after SBRT *vs.* resection. A prospective trial of SBRT followed by resection 10 weeks later found viable tumor in 40% of patients—but the relevance of this finding is unclear given the much lower rate of local failure after SBRT (73). *Long-term QOL* 

Multiple studies show that SBRT has no negative impact on QOL (*Table 4*) (20,26,34,36,74-87) despite mostly using the more sensitive EORTC assessment (*vs.* the SF-36). The minimal impact on QOL is seen despite many PS2 patients and most being deemed medically inoperable. Assessing the average for the entire cohort can obscure relevant subsets: 25–30% of patients are meaningfully worse and a similar proportion meaningfully better 3–24 months after SBRT in both global QOL and physical functioning (34). In this study of 382 patients the proportion with worsening physical functioning tended to increase between 12–24 months) (34).

#### Long-term toxicity

While short-term toxicity following SBRT is low, prospective studies report 10–30% grade  $\geq$ 3 late toxicity (Table S4-2A) (17,29,80,84,88-96). Most studies reported treatment-related toxicity, but some adverse events may be attributable to underlying poor health. Approximately 25% of patients had a PS of  $\geq$ 2. Operable patients may have slightly less late toxicity (Table S4-2B) (24,34,97).

#### Pulmonary function tests (PFTs)

PFTs were used as a surrogate for functional capacity in

the absence of direct data on functional capacity. The reported average long-term decline in PFTs (Table S4-3) (17,29,80,84,88-96) after SBRT is low and not clinically meaningful. However, a substantial proportion of patients experienced a  $\geq 10\%$  decline (~40–50%) or a  $\geq 25\%$  decline (~15–25%). Fewer patients experienced a  $\geq 10\%$  or  $\geq 25\%$  improvement. The average baseline FEV1 (64%) or DLCO (58%) in these SBRT patients was fairly high. As noted in 2 studies, 10–20% of SBRT patients used oxygen pretreatment, an additional 3% required it later (88,89).

Large observational studies of smokers with moderate chronic obstructive pulmonary disease (COPD) indicate an FEV1 loss of ~50 mL/year or ~1.3%/year (absolute percentpredicted) (98-100). The decline is slower with more severe COPD and markedly diminished after smoking cessation (98-100). While there is individual variability, the chance of a >10% relative FEV1 decline in 1–2 years due to the natural history of COPD is very low, even in active smokers.

## Nuances and sources of ambiguity

Modified fractionation schemes (e.g., 5 fractions while decreasing the biologic effective dose) have rendered SBRT for central tumors (1–2 cm from the proximal tracheobronchial tree) as safe and effective as in peripheral tumors (15,17,22). Toxicity concerns remain for ultracentral tumors ( $\leq 1$  cm from the trachea, mainstem and lobar bronchi), especially with higher doses and fewer fractions

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Sebastian 2020 (44)	US ×1	08-18	217 <sup>b</sup>	cl-IIA	Lobe	Σ	27/22	26	14	28 <sup>d,e</sup>	<b>19</b> <sup>d,e</sup>	2.34	<.001	2.42 <sup>d</sup>	<.03 <sup>d</sup>	1	I
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Cornwell 2018 (52)	VA ×1	09-14	74 <sup>b</sup>	cl-IIA	Lobe		30/30	41	œ	21	ო	>1 <sup>+</sup>	.0002	>1 <sup>d,f</sup>	NS₫	>1 <sup>+</sup>	<.004
Dong 2020 (60)	China ×1	12-16	80 <sup>b</sup>	cl-IIA	SL	_	49	ı	1	18	8	ı	NS	ı	NS	ı	1
Yuan 2021 (61)	China ×1	12-15	98 <sup>b</sup>	cl-IIA	SL	_	37/32	29	39	4	18	I	NS	I	1	1	I
Dong 2019 (53)	China ×1	12-17	132 <sup>b</sup>	cl-IIIA	Lobe + SL		48/31	1	1	10	5	I	1	ž	NS	ı	1
Lin 2019 (50)	China ×1	11-16	q 06	cl-IIA	Lobe	٧L	31/25	20 <sup>g</sup>	<b>13</b> <sup>g</sup>	11 <sup>d</sup>	P 0	÷ ~	NS	ı		1	ı
Albano 2018 (55)	US ×1	08-12	132 <sup>b</sup>	cl-IIA	Lobe	٧L	1	22	14	1	I	I	I	I	1	×_ *	NS
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Mokhles 2015 (56)	Dutch ×1	03-12	96 <sup>p</sup>	cl-IIA	Lobe	٧L	54/30	ı	ı	ı	I	I	ı	 -	NS	-	NS
Kastelijn 2015 (57)	Dutch ×1	08-11	228	cl-IIIA	Lobe <sup>j</sup>	VL	42/32	47 <sup>g</sup>	35 <sup>g</sup>	13 <sup>g</sup>	11 <sup>g</sup>	1.56	NS	2.11	NS	1	Ī
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Dong 2019 (69)	China ×1	12-16	4 02	cl-IIIA	Lobe + SL	Σ	50/36	I	ı	16	20	I	ı	I	NS	I	NS
Wang 2016 (70)	China ×1	02-10	70 <sup>b</sup>	cl-IIA	Lobe + SL	L	59	73 9	<b>49</b> <sup>9</sup>	1	ı	>1 <sup>f</sup>	<.02	>1 <sup>f</sup>	<.02	1	ı
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Matsuo 2014 (71)	Japan ×1	03-09	106 <sup>b</sup>	cl-IIA	SL	_	80/64	1	ı	14 <sup>d,e</sup>	9 <sup>d,e</sup>	1	ı	>1 <sup>d,f</sup>	NS d	<u>-</u>	NS
Varlotto 2013 (72)	US ×5	98-08	317	I-IIA <sup>k</sup>	Lobe + W	VL	30/19	26 <sup>g</sup>	23 <sup>g</sup>	11 9	13 9	I	-	>1 <sup>f</sup>	NS	>1 <sup>f</sup>	NS
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HR reference is sur	rgery (HR	>1 india	cates v	worse outo	ome comp	ared with	h surger	ry). Bold	highlights	better o	utcome (>	-2-point o	difference)	); Light gr	een highl	ights stati	stically
significant differenc	es favorin	ig surge	ry; Pin	nk highlights	s statistica	Ily signifi	cant diff	erences 1	favoring S	BRT; Rec	d font high	lights foll	dn-wol	24 months	in at leas	st one arn	÷
a, 8 <sup>th</sup> edition stage c	classificati	ion; <sup>b</sup> , pi	ropens	sity matche	d pairs (to	tal); °, all	VATS; <sup>d</sup>	regional	(mediasti	inal, nod∈	exclud	ng local;	°, 5 year i	rate; <sup>f</sup> , dire	ection of 1	trend is cl	ear but
explicit HR not repo	orted; <sup>9</sup> , ur	nmatch	ed coh	10rt; <sup>h</sup> , 78%	of SBRT	cases hai	d no his	tologic c	onfirmatic	in of can	cer; ', <20	% sublob	ar; <sup>1</sup> , inclu	Ided 10-2	0% pneu	Imonector	ny and

 Table 3
 Recurrence outcomes after SBKT vs. surgery

 Ordered nation type, degree of confidence that results reflect the effect of the second seco

bilobectomy; <sup>k</sup>,

Conf RE tmt effect, confidence that results reflect the effect of the treatment (SBRT or surgery) vs. confounding factors; FFR, freedom from recurrence (only recurrence counts as an event); f/u, follow up duration (months); HR, hazard ratio; L, low confidence; Lobe, lobectomy; LR-FFR, freedom from locoregional recurrence (only

"best stage," i.e., mixture of clinical (nonsurgical patients) and pathologic stage (surgical patients).

surgical resection; SL, sublobar resection (segmentectomy or wedge); VA, US Veterans Health Administration system Database; VL, very low confidence; W, wedge; Yrs,

locoregional recurrence counts as an event); M, moderate confidence; NS, not statistically significant; RFS/DFS,

/ears (of patient accrual).

recurrence free survival or disease free survival; Surg,

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for symptoms 1 indicates worse state (increased pain/dyspnea), 1 indicates improvement; <sup>b</sup>, SEER-MIHOS sample (annual Medicare Outcomes Survey); <sup>c</sup>, mental  $^\circ$ , prospectively collected database;  $^{\dagger}$ , included 56% NSCLC, 44% pulmonary metastases from an nop, inoperable; Prosp, prospective; PS, performance status; QOL, quality-of-life; RCT, randomized controlled trial; Retro, retrospective; Thor, thoracic. extrathoracic cancer; <sup>a</sup>, 11% metastases from extrathoracic primary cancers; <sup>n</sup>, 2 months assessment instead of 1, 4 months instead of 3. component summary score;  $^{d}$ , physical component summary score;  $^{b}$ 



#### Surgery vs. SBRT: short term outcomes

**Figure 4** Short-term mortality by age and treatment modality. Post-treatment 90-day mortality of early stage lung cancer patients by age cohorts; Unadjusted rates and hazard ratio in propensity-matched groups. Data taken from Stokes *et al.* (5). Lobe, lobectomy; SBRT, stereotactic body radiotherapy; SL, sublobar resection.

(101-104). The HILUS and SUNSET trials are exploring hypofractionated regimens (8–15 fractions) (105,106). Grade 3 toxicity was noted in 22% and grade 5 in 15% in the HILUS trial (105), suggesting that segmentectomy or lobectomy if possible may be better treatment choices for ultra-central tumors.

Factors independently associated with long-term outcomes are not well-defined. Worse outcomes are reported with squamous vs. adenocarcinoma in some studies (multivariable HR ~1.7–2.4) (66,107), but not others (108,109), with rapidly growing tumors (multivariable HR ~1.4–1.5) (109), with high PET-avidity in some studies (multivariable HR ~4–6) (110) but not others (107,111), and larger tumors in some studies (multivariable HR ~1.2–9) (66,108,110,111) but not others (107,109,112). Reasonable outcomes are reported even for tumors >5 cm (113,114).

In conclusion, technical/anatomic factors may impact toxicity and treatment choice. Other tumor-related prognostic factors are not well-defined.

## Summary of general evidence for SBRT vs. surgery

Short-term mortality is meaningfully better after SBRT than surgery. While significant acute morbidity/toxicity is low, 10–20% of SBRT patients experience grade  $\geq$ 3 toxicity by 2 years. Average QOL is not decreased after SBRT. Comparing across studies, this is clearly better than surgery, which causes major short-term QOL impairment, and sustained long-term impairment after open resection (less

so after VATS). On average, PFTs are minimally decreased after SBRT, although 20–40% of SBRT patients experience a clinically meaningful decrease after 1–2 years. Preservation of PFTs with SBRT is clinically relevant *vs.* lobectomy, at most marginally meaningful *vs.* segmentectomy.

Completed RCTs are inconclusive due to limited accrual. Ongoing RCT results in good risk and high-risk patients are anticipated in 2024–26. Adjusted NRCs quite consistently demonstrate a highly clinically relevant detriment in OS and LCSS for SBRT *vs.* lobectomy or *vs.* sublobar resection. This is most apparent in more extensively-adjusted NRCs. Nevertheless, adjustment for confounders is inherently challenging when comparing SBRT and surgery.

#### SBRT vs. surgery in older patients

#### Short-term outcomes

#### Mortality and toxicity

A US National Cancer Database (NCDB) study of posttreatment mortality found little difference in 30- and 90-day mortality for SBRT vs. surgery below age 70 (*Figure 4*) (5). In older patients there is a clinically meaningful benefit to SBRT. This was confirmed in propensity-matched cohorts (moderate confidence that confounders are accounted for) (5). Similarly, another NCDB study of healthy patients (Charlson score 0) age ≥80 noted better unadjusted 90-day mortality for SBRT (0.7%) vs. lobectomy (3.3% by VATS, 6.7% by thoracotomy, 5.6% total) (6). Data regarding toxicity of SBRT has not been parsed to specific age cohorts. However, the average patient age in general studies of SBRT is ~70–75. Comparing across studies suggests less grade  $\geq$ 3 short-term toxicity after SBRT (5–10%) than surgery (10–20%) in older cohorts (Table S4-2 and see Older Patients section of Part 3) (3).

## Long-term outcomes

No RCTs have addressed SBRT vs. resection in older patients. Adjusted NRCs (*Table 5* and Figure S4-2) (6,9,11,12,42,58,67-70,115-117) demonstrate worse OS and LCSS after SBRT than surgery (with few exceptions). The difference in adjusted OS is clinically relevant (5–25% absolute difference). Differences were more often statistically significant in the more extensively-adjusted studies. The differences don't appear to vary by the extent of surgical resection, age cohorts or tumor size. Adjusted NRCs addressing recurrence found worse RFS and higher locoregional recurrence after SBRT than surgery (*Table 3*) (53,68,70).

## QOL and long-term toxicity

Data regarding QOL in older SBRT patients was not identified. An adjusted NRC of long-term toxicity in older patients (Figure S4-3, low confidence rating) noted that post-resection complications primarily occur within 1 month; subsequently few additional morbidities develop. In contrast, after SBRT early toxicity is unusual, but a consistent higher incidence of toxicity over time leads to a cumulative equal incidence for SBRT and surgery by 2 years (7).

## Summary of SBRT vs. surgery in older patients

SBRT is associated with a clinically meaningful shortterm mortality benefit *vs.* surgery (1–4%). This is more pronounced as age increases, and for open resection (*vs.* VATS). Morbidity is higher initially after surgery, but late toxicity after SBRT renders the overall incidence relatively equal after 2 years. Surgery (especially open) impairs QOL; SBRT has little impact.

Several extensively adjusted NRCs in older patients suggest meaningfully worse OS after SBRT *vs.* surgery; often differences were not statistically significant. Age and tumor size do not appear to affect the differences.

## SBRT vs. surgery in compromised patients

## Short-term outcomes

Short-term outcomes after SBRT have not been specifically addressed in compromised patients. Most of

## Park et al. Evidence for SBRT vs. surgery for stage I lung cancer

the SBRT patients in the general evidence tables were deemed medically inoperable. However, average reported characteristics (FEV1 >60%, DLCO >50%, PS 0,1 in >75%) leaves uncertainty regarding short-term outcomes in patients with FEV1 or DLCO <40% or PS  $\geq$ 2. Speculation suggests that outcomes would be worse than the general reported results of SBRT.

# Long-term outcomes

# Survival and recurrence

Two RCTs in high-risk patients were initiated but had limited accrual (ACOSOG Z4099 (118) and SABRTooth (119), *Figure 1*). No long-term results have been published, but the limited enrollment leaves little hope that results would be revealing.

The STABLE-Mates trial (120) is ongoing, comparing SBRT to sublobar resection in cI-IIA high risk patients as defined by the ACOSOG criteria (FEV1 or DLCO <50%, or 2 minor criteria including age  $\geq$ 75, FEV1 or DLCO 51–60%, *Figure 2*). The target accrual is 272, with results expected in 2024.

Few NRCs with limited adjustment have compared SBRT with surgery in compromised patients (*Table 6* and Figure S4-4) (7,9,49,58,71,72,121,122). Results suggest worse OS and LCSS after SBRT than surgery (mostly not statistically significant). The adjusted OS difference was meaningful (10–20%). A multivariable analysis parsed by FEV1% did not suggest greater differences with lower FEV1 or by resection extent—LCSS was consistently worse (mostly statistically non-significant) after SBRT *vs.* lobectomy (FEV1% 51–80% HR 1.3; 31–50% HR 1.26;  $\leq$ 30% HR 1.55) and *vs.* sublobar resection (FEV1% 51–80% HR 1.45) (9). Whether FFR or LR-FFR is worse after SBRT than surgery in compromised patients is unclear (few reported NRCs, *Table 3*) (71,72).

## QOL and PFT studies

QOL after SBRT specifically in compromised patients has not been reported. However, SBRT probably has little average impact because many patients in QOL studies (*Table 4*) were PS  $\geq 2$  or medically inoperable.

Most studies of PFT changes after SBRT (Table S4-3) included a broad spectrum of patients with relatively good PFTs. Limited data specifically on compromised patients suggests that SBRT is well tolerated: no change or a slight improvement was noted in FEV% in patients with GOLD III-IV COPD (88) or cohorts with low baseline FEV1 [average 40% (123) or <50% (89)]. Others report similar findings (29). Multivariable analysis of the RTOG0236

Table 5 Long-ternOrdered by extent	m outcom of resecti	es of SB on, degr	RT vs. 5 ree of co	surgery in infidence t	older pa hat resu	ttients lts reflect	t the effect of the treatment,	stage, ag	ē								
1 <sup>st</sup> author, year		St	udy cha	aracteristic	S		ge Adjustment for conf ings apan innor apan	ical bio	for/	id RE	(о ТЯ83	Adjust	ed % 5-} 3T vs. Su	/r OS Irg	Adjuste SB	ed % 5-y RT vs. Si	r LCSS urg
(reterence)	Source	Yrs	⊆	Stage <sup>a</sup>	Age	Other	Omed Omo Hi sta Time : Q sett Q trea U trea	Statis	t (bs # esdus	tno⊃ tmT	s/ɓ』nS m) n/Ì	SBRT	Surg	뛰	SBRT	Surg	HR
SBRT vs. lobecto	my								1	1	1						
Chi 2019 (42)	NCDB	04-15	3,796	cIA	≥75	CC =0		MV, PM	19/4	т		1	1	.93	1	1	
<b>Razi</b> 2021 (6)	NCDB	04-15	9,250	5	≥80	CC =0 b		MV, PM	14/4	т	42/31	1	I	1.38	ı	ı	1
Paul 2016 (115)	SEER	07-12	1,286 °	PIIA d	≥65	VATS <sup>e</sup>		M	11/5	Т	35	24	50	1.92	79	88	2.1 <sup>f</sup>
Paul 2016 (115)	SEER	07-12	1,332 °	PIIA d	≥65	Open <sup>°</sup>		M	11/5	I	35	1	1	1.7	I	1	1.44 <sup>f</sup>
Shirvani 2014 (11)	SEER	03-09	502 °	cl-IIA	≥65			MV, PM	8/4	Σ		[59] <sup>g</sup>	[ <b>65]</b> <sup>9</sup>	1.01	[72] 9	<b>[82]</b> <sup>9</sup>	-
Detilion 2019 (67)	Dutch Reg	1 10-15	318°	cl-IIA	≥65	VATS		M	14/1	Σ	35/32	29	58	2.6 <sup>h</sup>	I	ı	I
Bryant 2018 (9)	VA	06-15	1,152	cl-IIA	>70			MV	12/2	Σ	35/18	1	1	ı	I	ı	1.31
Dong 2019 (69)	China x1	12-17	° 02	cl-IIIA	≥70	+SL		Mq	10	Σ	50/36	60	73	ı	75	82	I
Wang 2016 (70)	China x1	02-10	° 07	cl-IIA	≥65	+SL		A	œ	_	59	47	68	-	58	68	. <u> </u>
Shirvani 2012 (12)	SEER	01-07	198°	cl-IIA	>65			MV, PM	10	_	'	[51] <sup>g</sup>	[ <b>58]</b> <sup>9</sup>	1.41	[61] <sup>g</sup>	<sub>6</sub> [02]	-
Palma 2011 (116)	ACR	05-07	120 °	cl_IIA	≥75	+SL <sup></sup>		M	4/1	٧L	43	[42] <sup>9</sup>	6 <b>[60]</b>	-	I	ı	
SBRT vs. segmer	ntectomy																
Paul 2016 (115)	SEER	07-12	。96	IA1,2 <sup>d</sup>	≥65	VATS		M	11/5	т	35	1	ı	2.09	I	ı	1.43 <sup>f</sup>
Ezer 2015 (117)	SEER	02-09	906	PIIA d	≥65			Px4	14/6	Н	38/27	I	I	1.55	I	ı	1.8
SBRT vs. sublobé	ar resectio	uc															
Chi 2019 (42)	NCDB	04-15	1,571	cIA	≥75	CC =0		MV, PM	19/4	т	1	I	1	.85	I	ı	I
Paul 2016 (115)	SEER	07-12	304 °	IA1,2 <sup>d</sup>	≥65	Open		M	11/5	I	35	1	1	1.69	ı	ı	1.38 <sup>f</sup>
Ezer 2015 (117)	SEER	02-09	1,902	٩	≥65			Px4	14/6	I	38/27	I		1.21	I	I	1.38
Ezer 2015 (117)	SEER	02-09	341	IB-IIA <sup>d</sup>	≥65			Px4	14/6	т	38/27	I		1.18	I	1	1.62
Ezer 2015 (117)	SEER	02-09	2,243	₀ AII-I	≥65			Px4	14/6	т	38/27	I	I	1.19	I	ı	1.46
Ezer 2015 (117)	SEER	02-09	1,177	⊳ All-I	≥75			Px4	14/6	т	38/27	I	ı	1.24	ı	ı	1.49
Tamura 2019 (68)	Japan x2	03-13	72 °	cIA1,2	~78 <sup>k</sup>			Md	10/1	Σ	43/41	67	72	I	87	85	I
Tamura 2019 (68)	Japan x2	03-13	84 °	cIA3-IIA	~78 <sup>k</sup>			M	10/1	Σ	43/41	40	63	-	49	85	 ~
Tamura 2019 (68)	Japan x2	03-13	156°	cl-IIA	~78 <sup>k</sup>			Md	10/1	Σ	43/41	70	75	ı	76	06	-
Bryant 2018 (9)	VA	06-15	520	cl-IIA	>70			MV	12/2	Σ	31/18	I	ı		I	ı	1.89
Shirvani 2012 (12)	SEER	01-07	224 °	cl-IIA	>65			MV, PM	10	_	'	[53] <sup>g</sup>	[57] 9	1.22	[62] <sup>9</sup>	[72] 9	.47
SBRT vs. wedge	resection																
Paul 2016 (115)	SEER	07-12	402 °	IA1,2 <sup>d</sup>	≥65	VATS		M	11/5	Т	35	52	68	1.8	83	86	1.32 <sup>†</sup>
Ezer 2015 (117)	SEER	02-09	1,699	PII-I	≥65			Px4	14/6	т	38/27	ı	1	1.22	I	•	1.45
Yerokun 2017 (58)	NCDB	08-11	638 °	cIA1,2	≥80			M	10/4	Σ	36	20	41	-	I	1	ı

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	int of ions; djust rt vs.	sults	.ncer sults			vival obar	gical vival obar	gical vival obar
	ccuracy due to differences in ext r settings performing the interver ical methods, methods used to i s reflect the effect of the treatme core quintiles	e, Epidemiology, and End Re system database, Yrs, years.	e, Epidemiology, and End R€	R. hazard ratio: LCSS. lung c	R. hazard ratio: LCSS. lung o	ally lung cancer); <sup>g</sup> 3-year su HR not reported; <sup>I</sup> , ≾20% sub R. hazard ratio: LCSS, lund c:	t.e., mixture of clinical (nonsu ally lung cancer); <sup>a</sup> 3-year su HR not reported; <sup>I</sup> , ≤20% sub R. hazard ratio: LCSS, lund c;	i.e., mixture of clinical (nonsu ally lung cancer); <sup>g</sup> 3-year su HR not reported; <sup>j</sup> , ≤20% sub R. hazard ratio: LCSS, lund c;
Clearly confounded	occult stage ina in the facilities c rvention; Statist ence that result of propensity s		Administration	nn of cohort; H R, Surveillanc Administration	n of cohort; H R, Surveillanc Administration	al (not specific r but explicit I on of cohort; H R, Surveillanc Administration	"best stage," al (not specific r but explicit I n of cohort; H R, Surveillanc Administration	"best stage," al (not specific r but explicit I an of cohort; H R, Surveillanc Administration
High concern	bidities; HI Stage, ings, discrepancy i tumors for an inte tmt effect, Confid ching; PQ, analysis		Veterans Health	follow-up duratio diotherapy; SEE Veterans Health ,	follow-up duratic diotherapy; SEE Veterans Health ,	<ul> <li>specific survive of trend is clear follow-up duratic diotherapy; SEE Veterans Health</li> </ul>	d pairs (total); <sup>d</sup> , r specific survive of trend is clea follow-up duratic diotherapy; SEE Veterans Health ,	d pairs (total); <sup>d</sup> , r specific survive of trend is clea follow-up duratic diotherapy; SEE Veterans Health ,
Moderate concern	Comorbid, comor erventions; Q setti of less aggressive sted for; Conf RE M, propensity mat		surgery; VA, US V	ed; f/u, median f otactic body ra surgery; VA, US <sup>1</sup>	ed; f/u, median 1 otactic body ra surgery; VA, US <sup>1</sup>	ctions; ', cancer nths; ', direction ed; f/u, median 1 etactic body ra surgery; VA, US 1	pensity matcher ctions; <sup>1</sup> , cancer nths; <sup>1</sup> , direction ed; f/u, median 1 ed; f/u, median 1 surgery; VA, US 1	pensity matcher ctions; ', cancer nths; ', direction ed; f/u, median i edstric body ra surgery; VA, US '
Limited concern	socioeconomic); ntial use of the int umor, selection o er of factors adju: ore adjustment; Pl		sisted thoracic s	gory of 0 include /al; SBRT, stere sisted thoracic s	arm. gory of 0 includ /al; SBRT, stere sisted thoracic ε	<ul> <li>sublobar reset beyond 15 mor arm.</li> <li>gory of 0 includ- /al; SBRT, stere sisted thoracic s</li> </ul>	t refused; °, pro + sublobar rese beyond 15 mor arm. gory of 0 includ /al; SBRT, stere sisted thoracic s	one arm. It refused; °, pro + sublobar rese beyond 15 mor arm. gory of 0 includ- /al; SBRT, stere sisted thoracic s
Veutral (likely little effect)	: ractors (age, sex, y period or differen ant therapy); Fav T s; # adj for, numbe ; PA, propensity so	footon loco cou	VATS, video-ass	comorbidity cate 3S, overall surviv VATS, video-ass	2 in 72% in each comorbidity cate SS, overall surviv VATS, video-ass	des lobectomy - , HR for period 2 in 72% in each comorbidity cate, DS, overall surviv, VATS, video-ass	have surgery, bu des lobectomy - , HR for period 2 in 72% in each comorbidity cate DS, overall surviv DS, video-ass	nonths in at least have surgery, bu des lobectomy , HR for period 2 in 72% in each comorbidity cate DS, overall surviv DS, video-ass
Addressed	es during the stud in distance, adjuve sensitivity analyse g. Cox regression)	igr F, demographic	urgical resection;	, only Charlson ( icer database; C urgical resection; igr F, demographic	also Charlson ≥ , only Charlson ( icer database; C urgical resection)	attients); <sup>°</sup> , inclu to 5-year OS); also Charlson ≥ , only Charlson ( cer database; dicer database; urgical resection, ggr F, demographic	ccommended to patients); <sup>e</sup> , inclu to 5-year OS); also Charlson ≥ also Charlson ≥ , only Charlson o cer database; C urgical resection.	follow-up <24 n ccommended to patients); <sup>e</sup> , inclu to 5-year OS); <sup>th</sup> also Charlson ≥ also Charlson ≥ , only Charlson o cer database; C urgical resection.
confounding	conrounding: Demo djustment for chang reatment (e.g. marg tdditional subset or lultivariable model (e	-	resection; Surg, s	ar Registry; CC =C , US national car resection; Surg, s	ge 78 in each arm, er Registry; CC =C , US national car resection; Surg, s	c stage (surgical e not comparable ge 78 in each arm, ar Registry; CC =C , US national car resection; Surg, s;	ification; <sup>b</sup> , also re c stage (surgical ; e not comparable ge 78 in each arm, gr Registry; CC =C resection; Surg, si resection; Surg, si	ted font highlights (ification; <sup>b</sup> , also re c stage (surgical ; e not comparable ge 78 in each arm, gr Registry; CC =C r, US national car resection; Surg, si resection; Surg, si
Categories of	r Adjustment for nt; Time Span, a ; quality of the ti inding; Subset, a ng factors. MV, M		; SL, sublobar	sterdam Cance survival; NCDB ; SL, sublobar	s; <sup>k</sup> , average ag sterdam Cance survival; NCDB s; SL, sublobar	and pathologic theses becausi s; <sup>k</sup> , average aç isterdam Cance survival; NCDB ; SL, sublobar	on stage class and pathologic theses becaus s; <sup>k</sup> , average aç stervival; NCDB survival; NCDB ; SL, sublobar	It differences; F ion stage class and pathologic theses becaus s; <sup>k</sup> , average aç stervival; NCDB survival; NCDB ; SL, sublobar
Color Code:	Legend fc assessme Q Treatml for confou confoundi		database	ACR, Am specific database	resection ACR, Arr specific database	patients) (in paren resection ACR, Arr specific database	<sup>a</sup> , 8 <sup>th</sup> edit patients) (in paren resectior ACR, Arr specific databasé	a, 8 <sup>th</sup> edit patients) (in paren resectior ACR, Arr specific database

L-low

M-moderate

H-high

VH-very high

Confidence RE treatment effect

Park et al. Evidence for SBRT	vs. surgery for stage I lung cancer
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trial revealed no correlation of any PFT parameters and pulmonary toxicity (96). While this is reassuring, the effect of SBRT on severely compromised patients (e.g., FEV1 or DLCO of <40%) is unclear.

## Complications/toxicity

Yu et al. compared complications/toxicity after SBRT vs. surgery in propensity-matched high- and low-risk cohorts (7). The cumulative incidence of chest morbidity (cardiopulmonary, esophageal) was nearly double in highvs. low-risk cohorts with either surgery or SBRT, but the relative benefit of SBRT over surgery was similar in highand low-risk cohorts (Figure S4-5). Other comparative data was not identified.

## Nuances and sources of ambiguity

Interstitial lung disease (ILD), a heterogeneous group of diffuse parenchymal lung diseases, deserves specific discussion. Non-fibrotic ILDs includes multiple inflammatory, multinodular and cystic lung disorders; these are not associated with lung cancer, often acute, and usually respond well to treatment of the underlying etiology (124). Fibrotic ILDs are more common, portend a high risk (10-20%) of developing lung cancer, and a risk of radiationrelated toxicity. Fibrotic ILDs may be caused by connective tissue disorders, hypersensitivity pneumonitis, and pneumoconiosis. Most concerning is idiopathic pulmonary fibrosis (IPF): it is frequently progressive, life-limiting and associated with radiation toxicity (124). However, categorization of fibrotic vs. non-fibrotic ILD is imperfect. ILD can overlap with obstructive lung disease (combined pulmonary fibrosis and emphysema)-also associated with development of lung cancer, worse outcomes, and treatment-related complications (125-128). Additionally, some patients have incidentally-noted interstitial lung abnormalities, which may not be progressive or require a unique treatment plan (129).

The first step, establishing whether interstitial imaging findings represent actual ILD, requires a knowledgeable pulmonologist and often a multidisciplinary ILD team. The next step is estimating prognosis-3-year mortality of ILD varies from 10% to 75% (124). Additionally, ~10%/year of IPF patients develop random acute exacerbations, with a 3-month median survival (124).

The third step, treatment selection, is difficult. IPF patients typically have poor DLCO and significant restrictive pulmonary compromise. A recent systematic review of toxicity noted SBRT was associated with high treatment-related toxicity (25%) and mortality (16%,

pts per arm, focusing specifically on older patients. The HR

surgery, 2000-21, with >50

nclusion criteria: studies with multivariable or propensity adjustment of SBRT vs.

Irdered by extent	of resecti	on, deg	ree of	confidenc	se that res	ults reflec	it the effect of the treat	ment, stage										
							Adjustment for	confoundir	ВL				<	Pototine				
<sup>st</sup> author year		Ś	tudy c	haracteri	stics		ושנ ban ופ נוק נוק נוק	ds ical nor	s or/	a RE	ıkd sırm) becteq	() TAB	ž %	Justeu 5-yr OS		8 %	/r LCSS	
reference)	Source	Yrs	Ē	Stage <sup>a</sup>	Age	Other	Demog CoMon Hi stag Zime s Q setti Q treat	Fav tur Statisti methoo	tadi fos #	itnoO 9 tmT	nS) +N	S\brughtarrow (mc	SBRT	Surg	НВ	SBRT S	urg H	뚜
SBRT vs. lobector	Уn																	
3ryant 2018 (9)	Ν	06-15	646	cl-IIA	Lobe	CC =2		MV	12/2	Σ	1	35/18	ı	ı	1	1	-	.76
3ryant 2018 (9)	Ν	06-15	687	cl-IIA	Lobe	CC ≥3		M	12/2	Σ	1	35/18	I	ı	1	ı	т- 1	.36
/u 2015 (7)	SEER	07-09	608 <sup>d</sup>	• All-I	Lobe+SL	LE <5 y		Md	÷	_	ı	ı	ı	1	1.4	ı	т- 1	.01
Crabtree 10 (121)	US x1	00-02	114 <sup>d</sup>	cl-IIA	Lobe+SL	↑ risk		M	ო	_	16	31/19	24	47	° 7	56	76	ı
/arlotto 2013 (72)	US x5	98-08	317	-IIA <sup>e</sup>	Lobe+W	CC ~3 <sup>f</sup>		MV, PA, PI	M 19	٧L	T	30/19	32	43	>1 °	1	1	ı
SBRT vs. subloba	r resectic	uc																
rerokun 2017 (58)	NCDB	08-11	534 <sup>d</sup>	cIA1,2	×	CC ≥2		ΡM	10/4	Σ	12 <sup>b</sup>	36	24	44	>1 °	ı	1	ı
3ryant 2018 (9)	ΑV	06-15	171	cl-IIA	sL	CC =2		M	12/2	Σ	1	35/18	ı	1	1	I	т 1	.82
3ryant 2018 (9)	Ν	06-15	295	cl-IIA	SL	CC ≥3		MV	12/2	Σ	ı	35/18	I	I	1	I	1	.18
ouri 2015 (49)	NCDB	98-10	736	cl-IIA	Lobe+SL	CC ≥2		PQ, PM	9/3	_	14 <sup>b</sup>	28/17	I	1	° 7	1	1	I
<b>Matsuo</b> 2014 (71)	Japan x1	03-09	106 <sup>d</sup>	cl-IIA	SL	↑ risk		ΡM	9	_	1	80/64	40	56	×۲ د	65	^ 20	- c.g
Ackerson 18 (122)	US x1	07-14	221	cl-IIA	SL	CC ~3 <sup>†</sup>		MV	80	_	ı	60/65	20 <sup>h</sup>	46 <sup>1</sup>	1.2	ı	1	
a olinoion oritorio.	v ocion+c	ith m	l+iv or vi+l		, the second	odinetao	South of CODT in the		441111	0100	2000			. Ilocitio		, and a second	-0i+00 P	40

The HR reference is surgery (HR >1 indicates worse outcome compared with surgery). Bold highlights better outcome (>2\-point difference); Light green highlights >>0 pts per arm, tocusing specifically on compromised patients. -Z1, WITh surgery, zuuustatistically significant differences; Red font indicates follow-up <24 months in at least one arm. Ś. adjustment of SBF or propensity TCIUSION CRITERIA: STUDIES WITH MULTIVARIADIE

% among entire study cohort, not reported by subgroup; ° direction of trend is clear but explicit HR not reported; <sup>d</sup>, propensity matched pairs (total); <sup>\*</sup>, "best stage," i.e., mixture of clinical (nonsurgical patients) and pathologic stage (surgical patients); <sup>†</sup>, average CCI in each cohort; <sup>g</sup>, cancer specific survival (not specifically lung cancer); <sup>h</sup>, unmatched cohort. 8<sup>th</sup> edition stage classification; <sup>b</sup>,

CC, Charlson comorbidity category; f/u, median follow-up duration of cohort; HR, hazard ratio; LCSS, lung cancer specific survival; Lobe, lobectomy; LE <5 y, life expectancy <5 years; NCDB, US national cancer database; OS, overall survival; SBRT, stereotactic body radiotherapy; SEER, Surveillance, Epidemiology, and End Results SL, sublobar resection; Surg, surgical resection; Unsuspected N+, unsuspected positive node involvement; VA, US Veterans Health Administration system Database, W, wedge resection; Yrs, years. database;

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Table 6 Long-term outcomes of SBRT w. surgery in compromised patients

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Table S4-4) (130). Treatment-related ILD mortality was 7% in studies that appear to focus on mild ILD *vs.* 22% in the remainder (130). Surgery had better outcomes, but the patients are likely not comparable. An increased risk of post-operative ILD exacerbation is associated with a history of exacerbations, preoperative steroids, usual interstitial pneumonia pattern, and reduced lung function (131,132). Reported 3-year survival of ILD patients with lung cancer is 50–60% (130).

Other major comorbidities rendering patients compromised are not clearly tied to greater risk or efficacy of any treatment. Tumor characteristics influencing the effectiveness of surgery, SBRT, or ablation are discussed elsewhere in this and the Parts 2 and 3 papers (2,3).

# Summary of outcomes in patients with limited pulmonary reserve

Extrapolation from general evidence and older patients suggests a meaningful short-term mortality and morbidity benefit for SBRT over surgery. This may be accentuated in more compromised patients and slightly diminished with VATS resection, less clearly by sublobar resection.

NRCs of compromised patients consistently show longterm downsides for SBRT *vs.* surgery (10–20% worse 5-year OS). However, studies are limited, only partially adjusted, and results are mostly statistically non-significant. The patients are undoubtedly selected; limited data does not suggest a potential marker to guide treatment selection (e.g., cohorts of Charlson scores or FEV1%) (9).

## Methods of ablation

Percutaneous ablation of lung tumors has been used for >20 years, including when there are contraindications to surgery or SBRT (e.g., poor PFTs, ILD, prior radiotherapy, difficult anatomy). It is not clear that one method of ablation is better than another (133); radiofrequency, microwave and cryoablation are most common. While many single-modality reports of lung ablation demonstrate reasonable local control and OS, comparative studies of ablation *vs*. SBRT or surgery are limited and not well-parsed to specific techniques, patients or tumors. Therefore, this section addresses all methods of percutaneous ablation collectively for all patients.

## Short-term outcomes

Treatment-related toxicity

Several large series (>200 patients) (134-136) and systematic

reviews (137) report pneumothorax (often presenting after several days) in 10–70% with 10–50% of these requiring a chest tube. Grade  $\geq$ 3 morbidity is seen in 10–20%, and includes pleuritis, bleeding, lung abscess and pneumonia (each in ~1–3%). Similar frequencies were noted in smaller prospective studies (86,87,138). Larger series report a 30-day mortality of 0.3–0.5% (134-136); but 90-day mortality was 3.8% in a large study (NCDB, 2004–14, 1,009 ablation patients) (139).

## Long-term outcomes

#### Survival

Adjusted NRCs (*Table* 7 and Figure S4-6) (59,139-149) demonstrate worse long-term outcomes after ablation than resection. The differences appear larger than for SBRT *vs.* resection (*Table 1*), but studies are limited and residual confounding makes interpretation difficult. Most studies report an average age of ~75, and a Charlson comorbidity score of  $\geq 2$  in 15–20%. Reported OS is low for early-stage NSCLC—likely reflecting both patients' general health and treatment efficacy (ablation yields worse LCSS than resection).

One adjusted NRC (149) found no difference in DFS or recurrence pattern between microwave ablation *vs.* lobectomy; extensive residual confounding precludes drawing firm conclusions regarding recurrence.

## QOL

Very limited data (*Table 4*) demonstrates a mild decrease in some parameters 1 month after percutaneous ablation, but no evidence of long-term QOL impairment (85-87).

## PFTs

Ablation appears to have limited but variable impact on PFTs. At 3 months, an increase of 2–6% in the average FEV1 has been observed (85,86,138). At 12–24 months, average FEV1 is 1–5% lower in several studies (85,86,150) and increased 5% in one (albeit with frequent missing data); similar results are seen for DLCO (138). Regarding subsets, at 3 months 10–20% of patients experienced a >10% FEV1 increase and a similar proportion a  $\geq$ 10% decrease (i.e., a meaningful change) (87,138). Similar findings are reported for DLCO (138). Long-term 20–30% of patients experienced a  $\geq$ 10% increase in FEV1 or DLCO, with a similar proportion experiencing a  $\geq$ 10% decrease (138).

### Nuances and ambiguity

The mechanism of action of specific ablation modalities (radiofrequency, microwave or cryoablation) affects efficacy, technical considerations (ablation size, number of needle

Ordered by degre	se of coi	nfidence	e that re.	sults refle	ect the	effect o	f the tr	eatmei	nt, stage										
		Sti	udy cha	racteristi	CS				Adjustment for	confound	ling								
1 <sup>st</sup> author year (reference)	Source	۲rs	c	Stage <sup>a</sup>	n sge <sup>b</sup>	ke ≥S <sub>p</sub> )µstison	atment	gils	ogr F Aorbid e span e span stings eatmt	tumor istical	ij for/	t effect	<sub>q</sub> (ou	0`	Adjusted 6 5-yr Ot	_ v	4 %	djusted 5-yr LCS	S
					səM	ioos D %	Trea	19D	Den Co <i>l</i> Time Q se Q 5e	Vs Stat	# 90	mT mT	) n/ֈ	Abl	SBRT	HR	Abl	SBRT	HR
Ablation vs. SBF	T.																		
Lam <sup>c</sup> 2018 (140)	NCDB	04-14	4,789	clA	74	14	SBRT	RFA		MV, PI	M 11/1	Σ	39/42	27	32	1.09	I		ı
Ager 2019 (141)	NCDB	04-14	12,456	cIA	1	1	SBRT	Abl		MV, P	4 11	Σ	26/28	I	ı	1.18	I	1	I
Ager 2019 (141)	NCDB	04-14	15,792	cl-IIA	75	17	SBRT	Abl		MV, P.	A 11	Σ	26/28	26	31	1.41	I	I	ı
Baine 2019 (139)	NCDB	04-14	1,974 <sup>d</sup>	cl-IIA	75	17	SBRT	Abl		M<, PI	M 16/4	Σ	27	26	34	1.33	I	ı	ı
Li 2021 (142)	SEER	04-15	6,170	cIA	74/74	ı	SBRT	RFA		MV, P	٩ 14/8	Σ	20	29	27	.98	52	47	1.01
Liang 2020 (143)	SEER	04-15	6,395	σ	~75		SBRT	Abl		MV	ര	_	1	29 °	27 <sup>e</sup>	93	I	ı	ī
Uhlig 2021 (144)	NCDB	04-16	4,835	cl-IIA	75/75	18/20	SBRT	Abl		M	14	_	46	26	29	1.07	I	ı	ı
Uhlig 2018 (145)	NCDB	04-13	2,140	cl-IIA	ı	20	SBRT	Abl		ΡM	10	_	52	25	26	٦	I	ı	ı
Ablation vs. surg	gery													IdA	Surg	HR	Abl	Surg	HR
Wu 2020 (59)	NCDB	04-14	1.995 <sup>d</sup>	cIA1,2	70/74	16/17	, ₩	Abl		Μd	15/3	Σ	32	31	54	1.96	I	ı	ı
Wu 2020 (59)	NCDB	04-14	3,046 <sup>d</sup>	U	ı	ı	, V	Abl		M	15/3	Σ	32	27	49	1.91	I	ı	ı
Kwan <sup>g</sup> 2014 (146)	SEER	07-09	1,897	cl-IIA	~77	1	SL	Abl		MV, PI	M 10	_	17	[62] <sup>h</sup>	[99] <sup>ا</sup>	1.15	[96] <sup>h</sup>	[ <b>76]</b> <sup>h</sup>	1.82
Hu <sup>i</sup> 2021 (147)	China x	1 14-18	223	cIA	79/82	ı	3	MWA		MV, PI	M 11	٨L	48/45	55	72	1.43	I	ı	ı
Zeng 2020 (148)	SEER	04-14	4,372	<del>ס</del>	ı		≥	Abl		MV, PI	M 11/1	٨L	'	30	45	1.27	46	64	1.4
Yao 2018 (149)	China x	1 00-10	162 <sup>d</sup>	cl-IIA	56/57	ı	Lobe	MWA		MV, PI	M 9/1	٧L		50	46	٦	I	ı	I
Inclusion criteria	t: studie	s with	multivar	riable or		sity ac	justme	ent of	ablation vs. SBRT	or surgery	, 2000-	-21, with >	50 pts p	ber arm.	The HR	reference Lizete o	ce is SB	RT or su	rgery

, 8th edition stage classification; b, for SBRT or surgery/ablation cohort; c, only high volume centers included (defined as top 5% by patient volume specific for the shading highlights statistically significant differences (lighter shade = univariable; darker = multivariable); Red font highlights potential weakness, e.g., follow-up <24 months in at least one arm. Lignt green Us (>z-point amerence); (TH >1 INDICATES WORSE OUTCOME WITH ADIATION). BOID NIGNIIGNTS DETTET FESUIT, e.g., NIGNET

treatment-treated >12 with ablation or >76 patients with SBRT during study years); <sup>d</sup>, propensity matched pairs;<sup>e</sup>, unadjusted;<sup>t</sup> >80% wedge; <sup>g</sup>, all patients age ≥65 (59% ≥75); <sup>h</sup>, 2-year survival (in parentheses because not comparable to 5-year OS); <sup>1</sup>, tumors ≤1 cm from pericardium.

Abl, ablation (method not specified); f/u (mo), follow-up duration (months); HR, hazard ratio; LCSS, lung cancer specific survival; Lobe, lobectomy; MWA, microwave ablation; NCDB, National Cancer Database (US); OS, overall survival; RFA, radiofrequency ablation; Surg, surgical resection; SEER, Surveillance, Epidemiology and End Results database (US); Seg, segmentectomy; SL, sublobar resection; W, wedge; Yrs, years of accrual.

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Table 7 Long-term outcomes of ablation vs. SBRT or surgery

punctures, maintenance of tissue architecture, etc.), and risk of complications (151). For example, cryoablation may increase the risk of pneumothorax and bleeding by requiring more needle punctures, while the increased power of microwave can shorten treatment times—these features may weigh more heavily in particular cases. Local expertise with particular ablation modalities is important. Similarly, local expertise with advanced image guidance and percutaneous ablation vs. SBRT should weigh in choosing a treatment approach (152).

Tumor-related factors can impact both efficacy and risks of ablation. Studies report >95% local control with tumors ≤2 cm, but considerably less for tumors >3 cm (153). Larger ablation zones increase the concern of complications; note that 8–10 mm of ablation beyond the tumor is recommended to reduce recurrence (154). Anatomical location, i.e., adjacent to pericardium, bronchus, pulmonary artery, diaphragm or blebs) affects concerns about toxicity. Patientrelated factors may increase the risk of complications (e.g., degree of emphysema, ILD) (155).

Logistical issues affect deciding on the best treatment approach. Percutaneous ablation permits biopsy and treatment during the same session. Ablation is convenient, typically involving a single session. However, ablation is usually done under general anesthesia to control respiration and optimize tumor targeting.

Percutaneous ablation is an option for recurrence after prior radiotherapy. Furthermore, unlike radiotherapy or surgery, percutaneous ablation can be repeated as many times as necessary.

#### Summary of results of ablation vs. surgery or SBRT

Comparing across studies suggest that ablation is associated with a higher rate of short-term complications than SBRT. Short-term (90-day) mortality may be higher after ablation than SBRT comparing across studies (whether the patients are comparable is unclear). Surgery is associated with shortterm pain and impairment of QOL in contrast to ablation. However, while some data suggests that 90-day mortality and an overall rate of Gr  $\geq$ 3 complications is similar after ablation *vs.* surgery (especially VATS), this may be misleading because it is likely that the surgical patients are more carefully selected.

Adjusted NRCs indicate that OS or LCSS is clinically meaningfully worse after ablation *vs.* resection, and to a lesser degree after ablation *vs.* SBRT. However, the number of studies and degree of adjustment for confounders is limited. It is likely that many of the patients in these NRCs

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are compromised, but this is poorly characterized.

Key drivers of patient selection are avoiding patients likely to experience complications (severe emphysema, tumor surrounded by vessels) and technical factors limiting efficacy (e.g., tumor size).

## Overall summary of SBRT or ablation vs. surgery

Outcomes for SBRT or ablation *vs.* lobectomy or sublobar resection are summarized in Table S4-5A-S4-5C. A benefit or detriment is qualitatively depicted relative to clinically meaningful differences, together with the confidence in and consistency of the evidence. This provides a succinct summary that can inform judgment for individual patients, as discussed in the Part 1 paper (1).

### Conclusions

It is a major asset to have several treatment options for stage I NSCLC. In general, the short-term benefits of SBRT and ablation over surgery are clinically meaningful (e.g., mortality, morbidity/toxicity, QOL). This is offset by a clinically meaningful downside in long-term outcomes. In older patients the short-term benefits of SBRT and ablation are marginally increased, and the long-term downsides slightly diminished. In seriously compromised patients there is limited evidence, but it appears that short-term benefits are increased and long-term downsides diminished vs. surgery. Selection based on patient characteristics is poorly defined; tumor characteristics that influence technical feasibility of particular modalities are important considerations. ILD is particularly problematic due to the interplay of accurately diagnosing ILD, estimating relative prognosis of the ILD and lung cancer, and significant treatment-related toxicity and mortality.

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# Supplementary file (Part 4 paper)

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#### Table S4-1 Short-term mortality

Ordered by use of adjustment, extent of resection, time period

1 <sup>st</sup> author year (reference)	Source	Years	n	Age ª	CCS	action nt	usted/ nfid	% 90	)-day mor	tality	Comments
((0.0.0.00))						Rese	Adji Cor	SBRT	Surg	Р	
Stokes 2018 (1)	NCDB	04-13	27,200	-	17/15 <sup>b</sup>	Surg °	Н	2.8	4.2	<.001	
Razi 2021 (2)	NCDB	04-15	2,073	≥80 <sup>d</sup>	CC =0 e	Lobe	Н	0.7	3.6	.03	VATS
Razi 2021 (2)	NCDB	04-15	2,665	≥80 <sup>d</sup>	CC =0 °	Lobe	Н	0.7	6.7	.01	Open
Chang 2021 (3)	US ×1	15-17	160	69	0	Lobe	М	0	0	-	VATS
Dong 2020 (4)	China ×1	12-16	104	67/68	19/23 <sup>f</sup>	Lobe	М	[0] <sup>g</sup>	[2] <sup>g</sup>	-	VATS
Yu 2015 (5)	SEER	07-09	1,078	≥67 <sup>d</sup>	40/42 <sup>f</sup>	Lobe + SL	L	2.2	6.1	.005	
Verstegen 2013 (6)	Dutch ×6	-	128	68/71	45/45	Lobe	L	0	1.6	-	VATS
Mayne 2020 (7)	NCDB	04-15	558	73/73	24/24	w	Н	2.9	2.9	NS	≥90-day delayed W
Bryant 2018 (8)	VA	06-15	3.435	66/71	39/39	Lobe	-	1.4	3.6	-	
Kasteljin 2015 (9)	Dutch ×1	08-11	228	67/72	-	Lobe <sup>h</sup>	-	0	4	-	
Stokes 2018 (1)	NCDB	04-13	67,684	-	17/15 <sup>b</sup>	Lobe	-	2.9	3.5	-	
Boyer 2017 (10)	VA	01-10	8,671	67/73 <sup>b</sup>	27/38 <sup>b</sup>	Lobe	-	0.4	2.7	-	Open
Boyer 2017 (10)	VA	01-10	3,673	67/73 <sup>b</sup>	27/38 <sup>b</sup>	Lobe	-	0.4	1.5	-	VATS
Hamaji 2015 (11)	Japan ×1	03-09	517	74/73	-	Lobe	-	[0] <sup>g</sup>	[0] <sup>g</sup>	-	VATS
Shirvani 2014 (12)	SEER	03-09	7,604	≥65 <sup>d</sup>	16/27	Lobe	-	1.3	4	.008	
Shirvani 2012 (13)	SEER	01-07	6,655	≥65 <sup>d</sup>	23/44	Lobe	-	0.8	4.1	-	
Crabtree 2014 (14)	US ×1	04-10	609	66/74	36/67	Lobe+SL	-	[0.7] <sup>g</sup>	[1.1] <sup>g</sup>	NS	
Bryant 2018 (8)	VA	06-15	1,083	69/71	46/39	SL	-	1.4	2.5	-	
Stokes 2018 (1)	NCDB	04-13	23,742	-	17/15 <sup>b</sup>	SL	-	2.9	3.3	-	
Crabtree 2013 (15)	Ph II <sup>i</sup>	04-10	266	70/73	20/22	SL	-	0	2.4	NS	
Boyer 2017 (10)	VA	01-10	3,506	67/73 <sup>b</sup>	27/38 <sup>b</sup>	SL	-	0.4	1.8	-	VATS
Boyer 2017 (10)	VA	01-10	4,239	67/73 <sup>b</sup>	27/38 <sup>b</sup>	SL	-	0.4	2.5	-	Open
Shirvani 2014 (12)	SEER	03-09	1,885	≥65 <sup>d</sup>	22/27	SL	-	1.3	3.7	.008	
Shirvani 2012 (13)	SEER	01-07	1,401	≥65 <sup>d</sup>	36/44	SL	-	0.8	4.1	-	
Average <sup>i</sup>								1.1	3.2		

Inclusion criteria: studies comparing 90-day mortality of SBRT vs. surgery, 2000-21, with >50 pts per arm. Light green shading highlights statistically significant differences (lighter shade = univariable; darker = multivariable); Red font highlights potential weakness (disparity between arms of  $\geq$ 5 years average age or  $\geq$ 10% proportion of CCS $\geq$ 2).

<sup>a</sup>, for surgery/SBRT cohort; <sup>b</sup>, for entire study cohort, not specifically this subset; <sup>c</sup>, any surgical resection, including pneumonectomy (2%); <sup>d</sup>, minimum age for inclusion; <sup>e</sup>, Charlson comorbidity score of 0 and recommended to have surgery but refused; <sup>f</sup>,  $\geq$ 3; <sup>g</sup>, 30-day mortality (in brackets because not directly comparable to 90-day mortality); <sup>h</sup>, 10% pneumonectomy and 5% sublobar; <sup>i</sup>, comparison of 2 phase II trials (RTOG0236 2004-06 and ACOSOG Z4032 2006-10); j, Excluding 30-day results.

CCS, Charlson comorbidity score; Confid, confidence in attribution of outcome to the intervention; H, high confidence that outcome can be attributed to the intervention; NCDB, national cancer database (US); NS, not statistically significant; Ph, phase; SBRT, Stereotactic Body Radiotherapy; SEER, Surveillance, Epidemiology, and End Results database; SL, sublobar; Surg, surgery; VA, Veterans Health Administration Database (US); VATS, video-assisted thoracic surgery; W, wedge.

## Table S4-2A Toxicity of SBRT by post-treatment period

Ordered by post-treatment period, central/peripheral

								ъ.	ity			ģ	% Spe	cific t	oxicity	/ Gr ≥	3		
1 <sup>st</sup> author year (reference)	Source	yrs	n	% PS ≥2	% Inoperable	f-u period (mo)	% Central	% Gr 2 toxicit	% Gr ≥3 toxic	Pulmonary <sup>a</sup>	Dyspnea	Cough	Pleural Effus	Fatigue	Chest wall <sup>b</sup>	Esophagitis	Hemoptysis	Dermatitis	Br Plexopathy
Short-term																			
Park 2015 (16)	US ×1	07-13	140	26	-	0-3	0	-	-	1	0	-	-	1.4	0	0	0.7	0	0
Taremi 2012 (17)	PrCT	04-08	108	-	100	0-3	18	-	4	0	1.	8	0	0.9	0.9	0	0	0	-
Mangona 2015 (18)	US ×1	05-11	77	-	-	0-6	0	3	2	2.1	-	-	0	0	0	-	-	0	-
Sun 2017 (19)	PrCT	04-08	65	28	78	0-6	12	-	5	1.5	0	-	-	0	0	-	0	3.1	0
Claude <sup>c</sup> 2020 (20)	PrCT	09-11	106	-	100	acute	0	-	10	0.9	8.5	0	-	-	0.9	0	0	0.9	-
Nestle <sup>d</sup> 2020 (21)	PrCT	11-14	100	24	100	0-7.5	27	-	-	3.6	13	-	-	-	-	2.5	-	0	-
Park 2015 (16)	US ×1	07-13	111	24	-	0-3	100	-	-	2	.7	-	-	0.9	0	0.9	0	0	0
Haasbeek <sup>e</sup> 2011 (22)	NL ×1	03-09	63	32	100	0-3	100	10	2	(	0	0	0	0	1.6	0	0	0	-
Mangona 2015 (18)	US ×1	05-11	79	-	-	0-6	100	10	2	1.4	-	-	0	0	0	-	-	0	-
Bezjak 2019 (23)	PrCT	09-13	120	16	100	0-12	100	-	5	2.2	-	-	3.4	-	-	-	-	-	-
Intermediate-term																			
Park 2015 (16)	US ×1	07-13	140	26	-	>3	0	-	-	7	.9	-	-	0	1.4	0	0	0	0
Taremi 2012 (17)	PrCT	04-08	108	-	100	>3	18	-	6	0.9	1.	8	0	0	2.8	0	0	0	-
Mangona 2015 (18)	US ×1	05-11	58	-	-	6-24	0	23	5	1.7	-	-	1.7	0	3.4	-	-	1.7	-
Nestle <sup>d</sup> 2020 (21)	PrCT	11-14	100	24	100	≥8	27	-	-	1.2	13	-	-	-	-	2.7	-	0	-
Stephans <sup>f</sup> 2018 (24)	US ×1	03-12	600	-	-	~24	24	-	-	1.2	-	-	-	-	0.6 <sup>g</sup>	-	-	-	-
Park 2015 (16)	US ×1	07-13	111	24	-	>3	100	-	-	6	.3	-	-	0	0	0	1.8	0	0
Bezjak 2019 (23)	PrCT	09-13	120	16	100	>12	100	-	22	6.5	4.3	-	1.1	-	-	3.3	3.3	-	-
Mangona 2015 (18)	US ×1	05-11	58	-	-	6-24	100	16	5	0	-	-	0	3.4	0	-	-	1.7	-
Unspecified term																			
Nagata 2015 (25)	PrCT	04-08	169	7	59	-	0	-	10	6.5	8.9	2.4	-	-	1.8	-	-	0	0
Ball 2019 (26)	PrCT	09-15	66	0	88	-	0	-	12	0	4	4	0	2	0	0	0	0	-
Singh 2019 (27)	RCT	08-15	98	-	100	-	0	7	14	7	9	2	-	-	-	-	-	-	-
Cheung 2014 (28)	PrCT	06-08	80	20	100	-	0	-	-	10.1	13.8	7.5	-	6.3	1.3	0	1.3	0	-
Inoue 2018 (29)	PrCT	09-14	62	5	31	-	0	-	14	9.7	9.7	-	-	-	-	-	-	-	-
Baumann 2008 (30)	PrCT	03-05	57	-	95	-	0	35	21	1.8	7	1.8	3.5	1.8	3.5	0	0	0	-
Timmerman 2010 (31)	PrCT	04-06	55	15	100	-	0	31	27	1	6	-	-	1.8	-	1.8	0	3.6	-
Fakiris 2009 (32)	PrCT	-	70	36	100	-	31	-	17 <sup>h</sup>	5	.7	-	2.9	-	-	-	1.4	1.4	-
Onishi 2004 (33)	PrCT	95-03	245	19	65	-	-	-	-	2.4	-	-	1.6	-	0.8	0.8	-	0.8	-
Modh <sup>i</sup> 2014 (34)	US ×1	06-11	125	31	100	-	81	34	8	2.4	3.2	-	-	-	0.8	1.6	-	-	-

#### Table S4-2B Overall toxicity of SBRT in operable vs. inoperable patients

Ordered by Operable/Inoperable category, central/peripheral

								~	ity				% Spe	ecific t	oxicity	/ Gr ≥3	3		
1 <sup>st</sup> author year (reference)	source	yrs	n	% PS ≥2	% Inoperable	f-u period (mo)	% Central	% Gr 2 toxicit	% Gr ≥3 toxic	Pulmonary <sup>ª</sup>	Dyspnea	Cough	Pleural Effus	Fatigue	Chest wall <sup>b</sup>	Esophagitis	Hemoptysis	Dermatitis	Br Plexopathy
Operable patients																			
Nagata 2015 (25)	PrCT	04-08	65	3	0	-	0	-	6	4.6	4.6	0	-	-	1.5	-	-	0	0
Lagerwaard 2012 (35)	NL ×1	03-10	177	-	0	late	19	-	-	2.3	0	0	-	0	2.8	-	-	-	-
Inoperable patients																			
Nagata 2015 (25)	PrCT	04-08	104	9	100	-	0	-	13	8.7	11.5	1	-	-	1.9	-	-	0	0
Ball 2019 (26)	PrCT	09-15	66	0	88	-	0	-	12	0	4	4	0	2	0	0	0	0	-
Singh 2019 (27)	RCT	08-15	98	-	100	-	0	7	14	7	9	2	-	-	-	-	-	-	-
Baumann 2008 (30)	PrCT	03-05	57	-	95	-	0	35	21	1.8	7	1.8	3.5	1.8	3.5	0	0	0	-
Timmerman 2010 (31)	PrCT	04-06	55	15	100	-	0	31	27	1	6	-	-	1.8	-	1.8	0	3.6	-
Taremi 2012 (17)	PrCT	04-08	108	-	100	>3	18	-	6	0.9	1.	8	0	0	2.8	0	0	0	-
Nestle <sup>d</sup> 2020 (21)	PrCT	11-14	100	24	100	≥8	27	-	-	1.2	13	-	-	-	-	2.7	-	0	-
Fakiris 2009 (32)	PrCT	-	70	36	100	-	31	-	17 <sup>h</sup>	5	.7	-	2.9	-	-	-	1.4	1.4	-
Haasbeek <sup>e</sup> 2011 (22)	NL ×1	03-09	63	32	100	>3	100	14	6	3	.2	0	0	0	3.2	0	0	0	-
Modh <sup>i</sup> 2014 (34)	US ×1	06-11	125	31	100	-	81	34	8	2.4	3.2	-	-	-	0.8	1.6	-	-	-
Bezjak 2019 (23)	PrCT	09-13	120	16	100	>12	100	-	22	6.5	4.3	-	1.1	-	-	3.3	3.3	-	-

Inclusion criteria (Table S4-2A,S4-2B): Prospective data of SBRT toxicity by grade, 2000-2021, ≥50 patients (i.e. prospective trial or a prospectively collected institutional database). Light yellow shading highlights major focus of table; red font highlights potential weakness (accrual before 2000).

<sup>a</sup>, pneumonitis, hypoxia, pneumonia; <sup>b</sup>, pain, rib fracture; <sup>c</sup>, excluding symptom present pre-treatment; <sup>d</sup>, 44% of lung tumors were metastases from extrathoracic cancer; <sup>e</sup>, central tumors treated with 8 fractions of 7.5 Gray; <sup>f</sup>, various regimens: 60 Gy/3 fx (21%), 50 Gy/5 fx (60%), 30 Gy/1 fx (14%), 60 Gy/8 fx (5%); <sup>g</sup>, rate only among peripheral tumors; <sup>h</sup>, 10% for peripheral *vs.* 27% for central tumors; i many with BED10 <100.

Br, brachial; Effus, effusion; f-u, follow-up; Gr, grade; NL, Netherlands; PrCT, prospective controlled trial; PS, performance status (ECOG): RCT, randomized controlled trial; yrs, years.

 Table S4-3 Percent change from preoperative values in lung function following SBRT

 Ordered by general vs. compromised patients and study size

1 <sup>st</sup> author year	Study			PFT	Interval to	Absolute	% with	relative	% with	relative	
(reference)	type	Years	Ν	Base-line	PFT (mo)		decre	ase of	increa	ase of	Comments
	type				111 (110)		≥25% <sup>b</sup>	≥10% <sup>ь</sup>	≥10% <sup>b</sup>	≥25% <sup>b</sup>	
FEV1 %											
Takeda 2013 (36)	Retro	05-10	141	-	12-75 °	- 2	16 <sup>d</sup>	42	-		Mostly normal patients
Stone 2015 (37)	PrCT	05-12	127	67%	12	- 2	8	34	-	-	
Regnery 2020 (38)	Retro	12-19	107	70%	12	- 8 <sup>e</sup>	-	-	-	-	Central, ultra-central
Guckensberger 2013 (39)	Retro	98-10	93	63% <sup>f</sup>	12	- 8	22	47	13	3	
Mangona 2015 (18)	P-DB	05-11	69	-	6-24	-	12	-	-	-	
Stephans 2009 (40)	Retro	04-07	68	50%	≥6	- 2	7 <sup>d</sup>	14	13	3 <sup>d</sup>	
Baumann 2008 (30)	PrCT	03-05	48	64%	14	- 3	-	-	-	-	
Mathieu 2015 (41)	PrCT	10-13	45	68%	12	0	-	-	-	-	
Bral 2011 (42)	PrCT	07-09	40	-	12 <sup>g</sup>	- 3	15 <sup>h</sup>	33 <sup>h</sup>	-	-	
Navarro 2016 (43)	PrCT	08-12	35	62%	12	- 4	-	-	-	-	
Ferrero 2015 (44)	PrCT	12-13	30	75%	10	- 11 <sup>e</sup>	37 <sup>h</sup>	53 <sup>h</sup>	-	-	
Videtik 2013 (45)	PrCT	08-09	21	62%	12	- 6 <sup>e</sup>	-	-	-	-	
Stanic 2014 (46)	PrCT	04-06	20	61%	24	- 6	10	49	-	-	
Bauman 2008 (30)	PrCT	03-05	34	44%	16	0	-	-	-	-	COPD
Takeda 2013 (36)	Retro	05-10	27	-	12-75 °	0	22 <sup>d</sup>	39	-	-	GOLD III, IV
Average				64% <sup>i</sup>		- 4	17	39	13	3	
DLCO %											
Stone 2015 (37)	PrCT	05-12	127	51%	12	- 5	12	37	-	-	
Mangona 2015 (18)	P-DB	05-11	69	-	6-24	-	25	-	-	-	
Mathieu 2015 (41)	PrCT	10-13	45	63%	12	- 6	-	-	-	-	
Guckensberger 2013 (39)	Retro	98-10	42	52% <sup>f</sup>	12	- 12	26	62	10	5	
Stephans 2009 (40)	Retro	04-07	41	57%	≥6	- 3	7 <sup>d</sup>	34	12	5 <sup>d</sup>	
Bral 2011 (42)	PrCT	07-09	40	-	12 <sup>g</sup>	- 3	20 <sup>h</sup>	33 <sup>h</sup>	-	-	
Navarro 2016 (43)	PrCT	08-12	35	54%	12	- 1	-	-	-	-	
Ferrero 2015 (44)	PrCT	12-13	30	67%	10	- 15 °	37 <sup>h</sup>	53 <sup>h</sup>	-	-	
Videtik 2013 (45)	PrCT	08-09	21	62%	12	- 17 <sup>e</sup>	-	-	-	-	
Stanic 2014 (46)	PrCT	04-06	13	61%	24	- 6	40	67	-	-	
Average				58%		- 8	24	48	11	5	

Inclusion criteria: studies involving SBRT reporting a change in pulmonary function tests, published 2000-2021, ≥20 patients total; Red font indicates study weakness (variable and long intervals).

<sup>a</sup>, average of absolute differences per patient from baseline to follow-up % value; <sup>b</sup>, relative difference from baseline; <sup>c</sup>, variable time period; <sup>d</sup>,  $\geq$ 20% decrease or increase; <sup>e</sup>, unmatched (difference of the averages of cohorts with baseline and with follow-up results); <sup>f</sup> taken from another publication of the patients involved (47); <sup>g</sup>, 3 months data if 12 months data missing; <sup>h</sup>, unclear when (toxicity at any time); <sup>i</sup>, without double counting the poor PFT subsets.

Δ, change (from baseline); COPD, chronic obstructive pulmonary disease; DLCO, diffusing capacity of the lung for carbon monoxide; FEV1, forced expiratory volume in 1 second; GOLD III, IV, global initiative for chronic obstructive lung disease class III and IV; mo, months; NS, not statistically significant; P-DB, analysis of prospectively collected database; PFT, pulmonary function test; PrCT, prospective controlled trial; retro, retrospective study.

#### Table S4-4 Toxicity in patients with ILD

	SBRT	Particle therapy	Ablation	Surgery
N studies	13	4	3	30
N patients	122	23	46	1709
% operable	29%	25%	0	100%
% non-IPF ILD	69%	50%	67%	60%
Treatment-related ILD toxicity <sup>a</sup>	25%	18%	25%	12%
Treatment-related mortality <sup>a</sup>	16%	4%	9%	2%

Data taken from a systematic review by Chen *et al.* (48). <sup>a</sup>, average of studies weighted by study size. ILD, interstitial lung disease; IPF idiopathic pulmonary fibrosis; SBRT, stereotactic body radiotherapy.

#### Table S4-5A Summary of general evidence

	SB	RT	SBRT		SB	RT	SBRT		A	bl	Abl	
	(v Op	en L)	(v Ope	n SL)	(v VA	(v VATS L) (v VATS SL)		S SL)	(v :	SL)	(v SB	BRT)
	Effect	Conf	Effect	Conf	Effect	Conf	Effect	Conf	Effect	Conf	Effect	Conf
Short-term (90	-day) outo	comes										
Mortality	t↑ <sup>a</sup>	+++	↑↑ <sup>a</sup>	+++	↑ <sup>a</sup>	+++	↑ª	+++	<mark>=</mark> /↑	0	$\downarrow$	
Morbidity	↑ª	+	↑ª	+	↑ª	+	↑ª	+	<mark>=</mark> /↑	0	$\downarrow$	
QOL	t↑ <sup>a</sup>	+	↑↑ <sup>a</sup>	+	↑↑ <sup>a</sup>	+	↑↑ <sup>a</sup>	+	-	-	-	-
Pain	t↑ <sup>a</sup>	+	↑↑ <sup>a</sup>	+	↑↑ <sup>a</sup>	+	↑↑ <sup>a</sup>	+	$\uparrow\uparrow$	Extpol	-	-
Intermediate (*	1-2 year) o	utcomes										
∆ FEV1	↑	+	=	0	↑ (	+	=	0	=	0	-	-
Dyspnea	↑	+	=	0	↑	+	=	0	-	-	-	-
QOL	<b>↑</b> ↑	+	↑↑	0	=	0	=	0	= / <mark>↑↑</mark> <sup>b</sup>	0	=	0
Pain	$\uparrow\uparrow$	+	$\uparrow\uparrow$	0	=	0	=	0	= / <mark>↑↑</mark> <sup>b</sup>	0	-	-
Toxicity	= <sup>a</sup>	0	= <sup>a</sup>	0	= <sup>a</sup>	0	= <sup>a</sup>	0	-	-	-	-
Long-term (5-y	/ear) outco	omes										
OS	$\downarrow\downarrow\downarrow\downarrow$	+++	$\downarrow\downarrow$	+++	$\downarrow\downarrow\downarrow\downarrow$	+++	$\downarrow\downarrow$	+++	$\downarrow\downarrow\downarrow\downarrow$	+	$\downarrow$	+
LCSS	$\downarrow \downarrow \downarrow$	+	$\downarrow\downarrow$	+	$\downarrow\downarrow\downarrow\downarrow$	+	$\downarrow\downarrow$	+	$\downarrow \downarrow \downarrow$	+	-	-
FFR	$\downarrow\downarrow$	+	-	-	$\downarrow\downarrow$	+	-	-	-	-	-	-
LR- FFR	Ļ	+	-	-	Ļ	+	-	-	-	-	-	-

Legend (Table S4-5A-S4-5C): Qualitative assessment of the impact of treatment approaches on various key outcome measures and the confidence in the evidence. Differences are categorized by degree of clinically meaningful differences (defined in insert). The reference (for improvement or worsening) is the treatment in parentheses.

	Effect	Confidence in/con-				
$\uparrow\uparrow\uparrow$	2x meaningful improvement	sistency of evidence				
$\uparrow\uparrow$	Meaningful improvement	++++	Very high			
↑	Somewhat better	+++	High			
=	Similar	++	Moderate			
$\downarrow$	Somewhat worse	+	Low			
$\downarrow\downarrow$	Meaningful worsening	0	Very low			
$\downarrow\downarrow\downarrow\downarrow$	2x meaningful worsening	Extpol	Extrapolation			

A clinically "meaningful" difference is defined as  $\geq$ 10-unit difference, with "somewhat" being half of the meaningful difference. The units of measure (for categories in parentheses) are: normalized scale points (QQL); 5-year actuarial rate (OS, LCSS); actuarial rate or simple incidence (recurrence, FFR); incidence of Gr  $\geq$ 3 treatment related complications (morbidity); absolute change in % FEV1 (PFTs in compromised patients). Different thresholds of "meaningful" are: 90-day mortality (2% difference); PFTs in healthy patients (20% difference in FEV1%).

<sup>a</sup>, data not parsed by resection extent; <sup>b</sup>, equal for VATS, better for Ablation vs. Open surgery.

 $\Delta$  FEV1, change in FEV1  $\geq$ 6 months; AbI, ablation; Conf, confidence in the evidence; Extpol, extrapolation (indirect evidence); FFR, freedom from recurrence (only recurrence counts as an event); Gr, grade; HR, hazard ratio; LCSS, lung cancer specific survival (only death due to lung cancer counts as an event); Lobe, lobectomy; LR-FFR, locoregional freedom from recurrence; OS, overall survival; PFT, pulmonary function tests; QOL, quality-of-life; VATS, video-assisted thoracic surgery.

## Table S4-5B Summary of evidence in older patients

	SB (v Ope	RT n L /SL)	SB	SBRT		Abl v SL)	Abl (v SBBT)		
	Effect	Conf	Effect	Conf	Effect	Conf	Effect	Conf	
Short-term (90-day) outcomes									
Mortality	$\uparrow\uparrow$	++	$\uparrow\uparrow$	++	<mark>=</mark> /↑	0	$\downarrow$	0	
Morbidity	<b>↑</b>	+	1	+	<mark>=</mark> /↑	0	$\downarrow$	0	
QOL	$\uparrow\uparrow$	Extpol	$\uparrow\uparrow$	Extpol	-	-	-	-	
Pain	<b>↑</b> ↑	Extpol	$\uparrow\uparrow$	Extpol	$\uparrow\uparrow$	Extpol	-	-	
Intermediate (*	Intermediate (1-2 year) outcomes								
∆ FEV1	-	-	-	-	-	-	-	-	
Dyspnea	-	-	-	-	-	-	-	-	
QOL	<b>↑</b> ↑	0	=	Extpol	= / <mark>↑↑</mark> '	<mark>)</mark> 0	=	0	
Pain	$\uparrow\uparrow$	0	=	Extpol	= / <mark>↑↑</mark> '	° 0	-	-	
Toxicity	=	0	=	0	-	-	-	-	
Long-term (5-y	year) outo	comes							
OS	$\downarrow\downarrow$	+	$\downarrow\downarrow$	+	$\downarrow \downarrow \downarrow$	+	$\downarrow$	+	
LCSS	$\downarrow\downarrow$	+	$\downarrow\downarrow$	+	$\downarrow\downarrow\downarrow\downarrow$	+	-	-	
FFR	-	-	-	-	-	-	-	-	
LR- FFR	-	-	-	-	-	-	-	-	

Table S4-5C Summary of evidence in compromised patients

	SE	RT	SB	SBRT		Abl			Abl		
	(v Ope	n L/SL)	(v VATS	(v VATS L/SL)		(v SL)			(v S	BRT)	
	Effect	Conf	Effect	Conf		Effect	Conf		Effect	Conf	
Short-term (90	)-day) ou	tcomes									
Mortality	<b>↑</b> ↑↑	Extpol	$\uparrow\uparrow$	Extpol		=/↑	Extpol		$\downarrow$	Extpol	
Morbidity	↑↑ <sup>a</sup>	Extpol	↑ª	Extpol		=/↑	Extpol		$\downarrow$	Extpol	
QOL	t↑ <sup>a</sup>	Extpol	t↑ <sup>a</sup>	Extpol		-	-		-	-	
Pain	↑↑ <sup>a</sup>	Extpol	↑↑ <sup>a</sup>	Extpol		<b>↑</b> ↑	Extpol		-	-	
Intermediate (*	1-2 year)	outcome	5			-					
∆ FEV1	-	-	-	-		-	-		-	-	
Dyspnea	-	-	-	-		-	-	Π	-	-	
QOL	$\uparrow\uparrow$	Extpol	=	Extpol		= / <mark>↑↑</mark> <sup>b</sup>	Extpol		=	Extpol	
Pain	$\uparrow\uparrow$	Extpol	=	Extpol		= / <mark>↑↑</mark> <sup>b</sup>	Extpol		-	-	
Long-term (5-y	year) out	comes									
OS	Ļ	+	$\downarrow$	+		$\downarrow\downarrow$	0		$\downarrow$	0	
LCSS	Ļ	+	Ļ	+		$\downarrow\downarrow$	0		-	-	
FFR	-	-	-	-		-	-		-	-	
LR- FFR	-	-	-	-		-	-		-	-	



# SBRT vs Lobectomy

Figure S4-1A Graphic depiction of outcomes in Table 1: SBRT vs. lobectomy.



# SBRT vs Sublobar Resection

Figure S4-1B Graphic depiction of outcomes in Table 2: SBRT vs. sublobar resection.

Legend (Figure S4-1A,S4-1B): Graphic depiction of outcomes in *Table 1* and *Table 2*. Figure rows correspond to the respective table rows. Also depicted is the confidence that the outcomes reflect the treatment (*vs.* confounders), the level of clinical relevance and statistical significance. The HR reference is the surgical resection, i.e. HR >1 reflects worse outcome compared with surgery.

Confi	dence results	F	Relevance of Effect			
reflect	the treatment	$\uparrow\uparrow\uparrow$	2× meaningfully better			
VH	Very High	$\uparrow\uparrow$	Meaningfully better			
Н	High	↑ Somewhat better				
М	Moderate	=	Similar			
L	Low	$\downarrow$	Somewhat worse			
VL	Very Low	$\downarrow\downarrow$	Meaningfully worse			
See Tab	ole 1 for details	$\downarrow\downarrow\downarrow\downarrow$	2× meaningfully worse			

The HR reference is the surgical resection, i.e. HR >1 reflects worse outcome compared with surgery.

Red font indicates unadjusted survival rates

\* reported as statistically significant by univariable analysis; \*\* reported as statistically significant by multivariable analysis; Clin Rel, clinical relevance of effect. A clinically relevant difference is defined as  $\geq$ 5-point difference in the 5-year actuarial rate (overall survival, lung cancer specific survival). Details of this categorization is provided in the part 1 paper (*Tab. S1-1*) (49). HR, hazard ratio; Lobe, lobectomy; SBRT, stereotactic body radiotherapy; Seg, segment; SL, sublobar resection; W, wedge; yrs, years

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# SBRT vs Surgery in Older Patients

Figure S4-2 Graphic depiction of outcomes in Table 5: SBRT vs. surgical resection in older patients.

Graphic depiction of outcomes in *Table 5*. Figure rows correspond to the respective table rows. Also depicted is the confidence that the outcomes reflect the treatment (*vs.* confounders), the level of clinical relevance and statistical significance. The HR reference is the surgical resection, i.e. HR >1 reflects worse outcome compared with surgery. Red font indicates unadjusted survival rates. See legend for Figure S4-1A,S4-1B for further explanation.





Cumulative incidence of complications/toxicity after SBRT vs. surgery (data from SEER-Medicare, 2007-09, 1078 propensity-matched patients age  $\geq$ 67). Depicted is the cumulative occurrence of a new diagnosis of conditions that can be summarized as chest morbidity (cardiac, pulmonary or esophageal conditions). mo, months; SBRT, stereotactic body radiotherapy; Surg, surgery. Data from Yu *et al.*, Cancer 2015 (5).



# SBRT vs Surgery in Compromised Patients

Figure S4-4 Graphic depiction of outcomes in Table 6. SBRT vs. surgical resection in compromised patients.

Graphic depiction of outcomes in *Table 6*. Figure rows correspond to the respective table rows. Also depicted is the confidence that the outcomes reflect the treatment (*vs.* confounders), the level of clinical relevance and statistical significance. The HR reference is the surgical resection, i.e. HR >1 reflects worse outcome compared with surgery. Red font indicates unadjusted survival rates. See legend for Figure S4-1A,S4-1B for further explanation.



Figure S4-5 Cumulative incidence of morbidity in high- and low-risk cohorts.

Incidence rate (per 1,000 person-years) of morbidity after SBRT *vs.* surgery in propensity-matched cohorts of high- and low-risk patients (defined as < or  $\geq$ 5-year life expectancy using the SEER-Medicare non-cancer cohort and age, sex and Elixhauser comorbidity). Morbidity involved a new diagnosis of relevant cardiac, pulmonary or esophageal conditions. Data from Yu *et al.*; Cancer 2015 (5).



# Ablation vs SBRT or Surgery

Figure S4-6 Graphic depiction of outcomes in Table 7: ablation vs. SBRT or surgical resection.

Graphic depiction of outcomes in *Table* 7. Figure rows correspond to the respective table rows. Also depicted is the confidence that the outcomes reflect the treatment (*vs.* confounders), the level of clinical relevance and statistical significance. The HR reference is SBRT or surgical resection, i.e. HR >1 reflects worse outcome compared with SBRT or surgery. Red font indicates unadjusted survival rates. See legend for Figure S4-1A,B for further explanation.

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