### <u>Materials Design Analysis Reporting (MDAR)</u> Checklist for Authors

The MDAR framework establishes a minimum set of requirements in transparent reporting applicable to studies in the life sciences (see Statement of Task: doi:10.31222/osf.io/9sm4x.). The MDAR checklist is a tool for authors, editors and others seeking to adopt the MDAR framework for transparent reporting in manuscripts and other outputs. Please refer to the MDAR Elaboration Document for additional context for the MDAR framework.

### **Materials**

| Antibodies                                     | Yes (indicate where provided: section/paragraph) | n/a |
|------------------------------------------------|--------------------------------------------------|-----|
| For commercial reagents, provide supplier      |                                                  | n/a |
| name, catalogue number and RRID, if available. |                                                  |     |

| Cell materials                                                                                               | Yes (indicate where provided: section/paragraph)   | n/a |
|--------------------------------------------------------------------------------------------------------------|----------------------------------------------------|-----|
| <b>Cell lines:</b> Provide species information, strain.                                                      | H9c2: Rattus norvegicus, myoblast. catalog number: |     |
| Provide accession number in repository <b>OR</b> supplier name, catalog number, clone number, <b>OR</b> RRID | CRL-1446                                           |     |
| Primary cultures: Provide species, strain, sex of                                                            |                                                    | n/a |
| origin, genetic modification status.                                                                         |                                                    |     |

| Experimental animals                                   | Yes (indicate where provided: section/paragraph) | n/a |
|--------------------------------------------------------|--------------------------------------------------|-----|
| Laboratory animals: Provide species, strain, sex, age, |                                                  | n/a |
| genetic modification status. Provide accession         |                                                  |     |
| number in repository <b>OR</b> supplier name, catalog  |                                                  |     |
| number, clone number, <b>OR</b> RRID                   |                                                  |     |
| Animal observed in or captured from the                |                                                  | n/a |
| field: Provide species, sex and age where              |                                                  |     |
| possible                                               |                                                  |     |
| Model organisms: Provide Accession number              |                                                  | n/a |
| in repository (where relevant) OR RRID                 |                                                  |     |

| Plants and microbes                                                                                                                           | Yes (indicate where provided: section/paragraph) | n/a |
|-----------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------|-----|
| <b>Plants:</b> provide species and strain, unique accession number if available, and source (including location for collected wild specimens) |                                                  | n/a |
| <b>Microbes:</b> provide species and strain, unique accession number if available, and source                                                 |                                                  | n/a |

| Human research participants                         | Yes (indicate where provided: section/paragraph) | n/a |
|-----------------------------------------------------|--------------------------------------------------|-----|
| Identify authority granting ethics approval (IRB or |                                                  | n/a |
| equivalent committee(s), provide reference number   |                                                  |     |
| for approval.                                       |                                                  |     |
| Provide statement confirming informed consent       |                                                  | n/a |
| obtained from study participants.                   |                                                  |     |
| Report on age and sex for all study participants.   |                                                  | n/a |

# <u>Design</u>

| Study protocol                                                                               | Yes (indicate where provided: section/paragraph)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | n/a |
|----------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|
| For clinical trials, provide the trial registration number <b>OR</b> cite DOI in manuscript. |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | n/a |
| Laboratory protocol                                                                          | Yes (indicate where provided: section/paragraph)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | n/a |
| Provide DOI or other citation details if detailed step-                                      |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | n/a |
| by-step protocols are available.                                                             |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |     |
| Experimental study design (statistics details)                                               | Yes (indicate where provided: section/paragraph)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | n/a |
| State whether and how the following have been                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |     |
| done, or if they were not carried out.                                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |     |
| Sample size determination                                                                    | Section: Statistical analysis                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |     |
| Randomisation                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | n/a |
| Blinding                                                                                     |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | n/a |
| Inclusion/exclusion criteria                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | n/a |
| Sample definition and in-laboratory replication                                              | Yes (indicate where provided: section/paragraph)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | n/a |
| State number of times the experiment was                                                     | Section: Statistical analysis                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |     |
| replicated in laboratory                                                                     | ,                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |     |
| Define whether data describe technical or biological                                         | Section: Statistical analysis                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |     |
| replicates                                                                                   | ·                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              |     |
| Ethics                                                                                       | Yes (indicate where provided: section/paragraph)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | n/a |
| Studies involving human participants: State details of                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | n/a |
| authority granting ethics approval (IRB or equivalent                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |     |
| committee(s), provide reference number for                                                   |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |     |
| approval.                                                                                    |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |     |
| Studies involving experimental animals: State details                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | n/a |
| of authority granting ethics approval (IRB or                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |     |
| equivalent committee(s), provide reference number                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |     |
| for approval.                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |     |
| Studies involving specimen and field samples: State if                                       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | n/a |
| relevant permits obtained, provide details of                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |     |
| authority approving study; if none were required,                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |     |
| explain why.                                                                                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |     |
| Dual Use Research of Concern (DURC)                                                          | Yes (indicate where provided: section/paragraph)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | n/a |
| If study is subject to dual use research of concern,                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | n/a |
| state the authority granting approval and reference                                          |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |     |
| number for the regulatory approval                                                           | i contract the second of the s | 1   |

# **Analysis**

| Attrition                                             | Yes (indicate where provided: section/paragraph) | n/a |
|-------------------------------------------------------|--------------------------------------------------|-----|
| State if sample or data point from the analysis is    |                                                  | n/a |
| excluded, and whether the criteria for exclusion were |                                                  |     |
| determined and specified in advance.                  |                                                  |     |

| Statistics                                            | Yes (indicate where provided: section/paragraph) | n/a |
|-------------------------------------------------------|--------------------------------------------------|-----|
| Describe statistical tests used and justify choice of | Section: Statistical analysis                    |     |
| tests.                                                | •                                                |     |

| Data Availability                                                                                            | Yes (indicate where provided: section/paragraph) | n/a |
|--------------------------------------------------------------------------------------------------------------|--------------------------------------------------|-----|
| State whether newly created datasets are available, including protocols for access or restriction on         | Section: Statistical analysis                    |     |
| access.                                                                                                      |                                                  |     |
| If data are publicly available, provide accession number in repository or DOI or URL.                        |                                                  | n/a |
| If publicly available data are reused, provide accession number in repository or DOI or URL, where possible. |                                                  | n/a |

| Code Availability                                   | Yes (indicate where provided: section/paragraph) | n/a |
|-----------------------------------------------------|--------------------------------------------------|-----|
| For all newly generated code and software essential |                                                  |     |
| for replicating the main findings of the study:     |                                                  |     |
| State whether the code or software is available.    |                                                  | n/a |
| If code is publicly available, provide accession    |                                                  | n/a |
| number in repository, or DOI or URL.                |                                                  |     |

# Reporting

| Adherence to community standards                    | Yes (indicate where provided: section/paragraph)       | n/a |
|-----------------------------------------------------|--------------------------------------------------------|-----|
| MDAR framework recommends adoption of               |                                                        |     |
| discipline-specific guidelines, established and     |                                                        |     |
| endorsed through community initiatives. Journals    |                                                        |     |
| have their own policy about requiring specific      |                                                        |     |
| guidelines and recommendations to complement        |                                                        |     |
| MDAR.                                               |                                                        |     |
| State if relevant guidelines (eg., ICMJE, MIBBI,    | ICMJE guidelines were followed, as the journal follows |     |
| ARRIVE) have been followed, and whether a checklist | ICMJE recommendations for publication.                 |     |
| (eg., CONSORT, PRISMA, ARRIVE) is provided with     |                                                        |     |
| the manuscript.                                     |                                                        |     |

 $Article\ information:\ \underline{https://dx.doi.org/10.21037/jtd-22-606}$