CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	Page 1/Line 3	Title section
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	Page 2/Line 17	Key word section
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	Page 2/Line 2~5	Abstract section/Paragraph
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	Page 2/Line 6~14	Abstract section/Paragraph 2
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	Page 2/Line 15~17	Abstract section/Paragraph
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	Page 3/Line 1~10	Introduction
Patient Information	5a	De-identified patient specific information	Page 3/Line 14	Case presentation
	5b	Primary concerns and symptoms of the patient	Page 3/Line 14	Case presentation
	5c	Medical, family, and psycho-social history including relevant genetic information	Page 3/Line 14~19	Case presentation
	5d	Relevant past interventions with outcomes	Page 3/Line 20~27	Case presentation
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	Page 4/Line 9~10	Case presentation
Timeline	7	Historical and current information from this episode of care organized as a timeline	Page 3/Line 13 ~ Page 4/	Case presentation
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Page 4/Line 10~11	Case presentation
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Page 4/Line 13~15	Case presentation
	8c	Diagnosis (including other diagnoses considered)	Page 4/Line 13~15	Case presentation
	8d	Prognosis (such as staging in oncology) where applicable	Page 6/Line 16~18	Treatment and follow up
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Page 6/Line 1~13	Treatment and follow up
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Page 6/Line 16	Treatment and follow up
	9c	Changes in therapeutic intervention (with rationale)	Page 6/Line 15~17	Treatment and follow up

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	Page 7/Line 26~27	Last admission
	10b	Important follow-up diagnostic and other test results	Page 7/Line 21~25	Last admission
	10c	Intervention adherence and tolerability (How was this assessed?)	Page 7/Line 24~25	Last admission
	10d	Adverse and unanticipated events	Page 7/Line 27	Last admission
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	Page 9/Line 2~4	Discussion
	11b	Discussion of the relevant medical literature **with references**	Page 9/Line 10~12	Discusstion
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Page 9/Line 8~15	Discussion
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Page 9/Line 24 ~ Page	Discussion
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	n/a	n/a
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.