



In lung adenocarcinoma, low expression of the cell surface extracellular nucleotidase CD39 is related to immune infiltration and a poor prognosis

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Background: Extracellular nucleotidase on the cell surface CD39 plays a crucial role in the tumor microenvironment in the immunosuppressive adenosine pathway. However, the association between CD39 and lung adenocarcinoma has rarely been recorded. This study aimed to explore the involvement of CD39 in the biological processes of lung cancer.

Methods: First, a prediction model was established by analyzing the expression of CD39 in lung adenocarcinoma and its relationships with clinical evidence of lung adenocarcinoma using The Cancer Genome Atlas (TCGA) and Tumor Immune Estimation Resource (TIMER) databases. In the TCGA and TIMER databases, the relationship between CD39 and immune cells and the relationship with immune-related expressed genes were studied. Subsequently, using gene set enrichment analysis (GSEA), the potential mechanism of action was investigated.

Results: Lung adenocarcinoma patients with elevated CD39 expression had improved overall survival (OS), disease-specific survival (DSS), and progression-free interval (PFI). CD39 expression was reduced in lung adenocarcinoma tumor tissue in the TCGA and TIMER databases. The nomogram's C-index was 0.688 (0.665–0.712), indicating some consistency in the prediction model. According to the TIMER and TCGA databases, CD39 expression was strongly connected with several immune cells invading and with immune checkpoint-related markers such as PDCD1, CD274, CTLA-4, and several functional T cells. GSEA revealed that CD39 influences the extracellular matrix, immunological microenvironment, programmed death 1 (PD-1) expression, glucose metabolism, PTEN stability, inflammatory response, and angiogenesis in lung cancer.

Conclusions: The current study's findings demonstrated that CD39 can be employed as a possible predictive biomarker for lung adenocarcinoma and may enhance the patients' poor prognosis by preventing the immunological escape of tumor cells from the lung adenocarcinoma tumor microenvironment.

Keywords: Lung adenocarcinoma; CD39; bioinformatics analysis; prognosis; immune checkpoint therapy

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Introduction

Lung cancer has one of the highest proportions of occurrence and mortality among human cancers. Lung adenocarcinoma constitutes 30–35% of all lung cancer cases and is a type of non-small cell lung cancer (NSCLC), which is the prevalent type of lung cancer (1). Patients with lung cancer have increased recently due to smoking and air pollution (2). According to studies, less than 15% of people with severe lung adenocarcinoma will survive for at least 5 years. The long-term survival rate for lung adenocarcinoma is still quite low despite the development of numerous new treatments, including targeted therapy and immunotherapy (3,4). Most patients are diagnosed at an advanced stage, which is one of the primary causes of poor survival. Early diagnosis is one of the best ways to increase a lung cancer patient's chances of survival and prognosis (5–7). Thus, to develop novel treatment drugs to improve patient survival, it is crucial to comprehend the molecular mechanisms underlying the occurrence and development of lung adenocarcinoma and establish biomarkers that may be detected at the early stages of the disease.

Adenosine triphosphate (ATP) is the main form of energy storage and energy supply in cellular energy metabolism. Under physiological conditions, ATP mainly exists in cells, its concentration is 1–10 mmol/L, and its extracellular concentration is extremely low (10–100 nmol/L). Extracellular ATP (eATP) is a crucial extracellular signaling molecule that, in addition to performing metabolic functions, binds to purinergic P2 receptors as danger-associated molecular patterns (DAMPs) and triggers inflammation via

chemotaxis (8). It binds to purinergic P2 receptor, activates inflammatory bodies and platelets through chemotaxis, participates in inflammation, and triggers thrombosis (9). As an immunosuppressant on the A2 and A3 receptors on the surface of immune cells, ATP can be digested into adenosine by cascade enzymes in the extracellular space, preventing the harmful action of ATP (10).

A vital component of the adenosine pathway is the cell surface enzyme extracellular nucleotidase CD39, commonly referred to as extracellular nucleoside triphosphate diphosphate hydrolase 1 (ENTPD1) (11). ATP is composed of a macromolecule called adenosine and three simpler phosphate radicals. The last two phosphate radicals have "high energy bonds" on which a large amount of chemical energy is stored. Therefore, compounds like ATP are also called high energy phosphides. When ATP terminal monophosphate bond breaks, it releases energy to enable cells to do work or complete other physiological functions. When the body needs, adenosine triphosphate is decomposed into adenosine diphosphate (ADP) and energy is released for the body to use. Although adenosine triphosphate is the only material directly supplying energy in the body, its content in the tissues is very small. When it is continuously consumed, it must be continuously decomposed by other energy substances to release energy for other re synthesis. This paragraph should read: it specifically hydrolyzes extracellular ATP to ADP and/or AMP. AMP is hydrolyzed to adenosine via CD73 (another key extracellular nucleotidase of adenosine pathway) and extracellular 5'- nucleotidase to play an immunomodulatory role (12). Recent research has demonstrated that CD39 is also involved in various biological processes in many cancers. For example, blocking TIGIT (T cell Ig and ITIM domain), CD39, and A2AR can increase natural killer (NK)-92 cell-mediated cytotoxicity in acute myeloid leukemia (AML) (13). Immune responses against tumors can be modulated by cells with increased expression (14). To avoid immunological responses, glioma stem cells elevate CD39 expression through SOX2 regulation (15). Overexpression of PD-1 and CD39 in tumor infiltrating lymphocytes compared with peripheral blood lymphocytes in triple negative breast cancer (16). Genetically driven CD39 expression can shape the function of CD8⁺ T cells in human tumor invasion (17). CD39 expression defines cell failure in CD8⁺ T cells infiltrating tumors, and a subset of tumor infiltrating CD8⁺ T cells marked by high expression of immunosuppressive ATP exonucleotidase CD39 (18). However, a detailed investigation into the

Highlight box

Key findings

- The increased expression of CD39 can significantly prolong the prognosis of patients with lung adenocarcinoma. At the same time, immune escape may occur by inhibiting tumor cells in the tumor microenvironment of lung adenocarcinoma.

What is known and what is new?

- CD39 is a key molecule in the adenosine pathway.
- Current research shows that CD39 is also involved in different biological events of various tumors, such as AML, glioma and other tumors. At the same time, the prediction of the mechanism is added, which provides a reference for later research.

What is the implication, and what should change now?

- Basic experiments *in vivo* and *in vitro* are added to clarify the mechanism of CD39 in lung adenocarcinoma.

expression, prognosis, and mechanism of CD39 in lung cancer is limited. Moreover, the role of CD39 in tumor immune infiltration in lung adenocarcinoma is unknown. The ability to quickly develop high-throughput sequencing and microarray technology has made it possible to screen successfully for lung adenocarcinoma gene expression variations, which is an effective and promising tool for screening diagnostic biomarkers of benign or malignant conditions (19,20). Through The Cancer Genome Atlas (TCGA) database, our study primarily examined CD39 expression and its association with immune cell infiltration, immune cell biomarkers, or non-adenocarcinoma immunological checkpoints to calculate the survival of patients with lung adenocarcinoma. We also carried out bioinformatics analysis and confirmation to explore the possible mechanism of action of CD39. We present the following article in accordance with the TRIPOD reporting checklist (available at <https://jtd.amegroups.com/article/view/10.21037/jtd-22-1696/rc>).

Methods

Data analysis using TCGA and TIMER databases

We obtained messenger RNA (mRNA) expression data for distinct cancer types from the TCGA and Tumor Immune Estimation Resource (TIMER) databases. The data was adjusted, and we then used the R program (The R Foundation for Statistical Computing, Vienna, Austria) for differential expression analysis of CD39. A P value of <0.05 was considered statistically significant.

Clinical characteristics of individuals with lung adenocarcinoma in TCGA database and the association between CD39

From TCGA database, we retrieved the clinical features of lung cancer patients, and we then compared and examined the relationship between CD39 and these clinical characteristics and prognosis. The expression of CD39 in lung cancer was also evaluated using the log-rank test and the Mantel-Cox test. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013).

The nomogram construction and assessment

We created nomograms based on the multivariate analysis findings to tailor the expected survival probability at 1,

3, and 5 years. The RMS R program was used to create nomograms comprising clinical characteristics connected to CD39 and calibration plots. In addition, we compared the predictive accuracy of nomograms and individual prognostic factors using the C-index.

The correlation between CD39 and immune cells in TCGA and TIMER databases

Through the TIMER and TCGA online searches, we thoroughly examined the expression of tumor-infiltrating immune cells. Additionally, we examined the correlation between CD39 expression levels, immune checkpoint expression levels, and immune cell infiltration in lung adenocarcinoma.

Gene set enrichment analysis (GSEA)

For our online functional analysis, we used Metascape (<https://metascape.org/gp/index.html#/main/step1>). Metascape now includes differential genes for quantitative measurements.

Statistical analysis

The web resources were used to automatically compute the statistical analysis for this study. A P value or log-rank P value of <0.05 was regarded as statistically significant.

Results

Decreased CD39 expression in lung adenocarcinoma

Our examination of the TCGA and the TIMER databases revealed that CD39 expression in tumor tissues varied (*Figure 1A,1B*). Further investigation revealed that lung adenocarcinoma tumor samples had decreased CD39 expression (*Figure 1C*). When the receiver operating characteristic (ROC) curve was constructed, the area under the curve (AUC) was determined to be 0.679, indicating that CD39 had a stronger predictive impact (*Figure 1D*).

The prognosis of CD39 in lung adenocarcinoma

We observed that patients with high CD39 expression had better progression-free survival (PFS), disease-specific survival (DSS), and overall survival (OS) than those with low CD39 expression through TCGA database analysis

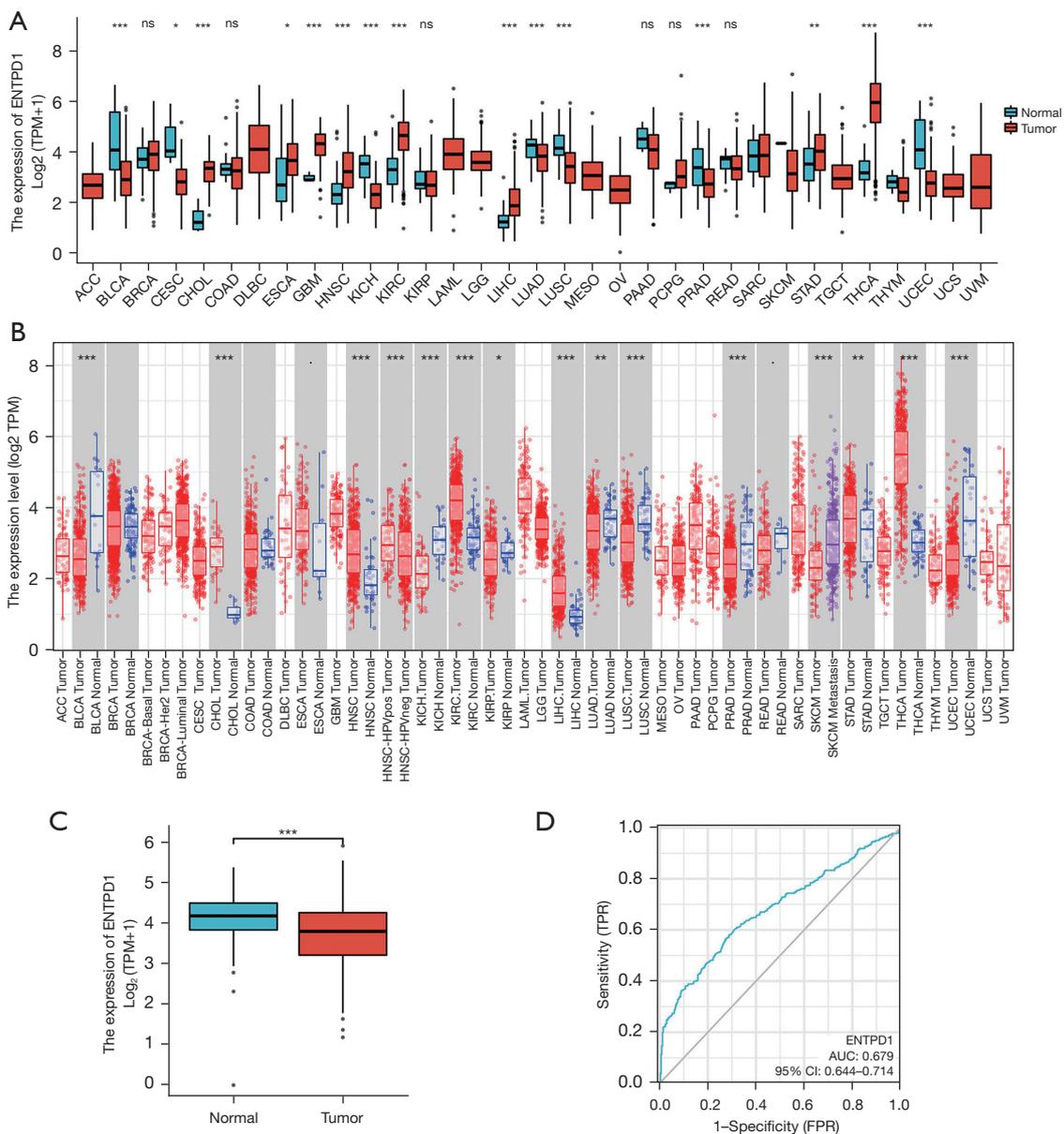


Figure 1 Lung adenocarcinoma is distinguished by a decrease in CD39 expression. (A) The expression of CD39 in unpaired lung adenocarcinoma tissues (tumor 515 cases; normal 347 cases); (B) the expression of CD39 in distinct tumors in the TIMER database; (C) the expression of CD39 in different tumors in TCGA; and (D) ROC analysis showing that CD39 had stronger prediction capability between tumor and normal tissue. *, $P < 0.5$; **, $P < 0.01$; ***, $P < 0.001$. ns, $P \geq 0.5$; ENTPD1, extracellular nucleoside triphosphate diphosphate hydrolase 1 (ENTPD1 is the CD39); TPM, Transcripts Per Kilobase of exon model per Million mapped reads; TPR, true positive rate; FPR, false positive rate; AUC, area under the curve; CI, confidence interval; TIMER, Tumor IMMune Estimation Resource; TCGA, The Cancer Genome Atlas; ROC, receiver operating characteristic.

(Figure 2A). Further stratified analysis showed that in T2, N1, N2, M0, pathological stage III, male gender, age >65 years, and smoking history of lung adenocarcinoma patients who also had high CD39 expression had a better prognosis (Figure 2B).

The association between CD39 in TCGA database and lung adenocarcinoma patient clinical information

By examining the patient records in the TCGA database for lung adenocarcinoma, we determined that the expression of CD39 was variable in lung adenocarcinoma patients with distinct pathological stages, tumor-node-metastasis (TNM) stages, and smoking, whereas the expression of CD39 was low in tumor tissue. In comparison to normal tissues, lung adenocarcinoma patients with HCC who had low CD39 expression had worse survival in these different groups (Figure 3).

Nomogram construction

We developed nomograms based on the findings of multivariate analysis to determine 1-, 3-, and 5-year survival possibilities in lung adenocarcinoma patients, with a nomogram C-index of 0.688 (0.665–0.712) (Figure 4A). In the calibration plot, the bias correction line is near to the ideal curve (the 45-degree line), showing some consistency between projected and actual values (Figure 4B). As a result, this also demonstrated that the prediction model possesses a certain level of predictive performance.

Immune cells and CD39 correlation in the TIMER and TCGA databases

We discovered that CD39 has a specific function in the immune system, and correlation analysis can offer important hints for researching the role and mechanism of CD39. As a result, we examined the relationship between CD39 and immune cell infiltration in lung adenocarcinomas using the TIMER database. CD39 expression was positively associated with B cells, CD8⁺ T cells, CD4⁺ T cells, macrophages, neutrophils, and dendritic cells (DCs) (Figure 5A). Then, using TCGA database, we carried out pertinent analysis and verification. Correspondingly, we observed that CD39 was inversely connected to levels of infiltration of Th17 cells and NK CD56 bright cells but favorably correlated with levels of infiltration of Th1 cells, neutrophils, T cells, immature dendritic cell (iDCs), DCs,

B cells, Treg, and T helper cells (Figure 5B). Subsequent investigation revealed that the immune checkpoint-related molecules PDCD1, CTLA-4, and CD274 had a positive correlation with CD39 expression. The differences were statistically significant (Figure 5C).

Screening of co-expressed genes of CD39

Genes associated with CD39 co-expression either favorably or negatively were found using data mining from TCGA platform. A graph displaying the top 50 lung cancer genes positively and negatively correlated with CD39 is provided in Figure 6A and Figure 6B.

Relationship between the expression of CD39 and other immunological markers

To further comprehend the connection between CD39 and immune responses, the TIMER dataset was used to examine the relationship between CD39 expression and many immunological markers in lung adenocarcinomas. Immune cells including DCs, NK cells, neutrophils, M2 macrophages, M1 macrophages, tumor-associated macrophages (TAM), monocytes, CD8⁺ T cells, T cells, and B cells were all characterized using the genes included in Table 1. In clinical cancer biopsies, tumor purity significantly impacts the architecture of immune infiltration. After correcting for tumor purity, lung adenocarcinoma immune cells' expression of CD39 exhibited a favorable correlation with immunological markers.

Additionally, we examined the connection between CD39 expression and different types of functional T cells, such as Th1, Th1-like, and Th2. After adjustment for tumor purity, we discovered that CD39 expression levels were positively linked with each of the 12 T-cell markers in lung adenocarcinoma (see Table 2 below).

GSEA-based signaling pathways prediction

Using Metascape, we conducted a Kyoto Encyclopedia of Genes and Genomes (KEGG) analysis online. The results revealed that CD39 might be engaged in REACTOME_ECM_PROTEOGLYCANS, KEGG_PRIMARY_IMMUNODEFICIENCY, REACTOME_PD_1_SIGNALING, REACTOME_GLUONEOGENESIS, REACTOME_STABILIZATION_OF_P53, REACTOME_REGULATION_OF_PTEN_STABILITY_AND_ACTIVITY,

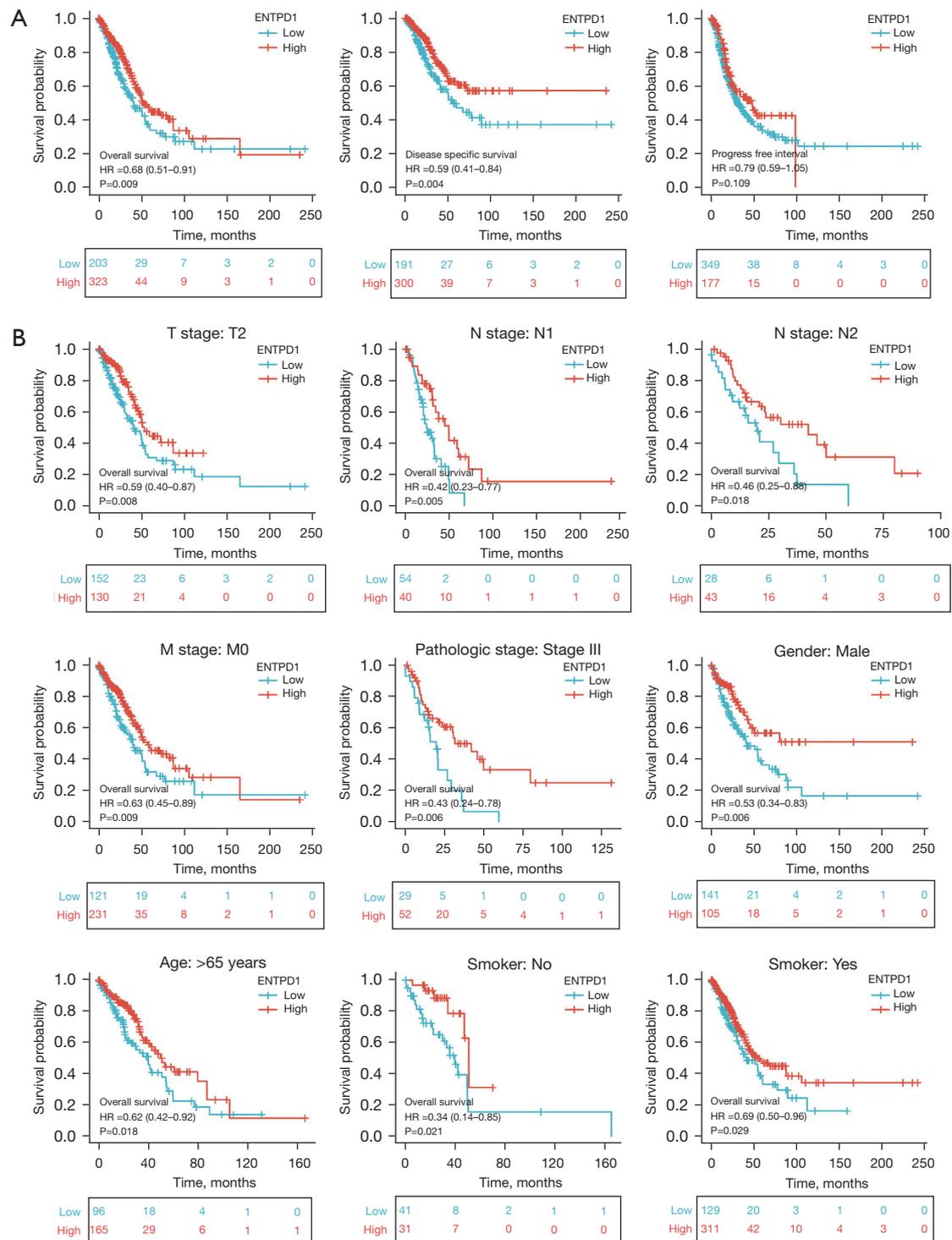


Figure 2 CD39 and lung adenocarcinoma patient prognosis in the TCGA database. (A) Correlation of CD39 with OS, DSS, and PFI in lung adenocarcinoma patients; (B) CD39 expression with T2, N1, N2, M0, pathological stage III, male gender, age >65 years, and smoking history correlation of prognosis in patients with lung adenocarcinoma. ENTDP1, extracellular nucleoside triphosphate diphosphate hydrolase 1 (ENTPD1 is the CD39); TCGA, The Cancer Genome Atlas; OS, overall survival; DSS, disease-specific survival; PFI, progression-free interval.

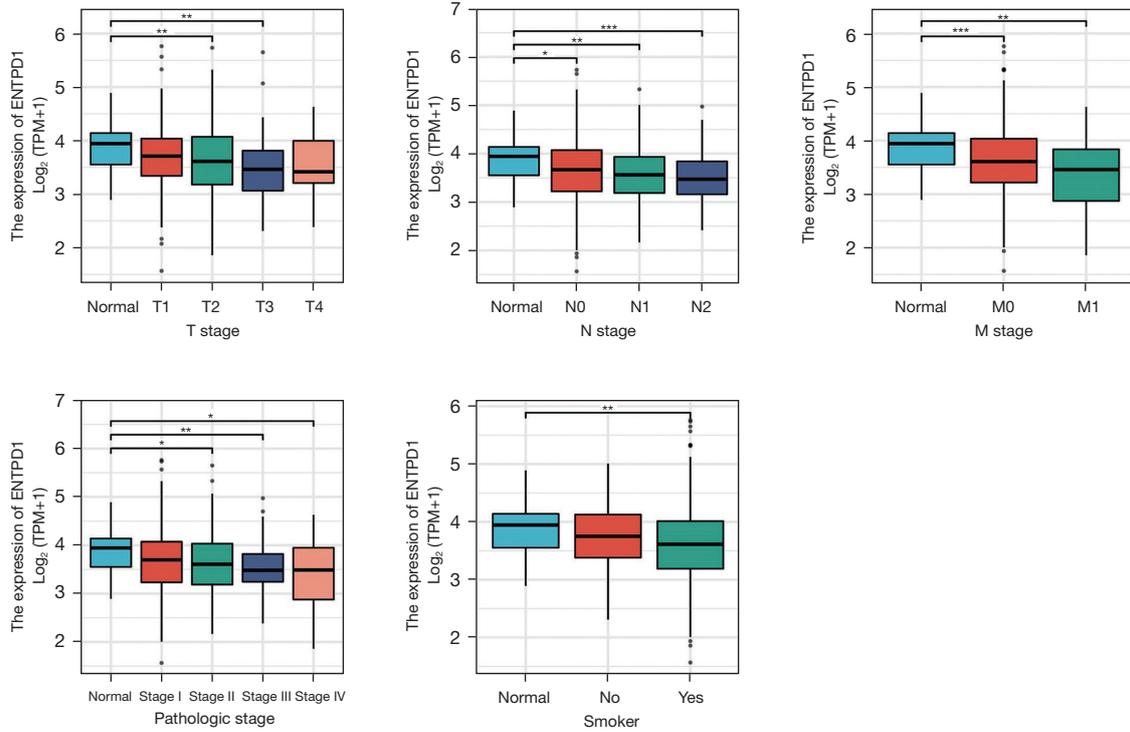


Figure 3 The TCGA database was used to assess CD39 expression in different patient groups based on clinical characteristics. ***, <0.001; **, <0.01; *, <0.05. ENTPD1, extracellular nucleoside triphosphate diphosphate hydrolase 1 (ENTPD1 is the CD39); TPM, Transcripts Per Kilobase of exon model per Million mapped reads; TCGA, The Cancer Genome Atlas.

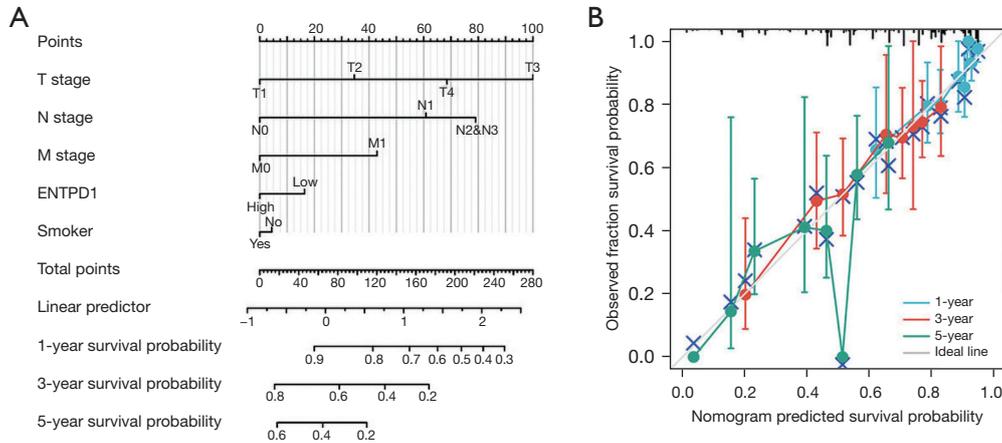


Figure 4 The nomogram and a calibration plot. (A) Nomogram for predicting 1-, 3-, and 5-year OS probability in patients diagnosed with lung cancer; (B) nomogram calibration plot for predicting OS likelihood. ENTPD1, extracellular nucleoside triphosphate diphosphate hydrolase 1 (ENTPD1 is the CD39); OS, overall survival.

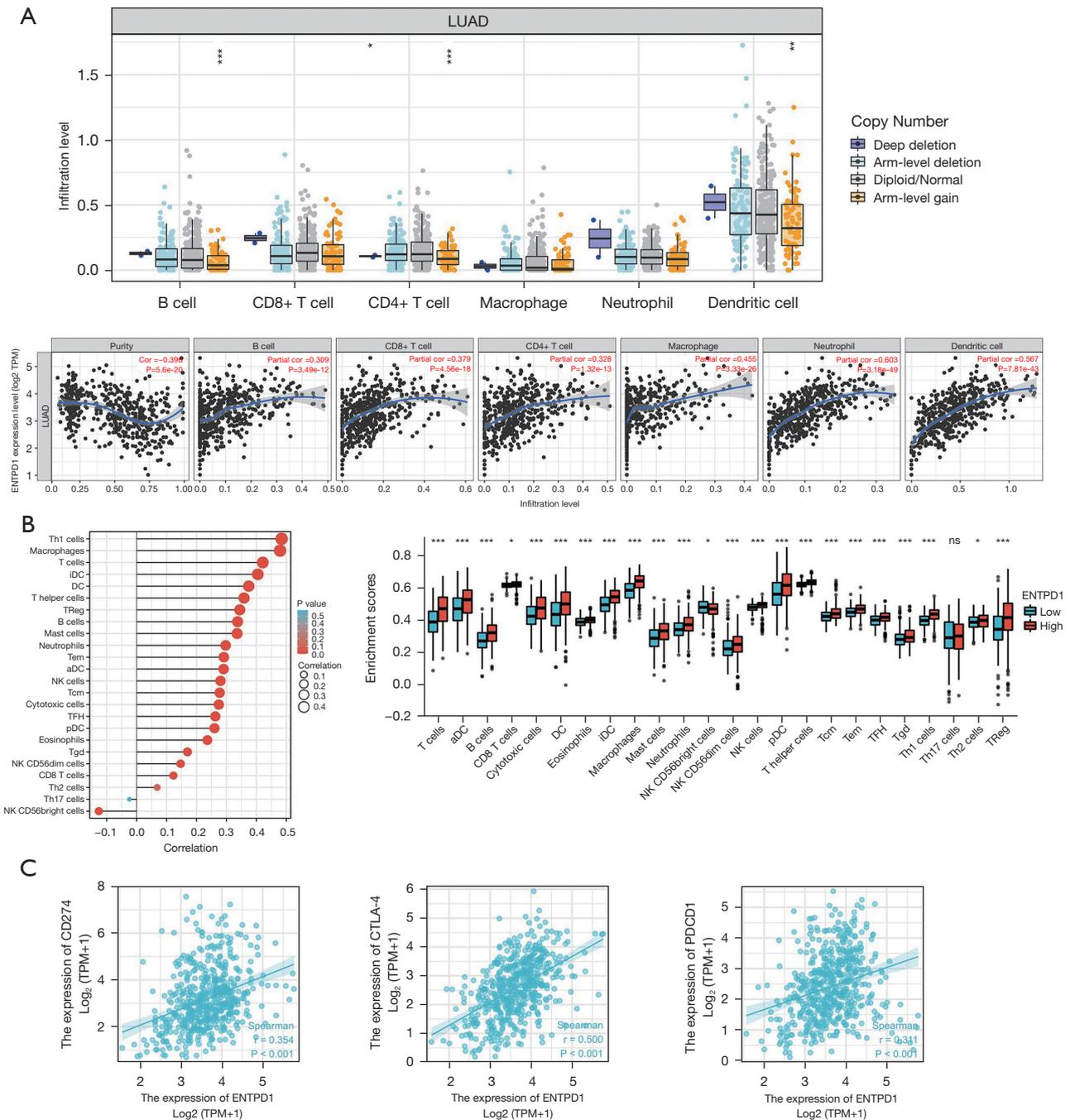


Figure 5 Shows the relationship between the CD39 and immune cells in the TIMER and TCGA databases. (A) Relationship between CD39 and immunological cells in the TIMER database; (B) the relationship between immune cells and CD39 in the TCGA database; (C) a scatterplot of correlations of CD39 expression in lung adenocarcinoma and PDCD1, CD274, and CTLA-4. *, $P < 0.5$; **, $P < 0.01$; ***, $P < 0.001$; ns, $P \geq 0.5$. LUAD, lung adenocarcinoma; ENTPD1, extracellular nucleoside triphosphate diphosphate hydrolase 1 (ENTPD1 is the CD39); TPM, Transcripts Per Kilobase of exon model per Million mapped reads; TIMER, Tumor IMMune Estimation Resource; TCGA, The Cancer Genome Atlas.

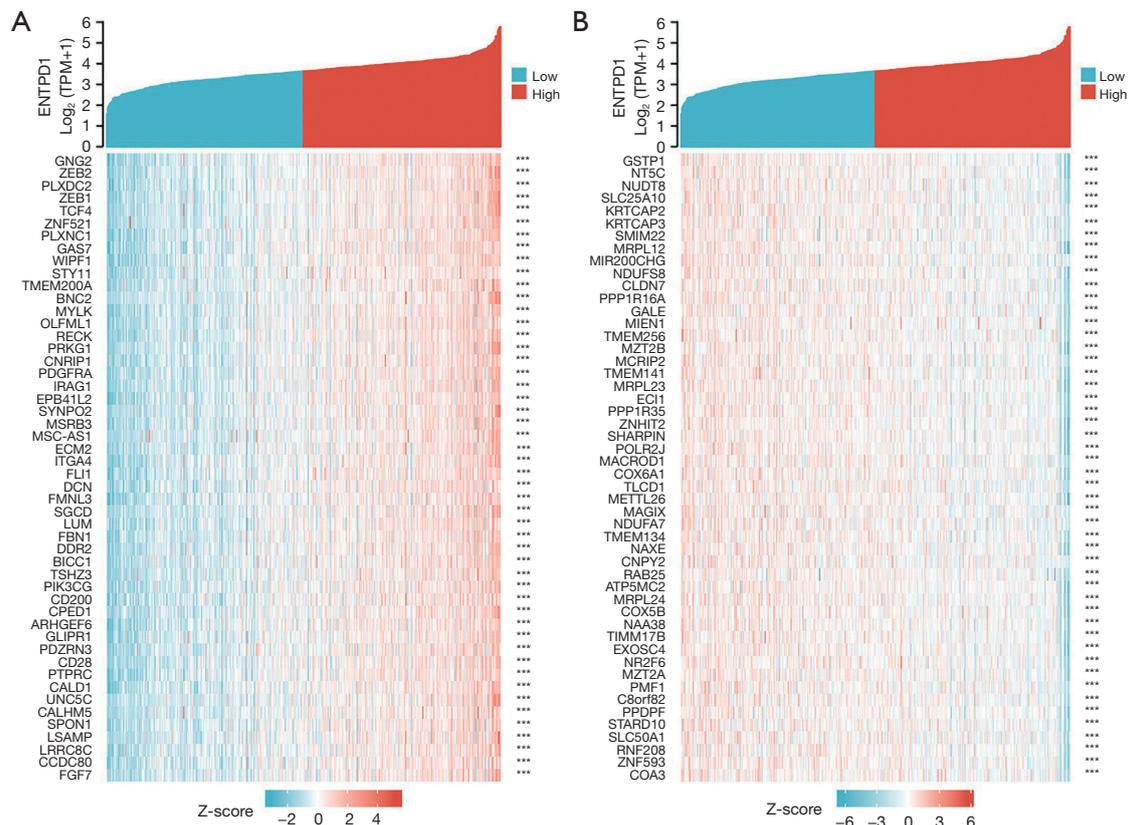


Figure 6 Demonstrates a study of CD39's co-expressed genes. (A) The top 50 genes in lung cancer that have positive correlations with CD39 are represented through a heatmap; (B) the top 50 genes in lung adenocarcinoma correlate negatively with CD39. ***, $P < 0.001$. ENTPD1, extracellular nucleoside triphosphate diphosphate hydrolase 1 (ENTPD1 is the CD39); TPM, Transcripts Per Kilobase of exon model per Million mapped reads.

REACTOME_INTERLEUKIN_4_AND_INTERLEUKIN_13_SIGNALING, and WP_ANGIOPOIETIN_LIKE_PROTEIN_8_REGULATORY_PATHWAY

to influence the biological events of lung adenocarcinoma, leading to different prognoses of lung adenocarcinoma (Figure 7).

Discussion

Since lung adenocarcinoma is one of the most prevalent cancer types and one of the malignant tumors with the maximum mortality and morbidity, understanding the molecular mechanism of CD39 may assist in the discovery of clinically effective therapies or exploration of compelling predictive biomarkers (21). Many studies have shown that CD39 is crucial to the development and progression of many cancers and diseases (22,23). Nevertheless, studies on

CD39 in lung adenocarcinoma are relatively limited, and more investigation and exploration are required.

Through bioinformatics analysis, we investigated the significance of CD39 in the formation and progression of lung adenocarcinoma and the potential mechanism by which it interacts. We determined that CD39 expression was lowered in lung adenocarcinoma tumor tissue in the TCGA and TIMER databases and that lung adenocarcinoma patients with elevated CD39 expression had superior OS, DSS, and progression-free interval (PFI). In order to provide the prediction effectiveness and broader reference value for clinical application, we also developed a nomogram by evaluating the association between CD39 and clinical parameters of lung cancer patients.

Immune checkpoint therapies using anti-programmed death 1 (PD-1) and anti-programmed death ligand-1 (PD-L1) have transformed the management of lung

Table 1 Analysis of the correlation between ENTPD1 and immune cell gene markers in the TIMER database

Description	Gene markers	LUAD			
		None		Purity	
		Cor	P value	Cor	P value
B cell	CD19	0.416	***	0.28	***
	CD79A	0.458	0	0.342	***
T cell (general)	CD3D	0.466	***	0.324	***
	CD3E	0.51	***	0.378	***
	CD2	0.532	CD2	0.4111	***
CD8+ T cell	CD8A	0.41	0	0.277	***
	CD8B	0.349	***	0.236	***
Monocyte	CD86	0.67	0	0.606	***
	CSF1R	0.646	***	0.585	***
TAM	CCL2	0.469	0	0.391	***
	CD68	0.503	0	0.431	***
	IL-10	0.558	***	0.479	***
M1	IRF5	0.331	***	0.242	***
	PTGS2	0.138	***	0.148	***
	NOS2	0.201	***	0.131	***
M2	CD163	0.55	0	0.482	***
	VSIG4	0.488	0	0.429	***
	MS4A4A	0.597	0	0.536	***
Neutrophils	CEACAM8	0.185	***	0.183	***
	ITGAM	0.533	0	0.469	***
	CCR7	0.487	0	0.355	***
Dendritic cell	HLA-DPB1	0.474	***	0.377	***
Natural killer cell	KIR2DL1	0.061	***	0.013	***

***, $P < 0.001$. ENTPD1, extracellular nucleoside triphosphate diphosphate hydrolase 1 (ENTPD1 is the CD39); TIMER, Tumor IMMune Estimation Resource; LUAD, lung adenocarcinoma; Cor, correlation coefficient; TAM, tumor associated macrophages.

adenocarcinoma and other metastatic malignancies (24). Even though immune checkpoint inhibitors can greatly improve the prognosis for lung adenocarcinoma patients, a substantial proportion of patients are resistant to them or they prove ineffective. Adenocarcinoma of the lung is considered one of the most immune tumors (25). In patients with lung adenocarcinoma, signals in the immunological

Table 2 Analysis of the relationship between ENTPD1 and the gene markers for several T cell types in the TIMER database

Description	Gene markers	LUAD			
		None		Purity	
		Cor	P value	Cor	P value
Th1	TBX21	0.369	0	0.235	***
	STAT4	0.419	***	0.299	***
	STAT1	0.397	0	0.31	***
	TNF	0.394	0	0.291	***
	IFNG	0.279	***	0.161	***
Th1-like	CXCR3	0.389	0	0.262	***
	BHLHE40	0.168	***	0.142	***
	CD4	0.712	***	0.652	***
	STAT6	0.052	***	0.075	***
Th2	STAT5A	0.547	***	0.462	***
	FOXP3	0.571	0	0.474	***
Resting Treg	IL2RA	0.635	***	0.57	***

***, $P < 0.001$. ENTPD1, extracellular nucleoside triphosphate diphosphate hydrolase 1 (ENTPD1 is the CD39); TIMER, Tumor IMMune Estimation Resource; LUAD, lung adenocarcinoma; Cor, correlation coefficient.

microenvironment, such as the accumulation of metabolic byproducts or T cell malfunction, may greatly influence the response to immunosuppressive drugs. Prior research has demonstrated the widespread expression of CD39 in various disease-related immune cell types. However, the precise function of CD39 in these cells has been slowly revealed, such as how genetically determined CD39 expression can impact the activity of human tumor-infiltrating CD8+ T cells (17).

Poor survival is associated with interleukin 6 (IL-6)-induced CD39 expression on tumor-infiltrating NK cells in esophageal squamous cell carcinoma (26). AHR and CD39 cell expression in glioblastoma can control TAMs and T cells (27). In this study, we found that the expression of CD39 was positively correlated with immune invasion through the data analysis results in TIMER database and TCGA database, as well as the correlation with immune checkpoint related molecules PDCD1, CD274 and CTLA-4, and suggested that CD39 may play an important role in inhibiting tumor cells from immune escape in the lung adenocarcinoma tumor microenvironment. In this study,

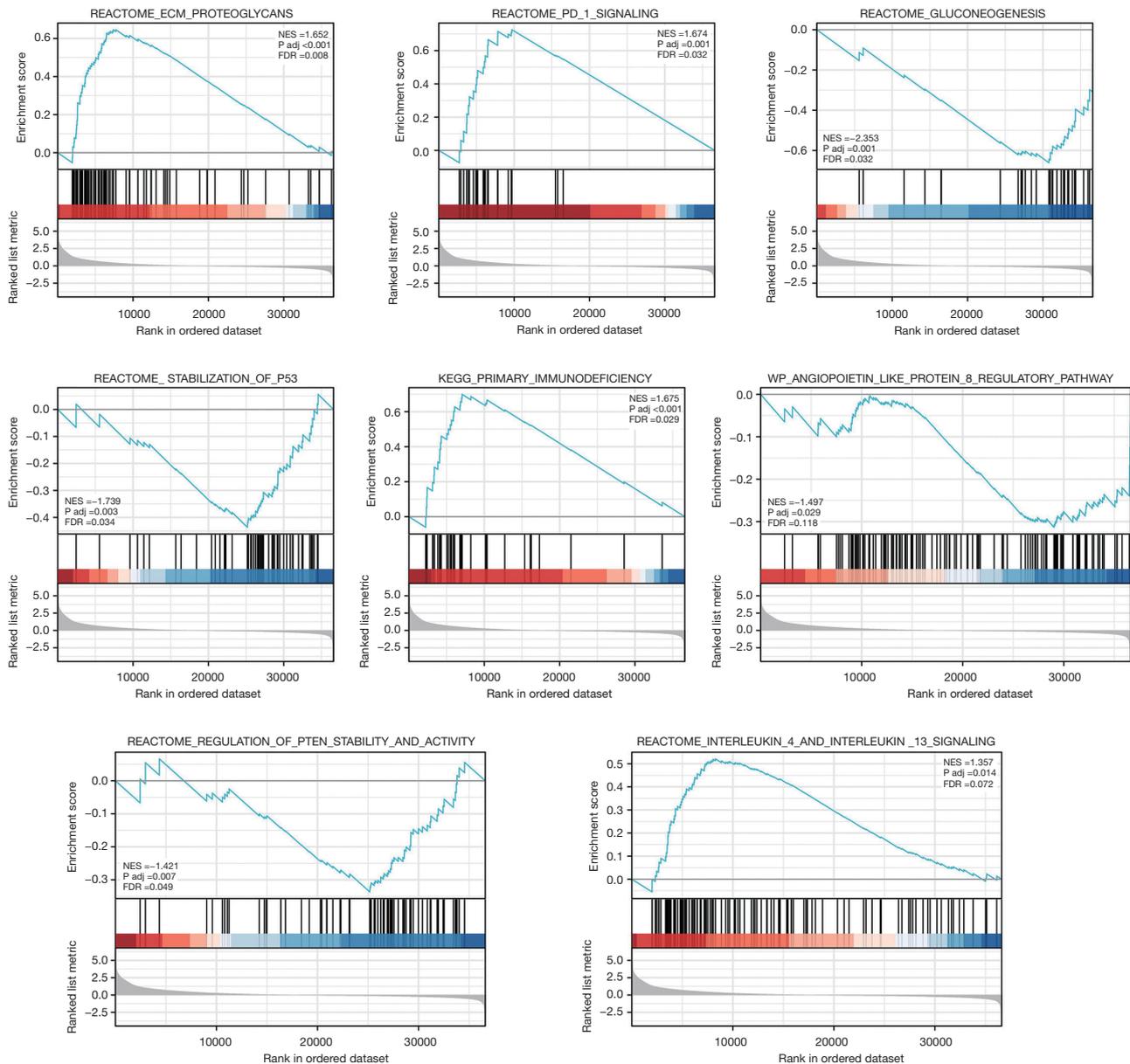


Figure 7 Eight statistically significant putative significant pathways. The biological process gene set from MSigDB, known as Gene Set Enrichment Analysis (GSEA), was utilized. There were 2,400 different combinations of a random sample. NES, normalized enrichment score; p.adj, p.adjust; FDR, false discovery rate.

we discovered that the expression of CD39 was significantly associated with immune infiltration by evaluating the data from the TIMER and TCGA datasets. Moreover, the association with immune checkpoint-related markers PDCD1, CD274, and CTLA-4 demonstrated that CD39 plays a crucial function in the lung. The microenvironment of an adenocarcinoma tumor may have an important

suppressive impact on the immune evasion of tumor cells. The findings of our further investigation into the relationship between CD39 and different immune markers revealed that CD39 was highly associated with all genes specifying immune cells and with different functional T cells, including Treg, Th1-like, and Th1, Resting Treg (regulatory T cells) characterization genes. Using GSEA

as a foundation, we then inferred signaling pathways. CD39 may be involved in the extracellular matrix, immune microenvironment, PD-1 expression, glucose metabolism, PTEN stability, inflammation, and angiogenesis, among various other biological events in lung adenocarcinoma.

We assume that CD39 may be implicated in regulating multiple immune cells to establish an immunosuppressive tumor microenvironment based on these findings and the unique role of CD39 in the adenosine pathway. Although more in-depth research into the molecular processes by which CD39 prevents the development of an immunosuppressive environment should be conducted in both *in vitro* and *in vivo* conditions.

Conclusions

In summary, this work offers a wide range of data supporting the significance of CD39 in the genesis of lung adenocarcinoma and its perspective as a biomarker of the development of lung adenocarcinoma. By preventing tumor cells' immunological escape from the tumor microenvironment, CD39 may enhance the prognosis for people with lung adenocarcinoma. Our results contribute to a potential target for lung adenocarcinoma anticancer treatments.

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Footnote

Reporting Checklist: The authors have completed the TRIPOD reporting checklist. Available at <https://jtd.amegroups.com/article/view/10.21037/jtd-22-1696/rc>

Conflicts of Interest: All authors have completed the ICMJE uniform disclosure form (available at <https://jtd.amegroups.com/article/view/10.21037/jtd-22-1696/coif>). The authors have no conflicts of interest to declare.

Ethical Statement: The authors are accountable for all aspects of the work in ensuring that questions related to the accuracy or integrity of any part of the work are appropriately investigated and resolved. The study was conducted in accordance with the Declaration of Helsinki (as revised in 2013).

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