CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item No	Checklist item description	Reported on Page Number/Line Number	Reported on Section/Paragraph
Title	1	The diagnosis or intervention of primary focus followed by the words “case report”	L3-5, Page1	Title
Key Words	2	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	L71, Page3	Keywords, Paragraph1
Abstract (Structured summary)	3a	Background: state what is known and unknown; why the case report is unique and what it adds to existing literature.	L37-48, Page2	Abstract, Paragraph1
	3b	Case Description: describe the patient’s demographic details, main symptoms, history, important clinical findings, the main diagnosis, interventions, outcomes and follow-ups.	L49-65, Page2	Abstract, Paragraph2
	3c	Conclusions: summarize the main take-away lesson, clinical impact and potential implications.	L66-70, Page3	Abstract, Paragraph3
Introduction	4	One or two paragraphs summarizing why this case is unique **(may include references)**	L109-122, Page4	Introduction, Paragraph7
Patient Information	5a	De-identified patient specific information	L135-146, Page5	Case presentation, Paragraph9-10
	5b	Primary concerns and symptoms of the patient	L135-150, Page5	Case presentation, Paragraph9-10
	5c	Medical, family, and psycho-social history including relevant genetic information	L145-150, Page5	Case presentation, Paragraph10
	5d	Relevant past interventions with outcomes	L143-157, Page5	Case presentation, Paragraph10
Clinical Findings	6	Describe significant physical examination (PE) and important clinical findings	L135-150, Page5	Case presentation, Paragraph 9-10
Timeline	7	Historical and current information from this episode of care organized as a timeline	Figure 1, Page15	Case presentation
Diagnostic Assessment	8a	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	L160-172, Page6	Case presentation, Paragraph 11-12
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	L160-172, Page6	Case presentation, Paragraph11-12
	8c	Diagnosis (including other diagnoses considered)	L160-172, Page6	Case presentation, Paragraph11-12
	8d	Prognosis (such as staging in oncology) where applicable	L160-172, Page6	Case presentation, Paragraph11-12
Therapeutic Intervention	9a	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	L175-194, Page6-7	Case presentation, Paragraph113-15
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	L175-194, Page6-7	Case presentation, Paragraph113-15
	9c	Changes in therapeutic intervention (with rationale)	L175-194, Page6-7	Case presentation, Paragraph113-15

Follow-up and Outcomes	10a	Clinician and patient-assessed outcomes (if available)	L175-194, Page6-7	Case presentation, Paragraph13-15
	10b	Important follow-up diagnostic and other test results	L195-209, Page7	Case presentation, Paragraph16-17
	10c	Intervention adherence and tolerability (How was this assessed?)	L210-220, Page7	Case presentation, Paragraph17
	10d	Adverse and unanticipated events	L210-2120 Page7	Case presentation, Paragraph17
Discussion	11a	A scientific discussion of the strengths AND limitations associated with this case report	L283-300, Page9-10	Discussion, Paragraph24-25
	11b	Discussion of the relevant medical literature **with references**	L229-285, Page9-10	Discussion, Paragraph19-24
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	L276-293, Page9	Discussion, Paragraph24-25
	11d	The primary “take-away” lessons of this case report (without references) in a one paragraph conclusion	L301-303, Page10	Conclusion, Paragraph26
Patient Perspective	12	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	/	/
Informed Consent	13	Did the patient give informed consent? Please provide if requested	**Yes** ☑	**No** ☐

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*As the checklist was provided upon initial submission, the page number/line number reported may be changed due to copyediting and may not be referable in the published version. In this case, the section/paragraph may be used as an alternative reference.